MOLECULAR MECHANISM OF POLYPEPTIDE INSERTION INTO BILAYER AND EXIT

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MOLECULAR MECHANISM OF POLYPEPTIDE INSERTION INTO BILAYER AND EXIT

BY

GREGORY SLAYBAUGH

A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR THE DEGREE OF DOCTOR OF PHILOSOPHY IN PHYSICS

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OF

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ABSTRACT

The pH-low insertion peptide (pHLIP) and pH-low insertion cycle (pHLIC) have been shown to target cancer cells and inflammation due to the acidic environment present at those sites. It has been demonstrated that pHLIP’s and pHLIC’s pH dependent behavior stems from the protonation and deprotonation of aspartic acid (Asp) and glutamic acid (Glu) residues. A decrease in pH leads to the protonation of Asp/Glu located in membrane-inserting part of peptides, which increases the overall hydrophobicity of pHLIP and pHLIC and triggers the insertion across a lipid bilayer.

Despite similarity of pHLIP and pHLIC ability to sense pH at cell surfaces the mechanisms of peptides insertion into membrane is different. pHLIP, which is a flexible polymer in solution at high pH, undergoes pH-triggered folding in membrane to transition from coil to transmembrane helix. pHLIC, which is a rigid cyclic peptide, undergoes pH-triggered partition into membrane without changes of its structure.

pHLIP peptide insertion occurs in several steps, with a rapid interfacial helix formation (folding) completed within 100 ms followed by the rate limiting step of peptide insertion across membrane to form a transmembrane helix. Exit from the bilayer and unfolding is triggered by deprotonation of Asp/Glu residues induced by pH raise. The reverse process of unfolding and exit proceeds through different intermediate states. The detailed kinetics study of pHLIP variants pH-triggered insertion and exit from the membrane of liposomes allowed to elucidate the molecular mechanism of membrane-associated folding and unfolding, and design and test new pHLIP variants with tunable pH-dependent properties.
Biophysical investigation of several pH-sensitive and pH-insensitive cyclic peptides led to the selection of best pHLIC candidate for targeting and imaging of neuroinflammation, which is associated with development of variety of neurodegenerative diseases.
ACKNOWLEDGEMENT

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Throughout my entire time here in the research lab, Dr. Anuradha Weerakkody, has been a crucial presence. He took me under his wing when I joined the lab and has shared with me an immeasurable amount of wisdom. He showed me what a passionate, brilliant, and hard-working scientist looks like, and it has been a privilege to have someone like him to look up to everyday. I owe much of my research knowledge, technical skills, and passion for this research to him.

Another amazing scientist I’ve had the privilege of working with is Dr. Anna Moshnikova. She has been incredibly helpful over the years. Her willingness to help me when I have issues in the lab is truly special. Her hard work-ethic, proficiency in the lab, and kindness have made her a role model I look up to.
Last, but not least are my lab mates. First, I’d like to give a shout out to Hannah, who has been my sidekick for the last couple of years. I had the honor of being her mentor when she joined the lab. I hope I’ve been able to instill in her the wisdom and passion I’ve gained while working in Dr. Yana’s lab, and I look forward to watching her become an absolute boss of a scientist. Next is Troy, who has gone through the PhD program with me almost from the beginning. He’s been a great friend and a great motivator when it comes to deadlines. I can't wait to see all the great things he’ll do as a medical physicist. And finally Mike, it has been an absolute pleasure working in the lab together. Although we never directly worked on any project together, the trip to the Biophysical Society Annual Meeting in San Francisco was a blast.

I could not conclude this acknowledgment without mentioning the rock in my life, my Mom. Since I started college, no one has been there for me more than Dr. Mimi, and without her, I would have never made it this far -- or truly understood the importance of double integrals.

Thank you to all of my professors, I think the Physics department at URI has the finest collection of faculty of any department at the university. I want to thank my friends who have been incredibly supportive and present throughout my time at URI. I want to thank my family, especially my sister, Anna, my brother, Charlie, and Doc who have been with me from the beginning -- GO RAMS. Also, I want to thank my Namalene and my uncles who try their hardest to pretend to understand pHLIP. And lastly, I’d like to give thanks to my partner in life and closest friend, Catherine. She has been by my side through my entire college career and I owe her so much gratitude for all that she is.
PREFACE

This dissertation is written in “Manuscript” format, using the Thesis/Dissertation template of the University of Rhode Island. There are three manuscripts included in this dissertation, each of which comprises a chapter. The tables and figures of each manuscript are listed under the corresponding chapter in the list of tables and figures.

The results of our studies presented in the first two chapters were published in the following papers:


The final chapter is composed of research that is currently under peer-review.

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ABSTRACT
A series of cyclic peptides containing a number of tryptophan (W) and glutamic acid (E) residues were synthesized and evaluated as pH-sensitive agents for targeting of acidic tissue and pH-dependent cytoplasmic delivery of molecules. Biophysical studies revealed the molecular mechanism of peptides action and localization within the lipid bilayer of the membrane at high and low pHs. The symmetric, c[(WE)₄WC], and asymmetric, c[E₄W₅C], cyclic peptides translocated amanitin, a polar cargo molecule of similar size, across the lipid bilayer and induced cell death in a pH- and concentration-dependent manner. Fluorescently-labelled peptides were evaluated for targeting of acidic 4T1 mammary tumors in mice. The highest tumor to muscle ratio (5.6) was established for asymmetric cyclic peptide, c[E₄W₅C], at 24 hours after intravenous administration. pH-insensitive cyclic peptide c[R₄W₅C], where glutamic acid residues (E) were replaced by positively charged arginine residues (R), did not exhibit tumor targeting. We have introduced a novel class of cyclic peptides, which can be utilized as a new pH-sensitive tool in investigation or targeting of acidic tissue.
INTRODUCTION

Tissue acidity is linked to various pathological states such as ischemia, tumor, inflammation, arthritis, infection, atherosclerosis and others\(^1\text{-}\text{3}\). Tumor progression and development is associated with acidosis\(^4\text{-}\text{6}\). Extracellular acidity is established already at early stages of tumor development, during the avascular phase of carcinoma \textit{in situ}. As tumor continues to grow, acidosis is increasing due to the poor blood perfusion, switch of cancer cells to the glycolytic mechanism of energy production even in the presence of oxygen and overexpression of carbonic anhydrases (CA)\(^7\text{-}\text{8}\). Adaptations to the highly acidic microenvironment are critical steps in the transition from an avascular pre-invasive tumor to a malignant invasive carcinoma. Thus, targeting of acidity might serve as a predictive marker for tumor invasiveness and disease development. pH is especially lower in the vicinity of the membrane of cancer cells due to the work of proton pumps and CAIX/CAXII\(^9\). Also, pK of protonation of Asp and Glu residues is higher (pK \(\sim 6\text{-}7\)) near the surface of the hydrophobic membrane compared to bulk aqueous solution, where pK \(\sim 3\text{-}4\)\(^1\text{0}\text{-}\text{11}\). The most effective pH-sensitive tumor targeting agents should sense pH at the surface of cancer cells, where it is the lowest\(^1\text{2}\). There are a number of approaches under development for delivery of imaging and therapeutic agents to diseased tissue in a pH-dependent manner. They are based on the use of pH-sensitive polymers, liposomes, nanoparticles and small molecules\(^1\text{3}\text{-}\text{19}\). Among peptides, family of pHLIP peptides, linear peptides of 25–35 residues, which insert into cellular membrane and form transmembrane helices are used for targeting of acidic tumors of various origins and other acidic diseased tissues\(^2\text{0}\). Application of cyclic peptides in biological sciences has become a subject of major interest because of their enhanced enzymatic stability versus linear peptides\(^2\text{1}\).
Recently we reported the design and synthesis of homochiral L-cyclic peptides containing arginine (R), tryptophan (W) residues and their application for the nuclear targeting delivery of anti-HIV drugs, phosphopeptides, anticancer drugs, and siRNA\textsuperscript{22–24}. These peptides offered several advantages including nuclear delivery of doxorubicin, low cytotoxicity, biocompatibility, hydrophobic drug entrapment through non-covalent interactions, and drug delivery through conjugation. Herein, we designed and introduced for the first time the pH-sensitive negatively charged cyclic peptides and studied their interactions with the lipid bilayer of liposomal and cellular membranes \textit{in vitro} and \textit{in vivo}.

\textbf{RESULTS}

Among the investigated peptides were one linear and six cyclic peptides (Fig. 1 and Table S1, Supplementary Information). All peptides contained: i) single cysteine (Cys, C) residue for conjugation purposes, ii) at least one tryptophan (Trp, W) for ability to record fluorescence signal, iii) 3–5 protonatable glutamic acid (Glu, E) residues to trigger pH-dependent interaction with the membrane. Three peptides, \textit{c}[(\textit{WE})_3\textit{WC}], \textit{c}[(\textit{WE})_4\textit{WC}] and \textit{c}[(\textit{WE})_5\textit{WC}] had 3, 4, and 5 repeating units of \textit{WE}, respectively, where \textit{W} and \textit{E} were alternating in the cyclic of the peptide. Another peptide, \textit{c}[(\textit{LE})_4\textit{WC}], had leucine (Leu, L) instead of Trp. The main goal was to investigate the role of aromatic Trp residues in peptide’s interaction with the membrane. Fifth peptide, \textit{c}[(\textit{E})_4\textit{W}_5\textit{C}], was an asymmetric; it had five Trp residues located on one side of the cycle, while four Glu residues were located on the other side of the cycle. The positively charged cyclic peptide control, \textit{c}[(\textit{R})_4\textit{W}_5\textit{C}], was also investigated, where Glu residues were replaced by positively charged arginine (Arg, R) residues. Finally, we synthesized one linear \textit{l}(\textit{CW}(\textit{EW})_4) 10-residue peptide for the comparison with the cyclic peptides. The peptides were synthesized by employing
Fmoc/tBu-based solid phase chemistry. As representative examples, the synthesis of $l$(CW(EW)$_4$ and $c[(WE)_4CW]$ peptides are depicted in the Scheme (Scheme S1, Supplementary Information). All peptides were purified (95–99%) by reverse phase HPLC.

Fluorescence and CD spectrosocopies were employed to monitor pH-dependent peptide’s interaction with the lipid bilayer of liposomes (Figures S1 and S2, Table S2). Biophysical studies were carried out at pH 8 and pH 3 to ensure completeness of the transitions, and to perform measurements in the states of thermodynamic equilibrium. All peptides demonstrated pH-dependent partitioning into the membrane. Asymmetric cyclic peptide with Trp residues located on one side of the cycle, $c[E_4W_5C]$, most probably partitioned into the membrane facing Trp residues into the bilayer and exposing charged Glu residues to the extracellular space. The drop of pH led to the protonation of carboxyl groups of Glu residues, which increased peptides hydrophobicity and promoted further partitioning of the peptides into the bilayer. As a result, positions of maximum of fluorescence spectra shifted to 6–9 nm to short wavelengths, which is indicative of changes of microenvironment of Trp residues from polar to hydrophobic$^{25,26}$ (Figure S1 and Table S2). $c[(WE)_3WC]$, $c[(WE)_4WC]$ and $c[(WE)_5WC]$ peptides showed similar CD signals at pH 8, which were altered by interaction with lipid bilayer and drop of pH. The CD signal of $c[E_4W_5C]$ peptide was different but was also pH-dependent. We did not observe characteristic CD signal of exciton (delocalized, shared electron density) with a characteristic minimum at 232–235 nm$^{27}$. Such an exciton might be formed only in a result of stacking of aromatic amino acids due to the cyclic peptide’s aggregation to form tubular structures. Thus, we concluded that at the concentrations of the peptides used in this study, the formation of tubular structures is unlikely.
By monitoring shift of the position of the maximum of fluorescence spectra for the peptides in the result of the pH drop, we established apparent pK of peptide’s partitioning into the bilayer. The pK for most cyclic and linear peptides varied in the range of 5.7–6.4, while the smallest pK value was observed for the cyclic Leu-containing peptide, c[(LE)_4WC] (Fig. 2).

To establish localization of the peptides within a lipid bilayer of membrane, dual quenching assay⁴ was employed (Fig. 3 and Table S3). Effective quenching of fluorescence by acrylamide would occur only for tryptophan residues exposed to polar parts of the outer or inner leaflets of the bilayer. At the same time, tryptophan residues located in the middle of a membrane would be effectively quenched by 10-DN. The result of the dual quenching assay allows establishing if tryptophan residues were located in the middle of a membrane or close to the polar headgroups of the bilayer. However, it does not allow distinguishing between locations at the outer or inner leaflets of the bilayer. Therefore, we also performed Förster resonance energy transfer (FRET) assay⁵ (Fig. 4). First, symmetrically-labelled by NBD dye, POPC liposomes were prepared. Then, membrane-impermeable dithionite was used to chemically modify exposed NBD, which led to the quenching of NBD fluorescence. Thus, NBD dyes located at the outer leaflet of the bilayer were deactivated and excess of dithionite was removed by gel filtration. As a result, asymmetrically-labelled liposomes with active NBD at the inner leaflet were obtained. FRET was monitored from tryptophan residues of the peptides to NBD. Energy transfer might occur only when both fluorophores are in proximity to each other (within 5–15 Å). Thus, when tryptophan residues located at the outer leaflet of the bilayer no significant energy transfer to NBD at the inner leaflet would occur (the distance is about
50–60 Å). The c[E₄W₅C] demonstrated the highest quenching by 10-DN and the highest FRET at pH 8 indicating the internal position of Trp residues within the bilayer of a membrane. All other peptides were located at the outer leaflet of the bilayer at pH 8. Drop of pH promoted partitioning of all cyclic peptides into bilayer, which highest FRET for the c[E₄W₅C] at pH 3. Among c[(WE)₃WC], c[(WE)₄WC] and c[(WE)₅WC] peptides, the peptide with the smallest cycle, c[(WE)₃WC], showed the deeper partitioning into the membrane. Linear peptide, l(CW(EW)₄), also demonstrated some partitioning into bilayer in the result of the pH drop.

Since all peptides exhibited pH-dependent interactions with the lipid bilayer of membrane and no cytotoxicity was observed (Figure S3), we proceeded to the experiments on cultured cancer cells. Symmetric, c[(WE)₄WC], and asymmetric, c[E₄W₅C], cyclic peptides were evaluated for their ability to move polar cargo across the membrane. The experiments on live cells were performed at physiologically relevant pHs, such as pH 7.4 (extracellular pH of normal cells) and pH 6.0 (extracellular pH in the vicinity of cancer cells¹²). As a polar cargo, we used amanitin, which is a cell-impermeable cyclic peptide of molecular mass similar to the masses of investigated pH-sensitive cyclic peptides. Amanitin is a deadly toxin, which inhibits RNA polymerase II if transferred across the lipid bilayer of the plasma membrane³⁰. The pH- and concentration-dependent cell death was observed after treatment of HeLa cells for just 3 hours with c[(WE)₄WC]-S-S-amanitin (c[(WE)₄WC]-SPDP-amanitin) and c[E₄W₅C]-S-S-amanitin (c[E₄W₅C]-SPDP-amanitin) (Fig. 5a,b). The calculated IC₅₀ values for symmetric cyclic peptide amanitin construct, c[(WE)₄WC]-S-S-amanitin, at pH 7.4 and 6.0 were 3.39 ± 0.12 μM and 1.06 ± 0.02 μM, respectively. The calculated IC₅₀ values for asymmetric cyclic peptide amanitin
construct, $c[E_4W_5C]$-S-S-amanitin, at pH 7.4 and 6.0 were 1.68 ± 0.13 μM and 0.74 ± 0.08 μM, respectively. Previously we showed that amanitin alone does not induce cell death at the concentrations used in this study and for the duration of treatment of 2–4 hours$^{31}$. We also tested construct, where amanitin was conjugated to the asymmetric $c[E_4W_5C]$ cyclic peptide via non-cleavable bond ($c[E_4W_5C]$-GMBS-amanitin) (Fig. 5c). The cytotoxic effect for the non-cleavable construct was reduced significantly at both pHs. It might indicate that the peptide-amanitin construct remained within the membrane and cleavage of amanitin from the peptide was required to allow amanitin to reach RNA polymerase II in the nucleus. Alternatively, if peptide-amanitin was translocated into the cytoplasm, the cleavage of amanitin might be required, since affinity of the peptide-amanitin to the RNA polymerase II might be reduced compared to the affinity of free amanitin to the RNA polymerase II.

Based on the obtained results, we proposed that at high/normal pH cyclic peptides were located at the outer leaflet of the bilayer. Triggered by pH drop the protonation of Glu residues enhanced peptide’s hydrophobicity and induced partitioning of the peptides into the bilayer of the membrane. This assumption was further confirmed by quenching of fluorescence of FITC-labelled asymmetric cyclic peptide by cell impermeable Trypan Blue (Fig. 5d). Trypan Blue is used to quench fluorescence of FITC located in the extracellular space$^{32}$. Cells treated with the FITC-labelled peptide at low pH followed by Trypan Blue quenching showed higher fluorescent signal on cells opposed to the cells treated with the FITC-labelled peptide at normal pH followed by Trypan Blue quenching. It indicates that at normal pH FITC is more exposed to extracellular space (to Trypan Blue) in contrast to low pH treatment. Since FITC fluorescence is a pH-sensitive and significantly quenched at low pH (pH 5.0–5.5) in endosomal compartment, we concluded that the FITC-labelled
peptide was localized at the inner leaflet of the plasma membrane rather than in endosomes. Also, the cellular uptake of Alexa546-labelled \(c[E_4W_5C]\) peptide at normal and low pHs in presence and absence of FBS was investigated (Fig. 5e). We observed statistically significant difference in cellular uptake of peptide at normal and low pHs, and no reduction of the uptake in the presence of FBS.

Next we proceeded to animal studies to identify the lead peptide demonstrating best tumor targeting. The murine 4T1 xenograft model, which closely mimics stage IV of human breast cancer\textsuperscript{33,34}, was used in our study. Small 4T1 tumor (tumor volume <150 mm\textsuperscript{3}) generates a significant level of lactate and serves as a good model of an aggressive, acidic tumor\textsuperscript{35}. All peptides were covalently conjugated with Alexa546-maleimide. The fluorescent constructs were given as a single IV injection, and at 4 hours after administration, animals were euthanized followed by necropsy. The mean fluorescence of tumor, muscle, kidney, liver and lungs were recorded and analyzed (Fig. 6). The least targeting was observed for Leu-containing peptide, \(c(LE)_4CW\). At the same time, the highest tumor targeting was monitored for linear peptide, \(l(CW(EW)_4)\), symmetric, \(c[(WE)_4WC]\), and asymmetric, \(c[E_4W_5C]\), cyclic peptides.

To prove pH-dependent tumor targeting of WE cyclic peptides we tested positively-charged asymmetric cyclic peptide, \(c[R_4W_5C]\), where Glu residues were replaced by Arg residues. This WR-peptide interacted with the lipid bilayer of the membrane at high pH (Figure S4) due to the presence of Trp residues, similar to WE-peptide. At the same time, it does not exhibit pH-dependent changes in interaction with the lipid bilayer of membrane, thus it can serve as a pH-insensitive control for pH-sensitive WE-cyclic asymmetric peptide, \(c[E_4W_5C]\).
We performed side-by-side 4T1 tumor targeting and biodistribution investigation of asymmetric pH-sensitive, \(c[E_4W_5C]\), and pH-insensitive, \(c[R_4W_5C]\), peptides. A significant difference in tumor targeting was observed at all-time points after IV administration of the constructs (Figs 7a and S5). It resulted in a significant difference between tumor/organ ratios for pH-sensitive and insensitive peptides (Fig. 7b and Table S4). The accumulation of the pH-insensitive peptide in tumor and other organs was very minimal and varied in the range of 0.8 to 1.6 values, which could be attributed to the passive diffusion with blood flow. We have introduced a novel class of cyclic peptides, which demonstrate pH-sensitive interaction with lipid bilayer of membrane of liposomes, cultured cancer cells and tumors in animal model. We tested six cyclic peptides of three different cycle sizes, and different localization of Trp, Glu, Leu and Arg residues within the cycles. The size of investigated peptides is an optimal for the straightforward synthesis. The significantly smaller or larger sized cycles are more challenging to synthesize. The interaction of cyclic peptides with lipid bilayer of membrane has different mechanism compared to the action of linear pH-sensitive peptides such as pHLIP peptides. Negatively charged Glu residues of cyclic peptides, especially asymmetric one, which showed the best pH-dependent performance, are exposed to the aqueous solution at normal pH. At the same time, indole rings of Trp residues most probably interact with the lipid headgroups (Figs 8 and S6). It was demonstrated previously that aromatic Trp residues have high affinity to lipid headgroups\(^{11,36-39}\). Our biophysical titration data indicate that \(c[E_4W_5C]\) cyclic peptide partitions into the lipid bilayer at pH 8. About 7.3 kcal/mol of free energy is released during the process (Figure S7), which indicates on strong interactions of the peptide with the membrane. The high affinity of the peptides to the cellular membranes at
normal pH might explain long time of circulation in mice. When pH is lowered, Glu residues are protonated. The pK of Glu residue protonation in the vicinity of the hydrophobic membrane is higher compared to the pK in a solution. Protonation leads to the increase of hydrophobicity of the peptide, which promotes partitioning of the peptide into the bilayer. As a result, about 0.7 kcal/mol of additional free energy is released at low pH (Figure S7). This energy could be used to move cell-impermeable cargo, such as amanitin, across membrane and target acidic tumors. Because Trp residues have higher affinity to the headgroups region compared to the central hydrophobic part of the bilayer, the peptide is equilibrated in the regions of headgroups between inner and outer leaflets of the bilayer. We and others showed that pH equilibrates fast inside a liposome\textsuperscript{40,41}. Thus, an equal amount of the peptide molecules is distributed between both leaflets of the liposomal membrane with low pH outside and inside of it (Figure S6). However, in the case of live cells, pH inside a cell is normal (7.2–7.4), while bulk extracellular pH is slightly lower (6.5–6.8)\textsuperscript{42–44}. However, the pH is at its lowest at the surfaces of cells\textsuperscript{9} and increases with distance from the cellular membrane, becoming normal in the vicinity of blood vessels\textsuperscript{45}. Recently, we were able to measure \textit{in vitro} and \textit{in vivo} pH in the vicinity of plasma membrane of cancer cells, the pH values drops to 6.0–6.5 at the surface of cancer cells\textsuperscript{12}. The most aggressive cancer cells are the most acidic. Thus, peptides reaching inner leaflet of the bilayer could expose their Glu residues to the cytoplasm, where they are expected to be de-protonated and became charged again. It would reduce the rate of the peptide diffusion back into the membrane and should lead to the shift of the equilibrium toward the accumulation of the peptides at inner leaflet of bilayer of the plasma membrane of cells (Fig. 8).
Thus, cyclic peptides could be considered as a weak acid with multiple protonatable groups, which can diffuse across the bilayer. For weak acids, the intracellular-extracellular distribution, $C_i/C_e$, should be calculated according to the following equation:

$$
\frac{C_i}{C_e} = \frac{1+10^{pH_i-pK_a}}{1+10^{pH_e-pK_a}}
$$

(1)

where $pH_i$ and $pH_e$ are the intracellular and extracellular pH values, respectively. Since the have affinity to the membrane, we consider $C_i$ and $C_e$ as the concentrations of the peptide on inner and outer leaflets, respectively. We established the $pK_a$ of membrane partition for the asymmetric cyclic peptide, which equals to 5.7. The calculation shows that at $pH_e = 7.4$ and $pH_i = 7.2$ the concentration ratio at the inner and outer leaflets for asymmetric cyclic peptides is 0.6. However, the same ratio increases to 4.5, 7.8, and 10.9 if extracellular $pH_e$ would be 6.5, 6.2 and 6.0, respectively. We assume that the symmetrical WE peptides have the same mechanism of action as an asymmetric peptide, however they have less favorable localization of Trp and Glu residues, which reduces their ability to accumulate at the inner leaflet of bilayer of cellular membranes and target acidic tumors. Leu-containing peptides are less advantageous due to their reduced affinity to the headgroup part of the bilayer and high affinity to the center of the membrane.

A novel class of pH-sensitive cyclic peptides containing tryptophan and glutamic acid residues have potential applications for targeting tumors and translocation of polar cargo molecules across cellular membrane. These peptides might have application not only
in targeting of acidic diseased tissue, they might find very interesting applications in cosmetics. It is well known that the natural skin surface pH is on average below 5.46. Thus, topical application of short (8–10 residues long), very stable cyclic peptides might open an opportunity to tether various cosmetic and skin care products to the skin surface.

METHODS

Materials. The materials including Fmoc-L-amino acid building blocks, preloaded amino acids on 2-chlorotrityl resin as solid support, and 2-(1H-benzotriazol-1-yl)-1,1,3,3-tetramethyluronium hexafluoro-phosphate (HBTU) used for coupling reagents were purchased from Chem-Impex Int’l Inc., Wood Dale, IL. Piperidine and N-methylmorpholine were purchased from Sigma-Aldrich Chemical Co. (Milwaukee, WI). The other chemicals such as N,N-diisopropylethylamine (DIPEA), cleavage cocktail reagents trifluoroacetic acid (TFA), 1-hydroxy-7-azabenzotriazole (HOAt), N,N'-diisopropylcarbodiimide (DIC), acetic acid (AcOH), 2,2,2-trifluoroethanol (TFE), anisole, thioanisole, ethanedithiol (EDT), and anhydrous solvents such as N,N'-dimethylformamide (DMF), dichloromethane (DCM), hexane, acetic acid (AcOH), and 2,2,2-trifluoroethanol (TFE) were purchased from Fisher Scientific, Pittsburg, PA.

Methodology of Peptide Synthesis. In brief, the linear protected peptide was first assembled. Direct cleavage of peptide-attached resin in the presence of AcOH/TFE/DCM (1:2:7 v/v/v) generated the linear peptide. Cyclization in dilute condition using DIC/HOAt in DMF/DCM solution for 12 hours, followed by the deprotection of the side chain by using cleavage cocktail (TFA:thioanisole:anisole:EDT (90:5:2:3 v/v/v/v) afforded the
cyclic peptide. The peptides were synthesized by employing the N-(9-fluorenyl)methoxycarbonyl (Fmoc)-solid phase chemistry using PS3 automated peptide synthesizer (Rainin Instrument Co., Inc.) at room temperature. The peptide sequence was assembled on preloaded amino acid on 2-chlorotriyl resin using coupling, activating, and deprotecting reagents using HBTU, N-methylmorpholine (0.4 M), and piperidine in DMF (20% v/v), respectively. The amino acids in the peptide sequence were coupled using coupling reagents and activating reagent in DMF for 1 hour followed by washing with DMF 3 times. The deprotection was carried using piperidine (20%, v/v) in DMF for 2 times, 10 minute for each time, followed by washing with DMF (3 times). The appropriate sequence of linear protected peptide was assembled using the synthesizer. N- to C-terminal cyclization of peptide were achieved by cleavage of protected peptidyl resin by stirring the peptidyl resin in freshly prepared cleavage cocktail of AcOH/TFE/DCM (1:2:7, v/v/v) for 1 hour at room temperature followed by washing the resin with TFE:DCM (2:8 v/v, 2 times). The collected filtrate was evaporated using a rotary evaporator followed by azeotropic removal of acetic acid by addition of hexane and dichloromethane to afford high viscous liquid or solid-protected linear peptide. The crude linear protected peptide was dissolved in excess of solvents DMF:DCM (4:1 v/v) followed by the addition of HOAt/DIC (1:1.1 equiv) for cyclization for 12–48 hours confirmed by MALDI TOF-TOF mass spectrometry. The solvent was evaporated under high reduced pressure in a rotatory evaporator at 40–45 °C to remove DMF. The final cleavage of side chain protection from the peptide were carried out after confirming the peptide cyclization by MALDI mass spectrometer data by shaking the cyclized peptide mixture in cleavage cocktail reagent R (TFA/thioanisole/anisole/EDT (90:5:2:3 v/v/v/v, 10–15 mL) for 2–4 hours followed by
pre-cipitation of peptide using cold ether, centrifugation at 2500 rpm and washing with excess of cold ether at 25 °C for 5 min. The crude peptide was purified with semi preparative reversed phase high performance liquid chro-matography (RP-HPLC) by using Hitachi L-2455 on a C18 Phenomenex Prodigy reversed-phase column (10 μ m, 250 cm × 21.2 cm). The pure peptide was eluted at 15.0 mL/min using a gradient of binary solvent system using water and acetonitrile with 0.1% TFA for 0–100% over 60 min. The pure collected peptide fractions were pooled and lyophilized to provide solid powder in purity of ≥98%. All peptides were characterized by using high resolution time of flight AXIMA-performance MALDI TOF-TOF mass spectrometer (Shimadzu). The above mentioned protocol was applied for the synthesis of all cyclic peptides. The concentration of the peptides was calculated spectrophotometrically by measuring absorbance at 280 nm. The extinction coefficients, \( \varepsilon_{280} \), M\(^{-1}\) cm\(^{-1}\), for the peptides are the following: 
\[ c[(WE)_4WC] = 28,000; \quad c[(WE)_5WC] = 33,600; \quad c[(WE)_3WC] = 2,400; \quad c[(LE)_4WC] = 5,600; \quad c[E_4W_3C] = 28,000; \quad l(CW(EW)_4) = 28,000. \]

**Synthesis of Cyclic Peptides.** The linear peptide sequence was synthesized on PS3 automated synthesizer as described above in the scale of 0.3 mmol. H-Trp(Boc)-2-chlorotrityl resin (384.6 mg, 0.3 mmol, 0.78 mmol/g) was swelled in DMF, followed by coupling and deprotection cycles to assemble respective amino acids on the peptidyl resin using respective amino acids, such as Fmoc-Glu(OtBu)-OH (382.9 mg, 0.9 mmol), Fmoc-Trp(Boc)-OH (473.9 mg, 0.9 mmol), Fmoc-Cys(Trt)-OH (527.1 mg, 0.9 mmol), and HBTU (341 mg, 0.9 mmol) as the coupling reagent. Fmoc group of N-terminal in the peptidyl resin was removed using deprotection cycle, and the resin was transferred to 100 mL round bottom flask. The linear protected peptide was cleaved by shaking peptidyl resin
in cleavage cocktail AcOH/TFE/DCM (1:2:7 v/v/v, 50 mL) for 1 hour followed by washing the resin using TFE:DCM (2:8 v/v, 10 mL, 2 times). The combined filtrate was evaporated to dryness with the subsequently addition of hex-ane (50 mL × 3) and DCM (10 mL × 3) to remove acetic acid, which provided solid white crude protected peptide ready for cyclization. The cyclization was carried out by dissolving the solid peptide in anhydrous DMF/DCM (250 mL, 4:1 v/v) under nitrogen using DIC (155.0 μL, 0.99 mmol) and HOAt (122.5 mg, 0.9 mmol) with stirring at room temperature for 24 hours. The cyclized product was confirmed by taking a small aliquot of the reaction mixture and cleavage with reagent R and using MALDI. After cyclization was confirmed, the solvents were evaporated under high reduced pressure, and the side chain protections were removed by addition of cleavage cock-tail of reagent R, TFA/thioanisole/anisole/EDT (15 mL, 90:5:2:3 v/v/v/v), and shaking at room temperature for 3 hours. The peptides were precipitated, centrifuged, and washed with cold diethyl ether to yield the crude white solid peptide. The peptides were dissolved in H₂O/CH₃CN with 0.1% TFA and purified using RP HPLC. Then, the pure fractions were collected, concentrated and lyophilized to afford pure solid white powder of c[(WE)₄WC] peptide. MALDI-TOF (m/z) [C₇₈H₈₃N₁₅O₁₈S]: calcd, 1549.6; found, 1572.3 [M + Na]+; c[(WE)₅WC]: MALDI-TOF (m/z) [C₉₄H₁₀₀N₁₈O₂₂S]: calcd, 1864.7; found, 1865.4 [M + H]+; c[(WE)₃WC]: MALDI-TOF (m/z) [C₆₂H₆₆N₁₂O₁₄S]: calcd, 1234.5; found, 1234.7 [M]+; c[(LE)₄WC]: MALDI-TOF (m/z) [C₅₈H₈₇N₁₁O₁₈S]: calcd, 1549.6; found, 1549.1 [M]+. A similar procedure was used for the synthesis of c[R₄W₅C] except using Fmoc-Arg(Pbf)-OH instead of Fmoc-Glu(OtBu)-OH. c[R₄W₅C]: MALDI-TOF (m/z) [C₈₂H₁₀₃N₂₇O₁₀S]: calcd, 1657.8; found, 1658.5 [M + H]+.
Synthesis of \( l(CW(EW)_4) \). The linear peptide was assembled as described above using H-Trp(Boc)- 2-chlorotrityl resin (384.6 mg, 0.3 mmol 0.78 mmol/g) in reaction vessel. The peptide sequence was assembled using the appropriate amino acid building blocks Fmoc-Glu(OtBu)-OH (382.9 mg, 0.9 mmol), Fmoc-Trp(Boc)-OH (473.9 mg, 0.9 mmol), Fmoc-Cys(Trt)-OH (527.1 mg, 0.9 mmol), and HBTU (0.9 mmol, 341 mg) as the coupling reagent. The final N-terminal Fmoc group was deprotected. The peptide was cleaved from the resin and side chain was deprotected by reaction of the peptidyl resin with freshly prepared cleavage cocktail reagent R, TFA/thioanisole/anisole/EDT (15 mL, 90:5:2:3 v/v/v/v), for 3 hours at room temperature. The linear protected peptide was precipitated, centrifuged, and purified by using RP-HPLC as mentioned above to yield \( l(CW(EW)_4) \). MALDI-TOF (m/z) \([C_{78}H_{85}N_{15}O_{19}S]\): calcd, 1567.6; found, 1606.1 [M + K]+.

Labeling of Peptides with Fluorescent Dyes. Peptides were conjugated with Alexa546- and Fluorescein- 5-maleimide (Life Technologies) in DMF at a ratio of 1.2:1 and incubated at room temperature for about 6 hours and then at 4 °C until the conjugation reaction was completed. 50 mM of sodium phosphate/150 mM NaCl buffer pH 7.0 (saturated with argon) was added to the reaction mixture (1/10 of the total volume). The reaction progress was monitored by the reverse phase HPLC. The products were purified by the reverse phase HPLC, lyophilized and characterized by SELDI-TOF mass spectrometry. The concentration of the constructs was determined by absorbance at 556 and 494 nm using molar extinction coefficients of 93,000 M\(^{-1}\)·cm\(^{-1}\) for Alexa546 and 68,000 M\(^{-1}\)·cm\(^{-1}\) for Fluorescein-5 (FITC).

Synthesis of Peptide-Amanitin Constructs. We conjugated symmetric \( c[(WE)_4WC] \) and asymmetric \( c[E_4W_5C] \) peptides with alpha-amanitin (Sigma-Aldrich) via cleavable S-S
bond. Furthermore, asymmetric \( c[E_4W_5C] \) peptide was labelled with amanitin via non-cleavable bond. The conjugation scheme consisted of 2 steps: i) OH group of amanitin was conjugated with NHS group of the cleavable crosslinker, SPDP, \( N\)-succinimidyl 3-(2-pyridyl-dithio)-propionate or the non-cleavable crosslinker, GMBS, \( N\)-\( \gamma \)-maleimidobutryryl-oxysuccinimide ester (both crosslinkers were from Thermo Scientific) in 50 mM sodium phosphate/150 mM NaCl buffer pH 8.0 at a ratio 1:20 at room temperature for 4 hours to get SPDP-amanitin or GMBS-amanitin. The products were purified by the reverse phase HPLC on Zorbax SB-C18 column (9.4 × 250 mm, 5-Micron). SPDP-amanitin was eluted using a gradient: 0–25%, 40 min (water and acetonitrile with 0.05% TFA) and lyophilized. \( c[(WE)_4WC] \) and \( c[E_4W_5C] \) peptides were incubated with SPDP-amanitin or GMBS-amanitin in 100 mM sodium phosphate/150 mM NaCl buffer pH 7.8 (saturated with argon) at a ratio 1:1 at room temperature for 1 hour to obtain amanitin-SPDP-peptides or amanitin-GMBS-peptide, respectively. The products were purified by the reverse phase HPLC on Zorbax SB-C18 column (9.4 × 250 mm, 5-Micron) using gradient 10–55%, 40 min (water and acetonitrile with 0.05% TFA). The products were lyophilized and characterized by SELDI-TOF mass-spectrometry. The calculated and obtained masses for the peptides were the following: \( c[E_4W_5C] \)-SPDP-amanitin: SELDI-TOF (m/z) \([C_{120}H_{139}N_{25}O_{33}S_3]\): calcd, 2553.9; found 2555.5 [M + H]+; \( c[E_4W_5C] \)-GMBS-amanitin: SELDI-TOF (m/z) \([C_{125}H_{144}N_{26}O_{35}S_2]\): calcd, 2632.9; found 2634.6 [M + H]+, and 2657.8 [M + Na]+; \( c[(WE)_4WC] \)-SPDP-amanitin: SELDI-TOF (m/z) \([C_{120}H_{139}N_{25}O_{33}S_3]\): calcd, 2553.9; found 2554.5 [M + 1]+.

**Liposome Preparation.** Large unilamellar vesicles (LUVs) were prepared by extrusion. POPC, 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (Avanti Polar Lipids), or a
mixture of POPC with 0.5% of 18:1 NBD-PE, 1,2-dioleoyl-
sn-glycero-3-phosphoethanolamine-N-7-nitro-2-1,3-benzoxadiazol-4-yl ammonium salt (Avanti Polar Lipids) were dissolved in chloroform, desolvated on a rotary evaporator, and dried under high vacuum for several hours. The phospholipid film was then rehydrated in 10 mM phosphate buffer pH 8.0, vortexed until the lipid bilayer was completely dissolved, and repeatedly (15–21 times) extruded through the membranes with 50 nm pore sizes to obtain LUVs.

**Steady-State Fluorescence and CD.** Freshly prepared peptides and POPC vesicles were mixed to have 5 μM of a peptide and 1.25 mM of lipids in the final solution. Steady-state fluorescence measurements were carried out on a PC1 spectrofluorometer (ISS, Inc.) under temperature control at 25 °C. Tryptophan fluorescence was excited at 280 nm (there is no Phe or Tyr in the peptides) and recorded with the excitation and emission slits set at 1 nm. The polarizers in the excitation and emission paths were set at the “magic” angle (54.7° from the vertical orientation) and vertically (0°), respectively. Steady state CD measurements were carried out in MOS 450 spectropolarimeter (Bio-Logic, Inc.) with the same concentrations of peptide and lipids used in fluorescence measurements.

**pH-Dependence.** pH-dependent partitioning of the peptides into a lipid bilayer of the membrane was investigated by the shift of the position of the fluorescence spectral maximum for the peptides in the presence POPC liposomes induced by a drop of pH from 8 to 2.5 by the addition of HCl. The peptides were incubated overnight with 50-nm POPC liposomes (final concentration of the peptides and POPC in solution was 5 μM and 1 mM, respectively), and pH decrease was achieved by the addition of aliquots of 4, 2, 1 and 0.1 M HCl. pH was measured by micro-electrode probe (Thermo Electron Corporation, Orion
Ross Micro pH electrode). Fluorescence spectra were recorded at each pH value. The spectra were analyzed by the decomposition algorithms using on-line PFAST toolkit\textsuperscript{47} (Protein Fluorescence and Structural Toolkit: http://pfast.phys.uri.edu/) to establish the position of the emission maximum. Finally, the positions of the fluorescence spectral maxima ($\lambda_{\text{max}}$) were plotted versus pH, and the Henderson–Hasselbalch equation was used to fit the data (using Origin 8.5 software):

$$
\lambda_{\text{max}} = \lambda_{1\text{max}} + \frac{(\lambda_{2\text{max}} - \lambda_{1\text{max}})}{1 + 10^{(pH - pK_a)}}
$$

(2)

where $\lambda_{1\text{max}}$ and $\lambda_{2\text{max}}$ are the beginning and the end of the transition, respectively, and $pK_a$ is the midpoint of the transition.

**Titration.** Samples containing 5 μM of peptides at pH 8 and pH 3, and varying concentrations of lipids of the 50 nm POPC liposomes were prepared. The fluorescence spectra of peptides in all samples were measured at 280 nm excitation at 25 °C. A series of POPC blanks with the same concentrations of lipids were measured with the same instrument settings and were subtracted from the corresponding fluorescence spectra of peptides in the presence of POPC. The areas under the emission spectra were calculated and the values were normalized to the first point (the emission of the peptide in the absence of POPC). The titration data were fitted by the peptide-membrane partition model to calculate the mole-fraction partition coefficient, $K$

$$
F = F_0 + \Delta F - \frac{K \cdot C_{\text{lip}}}{W + K \cdot C_{\text{lip}}}
$$

(3)
$F_0$ is the fluorescence intensity at zero concentration of lipids (in our case $F_0 = 1$); $\Delta F$ if the fluorescence increase in the result of the titration with lipids; $C_{\text{lipids}}$ is the concentration of lipids; $W$ is the molar concentration of water (55.3 M). Nonlinear least squares curve fitting procedure using Levenberg-Marquardt algorithm was implemented in Origin 8.5.0 SR1. The Gibbs free energy ($\Delta G$) was calculated according to the equation:

\[
\Delta G = -RT \cdot \ln(K)
\]

where $R$ is the gas constant and $T$ is the temperature in Kelvin.

**Dual Quenching.** POPC liposomes without and with 10% of the lipids replaced by 10-doxylnonadecane (10-DN) (Avanti Polar Lipids) were prepared in 10 mM citrate-phosphate buffer pH 8.0. Peptides and POPC liposomes were mixed to generate final concentrations of 7 μM peptide and 2.1 mM POPC without and with 10-DN. In some of the samples, the pH was lowered to pH 4 by addition of aliquot of 2 M citric acid, and other samples were kept at pH 8. Quencher, acrylamide (Sigma-Aldrich), was added to the samples of POPC liposomes containing no 10-DN, to have final concentration of 235 mM acrylamide. Concentration of peptides in all samples was kept constant. To observe quenching of tryptophan fluorescence by 10-DN or acrylamide, the tryptophan fluorescence was recorded as described above. The appropriate POPC blanks were measured and subtracted from the measured spectra before analysis. The percentage of quenching was calculated.

**NBD-FRET.** First, symmetrically NBD-labelled POPC liposomes containing 0.5% of
NBD-PE were prepared. Next, 1.2 mL of 6 mM of symmetrically NBD-labelled POPC liposomes were incubated with 150 μL of 1 M freshly prepared membrane-impermeable dithionite in buffer at pH 8.0 to chemically deactivate of NDB only at the outer leaflet of the bilayer and obtain asymmetrically NBD-labelled POPC liposomes. The decrease of NBD fluorescence occurring in the result of quenching of NBD by dithionite was monitored at the excitation of 463 nm and emission at 530 nm. The dithionite quenching led to the reduction of about 60–65% of NBD fluorescence signal corresponding to the quenching of NBD at the outer leaflet of the bilayer. Next, POPC solution was passed through a G-10 sephadex (Sigma-Aldrich) fast spin column to remove the excess of dithionite. Asymmetrically labelled POPC liposomes were incubated with peptides at concentrations indicated above, and FRET from tryptophan residues to NBD at the inner leaflet of bilayer was monitored at 280 nm excitation wavelength, and emission was recorded from 310 to 580 nm.

**Cell Lines.** Human cervix adenocarcinoma (HeLa) cells were acquired from the American Type Culture Collection. Cells were cultured in Dulbecco’s Modified Eagle’s Medium (DMEM) supplemented with 10% fetal bovine serum (FBS), 10 μg/mL of ciprofloxacin in a humidified atmosphere of 5% CO₂ and 95% air at 37 °C.

**Cytotoxic Assay.** HeLa cells were loaded in the wells of 96-well plates (~5,000 cells per well) and incubated overnight. Growth medium was replaced with the medium without FBS pH 6.2 or pH 7.4 containing increasing amounts of constructs (5, 10, 20, and 40 μM). The same volume of DMEM medium supplemented with 20% FBS, pH 7.4 was added after 2 hours of treatment. After 48 hours of incubation a colorimetric reagent (CellTiter 96 AQueous One Solution Assay, Promega) was added for 1 hour followed by measuring
absorbance at 490 nm to assess cell viability. All samples were prepared in triplicate.

**Proliferation Assay.** HeLa cells were loaded in the wells of 96-well plates (~5,000 cells per well) and incubated overnight. Growth medium was replaced with the medium without FBS pH 6.0 or pH 7.4 containing increasing amounts of peptide-amanitin construct (0.5, 1, 2, and 4 μM). The construct was removed from cells after 3 hours. After 48 hours of cell incubation in standard growth medium, a colorimetric reagent (Cell Titer 96 AQueous One Solution Assay, Promega) was added for 1 hour followed by measurements of absorbance at 490 nm to assess cell viability. All samples were prepared in triplicate.

**Fluorescent Microscopy.** HeLa cells (8,000 cells per dish) were seeded in the center of a 35-mm dish with a 10-mm glass-bottom window coated with collagen (MatTek Corp). Next day cells were incubated with 5 μM of FITC-labelled c[E₄W₅C] peptide for 30 min in DMEM medium without FBS at pH 7.4 or 6.2. Cells were washed 5 times at pH 7.4 and 0.4% Trypan Blue was added for 5 min (1/10 of the total volume). Fluorescent images were acquired with a Retiga CCD camera (Qimaging) mounted to an inverted Olympus IX71 microscope (Olympus America, Inc.).

**Cellular uptake.** HeLa cells (150,000 cells per sample of total volume of 500 μL) were incubated with 5 μM of Alexa546-labelled peptide in Leibovitz’s (L15) medium at pH 6.2 and 7.4 in the presence or absence of 4% of fetal bovine serum (FBS) for 6 hours, followed by extensive washing with L15 medium. The cellular uptake of the constructs was measured by fluorescent signal from cells counted using cellometer (Cellometer Vision CBA, Nexcelom). 4% of FBS was used to mimic the amount of albumin in whole blood, which contains 45% of red blood cells, white blood cells and platelets suspended in plasma (about 55% of volume). Plasma is composed of about 92% of water, 1% of vitamins,
sugars, salts, minerals, hormones and 7% of vital proteins including albumin, gamma globulins and other clotting factor. Thus, the amount of albumin in whole blood is expected to be less than 3.6%.

**Ex Vivo Fluorescence Imaging.** All animal studies were conducted according to the animal protocol AN04-12-011 approved by the Institutional Animal Care and Use Committee at the University of Rhode Island, in compliance with the principles and procedures outlined by NIH for the Care and Use of Animals. 4T1 breast tumors were established by subcutaneous injection of 4T1 cells (8 × 10^5 cells/0.1 mL/flank) in the right flank of adult female BALB/c mice (about 19–22 g weight) obtained from Harlan Laboratories. When tumors reached about 6 mm in diameter single tail vein injections of 100 μl of 40 μM Alexa546-peptides were performed. Control mice bearing tumor used to establish an auto fluorescence signal did not receive fluorescent peptides. At 4 hours post-injection euthanization and necropsy was performed followed by *ex vivo* imaging of tumor, kidneys, liver, lungs and muscle. Mean fluorescence intensity of tumor and organs was calculated using Kodak software.

**Statistical analysis.** Statistically significant differences were determined by two-tailed unpaired Student’s t-test (p-level < 0.05 was taken as significant).

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Orientation and motion of tryptophan interfacial anchors in membrane-spanning


**FIGURES**

Figure 1: Chemical structures of six cyclic and one linear peptides containing tryptophan (Trp, W), leucine (Leu, L), glutamic acid (Glu, E), arginine (Arg, R) and cysteine (Cys, C) residues.
Figure 2: The changes of tryptophan fluorescence are used to follow the partition of the peptides into POPC liposomes as a function of pH. Fitting curves (red lines) and 95% confidence interval (blue lines) are shown.
**Figure 3:** Quenching of fluorescence of peptides in the presence of POPC liposomes at pH 8 (blue lines) or at pH 3 (red lines) by acrylamide (green lines) and 10-DN (magenta lines) are shown. The percentage of quenching is given in Table S3.
Figure 4: NBD fluorescence spectra of peptides in phosphate buffer at pH 8 (black lines) and in presence of asymmetrically labelled POPC liposomes containing NBD at the inner leaflet at pH 8 (blue lines) and at pH 3 (red lines) are shown. The numbers indicate an increase of FRET at pH 3 compared to the peptide fluorescence in phosphate buffer at pH 8.
Figure 5 (a–c) Concentration- and pH-dependent inhibition of HeLa cells proliferation was monitored at 48 hours after incubation of cells within (a) cleavable c[(WE)$_4$WC]-S-S-amanitin, (b) cleavable c[E$_4$W$_5$C]-S-S-amanitin and (c) non-cleavable c[E$_4$W$_5$C]-amanitin constructs for 3 hours at normal (pH 7.4) and low (pH 6.0) pHs followed by constructs removal and keeping cells in DMEM with 10% FBS at pH 7.4. (d) HeLa cells were treated with FITC-labelled c[E$_4$W$_5$C] peptide conjugate (5 μM) for 30 min at pH 7.4 or 6.2, followed by washing at pH 7.4 in both cases, addition of Trypan Blue for 5 min and live cell imaging. (e) Cellular uptake of Alexa546-labelled c[E$_4$W$_5$C] peptide conjugates (5 μM) treated with HeLa cells for 6 hours in L-15 media at pH 6.2 in absence and presence of 4% of FBS, followed by washing and counting of fluorescent signal from cells using cellometer. Data are presented as mean ± St.D. The two-tailed unpaired Student’s t-test was used to calculate p-levels.
Figure 6: *Ex vivo* fluorescence imaging of tumor, muscle, lungs, liver and kidneys collected at 4 hours after intravenous administration of Alexa546-peptides are shown. Three mice per peptide were used in the study.
Figure 7: *Ex vivo* fluorescence imaging of tumor, muscle, lungs, liver and kidneys collected at various time points after intravenous administration of Alexa546 asymmetric $c[\text{E}_4\text{W}_5\text{C}]$ (a) and $c[\text{R}_4\text{W}_5\text{C}]$ (b) peptides; (c) Tumor/organ ratios calculated from the obtained data. Three mice per time point, per peptide were used in the study.
Figure 8: The cyclic peptide molecules distribution between outer and inner leaflets of the lipid bilayer of plasma membrane. At neutral and high pHs, Glu residues are negatively-charged (red circles). Trp residues (green circles) interact with polar headgroups. Cys residue (yellow circle) could be directed into bilayer or away depending on cargo hydrophobicity conjugated with Cys. The majority of cyclic peptides could be found on the outer bilayer of plasma membrane of normal cells compared to the inner bilayer due to the small pH gradient (pHe = 7.4 and pHi = 7.2). A drop of a pH leads to the protonation of Glu residues (blue circles), which enhances peptides hydrophobicity and induces partition into the bilayer.
CHAPTER 2

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The membrane-induced pK_a shifts in wt-pHLIP and its L16H variant

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Abstract
The pH (low) insertion peptide (pHLIP) is a family of peptides that are able to insert into a lipid bilayer at acidic pH. The molecular mechanism of pHLIPs insertion, folding and stability in the membrane at low pH is based on multiple protonation events, which are challenging to study at molecular level. More specifically, the relation between the experimental pK of insertion ($pK_{\text{exp}}$) of pHLIPs and the $pK_a$ of the key residues is yet to be clarified. We carried out a computational study, complemented with new experimental data, and established the influence of (de)protonation of key titrable residues on the stability of the peptide membrane-inserted state. Constant-pH molecular dynamics simulations were employed to calculate the $pK_a$ values of these residues along the membrane normal. In the wt-pHLIP, we identified Asp14 as the key residue for the stability of the membrane-inserted state, and its $pK_a$ value is strongly correlated with the experimental $pK_{\text{exp}}$ measured in thermodynamics studies. Also, in order to narrow down the pH range at which pHLIP is stable in the membrane, we designed a new pHLIP variant, L16H, where Leu in the 16th position was replaced by a titrable His residue. Our results showed that the L16H variant undergoes two transitions. The calculated $pK_a$ and experimentally observed $pK_{\text{exp}}$ values are in good agreement. Two distinct $pK_{\text{exp}}$ values delimit a pH range where the L16H peptide is stably inserted in the membrane while, outside this range, the membrane-inserted state is destabilized and the peptide exits from the bilayer. pHLIP peptides have been successfully used to target cancer cells for the delivery of diagnostics and therapeutic agents to acidic tumors. The fine tuning of the stability of pHLIP inserted state and its restriction to a narrow well-defined pH range might allow the design of new pHLIPs, able
to discriminate between tissues with different extracellular pH values.

INTRODUCTION

The pH (low) insertion peptides (pHLIP) is a family of peptides that insert into lipid bilayers at low pH.\textsuperscript{1–8} The original version of this peptide was derived from a transmembrane C helix of bacteriorhodopsin.\textsuperscript{1} Biophysical studies revealed three major states of pHLIPs (see Figure 1 in Ref. 9): (State I) when the peptide is in solution and does not adopt a defined structure; (State II) in the presence of a membrane at neutral or high pH the peptide is mostly unstructured yet adsorbed to the bilayer surface (pHLIPs with different sequences adopt different configurations in this state\textsuperscript{10,11}); finally (State III), by lowering pH, the key residues protonate, leading to an increase of the peptide hydrophobicity and insertion across the membrane to form a stable transmembrane (TM) \(\alpha\)-helix.\textsuperscript{3} This behaviour from pHLIP peptides is significantly different from other typical transmembrane peptides, such as the WALP/KALP peptide family.\textsuperscript{12–16} In this case, the high membrane affinities are pH-independent and lead to inserted transmembrane helical structures, even when ionized residues are introduced in the middle of the WALP sequence.\textsuperscript{16,17}

pHLIP sequences share common features: a TM region, with hydrophobic residues and one or more acids (Asp or Glu), and N- and C-terminus flanking sequences. Both flanking sequences have several charged residues, which are essential for peptide solubility. In most pHLIPs, C-terminus flanking sequences are transient membrane inserting segments\textsuperscript{18}), which contain a variable number of anionic groups, affecting the rate of pHLIP insertion withdrawal from the bilayer.\textsuperscript{5} The TM sequence (WARYA\textsuperscript{14}DWLFTTPLLLL\textsuperscript{25}DLALLV) of wild- type (\textit{wt}) pHLIP contains many hydrophobic residues (including two Trp residues, which are used to monitor the
propagation of the peptide into the lipid bilayer) and two Asp residues at positions 14 and 25. These titrable residues play an essential role in both the pH-dependent insertion of pHLIP into the lipid bilayer and the stability of the membrane-inserted state, since they must be protonated (at least partially) for insertion process to occur.\(^{19}\) Thermodynamics studies of Trp fluorescence changes in pHLIP with pH on liposomes allow to investigate the stability of the membrane-inserted state at different pH values, which is typically presented by a pK of the peptide insertion (pK\(_{\text{ins}}\) – onward referred as pK\(_{\text{exp}}\)). This pK value is expected to be related with the pK\(_a\) of one or both Asp residues at the membrane/water interface. In fact, the pK\(_{\text{exp}}\) of the wt-pHLIP is 6.0,\(^{20}\) which is the expected value for Asp at the interface.\(^{21}\) Moreover, pHLIP peptides with single mutations D14E or D25E (Asp\(\rightarrow\)Glu) show an increase in the pK\(_{\text{exp}}\) of \(\sim\) 0.5 pK units,\(^{20}\) which is approximately the difference in the pK\(_a\) values between Asp and Glu in solution. This suggests that the pK\(_a\) values of these acids are strongly related with pK\(_{\text{exp}}\). The effect of shifting Asp14 to the 13th or 15th positions which, in principle, changes the solvent exposure of this residue, has also been studied.\(^{22}\) These results, where the pK\(_{\text{exp}}\) decrease is concomitant with an increase of solvent exposure (13th position) and vice versa,\(^{22}\) suggest a crucial role of Asp14 in the stability of the membrane-inserted state.

A typical pHLIP variant has a single value of pK\(_{\text{exp}}\): a pH below which more than 50% of the peptide population is inserted in the bilayer. Since acidosis is a universal marker for tumor identification, the pH-sensitive interaction of pHLIPs with the cell membrane renders it a good transport system for tumor targeting, delivering drugs and imaging agents to cancer cells. pHLIP can target and accumulate in tissues with the extracellular pH below pK\(_{\text{exp}}\), usually cancer cells in tumors, but also naturally acidic organs, such as kidneys and stomach (in the case of oral administration).\(^{20,23,24}\) It would be advantageous to control the stability of pHLIP’s inserted state and restrict it to a narrow well-defined pH range. Cationic residues, when protonated (charged),
have been shown to hinder pHLIP membrane insertion.\textsuperscript{23} A histidine residue, when inserted in a lipid bilayer, has its $pK_a$ value shifted below the $pK_a$ of aspartic acid,\textsuperscript{21} leading to a protonation event (generation of a positive charge), which could destabilize the membrane-inserted state and induce the peptide withdrawal from the membrane. In theory, it is required a large enough difference between the His and Asp $pK_a$ values to generate a significant population of the inserted peptide (where His and Asp are in their neutral forms), but narrow enough to allow the peptide to discriminate between organs/tumors with slightly different acidities.

The investigation of the protonation states of the titrable residues in pHLIPs is an essential step to understand the molecular mechanism of pHLIP action and might open an opportunity to design new peptide variants with desirable targeting properties. Computational approaches are well suited to address this challenge. In particular, molecular dynamics (MD) simulations have been used to investigate the membrane insertion mechanism\textsuperscript{25,26} and the stability of pHLIP.\textsuperscript{27} However, in classical MD simulations all protonation states are fixed, which means that pH is not explicitly modeled. Constant-pH molecular dynamics (CpHMD) methods\textsuperscript{21,28–51} have been developed over the years to allow the inclusion of pH effects in MD simulations. In the stochastic titration method, the Poisson–Boltzmann estimated energies are used in Monte-Carlo calculations to obtain protonation states that are representative of the system conformation/configuration. The use of continuum electrostatics to obtain the free energies of changing protonation states has been successfully adopted by many methods,\textsuperscript{21,30–45} while offering the important advantage of computational speed. We have extended the stochastic titration method\textsuperscript{30,34} to include lipid bilayers (CpHMD-L)\textsuperscript{43,44} in order to study the protonation profiles of peptides and proteins interacting with lipid bilayers.\textsuperscript{21} This methodology was recently used to calculate the $pK_a$ values of individual titrable amino acids when inserting in a lipid bilayer and showed that, despite sampling limitations, it was possible to estimate $pK_a$ values at deep inserted
positions, right before losing contact with bulk water, hence with the proton buffer.\textsuperscript{21} Here, we used our recently developed CpHMD-L method to study the protonation profile of all titrable amino acids in pHLIP when inserted in a lipid bilayer (State III). These simulations were performed to identify the key residues determining the stability of pHLIP in the membrane, which is reflected by the observed experimental pK\textsubscript{a}\textsuperscript{exp}. We also proposed a new pHLIP sequence with a histidine located near the key Asp14 (L16H pHLIP variant). Computer simulations predicted a second protonation event at lower pH values, that experimental results confirmed to be also related with a peptide withdrawal from the membrane.

METHODS
2.1 System setup and CpHMD simulations

In this work, we focused our efforts on the \textit{wt} sequence of pHLIP\textsuperscript{24} and L16H variant (see Table 1). In the case of L16H variant, we replaced the Leu residue at the 16th position with Table 1: pHLIP sequences used in this work. Asp14 and His16 positions are underlined.

\begin{tabular}{ll}
\textbf{Variant} & \textbf{Sequence} \\
\textit{wt}  & \texttt{ACEQNPIYWRYA}^{14}\texttt{DWLFITPLL}^{25}\texttt{DLALLVDAGET} \\
L16H & \texttt{ACEQNPIYWRYA}^{14}\texttt{DWHFTTPLLLL}^{25}\texttt{DLALLVDAGET} \\
\end{tabular}

a His since, being two positions below Asp14 in a $\alpha$-helical structure, the two residues should point to opposite directions. The rationale is based on the assumption that these residues do not interact strongly, thus, they should have their pK\textsubscript{a} values only weakly correlated \textit{wt} and L16H pHLIP sequences were simulated using the stochastic titration CpHMD-L method.\textsuperscript{21,30,34,43,44} The peptides were built inserted in a bilayer of 256 2-oleoyl-1-palmitoyl- \textit{sn}-glycero-3-phosphocholine (POPC) lipid molecules and placed with Asp14 and Asp25, in their protonated (neutral) forms, equidistant to the
membrane center. This unbiased configuration was chosen to avoid favouring the solvent exposure of one acidic residue over the other. The protonation states of Asp, Glu, His, Cys, C-ter and N-ter were allowed to titrate in the pH range of 4.0 to 7.0, with a 1.0 pH step. Each CpHMD cycle was 20 ps long ($\tau_{\text{prn}}$) and each solvent relaxation step was 0.2 ps long ($\tau_{\text{rlx}}$). At each pH value, three replicates were performed for 100 ns. Within this short time scale, the peptides are expected to remain inserted in the membrane which allows us to characterize the pH effects on the membrane-inserted state of pHLIP (State III). The first 20 ns were disregarded in the analyses to allow for system equilibration.

2.2 Molecular dynamics settings

All molecular dynamics simulations were performed with the GROMOS 54A7 force field\textsuperscript{52} using a modified version\textsuperscript{34} of GROMACS 4.0.7.\textsuperscript{53} A twin-range scheme was used with short- and long-range cutoffs of 8 and 14 Å, respectively, with neighbor lists between the two cutoff values being updated every 5 steps. Long-range electrostatic interactions were treated with the generalized reaction field (RF) method.\textsuperscript{54} Although the RF method is not optimal to capture the long range electrostatics of membrane systems, due to its anisotropic nature, there are several advantages in its use within the CpHMD framework, namely the high computation speed and its consistency with the recent GROMOS force fields (including lipid parameters).\textsuperscript{55} where all parametrization and validation were performed with this method. Recently, it has been shown that the system net charge can introduce systematic errors in p$K_a$ values obtained with a $\lambda$-dynamics based CpHMD method.\textsuperscript{56} However, with our CpHMD method, which uses GRF and an implicit ionic strength in the protonation calculations (see below), we have not observed such effects.\textsuperscript{34,45} The RF dielectric constant used was 54.\textsuperscript{57} and an ionic strength of 0.1 M was also employed. The lipid and protein bond lengths were constrained using the P-LINCS algorithm,\textsuperscript{58} while the SETTLE algorithm\textsuperscript{59} was used
for water molecules (simple point charge, SPC\textsuperscript{60}). Newton equations of motion were integrated using a time step of 2 fs keeping constant the number of molecules, the pressure, and the temperature (NPT ensemble). The temperature of the systems was separately coupled to a \textit{v}-rescale\textsuperscript{61} temperature bath at 310 K and relaxation times of 0.1 ps. A semi-isotropic Parrinello-Rahman pressure coupling\textsuperscript{62} was used at 1 bar with a relaxation time of 5 ps and a compressibility of $4.5 \times 10^{-5}$ bar$^{-1}$.

2.3 Poisson-Boltzmann/Monte-Carlo calculations

The Poisson–Boltzmann (PB) calculations were performed using the program DelPhi V5.1,\textsuperscript{63} using partial charges from the GROMOS 54A7 and radii obtained from the Lennard-Jones parameters of this force field. These calculations were performed on the fully atomistic pHLIP/POPC system. The molecular surface of the solute (here the solute can be seen as the membrane + peptide supramolecular complex) was defined using a probe of radius 1.4 Å, the ion exclusion layer was 2.0 Å, and the ionic strength was 0.1 M. A dielectric constant of 2 was used for the solute and 80 for the solvent. A two-step focusing procedure was used with grid spacing of approximately 1 and 0.25 Å in the large and small grids, respectively (corresponding to 91 grid points). In the coarse grid, relaxation parameters of 0.20 and 0.75 were used in the linear and nonlinear iterations processes and periodic boundary conditions were applied in the $x$ and $y$ directions. The background interactions were calculated up to 25 Å and the convergence threshold for the electrostatic potential was set to 0.01.

The PB-derived free energy terms were then used to sample protonation states within a Monte Carlo (MC) scheme performed using the PETIT program.\textsuperscript{64} Proton tautomerism was taken into account in all titrable groups. $\times 10^5$ MC cycles were performed for each conformation where a cycle corresponds to a trial change of each
individual site.

### 2.4 pK\textsubscript{a} calculation along the membrane normal

To calculate the residues pK\textsubscript{a} values along the membrane normal, we split our conformations according to their relative depth to the average position of membrane “P” atoms within a 6 Å radius from pHLIP. This method describes better the local deformations induced by the peptide, since it only uses neighboring “P” atoms to obtain the reference average position.

After sorting the conformations in 1 Å insertion slices, we separate them by protonation states of the group of interest. Here, we apply a minimum criteria of 50 frames in at least 2 pH values in order to be able to calculate the pK\textsubscript{a} values and estimate their standard errors. The protonation states in each slice are used in a Hill fitting procedure to obtain the respective pK\textsubscript{a} value.

Assuming that a peptide stability in the membrane is regulated by the protonation of a single titrable residue, then the most inserted pK\textsubscript{a} value of this residue can be regarded as our “in silico” estimation of the experimentally measured thermodynamic parameter, pK\textsuperscript{exp}. The rationale is that, upon membrane insertion, this pK\textsubscript{memb} value, at the last moment while the group is still in contact with solvent and senses the pH value, will define the peptide stability in the membrane-inserted state.

### 2.4 Analyses and error calculations

The thickness of membrane bilayers is often calculated as the distance between the average Z coordinate of the “P” atoms for each monolayer. However, the presence of a peptide may induce local membrane deformations, which will affect these
calculations. To circumvent these issues and to quantify membrane perturbations, we developed a method that calculates monolayer thickness values, for different annulus regions in the \(xy\) plane moving radially away from the peptide. First, we define an unaffected region, loosely called “bulk”, which (in our simulations) corresponds to all “P” atoms beyond a 15 Å radius from pHLIP. The membrane center is then calculated using only these bulk phosphate atoms as reference. The membrane center allows the splitting of the peptide atoms between the two monolayers, which can now be used in two separate thickness calculations. Moving a sliding annulus (by increasingly changing its radii) away from the peptide in the \(xy\) plane (2 dimensions), we calculate the distance between the average “P” atoms (contained in the annulus) \(Z\) position and the membrane center. This procedure is applied to all snapshots of our simulations and, at longer radii, both monolayer thickness values should converge to a “bulk” value, i.e. half the thickness value for pure POPC.

All error values shown in the \(pK_a\) profile plots were obtained using a modified jackknife resampling method. We generated 5 sub-set combinations of our total sampling by using only 4 out of 5 replicates (1234, 1235, 1245, 1345, and 2345). We used these combinations for the slicing and Hill fitting procedure. The final standard errors were calculated using the generalized formula:

\[
SE = \left\{ \frac{1}{2} \sum \left( \frac{x - x_i}{n - 1} \right)^2 \right\}^{1/2}
\]

In the equation, \(n\) is the number of simulation replicates, \(\bar{x}\) is the predicted \(pK_a\) value and \(x_i\) is the \(pK_a\) value obtained in each \(i\) combination of replicates. We also apply the previous criteria to the \(pK_a\) values calculation, namely, each \(i\) sub-set requires at least 50 frames for each protonation state and a minimum of two different pH
values. Note that this standard error calculation procedure introduces a new restriction criterion to the final pK_a profile plots, where all protonation/insertion values need to be originated from more than one replicate. Finally, all error values above 2 pK units were excluded.

2.6 Synthesis of pHLIP
The L16H pHLIP variant was produced by solid-phase synthesis and purified by CS BioCo., and was characterized by reversed-phase high performance liquid chromatography (RT- HPLC) using Zorbax SB-C18 and Zorbax SB-C8, 4.6 x 250 mm 5µm columns (Agilent Technologies). Peptide solution concentrations were determined using absorbance at 280 nm, where \( c_{280} = 13940 \text{ M}^{-1} \text{ cm}^{-1} \).

2.7 Liposome preparation
Small unilamellar vesicles were used as model membranes and were prepared via thin film formation, rehydration, and extrusion. A thin lipid film was prepared by dissolving 1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC; Avanti Polar Lipids) in chloroform at a concentration of 33 mg mL\(^{-1}\), then desolvated using rotary evaporation and placed under vacuum for 2 hours. The resulting thin POPC film was rehydrated using 2 mM citrate-phosphate buffer at pH 8. Finally, the liposome solution was vortexed and extruded 21 times through a membrane with a pore size of 50 nm.

2.8 pH dependence measurements
The pH dependence measurements were carried out by monitoring the shift of the position of maximum of peptide fluorescence as a characteristic of changes of the peptide environment by varying pH. Peptide fluorescence spectra were measured using a PC1 spectrofluorometer (ISS) with temperature control set to 25.0 °C. Tryptophan residues were excited using an excitation wavelength of 295 nm. Both excitation and emission slits were set to 4 nm widths; excitation and emission polarizers were set to 54.7° (magic angle) and 0.0°, respectively. Samples were prepared 24 hours prior to
running experiments to allow for equilibration in State II.

The pH of solutions containing 7 µM peptide and 1.4 mM POPC was lowered using citric acid and measured using an Orion PerHeCT ROSS Combination pH Micro Electrode and an Orion Dual Star pH and ISE Benchtop Meter (Thermo Fisher Scientific) before and after spectrum measurement to ensure equilibration. At each pH, the tryptophan fluorescence spectrum was recorded, and the spectra were analyzed using the Protein Fluorescence and Structural Toolkit (PFAST) to determine the positions of spectral maxima. The obtained positions of spectral maxima were plotted as a function of pH. The pH-dependence curve was fit using Levenberg Marquardt iteration algorithm of the bi-dose response module in Origin 2017 to determine parameters of cooperativity and mid-point of the transitions.

2.9 Oriented circular dichroism measurements

Oriented circular dichroism (OCD) measurements were performed on an MOS-450 spectrometer (Bio-Logic Science Instruments) in the range of 190 to 260 nm with a step size of 1 nm, and with temperature control set to 25.0 °C. OCD was conducted using supported planar POPC bilayers prepared using a Langmuir-Blodgett system (KSV Nima). Fourteen quartz slides with 0.2 mm spacers were used; after sonicating the slides in 5% cuvette cleaner (Con- trad 70; Decon Labs) in deionized water (≥ 18.2 MΩ cm at 25 °C; Milli-Q Type 1 Ultrapure Water System, EMD Millipore) for fifteen minutes, then rinsing with deionized water, the slides were immersed and sonicated for ten minutes in 2-propanol, sonicated again for ten minutes in acetone, sonicated once more in 2-propanol for ten minutes, and rinsed carefully with deionized water.
Lastly, the slides were immersed in a 3:1 solution of sulfuric acid to hydrogen peroxide for five minutes and rinsed thoroughly deionized water. The slides were stored in deionized water until they were used. POPC bilayers were deposited on the fourteen slides using a Langmuir-Blodgett minitrough: a 2.5 mg mL$^{-1}$ solution of POPC in chloroform was spread on the subphase (deionized water) and fifteen minutes was allotted for the evaporation of the chloroform, after which the POPC monolayer was compressed to 32 mN m$^{-1}$. A lipid monolayer was deposited on the slides by drawing them from the sub-phase, after which a solution of 10 µM peptide and 500 µM of 50 nm POPC liposomes at pH 4 was added to the slides, producing supported bilayer by fusion between the monolayer on the slides and the peptide-laden lipid vesicles. After incubation for six hours at 100% humidity, the slides were rinsed with buffer solution to remove residual liposomes, and the spaces between the cuvettes were filled with buffer of appropriate pH. Measurements were taken at three points during the experiment: directly after the addition of the peptide/lipid solution (0 h), after the slides were rinsed to remove excess liposomes after the six-hour incubation time (6 h), and after an additional twelve-hour incubation time and rinse with buffer (18 h); these measurements were recorded on the MOS-450 spectrometer with sampling times of 1 second at each wavelength.

3 RESULTS AND DISCUSSION

3.1 Molecular details of membrane inserted pHLIP

The main goal of our work is to elucidate the role of titrable residues in the stability of wt-pHLIP membrane-inserted state (State III). Our calculations should correlate with
the equilibrium biophysical studies on liposomes, where pH outside and inside of a liposome equilibrates quickly and is considered to be the same at both sides of a lipid bilayer.\textsuperscript{65} We carried out simulations, at different pH values (4.0–7.0), with the peptide inserted in a POPC lipid bilayer. Within the time scale of our simulations (100 ns), the peptide is expected to remain stable in the membrane-inserted state (the withdrawal process occurs in a much larger time scale\textsuperscript{65}), which allow us to characterize the effect of pH on the membrane-inserted state. There is a multitude of experimental data regarding the characterization of pHLIP in- serted in lipid bilayers.\textsuperscript{1–8,65} In particular, the original transmembrane region (residues 9– 30\textsuperscript{66}) has often been assumed to be conserved with Asp14 and Asp25 inserted in the lipid bilayer. Although, the helical content is conserved in the membrane-inserted state at all simulated pH values (Figure S1 in Supporting Information), the overall preferred position of the peptide is significantly shifted towards the N-terminus monolayer (Figure 1 and Figure S2). At all pH values, the peptide bends at the membrane/water interface, consistently losing helical content around residues 15–18. Interestingly, the proline residue at the 20th position is not directly involved in this loss of secondary structure. The presence of Arg11 in the N-terminus domain, close to the interface, and the presence of two segments of hydrophobic residues, 21-24 and 26-30, seem to be the main factors determining both the position and orientation of wt-pHLIP in the lipid bilayer. At pH 6.0, which is the experimentally observed $pK_{\text{exp}}$, Asp25 is preferably located at the bilayer center, thus not exchanging protons with water. Concomitantly, Asp14 is only partially inserted in the membrane, singling it out as the key proton active residue. Interestingly, the peptide N-terminus is interchanging between the water phase and the water/membrane interface, suggesting that residues 1–13 are either solvated or adsorbed to the membrane. Varying pH leads to slightly different preferred positions for the transmembrane region of pHLIP, where the ionization of Asp14 seems to be the driving factor for the destabilization of the membrane-inserted state. Nevertheless,
even at lower pH values, Asp14 is always able to reach water accessible regions and sense the pH value. At the C-terminus, we observe that the four acidic groups (Asp31, Asp33, Glu34, and C-ter) are also titrating and their preferred positions relative to the membrane center seem to be a consequence of their topological order and ionization states. At high pH values, when these residues are mostly ionized, they are not deeply inserted as Figure S2 suggests, but rather induce a significant local deformation on the closer monolayer. In fact, the mono-layer thickness profiles around pHLIP show a clear local depression in the C-terminus side (Figure 2). A small bilayer deformation (\(\sim 10\%\)) occurs at pH \(< 7.0\), however, a larger effect is observed at pH 7.0 (\(\sim 20\%\) – Figure S3 in Supporting Information), since, at this pH value, the more stable thermodynamic state is not the fully inserted (State III) but rather the membrane-adsorbed (State II). In both cases, the observed deformations are only local being completely dissipated at \(\sim 30\AA\) radially away from the peptide. At the N-terminus side, there is only a small membrane perturbation almost within the error bars. Also, beyond \(\sim 15\AA\) from the peptide, both monolayers thicknesses reach a plateau and the sum of their values correspond roughly to the experimental POPC thickness (36.5 \(\AA\)).

**3.2 pH profile of Asp14**

We calculated the pH values of Asp14 using average protonation values obtained from the constant-pH molecular dynamics simulations (CpHMD-L). This method allows for the titrable residues to update their protonation states depending on the pH and their microenvironment. Hence, it is possible to measure the proton affinity of a given group along the membrane normal. Indeed, we have previously observed that aspartic acid, in the middle of a capped alanine pentapeptide (AADAA), has its pH value shifted when inserting in a lipid bilayer, favoring its neutral form.\(^{21}\) The pH values, varying with the level of residue insertion into the membrane, can be called
pK$_a$ profiles. A key feature of this method is a good estimation of the depth of insertion of a particular residue, which correlates with its solvent exposure, taking into consideration the membrane local deformation. In a pK$_a$ profile, the value calculated at the deepest membrane-inserted location of a residue, the pK$_a$ value at the limit of our sampling, could be considered as an estimation of the pK$_{memb}$. It should correspond to a region of scarce solvent exposure, when the residue does not exchange protons with water anymore, and it is no longer able to sense pH. If we know which residue is responsible for the stability of the peptide membrane-inserted state, then its pK$_{memb}$ value is our estimation of the experimental pK$_{exp}$. The pK$_a$ profile of Asp14 shows significant shift along the membrane normal, reaching a pK$_{memb}$ value of 6.0±0.1, at the deepest membrane inserted position (Figure 3A), which is in excellent agreement with the experimentally observed pK$_{exp}$ value (6.0$^{24}$).

The C-terminus region of pHLIP has five carboxylic acids, including Asp25. In the membrane-inserted configuration, Asp31, Asp33, Glu34 and C-ter are accessing the solvent on the other side of the bilayer, opposite to Asp14. Therefore, in this configuration, their pK$_a$ profiles are only related to the exit pathway insertion process of pHLIP, the protonation order of these acidic residues, is most likely related to their topological position in the peptide sequence (Figure 1). Furthermore, their pK$_a$ values have contributions from the desolvation effects$^{21}$ and the electrostatic repulsion between the negatively charged residues. Hence, the observed trend in the pK$_a$ profiles is in agreement with the expected for an anionic group (Figure 3B). The protonation (charge neutralization) of each residue, reduces the local negative potential, decreasing the pK$_a$ shift of the remaining residues when they reach similar (despite its lack of sampling) because, at this point, all other carboxylic groups are ionized. On the contrary, C-terminus exhibits a small pK$_a$ shift, since it is measured in the absence of other negative charges. Along these lines, Asp25 would show an even higher pK$_{memb}$ value, but not enough (de)protonation events were observed in our simulations, precluding an accurate pK$_a$ calculation.
pHLIP is in equilibrium between the membrane membrane-inserted states and the experimental $pK_{\text{exp}}$ value is an average of these populations ratio. According to our results, the occurrence of the membrane-inserted state requires complete protonation of both Asp25 and Asp14, even though the stability of this state is regulated only by the (de)protonation of Asp14, which is able to exchange protons with water. The double protonation is in agreement with isothermal calorimetry (ITC) data, which estimates that 1.8 protons are required for the insertion process.\(^{19}\) The four carboxylic acids at the C-terminus domain are at the water/membrane interface in both end states, hence, their $pK_a$ values should not have a direct effect on the equilibrium populations. However, the membrane crossing energetic barrier for a charged group is usually unsurmountable.\(^{68,69}\) Therefore, in the kinetic process of the peptide insertion (or exit) into (from) the membrane, all acidic residues in the C-terminus region would need to, at least transiently, protonate. To obtain a fully neutral C-terminus domain, the acidic groups will likely become neutral sequentially, following their topological order. Hence, these protonations can be slow, depending on the number of anionic residues and their $pK_{\text{memb}}$ values. This is in agreement with the experimentally observed slow kinetics for \(wt\)-pHLIP, when compared with other variants with fewer acidic residues in the aforementioned region.\(^ {24}\)

### 3.3 The L16H variant shows two $pK_{\text{exp}}$ values

The ionization of residues in pHLIP TM region induces a transition between State III and II. In the \(wt\)-pHLIP variant, Asp14 preferentially ionizes at pH values larger than 6.0, which leads to the destabilization of the membrane-inserted state and peptide exit from the . However, below pH 6.0 the peptide membrane-inserted state is well stabilized. By introducing a cationic residue (such as histidine) we observe the opposite effect, i.e. the peptide withdrawal from the membrane now occurs at lower pH values when the residue is ionized.\(^ {70}\) Hence, with a combination of these two strategies, we can design
a peptide with two transitions, each having its own $pK_{\text{exp}}$ value. In this case, provided that the $pK_{\text{memb}}$ of the cationic group is lower than that of the anionic, the peptide will be stabilized in its membrane-inserted state in the pH range within the two $pK_{\text{memb}}$ values (Figure 4). To test this hypothesis, we designed the L16H pHLIP variant, where the cationic residue (His16) is deeply inserted in the membrane and facing an opposite direction from Asp14. We have performed CpHMD simulations with this variant and calculated the corresponding $pK_a$ values (Figure 5). The obtained profiles are similar to the observed for pentapeptides inserting into a lipid bilayer.\textsuperscript{21} The $pK_a$ value of His16 (Asp14) decreases (increases) with insertion into the membrane, since the membrane stabilizes their neutral forms. Although the profile of Asp14 is similar to wt-pHLIP, we observe a $pK_a$ increase in the membrane-inserted state. This suggests that the histidine residue slightly alters Asp14 microenvironment upon insertion (even though the conformational properties are not significantly altered - Figure S5 and S6 in Supporting Information). The two $pK_a$ profiles show that the L16H peptide has two $pK_{\text{memb}}$ values ($6.8 \pm 0.2$ for Asp14 and $4.7 \pm 0.3$ or $\sim 3.1$ without error bars - for His16), thus the peptide is expected to be stabilized in the membrane-inserted state only within the 3.1–6.8 pH range.

The L16H pHLIP variant was synthesized and its interaction with POPC liposomes was studied employing spectroscopic techniques. The pH-dependence of L16H pHLIP variant was observed by measuring the shift in the peptide fluorescence spectra maximum between pH 1.5 and 8.5 (Figure 6A). The position of the maximum of the emission spectra mainly reflects the solvent exposure of the tryptophan residues, hence, providing information on the degree of the membrane penetration. The data were fitted assuming two transitions and confirm the existence of two $pK_{\text{exp}}$ in L16H pHLIP variant (5.9 and 3.3), which can be attributed to the $pK_{\text{memb}}$ values of Asp14 and His16, respectively. To identify conformational states of L16H pHLIP at pH 2, 4 and 8 we measured OCD spectra (Figure 6B). At pH 8 no helical structure was
observed, while at pH 4 the transmembrane orientation of helix was confirmed. When pH was lowered to 2, the peptide helical content is still preserved. However, contrarily to the observed at pH 4, a surface helical orientation is predominant. Overall, the obtained results support the two-pK_{memb} insertion mechanism (Figure 4). Below the lowest pK^{exp}, the His residue in the TM region becomes positively charged, while at a pH value above the highest pK^{exp}, the Asp residue becomes negatively charged. In both cases, it leads to the destabilization of the peptide membrane-inserted state and peptide exit from the bilayer. This inserted state is only stabilized in the pH range between the two pK^{exp} values.

Despite the fact that the membrane-inserted pH range is too wide to be useful for practical applications, the obtained results should be regarded as a proof-of-concept. Hence, they can prompt the design of new pHLIP sequences, with different cationic residues, that might narrow down the pK^{exp} range to ~1 pH unit, so pHLIP might be able to discriminate between different cells in an organism.
CONCLUSIONS

In this work, we studied the protonation profile of all titrable amino acids in pHLIP when inserted in a lipid bilayer, and identified Asp14 as the key residue to act as a sensor of the extracellular pH in the membrane-inserted state. The peptide adopts a preferential position in the membrane such that Asp25 remains mainly at the bilayer center, away from water and unable to sense the pH value, i.e. it is not able to exchange protons with the solvent. The pK\textsubscript{memb} value calculated for Asp14 in wt-pHLIP is in excellent agreement with the experimentally measured pK\textsubscript{exp}. Our simulations also helped to understand the role of the acidic residues at the C-terminus flanking sequence. These residues need to be fully protonated to allow the transition of pHLIP from the membrane-adsorbed (State II) to the membrane-inserted (State III) conformation. Consequently, the number of anionic groups can have a direct influence on the kinetics of the peptide insertion process, as already observed experimentally.\textsuperscript{24,65}

The information obtained at the molecular level helped to understand the peptide stability in the membrane and will also give important hints to devise new pHLIP variants with specific features. An example is L16H pHLIP variant, with a histidine residue located in the TM region, near Asp14. Our simulations predicted that this mutation adds a second protonation event, at lower pH values, leading to the peptide withdrawal from the membrane. The simulations were validated by spectroscopic data indicating the presence of two transitions in L16H pHLIP variant. Although this proof-of-concept mutation seems to generate a too large range between the two pK\textsubscript{exp} values, it opens an opportunity for the design of new variants to achieve fine tuning of pH insertion range, hence increasing the potential medical significance of pHLIP technology.
In the future, we also plan to use new enhanced sampling strategies coupled with CpHMD-L simulations in order to improve the accuracy of these pK_a calculations.

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SUPPORTING INFORMATION AVAILABLE

Table with used pHLIP peptides sequences. Figures with: helicity content, distances to membrane center of key residues, and monolayer thickness profiles for both wt and L16H variants. pK_a profile of C-terminus acidic residues of L16H variant.

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Figure 1: Probability density of distance to membrane center of key titrable groups in wt-pHLIP at pH 6.0 (A). The membrane region is marked as gray with a dashed line at its center. For the remaining pH values, see Figure S2 of Supporting Information. Representative conformation of membrane-inserted state of wt-pHLIP with the titrable groups highlighted (B). Lipid tails are represented as transparent sticks with P atoms as grey spheres. pHLIP secondary structure is represented as a dark grey cartoon with key titrable groups side chains in spheres.
Figure 2: Monolayer thickness profiles for wt-pHLIP at pH 6.0. The top monolayer is the one interacting with Asp14 and the bottom is the one interacting with the C-terminus acidic residues. For the remaining pH values, see Figure S3 of Supporting Information.
Figure 3: $pK_a$ profile of Asp14 (A) and C-terminus acidic residues (B) along the membrane normal obtained with CpHMD simulations of wt-pHLIP. The negative insertion values correspond to membrane inserted positions, while positive values correspond to more shallow locations. The insertion values were measured between the titrable group and the average position of the selected phosphate groups within a 6 Å radius.
**Figure 4:** Schematic representation of the pH-dependent mechanism for membrane insertion/withdrawal of L16H pHLIP.
Figure 5: pK$_a$ profiles of Asp14 and His16 along the membrane normal obtained with CpHMD simulations of L16H pHLIP variant. The unfilled circles in the His16 profile correspond to a deep inserted region for which we did not have enough sampling to compute the error bars. They are shown to qualitatively illustrate the profile tendency. The negative insertion values correspond to membrane inserted positions, while positive values correspond to more shallow locations. The insertion values were measured between the titrable group and the average position of the selected phosphate groups within a 6 Å radius. For residues at the C-terminus domain see Figure S4 in Supporting Information.
Figure 6: pH-dependence of the position of the maximum shift of Trp fluorescence spectra of L16H pHLIP variant (A). The experimental data were fitted using the bi-dose response module in Origin 2017, to establish cooperativity (n) and mid transition (pK$^{\text{exp}}$). OCD spectra of L16H pHLIP variant measured on POPC-supported bilayers at pH 2, 4 and 8 (B)
CHAPTER 3

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Kinetics of pHLIP peptide insertion into and exit from a membrane

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Keywords

membrane-associated folding, tumor acidity, kinetics, fluorescence, pHLIP
Author Contributions


Conflict of Interest Statement

D.M.E., O.A.A. and Y.K.R. are founders of pHLIP, Inc. They have shares in the company, but the company did not fund any part of the work reported in this paper, which was carried out in their academic laboratories.
ABSTRACT

To advance mechanistic understanding of membrane-associated peptide folding and insertion, we have studied the kinetics of three single tryptophan pHLIP (pH-Low Insertion Peptide) variants, where tryptophan residues are located near the N terminus, near the middle, and near the inserting C-terminal end of the pHLIP transmembrane helix. Single-tryptophan pHLIP variants allowed us probing different parts of the peptide in the pathways of peptide insertion into the lipid bilayer (triggered by a pH drop) and peptide exit from the bilayer (triggered by a rise in pH). By using pH jumps of different magnitudes, we slowed down the processes, and established the intermediates that helped us to understand the principles of insertion and exit. The obtained results should also aid the applications in medicine that are now entering the clinic.

SIGNIFICANCE

The process of peptide insertion across a membrane is of fundamental interest. It also illuminates our thinking about the ways that lipid boundaries can interact with the molecules they encounter. Obtained in this study results, combined with our recent constant-pH molecular dynamics simulations and kinetics experiments with liposomes of different bilayer thicknesses allowed us to complete a generalized model of the insertion and folding of polypeptides of the pHLIP family, and expand the general view of peptide conformations and dynamic excursions of the bilayer that can accompany interactions with peptides. While the insertion of pHLIPs across membrane bilayers has basic scientific interest, the possibility of clinical applications for tumor imaging and therapy is also
emerging as a reality. By understanding the principles of pHLIP properties, the future applications can be broadened and improved.

INTRODUCTION

pH-Low Insertion Peptides (pHLIPs\textsuperscript{®1}) are being increasingly studied to gain insights concerning peptide folding and insertion into membranes, and to apply them in medicine. Because their membrane insertion from a water-soluble state is triggered by pH changes, a rich opportunity is created for chemical, kinetic and computational studies, as shown by the expanding literature from a growing number of laboratories and ongoing efforts to use them as medically useful acidity sensors \textit{in vivo}. Currently, pHLIPs are being used in studies of membrane-associated folding and unfolding as a model system (1-10), and in a variety of biomedical applications for targeted delivery of imaging and therapeutic agents (11-14). In this paper, we position Tryptophans (Trp) as sensors in the flanking and central regions of a pHLIP and exploit kinetic analysis to study the pathways of membrane entry and exit.

Metabolically active cells, like cancer cells and tumor-associated macrophages within tumors, or activated macrophages in inflamed tissues, are known to acidify their environments (15-18). The extracellular pH in the vicinity of cells in normal healthy tissue is about 7.2-7.4, while pH at the surface of cancer cells could be as low as pH 6.0 (19). Acidity is a possible biomarker for specific targeting of these cells in diseased tissues, but the extracellular pH is only about one pH unit lower than the extracellular pH in healthy
organs, creating a challenge for pH-sensitive agents to discriminate between them. A family of pHLIPs was designed to have a variety of properties while sharing the characteristic pHLIP insertion into membrane lipid bilayers at low pHs (<pH7.0) (11, 20, 21). A pHLIP’s affinity for a membrane leads to a reversible membrane-adsorbed surface state at high and neutral pHs, which allows a pHLIP to sense the pH at the surfaces of cells (1), triggering insertion if the pH is low. Weak surface binding is useful for a pH-sensing agent, since the pH at the surfaces of cancer cells is 0.5-0.7 pH units lower than the bulk extracellular pH and independent of tumor (tissue) perfusion (19, 22). Another feature of the pHLIP delivery system is that these peptides undergo a cooperative coil-helix transition in response to a pH change, and the pK and cooperativity of the transition are tunable by sequence variation. Further, the activation barrier for insertion into bilayers can be adjusted, pre-determining the time required for cellular targeting and insertion (2, 5, 23). These parameters have utility for pHLIP applications to real biological systems.

To advance understanding of the mechanism of the membrane-associated pHLIP folding we have extended our kinetics studies of single-Trp pHLIP variants. Observations using single-Trp variants have allowed us to observe intermediate steps in the pathways of peptide insertion into the lipid bilayer triggered by a pH drop and the peptide exit from the bilayer triggered by a rise in pH.

**MATERIALS AND METHODS**

pHLIP variants were synthesized and purified by CS Bio Co, and tested for purity by HPLC upon receipt. Small unilamellar vesicles were prepared by extrusion. Steady-state
fluorescence and circular dichroism (CD) measurements were performed using a PC1 spectrofluorometer (ISS, Inc) and a MOS-450 spectrometer (Biologic, Inc.), respectively, with temperature control set to 25.0°C. Oriented CD (OCD) measurements were conducted on the supported bilayers placed on quartz slides using the Langmuir-Blodgett system (KSV Nima) as described previously (3). Tryptophan fluorescence and CD kinetics were measured using an SFM-300 mixing system (Bio-Logic Science Instruments) connected to the MOS-450 spectrometer with temperature control set to 25.0°C. All data were fit to the appropriate equations by nonlinear least squares curve fitting procedures employing the Levenberg Marquardt algorithm using Origin 8.5. Detailed descriptions of all methods are presented in the Supporting Information.

RESULTS

We studied the kinetics of insertion into and exit from the lipid bilayer of POPC liposomes using three single Trp pHLIP variants, with the Trp reporters positioned in each flanking region and in the membrane inserted region. pHLIP peptides with a single tryptophan residue allow a “clean” photophysical signals originating from single fluorophores, avoiding spectral heterogeneity. pHLIP variants were designed based on the closely related group of the WT sequences (24), which contains several protonatable residues at the membrane inserting C-terminal end of the peptide. As we demonstrated previously, the presence of protonatable groups at the C-terminus of the peptide slows down the process of insertion of the peptide across a lipid bilayer, as well as slowing exit from the membrane (2, 3). These processes are completed within seconds, as opposed to milliseconds for truncated pHLIPs (2), which allows resolution of structural details along the insertion and
exit pathways. The following single Trp pHLIP variants were designed and used in the current study:

*pHLIP-W6: ADNPW_IYARYADLTTFPLLLDLALLVDFDD*
*pHLIP-W17: ADNNPFIYARYADLT_TWPLLLDLALLVDFDD*
*pHLIP-W30: ADNNPFIYARYADLTTFPLLALLVALLVDWDD*

The length of the designed variants is 32 residues and Trp residues are placed at positions 6, 17 and 30 in the pHLIP sequence in order to be located at the beginning, middle and end of the peptide in its helical inserted form. Phe was replacing other two Trp residues in each variant, which considered to be the best possible substitution of Trp. Using these designs, we can monitor the propagation of different parts of the peptide into and out of the bilayer by recording the changes of their fluorescence signals within single-Trp pHLIP variants.

First, we performed equilibrium measurements presented in Figures 1 and 2. Steady-state fluorescence, CD and OCD measurements were used to ensure that each variant is responsive to pH and adopts a TM helical orientation in a POPC bilayer at low pH, which is the main feature of the peptides of pHLIP family (Supplementary Figure S1). Fluorescence spectra were analyzed using the Protein Fluorescence and Structural Tool Kit (PFAST) to determine the positions of spectral maxima ($\lambda_{\text{max}}$) (25, 26). The transition from the membrane-adsorbed state at high pH to the membrane-inserted state at low pH was assessed from changes of the position of the Trp fluorescence maximum and the ellipticity measured at 222 nm in response to a pH drop from 8.5 to 4 (Figure 1 and Table 1). Analysis of Trp fluorescence reveals the presence of two transitions, which are especially noticeable for the W6 pHLIP variant. The mid-points of the first transition for all variants are
established to be around pH 6 with high cooperativity (parameter \( n \) is from the equation given in the Supplementary Methods section), ranging from 2.4 to 3.5 for different pHLIPs. The second transition is found to be around pH 7.2 with a cooperativity of ranging from 0.5 to 1.6. Interestingly, the CD data reporting the coil-helix transformation are clearly indicative of a single transition with its midpoint at pH 5.8-5.9 and cooperativity ranging from 1.8 to 2.4 for the different pHLIP variants. Note that the transition midpoint is a relatively well defined and stable parameter, while the measured cooperativity is less well determined and might vary over a relatively wide range within experimental error.

The local changes reported by the Trp locations and the general peptide changes reported by CD might be expected to vary from each other, since these parameters might reflect different processes. The high pH transition observed in the fluorescence signal reflects the protonation-deprotonation event, which might be associated with partitioning of regions of the peptide into the lipid bilayer, but not directly associated with the coil-helix transition. The most significant differences occur at the N-terminal part of the pHLIP peptide.

To gain more insight into the locations of Trp residues at different pHs, we carried out Trp fluorescence quenching measurements (Figure 2 and Table 1). The emission of Trp residues was measured at different pHs at increasing concentrations of acrylamide, which is an effective quencher of Trp fluorescence. PFAST analysis was used to calculate Stern-Volmer constants (25, 26) and to calculate the percentage of quenching. At pH 8 and pH 5 the Stern-Volmer plots for all peptide variants demonstrate linear behavior with some upward curvature (Figure 2A and 2D). The upward curvature in quenching by acrylamide was observed before and attributed to the exponential distance-dependent rate of quenching (27). At intermediate pH of 6 a deviation from linearity is observed (Figure 2C),
potentially reflecting the existence of different populations of pHLIPs, where Trp residues are located in different environments and their emission is quenched differently by acrylamide (28). Figure 2E and Table 1 reflect gradual decreases of acrylamide quenching of Trp fluorescence with decreases of pH, which can be attributed to the partitioning of Trp residues into the membrane at lower pH and reduction of accessibility to the quencher. The smallest quenching among all pHLIP variants at low pH was observed for the W6 pHLIP variant, reflecting a more solvent-exposed position for Trp6, which correlates well with its higher long-wavelength emission at low pH compared to Trp17 and Trp30.

Insertion and exit kinetics measurements were triggered by a pH drop from 8 to 4 and a pH raise from 4 to 8, respectively (Supplementary Figure S2). Prior to the pH shift, peptide (14 μM) and POPC (2.8 mM) samples were incubated for 24 hrs to reach equilibrium, when most of the peptide is associated with the liposomes (1). As we found previously, the peptide exit from the membrane is much faster than the insertion into the membrane (2, 3). All (or most) protonatable residues in the TM part and at the inserting end of the peptide need to be protonated and became neutral to enter the lipid bilayer, which takes time. On the other hand, the de-protonation of Asp13 may be enough to induce helix destabilization and peptide exit (4), especially when the C-terminal end of the inserted peptide is in its neutral state due to the fast equilibration of the pH established between the exterior and interior of the liposomes after the pH drop (2). Some differences were observed between variants for the insertion and exit kinetics.

To slow down the kinetic processes and enhance the observed differences we also used intermediate pH jumps: from pH 8 to 5.9-6.2 and from pH 4 to 5.8-6.2, monitoring changes of the fluorescence intensity and the position of maxima of fluorescence spectra during
peptide insertion and exit. The changes of fluorescence were recorded at different wavelengths in a global mode, and fluorescence spectra were restored by data processing (Supplementary Figure S3 presents data obtained for Trp30 as an example). Changes of Trp emission intensity recorded at different intermediate pH jumps are shown on Figure 3. The rates of peptide insertion decrease with decreases of the magnitudes of the pH jumps, and the differences in kinetics pathways between variants become more pronounced (Figure 3 A-C). Trp6 exhibits insertion kinetics with a reversal “kink” where the fluorescence signal first increases, then decays around 15-20 sec after the initiation and is then followed by an emission increase (Figure 3A and 4A). Trp17 reaches its final destination in the membrane rather quickly (Figure 3B). The insertion of Trp30 into the membrane occurs on the time scale of Trp6 and Trp17 insertions. The presence of a “kink” for Trp6 was also observed in the kinetics of the CD signal (Figure 4A) and on the graph of the intensity ratio (Figure 4B) from the fluorescence spectra recorded in the global mode. The ratio is a sensitive measure of the shift of the position of the emission maximum of W6 pHLIP variant insertion. A “kink” was also observed for the Trp30 insertion kinetics by monitoring intensity changes (Figure 4C) and using the intensity ratio (Figure 4D). The data clearly indicate that the propagation of pHLIP peptides into the membrane are associated with a series of changes in the microenvironments of the Trp residues.

The most interesting behavior during the exit of pHLIP variants was observed for Trp30 (Figure 3F and Figure 5). The fluorescence intensity first increased, then was followed by signal decay. The time of the increasing signal was shifted from 1.5 sec in the case of pH jump from pH 4 to 5.8 to 0.4 sec in the case of pH jump from pH 4 to 6.2 (with an intermediate time of 0.92 sec - for the pH jump from 4 to 6.0). While the build up, which
is completed within <2 sec, is difficult to resolve in the global mode, the overall intensity decay (Figure 5B) correlates with the 333 nm to 351 nm ratio of emission. As with the insertion measurements, the exit kinetics reveal subtle features not previously observed.

DISCUSSION

To gain understanding of how a peptide can enter and leave a lipid bilayer, we used the pH-triggered insertion and exit of three single-Trp pHLIP variants. We would like to outline that the study is a model biophysical and extreme pHs are set to observe completion of the transitions. Previously it was shown direct correlation between biophysical studies, experiments on cells for delivery of cargo molecules by pHLIP and animal studies for targeting of acidic tumors (23, 24). We found a previously unknown transition at high pH values that is especially pronounced for the N-terminal part of pHLIP. The transition correlates with our recent constant-pH molecular dynamics (MD) calculations, which suggest a high flexibility of the N-terminal flanking sequence of pHLIP (4). At different pH values in the range of 8.5 to 6.5, pHLIP can adopt various conformational states at a bilayer surface, as was noticed previously (6, 8). These conformational changes are not associated with helix formation. A further drop of pH induces the familiar bilayer-associated coil-helix transition, leading to the stabilization of the TM helix at low pH. Trp residues at positions 6 and 30 in the pHLIP sequences adopt similar, partially exposed positions within the lipid bilayer at the outer and inner leaflets, respectively, after peptide insertion, while Trp at position 17 is located near the center. Acrylamide quenching of Trp fluorescence confirmed single component emission at high and low pHS, when peptides are predominantly equilibrated in the inserted or bilayer-adsorbed states, but heterogeneity
was observed at intermediate pH of 6. By monitoring signals from single-Trp pHLIP variants, we were able to resolve ambiguities created by the interplay of signals from the two Trps in the WT peptide (9).

By using pH jumps of different magnitudes, we found intermediates that help us to better understand the principles of insertion and exit. If the pH jump is large enough, e.g. a change from pH8 to pH4, it can simultaneously protonate all (or most) of the protonatable residues in the membrane inserting part, and the peptide quickly inserts in a TM orientation. We previously found that truncation of the C-terminal, inserting part of WT pHLIP can enhance the rate of insertion by two orders of magnitude, revealing that protonated but still polar C-terminal carboxyl groups can pose a significant barrier for transit of the C-terminus across the bilayer, but that entry can still proceed on a timescale of seconds (2, 23).

However, if the pH jump is to an intermediate value, the concentration of protons in solution is not enough to fully shift the equilibrium toward the protonated form of residues at the C-terminal part of the peptide, and the peptide is trapped into intermediate states. At intermediate pH jumps N- and C-terminal parts of pHLIP alter their positions toward the bilayer center, while Trp17 adopts a position deep within the membrane rather quickly, as would be consistent with a bent but not inserted conformation. The insertion is completed slowly, consistent with a requirement that protonation of most of the Asp/Glu residues is needed for peptide insertion to proceed at a significant rate. As suggested by MD calculations, and as reasonably expected from the progressively lower dielectric environment, the pKa of protonation is shifted toward higher values as Asp, Glu and the C-terminus move deeper into the bilayer (4).
As previously reported, the exit pathway resulting from a pH raise is different from the pathway of insertion (3). Changes in emission of tryptophan at the C-terminal part of pHLIP sequence (Trp30) during exit add to our understanding of the process, in which an increase of pH leads to the de-protonation of key Asp residues, destabilizing the bilayer-inserted state, and triggering peptide exit. We observed an increase or “build up” of the fluorescence signal, followed by its decay, which clearly documents the exposure of Trp30 to the non-polar bilayer environment along the pathway of peptide exit from the bilayer. The propagation of the C-terminal part of pHLIP through the membrane slows down with a decrease of the magnitudes of the pH jumps.

We believe that our kinetics study, together with recent kinetics experiments on liposomes of different thickness of bilayer (5), theoretical (29) and computational (4) work, frames an improved understanding of the mechanism of pHLIP peptide insertion and exit from a bilayer in response to pH jumps. Figure 6 represents the general scheme of the processes as we now understand it. The membrane-adsorbed state is defined as predominantly unstructured (extended coil) with the C-terminus facing to the outside of a liposome (or extracellular space). The exact position of the peptide at the surface of the bilayer at high and neutral pH depends on the pHLIP sequence and lipid composition (6, 7, 24, 30). The inserted state is characterized by a transmembrane orientation of the peptide, with the C-terminal end of the peptide facing the liposome interior (or intracellular space). The transition from membrane-adsorbed to inserted states is triggered by pH, which leads to the protonation of at least some Asp and Glu residues, increase of peptide hydrophobicity, deeper partition into bilayer associated with coli-helix transition. We now recognize a set of possible intermediate states, characterized by partially folded structures at the bilayer.
surface, where the C-terminus is not translocated across the bilayer. The number and nature (transient, semi-stable or stable) of intermediate states is dependent on the number of protonatable groups or polar (charged) cargoes located at the peptide inserting end (2). Charged (or polar) residues and cargoes create forces directed away from the bilayer, which reduces the rate of peptide insertion. As we proposed (2) and recently verified (5), the predominant driving force for the transition from the helical surface intermediate state to the stable membrane inserted state is a relaxation of the membrane distortion created by the inclusion of helical structure at the bilayer surface. The presence of helical instability around the Pro residue in the middle of the helix provides additional flexibility to complete the transition toward a TM orientation. Figure 6 is not a simplified two-state model, it is a generalized model to include the behaviors of various pHLIP sequences within membranes of different lipid compositions.

Recently, a multistage model of WT-pHLIP insertion with distinct equilibrium thermodynamic intermediates has been proposed (8). While it is interesting to think there is a linear progression of states, the fact is that an ensemble of all peptide states exists at each pH, so it remains challenging to define a unique succession. At high and low pH values the predominant, but still not unique states are the peptide membrane-adsorbed and membrane-inserted states, respectively, each of which has a variety of dynamic excursions. However, at intermediate pH values a more distributed mixture of states is present as can be seen in the kinetics measurements, and complexity is shown by the reversal of the fluorescence signal. Of course, in a biological system of living cells in diseased tissues, pH gradients exist across cell membranes, with a low pH at the outside surface of a cell and a higher pH in the cytoplasm (31). In a tumor cell, the pH at the cell surface can be below
6 while the pH inside the cell is thought to be around 7.4. The pH gradient tends to stabilize the inserted state, since any C-terminal protonatable residues translocated across the membrane into the cytoplasm will be relatively de-protonated in the environment of the normal pH of the cytoplasm, which leads to a significant reduction of the rate of peptide exit from the membrane.

Thermodynamics is not limiting for the intracellular delivery of cargo conjugated to pHLIP C-terminal inserting end, since the equilibrium of the pHLIP peptide in a cell with an acidic diseased phenotype will be as a TM helix and the chemical potential of the cargo will be about the same on either side of the membrane. Given enough time for equilibration, even polar or charged cargoes could be delivered into cells and trapped in the cytoplasm. However, in a living biological system the circulatory and other dynamics will tend to remove uninserted pHLIP complexes, so the kinetics of insertion becomes an important factor for tumor targeting and cargo delivery. Since pHLIPs have a significant affinity for bilayer surfaces, they sense the pH at the surfaces of cells in diseased tissues, and when pH is low, pHLIPs insert into cellular membrane. The rate of insertion depends on several factors: i) the level of acidity in the vicinity of cell membrane; ii) number of polar/charged residues at the membrane-inserting end of the peptide and/or polarity/charge of cargo molecule (if any), which peptide is translocating (flipping) across membrane, and iii) composition, thickness and fluidity of membrane (2, 5).

While the insertion of pHLIPs across membrane bilayers is of basic scientific interest, the possibility of clinical applications for tumor imaging and therapy is emerging as a reality. Clinical trials for applications to the targeting of imaging agents are about to start, with the first patients being scheduled at the time of this writing, and trials based on targeting tissues
with a therapeutic agent are anticipated in 2020. By understanding the principles of pHLIP properties, it is likely that future applications can be broadened and improved.

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Table 1. Tryptophan emission parameters obtained from steady-state fluorescence and CD measurements (mean ± standard deviation) are presented. The tryptophan fluorescence spectra were processed by PFAST to identify positions of spectral maxima ($\lambda_{\text{max}}$). Values of $\lambda_{\text{max}}$ were averaged over several different steady-state fluorescence measurements. The parameters representing transitions induced by a pH drop from 9 to 3, including the midpoint of the pH transition ($pK$) and cooperativity ($n$), were calculated by fitting values of the position of maximum of fluorescence (Fluor) and ellipticity at 222 nm (CD) measured at different pHs. The Stern-Volmer constants ($K_{SV}$, M$^{-1}$) for acrylamide quenching of tryptophan fluorescence of peptides in POPC liposomes at different pHs were obtained after PFAST analysis of fluorescence spectra.

<table>
<thead>
<tr>
<th></th>
<th>W6</th>
<th>W17</th>
<th>W30</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\lambda_{\text{max}}$, pH8 (nm)</td>
<td>349.5 ± 0.4</td>
<td>349.2 ± 0.3</td>
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<td>$\lambda_{\text{max}}$, pH8 + PC (nm)</td>
<td>347.9 ± 0.9</td>
<td>346.9 ± 0.8</td>
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<td>$\lambda_{\text{max}}$, pH5 + PC (nm)</td>
<td>340.4 ± 0.7</td>
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<td>339.7 ± 0.9</td>
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<td>Fluor, $pK_1$</td>
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<td>6.0 ± 0.0</td>
<td>6.1 (fixed)</td>
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<td>Fluor, $n_1$</td>
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<td>2.6 ± 0.1</td>
<td>2.4 ± 0.2</td>
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<tr>
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<td>7.3 ± 0.1</td>
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<td>Fluor, $n_2$</td>
<td>1.6 ± 0.4</td>
<td>1.2 ± 0.4</td>
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<td>CD, $pK$</td>
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<td>$K_{SV}$, pH7.9-8.1 PC (M$^{-1}$)</td>
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<td>$K_{SV}$, pH4.8-5.0 PC (M$^{-1}$)</td>
<td>6.2 ± 0.9</td>
<td>2.4 ± 0.1</td>
<td>2.9 ± 0.2</td>
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FIGURE LEGENDS

Figure 1. pH-dependent bilayer insertion of pHLIP variants. The pH-dependent insertion of W6 (A and D), W17 (B and E) and W30 (C and F) pHLIP variants into the lipid bilayers of POPC liposomes was studied by monitoring the changes in the position of maxima of tryptophan fluorescence spectra (A-C) and ellipticity of CD signals measured at 222 nm (D-F) as function of pH. The data were fitted using the Henderson-Hasselbalch equation, the fitting curves and 95% confidence interval are shown by red and pink areas, respectively.

Figure 2. Acrylamide quenching. Quenching of tryptophan fluorescence of W6, W17 and W30 pHLIP variants in presence of POPC liposomes at the range of pH values: pH7.9-8.1 (A), pH7.0-7.3 (B), pH5.9-6.2 (C), pH4.8-5.0 (D) are presented. The percentage of quenching at different pHs calculated for different pHLIP variants is shown in panel E, assuming quenching of tryptophan in solution by acrylamide (21 M^-1) to be 100%.

Figure 3. Kinetics of insertion and exit. Representative kinetic curves for the insertion (A-C) of W6 (A, D), W17 (B, E) and W30 (C, F) pHLIP variants into the lipid bilayer triggered by drops of pH from pH8 to pHs 5.8, 6.0 and 6.2, and for the exit (D-F) of W6 (A, D), W17 (B, E) and W30 (C, F) pHLIP variants out of the lipid bilayer triggered by raises of pH from pH4 to pHs 5.8, 6.0 and 6.2 are shown. The normalized fluorescence measured via 320 cut off filter is presented.
**Figure 4. Kinetics of insertion.** Representative kinetic curves for the insertion of W6 (A, B) and W30 (C, D) pHLIP variants into the lipid bilayer triggered by drops of pH from pH8 to pH5.8-5.9, and from pH8 to pH6.2, respectively, are shown. The peptides insertion was monitored by changes of fluorescence intensity (A, C) and ratios of fluorescence measured at different wavelengths in the global mode kinetics experiments (B, D). The W6 pHLIP variant folding and unfolding was monitored by changes of the CD signal (A). Red curves in panels B, C and D represent averages of the measured signal shown in black.

**Figure 5. Kinetics of exit.** Representative kinetic curves for the exit of the W30 pHLIP variant from the lipid bilayer triggered by raises of pH from pH4 to pHs 5.8, 6.0 and 6.2 are shown. The peptide exit from the membrane was monitored by changes of fluorescence intensity (A, B) and ratio of fluorescence measured at different wavelengths in global mode kinetics experiments (C). Red curve at panel C represents averaged of the measured signal shown in black.

**Figure 6. Model of pHLIP insertion and exit.** Schematic presentation of pHLIP folding and insertion into a bilayer, as well as the pHLIP exit and unfolding are shown. Approximate locations of Trp6, Trp17 and Trp30 are shown by green, blue and yellow colors, respectively. The structure of WT pHLIP in the membrane-inserted state was taken from the results of MD simulations (15).
Figures

Figure 1
Figure 2
Figure 3
Figure 4
Figure 5
Figure 6

insertion/folding triggered by pH drop

exit/unfolding triggered by pH increase
Supporting Information

METHODS

Peptide Preparation

Peptides were synthesized and purified by CSBio (Menlo Park, CA). Purified peptides were dissolved in 6 M urea and passed through a G-10 size exclusion spin column to transfer to 10 mM phosphate buffer, pH 8. Peptide concentrations were calculated using absorbance measurements at 280 nm, where $\varepsilon_{280} = 8,520 \, M^{-1} \cdot cm^{-1}$.

Liposome Preparations

Small unilamellar vesicles were prepared by extrusion. 1-Palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC, Avanti Polar Lipids, Inc.) dissolved in chloroform at a concentration of 12.5 mg/ml was desolvated in a rotary evaporator to create a phospholipid film and placed under high vacuum for 2 hours. Lipids were then rehydrated in phosphate buffer (pH 8) and extruded through membranes with pore size of 50 nm. The liposome size distribution was measured using a nanoparticle tracking system, Nanosight (NS300, Malvern).

EQUILIBRIUM MEASUREMENTS

Steady-State fluorescence and CD

All steady-state spectral measurements including fluorescence, circular dichroism (CD), oriented CD (OCD), pH-dependence and acrylamide quenching were performed using a PC1 spectrofluorometer (ISS, Inc) and a MOS-450 spectrometer (Biologic, Inc with temperature control set to 25.0°C. Tryptophan fluorescence spectra were recorded from
310 to 390 nm with step of 1 or 2 nm using an excitation wavelength of 295 nm. Excitation and emission polarizers were set to 54.7° and 0.0°, respectively. CD and OCD spectra were recorded from 195 to 260 nm with step of 1 nm. The concentration of peptide and liposomes were 7 μM and 1.4 mM, respectively.

**Oriented CD**

OCD measurements were conducted on supported bilayers deposited on quartz slides using a Langmuir-Blodgett system (KSV Nima). Fourteen slides were cleaned using the following protocol; sonication for 10 min in cuvette cleaner solution (5% Contrad in water), 2-propanol, acetone, 2-propanol, followed by rinsing in deionized water. Finally, the slides were immersed in a mixture of concentrated sulfuric acid and hydrogen peroxide (3:1 ratio) for 5 min to remove any remaining organic material and then rinsed three times in deionized water. The slides were stored in deionized water until the monolayers were applied. The POPC monolayers were deposited on the quartz slides using a KSV minitrough. For the Langmuir-Blodgett system, POPC dissolved in chloroform solution at 3 mg/ml was spread on subphase. After allowing chloroform to evaporate, the POPC monolayer was compressed to 32 mN/m. The initial layers on the slides were deposited by retrieving the slide from the subphase at a rate of 15 mm/min, and the second layer was added by introducing a solution of 10 μM peptide and 1 mM POPC liposomes (50-nm in size) at pH 4, resulting in the creation of the supported bilayer via fusion of one layer with liposomes. After incubation for 6 h at 100% humidity, excess vesicles were carefully removed, buffer at pH 4 was added to the spaces between slides, and the slides were stacked with 0.2-mm spacers. CD measurements were taken at three time points: immediately after
the addition of the peptide/liposome solution (0 h), after 6 h and 12 h of incubation time (6 h and 12 h).

**pH dependence**

The pH-dependent insertion of the peptides into the lipid bilayer of liposomes was studied by monitoring either the changes in tryptophan fluorescence spectra or changes in the molar ellipticity at 222 nm as a function of pH. After the addition of aliquots of citric acid, the pHs of solutions containing 7 μM peptide and 1.4 mM POPC liposomes were measured using an Orion PerHecT ROSS Combination pH Micro Electrode and an Orion Dual Star pH and ISE Benchtop Meter before and after each spectrum measurement to ensure that equilibrium is achieved. The tryptophan fluorescence at each pH was measured on a PC1 spectrofluorometer. Fluorescence spectra were analyzed using the Protein Fluorescence and Structural Tool Kit (PFAST) to determine the positions of spectral maxima ($\lambda_{max}$). Finally, $\lambda_{max}$ or millidegree were plotted as a function of pH. The pH-dependence was fit with the Henderson-Hasselbach equation (using OriginLab software) to determine the cooperativity ($n_i$) and the mid-point ($pK_i$) of a single or two transitions:

$$\text{Normalized pH dependence} = \frac{1}{1 + 10^{n_i(pH - pK_i)}}$$

**Acrylamide quenching**

Tryptophan fluorescence quenching experiments were conducted using acrylamide in the cuvette of 3 x 3 mm. Solutions containing 7 μM of pHLIP peptides and 1.4 mM of POPC liposomes were adjusted to about pH 8, 7, 6, or 5. Tryptophan fluorescence quenching was achieved by addition of increasing amounts of acrylamide. Different amounts of acrylamide used for different pH values (the maximum was 0.2-0.3 M of acrylamide for
measurements performed at low pH). The obtained data were corrected for the dilution and inner filter effect taking into account that the extinction coefficient for acrylamide at 295 nm is 0.25 M\(^{-1}\)cm\(^{-1}\). PFAST analysis was employed to calculate Stern-Volmer constants and to calculate the percentage of quenching (100% was assigned to the quenching of tryptophan in solution, \(K_{SV} = 21 \text{ M}^{-1}\)).

**Kinetics Measurements**

Tryptophan fluorescence and CD kinetics were measured using a SFM-300 mixing system (Bio-Logic Science Instruments) in combination with the MOS-450 spectrometer with temperature control set to 25.0°C. All samples were degassed before measurements to minimize air bubbles in the samples. Peptide (14 μM) and POPC (2.8 mM) samples were incubated for 24 hrs to reach equilibrium, when most of the peptide is associated with liposome lipid bilayers. To follow peptide insertion, equal volumes of peptide-POPC solution and citric acid were fast mixed (5-ms dead time) to lower the pH from pH 8 to the desired lower pH value. To measure peptide exit, equal volumes of peptide-POPC solution and disodium phosphate were mixed to raise the pH from pH 4 to the desired higher pH value. To monitor fluorescence intensity changes during peptide insertion or exit, the tryptophan emission signal was observed through a cut off 320 nm filter at an excitation of 295 nm. To monitor the shift of the entire tryptophan spectra of the peptides during insertion and exit, (excited at 295 nm) an emission monochromator was used. In the latter case, fluorescence kinetics spectra were recorded in a global mode at individual emission wavelengths from 321 nm to 366 nm with steps of 3 nm. Three-dimensional plots were constructed reflecting changes in fluorescence intensity, time, and wavelength. Two-dimensional plots were made by taking cross sections at particular times and plotting
intensity vs. wavelength. To monitor coil-helix transition (and vice versa) the CD signal at 222 nm was recorded.

**Data analysis**

All data were fit to the appropriate equations by nonlinear least squares curve fitting procedures employing the Levenberg Marquardt algorithm using Origin 8.5.

**FIGURES**

![Graphs](image)

**Figure S1.** Tryptophan fluorescence (A-C), CD and OCD (D-F) spectra are shown from Trp6 (A, D), Trp17 (B, E) and Trp30 (C, F) pHLIP variants: in aqueous solution at pH 8 (black lines), at pH8 in the presence of POPC liposomes (blue lines) and at pH4 in the presence of POPC liposomes (red lines). Oriented circular dichroism (OCD) signals measured at low pH in supported bilayers are shown in panels D-F (green curves).
Figure S2. Trp fluorescence kinetics measurements of pHLIP peptide insertion and exit are shown over different time scales for Trp6 (black lines), Trp17 (blue lines), and Trp30 (red lines) pHLIP variants. Insertion is triggered by a pH jump from pH8 to pH4 (A, B) and exit by a pH jump from pH4 to pH8 (C, D).
Figure S3. 3D (A, C) and 2D (B, D) representations are shown for the insertion (A, B) and exit (C, D) kinetics of Trp30, on the inserting C-terminal flank of the pHLIP peptide. Spectral regions of the fluorescence reveal complex pathways, as in the short wavelengths for insertion seen in A.

The 3D plots (A, C) reflect changes in fluorescence intensity, time, and wavelength (the axis are the same on both panels, but angle views are different for better presentation). The 2D plots (B, D) show cross sections of the 3D plots at selected time points.