CELL PROLIFERATION AND COLLAGEN SYNTHESIS IN EXPLANT CULTURES OF ARTERIOSCLEROTIC RABBIT AORTA

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CELL PROLIFERATION AND COLLAGEN SYNTHESIS IN
EXPLANT CULTURES OF ARTERIOSCLEROTIC RABBIT AORTA

BY

DOUGLAS OTTO FISHER

A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE
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The rate of cell proliferation and the ratio of type I/III collagen synthesized by aorta organ culture and cultured smooth muscle cells (SMC) was determined in cells derived from rabbits with injury induced (daily epinephrine and thyroxine administration) arteriosclerosis and increased vascular collagen synthesis. Tissue was taken from medial smooth muscle of normal and diseased rabbits and incubated in organ or cell culture systems with 2,3-^{3}H-proline, ascorbate and beta-aminopropionitrile. Collagen types were separated by SDS-polyacrylamide electrophoresis and CMC-chromatography and quantitated radiometrically. Microscopic observation at 12 days in culture and ^{3}H-thymidine incorporation at 18 days in culture indicated a greater rate of proliferation of SMC from explants of arteriosclerotic tissue compared to control. In organ culture the ratio of collagen type III : type I was 1 : 1 in the control group and 1 : 1.7 for the arteriosclerotic group. Collagen type III : type I for daughter cells at the end of the 4th passage was 1 : 1.4 and 1 : 2.0 for control and arteriosclerotic, respectively. By the 10th passage in culture SMC in both groups were synthesizing almost exclusively type I collagen. This study
indicates that cells from arteriosclerotic smooth muscle are fundamentally unique since the ratio of collagen type is controlled by gene expression. This property affecting collagen deposition may play a role in the pathogenesis of vascular disease.
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TABLE OF CONTENTS

ABSTRACT. ..................................................... ii
ACKNOWLEDGEMENTS. ......................................... iv
TABLE OF CONTENTS ........................................... v

LIST OF TABLES. ............................................... vii
LIST OF FIGURES ............................................... viii

INTRODUCTION. ................................................ 1

LITERATURE SURVEY ........................................... 4

The Vascular Connective Tissue Matrix ....................... 4
Response of the Vasculature to Injury ....................... 12
The Role of the Smooth Muscle Cell in Arteriosclerosis ... 13
The Smooth Muscle Cell in Culture .......................... 15
Cell Transformation and the Collagen Phenotype .......... 17
Collagen Heterogeneity: Pathological Implications ......... 20

EXPERIMENTAL ............................................... 23

Animals ....................................................... 23
Materials ...................................................... 23
Epinephrine-Thyroxine Induced Arteriosclerosis ............ 24
Organ Culture System for Medial Tissue Explants ........ 25
Culture of Vascular Smooth Muscle Cells ................... 26

$^3$H-thymidine Incorporation by Explant Cultures ........ 27
Electrophoretic Separation of Collagen Types .............. 28
CMC-Chromatography of Collagen Types ..................... 29
Quantitation of Collagen Types ................................ 29
Statistical Methods ........................................... 31
LIST OF TABLES

<table>
<thead>
<tr>
<th>Table</th>
<th>Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Estimation of New Cell Growth from Medial Explants</td>
<td>37</td>
</tr>
<tr>
<td>2.</td>
<td>$^3$H-thymidine Incorporation by Primary Cultures of Medial Smooth Muscle Cells from Control and Arteriosclerotic Rabbits</td>
<td>42</td>
</tr>
<tr>
<td>3.</td>
<td>Rate of Synthesis in Organ Culture of $^3$H-proline Labelled Collagen by Aorta Medial Smooth Muscle from Control and Arteriosclerotic Rabbits</td>
<td>44</td>
</tr>
<tr>
<td>4.</td>
<td>Rate of Synthesis of $^3$H-proline Labelled Collagen by Cultured Smooth Muscle Cells Derived from Aorta Media of Control and Arteriosclerotic Rabbits</td>
<td>46</td>
</tr>
<tr>
<td>5.</td>
<td>Comparison of Electrophoretic and Chromatographic Results for the Synthesis of Type I and Type III Collagens</td>
<td>52</td>
</tr>
</tbody>
</table>
LIST OF FIGURES

<table>
<thead>
<tr>
<th>Figure</th>
<th>Description</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Peripheral Outgrowth of Smooth Muscle Cells from Rabbit Aorta Medial Explants in Culture</td>
<td>35</td>
</tr>
<tr>
<td>2.</td>
<td>Migration of Type I and Type III Collagen Standards on Polyacrylamide Gels Before and After Reduction with 2-Mercaptoethanol</td>
<td>39</td>
</tr>
<tr>
<td>3.</td>
<td>Effect of 2-Mercaptoethanol and Bacterial Collagenase Treatment on the Electrophoretic Migration of $^3$H-proline Labelled Collagen Synthesized in Culture by Rabbit Vascular Smooth Muscle Cells</td>
<td>40</td>
</tr>
<tr>
<td>4.</td>
<td>Effect of Age in Culture on the Synthesis of Type I and Type III Collagens by Aorta Medial Smooth Muscle Cells from Control and Arteriosclerotic Rabbits</td>
<td>47</td>
</tr>
<tr>
<td>5.</td>
<td>CMC-Chromatography of Labelled Collagen Synthesized in Organ Culture by Aorta Medial Smooth Muscle from Control and Arteriosclerotic Rabbits</td>
<td>50</td>
</tr>
<tr>
<td>6.</td>
<td>CMC-Chromatography of Labelled Collagen Synthesized by Cultured Smooth Muscle Cells Derived from Aorta Media of Control and Arteriosclerotic Rabbits</td>
<td>51</td>
</tr>
</tbody>
</table>
INTRODUCTION

Arteriosclerosis is a complex disease involving many intrinsic and extrinsic factors which influence the susceptibility of the vasculature to insult and the subsequent clinical sequelae. In arteriosclerosis a variable combination of metabolic changes seen in the intima and media of arteries is characterized by "...the focal accumulation of modified smooth muscle cells, lipids, complex carbohydrates, blood and blood products, fibrous tissue and calcium deposits" (World Health Organization, 1958). These changes predominate in the major arteries and resistance vessels and by compromising blood flow, account for the clinical appearance of heart attacks, strokes, senility and memory loss, angina and impaired peripheral circulation.

The major current theories on the genesis of arteriosclerosis share the belief that the lesions begin as localized foci of hyperactive smooth muscle cells in the intima and medial regions of the blood vessels. Authors from this laboratory have reported evidence, using various techniques, which establish the existence of increased collagen synthesis in experimentally induced plaques in animals. The deposition of collagen in the arterial intima is largely responsible for the occlusive and irreversible nature of arteriosclerosis (Benditt, 1977). It is believed that the
defect in collagen metabolism which precedes the formation of fibrous vascular plaques is due to a change in the growth characteristic and function of smooth muscle cells, the predominant cell type in the arteriosclerotic intima.

Four genetically distinct types of collagen are currently recognized and, although their distribution is tissue specific, various disease processes and aging can be correlated to altered distribution of collagen type. For example, type I collagen is the predominant extractable collagen species in human fibrous atheromatous plaques whereas type III appears to be the major aortic medial collagen (McCullagh and Balian, 1975). Little is known about the control of collagen heterogeneity but it could be proposed that a change in collagen gene expression, as a result of smooth muscle cell transformation, may be associated with the development of arteriosclerosis.

This investigation was conducted to examine the hypothesis that the arteriosclerotic lesion in rabbits is associated with a distinct population of smooth muscle cells with altered growth characteristics and function, suggestive of cellular transformation. To examine this hypothesis the growth characteristic of cells from primary cultures of control and arteriosclerotic rabbit aorta were examined. Also, studies were conducted to determine if daughter cells derived from medial tissue explants of arteriosclerotic plaques continue to synthesize a similarly abnormal ratio of type I
to type III collagen compared to smooth muscle cells derived from explants of normal aorta. It is believed that these studies are valuable to gaining an understanding of the normal regulation of collagen synthesis and perhaps in screening for useful drugs in the treatment of abnormalities in collagen metabolism which occur in various disease states.
LITERATURE SURVEY

The Vascular Connective Tissue Matrix

The intercellular matrix of the arterial wall contains four major types of macromolecules (collagen, glycosaminoglycans, elastin and glycoproteins). Most chemical studies have been carried out using the aortas of different animal species; only limited information is available on other arteries or veins. Several reviews discuss the chemical and biological characteristics of these macromolecules (Balazs, 1970; Robert, 1970; Slavkin, 1972). Much of the early knowledge on the chemistry and biosynthesis of elastin was gained from experimental work by Partridge (1970, 1972). Several laboratories have studied the composition and biosynthesis of glycosaminoglycans and glycoproteins in normal and pathological arterial walls (Engel, 1971; Kumar et al., 1967; Moczar and Robert, 1970; Srinivasan et al., 1971). Considerable interest in arterial collagen has been generated by research which demonstrated its dynamic role in experimental atherosclerosis (Levene, 1962; Smith, 1965; Fuller et al., 1970, 1972, 1973, 1976; Crossley et al., 1972; Ooshima et al., 1974). As a result various laboratories began isolating and characterizing aortic collagen genetic types (Chung et al., 1974; Epstein et al., 1975; Trelstad, 1974; McCullagh and Balian, 1975).
Collagen synthesis occurs in a series of sequential steps consisting of assembly of a proline-rich and lysine-rich polypeptide precursor of collagen (procollagen alpha chains) enzymatic hydroxylation of some of the prolyl and lysyl residues and glycosylation of some of the hydroxylysyl residues. The cellular processing of the procollagen alpha chains also includes formation of the triple helix with stability provided by disulfide bonds in the nonhelical regions of the molecule (Bornstein and Ehrlich, 1973). Following secretion, these nonhelical regions are removed by the extracellular enzyme procollagen peptidase (Lapiere et al., 1971; Goldberg, et al., 1975). The crosslinking of collagen, which imparts stability to helical and fibrillar collagen, occurs through further extracellular processing by the enzyme lysyl oxidase which oxidatively deaminates specific lysine residues leaving aldehyde moieties which form cross links through condensation reactions (Siegel et al., 1970).

Data reported by several laboratories, during recent years, reflects some inconsistency in expressing collagen content. Factors which introduce variability include: species, pathological condition, age, method of isolation and anatomical region. The experimental studies also indicated that a determination of total content as well as concentrations is necessary for a correct evaluation of the metabolic alterations of the macromolecules in studies on
vascular injury (Helin et al., 1971). In a recent study of canine atherosclerosis the percentage of protein synthesis represented by collagen rose from a mean of less than 5% in normal aortic branch arteries to 14% in severely atherosclerotic branch arteries, showing that the increases in collagen synthesis were not associated simply with an overall increase in protein synthesis (McCullagh and Ehrhart 1974). Langner and Fuller (1973), reported increased total collagen and 0.45M NaCl soluble collagen in thoracic aorta of rabbits with epinephrine-thyroxine induced arteriosclerosis. The collagen content of an apparently normal human coronary artery approximates 25 mg/100 mg of dry, defatted tissue (Tamai et al., 1978). In arteriosclerosis the wet weight of a vessel increases and therefore content of vascular components can be misleading when expressed on the basis of organ wet weight (Tammi et al., 1978). In another study collagen was reported to comprise 30% of the dry weight of human fibrous atherosclerotic plaques (Levene and Poole, 1962).

Aortic prolyl hydroxylase has been used as a marker of collagen synthesis (Fuller and Langner, 1970; Fuller et al., 1972) and has been shown to increase up to six-fold in an experimental model of arteriosclerosis in rabbits and in aorta of miniature pigs fed a lipid-rich diet. Kinetic properties of this enzyme and the existence of immunologically cross-reacting forms of the prolyl hydroxylase have been
investigated for their potential role in regulating the rate of collagen synthesis (Fuller et al., 1976; Ooshima et al., 1974). The $V_{\text{max}}$ of prolyl hydroxylase in an organ affected by arteriosclerosis increased four-fold, compared to controls, while the $K_m$ remained unchanged (Fuller et al., 1976). Various parameters of collagen synthesis including immunologically related protein are elevated in rats with hypertension induced by deoxycorticosterone acetate-salt (Ooshima et al., 1974).

During the mid-seventies advancements in connective tissue methodology led to the separation and identification of three distinct species of collagen (gene products) from human aorta (Trelstad, 1974). These included principally type I and III collagens, along with small amounts of type IV which is associated with basement membranes. Type I collagen is composed of two, $\alpha_1$ chains and one, $\alpha_2$ chain and designated by the nomenclature as $[\alpha_1(I)]_2\alpha_2$. Type III collagen is composed of three identical $\alpha_1(III)$ chains, designated $[\alpha_1(III)]_3$ and has the distinction of containing disulfide bonds between the $\alpha$-chains. It should also be mentioned that type II collagen is found in cartilage and invertebral disc and is represented according to the nomenclature as $[\alpha_1(II)]_3$. Therefore, a total of four genetically distinct types of collagen have been isolated and characterized by modifications of standard electrophoretic or chromatographic methods (Miller et al., 1971). There are at least
five structural genes involved in the synthesis of the different types and the transcription of these various genes seems to be tissue specific.

McCullagh and Belian (1975) have suggested that in addition to the increased accumulation of collagen reported in arteriosclerosis an alteration in the ratio of collagen types may have important implications. Their investigations using pepsin extracted collagen from blood vessels indicated the composition was approximately 70% type III and 30% type I. In contrast, collagen extracted from atherosclerotic blood vessels contained 35% type III and 65% type I.

Another component of the vascular connective tissue matrix is the glycosaminoglycans, which include hyaluronic acid, heparin sulfate, chondroitin 4-sulfate, chondroitin 6-sulfate and dermatan sulfate. These macromolecules, which occur linked to proteins, are composed of repeating units of substituted hexoses, such as N-acetyl-D-glucosamine. Some of them carry the distinction of being sulfated. The glycosaminoglycans (GAGs) are jellylike, sticky or slippery substances that provide intercellular lubrication and act as a flexible cement. New knowledge is available concerning the structure and biosynthesis of these substances in the aorta of several species. The methods used in current investigations involve separation and fractionation by digestion with hyaluronidase and CPC-cellulose microchromatography (Thunnel, 1967). The GAG fractions can be
quantitated by measuring hexosamine content (Boas, 1933). Great variations between species have been reported for both total GAGs per mg. dry aorta or mg. DNA and in the relative distribution of different GAGs (Engel, 1971). Reports on the changes of these substances in human arteriosclerosis do not completely agree (Helin et al., 1970) (Tammi et al., 1978). However, most agree that chondroitin 4-6 sulfate is the principle GAG in the large human arteries.

The interactions of collagen with glycosaminoglycans has been a subject of investigation for a number of years (Mathews, 1965). By electron microscopy a regularly distributed parallel or transverse alignment of the GAG molecule, along the collagen fibril, has been visualized (Serafini-Francassini et al., 1970). Ruthenium red-positive filaments interconnecting collagen fibers have been demonstrated in rat aorta (Kajikawa, 1970). Lysine and hydroxyllysine residues as well as the glycosidically bound carbohydrates in collagen participate in the interactions between collagen and GAGs. Ionic interactions as well as hydrogen-bond formation could be significant contributors to the integrity of connective tissues. It is quite likely that highly glycosylated collagen, like type II, is most dependent on such types of interactions, particularly since it is found in areas rich in glycosaminoglycans (Nimni, 1974).

Similar to the glycosaminoglycans which occur linked to proteins, the glycoproteins are complex polysaccharides
found linked to lipids as well as protein. A large number of proteins can be classed as glycoproteins because of the presence of an oligosaccharide moiety. The term glycoprotein is frequently restricted to those proteins that contain small amounts of carbohydrate, less than 4% hexosamine. Seven sugars account for almost all the carbohydrate residues in mammalian glycoproteins. With the exception of L-fucose, the other sugars are of the D configuration: N-acetylglucosamine, N-acetylgalactosamine, galactose, mannose, sialic acid and glucose. The last (glucose) occurs only in proteins of the collagen type where hydroxylysine is linked to galactose by a glycosidic bond.

Glycoproteins have been extracted by several authors from aortic tissue and some of the glycoproteins were purified and characterized (Moczar and Robert, 1970; Moczar et al., 1970). An elevated level of glycoproteins was reported in arteriosclerotic intima by Mullinger and Manley (1969), confirming preceding studies by Nakamura (1968) and Schoenbeck et al. (1962). Srinivasan (1971) reported the presence of tissue specific glycoproteins in several connective tissues, including aorta. Similar structural glycoproteins were isolated from elephant aorta by McCullagh et al. (1973). It was shown that elephant glycoproteins cross-react with antibody raised against human aorta structural glycoproteins. It was suggested that there is an organ-specific immunochemical pattern for these substances.
This evidence was consistent with an earlier proposition that structural glycoproteins could represent the primitive (phylogenetically) intercellular macromolecular meshwork onto which the more elaborate collagen and elastin fibers are deposited.

Elastin is the most specific and conspicuous macromolecular component of the intercellular matrix of young large arteries, such as aorta. The amino acid composition of elastin, established by Partridge (1963) strongly suggests that hydrophobic interactions provide the stabilizing forces responsible for its tertiary and quarternary structure. Robert and Poullain (1964), proposed the hydrophobic hypothesis of elastin elasticity which has been confirmed by more recent findings (Hoffman, 1971). It is not within the scope of this literature survey to thoroughly address the most current investigations on the physiochemical properties and biosynthesis of elastin (see Ross and Bornstein, 1969; Abraham et al., 1975). However, it would be appropriate to stress that the fragmentation-degradation of elastic fibers and laminae is one of the most conspicuous findings of the atherosclerotic changes in aortas. This is observed in the human atherosclerotic plaque and it seems to be independent of the method used to induce experimental atherosclerosis. Neutrophil granulocytes (Janoff, 1970) and blood platelets were shown to contain proteases with elastolytic activity (Legrand et al., 1973) and it is quite probable
that similar enzymes may be isolated from aorta, where the
degradation of elastin during atherosclerosis has been demon-
strated.

Response of the Vasculature to Injury

The repair processes have been proposed to be character-
istic features in various vascular diseases, among these
arteriosclerosis and vasculitis (Helin et al., 1972). Mechani-
cal strain and the subsequent inflammation has been shown to
be an important initiating factor in the development of
aortic arteriosclerosis in rabbits subjected to systemic hy-
poxia and intravenous injections of catecholamine (Helin and
Lorenzen, 1969; Crossley et al., 1972). The investigations
by these and other authors have established significant re-
lationships between vascular repair following injury and
atherogenesis (Helin et al., 1971; Hartman, 1977; Kobaysi,
1969). The nature of the repair and the ultimate outcome
of the entire process depends, among other factors, upon
the characteristics of the injurious agent, duration of ex-
posure to it, the type of initial local manifestations and
mural reactions and the status of the host. Owing to the
peculiarities of structure and function, the arterial wall
has limited versatility in defense mechanisms and the de-
fense forces are hampered not only by the lack of mural
capillaries but also by the fact that the artery is never
at rest and thus an important healing-promoting factor is
absent.
A number of the established processes in inflammation and repair are operative following vascular injury and have been reviewed in detail (Robbins, 1974). Two tissue reactions are characteristically observed in atherosclerosis and appear to be unique for this disease process. One is the regressive change of intimal smooth muscle cells with lipid accumulation representing fatty metamorphosis. Smooth muscle cells elsewhere in the body are not known to undergo fatty metamorphosis. The other unusual feature in atherosclerosis is the formation of the repair tissue that is avascular but contains modified smooth muscle cells which are responsible entirely for the organization and connective tissue elaboration. These two events give rise to progressive diffuse intimal thickening and fibrous plaque formation which are the characteristic lesions of arteriosclerosis.

The Role of the Smooth Muscle Cell in Arteriosclerosis

Evidence that intimal smooth muscle, or a closely related cellular derivative, is involved in the formation of connective tissue during atherosclerotic intimal thickening of elastic and muscular arteries has been reported in both human and experimentally induced atherosclerosis (Haust et al., 1960; Geer and Haust, 1972; Ross and Glomset, 1973). It is not clear whether the modified smooth muscle found
in the intima or originates in the intima or migrates from the media. At birth most of the smooth muscle cells are located in the medial layer of arteries and the intima is comparatively thinner and contains only a few smooth muscle cells. The internal elastic lamina represents a morphological border between the intima and the media. Fragmentation of the elastic lamina has been shown to be associated with various forms of mechanical injury to the vasculature and would thus permit the migration of medial smooth muscle into the intima (Ross and Glomset, 1973). It has also been suggested that the intact arterial endothelium normally acts as a barrier to some substances present in the plasma which upon exposure to vascular smooth muscle promote cell proliferation (Ross and Glomset, 1973). Smooth muscle cells have been reported to accumulate in the intima at those sites in the arterial vascular bed where endothelial permeability appears to be increased (Helin et al., 1972).

Benditt (1977) proposed that cells comprising atherosclerotic plaques have undergone mutational changes which are analogous to the transformation process occurring in benign tumor cells. This premise is based on the observation that cells within the plaques are monoclonal in origin with respect to glucose-6-phosphate dehydrogenase isoenzyme patterns (Benditt and Benditt, 1973). These cells also have morphological and functional features which are different from normal smooth muscle cells in the arterial wall (Somlyo and Somlyo, 1968).
The Smooth Muscle Cell in Culture

Tissue culture, since it was introduced at the turn of this century, has undergone several stages in its evolution. In its present phase emphasis is placed on the analysis of cellular interaction, cell differentiation, and cell function. Initial experiments have been conducted, establishing the growth characteristics of normal rabbit smooth muscle cells in tissue culture (Ross, 1973; Doaud et al., 1964).

A pure population of smooth muscle cells can be isolated from the tunica media of the aorta or large blood vessels of most mammals. Therefore, if the adventitia and intima are stripped off such vessels, the remaining tunica media is a source of pure smooth muscle cells for culture. In culture, smooth muscle cells first acquire a fibroblast-like appearance. During this stage many cells degenerate but others proliferate. After a few weeks in culture the daughter cells acquire the appearance of smooth muscle cells (Ross, 1971). Their identity can be easily established by electron microscopy because by then, they again contain considerable amounts of myofilaments in their cytoplasm. The actomyosin in these cells can be demonstrated by immunohistochemical methods (Knieriem et al., 1968). The similarity of these cells to cells in atherosclerotic lesions make them a potentially important tool for atherogenesis research.
Kokubu and Pollak (1961) observed that diseased arterial tissue from cholesterol fed rabbits showed better cellular outgrowth, after being placed in culture, than normal tissue. In contrast to this Wexler and Thomas (1967) reported that explants from arteriosclerotic breeder rats had a lower growth curve than those from virgin rats. Fritz and co-workers (1976) have been studying vascular smooth muscle for a number of years and have recently published information on protein synthesis and its relation to DNA synthesis in aortic medial explants. Their system consisted of free floating explants of swine aorta media. Over an 18 day period protein synthesis (\(^{14}\text{C-}\text{leucine incorporation}\)) paralleled DNA synthesis (\(^{3}\text{H-}\text{thymidine incorporation}\)). This is in agreement with the generalization that protein turnover in slowly metabolizing cells without cell division is minimal. However it was pointed out by Osaki and Holtzer (1966) that for myogenesis to occur, cells must withdraw from mitotic cycle for 5 to 3 hours of G1 before myosynthesis. Further studies of this nature are definitely warranted to better establish relationships between cell proliferation and the synthesis of specialized proteins such as collagen and elastin, particularly with regard to specific stimulatory factors which may exist in serum and platelets.

Conspicuous accumulation of lipids by smooth muscle cells existing in regions of arteriosclerotic lesions has been mentioned earlier in this review. Cultured arterial
smooth muscle cells provide a useful system for studying the
differential effects of hyperlipemic serum and isolated lipopro­
teins (St. Clair and Leight, 1978; Bates and Wissler,
1976). These studies suggested that differences in the serum
composition of lipoproteins resulting from genetic, dietary
or other environmental influences may play an important role
in determining the efficiency of delivery of cholesterol to
vascular smooth muscle cells and perhaps ultimately its
atherogenic potential.

Various studies, many of which have been cited in a re-
cent review by Ross and Vogel (1978), support a hypothesis
that, in the absence of platelet function, the intimal smooth
muscle proliferative lesions of atherosclerosis can be pre-
vented. Therefore it is important to this discussion to
acknowledge that considerable current interest is being de-
voted to understanding not only the mode of action of plate-
let factors in cell culture, but its role in the stimulation
of a number of important in vivo proliferative cellular re-
sponses.

Cell Transformation and the Collagen Phenotype

Medial smooth muscle cells are specialized mesenchymal
cells of the vasculature. The structural integrity of the
vessel wall depends upon the normal functioning of these
cells. It seems logical that a change in the differenti-
ated state of vascular smooth muscle phenotype could lead
to the production of an abnormal matrix and to a loss of structural stability of such a tissue. Benditt (1973) has proposed that cells comprising atherosclerotic plaques have undergone mutational changes which are analogous to the transformation process occurring in benign tumor cells. This theory could be tested by determining if there is a change in the heterogeneity of vascular collagen synthesized by smooth muscle cells from arteriosclerotic vessels, since collagen types are genetically prescribed.

A substantial amount of the information concerning cell transformation and collagen synthesis has been obtained from studying the transformation of chondroblasts into fibroblasts. Recently it has been shown that when chick chondrocytes are grown in brom-deoxyuridine (BUdR) for a few days, collagen biosynthesis will switch from cartilage specific type II collagen (chain composition $[\alpha_1(II)]_3$) to a mixture of type I collagen (chain composition $[\alpha_1(I)]_2^2$ and the trimer (chain composition $[\alpha_1(I)]_3$ (Mayne et al., 1975). More recent investigations by that group showed that embryonic chick chondrocyte possesses an inherent and latent program of differentiation that involves "collagen switching" and by growing these cells in vitro it is possible to potentiate this program (Mayne et al., 1976). The altered morphology of chick chondrocytes due to BUdR and due to cellular senescence was very similar.

Another study reported that in suitable medium, chick chondrocytes retain the morphology characteristic of
cartilage tissue and synthesize a matrix whose main constituent is chondroitin sulfate. When chick embryo serum was added to the culture medium the cells attained a fibroblastlike morphology and stopped synthesizing chondroitin sulfate (Marzullo and Lash, 1970). These authors proposed that under suboptimal conditions, competition between two kinds of synthesis for limiting levels of energy metabolites may favor cell division over the production of tissue specific molecules. These tissue specific molecules could be considered luxury molecules which are expendable and non-essential for survival of a cell (Holtzer and Abbot, 1968). This is consistent with the findings of Mayne et al. (1975) who observed that the change in the phenotype of chick chondrocytes grown in BUDR was characterized by an increase in DNA synthesis, failure to accumulate extracellular matrix and a "transformation" into motile cells that resemble fibroblasts.

It is therefore not surprising that somewhat similar variability in the synthesis of collagen types has been reported for medial smooth muscle cells in culture (Layman and Titus, 1975; Barnes et al., 1976; Scott et al., 1977). The differences in the proportion of type I and III collagens by these cells in culture may be a reflection of cell line variability or differences in growth conditions employed. Although it may be argued that such in vitro conditions hardly resemble the in vivo situation (Fowler et al., 1977) it seems apparent that further studies if properly designed,
would be helpful in learning more about the regulation of collagen heterogeneity and influences by the extracellular matrix on gene expression. An understanding of those factors controlling collagen synthesis is basic to our understanding of several disease processes including atherosclerosis.

Collagen Heterogeneity: Pathological Implications

Changes in the relative proportions of collagen types within a tissue may occur in various disease states (Pope et al., 1975; McCullagh and Belian, 1975; Seyer et al., 1976; Penttinen et al., 1975). In one of these studies the importance of type III collagen was indicated by the susceptibility of large arteries to rupture in patients with Ehler's Danlos Syndrome (Type IV) who exhibited reduced levels of type III collagen in these tissues (Pope et al., 1975). It has been suggested that the arteriosclerotic plaques represent scar tissue, because a mixture of type I and II collagens with a predominance of type I appears to be typical of wounds.

During fetal development, the proportion of type I and type III collagen molecules forming the dermis shifts from a large proportion of type III to increasing amounts of type I (Epstein, 1974). Concomitant with this are changes in mechanical properties and coarsening of the bundle fibers (Pierard et al., 1976). Such variations in bundle
organization observed in vivo occur in the same range of concentration as the most striking changes in bundle architecture produced during in vitro assembly, i.e. from pure type I to 30% type III and 70% type I. Work based on in vitro reconstitution of type I and type III collagen polymers, demonstrated that the chemical structure of collagen molecules determines the physical structure of the bundles, type I forming thick bundles of fibers and type III thin, isolated fibers and mixtures of both type I and type III, bundles with thickness varying with the respective concentrations of the two types of molecules (Lapiere and Pierard, 1977).

Whatever the mechanism of the interaction of the collagen types, it appears important during development and in pathological conditions. It would explain the resistance to stretching observed for thick bundles of type I collagen in tendon in contrast to the laxity and the distensibility of the blood vessel wall, which contains a mixture of type I and type III collagens (Lapiere and Pierard, 1977). Also, Hughes et al. (1976) has reported that in vitro platelets are known to adhere better to type III collagen than to type I. However, there are arguments regarding the correlation and interpretation of in vitro experiments involving type-specific-collagen:platelet interactions.

It has not been established if type I and type III collagens form two populations of fibers or one population composed of type I and type III molecules. In all the
conditions mentioned above the altered collagen composition and the increased proportion of type I are accompanied by the presence of coarser bundles and impaired mechanical functions. Although type III \( \alpha \)-chains have the distinction of containing two, half-cysteine residues, there are no contrasting features regarding the elemental composition of each type which could better explain the individual and composite architectural properties of collagen type I and III.
EXPERIMENTAL

Animals

Male albino New Zealand rabbits weighing 3 to 4 pounds were obtained from Glocester Rabbitry (Glocester, Rhode Island) at least one week prior to the start of the experiments. The animals were housed in pairs in a room maintained at an ambient temperature of 24°-27°C., with alternating 12 hour light/dark cycles. All animals were offered a commercial laboratory chow and water ad libitum.

Materials

Analytical grade reagents were used throughout the investigation. The following drugs were purchased: L-epinephrine bitartrate and L-thyroxine (free base) (Sigma Chemical Company, St. Louis) and 3-aminopropionitrile fumarate (Aldrich Chemical Company, Milwaukee). The radioactive amino acid 2,3-³H-L proline (specific activity approximately 20 Ci/mMol) and methyl-³H-thymidine (52.1 Ci/mMol) were purchased from New England Nuclear Corporation (Boston). Chromatographically purified clostridial collagenase was obtained from Advanced Biostructures, Inc. (Lynbrook, New York) and pepsin (2500 U/mg) from Worthington (Freehold, N.J.). The purity of the collagenase was confirmed by its
inability to degrade $^{14}$C-tryptophan labeled E. coli protein. Type I and Type III collagen standards were prepared by Ronald Goldberg (U.R.I.) by differential salt precipitation of acetic acid solubilized newborn calf skin.

Electrophoretic grade acrylamide and N,N'-methylene-bis-acrylamide, N,N,N',N'-tetramethylethylenediamine and dodecyl sodium sulfate were purchased from Eastman Kodak Co. (Rochester, N.Y.). Carboxymethylcellulose CM52 (Whatman, Kent, England) was used for chromatographic analysis.

Biologicals for the cell culture and organ culture systems were obtained from Gibco (Grand Island, N.Y.) and included: Dulbecco's Modified Eagle Medium (with glutamine), fetal calf serum (heat inactivated), amphotericin-B (250 mcg/ml), Penicillin-Streptomycin (10,000 U/ml-10,000 mcg/ml) and pancreatin (2.5%).

Epinephrine-Thyroxine Induced Arteriosclerosis

Gross aortic plaques were induced in male New Zealand rabbits by daily injections of epinephrine and thyroxine for 15 days (Fuller et al., 1976). Epinephrine (0.025 mg/kg for the first 5 days; 0.05 mg/kg thereafter) was injected via the marginal ear vein with an infusion pump (Harvard Apparatus Company Inc., Model 940, Dover, Massachusetts). Thyroxine (0.05 mg/kg) freshly prepared was injected intraperitoneally. Animals were killed by cervical dislocation 24 hours after the last injection. The thoracic
aorta was removed under aseptic conditions and rinsed with cell culture medium. The adventitia and endothelium from plaqued regions and from analogous regions of untreated control rabbits was removed. The remaining intimal-medial tissue was cut into 1 mm² pieces which served as the source of aorta smooth muscle for organ culture and for growing cultures of smooth muscle cells (Fedoroff, 1973).

**Organ Culture System**

Approximately 50 mg aliquots of freshly dissected medial smooth muscle from each animal were placed individually in 2 ml of Dulbecco's Modified Eagle Medium (DMEM) containing 100 μg/ml of 3-aminopropionitrile (EAPN) and 400 μg/ml of ascorbate. After a 2 hour preincubation at 37°C in 5% CO₂-95% air, 100 μCi of 2,3-³H-L proline was added to each sample. Incubation was resumed for another 70 hours, after which the samples were transferred to a freezer for storage. Labelled collagen was extracted by first homogenizing the smooth muscle tissue in its 2 ml incubation media using a conical ground-glass homogenizer. A 400 μl portion of this homogenate was taken for DNA determination according to the method of Burton (1956). The remainder of the sample was dialyzed against 0.5M acetic acid and then treated with pepsin (100 μg/ml) at 4°C for 12 hours. After limited proteolysis of noncollagenous protein, tissue debris was removed by centrifugation at 30,000 rpm for 20 minutes.
The supernate was then dialyzed for 12 hours, against 0.05M phosphate buffer (pH 7.2) and the volume adjusted to 1.6 ml. Aliquots of these samples could be combined with electrophoresis buffer, heat denatured (56°C x 20 minutes) and the labelled alpha chains separated on 5% polyacrylamide gels according to the method of Neville (1971).

Culturing of Smooth Muscle Cells

A portion of the medial tissue was also used as explant culture to derive colonies of smooth muscle cells for each of the experimental animals. The 60mm Falcon petri dishes, each containing approximately 5 to 10 self-adhering explants from a specific animal, were flooded with 10 ml of DMEM. This medium contained 20% fetal bovine serum, penicillin (100 U/ml), streptomycin (100 ug/ml) and amphotericin B (2.5 ug/ml). The explant cultures were incubated at 37°C in an atmosphere of 5%CO₂-95% Air. After the appearance of sufficient marginal outgrowth from the explants (about 13 days) the media was removed and the cultures rinsed with phosphate buffered saline (pH 7.0). The cells were detached by a 15 minute incubation at 37°C in 0.25% Pancreatin (N.F.) solution (pH 7.4) and transferred to new 60mm petri dishes with fresh medium containing serum. This pancreatin solution, used in the manner described by Merchant et al. (1969), was more effective in removing cells from the
culture flasks than 0.25% trypsin solution. Subculturing was performed at least once a week thereafter, or whenever a dish reached confluency. By seeding successively larger dishes a population of $5 \times 6^{10}$ cells/75 cm$^2$ was reached at about the 4th passage. At the end of the 4th passage fresh medium (DMEM) was added which contained only 10% fetal bovine serum plus 100 ug/ml BAPN, 400 ug/ml ascorbate and 2 uCi/ml 2,3- $^3$H-L proline. This system was incubated under the conditions described above, for 12 hours. After incubation the media was removed and stored frozen. The cell layer, for measurement of total DNA, was removed with 0.1% Pancreatin solution (Gibco) and the cell pellet stored in the freezer.

The medium from each flask was treated with 50% ammonium sulfate to precipitate protein. The precipitate was redis­solved in 1 ml of 0.5M acetic acid containing 20 mcg of pepsin and dialyzed in the same manner for 12 hours at 4°C. The pepsin was inactivated by redialyzing against 0.05M phosphate buffer (pH 7.2). After dialysis each sample was adjusted to 2.0 ml with 0.05M phosphate buffer (pH 7.2) and stored in the freezer.

**Thymidine Incorporation by Explant Cultures of Vascular Smooth Muscle Cells**

Labelled thymidine incorporation was measured at day 18 in explant cultures prepared as described above. Each 60 mm. dish contained 5 explants (1 mm$^2$) and all five explants
were taken from the same animal. Five replicate dishes were prepared for each animal. At the 17th day of incubation under the previously described conditions, the medium was replaced. On the 18th day 0.01 uCi of $^3$H-thymidine was added to each petri dish and incubated for 3 hours. The medium was removed and the cells detached with 1 ml of 0.25% pancreatin solution. The cell suspensions were precipitated with ice-cold 5% trichloracetic acid (TCA) and the pellet washed 3 times with 2 ml volumes 5% TCA. The washed pellets were sonicated in 1 ml of 0.5N perchloric acid. The radioactivity was determined in 200 ul. aliquots of the perchloric acid in solution Hydromix®, by liquid scintillation spectrometry.

**Polyacrylamide Gel Electrophoresis**

The 5% polyacrylamide gels and electrophoresis buffers used in this part of the study were prepared by the methods described by Neville (1971). To a 50 ul. aliquot of each sample, described above, 50 ul. of sample preparation buffer was added. This sample preparation buffer consisted of 0.02M phosphate buffer (pH 7.2), 2M urea, 0.2% sodium dodecyl sulfate, 10% sucrose and contained 1 mg/ml of a 1:1 mixture of purified type I and type III calf skin collagen. Each sample was prepared in duplicate; one of which was made 2% with mercaptoethanol to reduce the disulfide linkages in type III collagen. All samples were then heat
denatured for 20 minutes in a 56°C water bath. Aliquots of the reduced and unreduced (100 ul. each) were loaded onto separate gels and electrophoresed at 2 mAmps per gel for approximately 2.5 hours. The gels were then stained in 0.5M acetic acid containing 0.25% Coomassie blue. The regions corresponding to the collagen alpha chains were cut out and dissolved in 30% hydrogen peroxide. The radioactivity in each band was determined by adding liquid scintillation cocktail (Hydromix by Yorktown) and counting in a Packard spectrometer.

**Carboxymethylcellulose Chromatography**

The constituent alpha alpha chains of collagen were separated by CM-cellulose chromatography essentially as described by Miller et al., 1971. The column (1.5 x 8 cm) was equilibrated with the starting buffer 0.05M sodium acetate (pH 4.8) and after application of sample, eluted with a linear gradient of sodium chloride from 0 - 0.1M in starting buffer, over a total volume of 400 ml. All CM-cellulose chromatography was carried out at 45°C.

Four individual samples from each experimental group had to be pooled to obtain sufficient radioactive material (> 200,000 cpm) for separation and quantitation of collagen types by CM-cellulose chromatography. After dialyzing these pooled samples against starting buffer, urea (0.5 g/ml) and 2-mercaptoethanol (2%) were added. Each sample
(cpm) in the \( \alpha 2 \) band and the \( \alpha 1 \) band (with and without reduction by mercaptoethanol) were used for the calculation of type I and type III collagen. Type I was represented by the cpm in \( \alpha 1 \) (without reduction) plus cpm in \( \alpha 2 \). The radioactivity in \( \alpha 2 \) was not affected by reduction. These values were multiplied by the appropriate dilution factor and expressed per ug. of DNA in the total organ culture or cell culture system.

The radioactivity in 1 ml aliquots of each fraction was plotted and the peaks representing the labelled collagen peptides (\( \alpha 1[I], \alpha 1[III], \alpha 2 \)) were quantitated by measuring the area under each peak with an electronic planimeter (Numonics Corp., Landsdale, PA.). Type I was quantitated from the combined area of the peaks for \( \alpha 1 \) and \( \alpha 2 \) chains. Type III was represented by the area of the \( \alpha 1(III) \) peak. Although these values could not be accurately expressed per ug of DNA, they were expressed as ratios of type III: type I and compared with the electrophoretic data similarly expressed.

**Statistical Methods**

a) Mean: \( \bar{x} = \frac{1}{n} \sum x_i \)

where \( n = \) sample size

\( x_i = \) some of values for each sample

b) Standard deviation: \( s = \sqrt{s^2} \)

where \( s^2 = \frac{1}{n-1} \sum (x_i - \bar{x})^2 \)
from the combined area of the peaks for $\alpha_1$ and $\alpha_2$ chains. Type III was represented by the area of the $\alpha_1(III)$ peak. Although these values could not be accurately expressed per ug of DNA, they were expressed as ratios of type III: type I and compared with the electrophoretic data similarly expressed.

**Statistical Methods**

a) **Mean:**
\[
\bar{x} = \frac{1}{n} \sum x_i
\]
where \( n \) = sample size

\( x_i \) = some of values for each sample

b) **Standard deviation:**
\[
s = \sqrt{\frac{1}{n-1} \sum (x_i - \bar{x})^2}
\]

where \( s^2 = \frac{1}{n-1} \sum (x_i - \bar{x})^2 \)

c) **Standard error of the mean:**
\[
S_{\bar{x}} = \frac{s}{\sqrt{n}}
\]

d) **Student "t" test:**
\[
\sqrt{\frac{(N_1-1)s_1^2 + (N_2-1)s_2^2}{N_1+N_2}} \frac{N_1+N_2}{N_1 N_2}
\]

Level of significance was set at \( p < .05 \).
e) Chi square test (for two independent samples):

\[ \chi^2 = \sum_{i=1}^{r} \sum_{j=1}^{k} \frac{(O_{ij} - E_{ij})^2}{E_{ij}} \]

where \( O_{ij} \) = observed number of cases (explants categorized in the \( i \)th row of \( j \)th column.

\( E_{ij} \) = number of cases (explants) expected under \( H_0 \) to be categorized in \( i \)th row of \( j \)th column.

\[ \sum_{i=1}^{r} \sum_{j=1}^{k} \] directs one to sum over all \( (r) \) rows and all \( (k) \) columns. The values of \( \chi^2 \) yielded by the above formula are distributed as chi square with \( df = (r-1)(k-1) \), where \( r \) = the number of rows and \( k \) = the number of columns in the contingency table. To find the expected frequency of each cell \( (E_{ij}) \), multiply the two marginal totals common to a particular cell, and then divide this product by the total number of cases (explants) \( N \).
RESULTS

This investigation used an established method of epinephrine infusion with thyroxine administration to produce macroscopic fibrous lesions in rabbit aorta (Fuller and Langner, 1970; Mickulicich and Oester, 1970; Lorenzen, 1962). Histopathological changes in the aorta included among other prominent features (Fuller et al., 1976): pronounced intimal thickening and the proliferation of a specialized cell type in the media. Vascular tissue for this investigation was obtained from the medial region of the aorta which is composed predominantly of smooth muscle cells (Ross and Glomsett, 1973; Bierring and Kobayasi, 1963). There are no fibroblasts present in the media of mammalian arteries in contrast to the arteries of other species such as birds (French, 1966).

This investigation was conducted to examine the relationship between the proliferation of medial smooth muscle cells in culture and changes in the type specific synthesis of collagen related to atherogenesis. Factors which influence this interrelationship appear to play a role in the development of the fibrous vascular plaque. This line of investigation would identify fundamental changes in the function of cells derived from arteriosclerotic smooth muscle since the ratio of collagen type synthesized is controlled by gene expression.
Vascular Smooth Muscle Cell Proliferation

Medial explants (1 mm²) from corresponding regions of the thoracic aorta of normal and arteriosclerotic rabbits (same age) were incubated under the established conditions described in the Methods section. After 12 days of incubation the explants were observed and their growth was graded according to their appearance under the microscope at a magnification of 100X. Five explants were attached in each 60 mm petri dish and each explant in the dish was graded. Five dishes were seeded from each aorta for a total of 25 explants per animal. Explants bearing a confluent matrix of smooth muscle cells at day 12 were designated: GOOD GROWTH. Those explants giving rise to fewer smooth muscle cells and lacking confluent orientation were designated as SOME GROWTH. NO GROWTH designated those explants with no evidence of cells migrating from the explant.

Representative photomicrographs of these categories are shown in Figure 1. The tabulated results of this evaluation are shown on Table 1 and indicate the mean percentages of explants for each growth category. In the control group 14% of the explants showed GOOD growth of smooth muscles cells; 58% SOME growth and 28% NO growth. In the arteriosclerotic group 60% of the explants showed GOOD growth; 7% SOME growth and 37% NO growth. Experiment 2, performed independently from Experiment 1, used a sufficient number of
FIGURE 1
PERIPHERAL GROWTH OF SMOOTH MUSCLE
CELLS FROM MEDIAL TISSUE EXPLANTS

GOOD GROWTH
A Confluent Matrix of Cells (100X)

SOME GROWTH
Significantly fewer cells, lacking
confluent orientation (100X).
animals in each group to permit statistical analysis by the Student "t" test. In Experiment 2 a Chi Square test for nonparametric data was used to test for significant difference between the control and arteriosclerotic groups regarding the absolute number of explants assigned to their appropriate growth categories (e.g., GOOD, SOME, and NO growth). This analysis also indicated significant differences between control and arteriosclerotic in the GOOD and NO growth categories. There was no noticeable difference in morphology of the cells in each group.

Measurement of smooth muscle cell proliferation from the medial explants was determined for each petri dish on the 18th day of incubation by incorporation of $^3$H-thymidine into TCA precipitable protein. The early indication of smooth muscle cell hyperplasia in arteriosclerotic tissue is further substantiated by the 2-fold increase in $^3$H-thymidine incorporation (CPM/ug DNA) during an 8-hour labeling period. The increase in DNA due to new cell growth was below the level of sensitivity of the colorimetric assay (Burton, 1956) and the DNA value 4.6 ug reflects, for the most part, the combined DNA of the five tissue explants in each culture dish.

**Collagen Heterogeneity in Primary Cultures of Rabbit Medial Smooth Muscle Cells**

Thoracic medial smooth muscle from normal and arteriosclerotic rabbits was incubated with $^3$H-L proline in an
### TABLE 1

**ESTIMATION \(^a\) OF NEW CELL GROWTH FROM MEDIAL EXPLANTS\(^b\)**

**Experiment 1**

<table>
<thead>
<tr>
<th>Growth</th>
<th>Control-(2 animals)</th>
<th>Arteriosclerosis-(3 animals)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good</td>
<td>14%</td>
<td>60%</td>
</tr>
<tr>
<td>Some</td>
<td>58%</td>
<td>7%</td>
</tr>
<tr>
<td>None</td>
<td>29%</td>
<td>37%</td>
</tr>
</tbody>
</table>

**Experiment 2**

<table>
<thead>
<tr>
<th>Growth</th>
<th>Control-(3 animals)</th>
<th>Arteriosclerotic-(4 animals)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good</td>
<td>14% ± 7</td>
<td>56% ± 8(^e)</td>
</tr>
<tr>
<td>Some</td>
<td>48% ± 8</td>
<td>32% ± 7(^e)</td>
</tr>
<tr>
<td>None</td>
<td>30% ± 10</td>
<td>12% ± 4(^e)</td>
</tr>
</tbody>
</table>

\(^a\) Observed under light microscope (100X) at day 12 of incubation (37°C, 5% CO\(_2\)/95% Air).

\(^b\) Thoracic aorta medial smooth muscle (1 mm\(^2\)) 25 explants per rabbit and 5 explants per 60 mm dish.

\(^c\) Grade of growth: Good = confluent matrix of outgrowing cells; Some = presence of growth but no confluent matrix of cells; None = no outgrowth detectable.

\(^d\) Experiment 2 conducted independently from Experiment 1.

\(^e\) Values are mean ± S.E. and significantly different from control (p < .05 Student "t" test).
Migration of Type I and Type III Collagen Standards on Polyacrylamide gels Before (A) and After Reduction with 2% Mercaptoethanol (B). The slower mobility of $\alpha_1$(III) is apparent.
FIGURE 3

EFFECT OF MERCAPTOETHANOL AND BACTERIAL COLLAGENASE TREATMENT
ON THE ELECTROPHORETIC MIGRATION OF $^3$H-PROLINE LABELLED COLLAGEN
SYNTHESIZED IN CULTURE BY RABBIT VASCULAR SMOOTH MUSCLE

Legend for Figure 3 on page 41.

Sample preparation and electrophoresis conditions described in the Methods. Each point represents the radioactivity in 4 mm. slices of the gel.

Panel A: Unreduced sample of extracted collagen.
Panel B: Identical sample reduced with 2% mercaptoethanol.
Panel C: Identical sample which was previously incubated with purified bacterial collagenase (protease-free).
**TABLE 2**

**PROLIFERATION OF SMOOTH MUSCLE CELLS FROM EXPLANTS OF RABBIT THORACIC MEDIAL TISSUE**

<table>
<thead>
<tr>
<th></th>
<th>N(^b)</th>
<th>cpm (^3)H-thymidine(^c)</th>
<th>Total DNA (ug)(^d)</th>
<th>cpm/ug DNA</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CONTROL</strong></td>
<td>(10)</td>
<td>1661 ± 571</td>
<td>4.6 ± 0.2</td>
<td>364 ± 125</td>
</tr>
<tr>
<td><strong>ARTERIOSCLEROTIC</strong>(^e)</td>
<td>(12)</td>
<td>3230 ± 347</td>
<td>4.6 ± 0.2</td>
<td>708 ± 76</td>
</tr>
</tbody>
</table>

---

a. Approximately 25 explants from each animal. Five \(^1\)mm\(^2\) explants per dish (60 x 15 mm.) at 18th day of incubation as described in methods.

b. Number of dishes (60 x 15 mm) in each group.

c. All Cultures labeled with \(^3\)H-thymidine (10 uCi) for 12 hours.

d. Per dish (explants plus cell layer) by the method of Burton, 1956.

e. Arteriosclerosis induced by epinephrine and thyroxin administration.

f. Mean ± S.E.; significantly different from control (p < .05) by student's "t" test.
α-region due to heat denaturation in the presence of 2% 2-mercaptoethanol. Panel (C) in Figure 3 shows loss in radioactivity due to prior incubation of the collagen preparation with purified clostridial collagenase (Peterkofsky & Diegelmann, 1971).

The increased radioactivity in the α-region after reduction with mercaptoethanol indicates that control rabbit vascular smooth muscle synthesized 50% type I collagen and 50% type III collagen (Table 3). Smooth muscle tissue from plaqued regions in the arteriosclerotic groups synthesized 63% type I collagen and only 37% type III collagen. Increased synthesis of type I and III collagen in the arteriosclerotic group was significantly different from synthesis in the control group at p < .05 (Student "t" test). This could alternatively be expressed as a statistically significant change in the type I/type III ratio: 1.0 for the control group and 1.7 for the arteriosclerotic group. The synthesis of total radioactive type I and type III collagen, per ug of DNA, extracted from the primary cultures increased approximately two-fold in the arteriosclerotic group compared to control.

Collagen Heterogeneity and Vascular Smooth Muscle Cells in Culture

Thoracic medial smooth muscle explants from normal and arteriosclerotic rabbits were placed in culture as described
### TABLE 3

**COLLAGEN SYNTHESIS IN ORGAN CULTURE**
**BY RABBIT MEDIAL SMOOTH MUSCLE**

<table>
<thead>
<tr>
<th></th>
<th>CONTROL (N=14)</th>
<th>ARTERIOSCLEROTIC (N=13)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type I cpm/ug DNA</td>
<td>283 ± 31</td>
<td>743 ± 84*</td>
</tr>
<tr>
<td>Type III cpm/ug DNA</td>
<td>254 ± 25</td>
<td>437 ± 46*</td>
</tr>
<tr>
<td>Total</td>
<td>537 ± 37</td>
<td>1180 ± 96*</td>
</tr>
</tbody>
</table>

Aorta medial smooth muscle was incubated for 72 hours at 37°C in 2 ml of DMEM containing 2,3-³H-proline, BAPN, and ascorbate. Collagen types separated on polyacrylamide gels and quantitated radiometrically.

Values are the mean ± S.E.

*Significantly different from control (p < .05) Student "t" test.
in the Methods and the previous experiment. Daughter cells from these explants were propagated in DMEM containing 20% fetal calf serum and antibiotics. These cells were subcultured approximately weekly into successively larger flasks up to a confluent population of $5 \times 10^6$ cells per 75 cm$^2$. This stage of growth represented 4 passages. At the end of this passage the cells were incubated for 24 hours in medium containing $^3$H-proline (2 uCi/ml), BAPN (100 ug/ml) and ascorbate (400 ug/ml). Labelled collagen was extracted from the culture medium and DNA determined in the cell layer. Collagen types I and III were quantitated on gels according to the method previously described. Table 4 shows the relative and total amounts of type I and type III collagen synthesized by smooth muscle cells (SMC) at the end of their 4th passage. Daughter cells from normal aorta synthesized 61% type I and 39% type III at this passage while daughter cells from arteriosclerotic medial tissue synthesized 78% type I and only 22% type III collagen. Combined values for type I plus type III indicated that total collagen synthesis, although somewhat lower for the arteriosclerotic group (11,174 ± 1338 cpm/ug DNA versus 13,230 ± 1150 cpm/ug DNA) was not significantly different from controls at the $p < .05$ level.

**Collagen Synthesis and Age in Culture**

Collagen type I and type III was measured in SMC cultures at the 10th passage. Figure 4 illustrates relationship
TABLE 4
COLLAGEN SYNTHESIS IN CULTURE
BY RABBIT MEDIAL SMOOTH MUSCLE CELLS

<table>
<thead>
<tr>
<th></th>
<th>CONTROL (N=12)</th>
<th>ARTERIOSCLEROTIC (N=15)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type I cpm/ug DNA</td>
<td>7963 ± 499</td>
<td>8750 ± 949</td>
</tr>
<tr>
<td>Type III cpm/ug DNA</td>
<td>5049 ± 823</td>
<td>2424 ± 486*</td>
</tr>
<tr>
<td>Total</td>
<td>13230 ± 1150</td>
<td>11174 ± 1338</td>
</tr>
</tbody>
</table>

Confluent cultures (5 x 10^6 cells/75 cm²) at the fourth passage. Incubated for 24 hours with 2,3-³H-proline in the presence of BAPN ascorbate and 10% fetal calf serum. Collagen types separated on polyacrylamide gels and quantitated radio metrically. Values are the mean ± S.E.

*Significantly different from control (p < .05) Student "t" test.
FIGURE 4

EFFECT OF CULTURE PASSAGE NUMBER ON THE SYNTHESIS OF TYPE I AND TYPE III COLLAGENS BY AORTA MEDIAL SMOOTH MUSCLE CELLS FROM NORMAL AND ARTERIOSCLEROTIC RABBITS

TYPE I

TYPE III

C = CONTROL

A = ARTERIOSCLEROTIC

PASSENGE NUMBER

ALTERNATIVE REPRESENTATION OF TYPE III SYNTHESIS

% TYPE III

PASSENGE NUMBER
between age in culture and the relative synthesis of type I and type III collagen. The cells from arteriosclerotic tissue make a larger proportion of type I (vs type III) compared to control at all passage levels. By the tenth passage type III synthesis represents no more than 10% of the collagen synthesized by cells grown from normal or arteriosclerotic tissue. It was also apparent that by the tenth passage the cells in both groups were laying down less matrix compared to earlier passages which allows these cells to be more easily dissociated (enzymatic) upon subculturing, and to grow in confluent monolayers. In contrast, cells at early passages grow on top of one another, resembling hills and valleys, before reaching confluency.

Collagen Heterogeneity by CMC-Chromatography

The electrophoretic separation of labelled collagen types was developed for this study in order to permit analysis of individual cultures in sufficient numbers for statistical comparison. In order to validate and confirm the data from this gel-electrophoresis system, pools were prepared from the primary organ culture system and also from the cell culture system to obtain sufficient radioactive material to analyze collagen types on carboxymethyl-cellulose as described in the Methods.

After loading the reduced collagen extracts, the collagen was eluted from the CMC with 400 ml of sodium
acetate buffer (0.06M, pH 4.8) over a continuous NaCl gradient (0.0 to 0.1M) and 10 ml. fractions were collected. The elution pattern is reflected by the radioactivity in aliquots from each fraction (Figure 5). Moving from left to right on the chromatogram in Figure 5 the three peaks after the gradient correspond to $\alpha_1(I)$; $\alpha_1$(III); and $\alpha_2$. In Figure 5 (Organ Culture) the $\alpha_1$(III) peak is high in relation to $\alpha_1$(I) for control tissue (upper panel) and is relatively low in relation to $\alpha_1$(I) for the arteriosclerotic tissue group shown in the lower panel. As shown in Figure 6, there is a similar decrease in relative amount of radioactivity in the $\alpha_1$(III) peak in the arteriosclerotic group (lower panel) compared to the control group shown in the top panel. The ratio of type III: type I collagen was calculated from the total radioactivity found in each peak and is compared with the values obtained by gel electrophoresis (Table 5). For the organ culture system the ratios of collagen type III:I determined by either method were nearly identical. For the cell culture system both methods indicated an increase in type I collagen, relative to type III, for the arteriosclerotic group; however, the ratios of III:I calculated by CMC-chromatography were generally higher than those obtained by the electrophoretic method (Table 5). A significant difference in the results by the two analytical methods appeared only in the control cell culture group. This difference can be accounted for by the
FIGURE 5

CMC-Chromatography of Labelled Collagen Synthesized In
Organ Culture By Aorta Medial Smooth Muscle From Control
And Arteriosclerotic Rabbits.

Top Panel: Control Group. Bottom Panel: Arteriosclerotic
Group. Collagen extracts from normal and arteriosclerotic
groups were prepared and applied to the column as described
in the Methods. The bound collagen was eluted with a contin­
uous sodium chloride gradient (0 - 0.1 M). The eluate was
collected in 10 ml. fractions and the radioactivity in 1 ml.
 aliquots of each counted. The position of elution of collagen
α1(I), α1(III) and α2 chains was established by chromatography
of calf skin collagen standards.
CMC-Chromatography of Labelled Collagen Synthesized by Cultured Smooth Muscle Cells Derived From Aorta Media of Control and Arteriosclerotic Rabbits.

Top Panel: Control Group. Bottom Panel: Arteriosclerotic Group. Collagen extracts were prepared and applied to the column as described in the Methods. The bound collagen was eluted with a continuous sodium chloride gradient (0 - 0.1M). The eluate was collected in 10 ml. fractions and the radioactivity in 1 ml. aliquots of each counted. The position of elution of collagen \( \alpha_1(1) \), \( \alpha_1(3) \) and \( \alpha_2 \) chains was established by chromatography of calf skin collagen standards.
TABLE 5

COMPARISON OF ELECTROPHORETIC AND CHROMATOGRAPHIC RESULTS
FOR THE SYNTHESIS OF TYPE I AND TYPE III COLLAGENS

<table>
<thead>
<tr>
<th>Group</th>
<th>Gel Electrophoresis&lt;sup&gt;a&lt;/sup&gt;</th>
<th>CMC Chromatography&lt;sup&gt;b&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td>CONTROL-Organ Culture</td>
<td>1 : 1&lt;sup&gt;c&lt;/sup&gt;</td>
<td>1 : 1</td>
</tr>
<tr>
<td>ARTERIOSCLEROTIC-Organ Culture</td>
<td>1 : 1.7</td>
<td>1 : 1.9</td>
</tr>
<tr>
<td>CONTROL-Cell Culture</td>
<td>1 : 1.5</td>
<td>1 : 2.5</td>
</tr>
<tr>
<td>ARTERIOSCLEROTIC-Cell Culture</td>
<td>1 : 3.6</td>
<td>1 : 4.5</td>
</tr>
</tbody>
</table>

<sup>a</sup> Mean values from Tables 3 and 4 (cpm/ug DNA).

<sup>b</sup> Ratios computed from areas under the peaks of elution profile for labelled collagenous proteins.

<sup>c</sup> Ratios represent amount of type III:I collagen.
unavoidable variability in the individual ratios for the samples that were pooled for CMC-chromatography. Except for the above-mentioned group the variability between the two methods was no more than 10%.
DISCUSSION

Intravenous injections of epinephrine in the rabbit produces arteriosclerotic lesions, which are aggravated by the simultaneous administration of L-thyroxine. The major alterations observed in rabbit arteriosclerosis induced by epinephrine plus thyroxine occurs in the smooth muscle cells and the elastic fibers of the aorta, similar to the lesions seen in arteriosclerosis of man (Kobayasi, 1969; Daoud et al., 1964). Histological examination reveals structural changes in the smooth muscle cells such as cystic protrusions of the sarcoplasm, vacuole formation and condensation of myofilaments. These changes are accompanied by fragmentation degeneration of the elastic fibers. It has been suggested that factors, associated with various forms of vascular injury, influence the fundamental structure and function of the medial smooth muscle (Ross and Glomset, 1973). It has been proposed that medial smooth cells, responding to intimal injury, migrate into the intima and begin to proliferate establishing a colony resembling a benign neoplasm which synthesize a generous amount of collagen (Benditt, 1977). McCullagh and Belian (1975) analyzed pepsin extracted collagen from a pooled sample of intimal plaques from 3 atherosclerotic human aortas. They reported a marked increase in the ratio of type I to type III collagen,
compared to that in the nonarteriosclerotic aortic media. In their procedure, less than 50% of human aorta collagen was recovered in the extracts and subsequently characterized. No studies have reported the relative rate of synthesis of type I and III collagen in diseased vascular tissue.

The data described in this investigation establishes that a significantly greater population of smooth muscle cells migrate out of the medial explants dissected from tissue subjected to an atherogenic condition compared to medial explants from the nonarteriosclerotic group. This enhanced outgrowth from tissue explants supports the current hypothesis that in atherogenesis modified smooth muscle cells in the medial layer migrate from the media, through the internal elastic lamella and into the intimal region.

Conditioned media from rapidly growing medial explants when transferred to slower growing explants did not stimulate migration of cells from slower growing explants. This observation would rule out the possibility that the rapidly proliferating and migrating modified smooth muscle cells liberate soluble growth promoting factors. However, there may be a higher concentration of platelet factors, insulin or lipoproteins, due to increased vascular permeability, in the explants of arteriosclerotic tissue which could enhance SMC outgrowth (Ross and Glomset, 1973; Friedman et al., 1976). Also the accumulation of collagen, elastin and mucopolysaccharides in arteriosclerotic tissue may present an extracellular matrix more supportive of cellular outgrowth and migration.
Another explanation for the more rapid outgrowth could be based on decreased protein degradation and higher metabolic activity in the tissue explant. The first evidence that decreased protein degradation may contribute to rapid growth of mammalian tissues came from studies of work induced hypertrophy of skeletal muscles (Goldberg et al., 1975). Similar reports exist in the literature correlating decreased proteolysis with rapid compensatory growth in other tissues (Scornik, 1972). Current understanding of the relationship between DNA synthesis and protein synthesis leads to the conclusion that, over an extended period of time, DNA synthesis must be dependent on protein synthesis. However, it is known that the high dose of thyroid hormone used for the experimental model in this study produces generalized weight loss and muscle atrophy. Under such conditions total protein degradation should exceed total protein synthesis. Therefore, rapid outgrowth of medial explants from arteriosclerotic vessels appears to be the result of some phenomenon which specifically stimulates a latent growth property in vascular smooth muscle cells.

As discussed above, enhanced cell growth in the arteriosclerotic group was observed at the 12th day of incubation. At the 18th day in culture $^3$H-thymidine incorporation into DNA indicated that smooth muscle cells in the arteriosclerotic group were still proliferating faster than
SMC from control explants. Stimulatory factors present in the tissue explant could have been responsible for promoting early outgrowth, but it is unlikely that they are still influencing new DNA synthesis at the 18th day in culture in the presence of fresh media. This data is also supported by the consistent finding that it took comparatively longer to propagate smooth muscle cells in the control group to their fourth passage. Increased mitotic activity is a common characteristic of transformed or the differentiated cells. The ability of SMC from arteriosclerotic tissue to adapt to and proliferate more rapidly in vitro is suggestive that they have undergone fundamental changes and could be considered analogous to those cells comprising the benign smooth muscle tumor described by Moss and Benditt (1975) and Rounds et al. (1976).

Morphologically, SMC grown from normal tissue and arteriosclerotic tissue were indistinguishable and they both exhibited typical features such as abundant myofilaments and surface vesicles. These observations agree with those of Ross (1971) who has used identical culture methods. Further characterization of these cells was not within the scope of this study, but has been explored by other investigators (Mauger et al., 1975; Kimes and Brandt, 1976) who obtained SMC by the same technique. However, it was observed in this study that SMC from normal tissue enter senescence sooner than SMC from arteriosclerotic tissue.
Senescence was accompanied by pronounced vacuolization, loss of cellular definition, and loss of proliferative activity.

A portion (50 mg) of freshly dissected medial smooth muscle was placed in an organ culture system as described in the Methods. Preliminary experiments indicated that 50 uCi/ml of 2,3-\textsuperscript{3}H-L proline and a 72-hour incubation were necessary to obtain adequate quantities of newly synthesized soluble collagen of high specific activity for resolution on polyacrylamide gels. The use of BAPN prevents crosslinking of collagen molecules and assures complete extraction of the labelled collagen. These primary explant cultures maintain viability for prolonged periods based on a report by Fritz et al. (1975) that protein and DNA synthetic activity persist for up to 9 days in aortic medial explants that were maintained under similar conditions.

It was observed that primary cultures derived from control rabbit vascular smooth muscle synthesized approximately 50% type I collagen and 50% type III collagen (Table 3). Analogous tissue in the arteriosclerotic group synthesized 63% type I collagen and only 37% type III. Gay et al. (1975) by immunofluorescent techniques have shown that type III occurs in human aorta, to the exclusion of type I collagen, in the area immediately underlying the internal elastic lamella. Type III concentration in the media, relative to type I, diminishes toward the adventitia. McCulla\textsuperscript{a}gh and Belian (1975) reported 70% type I and 30% type III in a
nondiseased normal human aorta and a shift in the extracted collagen ratio favoring type I in arteriosclerosis. The data reported here confirms that observation. There was considerable sample variation in both experimental groups with regard to the absolute amount collagen synthesis; however, this variation was reduced when the values were expressed per ug. of DNA. Fritz et al. (1975) reported that in a similar system there was a high degree of correlation between protein and DNA synthesis. The fact that both types of collagen increased in the arteriosclerotic groups, compared to controls, suggests a general activation of the pathway for collagen synthesis specific for type I synthesis in agreement with previous findings (Fuller et al., 1976).

The daughter cells growing in the tissue culture system proved to be more efficient in producing labelled collagen. In these cultures as much as 20% of the radioactive protein released into the medium was collagenase digestible; however, an average of about 10% was collagenase digestible. It was still necessary to add carrier collagen to the extracted 3H-proline labelled collagen in order to visualize the characteristic collagen bands after separation on polyacrylamide gels stained with Coomassie blue. The total disappearance of radioactivity from the collagen protein bands by prior treatment of the sample with purified clostridial collagenase (protease-free) consistently confirmed the identity of these characteristic bands.
Daughter cells derived from control aorta were synthesizing 60% type I and 40% type III collagen at the end of their 4th passage (Table 4). Cells derived from arteriosclerotic aorta at the same passage and density (5 x 10^6/75 cm^2) synthesized 80% type I and 20% type III collagen. The synthesis of collagen type I/μg. DNA was the same in each group. The synthesis of type III was significantly (p < 0.05) decreased in the arteriosclerotic group, however, this decrease was not enough to produce a significant (p < 0.05) difference in total collagen synthesized by the experimental group of smooth muscle cells. The significant decrease in type III synthesis was confirmed by CMC-chromatography (Figure 5). As mentioned in the Results section there was variation in the ratio of collagen types determined by the different analytical methods for the cell culture system. However, there was no observed disagreement in the ratio of these types synthesized by the organ culture system. This may be due to the differential influences in each method by small amounts of aberrant or unnatural forms of collagen (i.e. [α1(I)] trimer) that could be intrinsic to the proliferating cell culture system of daughter cells. No radioactivity above background could be detected in the gel regions corresponding to the dimer forms of collagen (β1,1 or β1,2) at this level of BAPN supplement. It was determined by preliminary experiments that twice the normal concentration of BAPN was required.
to inhibit cross-linking of collagen $\alpha$-chains. These cell lines were reported to be exceptionally rich in lysyl oxidase activity (Herbert Kagan, personal communication).

Rhoads and Miller (1978) have recently isolated and characterized two new types of collagen chains designated A and B. Based on their composition both chains resemble collagen chains isolated from basement membrane. McCullagh and Sweet (1978) have indicated that smooth muscle cells in culture synthesize collagen A and B chains which are minor components of the cellular expression of collagen synthesis ($<2\%$) (Brown et al., 1978). Thus, these chains are not synthesized in large enough quantity to interfere in the detection of a significant shift in the ratio of type I and type III collagen. However, they may account for some of the variability between the electrophoretic and chromatographic results, since the A chain migrates in the same position as the $\alpha_1$-chain on sodium dodecyl-sulfate polyacrylamide gels.

The calculation of the relative ratios of collagen types as quantitated here could be carried out by several means. In this investigation the ratio of the radioactivity for $\alpha_1: \alpha_2$ varied from 1.8 to 2.3 and was considered to be within acceptable limits of sensitivity for the analytical techniques. Type I collagen was quantitated by measuring the total cpm$s$ in the $\alpha_1$ band plus and $\alpha_2$ band in unreduced samples. However, if one were to strictly adhere to the
theory that $\alpha_1 : \alpha_2$ must be in a 2:1 ratio then it is possible that in some samples as much as 10\% type I trimer $[\alpha_1(I)\beta_3]$ could be present. It has been shown that when chick chondrocytes are grown in the presence of BUdR for a few days, collagen biosynthesis will switch from cartilage specific type II collagen $[\alpha_1(II)\beta_3]$ to a mixture of type I collagen $[\alpha_1(I)\beta_2^2]$ and type I trimer $[\alpha_1(I)\beta_3]$ (Mayne et al., 1975). It has been suggested that the formation of type I trimer is associated with the shift in gene expression responsible for a change in the type of collagen produced (Mayne et al., 1976). It is evident from this study that atherogenic factors that modify the growth characteristics of vascular smooth muscle cells also modify the gene expression for different collagen types.

By the tenth passage in culture SMC derived from both control and arteriosclerotic groups were synthesizing exclusively type I collagen. Considerable difficulty was experienced in carrying SMC in the control group to the 10th passage, due to an apparent decrease in plating efficiency and growth rate, suggestive of senescence. Collagen heterogeneity was measured in only two flasks of control cells at the 10th passage and found to be about 90\% type I for each. The effect of time in culture on the synthesis of type I collagen can be explained by what has been reported regarding "collagen switching." Cellular senescence appears to be delayed in the arteriosclerotic cell group, which is
consistent with the other indication of dedifferentiation mentioned above. The SMC in the control group proliferate at a slower rate which suggests that their growth requirements are more stringent than those for the cells in the arteriosclerotic group. The SMC in the control group may be more dependent than SMC in the arteriosclerotic group, on species-specific growth factors not present in the heterologous, heat inactivated, fetal calf serum. A decrease in the requirement for multiplication stimulating factors in serum has been observed in viral transformed chick embryo fibroblasts (Smith et al., 1971). These types of factors could modulate the onset of senescence.
CONCLUSIONS

1) The migration of smooth muscle cells from aorta extracts is more rapid in tissue derived from arteriosclerotic lesions than from control aorta. This supports the hypothesis that there is a greater population of these cells with enhanced migratory potential in the arteriosclerotic lesions. It is suggested that these modified smooth muscle cells would similarly be more attracted to the injured intima in the in vivo situation.

2) Daughter cells from arteriosclerotic smooth muscle proliferate in culture at a higher rate than their counterparts from normal tissue. These modified smooth muscle cells resemble transformed cells which are generally considered to have exaggerated or higher growth kinetics than untransformed cells.

3) The population of smooth muscle cells derived from arteriosclerotic aortas contain cells which are phenotypically different from smooth muscle cells from control aorta with respect to collagen heterogeneity. This disease related change in collagen heterogeneity has been reported in vivo and now has been shown to be characteristic in the genome of daughter cells maintained in vitro.
4). Derepression of collagen type I synthesis has been linked with cellular processes associated with aging, scars and transformation as observed for chondrocytes in culture. It appears that arteriosclerosis enhances this derepression process for vascular smooth muscle cells permitting the accumulation of fibrous collagen components resembling scar tissues which become fibrous vascular plaques.

5). These data also support a clonal selection hypothesis. If a cell only synthesizes one type of collagen at a time, tissues synthesizing more than one type of collagen have more than one, type-specific population, of collagen producing cells. The numerous population doublings and subsequent subculturing procedures may favor for one subpopulation of SMC (e.g. type I collagen producing) and not the other subpopulation (e.g. type III collagen producing).
REFERENCES


VITA

Douglas O. Fisher was born on May 15, 1948 in Pittsburgh Pennsylvania. Dr. Fisher entered the University of Rhode Island in 1966 and received his Bachelor of Science Degree in Pharmacy in 1971. In 1973 he completed a residency program in Hospital Pharmacy at Roger Williams General Hospital, Providence, Rhode Island. Dr. Fisher then continued his education at the University of Rhode Island in the Department of Pharmacology and Toxicology, completing the requirements for Master of Science degree in March 1976 and Doctor of Philosophy in March 1979.

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