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## MICROFLUIDIC DEVICES FOR MICROPLASTICS SEPARATION AND

## IDENTIFICATION

BY

## PEDRO HENRIQUE MORENO MESQUITA

## A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE

## REQUIREMENTS FOR THE DEGREE OF

## MASTER OF SCIENCE

IN

## MECHANICAL ENGINEERING AND APPLIED MECHANICS

UNIVERSITY OF RHODE ISLAND

MASTER OF SCIENCE THESIS

OF

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UNIVERSITY OF RHODE ISLAND 2023

#### **ABSTRACT**

Considering its ubiquitous use, plastic pollution has been a worldwide concern for a long time. Recently, microplastics have been found both in water and animal samples (including humans), raising the necessity for novel analytical methods dedicated to the detection of these particles. This thesis explored the application of microfluidic devices in the separation and identification of microplastics. Firstly, the field of low-cost microfluidic devices for environmental applications was reviewed, obtaining an exhaustive perspective. The second chapter explores the development of a device used for microplastics identification using a staining method. The device was made from PDMS casting using a 3D printed mould. It was possible to continuously stain microplastic particles diluted in water samples. The staining quality depended on the device flow rate and operational temperature. The third chapter demonstrates the separation of microplastics from blood samples using acoustic waves. The device was fabricated using a combination of photolithography and lift-off techniques. The interaction between acoustic waves and submerged particles was modelled considering different microplastic types and sizes. The separation was demonstrated, and the effects of power and flow rate were analyzed.

#### **ACKNOWLEDGMENTS**

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#### **PREFACE**

This thesis is submitted as partial fulfillment of the requirements for the degree of Master of Science in Mechanical Engineering and Applied Mechanics at the University of Rhode Island. The experiments and research were conducted in the Microfluidics and Microsystems Lab at URI under the supervision of Dr. Yang Lin. The work is presented in form of a thesis consisting of three chapters. Two chapters have been published and the last one shall be submitted after the completion of this thesis.

The first chapter is a review about the field of low-cost microfluidic devices applied to environmental analysis. The second chapter studies the development of a microfluidic device used for microplastics identification. The third chapter studies the development of a microfluidic device used for the separation of microplastics from blood samples. Despite specific, the conclusions and experiments may be applied in other industries such as pharmaceutical and chemical. Manuscript format was used in this thesis.

> Pedro Mesquita March 2023

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## **CHAPTER 1. Low-cost microfluidics: towards affordable environmental**

#### **monitoring and assessment**

by

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#### **ABSTRACT**

Effective environmental monitoring has become a worldwide concern, requiring the development of novel tools to deal with pollution risks and manage natural resources. However, a majority of current assessment methods are still costly and labor-intensive. Thanks to the rapid advancements in microfluidic technology over the past few decades, great efforts have been made to develop miniaturized tools for rapid and efficient environmental monitoring. Compared to traditional large-scale devices, microfluidic approaches provide several advantages such as low sample and energy consumption, shortened analysis time and adaptabilities to onsite applications. More importantly, it provides a low-cost solution for onsite environmental assessment leveraging the ubiquitous materials such as paper and plastics, and cost-effective fabrication methods such as inkjet printing and drawing. At present, devices that are disposable, reproducible, and capable of mass production have been developed and manufactured for a wide spectrum of applications related to environmental monitoring. This review summarizes the recent advances of lowcost microfluidics in the field of environmental monitoring. Initially, common lowcost materials and fabrication technologies are introduced, providing a perspective on the currently available low-cost microfluidic manufacturing techniques. The latest applications towards effective environmental monitoring and assessment in water quality, air quality, soil nutrients, microorganisms, and other applications are then reviewed. Finally, current challenges on materials and fabrication technologies and research opportunities are discussed to inspire future innovations.

 $\mathfrak{D}$ 

### **1. Introduction**

Environmental pollution has continuously been a major threat due to fastgrowing anthropogenic activities resulting from civilization and industrialization [1–4]. Associated burden of diseases and death arising from global air and water pollution poses a great challenge on public health, especially in underdeveloped regions and countries [5–7]. For instance, more than four millions of deaths related with gastrointestinal diseases may be attributed to water contamination in the United States [8]. The contaminated water, if used for irrigation, can also induce food safety issues involving bacterial contamination [9]. The pollution of oxides of nitrogen (NOx) was also found to play an important role in respiratory problems among children and adults in Nigeria [10]. Other pollutants such as waterborne pathogens, heavy metals, and toxic gases from industrial disposal effluents are also major contributors to global water pollution [11]. The existing evidence clearly speaks out the necessity of accurate pollution risk assessment for tracking pollution sources, determining long-term trends of pollution, and developing effective treatment methods. In particular, it is essential to conduct quantitative assessment on potential pollutants of various types of pollution (*e.g.*, air, water and land pollution) [12].

Conventionally, the assessment of pollutants is carried out in centralized laboratories following the collection of samples [13]. Indeed, these measurements could provide accurate and critical information about the pollutants. However, the use of bulky equipment makes them not adaptable to in situ and real-time assessment, thus hindering a universal and rapid environmental monitoring [14]. One promising solution to address this

downside is the development of miniaturized and potentially field-deployable analytical tools using microfluidic technologies [15]. Thanks to the miniaturization of the fluid domain, microfluidics offers several unique advantages such as low sample consumption, high surface-to-volume ratio, and powerful fluid/particle manipulation abilities [16–18]. However, as a technology benefiting from microelectromechanical systems (MEMS) microfabrication techniques, traditional microfluidic devices built on glass or silicon require complicated fabrication processes involving costly chemicals, materials, equipment, and trained personnel [19–23]. Moreover, a majority of microfluidic devices still do not bypass the requirements of external equipment and/or components (*e.g.,* syringe pumps, heaters, valves, and others) to realize various functions [24]. As a result, the use of microfluidics, to a large extent, is limited in research and laboratories. In order to reduce the cost and minimize the dependency on external instrumentations, low-cost microfluidic devices made from cheap and ubiquitous materials received extensive attentions for various applications in the past decade [25,26].



**Figure 1.1.** Year wise publications growth in regard to low-cost microfluidics from 2011 to 2021. Data were collected using Google Scholar.

Recent research publications have indicated a constant growth in the field of low-cost microfluidics [26], as evidenced by the increasing number of relevant articles found on Google Scholar (Figure 1.1) using the keyword "lowcost microfluidics". In particular, great efforts have been made to develop novel low-cost microfluidic devices by exploring various low-cost materials and fabrication techniques. For example, wax printing was applied on filter papers to create paper devices [27]. Cloth was also applied because of the potentials to develop wearable sensors [28]. With advancements in 3D printing technologies, multi-layered microfluidic channels with complicated designs became achievable, which also opened new opportunities in various applications including environmental monitoring and assessment [29,30].

Note that the low-cost feature highlighted here is indeed not a rigorous description. It is largely dependent on how engineers, researchers and scientists define it. In this review, we refer the low-cost microfluidics to devices

and systems manufactured outside of cleanroom with all associated fabrication tools and materials readily accessible to most research laboratories. This definition was used by previous researchers when discussing upon low-cost microfluidics in review articles [25,26]. Although these devices and systems may not provide similar performance compared to the cleanroom-based counterparts at current stages, they hold promise in the global dissemination of the state-of-the-art environmental monitoring achievements when accuracy is not as significant as the accessibility to the analytical analysis tools [31]. For example, the availability of clean water in developing countries remains a challenge; the low-cost monitoring of contaminants in water such as heavy metals and infectious microorganisms provide direct benefits towards improving local public health. To achieve this goal, cellulose paper, a porous and ubiquitous material has been employed to build sensors to monitor the water quality [30]. The porous structure of this material enables passive capillary actions without external driving mechanisms [32], while its portable nature also benefits in situ measurements. Therefore, besides environmental monitoring, these devices are also useful for many other applications such as the point-of-care (POC) diagnostics [15,33–36].

In this review, we will start with the primary advances in the underlying materials and fabrication methods of low-cost microfluidic devices. Indeed, several good review papers have been published previously discussing the fabrication technologies for low-cost microfluidics and other major topics [25,26,36–38], however, as a promising tool for ongoing and future onsite environmental monitoring and assessment, a comprehensive review with this specific focus is still beneficial. Finally, latest applications on water, air, soil

quality and many others were introduced, along with conclusions, insights, and future perspectives.

### **2. Low-cost materials and fabrication methods**

Over the past decades, a variety of low-cost materials have been explored to create microfluidic devices beyond glass and silicon [31,37,39]. In 2007, the Whitesides group developed the first modern microfluidic paper-based analytical device (µPAD) [40], by which glucose and protein assays were performed on a cellulose paper. The COVID-19 pandemic also necessitated the development and applications of low-cost analytical analysis tools [41,42]. For example, the Flowflex COVID-19 Antigen Home Test is built on top of a lateral flow chromatographic immunoassay, in which samples can be directly placed on the test device and the results are displayed on control and test lines in a few minutes [43]. Besides paper, plastics are important materials used in low-cost microfluidics and have been used as substrates or housing that protects major components. Polyethylene terephthalate (PET), a common thermoplastic polymer used to make bottles and packages, was used as a flexible substrate for various applications such as the single-cell trapping reported by our group [24]. Indeed, other materials such as cloth, elastomers and biomaterials are also good candidates [28,44,45] and will be discussed below.

Besides low-cost materials, selection of the most appropriate fabrication method is fundamental to reduce the overall cost of the final devices. So far, many fabrication technologies have been explored and developed in the field of microfluidics [46,47]. Conventional fabrication methods such as

photolithography, reactive-ion etching, electron-beam lithography, and LIGA (lithography, electroplating, and molding) often rely on sophisticated equipment and expensive materials, therefore not suitable for low-cost microfluidics [48]. On the other hand, fabrication methods such as wax printing, 3D printing and even drawing only require minimal investment on the equipment and materials, which attracted a lot of attention nowadays [26,37]. In this section, low-cost microfluidic materials and fabrication methods (Figure 2.1) are summarized and discussed.



**Figure 1.2.** Summary of low-cost microfluidic materials and fabrication methods. Materials are showed in the left while fabrication methods are in the right. Commonly used low-cost materials are paper, thread, cloth, PDMS, and PMMA. Oftentimes used low-cost fabrication methods are 3D printing, micromilling, laser cutting, inkjet/laserjet printing, and xurography [28,49–52].

## *2.1. Low-cost materials*

At present, many low-cost materials have been explored to develop tools for environmental monitoring, including cellulose paper, thread, cloth and polymers [28,53–56]. In fact, devices made from the first three materials have caught intensive attention and are often called paper-based analytical devices (µPADs), thread-based analytical devices (µTADs), and cloth-based analytical devices (µCADs), respectively. Polymeric materials such as polydimethylsiloxane (PDMS), polymethyl methacrylate (PMMA) and PET are also major players thanks to advantages in their mechanical properties, optical and thermal stabilities, as well as the versatility to different environmental applications [57,58].

### *2.1.1. Paper-based analytical devices (µPADs)*

Paper is an inexpensive and ubiquitous resource that has been used in various applications for a long time [59,60]. Its properties (*e.g.,* porosity, chemical composition, and wetting performance) are readily adjustable for different purposes [61–63]. Like other porous materials, the porous nature and high surface-to-volume ratio of the paper promote passive fluid driving and control. The fiber chemical composition (*e.g.,* degree of polarity) can also be modified to enhance sample-paper interactions and plays a key role in device design and operation [64–67]. Owing to a wide variety of paper types commercially available in the market, the correct property selection also saves time and labor for material treatments [37,68]. For example, nitrocellulose paper serves as a good substrate for covalent immobilization of the biomolecules due to the strong binding capability to proteins originated from the nitrate groups on their surfaces. Filter paper and chromatography paper can outperform other paper types in terms of uniform thickness and pore size [69].

Note that the paper material per se only provides the backbone of the devices, while analytical analysis taking place on papers is realized through

incorporation of various sensing or detection methods [70,71]. Existing detection methods can be categorized into several types including colorimetric, fluorescent, chemiluminescent, electrochemical, electro chemiluminescent and Raman sensing [72–75]. Review articles for in-depth discussions on advances in µPADs can be found in the following references: [64,65,74,76].

### *2.1.2. Thread-based analytic devices (µTADs)*

The µTADs are another successful application of porous materials for environmental monitoring and general analytical analysis [77,78]. Similar to µPADs, these devices are good candidates for low-cost applications. The existing industry worldwide also promotes the applications without complex material modifications [79,80]. Currently, a variety of threads are available for different applications, including natural (*e.g.,* silk, wool, linen, *etc.*) and synthetic (*e.g.,* polyester, polyether-polyurea, acrylic, *etc.*) threads [81]. The flow characteristics and the detection methods employed in threads are similar to those employed in paper, since both are porous [77,82]. However, compared to paper devices, thread-based devices are more suitable for wearable applications since threads can be used to create clothing either by directly sewing, or having walls patterned onto cloth [77,83,84].

The detection methods used in µTADs are similar to those used in µPADs. Conventional detection methods (*e.g.,* fluorescence, electrochemical, Raman, *etc.*) are applicable to thread-based devices as well [80,85]. Moreover, distance and barcode-based detection are another two possible low-cost detection strategies [77]. Distance-based detection relies on the fact that disparate wetting performances can be induced by different analytes for identification [86–88]. Moreover, barcode detection can provide results of multiple analyte

reactions (*e.g.,* blood typing) that otherwise are difficult to achieve [89]. For a comprehensive review on thread devices, the readers are encouraged to read the suggested references: [77,79,80,84].

### *2.1.3. Other porous materials*

Similar to paper and thread, cloth also has a porous structure, thus most fabrication and analytical approaches used in the aforementioned porous materials can also be extended and exploited [90,91]. Colorimetric method is the most popular method used in µCADs due to its simplicity and independence on external analysis tools [92–95]. Electrochemical and chemiluminescence methods and their combination were explored as well [91,96–98]. Readers are encouraged to read more detailed review papers that summarizes fabrication, detection methods and performances of µCADs [28,85,99]. In addition, other low-cost materials have also been reported. For example, sponge was used for the detection of heavy metal ions in environmental samples [100], leveraging the strength of sponge structure and the coupling with other materials for better mechanical properties [101,102]. A few examples of the applications of lowcost porous materials are shown in Figure 3.1.



**Figure 1.3.** Materials used for the fabrication of low-cost porous (paper, thread, cloth, and sponge) microfluidic devices. A. Paper-based device [103]. B. Thread based device [104]. C. Cloth based device [105]. D. PMMA device using sponge in the outlet for sample collection [106]. The images show the structural differences between the porous materials. Cotton and cloth have more organized structures than paper and sponge.

### *2.1.4. Polymers and other materials*

Polymer is a type of material that consists of large molecules called repeating units (or mer) arranged in a periodic manner within the structure [107,108]. Nature has generously provided us many polymeric materials such as wood and rubber [109,110]. The paper cellulose described above is indeed a type of polymer composed of glucose units [111,112]. Moreover, many synthetic polymers have been recently invented for various purposes [113]. For example, plastic is a large family of polymers, including polycarbonate (PC), polyethylene (PE), polypropylene (PP), polyethylene terephthalate (PETE or PET), polyvinyl chloride (PVC), acrylonitrile-butadiene-styrene (ABS) and many others [107,113,114]. Oftentimes, to create microfluidic devices, the associated cost does not come from the materials themselves since they are cheap, instead, the fabrication methods such as photolithography that creates polymeric structures are responsible for the high cost [25,115]. In particular, PDMS is a popular polymeric material used in microfluidics [31,116,117]. It offers several advantages over other materials such as cost-effectiveness, good biocompatibility and transparency, favorable elasticity and flexibility, inertness to chemicals and permeability to gases [31,118]. To create PDMS based devices, soft lithography has been considered as a gold standard. Specifically, a mold with desired pattern is created first, and then the PDMS mixture is poured onto the mold allowing the curing over time to create PDMS replicas with identical patterns. Though the method itself is low-cost, the molds are made from complex conventional photolithography, for which a cleanroom is indispensable [37,119]. To reduce the cost and eliminate the needs of a cleanroom, other fabrication methods such as 3D printing and milling have been explored for mold manufacturing [48,120].

PMMA is another popular polymeric material used in microfluidics [121– 123]. As a thermoplastic, PMMA becomes pliable when heated up above the glass transition temperature. Therefore, similar to PDMS, PMMA devices can be made by molding, thus holding promise for mass production [122,124]. In addition, PMMA can be used as an UV-sensitive material on which the structures are created by the UV radiation [125]. Thin plastic films such as the double-sided tapes, PET films are also explored to create lab-on-a-foil devices [126,127]. Unlike the porous materials described above, the devices made on thin films are much similar to regular PDMS devices, on which microchannels

can be created and active fluid and particle manipulation technologies can be integrated [48]. Another important polymer that has been widely used nowadays are the photosensitive resins used in 3D printing techniques. Note that although traditional 3D printing resins possess good mechanical and physical properties, limitations still exist in terms of the molding performance if used as the molds and the biocompatibility for biology and medical purposes [128]. Other issues such as flow control issues, channel dimensional accuracy, solvent compatibility, surface roughness and low wettability are still the major concerns for broader applications [48,129], though several studies have reported novel photopolymer formulations (resins) capable of potentially addressing these issues [129,130]. More comprehensive reviews of 3D printing materials for microfluidic devices can also help the readers understand the current status and future perspectives for this hot field [48,131].

### *2.2. Low-cost fabrication methods*

The cost associated with the development of microfluidic devices is not completely related with the material selection, the processing methodology used as fabrication method can modify the price dramatically. For instance, a PDMS microfluidic device fabricated under conventional photolithography shall have a different price than the same device fabricated using 3D printing [31,51,121]. In this section, we will summarize the low-cost fabrication methods and provide a perspective of their advantages and limitations. Figure 4.1 shows examples of materials used for low-cost devices and their associated fabrication methods.



**Figure 1.4.** Materials used for the fabrication of low-cost non-porous microfluidic devices. A. Microfluidic device made from PDMS casted in a micromilled mold [132]. B. Organ on a chip using micromilling and laser cutting [133]. This time the micromilling was used for end-use platforms instead of being used for mold fabrication. C. Laser cutted PETE membrane [133]. D. Final assembled device [133]. E. 3D printed device made out of novel resin (Dowsil 732) that enables end-use devices [134]. F. Micromixer used to test Dowsil 732 [134]. G. Droplet generator used to test Dowsil 732 [134]. H. Laser cut microfluidic device made of PMMA and double-sided adhesive tape [135]. I. Final assembled device [135].

#### *2.2.1. Fabrication methods for porous materials*

Since uPADs, uTADs and uCADs have similar structures, they do share similar fabrication approaches [77,136]. One of the straightforward approaches is to cut paper into strips with desired dimensions, followed by loading essential reagents [70,80,137]. Here, the capillary action serves as the driving pump to spread samples from one end to another [71,138]. Hydrophobic fluid barriers can also be used to control the fluid flow in porous devices, turning a single piece of paper into a fluid managing platform [65,139,140]. Different printers can be used to create hydrophobic walls that confine the fluid transport in between, most printers are simple, inexpensive, and suitable for large volume creation (mass production) [37,70]. Inkjet printing is a popular printing fabrication technology, consisting of two main categories: powder based, or photopolymer based [141–144]. Using this technique, hydrophobic inks are used to create the channel walls on paper-based devices [64,145,146]. Note that inkjet printing is applicable for multiple types of paper, while laser printers provide rapid and large volume printing processes [71,147].

In addition, flexographic printing has also been used for creating µPADs. This method provides a continuous nature of fabrication, which is critical in mass production [148,149]. The screen-printing process has also been used yet it requires multiple steps and has low resolution [65,150–152]. Moreover, wax screen printing is a technology that combines the advantages of wax printing and screen printing, offering a simple 2-step process at much lower costs than traditional wax printing technology [151]. Wax printing has been widely used for creating channel walls in paper-based devices [153,154], however, there are still some limitations for this technology such as the difficulty

to create smaller size channels [48,155,156]. The solvents may also soak into the wax and paper boundaries, thus compromising the functionality of the device [157–160]. Using stamps (ink imprinting) and pen writing (handwriting) are easy yet non-precise techniques to pattern 2D channels [68,161,162]. Plasma treatment can also be used to pattern channels using handheld corona treater [38,163]. The cross-sectional area of porous devices can be adjusted to control the flow motion [65,164], it is possible to cut paper and cloth with different inexpensive tools (*i.e.,* scissors, razor blade) [37,68]. Those tools already exist in commercial versions, coupled to CNC machines and are able to execute a predefined cutting path based on the drawings [165–167]. Similarly, xurography (digital craft cutter) can be used to cut other materials (*e.g.,* polymeric sheet), as long as the material thickness is small [166,168,169].

### *2.2.2. 3D printing*

3D printing technology has proven to be a cost-effective method for prototyping and engineering studies [129,134]. With the improvements of 3D printers, filaments and CAD technologies, 3D printing has emerged as a great tool to create microfluidic devices [30,48,129]. Additive manufacturing constructs three-dimensional objects directly from the CAD designs using techniques such as fused deposition modeling (FDM) and stereolithography (SLA) [48,129,131]. Moreover, this technique allows for the fabrication of the final enclosed device directly from the resin and also for the development of PDMS molds using specific resins [121,129,170]. The printed parts may also be bonded to other substrates or 3D printed parts using adhesive tapes or treatments such as UV bonding [121,171,172]. Owing to the fact that 3D printing does not require a cleanroom setting nor the skilled personnel, this

method holds great promise for low-cost microfluidics, especially when nonconventional designs and multi-layered structures are needed [121,173,174]. However, current 3D printing techniques still have limitations such as clogging of the channels, poor quality of the surfaces and low resolution [129,170]. Despite having lower resolution than conventional cleanroom techniques, the resolution of 3D printers is already suitable for multiple microfluidic applications [129,170]. Although the selection of resins for printing transparent parts and molds is limited, with the rapid advances in this technology, 3D printing resins that promote better resolution, surface finishing and transparency would further enhance the capabilities of microfluidic devices; in fact, there are resins currently being developed with the specific purpose of fabricating microfluidic devices (*e.g.,* figure 4.1e) [170,175]. For further discussion on 3D printing technologies applied to microfluidic devices manufacturing, the readers are encouraged to review the following references: [39,129,170,175–178].

## *2.2.3. Micromilling*

Unlike 3D printing, micromilling is a subtractive manufacturing technique that removes the materials from the bulk to create the desired structures. The prepared parts can be bonded to a substrate to create the final enclosed microfluidic device [179,180], or it can be used as a mold for PDMS [181,182]. Similar to many other low-cost fabrication methods, micromilling does not require a cleanroom and is relatively fast, greatly expediting the manufacturing processes especially for prototyping tests [25,183]. Currently, many materials have been explored to create microfluidic devices using micromilling, among which PMMA and aluminum are two most popular materials [181–185]. The

micromilled molds made of aluminum can be used for casting multiple times, which could further reduce the cost of the final device [183,186].

On the other hand, micromilling has several limitations that should be considered. For example, the milling bits used in micromilling are prone to breaking especially when high resolution (*e.g.,* 25 µm) is required [187,188]. In addition, complex 3D features and designs may not be suitable for micromilling, even though customized milling bits may be able to create structures with preset shapes [181,189]. Micromilling only removes the materials from external surfaces, therefore bonding with other substrates is inevitable to create enclosed microchannels. The bonding could be done mechanically (*i.e.,* using screws), thermally (*i.e.,* bonding two PMMA plates when heated up), or using surface treatments and adhesives such as the tapes [190–193].

#### *2.2.4. Laser micromachining*

Laser micromachining has also been employed for low-cost microfluidics [133,194]. For example, CO2 laser is a widely used microfabrication method [71,123,195,196]. During the fabrication process, the laser energy is focused on the region of interest of the workpieces, causing the materials to melt and evaporate. Typically, a CO2 laser with a wavelength of 10.6 µm are used [133,194]. Indeed, sophisticated laser machine or reduced wavelength (*e.g.,* femtosecond lasers) can be applied to further improve the cutting resolution, yet these methods are not suitable for low-cost microfluidics since extra costs are inevitably required [197–199]. When it comes to the materials used in laser micromachining, both hard materials such as glass and soft materials such as PMMA, cyclic olefin copolymer (COC) and even paper could be used [200,201]. Note that to avoid the cracks caused by thermal stress, surface coating could

be applied on the glass slides [202] . In addition, laser micromachining can be used to create both molds and final devices after bonding [53,66,203]. The bonding and assembly techniques used for laser cut devices are similar to those used for micromilled devices [25,133,183,194].

#### *2.2.5. Other fabrication methods*

Thin plastic films can also be directly made into final devices via screen printing technology, or as simple as hand cutting [48,71]. Films and thin plastics can be fabricated at large scale using laminate manufacturing or roller imprinting [126,204]. Note that PMMA has been widely used in low-cost microfluidics, it has been used to create devices by micromilling, laser ablation, and by the injection molding [122,205], thus holding promise in mass production [122,124]. It is also worth mentioning that the methods such as roller imprinting, injection molding and hot embossing do require a high-resolution mold, which increases the initial cost but eventually can compensate towards low unit price [206–208]. Indeed, there are other fabrication methods explored for microfluidics, for example, microwire has been used to create devices but the performance is not as high as that of 3D printing [209,210]. Interested readers are encouraged to read the references [25,31,37].

**Table 1.1.** Advantages and disadvantages comparisons, and cost estimations for the aforementioned low-cost fabrication technologies.






### **3. Latest environmental applications**

In this section, we will review the latest low-cost microfluidic advancements in the field of environmental monitoring. There are three main subsections to summarize and discuss the devices used for water, air, and soil contamination detection.

### *3.1. Water quality monitoring*

Effective water quality monitoring and assessment are of great importance and essential to public health. Low-cost microfluidic devices offer competitive performance as compared to sophisticated equipment in centralized laboratories yet are more cost-effective and provide simpler operation and more rapid analytical analysis [34,223]. As a result, much effort has been made to develop more effective and low-cost microfluidic devices for efficient water quality monitoring for the assessment of different types of contaminants. This section provides the readers with an overview of the most recent advancements in this regard.

# *3.1.1. Heavy metal pollutants*

Heavy metal pollution in water has received increasing attention over the past decades [36,224,225]. It is reported that even at low concentrations, these contaminants can pose a great threat to the aquatic environment, ecosystem, and human health [119,226]. Given such growing concerns, low-cost microfluidic devices can be an affordable tool for continuous water monitoring regarding heavy metal contamination worldwide. The burgeoning advancements are distinct as evidenced by continuous developments made over the past years, with many applications built on top of paper microfluidics

[36]. To name a few, Wang et al. developed a μPAD with high detection accuracy and selectivity for lead ions (Pb2+) in drinking water. The device realized rapid visual quantitative detection by examining the extension length of the color bar in the particle dam [227]. A similar device was designed to quantify silver (Ag+) contamination in freshwater, and it was reported to have a detection limit of 453.7 nM, high selectivity, and a high recovery rate of 96.8% [228]. Jarujamrus et al. developed a μPAD to detect mercury (Hg2+) in various water samples with the ability to instantly report Hg2+ concentration on-site by using a smartphone. The smartphone analyzer is responsive and user-friendly, which has enabled unskilled users to use this device to conduct sample analysis [229]. Similar applications used μPADs for the detection of Cu2+ [230,231].

Besides the detection of a single type of heavy metal, μPADs were also developed for the identification of multiple heavy metals simultaneously. Khoshbin et al. developed a paper-based aptasensor to detect Ag+ and Hg2+ within 10 minutes based on conformational changes of Ag+ -and Hg2+ specific aptamers. The concentration of the ions can be indicated by fluorescence recovery rate, with a limit of detection of 1.33 pM for Hg2+ and 1.01 pM for Ag+ [232]. Idros et al. used a μPAD to detect several major heavy metals, including Hg2+, Pb2+, Cr3+, Ni2+, Cu2+, and Fe3+ by applying different ligands loaded onto the test paper [233] (Figure 5.1a). Similarly, Kamnoet et al. capitalized on the colorimetric assays to identify multiple heavy metals including Cu2+, Co2+, Ni2+, Hg2+, and Mn2+ with a corresponding limit of detection of 0.32, 0.59, 5.87, 0.20, and 0.11 mg/L, respectively [153].

The porous nature of papers and capillary driving can limit associated fluid and particle manipulation. Herein, other materials such as polymers are also applied to fabricate microfluidic devices for more accurate heavy metal detection. For example, an epitaxial graphene sensor was combined with a 3Dprinted microfluidic chip to detect Pb2+ and Cd2+ [224]. In another study, a porous conductive carbon cloth was integrated with a microfluidic device to desalinate and recover valuable metal ions (Cu2+, Zn2+, Ni2+, Ag+, and Zn2+/ Cu2+ mixtures) from wastewater samples [234]. Ding et al. successfully conducted heavy metal analysis by using a sponge-based microfluidic device that was integrated with ion-selective electrodes for sampling heavy metal ions (Cd2+ and Pb2+) and non-metal clinically related chemical ions, namely K+, Na+, and Cl− [235] (Figure 5.1b). Furthermore, a combined μCPAD was developed to detect mercury and lead ions in water samples. The groups used cloth's ductility and durability to endure the oscillation during fabrication to improve the producibility and life span of the device [227].

# *3.1.2. Non-metallic pollutants*

Non-metal substances are more abundant pollutants in water and are highly complex by nature. Nowadays, portable microfluidic devices are playing a critical role in water quality analysis for a large variety of toxins, such as pharmaceutical residues, due to their many advantages [119]. Scala-Benuzzi et al. developed an electrochemical paper-based immunocapture assay (EPIA) to assess Ethinylestradiol quantitively in water samples. It was reported the test achieved a low detection limit of 0.1 ng/L and a linearity range of 0.5–120 ng/L [236]. In another study, chlorpyrifos pesticide was detected by using a lipaseembedded paper-based device [237]. The limit of detection and limit of

quantification was found to be 0.065 mg/L and 0.198 mg/L, respectively. Interestingly, the wash water of cauliflower, grapes, coriander leaves, brinjal, and bitter guard could be used as samples [237]. Jemmeli et al. developed a highly sensitive paper-based electrochemical sensor to detect bisphenol A (BPA) in drinking water [238]. Mako et al. developed a μPAD to detect nitrite levels in drinking water [239]. Peters et al., developed a μPAD to monitor total ammonia levels in freshwater [240]. Similarly, μPAD was used for detecting phosphate in water samples [241,242]. Besides paper-based devices, Carvalho et al. developed a fully 3D printed thread-based microfluidic device to detect Nitrite in well water samples with high precision [243]. Caetano et al. developed a textile thread-based microfluidic device combined with an electrochemical biosensor to detect phenol concentration in tap water [149].

It is worth noting that, among all the non-metallic pollutants, microplastics have been drawing lots of research attention recently. Microfluidic devices can benefit microplastic-related research in many ways, such as microplastic identification and separation. However, only a few low-cost microfluidic devices have been developed for these applications. Pollard et al. developed a low-cost and high-throughput three-dimensional printed microfluidic resistive pulse sensor for characterizing algae with spherical and rod structures as well as microplastics from tea bags. The device can rapidly screen liquids at a volume rate of 1L/min in the presence of microplastic and algae [244] (Figure 5.1c). Mesquita et al. developed a 3D printed microfluidic device for microplastic identification that improved the Nile Red staining process [245]. It is suggested that researchers use the full potential of low-cost microfluidic devices to achieve reproducible and reliable long-term assessment of environmental microplastics.

#### *3.1.3. Waterborne microorganisms*

The presence of waterborne pathogens can cause severe illnesses. Continuous monitoring and in-situ studies of waterborne microorganisms are another rapidly growing research interest. In a recent study, Yin et al. developed a 3D-printed integrated microfluidic chip for colorimetric detection of SARS-CoV-2 and other human enteric pathogens in wastewater. The sensitivity of detection was reported to be 100 genome equivalent (GE)/mL for SARS-CoV-2 and 500 colony-forming units (CFU)/mL for other targeted human enteric pathogens [246] (Figure 5.1d). Schaumburg et al. designed a μPAD for waterborne bacteria detection which consists of two sequential preconcentration steps. The detection limit of concentration was as low as 9.2 CFU/mL in laboratory samples and 920 CFU/mL in apple juice samples within ∼90 min [247]. Several studies successfully used μPAD and 3D printed microfluidic devices to detect E. coli in various water samples and achieved low detection limit, high sensitivity, and quick analysis [226,248–250].



**Figure 1.5.** Low-cost microfluidic platform for water quality monitoring. A. Detection of Hg2+, Pb2+, Cr3+, Ni2+, Cu2+, and Fe3+ by applying different ligands loaded onto the test paper [233]. B. Detection of heavy metal ions (Cd2+ and Pb2+) and non-metal clinically related chemical ions, namely K+, Na+, and Cl− with a sponge-based device [235]. C. Characterizing algae with spherical and microplastics from tea bags with a 3D printed device [244]. D. Detection of SARS-CoV-2 and other human enteric pathogens in wastewater with a 3D printed device [246].

# *3.2. Air quality monitoring*

Monitoring and controlling airborne microparticles are drawing attention due to the decreasing air quality across the globe. Microfluidic devices have proven the ability to sort and separate microparticles effectively, which shall be used in air quality monitoring for particle trapping and real-time concentration analysis. In this section, recent applications of low-cost microfluidic devices in the assessment of airborne micro particles are discussed.

# *3.2.1. Metallic and non-metallic pollutants*

Airborne metal particles are one of the most representative harmful elements. Several studies have used μPAD to detect some typical airborne metal particles. Sun et al. developed a μPAD that realized on-site multiaxial quantification of airborne trace metals by implementing unmanned aerial vehicle in-air sampling (UAV). Data can be easily processed by a smartphone within 30 minutes [251]. The same group later applied graphene oxide (GO) coating onto the paper and improved the detection limits for Fe, Cu, and Ni to 6.6, 5.1, and 9.9 ng respectively, which is comparable to the commercial coupled plasma (ICP) instruments [252] (Figure 6.1a). Jia et al. successfully used a μPAD to detect cobalt (Co), copper (Cu), and iron (Fe) in ambient air and street sediments with detection limits of 8.2, 45.8, and 186.0 ng [253].

Unlike water applications, only a few devices used low-cost microfluidic devices for the detection of non-metallic airborne pollutants. For example, Guo et al. developed a smartphone-based microfluidic sensor to detect gaseous formaldehyde in the ambient. The microfluidic chip consists of two reagent reservoirs, a reaction reservoir, and a mixing column. The PTFE membrane was used to prevent the fluid from flowing out while the gas molecules enter. The system showed great selectivity against other ambient gas [254]. Zhao et al. developed a 3D printed based microfluidic impactor for particular matter classification and concentration detection [255] (Figure 6.1b). However, most of these applications used costly fabrication techniques, such as photolithography, and the integration with multiple sensors also increased the overall cost [256].

# *3.2.2. Airborne microorganisms*

Dias et al. used a μPAD to detect levoglucosan concentration in the ambient with a colorimetric method. The linear detection range is 0 to 64.8 μg m/L and the detection limit is 2 and 6 μg m/L. The device showed selectivity for levoglucosan with variation in colorimetric signal intensity lower than 8% [257] (Figure 6.1c). Seok et al. developed a μPAD combined with a 3D printed analysis kit for detection of airborne bacteria by collecting aerosols [258] (Figure 6.1d).



**Figure 1.6.** Low-cost microfluidic platforms for air quality monitoring. A. Quantification of airborne trace metals, such as Fe, Cu, and Ni with μPAD [252]. B. Particular matter classification and concentration detection with a 3D printed device [255]. C. Levoglucosan concentration detection in the ambient air with μPAD [257]. D. Detection of airborne bacteria with μPAD and a 3D printed device [258].

### *3.3. Soil quality monitoring*

Soil is home to many types of microorganisms and nutrients and contains many types of toxic pollutants. Simplified detection methods and analysis devices for soil quality management are beneficial to agricultural development, ecosystem, and human health. This section reviews the recent applications of low-cost microfluidic approaches used for soil quality assessments.

#### *3.3.1. Heavy metals and non-metallic pollutants*

Ding et al. used an acidified μPAD integrated with potentiometric sensors for the detection of multiple heavy metal ions in the soil, street run-off, and multiple environmental samples [235] (Figure 7.1a). Similarly, an eco-friendlier metal-modified μPAD was developed for the same purpose [101] (Figure 7.1b). Xi et al. developed a centrifugal microfluidic system for pyrene extraction from soil [259]. A similar centrifugal microfluidic device was also used for the detection of pesticide residues in vegetables and soil [260]. Other soil nutrients can be detected using colorimetric microfluidic devices, most of these applications used μPAD, 3D printed devices, and a combination of low-cost fabrication techniques [261].

#### *3.3.2. Soil microorganisms*

With the advantages of microfluidic platforms, the development of soil-ona-chip has been growing to study soil biofilms and microorganisms' ecological and biological impacts [262,263] (Figure 7.1c). However, challenges and limitations still exist, such as the controlling of hydrophilic and hydrophobic surfaces in PDMS based devices, which highlighted the potential benefits of using porous membrane microchannels, which are normally fabricated with low costs.



**Figure 1.7.** Low-cost microfluidic platform for soil quality monitoring. A. Detection of multiple heavy metal ions using acidified μPAD [235]. B. Detection of multiple heavy metal ions using metal modified μPAD [101]. C. Soil-on-chip concept [262].

# *3.4. Other microfluidic platform environmental applications*

Microfluidic devices can be used for many other environmental applications. The burgeoning demand for reliable and reproducible devices that can be mass-produced makes low-cost microfluidic approaches more appealing. Readers are encouraged to read review papers in this regard and further implement low-cost fabrication techniques by combining different methodologies or converting existing designs to low-cost versions [12,15,264]. Table 2 summarizes the low-cost microfluidic platforms for environmental monitoring mentioned in this review regarding their substrate material, fabrication method, detection methods, and significant contributions and results.

<b>Applications</b>	<b>Substrates</b> (fabrication)	<b>Detection</b> technique	<b>Contributions and results</b>	<b>References</b>
Detection of Hg <sup>2+</sup> concentration in water samples	µPAD	Colorimetric	High sensitivity; low LOD (0.003 mg/L, 3SD blank/slope of the calibration curve); small sample volume uptake; short analysis time	[229]
Detection of Cu <sup>2+</sup> concentration in water samples	µPAD	Colorimetric	Can be adapted to measure a wide range of Cu concentrations (from approximately 20 to 500 000 ppb)	[230, 231]
Detection of Ag <sup>+</sup> and Hg2+ in water samples	µPAD	Fluorescence recovery changes from reaction with GO surface	LODs of 1.33 and 1.01 pM; rapid analysis	$[232]$
Detection of $Hg^{2+}$ , Pb <sup>2+</sup> , Cr <sup>3+</sup> , Ni <sup>2+</sup> , $Cu2+$ , and Fe <sup>3+</sup> in water samples	µPAD	Colorimetric	Integration of digital image processing with color calibration technique and paper-based sensor	$[233]$
Detection of $Cu^{2+}$ , $Co2+, Ni2+, Hg2+,$ and $Mn^{2+}$ in the water sample	µPAD, wax printing	Colorimetric	Lowest detectable concentrations of 0.32, 0.59, 5.87, 0.20, and 0.11 mg/L for	$[153]$

**Table 1.2.** Summary of environmental applications using microfluidic technologies.











### **4. Discussion and conclusion**

Low-cost microfluidic technologies have grown over the years, especially because the materials and fabrication methods summarized here are useful to aid places with limited resources, proving to be a reliable substitute to expensive equipment and complex operation processes [37,265]. Among all the low-cost devices, paper is one of the most widely used, given its high availability and easy manufacturing techniques [68,70]. In addition, porous devices are attractive because they are user friendly, its capillary nature made it possible to eliminate the dependency on external flow control equipment (*i.e.,* no necessity of pumps), easing the operation [70,71]. However, porous devices lack the ability to provide equivalent abilities in fluid and particle manipulation as non-porous devices due to the passive nature of fluid wicking [70,121].

In addition, a variety of methods have been successfully used to create polymeric devices, including 3D printing, micromilling, laser cutting, xurography, injection moulding, and hot embossing [121,133,183,218,222]. Specifically, 3D printing has emerged as an inexpensive fabrication approach, providing acceptable resolution that is beneficial for the creation of complex microchannels [121,266]. Xurography employs a knife cutter to cut structures in the materials, this simple method is useful for the fabrication of rapid tests through the employment of laminated devices [165,169,267]. However, the resolution is highly limited by the blade sizes and the method lacks the capabilities to fabricate thick devices [133,194,218]. Laser micromachining has its resolution heavily reliant on the laser quality and wavelength, in order to increase the resolution, expensive lasers are

necessary, limiting its applications in low-cost microfluidics [71,196,268]. Mass production remains a key approach to reduce the final cost of a single unit, in this regard, several methods such as injection molding and hot embossing are good candidates [115,221].

Despite great achievements made over the past years for low-cost microfluidics, current devices still do not possess competitive performance compared to devices made using traditional methods especially those based on the clean room fabrication techniques. In summary, the selection of the most appropriate material for certain applications is critical to achieve the desired performance for microfluidic devices. Though there is a large pool of potential materials available for selection, the goal of achieving low-cost, good quality, and efficient high-volume production remains to be the challenging triple constraints for creating a more competitive force for low-cost microfluidics regarding capability, reproducibility, and sustainability [170,269].

Environmental monitoring is a field that demands costly analysis techniques and have been benefited from low-cost microfluidic devices [270,271]. Water quality monitoring is an important application of low-cost microfluidic devices, as freshwater management is essential to human life, although still limited in some places [10,272]. In case of water contamination, low-cost microfluidic devices can assist tracking diseases since multiple tests can be performed using disposable or reusable devices (*e.g.,* Covid on wastewater using 3D printed devices [246]). Instead of outsourcing tests, it is possible to continuously monitor water quality using portable tests [273,274]. Heavy metal detection in water samples using

paper-based devices have been demonstrated in different devices: multiple heavy metals in coastal waters [275]; in situ cadmium [276] and mercury [272] detection, indicating that most heavy metals can be identified using low-cost devices. Micromilling and 3D printed devices were explored for heavy metal detection [224,277] and though these devices were successful experimentally and demonstrated enough accuracy to be used in the lab, the dependency on external pumping systems and trained personnel still limits their market potential. When it comes to processing samples with large volumes, injection molded devices have emerged as a major player. For example, the detection of E. coli in earlier stages was performed using an injection molded device capable of processing 100 mL of water [248].

Air and soil quality are other important fields of environmental monitoring due to their direct relation with humans [278,279]. Different µPADs have been developed for heavy metal detection in soil street run-off samples [235], and air samples [253]. Non-porous technologies have also been used for soil analysis, such as centrifugal microfluidic device for the detection of pesticide residues in vegetables and soil [259,260]. Despite many successful applications in the air and soil monitoring areas, as evidenced in research publications, low-cost devices have yet to be widely commercially available in the market due to complexity of air and soil samples [271,280]. Samples are normally filtered and washed, which is time consuming (especially for air samples, which have to be captured in open space) hindering the use of low-cost technologies by the general public [251,281]. Though microfluidic devices have been widely used for environmental applications,

not all devices can be considered user-friendly and low-cost [25,37]. Especially for air and soil environmental analysis, as discussed above, this can be mainly due to the sample pre-processing and device operation (*e.g.,* pump operation in 3D printed devices). More applications related to air and soil quality monitoring are encouraged and should be developed. Most of the low-cost devices reviewed in the paper used colorimetric detection method [68,80,282]. Though water is related to a lot of applications, there is a lack of standardization that could be beneficial to boost commercialization.

Cost reduction is critical to expand the usage of microfluidic devices in environmental monitoring. A combination of a few low-cost techniques (hybrid devices) was attempted for different purposes and should be further explored [120,129,136]. Hybrid devices can take advantage of commercially available technologies [120,129,227]. Smartphones have been used along with low-cost microfluidic devices to enhance accuracy and overall performance [242,246,283]. Smartphones were coupled with paper-based inkjet-printed devices for Cr3+ and Al3+ identification on water [284], as well as Pb2+ [285]. For the case of air quality control, drones were used to collect samples in different location and heights and used smartphones for data processing within 30 minutes at a cost of \$1.92 [251]. The samples still needed to be pre-processed with acid solutions for final analysis, showing that this step requires more simplification. A filtration system was developed to be used in the field (hand powered), which is a good option to substitute pumping systems in devices that do not require flow rate precision [230]. With the advantages of microfluidic platforms, the development of soil-on-a-chip

devices has been growing to study soil biofilms and ecological and biological impacts of microorganisms, which is of fundamental importance for the constant development of novel and better performing agricultural practices [262,263]. Overall, low-cost microfluidic devices have proven their capability to perform environmental monitoring assessment, furthermore, low-cost microfluidics have been contributing to the worldwide spread of microfluidic technologies, indicating that researchers should keep innovating towards more reliable cost-effective devices [262,271,272].

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# **CHAPTER 2. A low-cost microfluidic method for microplastics**

## **identification: Towards continuous recognition**

by

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#### **ABSTRACT**

Plastic pollution has emerged as a growing concern worldwide. In particular, the most abundant plastic debris, microplastics, has necessitated the development of rapid and effective identification methods to track down the stages and evidence of the pollution. In this paper, we combine low-cost plastic staining technologies using Nile Red with the continuous feature offered by microfluidics to propose a low-cost 3D printed device for the identification of microplastics. It is observed that the microfluidic devices indicate comparable staining and identification performance compared to conventional Nile Red staining processes while offering the advantages of continuous recognition for long-term environmental monitoring. The results also show that concentration, temperature, and residency time possess strong effects on the identification performance. Finally, various microplastics have been applied to further demonstrate the effectiveness of the proposed devices. It is found that, among different types of microplastics, nonspherical microplastics show the maximal fluorescence level. Meanwhile, natural fibers indicate better staining quality when compared to synthetic ones.

## **1. Introduction**

It has been estimated that the ongoing COVID-19 pandemic has exceedingly increased the demand for the use of plastics [1]. As of August 23, 2021, more than 8.4 million tons of pandemic-associated plastic debris was released to the oceans [2]. Among them, most of the plastic debris is microplastics with a size smaller than 5 mm [3,4], and it can be classified into primary and secondary microplastics. Generally, primary microplastics are the microscopic plastics that were intentionally made small (*e.g.,* microbeads used in cosmetics) [5–7], while secondary microplastics are particles resulting from the breakdown of macroscopic pieces due to the conjoint environmental effects (*i.e.,* photo-oxidation, hydrolysis, microorganism degradation, mechanical shear, *etc.*) [8,9]. Despite the fact that a variety of plastic types have been identified in microplastics, most of the microplastics in seawater originate from packaging materials (*e.g.,* polyethylene, and polypropylene) [10]. Owing to their small density, these microplastics tend to float on the surface of water, thus they can spread worldwide (in opposition to denser plastics that tend to settle down) and are more difficult to remove [11,12].

Nevertheless, current understanding of the plastic pollution in terms of the quantity, type, lifetime, and associated health effects largely remain unknown. As a result, microplastic separation and identification serves as an important approach to providing evidence and metrics of the pressing environmental issues caused by plastic pollution [13]. For example, worldwide microplastics assessment is possible to identify hot pollution spots and determine the historical trends which may lead to novel strategies for fighting debris spread [14–16]. At present, quite a few identification techniques have been explored for microplastic identification. Among them, common methods include visual inspection, Fourier-transform infrared spectroscopy (FTIR), Raman spectroscopy and scanning electron microscopy (SEM) [17,18]. Despite their effectiveness, these techniques, except visual inspection, rely on expensive apparatus and time-consuming detection methods that are limited to trained personnel, thus hindering the expansion of these methods for high-throughput detection [19–21].

As a result, visual inspection, though not as effective as other sophisticated counterparts, is still widely applied for faster recognition [22,23]. Currently, a variety of sampling and identification technologies have been used to improve the performance of visual inspection, of which a commonly used one is the combination of filtration and staining [24,25]. However, filtration often leads to false positives due to potential interference from organic matters in the samples [26,27]. More importantly, its performance is highly reliant on the size of the filters, thus limiting its capabilities in sampling small microplastics. In addition, particles are also prone to adhere to the filters, resulting in ineffective separation of the microplastics for identification [28,29]. In addition, staining of the microplastics relies on staining agents that turn microplastics into prominently visible particles [30,31]. Currently, it is unsurprising that quite a few staining agents (*e.g.,* Rhodamine B, Rose Bengal, Trypan Blue, *etc.)* have been explored for this purpose. Among them, Nile Red was reported to be one of the most effective agents due to its favorable binding performance with lipophilic substances [30,32,33].

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Nevertheless, the focus of current studies on microplastic staining and identification has been largely given to batch-by-batch or case-by-case analysis [25,34–36]. Therefore, sample collection is still inevitable and remains a timeconsuming step in the whole sampling process. Moreover, temporal information is hardly achievable. Given the needs of acquiring in-depth studies of microplastic pollution in oceans and other water bodies, long-term monitoring or continuous monitoring is essential and a low-cost, simple while effective method should be developed. Thanks to the burgeoning developments of the microfluidic technologies over the past decades, microfluidic devices can be a promising solution to address this need due to its powerful particle control capabilities and the ease of integration in modern electronic systems [37,38]. For example, microfluidics has been used for long-term monitoring of algae in the past [39]. Tumor responses to hypoxia conditions were also analyzed continuously in a microfluidic platform [40]. Indeed, microplastic identification is also not a new research area for microfluidics [41,42], yet to the best knowledge of the authors, microfluidics has not been applied for long-term microplastics assessment and we believe the combination of low-cost Nile Red staining and microfluidic fluid control would provide a novel venue to confront the ever-deteriorating plastic issues without complicated analysis and costly instrumentations. Low-cost fabrication methods such as 3D printing and molding can be applied to further minimize the cost associated with this method, and the miniaturized devices may also be integrated in the monitoring stations near seashores, along with data collection of other water quality metrics on a continuous basis.

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Herein, we further explored the staining capabilities of Nile Red through a microfluidic device capable of continuously staining microplastics for rapid identification. The proposed device has two inlets for respective Nile Red and sample injection (Figure 1.2A), and a serpentine channel that allows for sufficient mixing of the staining agent and the sample. In this paper, we studied the effects of dominating parameters on the identification performance, including Nile Red concentration, temperature, and residency time. Note that prior to performing microfluidic studies, static studies that resemble traditional Nile Red staining processes were adopted and served as a baseline for comparison.

#### **2. Materials and Methods**

In this paper, the process of static microplastic identification using Nile Red was carried out without a filter. Specifically, the staining Nile Red solution was added directly into an Eppendorf tube containing the microplastics sample and placed inside an oven (Figure 1.2B). On the other hand, microfluidic experiments followed a similar procedure: mixing Nile Red and microplastics in the device (which was placed inside oven). Since the mixing process is passively induced without human operation, this process holds promise for continuous staining.



**Figure 2.1.** Schematic illustration of the staining processes studied in this paper. A) process of microfluidics-based continuous staining of microplastics using Nile Red. B) process of static staining of microplastics. Compared to microfluidic staining, the static process is laborious as it requires multiple batches and manual operation.

### *2.1. Nile Red preparation*

The staining solution was prepared by dissolving Nile Red (technical grade, N3013, Sigma-Aldrich) in methanol to different concentrations. We have considered the limit of solubility of Nile Red in methanol (1 mg/mL) to be the stock solution for further dilution, from which the solution was diluted into 50X, 100X, 250X, 500X, and 1000X samples.

## *2.2. Microplastics sample preparation*

In this paper, lab-prepared and commercially available microplastics were adopted in lieu of naturally formed microplastics. More specifically, microspheres made of polyethylene (PE), ranging from 10 - 45 µm (Cospheric, Inc.) were applied to determine the optimal parameters for staining. Other plastics including the microspheres made of polystyrene (PS) with sizes from 9.5-11.5 µm (Cospheric,

Inc.), cotton and acrylic fabric acquired from clothing, polypropylene (PP) and nonspherical PE prepared from plastic storage containers were also applied to test the versability of the proposed method. All the samples were mixed with deionized (DI) water prior to staining. Note that commercial microspheres were diluted in a concentration of 10 mg/mL, while the other samples were diluted to 1 mg/mL, that is because the commercial particles were more available than the ones obtained from other sources.

#### *2.3. Static experiments*

To prepare the samples for static experiments, 100 µL of Nile Red solution was thoroughly mixed with 100 µL of PE microplastics solution inside an Eppendorf tube, followed by baking inside an oven (Quincy Lab, model 10). On the other hand, all static experiments were performed using PE microspheres. To investigate the effect of Nile Red concentration on staining performance, different concentrations were tested: 100X, 250X, 500X, and 1000X; in addition, different temperatures (*i.e.,* 25, 40, 50, 60, 70, and 80 °C) were applied to study the effects of temperature. All the samples were placed inside the oven for 10 minutes, and analysis was conducted immediately after baking.

#### *2.4. Microfluidic experiments*

To create the microfluidic devices, soft lithography, a commonly used method in microfluidics, was applied. Specifically, a 3D printer (CADWorks 3D, µMicrofluidics edition) was used to create the molds for casting polydimethylsiloxane (PDMS) to obtain the final devices. After curing the PDMS mixture in an oven over night at 65 °C, a corona treater (BD-20AC Laboratory

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Corona Treater) was used to permanently bond the device onto a glass slide. Finally, the device was placed inside the oven and a syringe pump (Chemyx, Fusion 200) was used to run the samples as well as the staining agents inside the device.

#### *2.5. Sample observation*

For both static and microfluidic staining, an inverted microscope (Zeiss Axio Vert.A1) was used. To visualize the fluorescent signal from the samples, an illumination system (Excelitas X-Cite mini+) with a wavelength of 365 nm was used. All the images were recorded using a camera attached to the microscope (Phantom VEO E310L). ImageJ (https://imagej.nih.gov/ij/) was used to analyze and quantify the results. Each experiment was performed four times for statistical analysis. We have not filtered the particles prior to observation, instead, we have directly placed a droplet of the diluted sample on top of a glass slide.

#### **3. Results**

#### *3.1. Static results*

It is worth mentioning that high concentration Nile Red can lead to undesired aggregation [43,44], which may clog microfluidic channels and mask signals from stained microplastics. Moreover, the aggregation may destroy the samples into unrealistic microplastics (once aggregated the original size and shape are lost) and induce misleading conclusions [45,46]. We have observed that aggregations occurred for Nile Red solutions diluted up to 50X. Therefore, Nile Red solutions diluted to a minimum of 100X were used in our experiments to guarantee that no

induced aggregations would happen. Figure 2.2 illustrates how aggregation occurs over time. Specially, 50X Nile Red solution was placed onto a glass slide containing PE microspheres, and aggregation process was recorded at 3000 fps. Figure 2.2A shows the initial frame (0.0003 s), it is possible to observe that particles are separated. The other images show the subsequent frames (from 0.0006 s to 0.0013 s), where the aggregation is showed. In this image it is possible to see how fast aggregations are induced in microplastics due to the excess of Nile Red. Also, the original features of the particles are lost, if someone were to study the size distribution or the shape of this sample, the outcome would certainly not be accurate due to the aggregation.



**Figure 2.2.** Aggregation induced due to high Nile Red concentrations. A) First frame (0.0003 s) – Moment in which the Nile Red solution is placed on the glass slide right after the preparation; B) Second frame (0.0006 s) – Beginning of the aggregation; C) Third frame (0.0010 s) – Initial particle clusters can be observed; D) Fourth frame (0.0013 s) – Higher levels of aggregation are observed; Scale bars are 100 µm.

Once the threshold for the Nile Red concentration was defined, static experiments were conducted to determine the effects of Nile Red concentration, and temperature on staining efficiency. It was already known that temperature, residency time and ambient lights were important for the staining quality, however, no systematic study was available [30,47]. We have observed that for an infinitely long time (72 hours) the highest pixel intensity of a sample containing 100X Nile Red at 25 °C is 150, thus we defined this intensity to be the reference for results normalization (all results shown in this paper are normalized with respect to this result). Figure 3.2 shows the results for the concentration and temperature static analysis, indicating that higher concentrations associated with higher temperatures provide better staining results, which is in accordance with the results from other groups [47,48]. However, it is difficult to identify relevant fluorescent signal at 25°C, thus we have added arrows to indicate the particle positions.



**Figure 2.3.** Effect of Nile Red concentration and temperature for static samples placed inside the oven for 10 minutes. A) Graph showing the influence of different Nile Red concentrations and oven temperatures on staining performance; B) PE microspheres stained using 100X Nile Red at 25 °C; C) PE microspheres stained using 100X Nile Red at 80 °C; Scale bars are 100 µm.

Following the concentration and temperature experiments, we determined the effect of time on the staining quality (Figure 4.2). To do so, samples were kept inside the oven at a fixed temperature and Nile Red concentration, varying only the time. Since the previous results indicate that 100X and 250X Nile Red solutions at 80 °C are the most prominent combinations, thus these parameters were chosen along with variation in time: 5, 6, 7, 8, 9, 10, 11, and 12 minutes. As shown in Figure 4.2A, after 10 minutes, no significant changes in fluorescence level were observed, which means that this is enough time to extract the maximum

performance from the staining agent. Figures 4.2B and 4.2C show the differences between the minimum and maximum staining time, where it is possible to observe that more time produces stronger fluorescence signal in the particles.



**Figure 2.4.** Effect of time for 100X and 250X Nile Red solutions at 80 °C. A) Graph showing the influence of time; B) PE microspheres stained using 100X Nile Red for 5 minutes; C) PE microspheres stained using 100X Nile Red for 12 minutes; Scale bars are 100 µm.

## *3.2. Microfluidic results*

As aforementioned, microfluidics holds great potentials in providing continuous monitoring of microplastics in various water bodies. In this section, we applied the parameters under optimal conditions obtained from static experiments to explore the possibilities of using microfluidics for continuous microplastic identification.

As aforementioned, concentration and temperature are important parameters, thus their optimized values were adopted for the microfluidic device. When it comes to the flowing conditions, residency time becomes another important parameter which is subject to the external devices (*i.e.,* syringe pump). In this paper, the total microchannel length was 400 mm, and its cross-sectional area was 2x2 mm. Using this design, we could achieve 5, 6, 7, 8, 9, 10, 11, and 12 minutes of residency time by applying corresponding flow rates of 7.82, 6.52, 5.58, 4.89, 4.34, 3.91, 3.55, and 3.26 µL/min, respectively. Note that the microfluidic device was placed inside the oven while the syringe pump was kept outside. The input and output hoses were long enough to enable for sample collection and syringe manipulation outside the oven. Figure 5.2 shows the set-up arrangement.



**Figure 2.5.** Operational set-up for microfluidic staining. A) Microfluidic device placed inside oven with inlet and outlet tubings; B) Photo of the mold used for PDMS casting; C) Photo of the final bonded device.

From the information acquired during the static experiments, we have performed the microfluidic experiments with the most promising configurations with respect to concentration and temperature (*i.e.,* 100X and 250X; at 80 °C). Different flow rates were tested to compare the performance of static and microfluidic staining regarding the residency time. As expected, lower flow rates provided better results, which is in accordance with the static experiments [46,49]. Nonetheless, it is possible to observe that for the lowest flow rate (and highest residency time) the static staining had superior fluorescence levels (~ 37% higher). This behavior could be attributed to the lower mixing quality governed by diffusion inside the device, since the static samples were actively shaken prior to oven insertion [50–52]. Even though the microfluidic results exhibited lower fluorescence levels compared to the static experiments, it provides passive mixing and staining without tedious and time-consuming manual sample preparation. Nonetheless, it is worth mentioning that for higher flow rates, identification becomes difficult due to low fluorescence levels arising from short residency time. Figure 6.2 shows the results for microfluidic staining of the PE microspheres.



**Figure 2.6.** Microfluidic staining. A) Effect of flow rate for fixed temperature; B) PE microspheres stained using 100X Nile Red at 5.58 µL/min; C) PE microspheres stained using 100X Nile Red at 3.26  $\mu$ L/min; Scale bars are 100  $\mu$ m.

Besides PE microspheres, we further demonstrated the capabilities of our device for identifying other types of plastic. In this regard, multiple types of microplastics were applied, including microspheres (PS), fibers (cotton and acrylic), plastic parts scratched from storage containers (PP and PE). Moreover, yeast was adopted as a model of potential organic particles in seawater. Figure 7.2 shows

the results of microfluidic staining for these samples. Note that PS microspheres showed better results when compared to the PE microspheres stained by the microfluidic device. Amongst the fibers, cotton indicated stronger fluorescence levels compared to acrylic, yet both were identifiable. Surprisingly, we found that all results obtained using PP and PE samples indicated the highest pixel intensity (*i.e.,* 255, though larger than the threshold, it is indeed a strong indicator). However, as a recognized downside of staining identification, our method still suffers from the incapabilities of distinguishing microplastics from other natural particles, which can be seen from the results obtained using yeasts. It showed comparable fluorescence levels with respect to the plastics, highlighting the necessity for eliminating organic matter prior sample analysis. Nevertheless, our results have demonstrated that continuous staining is achievable in microfluidic devices.



**Figure 2.7.** Microfluidic staining for different plastics and yeast. A) Fluorescence levels for different microplastics and yeast; B) PS microspheres; Scale bar is 50 µm; C) Cotton (natural fiber); D) Acrylic (synthetic fiber); Scale bars are 1 mm; E) PP from storage container; Scale bars are 50 µm. F) PE from storage container; Scale bars are 50 µm. G) Yeast; Scale bars are 50 µm.

## **4. Discussion**

In this paper, we have presented a novel microfluidic identification method towards the continuous recognition of microplastics in water. Our method

combines the Nile Red staining protocols with the high-throughput advantages imposed by microfluidics [45,47,51]. We acknowledge that the flow rates used must be small in order to achieve reasonable residency time, which has a negative effect on the throughput; however, the use of multiple (parallel) devices is feasible (especially due to its miniaturized size) which can enhance the throughput significantly [53,54]. In addition, the devices could be further improved and integrated in water monitoring stations in the future for continuous sampling and identification. According to the results obtained, the best staining quality is at the lowest flow rate (3.26 µL/min), which was expected since the static experiments showed that the lowest residency time performed the best.

In addition, though microfluidic results are still not as good as the static ones, future improvements can be carried out by adopting a better mixing strategy for Nile Red and samples [50–52]. Currently, a myriad of mixing methods has been developed for microfluidic devices, including both passive and active mixing. For example, better mixing performance could be addressed by adding pillars inside the channels [55,56]. Active mixers such as acoustofluidic mixers are alternatives and often provide more rapid mixing due to their superior particle control abilities [57].

The device can be further improved by coupling an on-chip heater, eliminating the need for an oven [58], thus reducing costs and enhancing its integrability. Once fully miniaturized, the device could be used for in situ analysis of water samples [47,48]. In situ analysis could also benefit from the use of smartphones, possibly

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for both identification and for device operation (pump and active mixers control) [59–61].

Note that, the concentration of microplastics in seawater samples varies widely, being less concentrated off-shore (down to 8 particles/ $m<sup>3</sup>$ ) [62]. In addition, global plastic distribution also changes significantly from one place to another, thereby a rapid and continuous identification prior to in-depth analysis would be beneficial. Though the staining method is not capable of distinguish different types of microplastics, including other particles such as marine organisms, but it indeed provides a simple, low-cost and effective method to confirm the presence of microplastics prior to more in-depth analysis including type differentiation [63]. Moreover, compared to regular visual inspection that bypasses the fluorescence staining, this proposed method turns microplastics into more prominent particles for better identification [64].

#### **5. Conclusions**

Overall, we have suggested the adoption of a microfluidic device for the continuous analysis and further detection of microplastics. Nile Red has proven to be effective for the identification of microplastics. Static experiments were performed to systematically assess the influence of staining agent concentration, temperature, and residency time. Based on the results, the microfluidic configuration for continuous staining was optimized, leading to the best fluorescence results among the tested configurations. Our method demonstrated to be feasible for the identification of different types of microplastics with the

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advantage of continuous staining and with the possibility of future integration for in situ identification along with higher throughputs. This platform demonstrated to successfully identify microplastics in a continuous manner, representing a valuable option for the environmental management.

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# **CHAPTER 3. Separation of microplastics from blood samples using**

# **travelling surface acoustic waves**

by

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#### **ABSTRACT**

Microplastic has emerged as a ubiquitous contaminant with increasing global attention. Recent evidence confirms the presence of microplastics in human blood, implying the ability of these particles to interact with cells. As blood is circulated around the body, these particles can potentially induce adverse physiological reactions in various organs. To quantify the distribution of microplastics and assess their potential effects on human health, effective separation of microplastics from blood is critical and essential. However, at present, there is a dearth of effective and simple separation methods in this regard. Here, we propose a microfluidic device that leverages the separation ability of traveling surface acoustic waves (TSAW) to separate microplastics from blood. Although TSAW has long been used to separate various particles, a systematic study on the separation of microplastics from blood samples has not been reported. To fill in the knowledge gap, we first studied the theoretical values of the acoustic radiation factor for various types of microplastics and blood cells. The notable difference between the resonant frequencies indicated that microplastics of different sizes and types can be separated from blood cells. The experiments were then conducted using a polydimethylsiloxane (PDMS) microfluidic device built on a piezoelectric lithium niobate substrate to validate the theoretical results using two common types of microplastics. Finally, the microfluidic device was used to demonstrate the separation of different sized (5 and 10 µm) polystyrene microplastics from blood samples. The effects of power and flow rate on the separation efficiency were also investigated.

# **1. Introduction**

Since the advent of plastics, this lightweight but durable material has rapidly become an integral part of everyday life [1,2]. Considering the lack of alternative materials that provide similar properties and usefulness, the use of plastics is expected to continue for a long time [3]. The extensive and abusive use of plastic inevitably initiated the pollution in different ecosystems (contaminating water, soil, and air [4–8]), eventually posing negative impacts on public health [9,10]. In particular, microplastics with a size smaller than 5 mm have been found to be the most abundant plastic pollutants in oceans [11–13]. Owing to the small dimensions of these pollutants, microplastics can easily spread over the world [14]. As a result, the high levels of plastic pollution will considerably increase the exposure of humans to microplastics [10,15].

It is estimated that humans inhale and ingest more than 70,000 microplastics per year [16], as the presence of microplastics has been reported for food *(e.g.,* salt, seafood, *etc.*) [17–19], drinking water [20,21] and air [22,23]. Schwabl et. al. reported that human stool samples contained microplastics of an average of 20 particles (50-500 µm) per 10g of stool, with polypropylene and polyethylene being the most common types [24]. An average of 12 plastic particles were found in placenta samples with sizes ranging from 5-10 µm [25]. Microplastics (4 to 30 µm) were found in tissues of patients with cirrhotic liver injuries [26]. Human sputum samples were also examined and 21 types of plastic (44.67 to 210.64 µm) were identified [27].

The exposure to those particles has raised a global concern on public health with more evidence showing the adverse impacts given by these pollutants [28,29]. For example, polystyrene microbeads can lead to the undesired alteration of enzymatic activity [30,31]. Genotoxicity and DNA damage could also be caused by microplastics [32,33]. Spermatogenesis dysfunction induced by polystyrene particles was studied both in vivo (using mice) and in vitro with results suggesting that microplastics can lead to the disruption of blood-testis barrier (BTB) and imbalance of the mammalian target of rapamycin (mTOR) pathway [34].

More recently, the study from Leslie et. al. reported the presence of microplastics in the human blood [35]. Five widely used polymers, including poly(methyl methacrylate) (PMMA), polypropylene (PP), polystyrene (PS), polyethylene (PE) and polyethylene terephthalate (PET) were identified in the blood collected from 22 healthy donors with an average concentration of 1.6 µg/ml. As blood plays an important role connecting different organs, the presence of microplastics in blood speaks out its uptake within the human body [36]. However, it remains unclear how microplastics are transported and distributed in blood and human body, and whether these particles can potentially affect immune regulation and alter normal physiological activities. Therefore, the effective separation of microplastics from blood samples are expected to benefit the public risk assessment considering the high levels of microplastic pollution worldwide. The separation of microplastics from human blood is important as it enables further analyses of the collected microplastics (*e.g.,* type, size) [37,38]. However, sampling of microplastics in blood is not a simple task considering the typical size

of microplastics found in human samples (few micrometers, as aforementioned) [35]. In the works reported by Leslie *et. al.*, Ragusa *et. al.*, and Schwabl *et. al.* the approaches used for sampling require bulk filtering, which is time-consuming and laborious [24,25,35]. To provide a simpler and straightforward approach for the same purpose, in this paper, we propose an acoustofluidic device to separate microplastics from blood samples owing to its powerful particle manipulation capabilities and the non-contact, label-free nature of operation.

As an emerging and promising tool, acoustofluidics have been widely used in multiple separation applications: cancer cell, exosome and blood-plasma separation [39–42]. To the best of our knowledge, acoustofluidics has not yet been applied to the separation of microplastics from blood samples. Fundamentally, particles can be manipulated using different types of acoustic waves. Among them, surface acoustic waves (SAW) have been widely used in microfluidic applications [42–44]. SAW are generated by interdigitated transducers (IDTs), and by changing its geometry and layout, different acoustic fields can be generated to achieve various purposes (*e.g.,* particle focusing and separation) [43,45]. In particular, the layout of IDTs can give rise to two types of surface acoustic waves, namely the standing surface acoustic wave (SSAW) and travelling surface acoustic wave (TSAW) [43,46]. Here, the TSAW was used to separate microplastics from blood samples. Initially, we investigated the theoretical values for the acoustic radiation factor (ARF) of 10 types of common plastics with sizes of 1, 3, 5, and 10 µm and blood cells. Experiments were then conducted to validate the theoretical values of the ARF for two selected types of microplastics. Finally, to prove the hypothesis

that microplastics can be separated from the blood cells, 5 and 10 µm polystyrene particles were successfully separated from blood cells. The effects of power and flow rate in the separation efficiency were also investigated.

#### **2. Results and discussion**

#### *2.1. Separation principle*

The mechanism of microplastic separation from blood samples is depicted in Figure 1.3. The device consists of a piezoelectric lithium niobate (LiNbO<sub>3</sub>) substrate and a polydimethylsiloxane (PDMS) microfluidic chip. Chirped IDTs were employed since they allow to test multiple frequencies [47,48]. The fabricated devices had IDTs with varying pitch from 6.8 to 22 µm, which allowed operation between 45 and 145 MHz. A sinusoidal alternating current (AC) signal created by a waveform generator was amplified and subsequently applied in the IDTs to generate the TSAW (Figure 1.3a). The leaky TSAW propagates in the direction perpendicular to the main microchannel and interacts with the fluid, generating a pressure gradient in the substrate surface, which propagates towards the fluid and induces particle displacement [48–50]. It is worth noting that the leaky wave will generate a dead pressure zone, in which particles are not subject to the acoustophoretic effects (upper left corner of the channel, as shown in Figure 1.3b) [42,51]. The size of the dead pressure zone can be estimated by the Rayleigh angle,  $\theta$  = sin<sup>-1</sup>(c<sub>i</sub>/c<sub>LiNbO3</sub>) ≈ 22.8°, where c<sub>f</sub> and c<sub>LiNbO3</sub> are the speed of sound in the fluid and in the substrate, respectively. The actual device can be seen in Figure 1.3c, the microchannels were highlighted using food coloring.



**Figure 3.1.** The microfluidic device used for blood microplastics separation. a) Schematic of the separation mechanism. Once the IDTs are actuated by electrical signals, the TSAW is established on the substrate surface and will displace the particles according to their physical properties (i.e., size, compressibility, *etc.*). The separation is achieved if the microplastics particles have higher ARF than blood cells with the same operational frequency (larger displacements of microplastic particles). b) Cross-sectional view of the separation process. The TSAW causes a pressure gradient that displaces the microplastics towards the separation region. Due to the Rayleigh angle, there is a dead pressure zone that traps particles and hinders their separation. This region is avoided with the use of Sheath flow I. c) Photo of the actual device. Scale bar is 5 mm.

The device consisted of three inlets, the central port was used for sample injection and the remaining inlets were used for the sheath flows. Both sheath flows were used to focus the sample at an appropriate distance from the walls. In addition, sheath flow I also prevented the particles from being trapped in the dead pressure zone [47,48]. The focused sample flows through the main microchannel, reaching the region where the TSAW was applied. Using a resonant frequency that induced higher acoustophoretic effects in microplastic particles than in blood cells caused the TSAW to deflect the microplastics transversely, while keeping blood cells negligibly affected, directing the microplastics to the separation outlet. Two outlets were designed respectively for the collection of the separated blood cells and microplastics.

### *2.2. Microplastics separation aptitude*

The separation principle is based on the fact that particles with different physical properties shall experience different FTSAW (acoustophoretic force) at the same operational frequency [48,52,53]. From the theoretical description of the effects of TSAW in particles, it is possible to observe that the particle properties that influence the ARF are diameter, density, and compressibility (longitudinal and shear speed of sound) [54]. To induce substantial particle displacement, the applied frequency must match the particle resonance frequency, achieving significant ARF (therefore increasing the acoustophoretic force).

The acoustofluidic theory proposed by Hasegawa et. al. was used here to predict the force produced by the TSAW in particles within the microfluidic channel [54]. The average force ( $F_{TSAW}$ ) induced by a TSAW on a spherical particle is expressed by equation 1; where a is the particle diameter, E is the mean energy density from the TSAW, and  $Y_P$  is the ARF.

$$
F_{TSAW} = Y_P \pi a^2 \bar{E} \tag{1}
$$

The equation suggests that even though F<sub>TSAW</sub> can be increased by increasing the applied power, the ARF still must be sufficiently high, otherwise the acoustophoretic force may become negligible. Equation 2 shows a numerical model to estimate  $Y_{P}$ , the details that lead to the derivation of this equation can be found in the original article [54]. Since  $Y_P$  is a function of the Helmholtz number, choosing the proper operational frequency is fundamental for the effectiveness of the F<sub>TSAW</sub>.

$$
Y_{P} = \frac{4}{x_{0}^{2}} \sum_{n=0}^{\infty} \{ (n+1)(V_{n}^{\prime} U_{n+1}^{\prime} - U_{n}^{\prime} V_{n+1}^{\prime}) x_{0}^{2} - n(n+1)(n+2)(V_{n} U_{n+1} - U_{n} V_{n+1}) + [n(n+1)(U_{n} V_{n+1}^{\prime} - V_{n} U_{n+1}^{\prime}) - (n+1)(n+2)(U_{n}^{\prime} V_{n+1} - V_{n}^{\prime} U_{n+1})] x_{0} + (n+1)(V_{n} U_{n+1} - U_{n} V_{n+1}) x_{0}^{2} \}
$$
 (2)

The Helmholtz number (equation 3) is the dimensionless number that relates the applied frequency, particle diameter, and speed of sound with the ARF,

$$
x_{0,1,2} = \frac{2\pi f a}{c_{f,l,s}} \tag{3}
$$

where f is the frequency,  $c_f$  is the fluid speed of sound,  $c_i$  is the solid longitudinal speed of sound, and  $c_s$  is the solid shear speed of sound. The subindices  $0, 1$ , and  $2$  refer to  $c_f$ ,  $c_i$ , and  $c_s$ , respectively. The theoretical strength of a TSAW can be predicted given the particle and fluid properties.

Note that higher ARFs (or better separation performance) depends on the physical properties of the suspended particles and the media [48]. Thus, it is essential to determine the optimal operational frequency to achieve best separation performance for each type of particles. This section aimed at exploring the microplastics properties and their influence on the ARF. Given the properties shown in Table 1 and the particle size, we plotted the ARF as a function of the

applied frequency. Specifically, ten types of microplastics were studied, including: Acrylonitrile-butadiene-styrene (ABS), Poly-DGEBA/PDA (Epoxy), Polyhexamethylene adipamide (Nylon), Polycarbonate (PC), Polyethylene (PE), Polymethylmethacrylate (PMMA), Polypropylene (PP), Poly-vinyl chloride (PVC), Polystyrene (PS), Polytetrafluoroethylene (Teflon). Supplementary Information provides the algorithm used for the calculation of the theoretical ARF, along with further details about theoretical modelling.

<b>Acronym</b>	Poly-	Density (kg/m <sup>3</sup> )	$C_L$ (m/s)	$Cs$ (m/s)
<b>ABS</b>	Acrylonitrile-butadiene- styrene	1,041	2,160	930
Epoxy	<b>DGEBA/PDA</b>	1,184	2,890	1,290
Nylon	Hexamethylene adipamide	1,147	2,710	1,120
<b>PC</b>	Carbonate	1,194	2,220	909
<b>PE</b>	Ethylene	957	2,430	950
<b>PMMA</b>	Methyl methacrylate	1,191	2,690	1,340
<b>PP</b>	Propylene	913	2,650	1,300
<b>PS</b>	<b>Styrene</b>	1,052	2,400	1,150
<b>PVC</b>	Vinyl chloride	1,386	2,330	1,070
Teflon	Tetrafluoroethylene	2,180	1,410	730

**Table 3.1 –** Material properties used to calculate the theoretical ARF [55].

Moreover, as particle size is another important factor determining ARF, four different sizes were studied here, including 1, 3, 5, and 10 µm. As shown in Figure 2.3, all the particles have multiple resonant peaks. Owing to the potential overlapping between peak frequencies (not necessary the first resonance frequency), it is possible that particles of different types and sizes can be simultaneously separated. For instance, using an input frequency around 125 MHz would allow to separate 5 and 10 um particles made of Epoxy and PMMA simultaneously (ARF  $\sim$  10).



**Figure 3.2.** The theoretical ARFs of microplastics of different types and sizes as a function of the input frequency. The results suggested that the minimum

frequency required to produce significant ARF increases as the particle size decreases for all types of microplastics studied here. a) ABS. b) Epoxy. c) Nylon. d) PC. e) PE. f) PMMA. g) PP. h) PVC. i) PS. j) Teflon.

The bandgap of resonance frequencies is another important factor that should be considered here. Certain plastic types such as Epoxy, PMMA and PS have wide bandgaps. For example, 5 µm PMMA particles have high ARF from 125 MHz to 150 MHz, thus a wide spectrum of frequencies (25 MHz bandgap) could be applied for separating the PMMA particles. On the contrary, microplastics such as ABS, PE and Teflon have narrow bandgaps. For example, 10  $\mu$ m ABS particles have high ARF within a small, confined frequency gap around 50 MHz, making the selection of operational frequencies a challenge. However, on the other hand, this downside can be turned to a benefit when only microplastics of certain type and size are desired to be separated.

Although a great amount of attention has been given to microplastics over the past years, Nanoplastics remain a potential issue for human health [56,57]. Therefore, it is also worth to theoretically explore of feasibility of using TSAW to separate these nanoparticles. Given the fact that the Helmholtz number is directly proportional to the particle radius [44,50], it is expected that as the particle size decreases to nanoscale, the minimum frequency required to produce sufficiently significant ARF will increase for all types of microplastics studied here. The Figure 3.3 shows the relationship between theoretical ARF and operational frequencies for several types of nanoplastics including ABS, PMMA, PS and Teflon.



**Figure 3.3.** Theoretical calculations of the ARF as a function of the input frequency for nanoplastics. a) ABS. b) PMMA. c) PS. d) Teflon.

### *2.3. Experimental determination of ARF*

As the ARF cannot be directly measured experimentally, the averaged transversal particle velocity was used to indirectly quantify the resonance peaks [48,50] since higher F<sub>TSAW</sub> at resonant frequency cause larger particle displacement velocities [48,50]. Figure 4.3 shows the comparison between the theoretical prediction of ARF and the experimental measurement of particle velocity for different sized PS (selected models). In addition, we investigated the acoustophoretic behavior of blood cells, both theoretically and experimentally (also see the Supplementary Information). The longitudinal and shear speed of sound used for the theoretical calculation of the ARF in red blood cells were 1510 and

211 m/s, respectively [48,58–62]. For white blood cells the speed of sound values were 1506 and 210 m/s [60,62]. The density values used for the calculation of red blood cells and white blood cells were 1101 and 1054 kg/m<sup>3</sup> [60].



**Figure 3.4.** Comparison between the theoretical prediction of ARF and experimental particle velocity. a) Comparison between theoretical ARF and particle velocity for 5 µm polystyrene particles. b) Comparison between theoretical ARF and particle velocity for 10 um PS particles. c) Displacement of 5 um PS particles at 95 MHz. The scale bar is 100 µm. d) Displacement of 5 µm PS particles at 125 MHz. The higher ARF values at 125 MHz induce higher displacements in the particles than 95 MHz. The white arrow indicates the direction of the TSAW. The scale bar is 100 µm. e) Theoretical ARF for red and white blood cells. Blood cells were experimentally tested at resonant frequencies of microplastics such as 125 MHz, no significant displacement was observed.

As shown in Figure 4.3a and b, a frequency sweeping from 50 to 140 MHz with intervals of 5 MHz was conducted for both PS of 5 and 10  $\mu$ m to determine frequency-dependent particle velocity. For 5 µm PS, the particle velocity became noticeable when the input frequency reached 80 MHz, and it continued increasing until the frequency reached 130 MHz. Note that even though the theoretical ARF started to decrease after 110 MHz, the increase of experimental particle velocity did not stop despite the low increasing rates. After the frequency reached 130 MHz, the particle velocity started to decrease, indicating the experimental resonant frequency. The difference between theoretical and experimental resonant frequencies may be attributed to the dissimilar particle and fluid properties used in theoretical derivation and experiments. The theoretical ARF was calculated assuming that the particles are immersed in an inviscid fluid [54,63], while in experiments, both water and blood were used. In addition, the theory did not account for the damping effect caused by the PDMS channels where the particles were confined. As in many other mechanical devices, the resonance peaks were also affected by the assembly and different part stiffness and defects in the fabrication (lift-off errors, contamination, *etc.*) [64,65].

Size is another important factor determining ARF, thus 10  $\mu$ m PS particles were also used to examine the theoretical prediction of acoustophoretic behavior of different sized particles. In theoretical predictions (Figure 4.3b), there are four theoretical peaks within the studied frequency range (50 – 140 MHz). However, similar to the frequency delay suggested in studies of 5 µm PS particles, only three experimental peaks were identified at 70, 105, and 130 MHz. It is expected that

the fourth experimental peak was also delayed at a higher frequency beyond our test range. The displacement of PS microplastic particles subjected to TSAW at both 95 and 125 MHz were also recorded under a microscope, as respectively shown in Figure 4.3e and 4.3f. As ARF at 95 MHz was smaller than that at 125 MHz, particle displacement was larger at 125 MHz.

### *2.4. Separation of microplastics from blood samples*

Compiling the theoretical and experimental knowledge from the previous sections, we were able to demonstrate the continuous separation of microplastics from blood samples using the microfluidic device. As a demonstration we have separated 5 and 10 µm PS microplastics from blood. From the theoretical graphs it was possible to observe that using frequencies around 125 MHz would result in relevant values for the ARF for both 5 and 10 µm PS particles, while having low ARF values for the blood cells, which would benefit the separation. With that information, we have experimentally tested the resonant frequencies, by sweeping the input frequency and observing the acoustophoretic effect on the particles. From this experiment we noticed that the acoustophoretic effect was highest on both the 5 and 10 µm PS microplastics but weak to the blood cells at 128 MHz (available in Supplementary Information). Thus, we have chosen the operational frequency to be 128 MHz.



**Figure 3.5.** Separation of 5 and 10 µm PS microplastics from blood samples using 128 MHz. a) Flow rate effect in separation efficiency. Power was fixed at 50% to investigate the flow rate effect. b) Power effect in the separation efficiency. Flow rate was fixed at 5 µL/min. c) Blood PS separation using 128 MHz, 50% power, and 10 µL/min. Using this operation setup, the separation could not overcome performances of 60%. The image shows a 5 µm PS particle (circled in blue) being deflected towards the wrong outlet, while the 10 µm particle (circled in red) was deflected towards the correct microplastics outlet. The particles circled in green were blood cells. Scale bar is 100 µm. d) Blood PS separation using 128 MHz, 50% power, and 1 µL/min. Reducing the flow rate considerably increased the separation efficiency, achieving values close to 100%. The image shows that both 5 and 10 µm PS particles (circled in red) were displaced towards the microplastic collection outlet. The particles circled in green were blood cells. Supplementary Information contains videos demonstrating the separation process. Scale bar is 100  $\mu$ m.

The sample to sheath flow ratio was selected as 1:1:3 (sheath:sample:sheath),

which was a suitable option to other SAW devices according to the literature

[44,48,50]. The effects of flow rate and power in the separation efficiency were

studied by performing the separation using 0.5, 1.0, 5.0, and 10 µL/min (sample flow rate). The lowest flow rates and highest power resulted in the best separation performances (Figures 5.3a and b). The separation performance is equivalent to the recovery rate of microplastics from the sample (percentage of microplastics deflected from the sample stream towards the correct collection outlet). The separation performance approached 100% when using flow rates of 1.0  $\mu$ L/min, whereas when using 10 µL/min the performance could not overcome 60%. All the flow rate experiments used the same power amplification (50%), and the flow rate was fixed at 5  $\mu$ L/min when studying the effect of power in the separation efficiency. The separation performance increased from 40% to almost 100% by increasing the power amplification from 40% to 70%. Reducing the flow rate increases the time in which particles are exposed to the acoustophoretic effects, thus increasing the particle displacement and the separation efficiency. The reduced exposure time caused by high flow rates can be compensated by using increased power values. The videos available at the Supplementary Information demonstrate the separation process.

# **3. Conclusion**

The ability to separate microplastic particles from blood samples in a continuous manner was demonstrated using a TSAW microfluidic device. We have estimated theoretical values of the ARF for 10 common types of microplastics of four different sizes, elaborating on their advantages and limitations. We also discussed on the theoretical feasibility of nanoplastics separation using GHz

waves. The ARF was experimentally determined to compare the theoretical predictions with the actual acoustophoretic strength; microplastics and blood cells were observed under different frequencies to establish the adequate operational setup. The separation of 5 and 10  $\mu$ m PS microplastics from blood samples using the same frequency (128 MHz) was demonstrated. The effects of flow rate and power were analyzed, and the trends followed the expectations, with lower flow rates and higher power providing higher separation efficiency. Even though all the plastic types and sizes cannot be separated at once due to the necessity of using multiple frequencies, it is possible to add more than one pair of IDTs and apply multiple frequencies in the same device, thus separating multiple microplastics simultaneously. It is also possible to run the samples repeatedly using different frequencies. In fact, using acoustic pumps and continuously alternating the frequency could be a future application. Considering the growing concerns over microplastics and its recent findings in human samples, having a device to separate microplastics from blood is of immediate need. The device demonstrated its usefulness by separating microplastics from blood samples.

# **4. Experimental Section**

#### *4.1. Microfluidic device fabrication*

The substrate used for SAW transducer was a Y + 128 X-propagation LiNbO3 wafer (University Wafer Inc., Boston, MA, USA). The IDTs design was patterned on the LiNbO3 wafer using a photolithography process (AZ nLOF 2035, Integrated Micro Materials Inc., Argyle, TX, USA) performed in a Maskless Aligner (MLA 150, Heidelberg Instruments Mikrotechnik GmbH, Heidelberg, Germany). After that, we performed a double metal layer (Cr/Au, 50 A˚/800 A˚) deposition (e-beam evaporator, Lesker Lab 18, Kurt J. Lesker Company, Jefferson Hills, PA, USA), and a lift-off process to obtain the desired IDTs for SAW generation. Similar IDT patterning process can be found in different references [48,50,66]. To enhance the bonding between the PDMS device and the LiNbO3 substrate, a 100 nm SiO2 layer was deposited on top of the final IDTs [67–69].

The standard soft-lithography method was used to fabricate the PDMS device [70]. The main PDMS channel is 400 µm in width and 40 µm in depth, while the inlets are 133  $\mu$ m x 40  $\mu$ m, and outlets are 200  $\mu$ m x 40  $\mu$ m. The PDMS device was permanently bonded with the LiNbO3 substrate via oxygen plasma treatment (50 sccm, 100 mTorr, 100 W, 2 min). The devices were placed in an oven at 80 °C for 30 minutes to complete bonding. To test the largest number of frequencies possible, the devices had chirped IDTs fingers (variable width and pitch). Two devices were fabricated, both for low- and high-frequency testing. The width and pitch were progressively increased by 0.5 µm according to the guidelines of other references [59,71,72]. The low-frequency device operated from 45-85 MHz (22- 11.5 µm pitch and width), while the high-frequency device operated from 90-145 MHz (11-6.8 µm pitch and width).

# *4.2. Microplastics and blood preparation*

Microplastics solutions were prepared by diluting synthetic microspheres in deionized water. Particles consisted of PS with sizes of 5 and 10 µm (Thermo Fisher Scientific, Hanover Park, IL, USA).

Porcine whole blood (Innovative Grade US Origin Porcine Whole Blood K2 EDTA 100ml, Innovative Research Inc., Novi, MI, USA) was diluted in phosphate buffered saline (Thermo Fisher Scientific, Hanover Park, IL, USA) following the guidelines of [73]. The highest dilution (20% blood 80% PBS) was used to avoid clogging in the microfluidic channels. Diluted blood was mixed (gently stirred in a sterile conical Eppendorf tube) with microplastics in order to obtain the samples used for separation.

#### *4.3. Separation quantification and data analysis*

An inverted microscope (Zeiss Axio Vert.A1) with a camera (VEO E310L, Phantom, Wayne, NJ, USA) was used to observe the flow and record images and videos. For the fluorescent particles, a fluorescence illuminator (X-Cite mini+ 365 nm, Excelitas, Waltham, MA) was used. Syringe pumps (Fusion 200, Chemyx Inc., Stafford, TX, USA) were used to inject the fluids. The signal from a waveform generator (RIGOL DG4162 Arbitrary Waveform Generator - 160 MHz, RIGOL Technologies Inc., Portland, OR, USA) was amplified by an amplifier (AR Microwave Instrumentation, Model 100A250A amplifier, Souderton, PA, USA) and then applied to the IDTs. The solution of particles and DI water was injected in the device middle inlet. DI water was used as sheath flow and injected in inlets I and III (Figure 1.3).

Separation was quantified by counting the collected particles from samples acquired from the outlets. In addition to that, images and videos were recorded and analyzed using Phantom camera software (Phantom Camera Control and Phantom Video Player version 3.7, Phantom, Wayne, NJ, USA). Videos

demonstrating the separation of blood and microplastics are available in the Supplementary Information.

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## **APPENDICES**

# **Appendix A – Theoretical model for the calculation of average force (***FTSAW***) applied by a TSAW in a spherical particle**

The acoustofluidic theory proposed by Hasegawa *et. al.* was used here to predict the force produced by a travelling surface acoustic wave (TSAW) in elastic spheres submerged in inviscid fluids [54]. The average force (*FTSAW*) applied by a TSAW in a sphere is expressed by equation 1; where *a* is the particle diameter, *E* is the mean energy density from the TSAW, and *Y<sup>P</sup>* is the acoustic radiation factor.

$$
F_{TSAW} = Y_P \pi a^2 \bar{E} \tag{1}
$$

Even though *FTSAW* is increased by tuning the applied energy (*i.e.*, increasing the applied power), the acoustic radiation factor has to be sufficiently high, otherwise the force may become negligible. Equation 2 shows a numerical model to estimate *Y*<sub>*P*</sub>, the details that lead to the derivation of this equation can be found in the original article [1]. Since *Y<sup>P</sup>* is a function of the Helmholtz number, choosing the proper operational frequency is fundamental for the effectiveness of the *FTSAW*.

$$
Y_{P} = \frac{4}{x_{0}^{2}} \sum_{n=0}^{\infty} \{ (n+1)(V'_{n}U'_{n+1} - U'_{n}V'_{n+1})x_{0}^{2} - n(n+1)(n+2)(V_{n}U_{n+1} - U_{n}V_{n+1})
$$
  
+ 
$$
[n(n+1)(U_{n}V'_{n+1} - V_{n}U'_{n+1})
$$

$$
- (n+1)(n+2)(U'_{n}V_{n+1} - V'_{n}U_{n+1})]x_{0}
$$

$$
+ (n+1)(V_{n}U_{n+1} - U_{n}V_{n+1})x_{0}^{2} \}
$$
 (2)

The Helmholtz number (equation 3) is the dimensionless number that relates the applied frequency, particle diameter, and speed of sound with the acoustic radiation factor.

$$
x_{0,1,2} = \frac{2\pi f a}{c_{f,l,s}} \tag{3}
$$

Where *f* is the frequency, *c<sup>f</sup>* is the fluid speed of sound, *c<sup>l</sup>* is the solid longitudinal speed of sound, and *c<sup>s</sup>* is the solid shear speed of sound. The subindices 0, 1, and 2 refer to  $c_f$ ,  $c_i$ , and  $c_s$ . The parameters  $U_n$ ,  $V_n$ ,  $\alpha_n$ ,  $\beta_n$ , and  $F_n$  are defined in equations 4-8.

$$
U_n = (1 + \alpha_n) j_n(x_0) + \beta_n n_n(x_0) \tag{4}
$$

$$
V_n = \beta_n j_n(x_0) - \alpha_n n_n(x_0) \tag{5}
$$

$$
\alpha_n = -\frac{[F_n j_n(x_0) - x_0 j'_n(x_0)]^2}{[F_n j_n(x_0) - x_0 j'_n(x_0)]^2 + [F_n n_n(x_0) - x_0 n'_n(x_0)]^2}
$$
(6)

$$
\beta_n = -\frac{[F_n j_n(x_0) - x j_n'(x_0)][F_n n_n(x_0) - x n_n'(x_0)]}{[F_n j_n(x_0) - x j_n'(x_0)]^2 + [F_n n_n(x_0) - x n_n'(x_0)]^2}
$$
(7)

 $F_n$ 

$$
= \frac{1}{2} \frac{\rho_F}{\rho_P} x_2^2 \frac{\frac{x_1 j_n'(x_1)}{x_1 j_n'(x_1) - j_n(x_1)} - \frac{2n(n+1)j_n(x_2)}{(n+2)(n-1)j_n(x_2) + x_2^2 j_n''(x_2)}}{\frac{x_1^2 \left[ \frac{\sigma}{1 - 2\sigma} j_n(x_1) - j_n''(x_1) \right]}{x_1 j_n'(x_1) - j_n(x_1)} - \frac{2n(n+1) [j_n(x_2) - x_2 j_n'(x_2)]}{(n+2)(n-1)j_n(x_2) + x_2^2 j_n''(x_2)} \tag{8}
$$

*F<sub>n</sub>* is a function of the fluid density ( $\rho$ *<sub>F</sub>*), particle density ( $\rho$ <sub>*ρ*</sub>), Poisson number (*σ*),  $c_l$ , and  $c_s$ . Bessel functions of the first  $(j_n)$  and second order  $(n_n)$  are used to model the vibrational behavior of the particles. The prime denotes the order of the derivative with respect to the assigned Helmholtz number. With this background it is possible to predict the theoretical strength of a TSAW given the particle and fluid properties (Table 3.1).

# **Appendix B – Algorithm used for the calculation of average force (***FTSAW***) applied by a TSAW in a spherical particle**

The algorithm used for the calculation of the theoretical acoustic radiation factor can be found in the link below:

**<https://github.com/pedrommesquita/acousticradiationfactor.git>**