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Labrador Sea Water Transport across the Charlie-Gibbs Fracture Zone

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Key Points:

• LSW transport at CGFZ is estimated to be $5.3 \pm 2.9$ Sv and $8.2 \pm 4.1$ Sv from altimetry and a model hindcast, respectively.

• LSW transport at CGFZ is modulated primarily by current velocities on seasonal to interannual timescales.

• LSW thickness modulates transport on longer timescales and is sensitive to deep convection in the Labrador Sea.

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Abstract

Labrador Sea Water (LSW) is a major component of the deep limb of the Atlantic Meridional Overturning Circulation, yet LSW transport pathways and their variability lack a complete description. A portion of the LSW exported from the subpolar gyre is advected eastward along the North Atlantic Current and must contend with the Mid-Atlantic Ridge before reaching the eastern basins of the North Atlantic. Here, we analyze observations from a mooring array and satellite altimetry, together with outputs from a hindcast ocean model simulation, to estimate the mean transport of LSW across the Charlie Gibbs Fracture Zone (CGFZ), a primary gateway for the eastward transport of the water mass. The LSW transport estimated from the 25-year altimetry record is $5.3 \pm 2.9$ Sv, where the error represents the combination of observational variability and the uncertainty in the projection of the surface velocities to the LSW layer. Current velocities modulate the interannual to higher frequency variability of the LSW transport at the CGFZ, while the LSW thickness becomes important on longer time scales. The modeled mean LSW transport for 1993-2012 is higher than the estimate from altimetry, at $8.2 \pm 4.1$ Sv. The modeled LSW thickness decreases substantially at the CGFZ between 1996 and 2009, consistent with an observed decline in LSW volume in the Labrador Sea after 1994. We suggest that satellite altimetry and continuous hydrographic measurements in the central Labrador Sea, supplemented by profiles from Argo floats, could be sufficient to quantify the LSW transport at the CGFZ.

Plain Language Summary

Wintertime cooling of the Labrador Sea creates a pool of dense water and a fast track for anthropogenic CO2 to enter the deep ocean. Stored for up to centuries before the Labrador Sea Water returns to the surface, the carbon captured within this layer does not contribute to the greenhouse effect. Despite playing this important role in the climate system, we still lack a complete understanding of the circulation pathways and spreading rates of the Labrador Sea Water. Here, we combine information from ocean- and satellite-based sensors with ocean model outputs to assess the flow rate of Labrador Sea Water through a fracture in the Mid-Atlantic Ridge, the main gateway between the eastern and western basins of the North Atlantic. We find that the fluctuating speed of the Labrador Sea Water transport across the Mid-Atlantic Ridge can be effectively inferred from satellite-observed surface currents. Additionally, changes in wintertime conditions in the Labrador Sea water can perturb the spreading rates onto the eastern Atlantic. By combining satellite-based estimates of surface speed and subsurface estimates of the water properties from floating sensors, we can monitor the transport of the carbon-rich water from the Labrador Sea in a changing ocean.

1 Introduction

Labrador Sea Water (LSW) is a major component of the deep limb of the Atlantic Meridional Overturning Circulation (AMOC). It forms in the central Labrador Sea and in the Irminger Sea through open-ocean deep convection and fills a large volume of the Atlantic Ocean (Pickart et al., 2003; Gebbie & Huybers, 2011). This water mass is also oxygen-rich and a major sink for anthropogenic carbon (Sabine et al., 2004; Khatiwala et al., 2009, 2013). Thus, understanding the circulation and variability of LSW is important for a number of climate and biogeochemical questions. Although anomalies of the LSW water properties have been shown to be swiftly advected southward along the western boundary of the North Atlantic (Le Bras et al., 2017), the connection between variability in LSW formation and export rates to the subtropics was recently called into question (Zou & Lozier, 2016; Zou et al., 2018). Such a disconnect could arise if the fraction of the LSW mixed and advected eastward were to vary, perhaps due to interactions with the North Atlantic Current. Ultimately, this eastward LSW transport must con-
tend with the Mid-Atlantic Ridge (MAR), which acts as a barrier to zonal transport. Zonal currents tend to get funneled through deep fracture zones in the ridge, as schematized in Figure 1 (Bower et al., 2002).

LSW is known to follow several pathways as it leaves the Labrador Sea. Some LSW remains in the subpolar gyre in a weak anticyclonic recirculation that enters the Irminger Sea (Lavender et al., 2000). Evidence for this pathway has been obtained from hydrographic measurements and the averaging of float trajectories (Lavender et al., 2005; Palter et al., 2008, 2016). Conversely, much of the LSW is exported within the Labrador Current (Palter et al., 2008) and flows southeastward towards Flemish Cap and the Grand Banks of Newfoundland following the 2000 m isobath in the continental slope. The fate of LSW downstream of Flemish Cap and the Tail of the Grand Banks depends upon its interactions with the northeastward flowing Gulf Stream: LSW may continue southward along the western boundary or be advected into the interior of the basin along with the North Atlantic Current (NAC), as shown by Bower et al. (2011). The eastward transport of LSW carries climatic signals from the Labrador Sea to the deep ocean and contributes to the lower limb of the Meridional Overturning Circulation (Desbruyères et al., 2013).

The presence of LSW in the Eastern North Atlantic basin has been reported since early studies of mid-depth circulation in the North Atlantic (Pingree, 1973; Talley & McCartney, 1982; McCartney, 1992; Cunningham & Haine, 1995; Sy et al., 1997). Moreover, LSW has long been thought to preferably cross the MAR via the two deep valleys of the Charlie Gibbs Fracture Zone (CGFZ), the largest geological fault in the North Atlantic portion of the MAR (Wright & Worthington, 1970; Paillet et al., 1998). The CGFZ is, indeed, a major water mass crossroads, as it funnels both the eastward-flowing LSW and other water masses carried by the NAC at surface and intermediate depths, and the westward-flowing Iceland Scotland Overflow Water (ISOW) in the deepest layers of the water column (Saunders, 1994; Bower & Furey, 2017). In addition, the LSW contributes to the dilution of the ISOW in this region (Racapé et al., 2019). Early efforts to quantify the LSW geostrophic transport through the MAR used hydrographic data and provided estimates that range from 4 to 13 Sv (Worthington, 1976; Schmitz & McCartney, 1993; Paillet et al., 1998). Though these studies have revealed much about the mean LSW transport into the eastern North Atlantic basin, its temporal variability is yet to be explored.

Continuous observational efforts to understand the rates and variability of LSW formation and transport have been made in regions such as the central Labrador Sea (e.g., Yashayaev & Loder, 2016), and along the perimeter of the North American continent: the western Labrador Sea at 53°N (e.g., Fischer et al., 2010; Zantopp et al., 2017), the Tail of the Grand Banks (e.g., Schott et al., 2006) and south of New England (e.g., Toole et al., 2017). However, we lack continuous measurements of the eastward transport of LSW across the MAR. We aim to fill this gap with a combination of 22 months of direct measurements made by moorings in the CGFZ, inferences from altimetry, and a regional ocean circulation model that has been widely validated for its faithful representation of circulation in this region (Xu et al., 2013). Characterizing the variability of the LSW transport through the CGFZ will contribute to the understanding of the water-mass propagation downstream from the formation region.

In the following section, we describe the mooring array (Section 2.1), the altimetry data along with other observational data (Section 2.2) and the ocean circulation model used in this study (Section 2.3). The measurements recorded by the moored instruments are used to quantify the transport of LSW across the mooring array and characterize its variability over 22 months of direct observations (Section 3.1). Next, the satellite-derived surface geostrophic velocities (Section 3.2) and the model simulations (Section 3.3) reveal the variability of the LSW transport at the CGFZ over the past three decades. Finally, we summarize and conclude our work with an outlook for the future (Section 4).
2 Data and Methods

2.1 Moorings in the Western CGFZ

A mooring array was deployed in the CGFZ between 52°N and 53°N along a nominal longitude of 35.33°W to quantify the transport of ISOW (Bower & Furey, 2017). The array, deployed for 677 days between August 2010 and June 2012, consisted of eight moorings spanning from south of the fault ridge to the southern flank of the Reykjanes Ridge. The four “tall” (seafloor to 500 m) and four “short” (seafloor to 1500 m) moorings were deployed as shown on the meridional section in Figure 2, with letters A-H denoting the 8 moorings at the top of panel a. Temperature, conductivity, and pressure were recorded from 36 SBE-37 MicroCATs, while direct measurements of the velocity components were made with 28 current meters (18 Aanderaa RCM-11 and 10 Nortek AquaDopp 6000 DW). The mooring configuration and further details of the deployments can be found in Furey et al. (2014).

The methodology implemented to estimate the LSW transport across the mooring array follows the one described by Bower and Furey (2017), who used the same dataset to quantify the volume transport in the ISOW layer. In their work, ISOW was defined as the waters with salinity greater than 34.94 g kg\(^{-1}\). Here, we define LSW as the waters whose salinity is lower than 34.94 g kg\(^{-1}\) (Worthington, 1976) and \(\sigma_\theta\) is between 27.68 and 27.80 kg m\(^{-3}\) (Stramma et al., 2004; Schott et al., 2004). As in Bower and Furey (2017), we filtered all data with a low-pass third-order Butterworth filter with a 40 h cut-off period, run forward and backward in order to eliminate phase shifts.

Temperature and salinity were averaged daily and linearly-interpolated vertically onto 1-m bins between the top and bottom MicroCATs for each mooring before potential density was calculated. When the 27.68 kg m\(^{-3}\) isopycnal was shallower than the shallowest instruments in the tall moorings, the top interface of the LSW was assumed to be 500 m. This occurred in 53% of the measurements at the tall moorings, and, as such,
the LSW thickness may be slightly underestimated. Hydrographic sections and salinity
observed at the mooring array suggest that the halocline consistently extends below 500
m, indicating that the 34.94 g kg$^{-1}$ threshold is likely not far above the top instrument
depth on the tall moorings (see Bower and Furey (2017) Figures 3 and 5). Because the
27.68 kg m$^{-3}$ isopycnal is always shallower than 1500 m, the top interface of the LSW
in the short moorings was calculated as the average depth of the 27.68 kg m$^{-3}$ isopyc-
nal in the two neighboring moorings. For mooring H, the southernmost short mooring
with only one neighbor to the north, the top interface was determined by mirroring moor-
ing G.

Similarly to temperature and salinity, the velocity components were averaged to
daily values and linearly interpolated vertically onto 1-m bins between the top and bot-
tom current meters in each mooring. As the moorings were deployed nearly along a line
of constant longitude (35.33$^\circ$W), the zonal component of the velocity field is approxi-
mately normal to the mooring array, and only this component is used further in the anal-
ysis. The daily LSW velocity across each mooring was calculated as the average of the
zonal velocity between the top and bottom interfaces of the water mass. To deduce ve-
clocities at depths above the short moorings we rely on the deduction from an Empiri-
cal Orthogonal Function (EOF) analysis that most of the zonal velocity variability at
the mooring array is explained by a vertical mode with very little shear (Bower & Furey,
2017). For this reason, the zonal velocity above 1500 m was constructed by adding the
time mean values of neighboring moorings and the fluctuations of the 1500 m current
meter at moorings B, D and F. At mooring H, the top 1000 m zonal velocity was cal-
culated as the fluctuations of the 1500 m current meter plus the time mean zonal veloc-
ity of mooring G above 1500 m.

The daily time series of LSW transport per unit width (m$^2$ s$^{-1}$) across each moor-
ing was then calculated by multiplying the mean zonal velocity between the top and bot-
tom interfaces of the LSW layer by the LSW thickness (i.e., the distance between the
two interfaces). Finally, this transport was multiplied by the distance separating the mid-
points between adjacent moorings to arrive at a volume transport in Sverdrups. For moor-
ings A and H, this value was calculated as the distance between the moorings and their
closest neighbor. Because the LSW always resided above the shallowest bathymetry of
the CGFZ, no transport needed to be estimated between an instrument and adjacent
bathymetry. The time series of LSW properties are filtered with a low-pass 3rd order But-
terworth filter with a 30-day cut-off to remove the signals from high frequency (weekly
or shorter) variability.

It is important to note that the original purpose of the mooring array was to quan-
tify ISOW transport across the CGFZ. Because the CGFZ is a transform fault, the po-
sition of the ridge crest is shifted on either side of the fracture zone: North of the CGFZ,
the ridge crest aligns with 35$^\circ$W, and south of the ridge crest it lies nearly along 30$^\circ$W
(Figure 4). As the moorings were deployed at 35$^\circ$W, they are only situated in a true ridge
gap in the north valley, where they are bounded by the Reykjanes Ridge to the north
and the transform ridge to the south. In contrast, the moorings south of the transform
ridge are about 3$^\circ$ to the west of the MAR and have no bounding bathymetric feature
directly to the south. This placement of the mooring array was designed to investigate
the westward transport of ISOW into the western basin (Bower & Furey, 2017). Unfortu-
nately, the placement is less ideal for quantifying the eastward flow of LSW across the
CGFZ, given that the eastward currents can meander south of the mooring array and
still cross the MAR through the CGFZ. Because of this limitation, and to consider vari-
ability in CGFZ transport at time scales longer than 2 years, we turn to satellite altime-
try and an ocean model in Sections 3.2 and 3.3, respectively.
Figure 2. Zonal velocity and salinity at the CGFZ mooring array. (a) Cross section of time-mean velocity from moored current meters. White triangles indicate the location of the current meters. Thick black line is the 0 cm s$^{-1}$ isotach. Mooring labels are indicated on the top of the figure. (b) Similar to panel (a) but for salinity. White circles indicate the location of the MicroCats. Thick black line is the 34.94 isohaline. Dashed white lines are isopycnals. Mean locations of LSW, ISOW and Lower Deep Water (LDW) are indicated. Figure from Bower and Furey (2017).

2.2 Satellite altimetry and other observational data

The Global Ocean Gridded L4 Sea Surface Height product was obtained from the Copernicus Marine Environment Monitoring Service (CMEMS). The 0.25° x 0.25° daily gridded dataset is a multimission altimeter product that combines data from multiple satellites, including Topex/Poseidon, Jason-1 and Jason-2. Data released includes the daily surface geostrophic currents with the same 0.25° x 0.25° resolution, derived from the lateral gradient of the absolute dynamic topography. The gridded absolute dynamic topography and the surface geostrophic velocities from January 1993 to December 2017 were used to determine the mean position of the northern branch of the North Atlantic Current in the region between 50°N and 55°N, 29°W and 38°W, which shed light on the importance of calculating the LSW transport farther east from the mooring array, at 32°W.

The zonal geostrophic velocity was interpolated onto two sections: the first at the mooring array (35.33°W) and the second along 32°W. Bower and Furey (2017) showed that the leading vertical mode of the zonal velocity was equivalent-barotropic, explaining 68-74% of the variance. The next leading mode, explaining 21-27% of the remaining variance was the first baroclinic mode, which changed sign beneath the base of the LSW layer. Therefore, the mooring observations suggest that the LSW velocity should co-vary with the surface velocity, and we confirm this relationship by calculating a linear regression between the surface and the LSW velocities at the moorings. Our goal was to build a proxy for LSW transport based on altimetry, thus allowing for the investigation of LSW velocity variability over the 25-year altimetry era at the center of the fault ridge, 3° to the east of the mooring array.

We calculated the ratio of LSW-layer velocity to the surface geostrophic velocity using two observational products in addition to that calculated from the 22-month LSW velocity from the mooring array compared against the co-located surface geostrophic velocities. In the first estimate, the vertical zonal velocity shear between surface and LSW-
layer depth (nominally 1000 m) was calculated by applying the thermal wind equation
to a climatological density field. We used the Australia’s Commonwealth Scientific and
Industrial Research Organisation (CSIRO) Atlas of Regional Seas (CARS2009), a product
with a 0.5° horizontal resolution and 79 vertical levels spanning from surface to 5500
m (Dunn & Ridgway, 2002). The CARS2009 data product was created with a modified
Loess filter to interpolate the irregularly spaced observations into a regular grid. This
scheme uses a bathymetry-influenced weighting, which more accurately preserves gra-
dients in areas with steep topography such as the Mid-Atlantic Ridge; as such, we be-
lieve it to be an appropriate climatology for our purposes.

In the second estimate, the 1000 dbar time-mean velocity field was calculated based
on float displacements for the Argo era. The Argo dataset is freely available by the In-
ternational Argo Program (http://www.argo.ucsd.edu). The 1000 dbar float displace-
ments were then compared to surface pseudo-displacements calculated from altimetric
geostrophic velocities interpolated to the starting position of each float displacement with
the method described by Willis and Fu (2008).

2.3 Numerical Simulation

A 1/12º eddying simulation based on the HYbrid Coordinate Ocean Model (HY-
COM) was used to explore LSW transport variability in 1978-2012 and the role of vari-
able LSW thickness and velocity in the transport variability. The model configuration
has been described in Xu et al. (2013), who also provided several detailed model-data
comparisons in the subpolar North Atlantic. The model results are shown to realistically
simulate the observed time-mean structure of the western boundary current transport
off the Labrador Coast, as well as the warming and sea surface height change in the cen-
tral Labrador Sea since the early 1990s. Additionally, the model exhibits almost no salini-
drity drift, with a slow increase rate of only 0.02 per century. More recently, Xu et al. (2018)
examined the westward ISOW transport through the CGFZ and showed that the sim-
ulation reproduced most of the intraseasonal to interannual variability observed in the
moored current meter arrays during 1988-1989 (Saunders, 1994) and 2010-2012 (Bower
& Furey, 2017).

The model outputs include potential temperature, salinity, as well as the zonal and
meridional velocities. LSW thickness was determined as the layer whose \( \sigma_\theta \) is between
27.68 and 27.80 kg m\(^{-3}\). A third-order Butterworth low-pass filter with a 30-day cut-off,
run forward and backward in order to eliminate phase shifts, was applied to emphasize
variability at time scales longer than one month.

3 Key Results

3.1 LSW Transport at the CGFZ Mooring Array

Temperature and salinity observations reveal the key water masses situated along
the mooring array (Figure 2). The LSW lies on top of the ISOW in the north valley and
on the southern flank of the zonally-oriented transform ridge. Further south, the lower
layer is filled with cold, fresh Lower Deep Water (LDW), a water mass that is thought
to be a mixture of Antarctic Bottom Water and North Atlantic Deep Waters (McCartney,
1992; Saunders, 1994). The surface layer is dominated by warmer waters that are gen-
erally advected and mixed to the east by the North Atlantic Current and its eddies (Bower
& Furey, 2017).

The mean zonal LSW transport measured across the mooring array was 1.9±2.3
Sv, where the reported uncertainty is one standard deviation. Transport measured at
moorings F-H, located south of the transform ridge, contributed the majority of the trans-
port 1.3±2.6 Sv. In the north valley, moorings C-E also recorded eastward mean trans-
Figure 3. LSW properties and transport at the mooring array. (a) 22-month Hovmöller diagram of the 30-day low-passed LSW thickness anomaly at the mooring array. The latitude of each mooring (A is the northernmost) is shown as dashed lines. Thick black line is the 0-m thickness anomaly contour. (b) 22-month mean LSW thickness across the mooring array. Dashed lines indicate the latitude of each mooring. (c) LSW zonal velocity anomaly through the mooring array, with same plotting conventions as in panel (a). Thick black line is the 0-cm s\(^{-1}\) zonal velocity anomaly contour. (d) 22-month mean LSW zonal velocity. (e) 22-month time series of the 30-day low-passed LSW thickness (blue), zonal velocity (green) and zonal transport (red) averaged across the eight moorings. The red lines, whose correlation coefficient R is equal to 0.33, are the transport as calculated from the moored instruments (solid) and the model output interpolated to the mooring positions (dashed). The dashed black line denotes LSW zonal velocity and transport equal to zero.

Transport in the LSW layer and contributed 0.7 ± 1.6 Sv. The mean eastward LSW transport is not ubiquitous throughout the array, as transport at the northernmost moorings A and B, located on the southern flank of the Reykjanes Ridge, averages −0.1±0.6 Sv. In addition to this spatial variability, the LSW thickness and velocity also have strong temporal variability at the mooring array.

During the mooring deployment, several periods of elevated eastward flow were observed, the strongest of which reached 7 Sv between the autumn of 2011 and the winter of 2012 (Figure 3e). The three periods of strong eastward transport, all surpassing 4 Sv, were associated with two distinct spatial distributions of the thickness and velocity anomaly fields across the mooring array, respectively shown in Figures 3a and 3b. During the winters of 2010/2011 and 2011/2012, positive thickness and eastward velocity...
anomalies are measured at all moorings, with peak velocities in the north valley. In con-
trast, in the summer of 2011, strong positive thickness and eastward velocity anomalies
are measured in the south valley, while negative thickness and westward velocity anoma-
lies are observed in the north valley.

In contrast, the transport time series reveals that there were also periods of weak
westward LSW transport averaged over the whole array during four events, collectively
lasting about one fifth of the deployment period. These events were each driven by slightly
different spatial configurations of the velocity field. In Nov-Dec/2010, the longest west-
ward event, strong westward velocity anomalies are measured by the southern moorings,
while eastward anomalies are observed in the north valley. In Apr/2011, Feb-Mar/2012
and May/2012, westward velocity anomalies are measured across most of the array. The
anomalous westward velocities are associated with negative thickness anomalies during
all of these events (Figure 3a,b).

The transport variability over the 22-month deployment period is almost entirely
controlled by the zonal velocity in the LSW layer, which explains 98% of its variability.
The 30-day low-passed LSW thickness and zonal velocity averaged over the mooring ar-
ray are shown in blue and red, respectively, in Figure 3e. The mean thickness is 1,069±
73 m, and single daily mean values range from 900 m to 1230 m. On average, there is
a meridional thickness gradient along the array, with thicker LSW at mooring H (1202
m), thinning northward to mooring A (867 m, Figure 3b). The zonal velocity during the
22 months averages 1.4 ± 1.8 cm s$^{-1}$, ranging from -3.0 cm s$^{-1}$ (westward) to 6.7 cm
s$^{-1}$ (eastward).

As noted in Section 2.1 above, the mooring array does not capture the maximum
eastward velocities that cross the MAR at the CGFZ. A map of the mean surface cir-
culation from satellite altimetry (Figure 4) shows that the average position of the max-
imum surface eastward velocity is south of the mooring array. Therefore, the red line po-
ositioned further east in Figure 4, at 32°W, represents a more ideal location for the quan-
tification of the eastward transport across the CGFZ. We next attempt to quantify the
LSW transport variability across the CGFZ at this line, as described in the following sec-
tions.

### 3.2 Circulation variability at the CGFZ from altimetry

Sea surface geostrophic velocities calculated from satellite altimetry are significantly
correlated with LSW velocities at the mooring array. The ratio between surface and LSW
velocities at the mooring array is 0.27 and the correlation coefficient between the two
is 0.51. In the north valley, the satellite-observed surface velocities and the LSW veloc-
ities are more strongly connected, with correlation coefficient rising to 0.81, averaged over
moorings A through E only. The north valley is bounded by steep topography to both
the north and south, and thus has similar bathymetric constraints on the NAC as those
the current experiences where it crosses the CGFZ at 32°W. A visual comparison be-
tween observed surface and LSW velocities shows that strong events of eastward LSW
transport are associated with the swift eastward surface velocities (Figures 3c and 5).
Likewise, the westward LSW transport anomalies correspond with westward anomalies
in surface velocities. The strong relationship between the altimetric surface velocities and
LSW-layer velocities, particularly in the bathymetrically-constrained north valley, sug-
gests that the altimeter record can provide an indicator of temporal variability in the
LSW layer velocity as it crosses the CGFZ.

Figure 6 shows the mean total (light lines) and cumulative (dark lines) LSW trans-
port in 0.5° bins between 53°N and 40°N. In red, we show this transport at 35°W, and
in black interpolated to the center of the Mid-Atlantic Ridge rift valley. This figure is
made from observational data: LSW thickness estimated from the CARS climatology
and the LSW-layer velocity from the objectively-mapped ARGO displacements at 1000dbar.
Figure 4. Mean surface geostrophic velocity (arrows) overlaying the mean dynamic topography (colors) in the CGFZ region. The red line to the left indicates the locations of the eight moorings. The black dashed line is the mean position of the 39.5 cm ADT isoline, which coincides with the maximum surface velocities associated with the northern branch of the NAC. A more ideal position for the quantification of LSW transport across the CGFZ is also shown in red, shifted 3° to the east of the moorings. This line is located at the mean position of the ridge crest at the latitude band of the CGFZ, as calculated from ETOPO1 (Amante & Eakins, 2009). It is bounded by the 3,000-m isobath to both the north and south, and extends from 51.7°N to 53°N. The 3,000-m isobath is shown as a white contour.

The LSW transport is clearly much higher at the CGFZ than elsewhere along the MAR, peaking at 3.2 Sv at 52°N. The latitudinal band of the CGFZ, between 51.5°N and 53°N, accounts for 66% of the total eastward transport of LSW over the Mid-Atlantic Ridge (7.8 Sv across the CGFZ versus 11.8 Sv total). If we include the Faraday Fracture Zone (extending the southern limit to 50°N), this value goes to 85%. We chose to estimate the LSW transport at the latitude band of 51.7°N to 53°N because we were limited by the location of the mooring array and extension at which the estimated vertical shear was relatively constant. Finally, it is important to note that over 40% of the eastward LSW transport that crosses 35°W is recirculated southward along the western flank of the MAR and does not cross into the eastern basin, as shown by comparing red and black lines in Figure 6.

To understand whether the surface geostrophic velocity may serve as a proxy for the LSW-layer velocity at 32°W, where the swiftest eastward velocity crosses the MAR (see Figure 4), we must first assess whether the vertical shear between the surface and LSW layer is similar to that observed at the mooring array at 35°W. To do so, we compare the vertical shear calculated at the moorings to the shear at 32°W using two different, independent, observation-based techniques, as well as checking the relationship in a model simulation.

First, we compared the subsurface displacements of Argo floats drifting at 1000 dbar, the approximate center of the LSW layer at the CGFZ, to surface pseudo-trajectories.
Figure 5. Twenty-two month Hovmöller diagram of the 30-day low-passed zonal surface geostrophic velocity anomaly at the location of the mooring array. The solid black contour is the 0-cm s\(^{-1}\) velocity anomaly. Dashed lines indicate the latitude of each mooring.

constructed by interpolating the altimetric geostrophic velocities to the time and location of the floats, as was done in Willis and Fu (2008) and Palter et al. (2016). All subsurface float trajectories were gathered in 1\(^\circ\) bins and regressed against the surface pseudo-trajectories, yielding a regression coefficient that represents the ratio of the 1000 dbar velocity to the surface velocity. Between the bin encompassing the mooring location (centered at 35\(^\circ\)W, 52\(^\circ\)N) and the bin encompassing the location of maximum cross-MAR surface velocities (32\(^\circ\)W, 52\(^\circ\)N), this ratio varies between 0.22 and 0.31. The number of trajectories in each bin used to calculate this regression range between 65 and 82.

Second, the geostrophic (i.e. thermal wind) shear from the climatological density field was used to calculate the velocity difference between the surface and 1000 m. We found that the thermal wind shear is relatively constant over a zonally-elongated band at the CGFZ, with the ratio of the 1000 m velocities to surface velocities ranging from 0.53 at 35\(^\circ\)W to 0.57 at 32\(^\circ\)W.

Finally, we also compare the surface velocity to the LSW-layer velocity in the model, as discussed in more detail in the next section. In brief, the model relationship is consistent with the Argo- and mooring-based estimates of the shear, with the ratio between LSW and surface zonal velocities of 0.19. It is notable that the geostrophic shear inferred from the climatological meridional density gradient is at least two times weaker than the float-, mooring-, and model based shear estimates. We therefore suspect that the smoothed climatological product underestimates the meridional density gradients over the scale of interest. Yet, we incorporate the full range of observation-based estimates of the ratio between surface and LSW layer velocities (0.22 - 0.57) into a conservative metric of the uncertainty of the calculated LSW velocity. In practice, the total uncertainty of the LSW velocity at 32\(^\circ\)W is calculated as $\sigma_{U_{lsw}} = \sqrt{\sigma_{\text{shear}}^2 + \sigma_{U_{\text{geo}}}^2}$, where $\sigma_{\text{shear}}$ and $\sigma_{U_{\text{geo}}}$ are, respectively, the uncertainty of the vertical velocity shear, described here, and the standard deviation of the surface geostrophic velocities.

The mean surface zonal velocity at 32\(^\circ\)W, shown in Figure 7, is about twice as fast as at the location of the mooring array (7.9 \(\pm\) 4.7 cm s\(^{-1}\) versus 3.9 \(\pm\) 2.7 cm s\(^{-1}\)), averaged over the approximately 25-year altimetric record. Surface currents across the CGFZ show intense variability at time scales ranging from intraseasonal to decadal, as seen from the monthly (thin line) and 1-yr (thick line) low-passed time series. The maximum cross-CGFZ annual mean velocity exceeds 13 cm s\(^{-1}\) in 1995, after which there is a slow decline to a 5-year period of annual mean velocity of less than 5 cm s\(^{-1}\) between 2001 and 2005, with a record minimum of 3 cm s\(^{-1}\) in 2002. By 2006, annual mean velocities re-
Figure 6. Eastward transport of LSW through the Mid-Atlantic Ridge. (a) Bathymetry map of the Mid-Atlantic Ridge between 40°N and 53°N, showing the 35°W line (red) and the center of the Mid-Atlantic Ridge rift valley (black). Dots represent the grid points at which the lines in panel b were calculated, with a 0.5° latitudinal resolution. (b) Total (light lines) and cumulative (dark lines) zonal transport of LSW at 35°W (red) and the Mid-Atlantic Ridge rift valley (black), as estimated from the CARS climatology (LSW thickness) and Argo/PALACE floats displacements (1,000-dbar velocity).

covered to about 10 cm s$^{-1}$, and averaged 9 cm s$^{-1}$ until the end of the delayed-time available at the time of writing.

Given that the moorings show that LSW velocity is correlated with the surface geostrophic velocity, as was also implied by the strongly barotropic nature of the flow (Bower & Furey, 2017), and having assessed the uncertainty on the vertical velocity shear between 32°W and 35°W, we can infer the variability of the LSW velocity through the CGFZ. Strong eastward LSW velocity events likely occurred in the early 1990s and after 2006, while weak eastward velocity and possibly westward reversals were likely between 2001 and 2006. Using the shear calculated from the comparison of the surface geostrophic velocity and LSW-layer velocity at the mooring array, as well as the two other observational shear assessments, we estimate that the mean LSW velocity for the altimetric era is 3.4±1.8 cm s$^{-1}$. Assuming a constant LSW thickness of 1,069 m, which is the time-averaged LSW thickness calculated from the mooring measurements, we estimate that the LSW volume transport at the CGFZ averages 5.3±2.9 Sv.

Having observed that thickness variability contributes little to the LSW transport variability over the 22-month mooring array, it is tempting to assume that the surface geostrophic velocities can accurately represent the LSW volume transport, and that the time series in Figure 7 is a good multi-decadal record of LSW transport variability. However, we next show in Section 3.3 that this assumption may not hold on longer time scales.
3.3 Model-based LSW transport across the CGFZ

The modeled time mean LSW transport at the location of the mooring array between August 2010 and June 2012 is 1.4 ± 3.4 Sv, compared to 1.9 ± 2.3 Sv estimated from the observations. The lower transport in model is due to the fact the model maximum eastward flow is located slightly to the south of that observed. The variability of the modeled and observed LSW transport through the CGFZ is displayed in Fig. 3e. There is some similarity between the model and observations but the agreement is not as good as in the ISOW as shown in Xu et al. (2018). This may not be surprising, since the mooring array captured only the northern edge of the eastward flow of LSW but the entire westward flow of ISOW.

Figure 8 compares the mean LSW thickness derived from CARS (Ridgway et al., 2002) and the 1000 dbar velocity derived from Argo displacements (Palter et al., 2016) and the modeled LSW thickness and velocity. The LSW is overall thicker in the model than in observations. However, there is similarity in the spatial pattern between model results and observations: the LSW is thick in the Irminger Sea and very thin above the Reykjanes Ridge. South of the Reykjanes Ridge, in the western basin, the LSW flows eastward towards the MAR providing the thick layer that is observed at the CGFZ. Likewise, in both observations and the model, the LSW zonal velocity is notably higher at the latitude of the CGFZ than elsewhere along the MAR, with a maximum that resembles the mean meridional position of the northern branch of the NAC shown in Figure 4.

The modeled LSW transport at 32°W between 1978 and 2012 was 9.0 ± 4.4 Sv, about 70% larger than the 5.3 Sv estimated in observations for 1993-2017. This is due to both a thicker LSW layer and higher velocity in model results. However, comparing only the time period in which observations and the model overlap, the LSW transport is reduced to 8.2 ± 4.1 Sv, as the LSW thickness and velocity in the model are closer to those in the observed estimates. The model LSW thickness averages (± one standard deviation) 1246 ± 32 m over 2010-2012 (compared to the mooring-based thickness of 1069 ± 73 m), and the simulated velocity is 4.0 ± 2.1 cm s$^{-1}$ after 1993 (compared to 3.4 ± 1.8 cm s$^{-1}$ inferred from the altimetry-based surface velocity and the three observational estimates of vertical shear). The differences between the modeled and observed LSW thickness and velocity are greater when comparing the entire time period in the simulation, as the observational period saw a thinner LSW layer and slower velocity than earlier in the simulation.
As in the mooring observations, the LSW transport variability is mostly explained by changes in LSW velocity (96%) with a minor contribution from LSW thickness. Figure 9 shows the time series of LSW transport through the CGFZ as compared with the LSW velocity (top panel) and the LSW thickness (bottom panel). The monthly mean LSW velocity and thickness vary considerably during the entire period. Velocity fluctuations drive the monthly to interannual LSW transport variability. In the mid 1990s, both velocity and transport declined by nearly two thirds over the course of two years, during an anomalous period of reduced LSW transport through the CGFZ.

Figure 8. Maps of mean LSW thickness and velocity. (a) Observed climatological mean LSW thickness calculated from CARS2009 gridded temperature and salinity, and velocities derived from the Eulerian averaging of Argo and PALACE 1000 dbar float displacements. (b) Mean LSW thickness and velocities for 2010-2012 from the model output.

The results from the model output indicate that LSW thickness can be important on longer time scales. Prior to 1995, LSW transport across the CGFZ averaged 10.2 Sv. An abrupt decrease in LSW velocity in 1995 decreased the transport to 6.9 Sv between 1996 and 2003. After 2003, the velocity increased again to reach rates equal to the ones observed before 1995, but the transport did not recover to its pre-1995 average. The mean velocity during the last available decade (2003-2012) is 4.6 cm s\(^{-1}\), statistically equal to the 4.7 cm s\(^{-1}\) simulated before 1995 (T-Test, 95% significance level). The transport, however, averaged 8.7 Sv after 2003, which is statistically lower than the mean 10.2 Sv before 1995. (T-Test, 95% significance level). This is explained by a continuous decrease in the LSW thickness between the mid 1990s and the mid 2000s that greatly impacts its total transport. The LSW was consistently thicker before 1999, with annual averages above 1,500 m between 1991 and 1999, and dropped to less than 1,300 m by 2005. Therefore, shifts in LSW thickness have to be taken into consideration when inferring the cross-CGFZ LSW transport variability on decadal and longer time scales. Although the short term variability in the LSW transport across the CGFZ is modulated very little by the thickness, a long term thinning of the water mass reduces the volume of LSW crossing the CGFZ from 2003 to 2012.

The LSW velocity and thickness at the CGFZ vary on different time scales. Figure 10a reveals that the LSW velocity is highly correlated with the surface velocity (R = 0.87), similar to the relationship inferred from the mooring array and satellite altimetry. The LSW thickness is, by definition, controlled by the temperature and salinity stratification. These characteristics changed within the LSW layer after the mid 1990s. The fresh core of the LSW has become saltier, as the 34.92 isohaline vanished in 2007 after continuously thinning since 1999 (Figure 10b). The isotherms deepened and resulted in a warmer LSW, particularly after 2006 (Figure 10c).
Figure 9. Model time series of LSW at CGFZ. (a) Zonal LSW velocity (green) and zonal LSW transport (red) at the CGFZ (32°W) in the model simulation from 1978 to 2012. The mean LSW velocity and transport for 1978-1994 (4.7 cm s\(^{-1}\), 10.2 Sv) and 2003-2012 (4.6 cm s\(^{-1}\), 8.7 Sv) are shown as straight lines. (b) Similar to a) except that the blue line is the LSW thickness.

4 Discussion and Conclusions

This study quantified the LSW transport across the CGFZ and explored its substantial temporal variability. Data from a mooring array at the western edge of the CGFZ was used to investigate the transport of LSW and its relationship with surface geostrophic currents in the region. However, the mean position of the northern branch of the NAC, the main driver of the LSW transport across the CGFZ, is located to the south of the mooring array. The NAC turns slightly northward east of the mooring array before crossing the MAR to the eastern basin. The mean surface velocity at the mooring array location is about half as strong as that at the center of the NAC. Therefore, we use altimetry to estimate the LSW transport where the swiftest cross-MAR eastward velocities are found. This approach depends on the assumption that the velocities in the LSW layer are strongly correlated to the surface layer, and that the vertical shear between the surface and LSW velocities can be deduced from existing data. The mooring array and numerical model simulation suggests that altimetric surface geostrophic velocities are well correlated with velocities on the LSW layer. Moreover, there is strong agreement in the vertical shear estimated from the mooring data and from the regression with hundreds of Argo float displacement velocities at 1000 m compared to the altimetric geostrophic surface velocities. The shear simulated in the model is also in close agreement with these two estimates. We therefore argue that surface geostrophic velocities can be used to create a proxy for LSW velocity.

The swift surface geostrophic velocities at the CGFZ at 32°W coincides with a thick layer of LSW (Figures 4 and 8), suggesting that this is the location of maximum eastward LSW transport across the MAR. At this ridge gap, the surface geostrophic veloc-
ity for the altimetric era varies strongly on intraseasonal to decadal time scales. The meridional excursion of the NAC at the MAR sets the boundary between the North Atlantic subpolar and subtropical gyres and has been extensively investigated in a number of observational (Bower & von Appen, 2008; Rhein et al., 2011; Roessler et al., 2015) and modeling (Breckenfelder et al., 2017) analyses. The LSW transport at CGFZ is locally controlled by changes in the NAC velocities on intraseasonal to interannual timescales. The meridional excursion of the NAC – and therefore its position relative to the CGFZ – is in turn associated with fluctuations in the zonal wind stress in the western European Basin east of the CGFZ (Bower & Furey, 2017; Xu et al., 2018). Assuming constant LSW thickness and using the calculated vertical shear of the zonal velocity, we estimated the altimetry-derived LSW transport through the CGFZ to be 5.6 ± 3.2 Sv.

Figure 10. Modeled velocity, salinity and temperature at CGFZ from 1978 to 2012. (a) Time-series of surface (red) and LSW (black) velocities. Thin lines are the monthly time series and thick lines are the low-passed time-series with one year cutoff. The correlation coefficient between the two time-series is given in the top left corner. (b) Hovmöller diagram of salinity. White lines indicate the upper and lower limits of the LSW layer. (c) Same as middle panel, except for temperature.
Although fluctuations in the velocity field explain much of the LSW transport variability through the CGFZ on interannual and shorter time scales, the spatial and temporal variability of the LSW thickness must be accounted for when addressing the total LSW transport across the MAR. The model simulation indicates that the LSW thickness may play an important role in modulating LSW transport on decadal time scales. The simulation shows continuous thinning of the LSW layer between 1996 and 2009 at the CGFZ, during a time when velocities were recovering following a sharp slowdown in 1995. Thus, the LSW transport does not increase over the 13-year period as the velocity alone would imply (Figure 9).

LSW thickness at the CGFZ appears to be controlled by remote variations in LSW formation. Direct observations along the AR7W hydrographic section across the central Labrador Sea have shown that deep convection reached a depth of 2,400 m between 1987 and 1994, forming a thick layer of dense LSW (Curry et al., 1998; Yashayaev et al., 2007). Following this maximum, the formation of denser LSW was suppressed for over a decade, (Azetsu-Scott et al., 2003; Yashayaev et al., 2007). In the Labrador Sea, the shallower convection after 1994 was responsible for at least 1,000 m of thinning of the newly formed LSW after 1994 (Rhein et al., 2011; Kieke & Yashayaev, 2015; Rhein et al., 2017). Subsequent thinning of the LSW was observed in mooring arrays and hydrographic sections downstream of the Labrador Sea along the DWBC between 56°N and 39°N (Stramma et al., 2004; Le Bras et al., 2017). At CGFZ, our model accurately simulates the trend on the LSW layer thickness observed upstream.

The model used here also faithfully simulates the observed warming of the LSW layer along the AR7W section associated with the reduction in deep convection that started in 1994 (see Figure 4 in Xu et al. (2013)). The transit time from the Labrador Sea to the CGFZ has been evaluated by tracing newly-formed LSW with temperature, salinity, and CFC concentration anomalies (Sy et al., 1997). They found that newly-formed LSW reaches the Iceland Basin within 2 to 3.5 years. Consistent with that approximate timing, the simulated LSW thickness at the CGFZ peaks in 1996 (Figure 9), two years after its peak thickness in the Labrador Sea (Yashayaev & Loder, 2016; Xu et al., 2013). Reduced convection and associated warming in the Labrador Sea is followed by a deepening of the isotherms and salinification of the LSW core at the CGFZ beginning in the mid 1990s (Figure 10).

The suite of observed and modeled evidence presented here suggests that the LSW transport at CGFZ varies in response to both fluctuations of the NAC velocity, which modulates the interannual to higher frequency variability, and remote changes in LSW formation in the central Labrador Sea, which can give rise to decadal variability of the transport. Exposing the substantial variability in the eastward transport of LSW across the mid-Atlantic Ridge also points towards additional open questions about both the causes and consequences of such variability. For instance, it is interesting to consider whether large-scale wind patterns and convection in the LSW formation region co-vary, potentially causing changes in the volume and properties of exported LSW as well as its export pathways. Moreover, it remains unknown how variability in the LSW transport across the CGFZ may influence heat transport and stratification in the eastern basin, where ocean to atmosphere heat fluxes strongly influence regional climate. This work suggests that future efforts to quantify the eastward LSW transport across the CGFZ can take advantage of the relationship between surface and LSW-layer velocities, as long as a temporally-evolving estimate of LSW thickness can be resolved from hydrographic and Argo data.

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