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Critical new insights into the binding of poly- and perfluoroalkyl substances (PFAS) to albumin protein

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1 **Critical new insights into the binding of poly- and perfluoroalkyl substances**
2 **(PFAS) to albumin protein**

3
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11

12 **ABSTRACT**

13 With an increasing number of health-related impacts of per- and polyfluoroalkyl
14 substances (PFAS) being reported, there is a pressing need to understand PFAS transport within
15 both the human body and the environment. As proteins can serve as a primary transport
16 mechanism for PFAS, understanding PFAS binding to proteins is essential for predictive
17 physiological models where accurate values of protein binding constants are vital. In this work
18 we present a critical analysis of three common models for analyzing PFAS binding to bovine
19 serum albumin (BSA) based on fluorescence quenching: the Stern-Volmer model, the modified
20 Stern-Volmer model, and the Hill equation. The PFAS examined include perfluorooctanoic acid
21 (PFOA), perfluorononanoic acid (PFNA), perfluorodecanoic acid (PFDA),
22 perfluorobutanesulfonic acid (PFBS), perfluorohexanesulfonic acid (PFHxS),
23 perfluorooctanesulfonic acid (PFOS), and the replacement compound 2,3,3,3-tetrafluoro-2-
24 (heptafluoropropoxy)propanoate (HFPO-DA or GenX). While all three models capture the
25 general effects of hydrophobicity and steric limitations to PFAS binding, the Hill equation
26 highlighted a unique relationship between binding cooperativity and the number of fluorinated
27 carbons, with PFOA exhibiting the greatest binding cooperativity. The significance of steric
28 limitations was confirmed by comparing results obtained by fluorescence quenching, which is an
29 indirect method based on specific binding, to those obtained by equilibrium dialysis where PFAS
30 binding directly correlated with traditional measures of hydrophobicity. Finally, the binding
31 constants were correlated with PFAS physicochemical properties where van der Waals volume
32 best described the steric limitations observed by fluorescence quenching.

33 **Keywords:** PFAS, protein binding, albumin, equilibrium dialysis, fluorescence quenching

34

35 **INTRODUCTION**

36 Per- and polyfluoroalkyl substances (PFAS) are synthetic compounds produced for a
37 wide range of applications including nonstick industrial and commercial products, textiles, and
38 firefighting foams. Due to their persistence in the environment, human and ecosystem-related
39 exposures can occur long after release (Domingo and Nadal, 2017). Ninety-eight percent of the
40 United States population is expected to have detectable amounts of PFAS in their blood (Hu et
41 al., 2016). Water treatment plants are not equipped to remove all PFAS from water and thus,
42 drinking water creates another continuous exposure route (Ross et al., 2018). Although more
43 robust remediation systems are being created for the legacy compounds such as
44 perfluorooctanoic acid (PFOA) and perfluorooctanesulfonic acid (PFOS), shorter and longer
45 PFAS may not respond to the new treatment systems (Ahrens and Bundschuh, 2014; Xiao et al.,
46 2020). It is estimated that there are over 4,700 different PFAS and limited knowledge about even
47 the simplest of compounds (Boston et al., 2019). Once these PFAS enter the body, they are
48 linked to negative health effects such as immunosuppression, obesity, and insulin resistance
49 (Cardenas et al., 2017; Grandjean and Budtz-Jørgensen, 2013; Hartman et al., 2017)

50 As the scientific community discovers more PFAS, there is a need to understand the
51 effect on ecosystems and humans. Using bioaccumulation modeling, Ng and Hungerbühler
52 (2014) explained that both protein and lipid association are vital to the adaptation of models for
53 different PFAS. Dassuncao et al (2018) also used bioaccumulation modeling but were limited by
54 information available related to protein binding and lipid association. Another predictive tool
55 used is physiologically based pharmacokinetic/ pharmacodynamic (PBPK/PBPD) modeling but
56 also requires accurate tissue-protein partitioning coefficients.

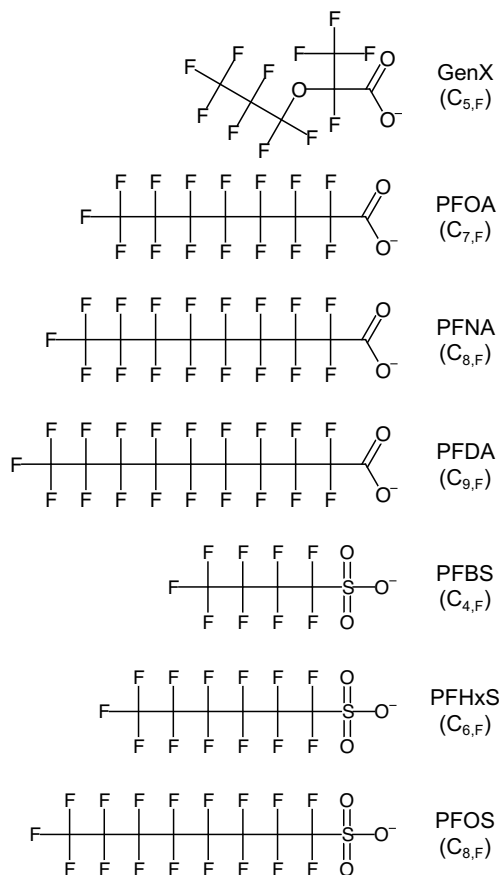
57 Due to the lack of PFAS protein binding data, researchers have used both computational
58 models and laboratory experiments to obtain binding constants for different PFAS (Chen et al.,
59 2015; Chen and Guo, 2009; Cheng and Ng, 2018; Fedorenko et al., 2021; Qin et al., 2010;
60 Salvalaglio et al., 2010; Wu et al., 2009). Most of this work has been limited to legacy PFAS
61 (PFOA and PFOS). Bovine serum albumin protein (BSA) and/or the human equivalent (HSA)
62 are used because they are the most abundant in the blood and albumin has been shown to be the
63 major carrier of PFAS in the body (Forsthuber et al., 2020). In addition to transport, serum
64 protein binding of PFAS may provide insight into the effect of PFAS on the liver, as serum
65 albumin is catabolized in the liver and kidneys (Gitlin et al., 1958). A limited number of studies
66 have used equilibrium dialysis as a direct measure of the amount of PFAS bound to serum
67 albumin (Allendorf et al., 2019; Bischel et al., 2010; Gao et al., 2019; Wu et al., 2009). This
68 approach captures nonspecific interactions and specific binding events within the hydrophobic
69 pocket of serum albumin.

70 A common but indirect method to determine PFAS binding to serum albumin has been
71 fluorescence quenching (Chen et al., 2015; Chen and Guo, 2009; Hebert and MacManus-
72 Spencer, 2010; Macmanus-spencer et al., 2010; Qin et al., 2010; Wu et al., 2009). Fluorescence
73 quenching is a widely used spectroscopic technique that measures the binding of small organic
74 molecules and ions to proteins based on the intrinsic fluorescence of amino acid residues within
75 the protein structure. In bovine serum albumin (BSA, Figure S1), the fluorescence stems from
76 two tryptophan (Trp) residues, one located within the hydrophobic cavity of the protein (Trp-
77 213) and one closer the surface (Trp-134) and more accessible by the solvent (water) (Steinhardt
78 et al., 1971). The quenching behavior of these Trp residues indicates the extent of proximal
79 molecular binding and changes in the local polarity of the solvent environment, revealing

80 information about the binding mechanism. Limitations to the fluorescence quenching method
81 include the assumptions behind the quenching models and the apparent lack of consensus as to
82 the appropriate ratio of PFAS to albumin.

83 In our previous work, Fedorenko et al. (2021) examined the entropic driving force for
84 PFAS binding to BSA using fluorine nuclear magnetic resonance spectroscopy (^{19}F -NMR) and
85 concluded that binding occurs via both specific binding within the hydrophobic pocket as well as
86 adsorption to the surface of the protein. Here, our aim was to examine how those different types
87 of binding events influence the fluorescence quenching of BSA and to evaluate the three
88 common models used to calculate PFAS-BSA association constants against equilibrium dialysis.

89 This work examined a range of perfluoroalkylcarboxylates (PFCA, $\text{C}_{7,\text{F}}$ to $\text{C}_{9,\text{F}}$ where $\text{C}_{x,\text{F}}$
90 denotes the number of fluorinated carbons), perfluoroalkylsulfonates (PFSA; $\text{C}_{4,\text{F}}$, $\text{C}_{6,\text{F}}$ and $\text{C}_{8,\text{F}}$),
91 and the replacement compound 2,3,3,3-tetrafluoro-2-(heptafluoropropoxy)propanoate (GenX;
92 $\text{C}_{5,\text{F}}$; note that only three carbons are perfluorinated) and established binding relationships for
93 PFAS physicochemical properties (Scheme 1). Three different data analysis techniques were
94 used to correlate fluorescence quenching with protein binding: the Stern-Volmer model, the
95 modified Stern-Volmer model, and the Hill equation. Comparisons between fluorescence
96 quenching and equilibrium dialysis results provided key insights into the underlying
97 mechanisms. Relationships were established between octanol-water partitioning coefficients (\log
98 K_{ow}) as well as van der Waals volume and the extent of BSA binding to aid in prediction tools
99 for the wide range of PFAS.



100

101 Scheme 1. PFAS examined. C_{x,F} denotes the number of fluorinated carbons.

102

103 MATERIALS AND METHODS

104 Materials. Bovine serum albumin (lyophilized powder, 99% fatty acid free) was obtained from
 105 Sigma-Aldrich (St. Louis, MO). A BSA concentration of 1.25 μM in pH 7.4 phosphate buffered
 106 saline (1X PBS) was used in each fluorescence quenching experiment. The solution of BSA was
 107 kept at 4°C prior to use.

108 Perfluorooctanoic acid, perfluorononanoic acid (PFNA), perfluorodecanoic acid (PFDA),
 109 2,3,3,3-tetrafluoro-2-(heptafluoropropoxy)propanoate (Gen X), perfluorooctanesulfonic acid,
 110 perfluorohexanesulfonic acid (PFHxS), and perfluorobutanesulfonic acid (PFBS) were obtained

111 from Accustandard, Inc (New Haven, CT). PFAS solutions in PBS were stored at room
 112 temperature in polypropylene containers.

113 Equilibrium Dialysis. Samples were prepared in a rapid equilibrium dialysis device (RED;
 114 Thermo Fisher, Waltham, MA) such that the final concentrations of each mixture would contain
 115 10 μ M bovine serum albumin (BSA) with either 10 μ M, 1 μ M, or 20 μ M PFAS in phosphate
 116 buffered saline (PBS). These samples were incubated for one hour at 37°C prior to
 117 experimentation. The RED procedure was followed as described previously and as recommended
 118 by the manufacturer (Gao et al., 2019; Waters et al., 2008). Controls of 10 μ M of each PFAS
 119 were also added to the plate to account for PFAS adsorption onto the membrane or sides of the
 120 chamber. After four hours of incubation at 37°C under constant shaking, samples were collected
 121 from both sides. Samples from the buffer side, containing no protein, were prepared for analysis
 122 by liquid chromatography/mass spectrometry (LC/MS). Details of the full LC/MS procedure and
 123 association constant analysis can be found in the Supplementary Information.

124 The fraction of bound PFAS was determined by mass balance as $f = ([PFAS]_{initial} -$
 125 $[PFAS]_{unbound})/[PFAS]_{initial}$ where $[PFAS]_{initial} - [PFAS]_{unbound} = [PFAS]_{bound}$. From f , the
 126 protein/water partition coefficient, K_{PW} (g bound PFAS mL⁻¹ BSA)/(g free PFAS mL⁻¹ water),
 127 was determined as

$$128 \quad K_{PW} = \frac{f}{\rho_P [P] (1 - f)} \quad (1)$$

129 where ρ_P is the specific volume of the protein (0.733 mL g⁻¹) and [P] is the total BSA
 130 concentration (10 μ M or 6.6 \times 10⁻³ g mL⁻¹) (Bischel et al., 2011). The association constant, K_a (M⁻¹),
 131 was calculated as (Allendorf et al., 2019)

$$132 \quad K_a = \frac{[PFAS]_{bound}}{([P] - [PFAS]_{bound})[PFAS]_{unbound}} \quad (2)$$

133 where the term $([P] - [PFAS]_{\text{bound}})$ represents the residual unbound BSA protein assuming 1:1
134 molar binding.

135 Fluorescence Quenching. Quenching experiments were conducted using a PerkinElmer LS 55
136 Fluorescence Spectrophotometer with a 150 W xenon discharge lamp. The temperature was set
137 to 25°C, 30°C, 35°C, or 40°C using a PerkinElmer PTP-1 Peltier Temperature Programmer. The
138 excitation wavelength was set to 295 nm, data was collected from an emission range of 300 nm
139 to 500 nm at a rate of 100 nm/min, and the slit widths for both the emission and excitation were
140 set to 6 nm.

141 A solution of BSA (2 mL) was added to a 1 cm quartz cuvette (Starna Cells, Atascadero,
142 CA) and the fluorescence spectrum of BSA alone was measured to provide a baseline. Aliquots
143 of PFAS stock solutions were added incrementally to achieve the desired concentration range. A
144 linear calibration curve of BSA fluorescence intensity over a range of concentrations was used to
145 correct for dilution of BSA. The quenching analyses performed herein were based on the
146 emission intensity at a wavelength of 349 nm, which was the wavelength for maximum emission
147 intensity for BSA alone.

148

149 **RESULTS AND DISCUSSION**

150 **PFAS binding by equilibrium dialysis**

151 Equilibrium dialysis provides a direct measure of PFAS-protein binding through specific
152 and non-specific interactions, and a comparative basis for fluorescence quenching-based
153 association constants. The fraction of bound PFAS f at 37°C, the resulting protein/water partition
154 coefficient K_{PW} , and the calculated association constants K_a are reported in Table 1. In addition

155 to representing physiological temperature, 37°C was used in accordance with reported protocols
 156 for protein binding determined by equilibrium dialysis.

157

158 Table 1. Equilibrium dialysis results for PFAS-BSA binding at 37°C.

PFAS	f^a	$K_{PW} (10^5)^a$	$K_a (10^5 M^{-1})^a$	$K_a (10^5 M^{-1})^b$
PFOA	0.755 (0.038)	0.66 (0.13)	3.77 (0.80)	11 (1.1)
PFNA	0.975 (0.005)	8.52 (1.62)	44.05 (8.37)	14 (2.2)
PFDA	0.983 (0.004)	12.66 (3.23)	61.62 (15.72)	36 (3.1)
PFBS ^c	0.249 (0.064)	0.07 (0.02)	0.93 (0.55)	1.1 (0.28)
PFHxS	0.842 (0.008)	1.11 (0.06)	6.48 (0.39)	44 (3.5)
PFOS	0.942 (0.004)	3.39 (0.27)	17.99 (1.44)	32 (4.9)
Gen X ^c	0.265 (0.006)	0.07 (0.002)	0.65 (0.04)	0.23 (0.05)

159 ^aStandard error shown in parentheses

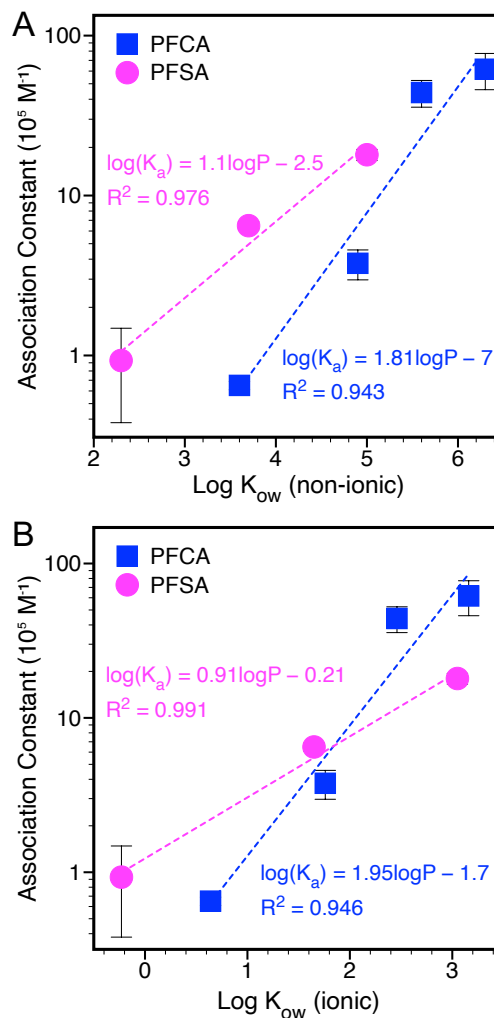
160 ^bReported by Allendorf et al. (2019)

161 ^c K_{PW} and K_a determined at a PFAS:BSA molar ratio of 2:1. All other values are determined at a
 162 0.1:1 molar ratio (Additional details in the Supplemental Information).

163

164 The values for the fraction of bound PFAS, f , and the resulting K_{PW} values obtained in
 165 this work are in agreement with Bischel et al (2011) for the longer compounds (PFNA, PFDA,
 166 and PFOS) but not for the shorter compounds where f values ≥ 0.99 were reported for PFOA,
 167 PFBS, and PFHxS. The f values for these shorter compounds fall between those reported by
 168 Bischel et al. (2011) and Allendorf et al. (2019), where low bound fractions were observed for
 169 PFOA and PFBS ($f = 0.44$), and PFHxS ($f = 0.62$). In this work, f increased with the number of
 170 fluorinated carbons from C_{4,F} to C_{9,F}. There was no apparent evidence for longer compounds
 171 adopting a helical structure that would result in maximum K_{PW} values at C_{6,F} with decreases in
 172 K_{PW} above C_{7,F} (Bischel et al., 2011).

173 A positive correlation was observed between the association constants and the logarithm
174 of the octanol-water partition coefficient, $\log K_{ow}$, for non-ionic (associated; obtained from
175 Pubmed; Figure 1A) and ionic (dissociated at pH 7.4; calculated using Marvin Sketch; Figure
176 1B) PFAS species, in agreement with values reported previously using PFAS chain length as a
177 proxy for hydrophobicity (Table 1) (Allendorf et al., 2019). The PFCA correlation includes
178 GenX, suggesting that binding of this alternative PFAS based on hydrophobicity is similar to the
179 linear PFCA. Log K_{ow} correlations are used to examine quantitative structure-activity
180 relationships (QSAR) governing ligand binding to proteins, with the $\log K_{ow}$ coefficient
181 reflecting the strength of hydrophobic binding and depth of insertion into the protein structure
182 (Hansch and Klein, 1986). A coefficient ≥ 1 indicates a strong dependence on hydrophobicity
183 and deep insertion upon binding, which was observed for PFCA and PFSA. Larger $\log K_{ow}$
184 coefficients were determined for PFCA, suggesting a stronger dependence on hydrophobicity.



185
 186 Figure 1. PFAS-BSA association constant determined by equilibrium dialysis as a function of the
 187 logarithm of the octanol-water partition coefficient, $\log K_{ow}$, for (A) non-ionic (associated;
 188 obtained from Pubmed) and (B) ionic (dissociated at pH 7.4; calculated using Marvin Sketch)
 189 PFAS species. Standard error bars not observed are smaller than the symbols. K_a in the fitted
 190 equations has units of 10^5 M^{-1} .

191
 192 **PFAS binding by fluorescence quenching**

193 In contrast to equilibrium dialysis measurements, fluorescence quenching-based
 194 measurements are based on PFAS binding to specific sites on BSA containing tryptophan (Trp)

195 residues. The extent of fluorescence quenching can be directly related to PFAS concentration
196 through the Stern-Volmer equation, which has been reported for PFAS-BSA binding (Bischel et
197 al., 2011, 2010; Chen et al., 2015; MacManus-Spencer et al., 2010; Qin et al., 2010). The Stern-
198 Volmer equation is written as (Lakowicz, 2006)

$$199 \quad \frac{F_0}{F} - 1 = K_{SV}[Q] \quad (3)$$

200 where F is the fluorescence emission intensity at a specified wavelength (349 nm) of the protein
201 in the presence of the quencher, F_0 is the fluorescence emission intensity of the protein in the
202 absence of the quencher, K_{SV} is the Stern-Volmer association constant, and $[Q]$ is the
203 concentration of the unbound quencher, $[PFAS]_{\text{unbound}}$. In terms of BSA and PFAS, K_{SV} is the
204 degree of association between the quencher and the protein at equilibrium



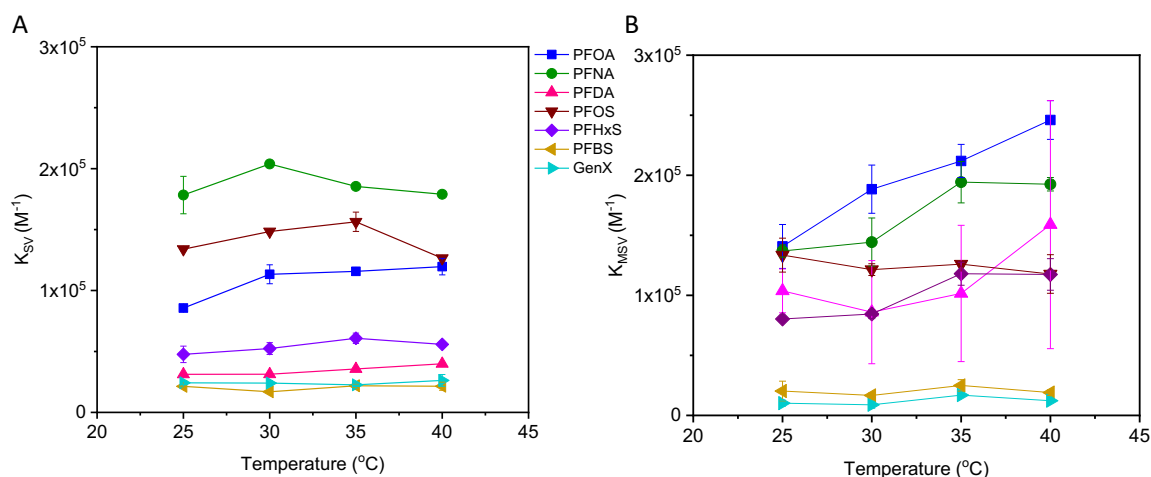
$$206 \quad K_{SV} \approx K_{eq} = \frac{[BSA - PFAS]}{[PFAS][BSA]} \quad (5)$$

207 where $[BSA-PFAS]$ is the concentration of the bound complex. The Stern-Volmer equation is
208 based on the following assumptions (Eftink and Ghiron, 1981; Lakowicz, 2006): (i) The
209 concentration of the quencher is large relative to protein concentration such that $[Q]_{\text{total}}$ (or
210 $[PFAS]_{\text{total}}$) can be substituted for $[Q]$ (or $[PFAS]_{\text{unbound}}$), (ii) the protein-quencher complex is
211 nonfluorescent, and (iii) binding is noncooperative.

212 Exemplary spectra and Stern-Volmer plots are shown in the Figures S2 and S3,
213 respectively. With the exception of PFNA, equation 3 yielded a linear curve suggesting a static
214 quenching process where the BSA-PFAS complex is non-fluorescent. However, fitted K_{SV} values
215 over $[PFAS]$ from 0 to 6.8 μM did not change appreciably over the temperature range examined
216 (Figure 2A; Table S2), in contrast with reported studies showing a strong temperature

217 dependence indicative of enthalpic binding. This may reflect a more dominant entropic
 218 contribution as previously shown using ^{19}F -NMR (Fedorenko et al., 2021) or an apparent
 219 combined static and dynamic quenching process, where elevated temperatures increase the
 220 diffusivity of binding ligands and thus the collision frequency with the binding site. Compared to
 221 previous studies, the K_{SV} values obtained in this work at 25°C are on the same order of
 222 magnitude for PFOA and PFOS at reported temperatures ranging from 21°C to 27°C (Chen et al.,
 223 2015; Li et al., 2010; Qin et al., 2010).

224



225
 226 Figure 2. A) Stern-Volmer (K_{SV} ; equation 3, Figure S3) and B) modified Stern-Volmer (K_{MSV} ;
 227 equation 6, Figure S4) association constants for PFAS binding to BSA as a function of
 228 temperature. Standard error bars shown are based on two independent measurements.

229

230 The first limiting assumption of the Stern-Volmer equation is that $[\text{PFAS}]_{\text{total}} \approx$
 231 $[\text{PFAS}]_{\text{unbound}}$. To test this assumption, $[\text{PFAS}]_{\text{total}}$ was increased ten-fold and $[\text{BSA}]$ was held
 232 constant. Results for fluorescence quenching decayed exponentially with increasing $[\text{PFAS}]$,
 233 displaying a plateau at high $[\text{PFAS}]$. In this case, the modified Stern-Volmer equation was

234 required to account for saturation by incorporating a fractional accessibility term, f_a , of the
235 PFAS to the quenching site (Chen and Guo, 2009; Qin et al., 2010)

$$236 \quad \frac{F_0}{F_0 - F} = \frac{1}{f_a K_{MSV} [Q]} + \frac{1}{f_a} \quad (6)$$

237 where K_{MSV} is the modified Stern-Volmer association constant. Equation 6 accounts for
238 downward curvature in Stern-Volmer plots and assumes that, as $[Q] \rightarrow \infty$, only the inaccessible
239 fluorescent amino acid residues can fluoresce. Thus, it allows for two types of fluorescent
240 residues in a protein—those accessible to the quencher and those not accessible to the
241 quencher—with no allowance for a partially accessible fluorophore or for binding cooperativity
242 (Lakowicz, 2006). For BSA this involves PFAS binding near Trp-214 and Trp-134, with one of
243 these sites being inaccessible. The modified Stern-Volmer equation was applied over [PFAS]
244 ranging from 14.7 to 68.2 μM for PFCAs and 7.4 to 74.2 μM or 35.7 to 74.2 μM for PFSA. s.
245 Data obtained below these lower [PFAS] limits led to poor fits.

246 Fitted K_{MSV} were similar to K_{SV} for many of the PFAS examined (Figure 2, Tables S2
247 and S3), which implies that the assumption $[\text{PFAS}]_{\text{total}} \approx [\text{PFAS}]_{\text{unbound}}$ is reasonable for the
248 Stern-Volmer model and that ‘fractional accessibility’ accounts for saturation at high [PFAS] in
249 the modified Stern-Volmer model. However, the trends in the association constants with PFAS
250 size were different with the exception of the two smallest PFAS, GenX and PFBS. These trends
251 are shown below for 25°C with the largest PFAS, PFDA, in bold and the sulfonates underlined to
252 distinguish them.

253 K_{SV} : PFNA > PFOS > PFOA > PFHxS > **PFDA** > GenX \approx PFBS

254 K_{MSV} : PFOA > PFNA > PFOS > **PFDA** \approx PFHxS > PFBS \approx GenX

255 The f_a values (Table S3), ranged from approximately 0.5 to 0.7, with PFBS being the
256 exception (~ 0.3). Mechanistically, this means that the binding sites with fluorescent Trp residues

257 are less accessible to PFBS binding. Being the smallest and most water soluble PFAS examined,
258 PFBS ($C_{n,F} = 4$) may have lacked the hydrophobicity needed to insert into the hydrophobic,
259 tryptophan-containing regions of BSA. Interestingly, this argument does not apply to GenX ($C_{n,F}$
260 = 5), which showed similarly small K_{MSV} values with f_a values that were two-fold higher than
261 PFBS. Despite GenX having access to the binding sites, the affinity between GenX and the
262 binding site was low. This may be due to the non-linear structure where the CF_3 group near the
263 carboxylic acid headgroup sterically hindered binding.

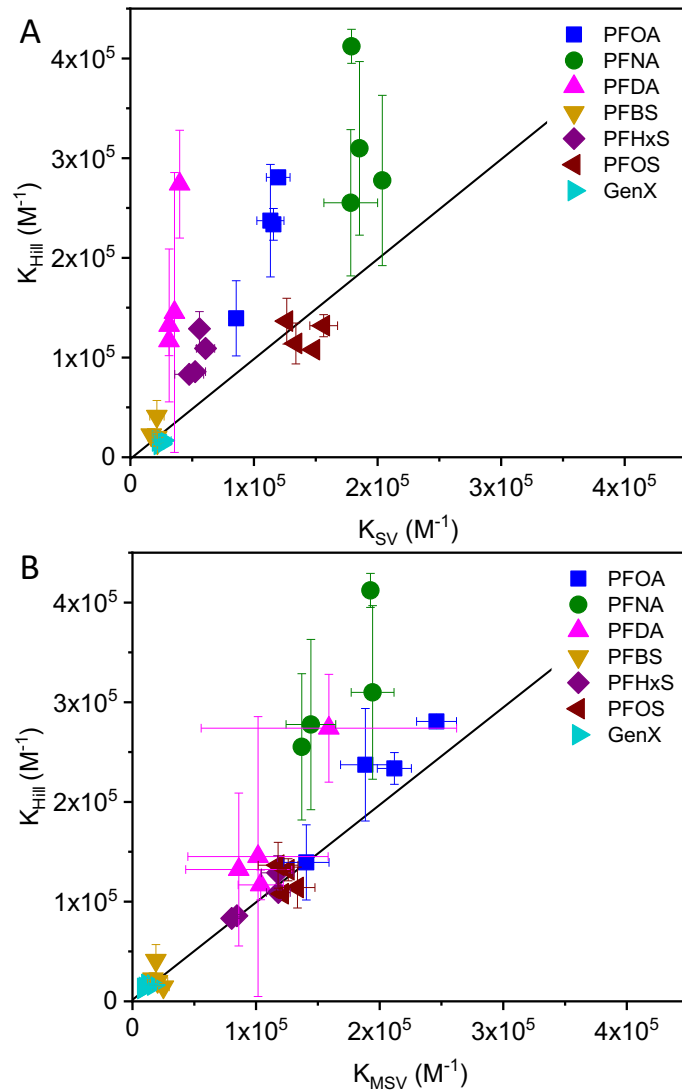
264 The third model applied to the fluorescence quenching data – the Hill equation – also
265 accounts for the residual fluorescence upon saturation, F_{res} , but does not ascribe F_{res} to
266 fractional accessibility. The model applied is based on the Hill approximation proposed by
267 Hebert et al for PFAS-protein binding (Hebert and MacManus-Spencer, 2010)

$$268 \quad \frac{F_0 - F}{F_0 - F_{res}} = \left[\frac{(K_{Hill}[Q])^{n_{Hill}}}{1 + (K_{Hill}[Q])^{n_{Hill}}} \right] \quad (7)$$

269 where K_{Hill} and n_{Hill} are the Hill binding constant and coefficient, respectively. At high [PFAS]
270 relative to [BSA], this model accurately reflects the quenching conditions, which are dependent
271 upon the change in protein conformation with the type and concentration of PFAS (Hebert and
272 MacManus-Spencer, 2010). This dependence is described by n_{Hill} , which accounts for binding
273 cooperativity. Hill coefficients greater than 1, $n_{Hill} > 1$, denote positive binding cooperativity,
274 $n_{Hill} < 1$ denote negative binding cooperativity, and $n_{Hill} = 1$ denote noncooperative binding.
275 Unlike the Stern-Volmer and modified Stern-Volmer models where data sets were truncated to
276 accommodate the models, excellent fits were obtained for the Hill model over the entire
277 concentration range examined.

278 Comparisons between K_{Hill} , K_{MSV} and K_{SV} are shown in Figure 3 at the four temperatures
279 examined (data presented in Table S3). Overall, the association constants based on K_{Hill} were

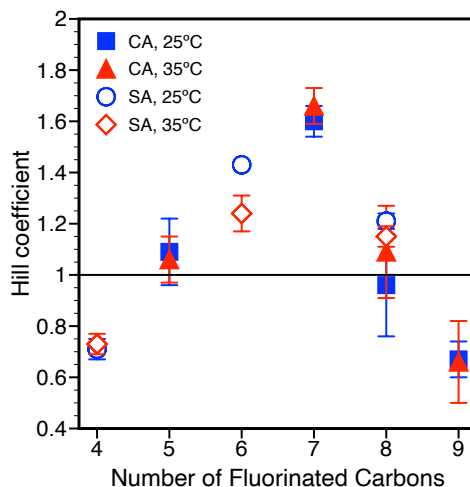
280 similar to or greater than that for K_{MSV} and K_{SV} ; or alternatively, the Stern-Volmer models
281 underestimated PFAS-BSA binding compared to the Hill model. This was particularly true for
282 the most hydrophobic carboxylic acids, PFOA, PFNA, and PFDA. There was comparatively
283 better agreement between K_{Hill} , K_{MSV} and K_{SV} with the sulfonic acids.



284
285 Figure 3. Comparison of PFAS-BSA association constants determined by fluorescence
286 quenching from the Hill equation (K_{Hill}) to those determined using the (A) Stern-Volmer (K_{SV})
287 and (B) modified Stern-Volmer (K_{MSV}) equations. The data points for each PFAS were obtained

288 at temperatures of 25°C, 30°C, 35°C, and 40°C (data shown in Table S3). The solid lines
289 represent the condition where the association constants are equal.

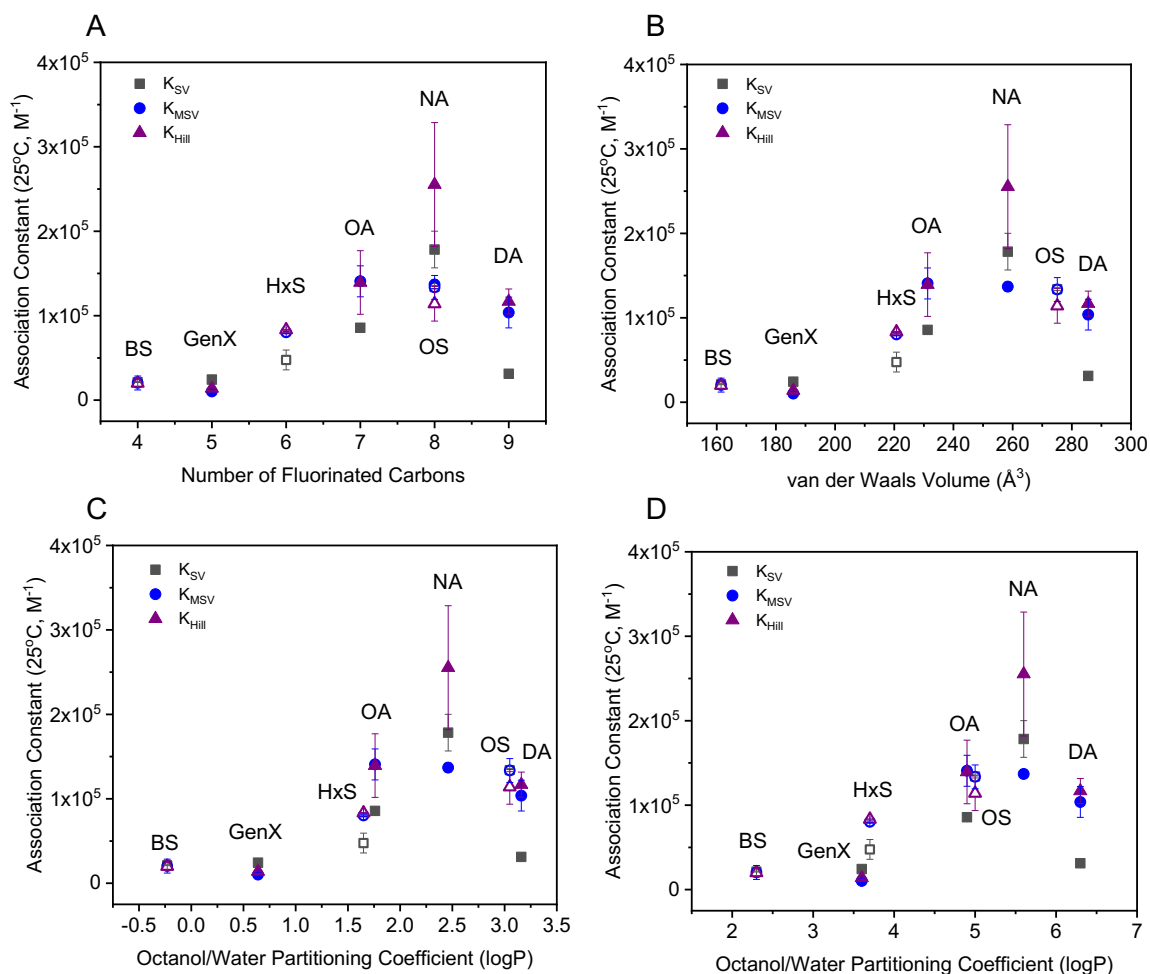
290
291 Additional insight can be gained by analyzing the binding cooperativity described by
292 n_{Hill} as a function of the number of fluorinated carbons (Figure 4). Results shown at 25°C and
293 35°C depict two regions – negative cooperativity or noncooperative/positive cooperativity – that
294 are independent of temperature. Negative binding cooperativity ($n_{Hill} < 1$) was observed for
295 small (PFBS, $C_{n,F} = 4$) and large (PFDA, $C_{n,F} = 9$) PFAS, while noncooperative (GenX, PFNA)
296 or positive binding cooperativity (PFHxS, PFOA, PFOS) was observed for PFAS with $C_{n,F} = 5$ to
297 8 ($n_{Hill} \geq 1$). The trend in binding cooperativity with $C_{n,F}$ may reflect the ability for intermediate
298 PFAS to ‘fit within’ and bind to the hydrophobic regions containing Trp, leading to
299 conformational changes within the protein that further increases binding affinity (Bischel et al.,
300 2011).



301
302 Figure 4. Hill coefficient, obtained from the Hill model fitting (equation 7), describing PFAS-
303 BSA binding cooperativity. Standard error bars shown are based on three independent

304 measurements for PFCAs and two independent measurements for PFSA. PFCA and PFSA are
305 abbreviated as CA and SA, respectively.

306
307 To further describe the trends in binding across the range of PFAS, the association
308 constants obtained via fluorescence quenching were compared to molecular descriptors. Results
309 for K_a versus the number of fluorinated carbons (Figure 5A) agree with previous work showing
310 that PFOA and PFOS preferentially bind to a hydrophobic cavity within a serum albumin protein
311 (Chen and Guo, 2009; Salvalaglio et al., 2010). However, the number of fluorinated carbons is
312 not an adequate proxy for molecular size. PFNA showed the highest association constant, higher
313 than PFOS, despite having the same number of fluorinated carbons. An analysis of the van der
314 Waals volume, V_{vdw} , shows that PFOS ($C_{8,F}$) is larger than PFNA ($C_{8,F}$) and similar in size to
315 PFDA ($C_{9,F}$), which also showed a lower K_a compared to PFNA (Figure 5B). The importance of
316 steric hinderance is further denoted by PFOA ($C_{7,F}$), which is less hydrophobic than PFOS and
317 has a considerably smaller V_{vdw} , but similar association with BSA. The trends in K_a with V_{vdw}
318 are similar to those with the ionic log K_{ow} (Figure 5C), which takes into consideration the
319 headgroup charge, where the two largest PFAS, PFOS and PFDA, are also the most hydrophobic
320 yet exhibit a lower K_a than PFNA. This trend was not captured with the associated log K_{ow}
321 values (Figure 5D). Above an optimal size, described by V_{vdw} , the PFAS molecules no longer
322 ‘fit’ into the same location on BSA regardless of their hydrophobicity.



323
 324 Figure 5. PFAS association constants determined by fluorescence quenching as a function of
 325 molecular descriptors: A) the number of fluorinated carbons, B) the calculated van der Waals
 326 volume, C) the logarithm of the ionic the octanol-water partitioning coefficient, or ionic log K_{ow} ,
 327 calculated at pH 7.4, and D) the calculated logarithm of the octanol-water partitioning coefficient
 328 or log K_{ow} . Closed symbols correspond with PFCA and open symbols PFSA.

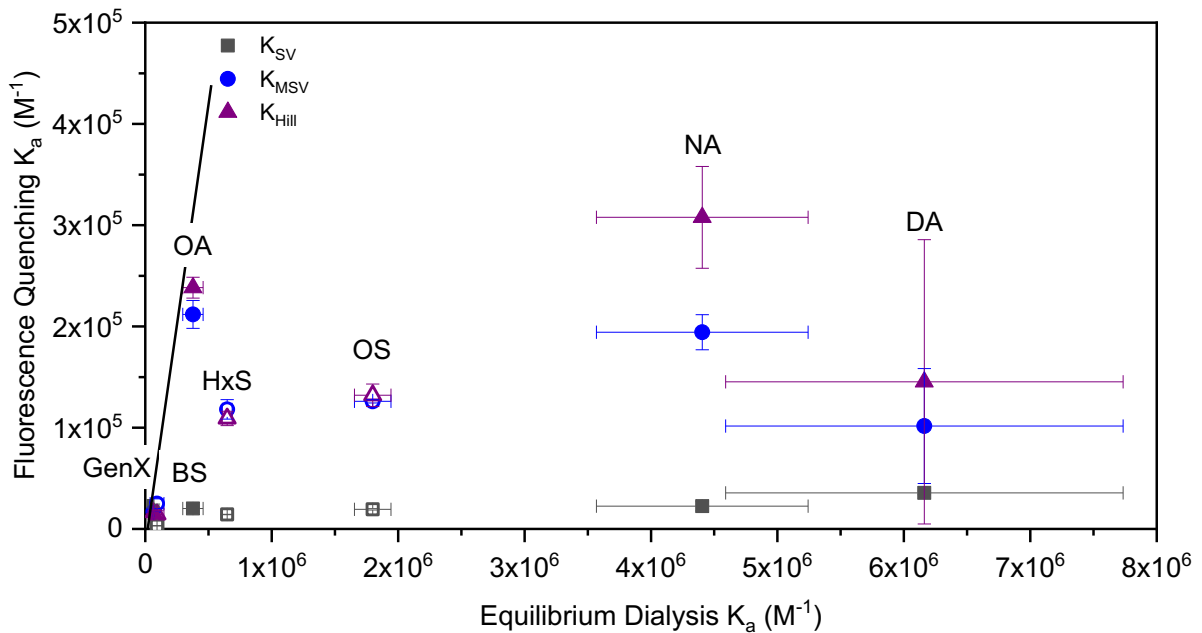
329
 330 The hydrophobic nature of the PFAS-protein interactions can be explored further by
 331 evaluating the wavelength shift in the fluorescence spectra (Figure S5), consistent with previous
 332 studies of both BSA and HSA (Liu et al., 2017; Qin et al., 2010; Wu et al., 2009). A shift in the

333 wavelength associated with maximum fluorescence emission indicates a change in the solvent
334 environment surrounding the fluorescent Trp residues. PFBS and GenX do not show marked
335 shifts in emission wavelength, consistent with low binding affinity within the hydrophobic cavity
336 of BSA and/or their inability to dehydrate the cavity and cause local decreases in solvent
337 polarity. For all other PFAS, the blue shift indicates that PFAS binding created a more
338 hydrophobic environment as the conformation of the protein changes and bound water molecules
339 are displaced by the PFAS (Vivian and Callis, 2001). The extent of wavelength shift roughly
340 correlates with PFAS hydrophobicity. The maximum shifts occur for PFNA (-13 nm) for the
341 carboxylates and PFHxS (-10 nm) for the sulfonates. The shift was not as great for the larger
342 PFDA (-10 nm) or PFOS (-7 nm), supporting the concept that these molecules do not fit as well
343 within the cavity, which has been reported for PFDA but not PFOS (Bischel et al., 2010;
344 Macmanus-spencer et al., 2010).

345

346 **Mechanistic insight comparing fluorescence quenching and equilibrium dialysis**

347 The difference between the two experimental methods presented here is that fluorescence
348 quenching reflects PFAS binding within the hydrophobic cavity of BSA, while equilibrium
349 dialysis reflects all binding. Comparing these results can shed more light on the interaction of
350 different PFAS with BSA. For PFDA (Figure 6), the K_a from equilibrium dialysis is an order of
351 magnitude higher than K_a values determined by fluorescence quenching. As PFDA is the largest
352 molecule studied (Figure 5B) based on V_{vdw} , size exclusion from the hydrophobic pockets may
353 make binding to the surface more energetically favorable. For sulfonates, PFOS shows a similar
354 trend. Although PFOS and PFNA have the same number of fluorinated carbons, PFNA has a
355 higher association constant than PFOS.



357

358 Figure 6. A comparison of association constants determined at 35°C by fluorescence quenching
 359 and equilibrium dialysis. The solid lines represent the condition where the association constants
 360 are equal. Closed symbols correspond with PFCA and open symbols PFSA.

361

362 Based on the comparison in Figure 6, protein binding based on the Hill equation, which
 363 accounts for binding cooperativity, is in closer agreement with the ‘true’ extent of binding based
 364 on equilibrium dialysis, particularly for the more hydrophobic PFAS. However, the results
 365 clearly demonstrate that both approaches should be combined to gain a mechanistic
 366 understanding of PFAS binding as a function of their physicochemical properties.

367

368 The importance of understanding the effect of physicochemical properties on protein
 369 binding becomes more apparent as industry producers move toward using shorter chain length
 370 PFAS. However, shorter chains do not necessarily result in lower protein binding affinities than
 longer chain PFAS. Our work shows, based on both experimental techniques, that PFHxS binds

371 to BSA with similar affinity as PFOS. This is significant to exposure assessment and health risks
372 as albumin has been shown to be the major carrier of PFAS in human blood (Forsthuber et al.,
373 2020). As more PFASs are developed as alternatives to legacy compounds, there is a pressing
374 need to continue to rigorously assess protein binding and identify correlations with PFAS
375 molecular properties. One way to accomplish this is through the link between log K_{ow} and degree
376 of binding. For example, as log K_{ow} (hydrophobicity) increases for the PFAS of $C_{8,F}$ and smaller
377 in this study, the degree of binding to BSA increases. As is shown with PFDA ($C_{9,F}$), this model
378 parameter should be coupled with Van der Waals volume to account for steric hinderance to
379 binding.

380

381 **CONCLUSIONS AND IMPLICATIONS**

382 With albumin being a major protein carrier for PFAS *in vivo*, accurate protein binding
383 constants and mechanistic insight into binding are imperative to guide bioaccumulation models
384 and physiologically based pharmacokinetic/pharmacodynamic (PBPK/PBPD) models. In this
385 work, a systematic analysis of fluorescence-based protein binding models was conducted for an
386 expanded range of PFAS and compared to equilibrium dialysis experiments. Both experimental
387 methods provide valuable and complimentary insight into PFAS- BSA binding. While
388 fluorescence quenching focuses on the hydrophobic pocket of the protein, equilibrium dialysis
389 reports all types of binding, whether in specific locations or to the surface. By critically
390 examining the differences between the equilibrium dialysis and fluorescence quenching, we can
391 gain insight into binding mechanisms, especially for those PFAS-serum protein interactions that
392 have not yet been characterized by crystal structure or other methods.

393 Fluorescence quenching has been used to evaluate PFAS binding to serum albumin
394 proteins but there is no clear guidance on the applicability or limitations of the three models
395 discussed in this work: the Stern-Volmer model, the modified Stern-Volmer model, and the Hill
396 equation. By limiting analysis to one of these methods, valuable insight about binding
397 cooperativity and fractional accessibility to binding sites may not be gained. Combining models
398 affords another layer of mechanistic insight. As with any model, understanding the assumptions
399 and limitations is vital to interpretation of the underlying mechanisms.

400 In addition, the trend in association constants with respect to physicochemical properties
401 suggests that both hydrophobic and steric effects play a role in degree of binding to serum
402 albumins. As models are developed to predict transport of PFAS through the human body, these
403 intrinsic physicochemical properties are extremely useful. Additional work must be completed in
404 this area, especially for PFAS of different structures than those studied herein.

405

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410 Chan School of Public Health, and the Silent Spring Institute.

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Supplemental Information

Critical new insights into the binding of poly- and perfluoroalkyl substances (PFAS) to albumin protein

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METHODS

LC-MS/MS System. The LC-MS/MS analysis is completed using the liquid chromatograph (Shimadzu) equipped with a C18 column (3 μ m, 2.1mm X 150mm; Phenomenex) coupled to mass spectrometer (Shimadzu) operating in negative mode.

LC Conditions. For the analysis, 10 μ L of dialysate is injected on the LC column (40°C) and target compounds are eluted with mobile phase gradient (Table S1.1) consisted of 2 mM ammonium acetate in water and acetonitrile (flow rate 0.5 mL/min).

Table S1.1. Gradient Mobile Phase Program.

mobile phase / time (min)	A (%) - 2mM ammonium acetate in water	B (%) - 2mM ammonium acetate in acetonitrile
0.0	50	50
6.0	15	85
8.0	15	85

8.01	50	50
10.0	50	50

545 MS/MS Conditions. The triple quadrupole tandem mass spectrometer is operated in multiple
 546 reaction monitoring (MRM) mode using negative electrospray ionization (ESI-). Instrument
 547 parameters are shown in Table S1.2 and compound specific MS/MS parameters are
 548 summarized in S1.3. Values for collision energy are determined through instrument
 549 optimization.

550

551 Table S1.2. Mass spectrometer (MS) instrumental parameters.

Curtain Gas (CUR)	30
Collision Gas (CAD)	medium
IonSpray Voltage (IS)	-4500 V
Temperature (TEM)	400°C
Ion Source Gas 1 (GS1)	30
Ion Source Gas 2 (GS2)	30

552

553 Table S1.3 MS/MS Parameters of target PFAS.

Analyte	Type	MRM transitions	Collision Energy (V)
PFOA	Target	413 → 369; 169	11; 19
PFNA	Target	463 → 419; 219	10; 16
PFDA	Target	513 → 469; 219	11; 20
PFBS	Target	299 → 80; 99	34; 28
PFHxS	Target	399 → 80; 99	49; 43
PFOS	Target	499 → 80; 99	50; 44
Gen X	Target	347 → 169; 285	12; 20

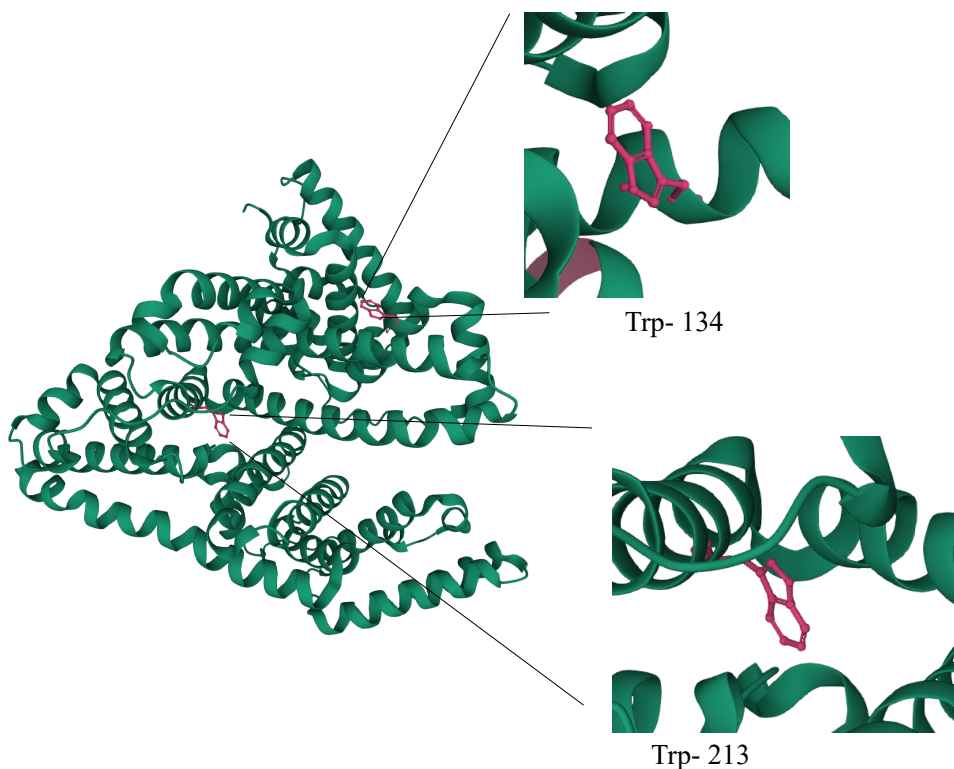
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555 Final PFAS concentrations from the dialysis experiment were determined by comparing
 556 to external standards of concentrations from 0.02 nM to 200 nM. All calibration curves had R²

557 values above 0.99. The value of K_a was calculated as $[PL]/([P]x[L])$ with P being protein and L
558 being ligand, as calculated in previous works (Allendorf et al., 2019). For all PFAS other than
559 Gen X and PFBS, K_a was calculated by using the lowest PFAS to BSA ratio (0.1:1). In the cases of
560 Gen X and PFBS, the small difference between initial and final concentration for this ratio led to
561 the use of a ratio of 2:1 for more precise values.

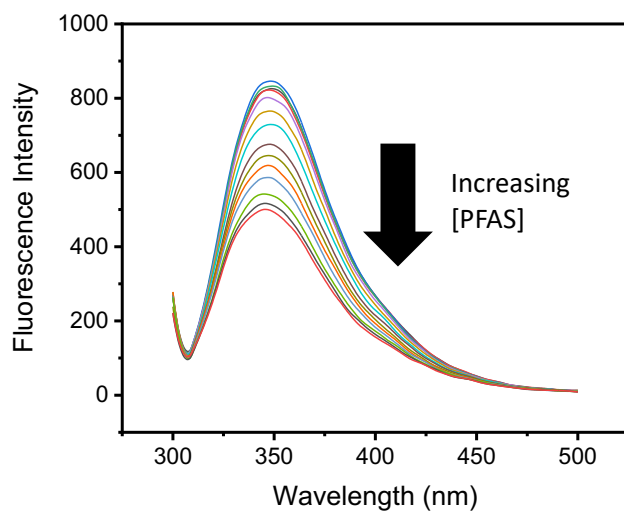
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563 RESULTS AND DISCUSSION

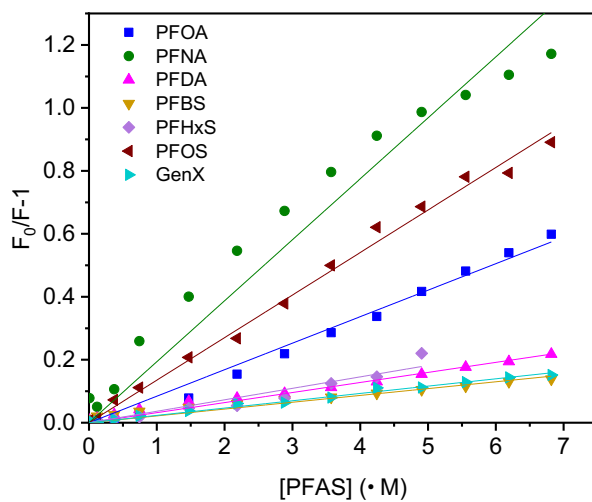


564

565 Figure S1. The structure of bovine serum albumin (BSA) with tryptophan residues shown in pink
566 (Protein Data Bank Entry 3V03; Berman et al., 2002; Majorek et al., 2012; Sehnal et al., 2018).
567 Trp-134 is more solvent-accessible while Trp-213 is located within the hydrophobic pocket of
568 the protein.



569
 570 Figure S2. Representative fluorescence quenching plot for PFOA (0-6.8 μ M) added to a BSA
 571 concentration of 1.25 μ M at a temperature of 25°C. As the concentration of PFAS increases, the
 572 fluorescence of BSA decreases, indicative of binding.



573
 574 Figure S3. Representative Stern-Volmer plot with PFAS concentration ranging from 0 to 6.8 μ M
 575 and a BSA concentration of 1.25 μ M at a temperature of 25°C. Values of R^2 were above 0.97 for

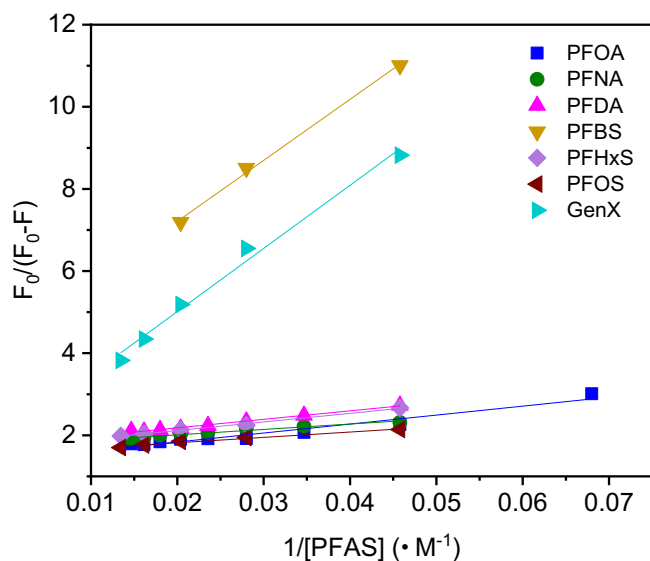
576 all PFAS other than PFBS at all temperatures studied. Values of R^2 for PFBS ranged from 0.92-
 577 0.99.

578

579 Table S2. Stern-Volmer Association Constants (K_{SV}) from fluorescence quenching experiments,
 580 [PFAS] = 0-6.8 μM , [BSA] = 1.25 μM .

PFAS	K_{SV} (10^5 M^{-1}) 25°C	K_{SV} (10^5 M^{-1}) 30°C	K_{SV} (10^5 M^{-1}) 35°C	K_{SV} (10^5 M^{-1}) 40°C
PFOA	0.85 (0.02)	1.13 (0.1)	1.16 (0.04)	1.20 (0.1)
PFNA	1.78 (0.22)	2.04 (0.03)	1.85 (0.01)	1.79 (0.07)
PFDA	0.31 (0.01)	0.31 (0.04)	0.36 (0.02)	0.40 (0.02)
PFBS	0.21 (0.01)	0.17 (0.02)	0.22 (0.03)	0.22 (0.06)
PFHxS	0.48 (0.12)	0.52 (0.08)	0.61 (0.07)	0.56 (0.03)
PFOS	1.34 (0.02)	1.48 (0.02)	1.56 (0.11)	1.26 (0.03)
Gen X	0.24 (0.01)	0.24 (0.03)	0.22 (0.02)	0.26 (0.07)

581



582

583 Figure S4. Representative modified Stern-Volmer plot with PFAS concentration ranging from
 584 14.7 to 68.2 μM for PFCAs and 7.4 to 74.2 μM or 35.7 to 74.2 μM for PFSA and a BSA
 585 concentration of 1.25 μM at a temperature of 25°C. Values of R^2 for all of these plots were

586 above 0.92 for PFCAs and above 0.95 for PFSA at all temperatures studied. Inclusion of data in
 587 the ranges lower than reported led to deviations from linearity and poor fits.

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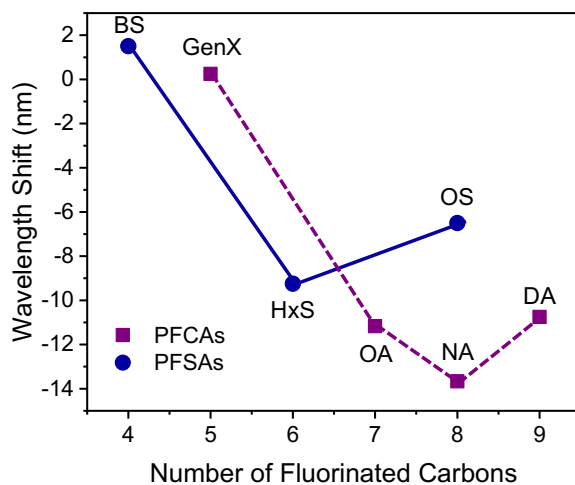
589

590 Table S3. Modified Stern-Volmer Association Constants (K_{MSV}), fractional accessibility (f_a), Hill
 591 association constant (K_{Hill}), and number of Hill binding sites (n_{Hill}) from fluorescence quenching
 592 experiments, [PFCA] = 0-68.2 μ M, [PFSA] = 0-74.2 μ M, [BSA] = 1.25 μ M. Standard error from
 593 duplicate measurements is shown in parenthesis.

PFAS	K_{MSV} ($10^5 M^{-1}$)	f_a	K_{Hill} ($10^5 M^{-1}$)	n_{Hill}
25°C				
PFOA	1.41 (0.18)	0.61 (0.02)	1.39 (0.38)	1.60 (0.06)
PFNA	1.37 (0.05)	0.62 (0.03)	2.55 (0.73)	0.96 (0.20)
PFDA	1.04 (0.18)	0.60 (0.03)	1.17 (0.15)	0.67 (0.07)
PFBS	0.20 (0.08)	0.31 (0.08)	0.20 (0.05)	0.71 (0.04)
PFHxS	0.80 (0.01)	0.59 (0.002)	0.83 (0.01)	1.43 (0.00)
PFOS	1.33 (0.14)	0.64 (0.001)	1.14 (0.21)	1.21 (0.03)
Gen X	0.10 (0.02)	0.59 (0.07)	0.14 (0.02)	1.09 (0.13)
30°C				
PFOA	1.88 (0.20)	0.58 (0.02)	2.37 (0.57)	1.49 (0.17)
PFNA	1.44 (0.20)	0.63 (0.01)	2.78 (0.85)	1.10 (0.34)
PFDA	0.86 (0.43)	0.65 (0.04)	1.32 (0.77)	0.73 (0.23)
PFBS	0.16 (0.02)	0.26 (0.03)	0.23 (0.06)	0.91 (0.05)
PFHxS	0.84 (0.04)	0.56 (0.005)	0.86 (0.01)	1.58 (0.01)
PFOS	1.21 (0.05)	0.62 (0.01)	1.08 (0.02)	1.39 (0.14)
Gen X	0.09 (0.03)	0.67 (0.09)	0.13 (0.05)	1.19 (0.32)
35°C				
PFOA	2.12 (0.14)	0.55 (0.01)	2.34 (0.16)	1.66 (0.07)
PFNA	1.94 (0.17)	0.60 (0.04)	3.10 (0.87)	1.09 (0.18)
PFDA	1.02 (0.57)	0.64 (0.07)	1.45 (1.40)	0.66 (0.16)
PFBS	0.25 (0.05)	0.26 (0.01)	0.15 (0.03)	0.73 (0.04)
PFHxS	1.18 (0.10)	0.52 (0.01)	1.09 (0.07)	1.24 (0.07)
PFOS	1.26 (0.02)	0.60 (0.01)	1.32 (0.11)	1.15 (0.04)
Gen X	0.17 (0.002)	0.46 (0.01)	0.16 (0.01)	1.06 (0.09)
40°C				
PFOA	2.46 (0.16)	0.51 (0.01)	2.81 (0.06)	1.61 (0.04)

PFNA	1.93 (0.06)	0.60 (0.01)	4.12 (0.17)	0.65 (0.01)
PFDA	1.59 (1.03)	0.55 (0.01)	2.74 (0.54)	0.58 (0.08)
PFBS	0.19 (0.02)	0.33 (0.03)	0.41 (0.16)	0.73 (0.00)
PFHxS	1.17 (0.13)	0.52 (0.02)	1.29 (0.17)	0.96 (0.08)
PFOS	1.18 (0.16)	0.56 (0.003)	1.37 (0.23)	0.97 (0.00)
Gen X	0.12 (0.01)	0.53 (0.06)	0.17 (0.06)	1.46 (0.62)

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596 Figure S5. A representative plot of the shift in the wavelength of maximum fluorescence
 597 emission of BSA at 1.25 μM upon addition of PFAS at 68 μM at 25°C. A negative shift in
 598 maximum wavelength is indicative of a blue shift in the emission spectrum, which corresponds
 599 to the fluorophore experiencing a more hydrophobic environment.

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