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FACTORS AFFECTING ADHERENCE TO ANTIRETROVIRAL THERAPY IN
HIV POSITIVE INJECTION DRUG USERS (IDUs) AND NON-IDUs.

BY

DIPTI R. SALGAONKAR

A THESIS SUBMITTED IN PARTIAL FULFILMENT OF THE REQUIREMENTS
FOR THE DEGREE OF
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IN
PHARMACY ADMINISTRATION

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2001

MASTER OF SCIENCE THESIS
OF
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2001

ABSTRACT

The study of adherence to antiretroviral therapy among HIV positive Injection Drug Users (IDUs) has been largely neglected. Many clinicians believe that this group is too unreliable to take these medications, particularly in the early stage of their recovery from drug abuse when they are vulnerable to relapse. This is the first study of its kind to compare medication adherence rates between HIV positive injection drug users and non-users.

The medication adherence among IDUs and non-IDUs was compared in an HIV infected population (n=143) who were currently on antiretroviral therapy. The factors affecting medication adherence were also examined in the same population. Data on demographics, clinical characteristics, mood status, physical functioning and social support was obtained. Medication adherence was measured using the "Temptation to skip antiretroviral medication scale" and "Percent of doses missed in the past week, month and three months".

Multiple T-tests conducted on the data revealed that IDUs and non-IDUs had no distinction in medication adherence behavior ($p < 0.05$). Therefore, further group difference analyses such as multiple T-tests and Chi-Square tests were done on all other independent variables to look for possible confounders.

These bivariate analyses showed that IDUs were older, sicker, less educated and had a longer duration of HIV positive status than non-IDUs. IDUs were also found to have worse mental health, more severity of bodily pain and more interference of pain with normal work than non-IDUs.

Multiple ANCOVAs conducted to control for these possibly confounding factors, however showed no significant differences in medication adherence between IDUs and non-IDUs. These results suggested that age, severity of disease, educational level, duration of seropositive status, general mental health, severity of bodily pain and pain interfering with normal work did not affect medication adherence in HIV positive IDUs and non-IDUs.

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TABLE OF CONTENTS

ABSTRACT.....	ii
ACKNOWLEDGEMENTS.....	iv
TABLE OF CONTENTS.....	vi
LIST OF TABLES.....	ix
LIST OF PLOTS.....	xi
INTRODUCTION.....	1
A. Importance of adherence to antiretroviral therapy	
B. Determinants of adherence	
C. Assessment of adherence	
METHODOLOGY.....	8
A. Study setting and patient population	
B. Data collection	
C. Measures and variables	
D. Assessment of medication adherence	
E. Selection of variables for analysis	
F. Data analysis	
RESULTS.....	20
A. Multiple T-tests carried out on all the continuous IVs to check for group differences between the two groups – IDUs and Non-IDUS	
B. Multiple Chi Square tests carried out on all the dichotomous IVs to check for	

group differences between the two groups – IDUs and Non-IDUS

- C. Multiple T-tests for the variable of primary interest (IDU/non-IDU) and all the dependent variables
- D. Multiple ANCOVAs for the Temptation to skip medication due to side effects scale and the variable of primary interest (IDU/non-IDU)
- E. Multiple ANCOVAs for the Temptation to skip medication due to lack of social support scale and the variable of primary interest (IDU/non-IDU)
- F. Multiple ANCOVAs for the Temptation to skip medication when feeling good scale and the variable of primary interest (IDU/non-IDU)
- G. Multiple ANCOVAs for the Temptation to skip medication Total scale and the variable of primary interest (IDU/non-IDU)
- H. Multiple ANCOVAs for the Percent of doses missed during the past week and the variable of primary interest (IDU/non-IDU)
- I. Multiple ANCOVAs for the Percent of doses missed during the past month and the variable of primary interest (IDU/non-IDU)
- J. Multiple ANCOVAs for the Percent of doses missed during the past three months and the variable of primary interest (IDU/non-IDU)

DISCUSSION..... 25

- A. Differences in medication adherence among IDUs and non-IDUs
- B. Differences in demographic characteristics among IDUs and non-IDUs
- C. Differences in clinical characteristics among IDUs and non-IDUs
- D. Differences in mood status variables among IDUs and non-IDUs

E. Differences in physical functioning variables among IDUs and non-IDUs	
F. Differences in support variables among IDUs and non-IDUs	
G. Limitations	
CONCLUSIONS.....	29
TABLES.....	31
REFERENCES.....	49
APPENDIX.....	52
Questionnaire	
Plots	
BIBLIOGRAPHY.....	208

LIST OF TABLES

Tables	Page
1. Table 1: Demographics of the Patient Population.....	32
2. Table 2: Clinical Characteristics of Patient Population.....	33
3. Table 3: Mood Status of Patient Population.....	34
4. Table 4: Physical Functioning Characteristics of Patient Population.....	35
5. Table 5: Emotional and Financial Support for Patient Population.....	36
6. Table 6: Multiple T-tests done on the IV of primary interest (IDUs/non-IDUs) and all other continuous IVs (N=143).....	37
7. Table 7: Multiple Chi-Square Tests done on the IV of primary interest (IDUs/non-IDUs) and all other dichotomous IVs (N=143).....	38
8. Table 8: Multiple T-tests using the IV of Primary Interest (IDU/non-IDU) as the Grouping Variable (N=143).....	39
9. Table 9: Analysis of Covariance for the Temptation to skip medication due to side effects scale among IDUs and Non-IDUs.....	40
10. Table 10: Analysis of Covariance for the Temptation to skip medication due to lack of social support scale among IDUs and Non-IDUs.....	41
11. Table 11: Analysis of Covariance for the Temptation to skip medication when feeling good scale among IDUs and Non-IDUs.....	42
12. Table 12: Analysis of Covariance for the Temptation to skip medication Total scale among IDUs and Non-IDUs.....	43
13. Table 13: Analysis of Covariance for the percent of doses missed during the past week among IDUs and Non-IDUs.....	44
14. Table 14: Analysis of Covariance for the percent of doses missed during the past one month among IDUs and Non-IDUs.....	45

15. Table 15: Analysis of Covariance for the percent of doses missed during the past three months among IDUs and Non-IDUs.....	46
16. Table 16: Analysis of Covariance for the Health related variables.....	47
17. Table 17: Analysis of Covariance for the Full Model.....	48

LIST OF PLOTS

Plots	Page
1. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Age.....	96
2. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Age.....	97
3. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Age.....	98
4. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Age.....	99
5. Plot of Percent of Doses Missed in the past Week vs Age.....	100
6. Plot of Percent of Doses Missed in the past Month vs Age.....	101
7. Plot of Percent of Doses Missed in past Three Months vs Age.....	102
8. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Current Health Status.....	103
9. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Current Health Status.....	104
10. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Current Health Status.....	105
11. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Current Health Status.....	106
12. Plot of Percent of Doses Missed in the past Week vs Current Health Status.....	107
13. Plot of Percent of Doses Missed in the past Month vs Current Health Status.....	108
14. Plot of Percent of Doses Missed in the past Three Months vs Current Health Status.....	109

15. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Race.....	110
16. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Race.....	111
17. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Race.....	112
18. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Race.....	113
19. Plot of Percent of Doses Missed in the past Week vs Race.....	114
20. Plot of Percent of Doses Missed in the past Month vs Race.....	115
21. Plot of Percent of Doses Missed in the past Three Months vs Race.....	116
22. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Years of Education.....	117
23. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Years of Education.....	118
24. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Years of Education.....	119
25. Plot of Temptation to Skip Antiretroviral Medication on the Feeling good Scale vs Years of Education.....	120
26. Plot of Percent of Doses Missed in the past Week vs Years of Education.....	121
27. Plot of Percent of Doses Missed in the past Month vs Years of Education.....	122
28. Plot of Percent of Doses Missed in past Three Months vs Years of Education.....	123
29. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Annual Income.....	124
30. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Annual Income.....	125

31. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Annual Income.....	126
32. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Annual Income.....	127
33. Plot of Percent of Doses Missed in the past Week vs Annual Income.....	128
34. Plot of Percent of Doses Missed in the past Month vs Annual Income.....	129
35. Plot of Percent of Doses Missed in past Three Months vs Annual Income.....	130
36. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Persons in Household.....	131
37. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Persons in Household.....	132
38. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Persons in Household.....	133
39. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Persons in Household.....	134
40. Plot of Percent of Doses Missed in the past Week vs Persons in Household.....	135
41. Plot of Percent of Doses Missed in the past Month vs Persons in Household.....	136
42. Plot of Percent of Doses Missed in past Three Months vs Persons in Household.....	137
43. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Duration since HIV Positive.....	138
44. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Duration since HIV Positive.....	139
45. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Duration since HIV Positive.....	140
46. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Duration since HIV Positive.....	141

47. Plot of Percent of Doses Missed in the past Week vs Duration since HIV Positive.....	142
48. Plot of Percent of Doses Missed in the past Month vs Duration since HIV Positive.....	143
49. Plot of Percent of Doses Missed in the past Three Months vs Duration since HIV Positive.....	144
50. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs T-Cell Count.....	145
51. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs T-Cell Count.....	146
52. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs T-Cell Count.....	147
53. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs T-Cell Count.....	148
54. Plot of Percent of Doses Missed in the past Week vs T-Cell Count.....	149
55. Plot of Percent of Doses Missed in the past Month vs T-Cell Count.....	150
56. Plot of Percent of Doses Missed in the past Three Months vs T-Cell Count.....	151
57. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs General Mental Health.....	152
58. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs General Mental Health.....	153
59. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs General Mental Health.....	154
60. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs General Mental Health.....	155
61. Plot of Percent of Doses Missed in the past Week vs General Mental Health.....	156

62. Plot of Percent of Doses Missed in the past Month vs General Mental Health.....	157
63. Plot of Percent of Doses Missed in the past Three Months vs General Mental Health.....	158
64. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Vitality, Energy or Fatigue.....	159
65. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Vitality, Energy or Fatigue.....	160
66. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Vitality, Energy or Fatigue.....	161
67. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Vitality, Energy or Fatigue.....	162
68. Plot of Percent of Doses Missed in the past Week vs Vitality, Energy or Fatigue.....	163
69. Plot of Percent of Doses Missed in the past Month vs Vitality, Energy or Fatigue.....	164
70. Plot of Percent of Doses Missed in the past Three Months vs Vitality, Energy or Fatigue.....	165
71. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Severity of Bodily.....	166
72. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Severity of Bodily Pain.....	167
73. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Severity of Bodily Pain.....	168
74. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Severity of Bodily Pain.....	169
75. Plot of Percent of Doses Missed in the past Week vs Severity of Bodily Pain.....	170
76. Plot of Percent of Doses Missed in the past Month vs Severity of Bodily Pain.....	171

77. Plot of Percent of Doses Missed in the past Three Months vs Severity of Bodily Pain.....	172
78. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Interference of Pain with Normal Work.....	173
79. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Interference of Pain with Normal Work.....	174
80. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Interference of Pain with Normal Work.....	175
81. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Interference of Pain with Normal Work.....	176
82. Plot of Percent of Doses Missed in the past Week vs Interference of Pain with Normal Work.....	177
83. Plot of Percent of Doses Missed in the past Month vs Interference of Pain with Normal Work.....	178
84. Plot of Percent of Doses Missed in the past Three Months vs Interference of Pain with Normal.....	179
85. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Days in Bed.....	180
86. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Days in Bed.....	181
87. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Days in Bed.....	182
88. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Days in Bed.....	183
89. Plot of Percent of Doses Missed in the past Week vs Days in Bed.....	184
90. Plot of Percent of Doses Missed in the past Month vs Days in Bed.....	185
91. Plot of Percent of Doses Missed in the past Three Months vs Days in Bed.....	186

92. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Hospitalizations.....	187
93. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Hospitalizations.....	188
94. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Hospitalizations.....	189
95. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Hospitalizations.....	190
96. Plot of Percent of Doses Missed in the past Week vs Hospitalizations.....	191
97. Plot of Percent of Doses Missed in the past Month vs Hospitalizations.....	192
98. Plot of Percent of Doses Missed in the past Three Months vs Hospitalizations.....	193
99. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Persons giving Emotional Support.....	194
100. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Persons giving Emotional Support.....	195
101. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Persons giving Emotional Support.....	196
102. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Persons giving Emotional Support.....	197
103. Plot of Percent of Doses Missed in the past Week vs Persons giving Emotional Support.....	198
104. Plot of Percent of Doses Missed in the past Month vs Persons giving Emotional Support.....	199
105. Plot of Percent of Doses Missed in the past Three Months vs Persons giving Emotional Support.....	200
106. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Persons giving Financial Support.....	201

107. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Persons giving Emotional Support.....	202
108. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Persons giving Emotional Support.....	203
109. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Persons giving Financial Support.....	204
110. Plot of Percent of Doses Missed in the past Week vs Persons giving Financial Support.....	205
111. Plot of Percent of Doses Missed in the past Month vs Persons giving Financial Support.....	206
112. Plot of Percent of Doses Missed in the past Three Months vs Persons giving Financial Support.....	207

INTRODUCTION

A. Importance of Adherence to Antiretroviral Therapy

Adherence, often used interchangeably with compliance, is the act, action, or quality of being consistent with administration of prescribed medications [Altice FL et al, Ann Intern Med, 1998]. Non-adherence may mean not taking medication at all, taking reduced amounts, not taking doses at prescribed frequencies or intervals, or not matching medication to food requirements [Altice FL et al, Ann Intern Med, 1998]. Critical data on exactly how much adherence to antiretroviral therapy is enough, and how little is too little, are lacking [Sherer R, JAMA, 1998]. However, the association between poor adherence and virologic failure with resistance has been clearly established [Sherer R, JAMA, 1998; Montaner J et al, 1996].

Adherence to HIV therapies presents special issues that result from the biology of HIV, the magnitude of therapeutic effort, and the changing demography of HIV infection [Altice FL et al, Ann Intern Med, 1998]. The replication of the virus is rapid and highly error-prone, resulting in great species diversity and new drug-resistant mutants unless replication is completely suppressed. Cross-resistance among drugs within a therapeutic class limits future treatment options. Thus, the development and transmission of antiretroviral-resistant species carries potentially disastrous public health consequences. In theory, if patients are 100% adherent to potent combination therapy, viral replication will most likely be halted and development of drug-resistant mutants is unlikely. However, in patients who intermittently or irregularly take drugs,

the likelihood of selection of mutants that are resistant to drugs increases, a consequence of both continuing viral replication and selective antimicrobial pressure [Friedland G, JAMA, 1998]. Thus, improvement in adherence is thought to be key to preventing the emergence of drug-resistant viruses that compromise therapeutic benefit and may be transmitted to others. The cost of interventions to enhance adherence is minimal compared with the cost of the therapies themselves and should be weighed against the costs to individual patients and to society resulting from compromised therapeutic benefit [Altice FL et al, Ann Intern Med, 1998].

The study of adherence to antiretroviral therapy among HIV positive injection drug users (IDUs) has been largely neglected. Many clinicians believe that this group is too unreliable to take these medications, particularly in the early stage of their recovery from drug abuse when they are vulnerable to relapse [Bangsberg D et al, JAMA, 1997; Malow RM et al, Psyc Serv, 1998]. However, no studies have clearly demonstrated this association. Several complex factors influence adherence to antiretroviral medications in HIV positive IDUs. In order to develop interventions that would maximize adherence to antiretroviral therapy in IDUs, it is essential to consider the factors affecting adherence in this group of people.

This study will determine if IDUs are less adherent than non-IDUs towards HIV therapies and will identify factors associated with adherence.

B. Determinants of Adherence

Over the years, researchers have determined several factors associated with medication adherence in general. These factors can be broadly categorized as patient characteristics, clinical characteristics and psychological and emotional characteristics.

Patient Characteristics: Sociodemographic variables such as age, sex, education, income, race and ethnicity have shown some correlation with adherence but not consistently and not at significant levels [Freeman et al, 1996; Cummings et al 1982; Davis, 1968; Haynes et al, 1979]. Majority of the studies on medication adherence show no association between noncompliance and lower socioeconomic status, poor education and older age [Haynes et al, 1979]. Social support is probably the most important factor among patient characteristics associated with adherence [Friedland G, 1998].

Clinical Characteristics: Haynes (1979) has commented after critically reviewing the literature that there are few obvious associations between disease features and compliance. The one association between illness and nonadherence that is consistently reported is that when patients get better from an illness they are less likely to adhere to the treatment [Heinzelman, 1962; Johnson, 1973; Prien & Caffey, 1977].

Psychological and Emotional Characteristics: These are said to play a greater role in determining medication adherence than demographic characteristics. One of the important characteristics in this group is Mood Status.

Mood Status: A level of anxiety either too low or too great may well be related to noncompliance [Evans L et al, Drugs, 1983]. Studies in HIV suggest that psychosocial

stress associated with the illness adversely affects the quality of life in HIV patients [Fawzy et al, 1989; Holland et al, 1985; Solomon et al, 1989]. Many of the cognitive, psychological, social and environmental factors that determine the individual's psychosocial well-being and quality of life also have an impact on compliance.

The SF-36 (Short-Form-36) derived from the work of the Rand Corporation of Santa Monica during 1970 is a generic indicator of health status. It was designed to be applicable to a wide range of types and severities of condition. These were useful for monitoring patients with multiple conditions, for comparing the health status of patients with different conditions, and for comparing patients to the general population. Perceived well-being is subjective and cannot be completely inferred from behavior; hence the SF-36 included questions on feeling states [Mc Dowell I et al, Measuring Health, 2nd edition, p 446].

To summarize, many factors have been associated with medication adherence, including patient characteristics, clinician-patient relationship, type of disease, treatment regimen, and clinical setting [Altice FL, et al, 1998; Ickovics JR, et al, 1997]. Gender, age, race, socioeconomic status, educational level, and a history of past substance use are not predictors of poor adherence to treatment, although active drug or alcohol use are [Sherer R, 1998; Klaus BD, 1997]. Adherence improves with a relationship with a trusted, accessible physician; this is particularly critical for the care of IDUs [Sherer R, 1998; O'Connor PG, 1994]. Asymptomatic and chronic diseases are less likely to have high rates of adherence, and complex treatment regimens decrease

adherence [Altice FL, et al, 1998]. The organization of clinical services can affect adherence, including availability of expertise, linkages with drug treatment and mental health services, flexibility in the hours of operation, and the presence of nonjudgmental and supportive staff [Altice FL, et al, 1998; Morse EV, 1991]. Compared with therapies for other chronic diseases, which are often forgiving of lapses in adherence, HIV therapy is unforgiving [Altice FL, et al, 1998]. This is because, under the selective pressure conferred by imperfect adherence to antiretroviral therapy, drug-resistant mutants rapidly emerge.

C. Assessment of Adherence

There is no ideal method to assess drug compliance. Four methods, commonly used to measure compliance, are as follows:

Self-Reported Questionnaire: This method is commonly used as it is a relatively simple and an inexpensive method. Sometimes it may be the only method available. The interview method is particularly useful in evaluating problems the patient may have and the factors that enhance adherence. Highly accurate data should not be expected, however, particularly if adherence data is being assessed over a fairly long time period. Though this method may not be accurate there may be reason to believe it is useful because patients reporting noncompliance are usually at least as noncompliant as indicated by interview [Norell SE, Soc Sci Med, 1981]. When compared with other measures the interview tends to overestimate adherence [Dunbar J, 1984]. A review conducted by Adams and Soumerai states that in 87% of 37 comparisons, self-reported

adherence rates exceeded the objective rates, resulting in a median overestimation of adherence of 27% [Adams AS et al, 1999]. Using face-to-face interviews for patients' reports about medication-taking behavior have been found to get higher quality information than do survey instruments [Ickovics JR et al, 1997].

Pill Count: Corrigan and Strauss described the method of counting tablets to determine patient medication behavior in 1936 in a study of iron treatment for anemia [Davis MS et al, 1966]. Since then, several techniques based on the same principle have been described. This method involves a comparison of the medicine left in the patient's bottle and the quantity that should have been left if the medication had been taken. Though this method is being used extensively, it is not believed to be very accurate. Patients may empty the pillbox, or take all the remaining pills before their clinic visit [Gray L et al, 1998].

Drug Assay: The accuracy of this method depends in part on the half-life of the drug [Gray L et al, 1998]. This means that it depends on how soon the drug reaches the systemic circulation so as to be detected in a drug assay. Longer-acting indicators have been used, but testing will show only past ingestion and not frequency or dosing interval. These studies are very inconvenient and can be expensive. Patient-to-patient variability is another disadvantage of this method. Some patients may object to having their blood specimen taken, regarding this as unnecessary and intrusive. Again the value of assessing compliance in this way depends greatly on the reliability of the

method by which the drug is identified or quantified in body fluids [Eldred et al, 1998].

Medication Event Monitoring System (MEMS): This method provides a computer chip in the cap of the medicinal bottle. Information is recorded each time the bottle is opened. Data from the MEMS allows calculation of 1) the compliance rate, 2) prescribed frequency, and 3) prescribed interval. This method also does not directly measure whether the medication was taken by the patient; hence the accuracy of this method is suspect [Gray L et al, 1998]. A study of adherence in patients on antiretroviral therapy revealed that while the overall compliance rate was 82% to 86%, more detailed measures of the fraction of doses taken at the prescribed daily interval (55-77%) and fraction of doses taken at the prescribed dosing interval (27%) were lower [Friedland G, JAMA 1997].

3. *Veterans' Affairs Medical Center in Providence, RI*, which currently provides care to approximately 60 HIV seropositive men.

For the purposes of this study, we were interested only in persons taking antiretroviral medications. Therefore two subjects who were on a protease inhibitor alone were dropped from the study population. This reduced the population size to 143 subjects.

B. Data Collection

Patients meeting the above criteria who visited one of the three sites were asked to fill out a standardized questionnaire. The patients were told that the questionnaire was about how they think and feel about the HIV related medications that they were taking, and about different strategies that people use to take their medications. They were given the choice of filling out the questionnaire at home and mailing it in or returning it to the clinic, or filling it out at the clinic. They were also told that they would each receive a gift certificate of \$20 after they had filled out the questionnaire. The data was collected during the year 1996-97.

The survey questionnaire administered to patients included data on demographics, living arrangements, education, employment, income, insurance coverage, social support, side effects and psychological measurements scales. It was a self-reported questionnaire. All the questionnaires were checked for completeness.

C. Measures and Variables assessed

Patients were asked to complete questionnaire items concerning the following:

Demographics: age, gender, race, educational level, health insurance coverage, family income, number of people in household.

Clinical Characteristics: The following questions assessed clinical variables:

1. T-cell count when last tested
2. Cause of contracting HIV infection
3. Duration since HIV positive.

Mood Status: The scale was taken from the SHORT-FORM-36 HEALTH SURVEY developed by Rand Corporation and John E. Ware (1990). It was designed as a generic indicator of health status for use in population surveys and evaluative studies of health policy.

This scale measured the following dimensions:

General Mental Health, covering psychological distress and well-being (five item: questions b, c, d, f and h)

Vitality, Energy or Fatigue (four item: questions a, e, g and i)

The questions were measured on a six point likert scale from none of the time (score of 1) to all of the time (score of 6).

The questions were as follows:

- a. Did you feel full of pep?
- b. Have you been a very nervous person?

- c. Have you felt so down in the dumps that nothing could cheer you up?
- d. Have you felt calm and peaceful?
- e. Did you have a lot of energy?
- f. Have you felt downhearted and blue?
- g. Did you feel worn out?
- h. Have you been a happy person?
- i. Did you feel tired?

Scoring: Answers on questions a, d, e and h were recoded (i.e. score of 1 was changed to score of 6, score of 2 was changed to score of 5 and so on) such that low values represented more favorable states. Further, scores on questions b, c, d f and h were summed up to obtain the raw score for each individual's General Mental Health. Similarly, scores on questions a, e, g and i were added to get the raw score of each individual on Vitality, Energy or Fatigue. Finally, transformed scores on each of the two measures were obtained by using the following formula:

$$\text{Transformed scale} = \frac{(\text{actual score} - \text{lowest possible score}) * 100}{\text{Possible raw score range}}$$

Physical Functioning: The following questions assessed physical functioning:

1. Severity of bodily pain
2. Number of days in bed in the past two weeks
3. Number of hospitalizations in the past year
4. Interference of pain with normal work in the past four weeks.

Social support: Support in the form of financial support and emotion support was assessed using the following two questions:

1. How many of your family or friends can you count on for emotional support?
2. How many of your family or friends can you count on for financial help?

D. Assessment of Medication Adherence:

Two measures were used to assess medication adherence. They are as follows:

1. *Temptation to skip medication:* This scale was developed to measure the self-reported likelihood of non-compliance (Willey, C et al, manuscript in progress). The items on the temptation scale were based upon predictors of compliance from the literature and included situations that might affect you taking your antiretroviral medications as directed. Responses for each situation rated how tempted you would be to skip your antiretroviral medication. The responses were measured on a five-point likert (continuous) scale with 1 = not tempted to 5 = extremely tempted.

Examples of items on this scale are as follows:

- When you feel good and you don't need it
- When you are anxious about side effects
- When you want to save on cost of medication
- When your doctor doesn't seem interested in whether you take your medication
- When you start feeling better

Three subscales were developed for this scale as follows:

a. Temptation to skip medication due to side effects

- When you are anxious about side effects
- When you experience minor side effects
- When you feel you should give your body a rest
- When you worry that the chemicals in the medication might harm or hurt your body

b. Temptation to skip medication due to lack of social support

- When your family and friends don't seem concerned enough about your condition
- When your doctor doesn't seem concerned enough about your condition
- When your insurance doesn't cover the cost of your medication
- When you lose confidence in your doctor

c. Temptation to skip medication when feeling good

- When you good and think you don't need it
- When your medical condition doesn't seem that bad
- When it seems too complex to keep track of all your medications
- When you aren't sure if the medicine is really helping you

Scores on each subscale were obtained by adding items under each subscale.

For example, Score on temptation to skip medication due to side effects = (QIII24 + QIII28 + QIII51 + QIII52).

d. Total scale

Scores on the total scale were obtained by summing all scores under all the subscales.

2. Percent of doses missed: This measure was divided into three subgroups:

- a. Percent of doses missed during the past week
- b. Percent of doses missed during the past month
- c. Percent of doses missed during the past three months

This variable was continuous and calculated using the self-reported answer to the question on ‘number of doses missed’. The question ‘how often do you take this medication’ was used to determine to total doses prescribed for each medication.

For example:

For patients answering ‘two times a week’ to ‘how often do you take your medication’;

$$\% \text{ of doses missed during past 1 week} = \frac{(100 * \# \text{ of doses missed during past 1 week})}{2}$$

$$\% \text{ of doses missed during past month} = \frac{(100 * \# \text{ of doses missed during past month})}{8}$$

$$\% \text{ of doses missed during past 3 months} = \frac{(100 * \# \text{ of doses missed during past 3 mths.})}{24}$$

Similarly, the percent of doses missed were calculated for each response to the question ‘how often do you take your medication’. This however led to the loss of data on five subjects who answered ‘other’. Percent of doses missed were separately calculated for each medication for patients on multiple medications and summed i.e. % of doses of Medication 1 missed + % of doses of Medication 2 missed + % of doses of Medication 3 missed and so on, to get one value for the total percent of doses missed. Higher numbers of percent of doses missed indicated worse compliance.

E. Selection of Variables for Data Analysis:

The following variables were determined to be of interest and were further categorized for use in additional analyses:

Dependent Variables:

1. Percent of doses missed:

- a. In the past week
- b. In the past one month
- c. In the past three months

2. Temptation to skip medication: continuous

- a. Total scale
- b. Due to side effects
- c. Due to lack of support
- d. When feeling good

Independent Variables: (Categorical variables were dummy coded).

The IV of primary interest was **IDU/non-IDU** (1/0). The question ‘how do you think you got your HIV infection’ was used to code this variable. Persons who checked ‘injection drug use’ were assigned the code IDU = 1 and all others were assigned the code IDU = 0.

1. Demographic Variables

Age: continuous

Gender:

0 = Male

1 = Female

Current health status:

0 = Fair to Poor

1 = Excellent to Good

Race:

0 = Non-whites

1 = Whites

Years of education: continuous

Insurance coverage:

0 = No insurance

1 = Some insurance

Annual income:

0 = <\$15,000

1 = \$15,000+

Number of persons in household: continuous

2. Clinical Variables:

Duration since HIV positive:

0 = <5 years

1 = 5+ years

T-cell count when last tested:

0 = >200

= </= 200

3. Mood Status Scale:

General Mental Health: continuous (GMH)

Vitality, Energy or Fatigue: continuous (VEF)

4. Physical Functioning Variables:

Bodily pain in past 4 weeks:

0 = None

1 = Very Mild to Very Severe

Pain interfering with normal work in past 4 weeks:

0 = Not At All

1 = A Little Bit to Extremely

Number of days in bed in past 2 weeks: continuous

Number of hospitalizations in past year: continuous

5. Support Variables:

Persons giving emotional support: continuous

Persons giving financial support: continuous

F. Data Analysis

The categories mentioned above constitute the independent and the dependent variables. The data was analyzed using the Statistical Analysis System (SAS) Version 8 on an IBM compatible computer at the University of Rhode Island. Bivariate and multivariate statistical techniques were used to examine the association between the dependent (DV) and the independent (IV) variables. Pre-analysis screening procedures were used to assess the normality, linearity and homoscedasticity of the data. Plots of DVs versus IVs were plotted to check for outliers. PROC UNIVARIATE procedures were carried out to check for skewness and kurtosis. Collinearity diagnostic procedures were carried out to check for possible cases of multicollinearity. The variable 'insurance' consisted of ten categories of insurance type (e.g. Medicaid, Medicare, Blue Cross, etc). Since we were interested only in whether our patients had some insurance coverage as opposed to none and not in what type of insurance coverage, two new categories were created under this variable (no insurance vs. some insurance).

Multiple T tests were carried out to test for group differences between IDUs and non-IDUs on all the dependent variables. This was done to see whether IDUs differed significantly from non-IDUs in their medication adherence behavior.

Multiple T tests were also performed on all continuous IVs to check for group differences between the two groups – IDUs and non-IDUs. Chi-Square Tests were

used to evaluate group differences between IDUs and non-IDUs for all dichotomized IVs. Follow up ANCOVAs were conducted on those IVs (continuous and dichotomous) that showed significant ANOVAs

The Bonferroni correction would be applied where necessary. This is a method developed to deal with problems arising from multiple tests. In any significance test the probability of making a Type I error is equal to the significance level. Thus, at a significance level of 0.05 there is a 1 in 20 chance of making a Type I error.

The correction consists of adjusting the significance level by correcting for the number of tests. The adjusted significance level is α/k , where α is the desired significance level and k is the number of hypotheses being tested.

RESULTS

A total of 145 patients were enrolled in the study. One hundred and forty three (143) patients were on antiretroviral therapy, which comprised the study population. As seen from **Table 1**, the study sample was predominantly male (70.63%). The median age was 39 years and it ranged between 24-57 years. Only 4% (6/143) patients reported poor health status. Sixty three percent (90/142) were white, 16% were African American, 11% were Hispanics and only 3% were Native Americans. Thirty four percent (48/143) had less than 12 years of education. Fifty-three percent (71/143) lived alone or had one other person living with them. More than half the study population (63%) had annual income less than \$15,000. Majority of the patients (82%) had no insurance coverage of any kind.

Thirty nine percent (56/143) patients reported having used injection drugs [**Table 2**]. Only 13% (19/136) patients had T-cell counts less than fifty. More than half the study sample (66%) had been diagnosed as HIV positive for a period of 5 years or more.

Descriptive statistics for the mood status variables of the study population are given in **Table 3**. The median score on both the General mental health variable and the Vitality, energy or fatigue variable was 0.392 and the values ranged from 0 to 1.

Only 4% (5/143) patients reported having very severe bodily pain in the past four weeks. Thirty three percent (47/143) patients reported that pain had not interfered with their normal work in the past four weeks [Table 4].

As seen from Table 5, the median value for number of persons giving emotional support was 8 and it ranged from 0 to 60. The median value for number of persons giving financial support was 3 and it ranged from 0 to 22.

A. Table 6 summarizes the results of the Multiple T-tests carried out on all the continuous IVs to check for group differences between the two groups – IDUs and Non-IDUS:

The variables age ($p=0.0127$), years of education ($p=0.0373$) and general mental health ($p=0.0084$) were found to be significantly different between IDUs and non-IDUs at the 0.05 level of significance.

B. Table 7 summarizes the results of the Multiple Chi Square tests carried out on all the dichotomous IVs to check for group differences between the two groups – IDUs and Non-IDUS:

The variables current health status ($p=0.0097$), race ($p=0.0090$), annual income ($p=0.0002$), duration since HIV positive ($p=0.0327$), severity of bodily pain ($p=0.0240$), and pain interfering with normal work ($p=0.0119$) were found to be significantly different between IDUs and non-IDUs at the 0.05 level of significance.

C. Table 8 summarizes the results of Multiple T-tests for the variable of primary interest (IDU/non-IDU) and all the dependent variables:

Injection drug users and non-users showed no significant differences in medication adherence at the p value of less than 0.05 on the temptation to skip medication due to side effects, due to lack of social support, when feeling good, and the total scale. Neither did they show significantly different medication adherence behavior ($\alpha=0.05$) when measured using percent of doses missed during past week, during the past month and during the past three months.

D. Table 9 summarizes the results of multiple ANCOVAs for the Temptation to skip medication due to side effects scale and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05.

E. Table 10 summarizes the results of multiple ANCOVAs for the Temptation to skip medication due to lack of social support scale and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05.

F. Table 11 summarizes the results of multiple ANCOVAs for the Temptation to skip medication when feeling good scale and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05

G. Table 12 summarizes the results of multiple ANCOVAs for the Temptation to skip medication Total scale and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05.

H. Table 13 summarizes the results of multiple ANCOVAs for the Percent of doses missed during the past week and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05.

I. Table 14 summarizes the results of multiple ANCOVAs for the Percent of doses missed during the past month and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05.

J. Table 15 summarizes the results of multiple ANCOVAs for the Percent of doses missed during the past three months and the variable of primary interest (IDU/non-IDU):

The ANCOVAs were found to be non-significant at the p-value of 0.05.

K. Table 16 summarizes the results of multiple ANCOVAs for the Health Model using health related variables as covariates versus IDU/Non-IDU:

The ANCOVAs were found to be non-significant at the p-value of 0.05.

L. Table 17 summarizes the results of multiple ANCOVAs for the Full Model using all the independent variables as covariates versus IDU/Non-IDU:

The ANCOVAs were found to be non-significant at the p-value of 0.05.

DISCUSSION

This study examined differences in adherence to antiretroviral therapy among HIV positive injection drug users and non-injection drug users. Two measures of medication adherence were employed for this purpose. They were 'Temptation to skip medication' (due to side effects, due to lack of social support, when feeling good, and Total scale) and 'Percent of doses missed' (during the past week, during the past month, and during the past three months).

A. Differences in medication adherence among IDUs and non-IDUs:

Interestingly, there were found to be no significant differences in medication adherence between IDUs and non-IDUs for this study population on any of the adherence measures used. This result is in absolute opposition to what has been hypothesized by several clinicians in the past, who believe that HIV positive IDUs are less adherent to their medication regimens than non-users. This disparity was thought to be due to confounding variables in the data, which in all probability could be masking the relationship between medication adherence and injection drug use.

Therefore, differences in IDUs and non-IDUs on all other variables such as demographics, clinical characteristics, mood status variables, physical functioning variables and support variables were examined.

B. Differences in demographic characteristics among IDUs and non-IDUs:

There were significant differences in age, current health status, race, years of education and annual income between IDUs and non-IDUs. Injection drug users were found to be older, sicker, less educated, mostly Hispanics and having less annual income than non-users. All or any of these factors, individually or in combination, could be confounding the relationship between medication adherence and injection drug use.

C. Differences in clinical characteristics among IDUs and non-IDUs:

Injection drug users were found to have longer duration of HIV positive status than non-users. Many studies in the past have reported that duration since diagnosis of a disease may have a significant effect on medication adherence rates.

D. Differences in mood status variables among IDUs and non-IDUs:

General mental health as measured by the Mood Status Scale (Ware JE, 1990) was found to be worse in IDUs than in non-IDUs. Various studies have shown that psychological factors have a greater effect on medication adherence than demographics or clinical characteristics.

E. Differences in physical functioning variables among IDUs and non-IDUs:

Injection drug users reported more severity of bodily pain and more interference of pain with normal work than non-users. Pain can have a physical and emotional impact

on an individual. It can limit activities of daily living or cause negative psychological responses such as depression, agitation and decreased alertness. Thus, we can expect an HIV positive individual experiencing pain to be physically incapable of taking his/her medication or psychologically depressed due to pain to want to take his/her medication.

F. Differences in support variables among IDUs and non-IDUs:

No differences were seen in support variables between IDUs and non-IDUs.

All the variables that showed significant differences between IDUs and non-IDUs were thought of as being possible confounders.

Hence, the relationship between medication adherence and injection drug use was again examined after controlling for all the variables that showed significant differences between the two groups (IDUs & non-IDUs) of individuals.

However, no significant differences were found between IDUs and non-IDUs on any of the measures of medication adherence, even after controlling for the possibly confounding factors.

G. Limitations:

The limitations of this study include use of cross-sectional and self-reported data, small sample size and skewed data (probably due to selection bias). In addition, there

is no gold standard to measure compliance and researchers are still debating over the acceptable range of values for compliance rates in the case of HIV positive patients.

Self reported data: People may be inaccurate in reporting their behavior. There may be multiple factors influencing them in terms of their ability and desire to provide a valid response. These factors may include clarity of questions, setting, memory, literacy and mood status.

Measurement: Although there seems to be no gold standard or satisfactory way to measure medication adherence, the questionnaire has been designed to cover every aspect of the patients' moods, disease status, demographics, temptations, etc. which can help us in determining the factors affecting medication adherence to the best of our ability.

Selection Bias: The data obtained from the questionnaires were found to be very compliant. This could be the result of selection bias due to which only the more compliant HIV positive individuals filled out the survey questionnaires.

CONCLUSIONS

The objective of this study was to compare medication adherence rates in injection drug users and non-users. This study is the first of its kind to compare medication adherence between HIV positive injection drug users and non-injection drug users. This study reported no significant differences in medication adherence between injection drug users and non-users. While in the past researchers have held the belief that there exists a negative relationship between injection drug use and medication adherence, no study has been carried until now which actually compares medication adherence rates between IDUs and non-IDUs.

In the past, several studies have reported that HIV positive injection drug users are under-prescribed potent antiretroviral therapy in comparison with non-users. This is because clinicians have concerns about the ability of this group of individuals to comply with the complex medication regimens. Incomplete adherence or nonadherence could lead the development of drug resistant strains of the virus and to cross resistance among drugs within a therapeutic class limiting future treatment options for all HIV positive individuals. It is thus evident why medication adherence is such an important issue in HIV positive injection drug users. The results of this study indicate that although injection drug users are no less adherent than non-users, they are not being given the optimum treatment required due to erroneous beliefs about their ability to comply with complex medication regimens.

However, the results of this study cannot be generalized to the entire population due to limitations such as cross-sectional, self-reported data and small sample size. In addition, it could be due to selection bias that this study found no differences in medication adherence between IDUs and non-IDUs.

Hence in conclusion, further studies, preferably longitudinal, with large, randomized samples of the general population and in-depth analyses are required in order to accurately understand the relationship between injection drug use and medication adherence.

TABLES

Table 1: Demographics of Patient Population (N=143)

Demographic Variables	N (%)	
<u>Age</u>	--	Mean=39.15 Min=24.00 S.D.=7.48 Max=57.00
<u>Sex</u>		--
Females	41 (28.67%)	
Males	101 (70.63%)	
<u>Current Health Status</u>		
Excellent	10 (6.99%)	
Very Good	33 (23.08%)	Mean=2.94
Good	61 (42.66%)	S.D.=0.96
Fair	33 (23.08%)	Min=1.00
Poor	6 (4.20%)	Max=5.00
<u>Race</u>		
White, non-Hispanic	90 (63.38%)	
Native American	4 (2.82%)	Mean=2.22
Hispanic	16 (11.27%)	S.D.=1.79
Asian	0 (0.00%)	Min=1.00
African American	23 (16.20%)	Max=6.00
Other	9 (6.34%)	
<u>Education</u>		
<12yrs	48 (33.57%)	Mean=2.14
12yrs	47 (31.47%)	S.D.=1.03
13-15yrs	32 (22.38%)	Min=1.00
16+yrs	18 (12.59%)	Max=4.00
<u># In Household</u>		
0-1 person	71 (52.99%)	Mean=1.47 Min=1.00
2+ persons	63 (47.01%)	S.D.=0.50 Max=2.00
<u>Annual Income</u>		
Less Than \$15,000	84 (62.69%)	Mean=1.71
\$15,000 to \$24,000	25 (18.66%)	S.D.=1.12
\$25,000 to \$34,000	9 (6.72%)	Min=1.00
\$35,000 to \$44,000	12 (8.96%)	Max=5.00
\$45,000 or more	4 (2.99%)	
<u>Insurance</u>		
Some	26 (18.18%)	Mean=1.18 Min=1.00
No	117 (81.82%)	S.D.=0.39 Max=2.00
Note: S.D. = Standard Deviation, Min = Minimum Value, Max = Maximum Value.		

Table 2: Clinical Characteristics of Patient Population (N=143)

Clinical Variables	N (%)	
<u>T-Cell Count</u> >500 201-500 50-200 <50	20 (13.79%) 53 (36.55%) 44 (30.34%) 19 (13.10%)	Mean=2.90 S.D.=0.85 Min=1.00 Max=4.00
<u>Duration since HIV+</u> <1month 1-6mths >6mths-<1yr 1-2 yrs 3-4 yrs 5yrs or more	1 (0.71%) 4 (2.86%) 4 (2.86%) 14 (10.00%) 25 (17.86%) 92 (65.71%)	Mean=5.39 S.D.=1.05 Min=1.00 Max=6.00
<u>IV Drug Users</u> Yes (Current or Past) No	56 (39.16%) 87 (60.84%)	Mean=0.39 Min=0.00 S.D.=0.49 Max=1.00
Note: S.D. = Standard Deviation, Min = Minimum Value, Max = Maximum Value.		

Table 3: Mood Status of Patient Population (N=143)

Mood Status Variables	N (%)	
<u>General Mental Health</u>	--	Mean=0.39 Min=0.00 S.D.=0.49 Max=1.00
<u>Vitality, Energy or Fatigue</u>	--	Mean=0.39 Min=0.00 S.D.=0.49 Max=1.00

Note: S.D. = Standard Deviation, Min = Minimum Value, Max = Maximum Value.

**Table 4: Physical Functioning Characteristics of Patient Population
(N=143)**

Physical Functioning Variables	N (%)	
<u>Bodily pain in past 4 weeks</u> None Very Mild Mild Moderate Severe Very Severe	37 (25.87%) 27 (18.88%) 19 (13.29%) 41 (28.67%) 14 (9.79%) 5 (3.50%)	Mean=2.88 S.D.=1.49 Min=1.00 Max=6.00
<u>Pain Interfering with normal work in past 4 weeks</u> Not at all A little bit Moderately Quite a bit Extremely	47 (33.10%) 41 (28.87%) 23 (16.20%) 25 (17.61%) 6 (4.23%)	Mean=2.31 S.D.=1.22 Min=1.00 Max=5.00
<u># of days in bed in the past 2 weeks</u>	--	Mean=1.88 Min=0.00 S.D.=2.89 Max=20.00
<u># of hospitalizations in the past year</u>	--	Mean=0.76 Min=1.00 S.D.=1.39 Max=8.00
Note: S.D. = Standard Deviation, Min = Minimum Value, Max = Maximum Value.		

**Table 5: Emotional and Financial Support for Patient Population
(N=143)**

Support Variables	N (%)	Mean
<u>Emotional Support</u>	--	Mean=7.80 Min=0.00 S.D.=8.73 Max=60.00
<u>Financial Support</u>	--	Mean=2.62 Min=0.00 S.D.=3.70 Max=22.00
Note: S.D. = Standard Deviation, Min = Minimum Value, Max = Maximum Value.		

Table 6: Multiple T-tests done on the IV of primary interest (IDUs/non-IDUs) and all other continuous IVs (N=143).

Continuous IVs	Mean (IDU)	Mean (Non-IDU)	p Value
Age (continuous)	41.00	37.97	0.01*
Yrs. of Education (continuous)	11.39	12.38	0.04*
# In Household (continuous)	13.04	6.76	NS
General Mental Health (continuous)	34.82	28.39	0.01*
Vitality, Energy or Fatigue (continuous)	37.79	35.50	NS
# Days in Bed in past 2 weeks (continuous)	2.37	1.60	NS
# Hospitalizations in past year (continuous)	0.76	0.76	NS
Emotional Support (continuous)	16.57	16.83	NS
Financial Support (continuous)	17.80	16.14	NS
Note: $\alpha=0.05$, *p value is significant, NS = Non Significant.			

Table 7: Multiple Chi-Square Tests done on the IV of primary interest (IDUs/non-IDUs) and all other dichotomous IVs (N=143).

Dichotomous IVs	IDU %	Non-IDU %	p Value
<u>Sex</u>			
Male	65.45	74.71	NS
Female	34.55	25.29	
<u>Current Health Status</u>			
Fair-Poor	51.79	27.59	0.01*
Excellent-Good	48.21	72.41	
<u>Race</u>			
Non-Whites	82.35	50.60	0.01*
Whites	17.65	49.40	
<u>Annual Income</u>			
<\$15,000	82.35	50.60	0.00*
\$15,000+	17.65	49.40	
<u>Insurance</u>			
None	80.36	82.76	NS
Some	19.64	17.24	
<u>T-Cell Count</u>			
>200	50.00	59.77	NS
</= 200	50.00	40.23	
<u>Duration since HIV +</u>			
<5 years	23.64	41.18	0.03*
5+ years	76.36	58.82	
<u>Bodily Pain in past 4 weeks</u>			
None	46.43	65.52	0.02*
Very Mild-Very Severe	53.57	34.48	
<u>Pain Interfering with normal work in past 4 weeks</u>			
Not At All	49.09	70.11	0.01*
A Little Bit-Extremely	50.91	29.89	
Note: $\alpha=0.05$, *p value is significant, NS = Non Significant.			

Table 8: Multiple T-tests using the IV of Primary Interest (IDU/non-IDU) as the Grouping Variable (N=143)

Compliance Variable	Mean (IDU)	Mean (Non-IDU)	p Value
Temptation to Skip Medication due to Side Effects	7.54	6.78	0.28 (NS)
Temptation to Skip Medication due to Lack of Support	5.95	5.98	0.96 (NS)
Temptation to Skip Medication when Feeling Good	6.32	5.78	0.36 (NS)
Temptation to Skip Medication on Total Scale	19.80	18.54	0.46 (NS)
Percent of Doses Missed in the Past Week	1.56	2.19	0.41 (NS)
Percent of Doses Missed in the Past Month	2.85	4.41	0.08 (NS)
Percent of Doses Missed in the Past Three Months	2.87	3.52	0.41 (NS)

Note: $\alpha=0.05$, NS = Non Significant.

Table 9: Analysis of Covariance for the Temptation to skip medication due to side effects scale among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	7.54	56	6.78	87	0.045814	2.43	NS
Current Health Status (0= fair-poor, 1= excellent-good)	7.54	56	6.78	87	0.060960	0.24	NS
Race (0= non-whites, 1=whites)	7.60	55	6.78	87	0.023885	0.68	NS
# Of Years of Education (continuous)	7.54	56	6.81	86	0.018254	0.62	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	7.35	51	6.76	83	0.009726	0.33	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	7.36	55	6.81	85	0.004798	0.64	NS
General Mental Health (continuous)	7.45	51	6.65	82	0.048265	0.37	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	7.60	55	6.78	87	0.011549	1.11	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	7.54	56	6.78	87	0.012934	0.86	NS

Note: $\alpha=0.05$, NS= Non Significant.

Table 10: Analysis of Covariance for the Temptation to skip medication due to lack of social support scale among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	5.95	56	5.98	87	0.021847	0.09	NS
Current Health Status (0= fair-poor, 1= excellent-good)	5.95	56	5.98	87	0.001328	0.02	NS
Race (0= non-whites, 1=whites)	5.98	55	5.98	87	0.005653	0.04	NS
# Of Years of Education (continuous)	5.95	56	6.00	86	0.001161	0.02	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	5.80	51	6.17	83	0.026101	1.23	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	5.69	55	5.93	85	0.005065	0.06	NS
General Mental Health (continuous)	5.76	51	5.77	82	0.039200	0.29	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	5.98	55	5.98	87	0.008647	0.06	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	5.95	56	5.98	87	0.002338	0.00	NS

Note: $\alpha=0.05$, NS= Non Significant.

Table 11: Analysis of Covariance for the Temptation to skip medication when feeling good scale among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	6.32	56	5.78	87	0.023603	1.50	NS
Current Health Status (0= fair-poor, 1= excellent-good)	6.32	56	5.78	87	0.044591	0.16	NS
Race (0= non-whites, 1=whites)	6.36	55	5.78	87	0.070018	0.07	NS
# Of Years of Education (continuous)	6.32	56	5.79	86	0.012592	0.48	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	6.39	51	5.90	83	0.021621	0.09	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	6.20	55	5.84	85	0.004098	0.29	NS
General Mental Health (continuous)	6.22	51	5.70	82	0.016265	0.33	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	6.36	55	5.78	87	0.007007	0.97	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	6.32	56	5.78	87	0.005999	0.83	NS

Note: $\alpha=0.05$, NS= Non Significant.

Table 12: Analysis of Covariance for the Temptation to skip medication Total scale among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	19.80	56	18.54	87	0.036661	1.37	NS
Current Health Status (0= fair-poor, 1= excellent-good)	19.80	56	18.54	87	0.034371	0.08	NS
Race (0= non-whites, 1=whites)	19.95	55	18.54	87	0.031563	0.12	NS
# Of Years of Education (continuous)	19.80	56	18.60	86	0.010375	0.25	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	19.55	51	18.83	83	0.018232	0.01	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	19.26	55	18.58	85	0.001352	0.18	NS
General Mental Health (continuous)	19.43	51	18.11	82	0.041215	0.07	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	19.95	55	18.54	87	0.005335	0.74	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	19.80	56	18.54	87	0.003949	0.51	NS

Note: $\alpha=0.05$, NS= Non Significant.

Table 13: Analysis of Covariance for the percent of doses missed during the past week among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	1.56	54	2.19	85	0.004416	0.58	NS
Current Health Status (0= fair-poor, 1= excellent-good)	1.56	54	2.19	85	0.004419	0.58	NS
Race (0= non-whites, 1=whites)	1.58	53	2.19	85	0.006196	0.34	NS
# Of Years of Education (continuous)	1.56	54	1.99	84	0.004230	0.19	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	1.71	49	2.30	81	0.017280	0.03	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	1.58	53	2.24	83	0.004830	0.65	NS
General Mental Health (continuous)	1.47	49	2.26	80	0.008403	0.62	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	1.58	53	2.19	85	0.009953	0.27	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	1.56	54	2.19	85	0.011444	0.31	NS
Note: $\alpha=0.05$, NS= Non Significant.							

Table 14: Analysis of Covariance for the percent of doses missed during the past one month among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	2.85	54	4.41	85	0.020528	2.84	NS
Current Health Status (0= fair-poor, 1= excellent-good)	2.85	54	4.41	85	0.020607	2.20	NS
Race (0= non-whites, 1=whites)	2.74	53	4.41	85	0.030121	3.83	NS
# Of Years of Education (continuous)	2.85	54	4.38	84	0.027893	3.27	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	2.88	49	4.47	81	0.019202	2.17	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	2.91	53	4.52	83	0.020337	2.69	NS
General Mental Health (continuous)	2.86	49	4.48	80	0.029402	3.36	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	2.91	53	4.41	85	0.036632	3.58	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	2.85	54	4.41	85	0.020377	2.83	NS

Note: $\alpha=0.05$, NS= Non Significant.

Table 15: Analysis of Covariance for the percent of doses missed during the past three months among IDUs and Non-IDUs.

Covariates	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Age (continuous)	2.87	54	3.52	86	0.004492	0.56	NS
Current Health Status (0= fair-poor, 1= excellent-good)	2.87	54	3.52	86	0.006393	0.42	NS
Race (0= non-whites, 1=whites)	2.79	53	3.52	86	0.022040	0.25	NS
# Of Years of Education (continuous)	2.87	54	3.53	85	0.009745	0.35	NS
Annual Income (0= <\$15,000, 1= \$15,000+)	2.88	49	3.50	82	0.009106	0.90	NS
Duration since HIV positive (0= <5 years, 1= 5+ years)	2.92	53	3.61	84	0.005003	0.67	NS
General Mental Health (continuous)	2.84	49	3.65	81	0.007557	0.69	NS
Pain Interfering with Normal Work in past 4 weeks (0= not at all, 1= a little bit-extremely)	2.92	53	3.52	86	0.003960	0.54	NS
Bodily Pain in past 4 weeks (0=none, 1=very mild-very severe)	2.87	54	3.52	86	0.004662	0.64	NS

Note: $\alpha=0.05$, NS= Non Significant.

Table 17: Analysis of Covariance for the Full Model using all the independent variables as covariates versus IDU/Non-IDU

Dependent Variables	IDUs		Non-IDUs		R ²	F	P
	Mean	N	Mean	N			
Temptation to Skip Medication due to Side Effects	7.88	17	7.32	34	0.384356	1.11	NS
Temptation to Skip Medication due to Lack of Support	6.12	17	6.59	34	0.571710	2.37	NS
Temptation to Skip Medication when Feeling Good	6.47	17	6.18	34	0.486722	1.69	NS
Temptation to Skip Medication – Total Scale	20.47	17	20.09	34	0.474725	1.61	NS
Percent of Doses Missed during past Week	1.31	16	2.88	33	0.246919	0.55	NS
Percent of Doses Missed during past one month	3.69	16	4.94	33	0.161825	0.32	NS
Percent of Doses Missed during past three months	2.81	16	3.00	33	0.156837	0.32	NS

Note: $\alpha=0.05$, NS= Non Significant.

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APPENDIX

- Questionnaire
- Plots

10. Do you have any children? If so, how many? (If none, put 0) (1/27-28)
11. Do any of your adult children live nearby (within a half hour drive)? (1/29)
 Yes No Not applicable
12. How many of your family or friends can you count on for emotional support? (1/30-31)
13. How many of your family or friends can you count on for financial help? (1/32-33)
14. How many of your family or friends can you count on for physical assistance, or a place to stay? (1/34-35)
15. Do you feel confident that your family or friends will continue to help you with your everyday needs? (1/36)
 Very confident
 Fairly confident
 Somewhat confident
 Less than somewhat confident
 Not at all confident
16. If you were to need more help with every day needs, do you feel confident that your family or friends could provide it? (1/37)
 Very confident
 Fairly confident
 Somewhat confident
 Less than somewhat confident
 Not at all confident
17. How many of your family & friends have you told about your HIV infection? (1/38)
 None Less than half About half More than half All
18. What type of health insurance coverage do you currently have? (1/39-48)
 NONE HCHP Medicaid
 Blue Cross Other private insurer Medicare
 Ocean State HMO Other
 RIGHA
19. Which of the following best estimates your total (family) income during the past 12 months? (1/49)
 Less than \$15,000
 \$15,000 to \$24,000
 \$25,000 to \$34,000
 \$35,000 to \$44,000
 45,000 or more
20. About how far do you live from this treatment center? (1/50)
 Within walking distance
 Within a ten minute drive or less
 Within a twenty minute drive or less
 Within a thirty minute drive
 More than thirty minutes away

21. When you have questions about medications for your HIV infection, who do you usually ask? (Please check all that apply) (1/51-58)

- Pharmacist Other persons with HIV infection
 Physician Family members
 Social Worker Friends
 Nurse Other: please specify _____ (1/59-78)

22. Which health care provider is most helpful to you in taking your medications as directed? (1/79)

- Nurse
 Pharmacist
 Physician
 Social Worker
 Other: please specify _____ (2/1-20)

23. Is there someone living with you or close to you who helps or reminds you to take your medications on time? (2/21)

- Yes No

24. How much bodily pain have you had during the past four weeks? (2/22)

- None Moderate
 Very mild Severe
 Mild Very Severe

25. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)? (2/23)

- Not at all A little bit Moderately Quite a bit Extremely

26. During the past two weeks, how many days did you stay in bed all or most of the day? (2/24-25)

27. How many times have you been hospitalized in the past year? (If none, put 0) (2/26-27)

28. These questions are about how you feel and how things have been with you during the past 4 weeks.

For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks...

	NONE OF THE TIME	A LITTLE BIT OF THE TIME	SOME OF THE TIME	A GOOD BIT OF THE TIME	MOST OF THE TIME	ALL OF THE TIME	
a. Did you feel full of pep?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	(2/28)
b. Have you been a very nervous person?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(2/29)
c. Have you felt so down in the dumps that nothing could cheer you up?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	(2/30)
d. Have you felt calm and peaceful?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(2/31)
e. Did you have a lot of energy?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	(2/32)
f. Have you felt downhearted and blue?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(2/33)
g. Did you feel worn out?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	(2/34)
h. Have you been a happy person?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(2/35)
i. Did you feel tired?	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	(2/36)

29. How long ago were you diagnosed as HIV positive? (2/37)

- | | |
|---|--|
| <input type="checkbox"/> Less than a month | <input type="checkbox"/> 1 to 2 years |
| <input type="checkbox"/> One to six months | <input type="checkbox"/> 3 to 4 years |
| <input type="checkbox"/> More than six months, but less than a year | <input type="checkbox"/> 5 years or more |

30. How do you think you got your HIV infection? (2/38-42)
Please check all that apply

- Injection (IV) drug use
- Heterosexual contact
- Homosexual contact
- Blood transfusion
- Other: _____

(2/43-62)

31. What was your T cell count (CD4 count) the last time you were tested? (2/63)

- Greater than 500 201-500 50-200 Less than 50

**SECTION II
MEDICATION HISTORY**

WHICH OF THE FOLLOWING MEDICATIONS ARE YOU TAKING NOW?
→ PLEASE CHECK ALL THAT APPLY:

(2/64-77)

- | | |
|--|---|
| <input type="checkbox"/> AZT (Retrovir®, zidovudine) | <input type="checkbox"/> Indinavir (Crixivan®) |
| <input type="checkbox"/> DDI (Videx®, didanosine) | <input type="checkbox"/> Trimethoprim or Sulfamethoxazole (Bactrim®, Septra®) |
| <input type="checkbox"/> DDC (Hivid®, zalcitabine) | <input type="checkbox"/> Clarithromycin (Biaxin®) |
| <input type="checkbox"/> D4T (Zerit®, stavudine) | <input type="checkbox"/> Dapsone |
| <input type="checkbox"/> 3TC (EpiVir®, lamivudine) | <input type="checkbox"/> Fluconazole (Diflucan®) |
| <input type="checkbox"/> Saquinavir (Invirase®) | <input type="checkbox"/> Itraconazole (Sporanox®) |
| <input type="checkbox"/> Ritonavir (Norvir®) | <input type="checkbox"/> Rifabutin (Mycobutin®) |

Other: _____

We would like to ask you about each medicine that you are currently taking. Please fill out the following 2 page medication form for each medicine that you checked on the above list.

→ *If you are currently taking 1 medication, fill out 2 pages.*

→ *If you are currently taking 2 medications, fill out 4 pages.*

→ *If you are currently taking 3 medications, fill out 6 pages.*

If you are currently taking more than 3 medications, please fill out 6 pages and additional pages in the Supplement at the end of this questionnaire.

Please go to page 12 after you have filled out these medication forms.

MEDICATION #1

MEDICINE NAME _____

(3/1-20)

1. This medicine is for:

(3/21)

- HIV Infection
- To treat or prevent PCP (*Pneumocystis carinii pneumonia*)
- To treat or prevent MAI (*Mycobacterium avium complex*) Infection
- To treat or prevent fungal infections (*Candida* or "thrush")
- Other: _____
- Don't know

(3/22-41)

2. How often do you take this medicine?

(3/42-50)

- Two times a week
- Three times a week
- Every other day
- Once a day
- Two times a day
- Three times a day
- Four times a day
- Five times a day
- Other: _____

(3/51-70)

3. How long have you been taking this medication?

(3/71)

- ___ Less than 1 month ___ 6 months to 1 year
- ___ 1 to 3 months ___ 1 to 2 years
- ___ 4 to 6 months ___ more than 2 years

4. During the last 3 months, have you ever stopped taking this medication because you felt better?

(3/72)

- YES NO

5. During the last 3 months, have you ever stopped taking this medication because you felt worse?

(3/73)

- YES NO

6. During the last 3 months, have you ever forgotten to take this medication?

(3/74)

- YES NO

7. During the last 3 months, have you at times been careless about taking this medication?

(3/75)

- YES NO

8. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt better?

(3/76)

- YES NO

9. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt worse?

(3/77)

- YES NO

MEDICATION #2

MEDICINE NAME _____

(5/1-20)

1. This medicine is for:

(5/21)

- HIV infection
 To treat or prevent PCP (*Pneumocystis carinii pneumonia*)
 To treat or prevent MAI (*Mycobacterium avium complex*) infection
 To treat or prevent fungal infections (*Candida* or "thrush")
 Other: _____
 Don't know

(5/22-41)

2. How often do you take this medicine?

(5/42-50)

- Two times a week
 Three times a week
 Every other day
 Once a day
 Two times a day
 Three times a day
 Four times a day
 Five times a day
 Other: _____

(5/51-70)

3. How long have you been taking this medication?

(5/71)

- ___ Less than 1 month ___ 6 months to 1 year
___ 1 to 3 months ___ 1 to 2 years
___ 4 to 6 months ___ more than 2 years

4. During the last 3 months, have you ever stopped taking this medication because you felt better?

(5/72)

- YES NO

5. During the last 3 months, have you ever stopped taking this medication because you felt worse?

(5/73)

- YES NO

6. During the last 3 months, have you ever forgotten to take this medication?

(5/74)

- YES NO

7. During the last 3 months, have you at times been careless about taking this medication?

(5/75)

- YES NO

8. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt better?

(5/76)

- YES NO

9. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt worse?

(5/77)

- YES NO

10. Since you began taking this medication, have you ever purposely:

- | | YES | NO | |
|---|--------------------------|--------------------------|--------|
| a) taken more of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (5/78) |
| b) taken less of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (5/79) |
| c) discontinued or stopped taking your medication? | <input type="checkbox"/> | <input type="checkbox"/> | (5/80) |

If yes.

11. a) How many times have you discontinued your medication for more than 3 days? _____ (6/1-2)

b) What were your reasons for discontinuing your medication? _____ (6/3-8)
Please check all that apply

- My doctor recommended it
- Too many side effects
- I didn't want to be reminded of my illness
- Problems with insurance coverage
- I didn't think it was working
- Other: _____ (6/9-28)

12. Sometimes it is difficult to take prescribed medicine all the time. During the past week, how many times did you miss a dose of MEDICATION 2? _____ (6/29-30)

13. During the past month, about how many times did you miss a dose of MEDICATION 2? _____ (6/31-32)

14. During the past three months, about how many times did you miss a dose MEDICATION 2? _____ (6/33-34)

15. Please check any side effect(s) you are having that you believe are caused by this medicine: _____ (4/35-50)

- | | | |
|---|---|---|
| <input type="checkbox"/> nausea | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> headaches |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> muscle aches | <input type="checkbox"/> anxiety/worry |
| <input type="checkbox"/> vomiting | <input type="checkbox"/> fatigue | <input type="checkbox"/> depression |
| <input type="checkbox"/> abdominal pain | <input type="checkbox"/> tingling in hands/feet | <input type="checkbox"/> rash |
| <input type="checkbox"/> diarrhea | <input type="checkbox"/> numbness in hands/feet | <input type="checkbox"/> sensitivity to sun |
| <input type="checkbox"/> other: _____ | | (6/51-70) |

MEDICATION #3

MEDICINE NAME _____ (7/1-20)

1. This medicine is for: (7/21)

- HIV infection
- To treat or prevent PCP (Pneumocystis carinii pneumonia)
- To treat or prevent MAI (Mycobacterium avium complex) infection
- To treat or prevent fungal infections (Candida or "thrush")
- Other: _____ (7/22-41)
- Don't know

2. How often do you take this medicine? (7/42-50)

- Two times a week
- Three times a week
- Every other day
- Once a day
- Two times a day
- Three times a day
- Four times a day
- Five times a day
- Other: _____ (7/51-70)

3. How long have you been taking this medication? (7/71)

- ___ Less than 1 month ___ 6 months to 1 year
- ___ 1 to 3 months ___ 1 to 2 years
- ___ 4 to 6 months ___ more than 2 years

4. During the last 3 months, have you ever stopped taking this medication because you felt better? (7/72)

- YES NO

5. During the last 3 months, have you ever stopped taking this medication because you felt worse? (7/73)

- YES NO

6. During the last 3 months, have you ever forgotten to take this medication? (7/74)

- YES NO

7. During the last 3 months, have you at times been careless about taking this medication? (7/75)

- YES NO

8. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt better? (7/76)

- YES NO

9. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt worse? (7/77)

- YES NO

10. Since you began taking this medication, have you ever purposely:

- | | YES | NO | |
|---|--------------------------|--------------------------|--------|
| a) taken more of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (7/78) |
| b) taken less of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (7/79) |
| c) discontinued or stopped taking your medication? | <input type="checkbox"/> | <input type="checkbox"/> | (7/80) |

If yes.

11. a) How many times have you discontinued your medication for more than 3 days? _____ (8/1-2)

b) What were your reasons for discontinuing your medication? (8/3-8)
Please check all that apply

- My doctor recommended it
- Too many side effects
- I didn't want to be reminded of my illness
- Problems with insurance coverage
- I didn't think it was working
- Other: _____ (8/9-28)

12. Sometimes it is difficult to take prescribed medicine all the time. During the past week, how many times did you miss a dose of MEDICATION 3? _____ (8/29-30)

13. During the past month, about how many times did you miss a dose of MEDICATION 3? _____ (8/31-32)

14. During the past three months, about how many times did you miss a dose MEDICATION 3? _____ (8/33-34)

15. Please check any side effect(s) you are having that you believe are caused by this medicine: (8/35-50)

- | | | |
|---|---|---|
| <input type="checkbox"/> nausea | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> headaches |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> muscle aches | <input type="checkbox"/> anxiety/worry |
| <input type="checkbox"/> vomiting | <input type="checkbox"/> fatigue | <input type="checkbox"/> depression |
| <input type="checkbox"/> abdominal pain | <input type="checkbox"/> tingling in hands/feet | <input type="checkbox"/> rash |
| <input type="checkbox"/> diarrhea | <input type="checkbox"/> numbness in hands/feet | <input type="checkbox"/> sensitivity to sun |
| <input type="checkbox"/> other: _____ | | (8/51-70) |
| _____ | | |
| _____ | | |

Next, we would like to ask about your attitudes toward taking each of three different kinds of medications. Please fill out each of the following sections **ONLY** if you have taken or are currently taking any of the medications listed in each section.

SECTION III: ANTIVIRAL MEDICATIONS.....Please go to page 13 .

[AZT (Retrovir®), zidovudine), DDI (Videx®, didanosine), DDC (Hivid®, zalcitabine),
DAT (Zerit®, stavudine), or 3TC (Eptivir®, lamivudine)]

SECTION IV: ANTI-INFECTIVE MEDICATIONS.....Please go to page 21.

[Trimethoprim or Sulfamethoxazole (Bactrim®, Septra®), Clarithromycin (Biaxin®),
Fluconazole (Diflucan®), Itraconazole (Sporanox®), or Rifabutin (Mycobutin®)]

SECTION V: PROTEASE INHIBITORS.....Please go to page 29.

[Saquinavir (Invirase®), Ritonavir (Norvir®), or Indinavir (Crixivan®)]

Please go to page 33 after you have completed these medication sections.

SECTION III ANTIVIRAL MEDICATIONS

REMINDER: FILL OUT THIS SECTION IF YOU HAVE EVER TAKEN ANY OF THESE ANTIVIRAL MEDICATIONS: AZT (Retrovir®, zidovudine), DDI (Videx®, didanosine), DDC (Hivid®, zalcitabine), D4T (Zerit®, stavudine), or 3TC (EpiVir®, lamivudine). If not, skip to page 24.

→ If you are taking more than one antiviral medication NOW, please answer these questions for the medicine that is most difficult for you to take, and fill in the name of that medicine here _____ (9/1-20)

→ If you have discontinued your antiviral medication, please answer these questions for the medicine that you took most recently, and fill in the name of that medicine here _____ (9/21-40)

Taking medications as directed (the prescribed amount taken at the right time) is not always easy. At one time or another most people simply forget to take a dose of their medication, and sometimes people discontinue taking their medications for a while. The following is a list of possible advantages and disadvantages of taking antiviral medications as directed.

→ For each numbered statement, please mark one box with an "X" to rate **HOW IMPORTANT** that statement is to you when you are thinking about whether to take your antiviral medication as directed.

	NOT IMPORTANT 1	SLIGHTLY IMPORTANT 2	MODERATELY IMPORTANT 3	VERY IMPORTANT 4	EXTREMELY IMPORTANT 5	
1. It is a hassle to take my antiviral medication several times a day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/41)
2. Taking my antiviral medication as directed may delay some symptoms of HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/42)
3. My family or friends approve when I remember to take my antiviral medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/43)
4. Taking too many medications may not be good for my health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/44)
5. When I take my antiviral medication as directed, my doctor approves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/45)
6. Taking all of my antiviral medication as directed is too expensive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/46)
7. If I take my antiviral medication as directed, I can avoid possible complications of HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/47)
8. Taking my antiviral medication as directed may make up for my unhealthy habits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/48)

	EXTREMELY IMPORTANT 5	VERY IMPORTANT 4	MODERATELY IMPORTANT 3	SLIGHTLY IMPORTANT 2	NOT IMPORTANT 1	
9. When I take my antiviral medication as directed, I feel more responsible.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/49)
10. When I'm away from home or on vacation, taking my antiviral medication as directed is difficult.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/50)
11. When I take my antiviral medication as directed, it makes me feel depressed about having HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/51)
12. Taking my antiviral medication as directed causes too many annoying side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/52)
13. Taking my antiviral medication as directed will slow down this illness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/53)
14. I worry that taking all the doses that are prescribed might not be good for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/54)
15. Taking my antiviral medication as directed gives me hope.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/55)
16. I worry that the antiviral medication is doing more harm than good.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/56)
17. Taking my antiviral medication as directed may help me stay well longer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/57)
18. It may be hard on my system, if I take my antiviral medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/58)
19. I worry that people will know that I'm sick if I take my antiviral medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/59)
20. Taking my antiviral medication as directed will help me feel better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(9/60)

Sometimes people take their medications as directed for a while, and then stop taking them for a while.

→ The following 2 questions are about how you are taking your antiviral medication **RIGHT NOW**.

21. Do you consistently take your antiviral medication as directed? ("as directed" means taking your medication at the right time and taking the prescribed amount) (9/61-80)

- a. No, I do not, and **I am not considering** taking my antiviral medication as directed.
- b. No, I do not, but **I am considering** taking my antiviral medication as directed.
- c. No, I do not, but **I am planning to start** taking my antiviral medication as directed within the next month.
- d. Yes, I consistently take my antiviral medication as directed.

If yes.

→ 22. How long have you been taking your antiviral medication as directed? (10/1)

- a. 0-3 months
- b. 4-6 months
- c. 6-12 months
- d. more than 12 months

Now here are some situations that might affect whether you take your antiviral medication for HIV infection as directed.

For each situation, please mark one box with an "X" to rate **HOW TEMPTED** you would be to skip your antiviral medication or take a dose which is different from the one prescribed.

	EXTREMELY TEMPTED 5	VERY TEMPTED 4	MODERATELY TEMPTED 3	SLIGHTLY TEMPTED 2	NOT TEMPTED 1	
23. When you feel good and think you don't need it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/2)
24. When you are anxious about side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/3)
25. When you want to save on the cost of your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/4)
26. When you wonder whether you really need your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/5)
27. When you feel down.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/6)
28. When you experience minor side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/7)
29. When you start to feel better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/8)
30. When your doctor doesn't seem interested in whether you take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/9)
31. When you have no energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/10)
32. When side effects are annoying.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/11)

	EXTREMELY TEMPTED	VERY TEMPTED	MODERATELY TEMPTED	SLIGHTLY TEMPTED	NOT TEMPTED	
	5	4	3	2	1	
33. When someone doesn't remind you to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/12)
34. When your medical condition doesn't seem that bad.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/13)
35. When you are taking several medications at the same time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/14)
36. When it seems too complex to keep track of all your medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/15)
37. When you feel like giving up.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/16)
38. When your doctor doesn't explain why you need to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/17)
39. When you have to take several medications every day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/18)
40. When you aren't sure if the medicine is really helping you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/19)
41. When you feel that your medication is too expensive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/20)
42. When you don't understand why you need your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/21)
43. When you think that you aren't that sick.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/22)
44. When your family or friends don't seem concerned enough about your condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/23)
45. When your doctor doesn't encourage you to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/24)
46. When your family or friends don't seem interested in whether you take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/25)
47. When your doctor doesn't seem concerned enough about your condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/26)
48. When your insurance doesn't cover the cost of your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/27)
49. When you lose confidence in your doctor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/28)
50. When you worry that taking too many medications might be bad for your health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/29)
51. When you feel you should give your body a rest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/30)
52. When you worry that the chemicals in the medication might harm or hurt your body.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/31)

The following statements represent some thoughts and experiences that people have when they are taking antiviral medications on a regular basis. Think about your thoughts and experiences during the past month.

→ For each numbered statement, please mark one box with an "X" to best describe **HOW OFTEN** that thought occurs or has occurred for you during the past month.

	VERY OFTEN	OFTEN	OCCASIONALLY	RARELY	NEVER	
	5	4	3	2	1	
53. I seek out new information on the benefits of taking my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/32)
54. I call my health care provider if I have questions about taking my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/33)
55. I have someone I can count on to help me take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/34)
56. I reward myself when I take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/35)
57. I use reminders to help me remember to take my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/36)
58. When I am tempted to skip a dose of my antiviral medication, I remind myself about the importance of staying on schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/37)
59. I promise myself and others to take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/38)
60. I feel good about myself when I remember to take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/39)
61. I get upset with myself when I think about the times when I've forgotten to take my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/40)
62. I think that taking my antiviral medications as directed may provide knowledge to help others who have HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/41)
63. I do something special for myself when I take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/42)
64. When taking my antiviral medications feels like a hassle, I remind myself of all the benefits of continuing to take them regularly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/43)
65. I tell myself that following a regular schedule will help me take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/44)
66. When I'm unable to take my antiviral medications as directed, I'm disappointed in myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/45)

	NEVER 1	RARELY 2	OCCASIONALLY 3	OFTEN 4	VERY OFTEN 5	
67. I get upset when I hear about people like me who stop taking their antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/46)
68. I think that taking my antiviral medications as directed will help my family and friends by giving them hope.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/47)
69. I ask my health care provider for information about my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/48)
70. I talk to my health care provider before changing the way I take my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/49)
71. Someone close to me reminds me to take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/50)
72. I build taking my antiviral medications into my schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/51)
73. I use a pill organizer or timer to help me take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/52)
74. When I am on vacation or away from home, I make special efforts to continue taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/53)
75. I encourage myself to stick to my regular medication schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/54)
76. I get upset with myself when I skip my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/55)
77. I feel that when I take my antiviral medications as directed, I am a good role model for others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/56)
78. When I plan my day, I make sure to include taking my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/57)
79. I use everyday events like brushing my teeth or when my alarm clock goes off to remind me to take my antiviral medications on time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/58)
80. When it is difficult to take my antiviral medications as directed, I remind myself that others are counting on me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/59)
81. I stick to my plan for taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/60)
82. I think that I am making a contribution to scientific knowledge about HIV by taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/61)
83. I think about the benefits of taking my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/62)

	NEVER	RARELY	OCCASIONALLY	OFTEN	VERY OFTEN	
	1	2	3	4	5	
84. I call my health care provider when I am concerned about side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/63)
85. Emotional support from others helps me take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/64)
86. When I take my antiviral medications as directed, I congratulate myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/65)
87. I try to take my antiviral medications at the same time and place so that I won't forget.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/66)
88. When my symptoms don't seem to improve, I remind myself that it's still important to take my antiviral medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/67)
89. I use determination to help me stick to my regular medication-taking schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/68)
90. I feel that I am less likely to be a burden to others if I take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/69)
91. I tell myself and others that I will take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/70)
92. I feel that my health care provider listens when I have questions about my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/71)
93. I have someone I can rely on to help me with my antiviral medication schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/72)
94. I know that my family and friends appreciate my taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/73)
95. I avoid situations that make it difficult for me to remember to take my antiviral medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/74)
96. When I'm concerned about my antiviral medication losing its effectiveness, I remind myself of the good reasons to continue taking my medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/75)
97. I feel more responsible when I am taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/76)
98. I get upset by warnings about the serious problems I could have if I do not take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/77)
99. I regularly check my supply of pills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/78)

	VERY OFTEN	4	3	2	1	
	OFTEN	OCCASIONALLY	RARELY	NEVER		
100. I remember hearing about the importance of taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/79)
101. I feel that my health care provider really helps me take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(10/80)
102. I have someone I can talk to about all my medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/1)
103. I feel that I've earned my health care provider's approval when I take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/2)
104. I use meal times to help me take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/3)
105. When I get depressed, I make special efforts to continue taking my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/4)
106. I'm not happy with myself when I don't take my antiviral medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/5)
107. When I think of the times when I didn't care about taking my antiviral medications, I feel angry with myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/6)
108. I plan ahead for when my antiviral medication supply will run out.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/7)

SECTION IV ANTI-INFECTIVE MEDICATIONS

REMINDER: FILL OUT THIS SECTION IF YOU HAVE EVER TAKEN ANY OF THESE MEDICINES TO HELP PREVENT PNEUMONIA OR INFECTION:

Trimethoprim or Sulfamethoxazole (Bactrim®, Septra®), Clarithromycin (Biaxin®),
Fluconazole (Diflucan®), Itraconazole (Sporanox®), or Rifabutin (Mycobutin®).

If not, skip to page 34.

→ If you are taking more than one anti-infective medication NOW, please answer these questions for the medicine that is most difficult for you to take, and fill in the name of that medicine here

(11/8-27)

→ If you have discontinued your anti-infective medication, please answer these questions for the medicine that you took most recently, and fill in the name of that medicine here

(11/28-47)

Taking medications as directed (the prescribed amount taken at the right time) is not always easy. At one time or another most people simply forget to take a dose of their medication, and sometimes people discontinue taking their medications for a while. The following is a list of possible advantages and disadvantages of taking anti-infective medications as directed.

→ For each numbered statement, please mark one box with an "X" to rate HOW IMPORTANT that statement is to you when you are thinking about whether to take your anti-infective medication as directed.

		NOT IMPORTANT 1	SLIGHTLY IMPORTANT 2	MODERATELY IMPORTANT 3	VERY IMPORTANT 4	EXTREMELY IMPORTANT 5	
1. It is a hassle to take my anti-infective medication several times a day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/48)
2. Taking my anti-infective medication as directed may delay some symptoms of HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/49)
3. My family or friends approve when I remember to take my anti-infective medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/50)
4. Taking too many medications may not be good for my health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/51)
5. When I take my anti-infective medication as directed my doctor approves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/52)
6. Taking all of my anti-infective medication as directed is too expensive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/53)
7. If I take my anti-infective medication as directed, I can avoid possible complications of HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/54)

	EXTREMELY IMPORTANT 5	VERY IMPORTANT 4	MODERATELY IMPORTANT 3	SLIGHTLY IMPORTANT 2	NOT IMPORTANT 1	
8. Taking my anti-infective medication as directed may make up for my unhealthy habits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/55)
9. When I take my anti-infective medication as directed, I feel more responsible.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/56)
10. When I'm away from home or on vacation, taking my anti-infective medication as directed is difficult.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/57)
11. When I take my anti-infective medication as directed, it makes me feel depressed about having HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/58)
12. Taking my anti-infective medication as directed causes too many annoying side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/59)
13. Taking my anti-infective medication as directed will slow down this illness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/60)
14. I worry that taking all the doses that are prescribed might not be good for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/61)
15. Taking my anti-infective medication as directed gives me hope.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/62)
16. I worry that the anti-infective medication is doing more harm than good.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/63)
17. Taking my anti-infective medication as directed may help me stay well longer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/64)
18. It may be hard on my system if I take my anti-infective medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/65)
19. I worry that people will know that I'm sick if I take my anti-infective medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/66)
20. Taking my anti-infective medication as directed will help me feel better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/67)

Sometimes people take their medications as directed for a while, and then stop taking them for a while.

→ The following 2 questions are about how you are taking your anti-infective medication **RIGHT NOW**.

21. Do you consistently take your anti-infective medication as directed? ("as directed" means taking your medication at the right time and taking the prescribed amount) (11/68)
- a. No, I do not, and **I am not considering** taking my anti-infective medication as directed.
 - b. No, I do not, but **I am considering** taking my anti-infective medication as directed.
 - c. No, I do not, but **I am planning to start** taking my anti-infective medication as directed within the next month.
 - d. Yes, I consistently take my anti-infective medication as directed.

If yes,

- 22. How long have you been taking your anti-infective medication as directed? (11/69)
- a. 0-3 months
 - b. 4-6 months
 - c. 6-12 months
 - d. more than 12 months

Now here are some situations that might affect whether you take your anti-infective medication for HIV infection as directed.

→ For each situation, please mark one box with an "X" to rate **HOW TEMPTED** you would be to skip your anti-infective medication or take a dose which is different from the one prescribed.

	EXTREMELY TEMPTED 5	VERY TEMPTED 4	MODERATELY TEMPTED 3	SLIGHTLY TEMPTED 2	NOT TEMPTED 1	
23. When you feel good and think you don't need it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/70)
24. When you are anxious about side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/71)
25. When you want to save on the cost of your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/72)
26. When you wonder whether you really need your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/73)
27. When you feel down.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/74)
28. When you experience minor side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/75)
29. When you start to feel better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/76)
30. When your doctor doesn't seem interested in whether you take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/77)

	EXTREMELY TEMPTED	VERY TEMPTED	MODERATELY TEMPTED	SLIGHTLY TEMPTED	NOT TEMPTED	
	5	4	3	2	1	
31. When you have no energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/78)
32. When side effects are annoying.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/79)
33. When someone doesn't remind you to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(11/80)
34. When your medical condition doesn't seem that bad.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/1)
35. When you are taking several medications at the same time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/2)
36. When it seems too complex to keep track of all your medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/3)
37. When you feel like giving up.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/4)
38. When your doctor doesn't explain why you need to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/5)
39. When you have to take several medications every day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/6)
40. When you aren't sure if the medicine is really helping you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/7)
41. When you feel that your medication is too expensive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/8)
42. When you don't understand why you need your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/9)
43. When you think that you aren't that sick.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/10)
44. When your family or friends don't seem concerned enough about your condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/11)
45. When your doctor doesn't encourage you to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/12)
46. When your family or friends don't seem interested in whether you take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/13)
47. When your doctor doesn't seem concerned enough about your condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/14)
48. When your insurance doesn't cover the cost of your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/15)
49. When you lose confidence in your doctor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/16)
50. When you worry that taking too many medications might be bad for your health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/17)

	EXTREMELY TEMPTED 5	VERY TEMPTED 4	MODERATELY TEMPTED 3	SLIGHTLY TEMPTED 2	NOT TEMPTED 1	
51. When you feel you should give your body a rest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/18)
52. When you worry that the chemicals in the medication might harm or hurt your body.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/19)

The following statements represent some thoughts and experiences that people have when they are taking anti-infective medications on a regular basis. Think about your thoughts and experiences during the past month.

→ For each numbered statement, please mark one box with an "X" to best describe HOW OFTEN that thought occurs or has occurred for you during the past month.

	VERY OFTEN 5	OFTEN 4	OCCASIONALLY 3	RARELY 2	NEVER 1	
53. I seek out new information on the benefits of taking my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/20)
54. I call my health care provider if I have questions about taking my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/21)
55. I have someone I can count on to help me take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/22)
56. I reward myself when I take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/23)
57. I use reminders to help me remember to take my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/24)
58. When I am tempted to skip a dose of my anti-infective medication, I remind myself about the importance of staying on schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/25)
59. I promise myself and others to take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/26)
60. I feel good about myself when I remember to take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/27)
61. I get upset with myself when I think about the times when I've forgotten to take my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/28)

	VERY OFTEN	OFTEN	OCCASIONALLY	RARELY	NEVER	
	5	4	3	2	1	
62. I think that taking my anti-infective medications as directed may provide knowledge to help others who have HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/29)
63. I do something special for myself when I take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/30)
64. When taking my anti-infective medications feels like a hassle, I remind myself of all the benefits of continuing to take them regularly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/31)
65. I tell myself that following a regular schedule will help me take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/32)
66. When I'm unable to take my anti-infective medications as directed, I'm disappointed in myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/33)
67. I get upset when I hear about people like me who stop taking their anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/34)
68. I think that taking my anti-infective medications as directed will help my family and friends by giving them hope.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/35)
69. I ask my health care provider for information about my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/36)
70. I talk to my health care provider before changing the way I take my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/37)
71. Someone close to me reminds me to take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/38)
72. I build taking my anti-infective medications into my schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/39)
73. I use a pill organizer or timer to help me take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/40)
74. When I am on vacation or away from home, I make special efforts to continue taking my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/41)
75. I encourage myself to stick to my regular medication schedule.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/42)
76. I get upset with myself when I skip my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/43)
77. I feel that when I take my anti-infective medications as directed, I am a good role model for others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/44)

	NEVER 1	RARELY 2	OCCASIONALLY 3	OFTEN 4	VERY OFTEN 5	
94. I know that my family and friends appreciate my taking my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/61)
95. I avoid situations that make it difficult for me to remember to take my anti-infective medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/62)
96. When I'm concerned about my anti-infective medication losing its effectiveness, I remind myself of the good reasons to continue taking my medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/63)
97. I feel more responsible when I am taking my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/64)
98. I get upset by warnings about the serious problems I could have if I do not take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/65)
99. I regularly check my supply of pills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/66)
100. I remember hearing about the importance of taking my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/67)
101. I feel that my health care provider really helps me take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/68)
102. I have someone I can talk to about all my medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/69)
103. I feel that I've earned my health care provider's approval when I take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/70)
104. I use mealtimes to help me take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/71)
105. When I get depressed, I make special efforts to continue taking my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/72)
106. I'm not happy with myself when I don't take my anti-infective medications as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/73)
107. When I think of the times when I didn't care about taking my anti-infective medications, I feel angry with myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/74)
108. I plan ahead for when my anti-infective medication supply will run out.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(12/75)

SECTION V PROTEASE INHIBITOR MEDICATIONS

REMINDER: FILL OUT THIS SECTION IF YOU HAVE EVER TAKEN ANY OF THESE PROTEASE INHIBITOR MEDICATIONS: Saquinavir (Invirase®), Ritonavir (Norvir®), or Indinavir (Crixivan®). If not, skip to page 39.

→ If you are taking more than one protease inhibitor medication NOW, please answer these questions for the medicine that is most difficult for you to take, and fill in the name of that medicine here _____ (13/1-20)

→ If you have discontinued your protease inhibitor medication, please answer these questions for the medicine that you took most recently, and fill in the name of that medicine here _____ (13/21-40)

Taking medications as directed (the prescribed amount taken at the right time) is not always easy. At one time or another most people simply forget to take a dose of their medication, and sometimes people discontinue taking their medications for a while. The following is a list of possible advantages and disadvantages of taking protease inhibitor medications as directed.

→ For each numbered statement, please mark one box with an "X" to rate **HOW IMPORTANT** that statement is to you when you are thinking about whether to take your protease inhibitor medication as directed.

	EXTREMELY IMPORTANT 5	VERY IMPORTANT 4	MODERATELY IMPORTANT 3	SLIGHTLY IMPORTANT 2	NOT IMPORTANT 1	
1. It is a hassle to take my protease inhibitor medication several times a day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/41)
2. Taking my protease inhibitor medication as directed may delay some symptoms of HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/42)
3. My family or friends approve when I remember to take my protease inhibitor medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/43)
4. Taking too many medications may not be good for my health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/44)
5. When I take my protease inhibitor medication as directed my doctor approves.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/45)
6. Taking all of my protease inhibitor medication as directed is too expensive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/46)
7. If I take my protease inhibitor medication as directed, I can avoid possible complications of HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/47)
8. Taking my protease inhibitor medication as directed may make up for my unhealthy habits.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/48)

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	EXTREMELY IMPORTANT 5	VERY IMPORTANT 4	MODERATELY IMPORTANT 3	SLIGHTLY IMPORTANT 2	NOT IMPORTANT 1	
9. When I take my protease inhibitor medication as directed, I feel more responsible.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/49)
10. When I'm away from home or on vacation, taking my protease inhibitor medication as directed is difficult.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/50)
11. When I take my protease inhibitor medication as directed, it makes me feel depressed about having HIV infection.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/51)
12. Taking my protease inhibitor medication as directed causes too many annoying side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/52)
13. Taking my protease inhibitor medication as directed will slow down this illness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/53)
14. I worry that taking all the doses that are prescribed might not be good for me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/54)
15. Taking my protease inhibitor medication as directed gives me hope.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/55)
16. I worry that the protease inhibitor medication is doing more harm than good.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/56)
17. Taking my protease inhibitor medication as directed may help me stay well longer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/57)
18. It may be hard on my system, if I take my protease inhibitor medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/58)
19. I worry that people will know that I'm sick if I take my protease inhibitor medication as directed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/59)
20. Taking my protease inhibitor medication as directed will help me feel better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/60)

Sometimes people take their medications as directed for a while, and then stop taking them for a while.

→ The following 2 questions are about how you are taking your protease inhibitor medication **RIGHT NOW**.

21. Do you consistently take your protease inhibitor medication as directed? ("as directed" means taking your medication at the right time and taking the prescribed amount) (13/61)

- a. No, I do not, and I am *not considering* taking my protease inhibitor medication as directed.
- b. No, I do not, but I am *considering* taking my protease inhibitor medication as directed.
- c. No, I do not, but I am *planning to start* taking my protease inhibitor medication as directed within the next month.
- d. Yes, I consistently take my protease inhibitor medication as directed.

If yes.

22. How long have you been taking your protease inhibitor medication as directed? (13/62)

- a. 0-3 months
- b. 4-6 months
- c. 6-12 months
- d. more than 12 months

Now here are some situations that might affect whether you take your protease inhibitor medication for HIV infection as directed.

→ For each situation, please mark one box with an "X" to rate **HOW TEMPTED** you would be to skip your protease inhibitor medication or take a dose which is different from the one prescribed.

	EXTREMELY TEMPTED 5	VERY TEMPTED 4	MODERATELY TEMPTED 3	SLIGHTLY TEMPTED 2	NOT TEMPTED 1	
23. When you feel good and think you don't need it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/63)
24. When you are anxious about side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/64)
25. When you want to save on the cost of your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/65)
26. When you wonder whether you really need your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/66)
27. When you feel down.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/67)
28. When you experience minor side effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/68)
29. When you start to feel better.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/69)
30. When your doctor doesn't seem interested in whether you take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/70)

	NOT TEMPTED 1	SLIGHTLY TEMPTED 2	MODERATELY TEMPTED 3	VERY TEMPTED 4	EXTREMELY TEMPTED 5	
31. When you have no energy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/71)
32. When side effects are annoying.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/72)
33. When someone doesn't remind you to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/73)
34. When your medical condition doesn't seem that bad.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/74)
35. When you are taking several medications at the same time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/75)
36. When it seems too complex to keep track of all your medications.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/76)
37. When you feel like giving up.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/77)
38. When your doctor doesn't explain why you need to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/78)
39. When you have to take several medications every day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/79)
40. When you aren't sure if the medicine is really helping you.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(13/80)
41. When you feel that your medication is too expensive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/1)
42. When you don't understand why you need your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/2)
43. When you think that you aren't that sick.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/3)
44. When your family or friends don't seem concerned enough about your condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/4)
45. When your doctor doesn't encourage you to take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/5)
46. When your family or friends don't seem interested in whether you take your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/6)
47. When your doctor doesn't seem concerned enough about your condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/7)
48. When your insurance doesn't cover the cost of your medication.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/8)
49. When you lose confidence in your doctor.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/9)
50. When you worry that taking too many medications might be bad for your health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/10)
51. When you feel you should give your body a rest.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/11)

EXTREMELY TEMPTED	5
VERY TEMPTED	4
MODERATELY TEMPTED	3
SLIGHTLY TEMPTED	2
NOT TEMPTED	1

52. When you worry that the chemicals in the medication might harm or hurt your body. (14/12)

SECTION VI WAYS OF COPING WITH HIV

Here are some ways that different people may cope with HIV and its treatments. There are no right or wrong answers.

→ In the last month, HOW OFTEN did you think, feel, or do each item?
(Please circle one number for each item)

VERY OFTEN	5
OFTEN	4
OCCASIONALLY	3
RARELY	2
NEVER	1

In the last month, I

1. concentrated on the next step	1	2	3	4	5	(14/13)
2. felt the only thing to do was wait	1	2	3	4	5	(14/14)
3. did something just to do something	1	2	3	4	5	(14/15)
4. talked to someone to find out more	1	2	3	4	5	(14/16)
5. criticized or lectured myself	1	2	3	4	5	(14/17)
6. tried not to close off options	1	2	3	4	5	(14/18)
7. hoped a miracle would happen	1	2	3	4	5	(14/19)
8. went along with fate	1	2	3	4	5	(14/20)
9. went on as if it were not happening	1	2	3	4	5	(14/21)
10. tried to keep my feelings to myself	1	2	3	4	5	(14/22)
11. looked for the silver lining; looked on the bright side	1	2	3	4	5	(14/23)
12. slept more than usual	1	2	3	4	5	(14/24)
13. looked for sympathy or understanding	1	2	3	4	5	(14/25)
14. was inspired to be creative	1	2	3	4	5	(14/26)
15. tried to forget the whole thing	1	2	3	4	5	(14/27)
16. tried to get professional help	1	2	3	4	5	(14/28)
17. changed or grew as a person in a good way	1	2	3	4	5	(14/29)
18. waited to see what would happen before acting	1	2	3	4	5	(14/30)

	NEVER	RARELY	OCCASIONALLY	OFTEN	VERY OFTEN	
	1	2	3	4	5	
19. made a plan of action and followed it	1	2	3	4	5	(14/31)
20. let my feelings out somehow.....	1	2	3	4	5	(14/32)
21. came out of the experience better than before	1	2	3	4	5	(14/33)
22. talked to someone who could do something	1	2	3	4	5	(14/34)
23. tried to make myself feel better by eating, drinking, smoking or drug use	1	2	3	4	5	(14/35)
24. took a big chance and did something risky	1	2	3	4	5	(14/36)
25. tried not to act too hastily	1	2	3	4	5	(14/37)
26. found new faith	1	2	3	4	5	(14/38)
27. rediscovered what is important in life	1	2	3	4	5	(14/39)
28. changed something so things will turn out.....	1	2	3	4	5	(14/40)
29. avoided being with people	1	2	3	4	5	(14/41)
30. didn't let it get to me; refused to think about it	1	2	3	4	5	(14/42)
31. asked a friend or relative for advise	1	2	3	4	5	(14/43)
32. kept others from knowing how bad things were	1	2	3	4	5	(14/44)
33. made light of it; refused to get too serious	1	2	3	4	5	(14/45)
34. talked to someone about how I was feeling.....	1	2	3	4	5	(14/46)
35. took it out on other people	1	2	3	4	5	(14/47)
36. drew on past experiences from similar situations	1	2	3	4	5	(14/48)
37. knew what had to be done, so increased efforts.....	1	2	3	4	5	(14/49)
38. refused to believe it was happening.....	1	2	3	4	5	(14/50)
39. came up with different solutions	1	2	3	4	5	(14/51)
40. tried to keep my feelings from interfering	1	2	3	4	5	(14/52)
41. changed something about myself	1	2	3	4	5	(14/53)
42. wished the situation would go away or be over	1	2	3	4	5	(14/54)
43. had fantasies/wishes about how it might turn out	1	2	3	4	5	(14/55)
44. prayed	1	2	3	4	5	(14/56)
45. prepared for the worst	1	2	3	4	5	(14/57)
46. went over in my mind what I would say or do	1	2	3	4	5	(14/58)
47. thought of how a person I admire would act.....	1	2	3	4	5	(14/59)
48. reminded myself how much worse things could be.....	1	2	3	4	5	(14/60)
49. tried to find out as much as I could	1	2	3	4	5	(14/61)
50. treated the illness as a challenge	1	2	3	4	5	(14/62)

Now here are some questions about injection (skin popping or IV) drugs.

Please circle or fill in the correct response for each question.

51. Have you ever used injection drugs? (14/63)

- No
 Yes.

If yes.

→ Please fill out the remaining questions only if you have ever used injection drugs.

52. Do you use injection drugs now? (14/64)

- No, not in the past 6 months
 Not now, but once or twice in the past 6 months
 Yes, occasionally
 Yes, regularly

If injected at all during the past 6 months.

→ 53. During the past 6 months, how often have you injected the following:

	NEVER	LESS THAN TWICE PER MONTH	2-4 TIMES PER MONTH	2-7 TIMES PER WEEK	MORE THAN ONCE PER DAY	
a. Heroin by itself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/65)
b. Cocaine by itself?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/66)
c. Cocaine and heroin, or speedball?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/67)
d. Amphetamines, such as uppers, speed, meth, or crack?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/68)

→ 54. During the past 6 months, how often did you use a brand new needle or one that you are sure no one else used EACH TIME you shot up? (14/69)

- Never Rarely Sometimes Almost always Always

→ 55. During the past 6 months, how many people did you share needles or works with? (14/70)

- None
 1 other person
 2-3 different people
 4-10 different People
 More than 10 different people

→ 56. During the past 6 months, how often have:

	NEVER	LESS THAN TWICE PER MONTH	2-4 TIMES PER MONTH	2-7 TIMES PER WEEK	MORE THAN ONCE PER DAY	
a. You used needles or works after someone without cleaning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/71)
b. Others used needles or works after you without cleaning?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/72)
c. You used a needle after someone who is HIV positive had used it?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/73)
d. You shot up in a shooting gallery, hit house or another place where groups of users shoot up?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/74)
e. You shared rinse water?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/75)
f. You shared a cooker?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/76)
g. You shared cotton?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	(14/77)

→ 57. During the past 6 months, where did you get needles?

	<u>SOME of your needles</u> (Answer yes or no to all)			<u>MOST of your needles</u> (Check only one)	
	YES	NO			
a. At a needle exchange?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(14/78)
b. On the street?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(14/79)
c. In a shooting gallery?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(14/80)
d. At a drugstore?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(15/1)
e. At the same place where you buy drugs?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(15/2)
f. From a diabetic?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(15/3)
g. From another person not mentioned?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(15/4)
h. From another place not mentioned?	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	(15/5)

→ 58. During the past 6 months, if you haven't used a needle exchange, or if you had difficulties getting needles from a needle exchange, how come? (15/6-11)

Please check all that apply

- Don't know about it
- Too far
- Open too few hours
- Scared of getting arrested
- Scared someone will see me there
- Other reason (please specify) _____ (15/12-32)

59. Are you planning to use only your own works (needles, syringes, cotton, cooker, rinse water) or a brand new needle EVERY TIME you inject within the next 6 months? If so, how soon? (15/33)
- NO, I am not planning to start using new needles every time
 - YES, within the next year
 - YES, within the next 6 months
 - YES, within the next month
 - YES, I already use new needles every time
60. Have you been using new needles every time you use IV needles? If so, for how long? (15/34)
- NO, I have not been using using new needles every time
 - YES, for 30 days or less
 - YES, for MORE than 30 days but LESS than 6 months
 - YES, for MORE than 6 months but LESS than a year
 - YES, for MORE than a year
61. Now, how ready are you to STOP using injection drugs completely? (15/35)
- Not ready
 - Somewhat ready
 - Ready
 - Very Ready

For information about needle exchange in Rhode Island, call (401) 277-2320.

For information on the "Medication for The Needy-Assistance Program" at The University of Rhode Island, call 1-800-215-9001.

This completes this survey. Thank you for your assistance with this project & for sharing your thoughts on HIV related medications.

SUPPLEMENT TO SECTION II

MEDICATION #4

MEDICINE NAME _____ (15/36-55)

1. This medicine is for: (15/56)

- HIV infection
- To treat or prevent PCP (*Pneumocystis carinii pneumonia*)
- To treat or prevent MAI (*Mycobacterium avium complex*) infection
- To treat or prevent fungal infections (*Candida* or "thrush")
- Other: _____
- Don't know

(15/57-76)

2. How often do you take this medicine? (15/77)

- Two times a week
- Three times a week
- Every other day
- Once a day
- Two times a day
- Three times a day
- Four times a day
- Five times a day
- Other: _____

3. How long have you been taking this medication? (16/1-20)

- ___ Less than 1 month ___ 6 months to 1 year
- ___ 1 to 3 months ___ 1 to 2 years
- ___ 4 to 6 months ___ more than 2 years

4. During the last 3 months, have you ever stopped taking this medication because you felt better? (16/21)

- YES NO

5. During the last 3 months, have you ever stopped taking this medication because you felt worse? (16/22)

- YES NO

6. During the last 3 months, have you ever forgotten to take this medication? (16/23)

- YES NO

7. During the last 3 months, have you at times been careless about taking this medication? (16/24)

- YES NO

8. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt better? (16/25)

- YES NO

9. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt worse? (16/26)

- YES NO

10. Since you began taking this medication, have you ever purposely:

- | | YES | NO | |
|---|--------------------------|--------------------------|---------|
| a) taken more of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (16/27) |
| b) taken less of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (16/28) |
| c) discontinued or stopped taking your medication? | <input type="checkbox"/> | <input type="checkbox"/> | (16/29) |

If yes,

→ 11.a) How many times have you discontinued your medication for more than 3 days? _____ (16/30-31)

b) What were your reasons for discontinuing your medication? (16/32-37)
Please check all that apply

- My doctor recommended it
- Too many side effects
- I didn't want to be reminded of my illness
- Problems with insurance coverage
- I didn't think it was working
- Other: _____ (38-57)

12. Sometimes it is difficult to take prescribed medicine all the time. During the past week, how many times did you miss a dose of MEDICATION 4? _____ (16/58-59)

13. During the past month, about how many times did you miss a dose of MEDICATION 4? _____ (16/60-61)

14. During the past three months, about how many times did you miss a dose MEDICATION 4? _____ (16/62-63)

15. Please check any side effect(s) you are having that you believe are caused by this medicine: (16/64-79)

- | | | |
|---|---|---|
| <input type="checkbox"/> nausea | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> headaches |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> muscle aches | <input type="checkbox"/> anxiety/worry |
| <input type="checkbox"/> vomiting | <input type="checkbox"/> fatigue | <input type="checkbox"/> depression |
| <input type="checkbox"/> abdominal pain | <input type="checkbox"/> tingling in hands/feet | <input type="checkbox"/> rash |
| <input type="checkbox"/> diarrhea | <input type="checkbox"/> numbness in hands/feet | <input type="checkbox"/> sensitivity to sun |
| <input type="checkbox"/> other: _____ | _____ (17/1-20) | |

MEDICATION #5

MEDICINE NAME _____ (17/21-40)

1. This medicine is for: (17/41)
- HIV infection
 - To treat or prevent PCP (*Pneumocystis carinii pneumonia*)
 - To treat or prevent MAI (*Mycobacterium avium complex*) infection
 - To treat or prevent fungal infections (*Candida* or "thrush")
 - Other: _____
 - Don't know (17/42-61)
2. How often do you take this medicine? (17/62)
- Two times a week
 - Three times a week
 - Every other day
 - Once a day
 - Two times a day
 - Three times a day
 - Four times a day
 - Five times a day
 - Other: _____ (18/1-20)
3. How long have you been taking this medication? (18/21)
- | | |
|-----------------------|------------------------|
| ___ Less than 1 month | ___ 6 months to 1 year |
| ___ 1 to 3 months | ___ 1 to 2 years |
| ___ 4 to 6 months | ___ more than 2 years |
4. During the last 3 months, have you ever stopped taking this medication because you felt better? (18/22)
- YES NO
5. During the last 3 months, have you ever stopped taking this medication because you felt worse? (18/23)
- YES NO
6. During the last 3 months, have you ever forgotten to take this medication? (18/24)
- YES NO
7. During the last 3 months, have you at times been careless about taking this medication? (18/25)
- YES NO
8. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt better? (18/26)
- YES NO
9. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt worse? (18/27)
- YES NO

10. Since you began taking this medication, have you ever purposely:

- | | YES | NO | |
|---|--------------------------|--------------------------|---------|
| a) taken more of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (18/28) |
| b) taken less of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (18/29) |
| c) discontinued or stopped taking your medication? | <input type="checkbox"/> | <input type="checkbox"/> | (18/30) |

If yes,

→ 11.a) How many times have you discontinued your medication for more than 3 days? _____ (18/31-32)

b) What were your reasons for discontinuing your medication? (18/33-38)
Please check all that apply

- My doctor recommended it
- Too many side effects
- I didn't want to be reminded of my illness
- Problems with insurance coverage
- I didn't think it was working
- Other: _____ (18/39-58)

12. Sometimes it is difficult to take prescribed medicine all the time. During the past week, how many times did you miss a dose of MEDICATION 5? _____ (18/59-60)

13. During the past month, about how many times did you miss a dose of MEDICATION 5? _____ (18/61-62)

14. During the past three months, about how many times did you miss a dose MEDICATION 5? _____ (18/63-64)

15. Please check any side effect(s) you are having that you believe are caused by this medicine: (18/65-80)

- | | | |
|---|---|---|
| <input type="checkbox"/> nausea | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> headaches |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> muscle aches | <input type="checkbox"/> anxiety/worry |
| <input type="checkbox"/> vomiting | <input type="checkbox"/> fatigue | <input type="checkbox"/> depression |
| <input type="checkbox"/> abdominal pain | <input type="checkbox"/> tingling in hands/feet | <input type="checkbox"/> rash |
| <input type="checkbox"/> diarrhea | <input type="checkbox"/> numbness in hands/feet | <input type="checkbox"/> sensitivity to sun |
| <input type="checkbox"/> other: _____ | | |
- _____ (19/1-20)
- _____
- _____

MEDICATION #6

MEDICINE NAME _____ (19/21-40)

1. This medicine is for: (19/41)

- HIV infection
- To treat or prevent PCP (*Pneumocystis carinii pneumonia*)
- To treat or prevent MAI (*Mycobacterium avium complex*) infection
- To treat or prevent fungal infections (*Candida* or "thrush")
- Other: _____
- Don't know (19/42-61)

2. How often do you take this medicine? (19/62)

- Two times a week
- Three times a week
- Every other day
- Once a day
- Two times a day
- Three times a day
- Four times a day
- Five times a day
- Other: _____ (20/1-20)

3. How long have you been taking this medication? (20/21)

- ___ Less than 1 month ___ 6 months to 1 year
- ___ 1 to 3 months ___ 1 to 2 years
- ___ 4 to 6 months ___ more than 2 years

4. During the last 3 months, have you ever stopped taking this medication because you felt better? (20/22)

- YES NO

5. During the last 3 months, have you ever stopped taking this medication because you felt worse? (20/23)

- YES NO

6. During the last 3 months, have you ever forgotten to take this medication? (20/24)

- YES NO

7. During the last 3 months, have you at times been careless about taking this medication? (20/25)

- YES NO

8. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt better? (20/26)

- YES NO

9. During the last 3 months, have you ever taken less of this medicine than your doctor prescribed because you felt worse? (20/27)

- YES NO

10. Since you began taking this medication, have you ever purposely:

- | | YES | NO | |
|---|--------------------------|--------------------------|---------|
| a) taken more of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (20/28) |
| b) taken less of the medicine than your physician prescribed? | <input type="checkbox"/> | <input type="checkbox"/> | (20/29) |
| c) discontinued or stopped taking your medication? | <input type="checkbox"/> | <input type="checkbox"/> | (20/30) |

If yes,

+ 11.a) How many times have you discontinued your medication for more than 3 days? _____ (20/31-32)

b) What were your reasons for discontinuing your medication? Please check all that apply (20/33-38)

- My doctor recommended it
- Too many side effects
- I didn't want to be reminded of my illness
- Problems with insurance coverage
- I didn't think it was working
- Other: _____ (20/39-58)

12. Sometimes it is difficult to take prescribed medicine all the time. During the past week, how many times did you miss a dose of MEDICATION 6? _____ (20/59-60)

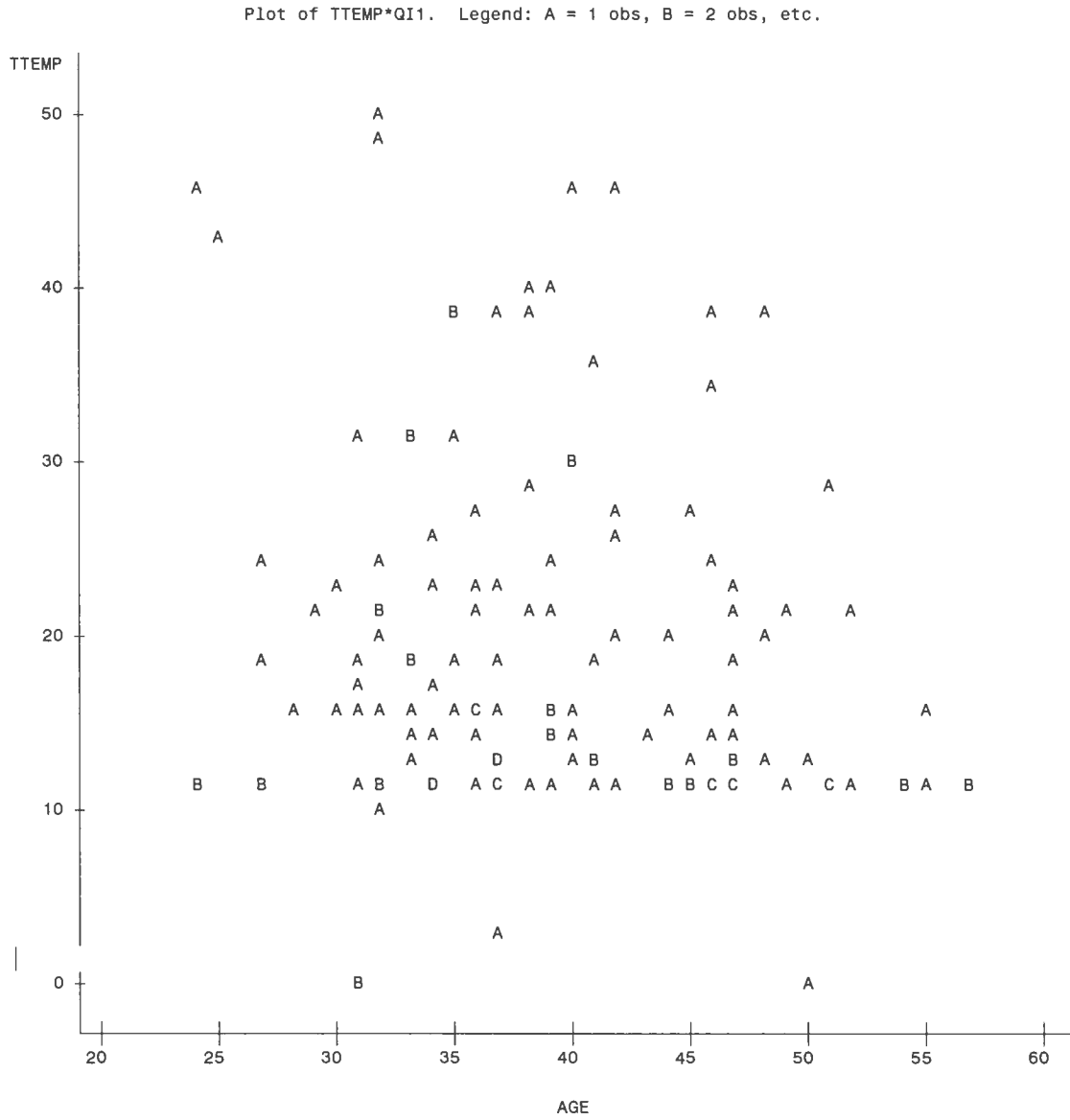
13. During the past month, about how many times did you miss a dose of MEDICATION 6? _____ (20/61-62)

14. During the past three months, about how many times did you miss a dose MEDICATION 6? _____ (20/63-64)

15. Please check any side effect(s) you are having that you believe are caused by this medicine: (20/65-80)

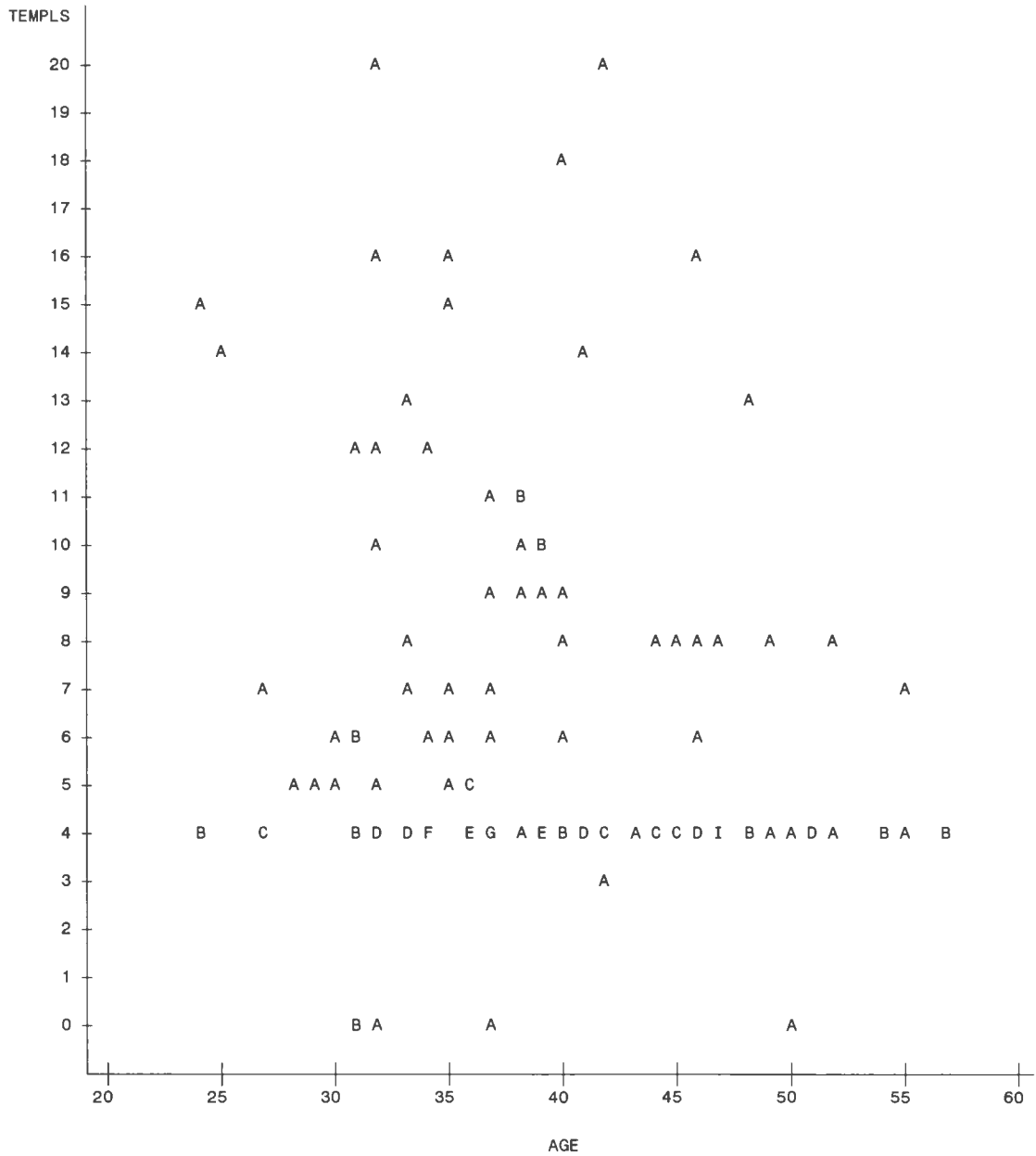
- | | | |
|---|---|---|
| <input type="checkbox"/> nausea | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> headaches |
| <input type="checkbox"/> dizziness | <input type="checkbox"/> muscle aches | <input type="checkbox"/> anxiety/worry |
| <input type="checkbox"/> vomiting | <input type="checkbox"/> fatigue | <input type="checkbox"/> depression |
| <input type="checkbox"/> abdominal pain | <input type="checkbox"/> tingling in hands/feet | <input type="checkbox"/> rash |
| <input type="checkbox"/> diarrhea | <input type="checkbox"/> numbness in hands/feet | <input type="checkbox"/> sensitivity to sun |
| <input type="checkbox"/> other: _____ | _____ | |
- _____ (21/1-20)

1. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Age



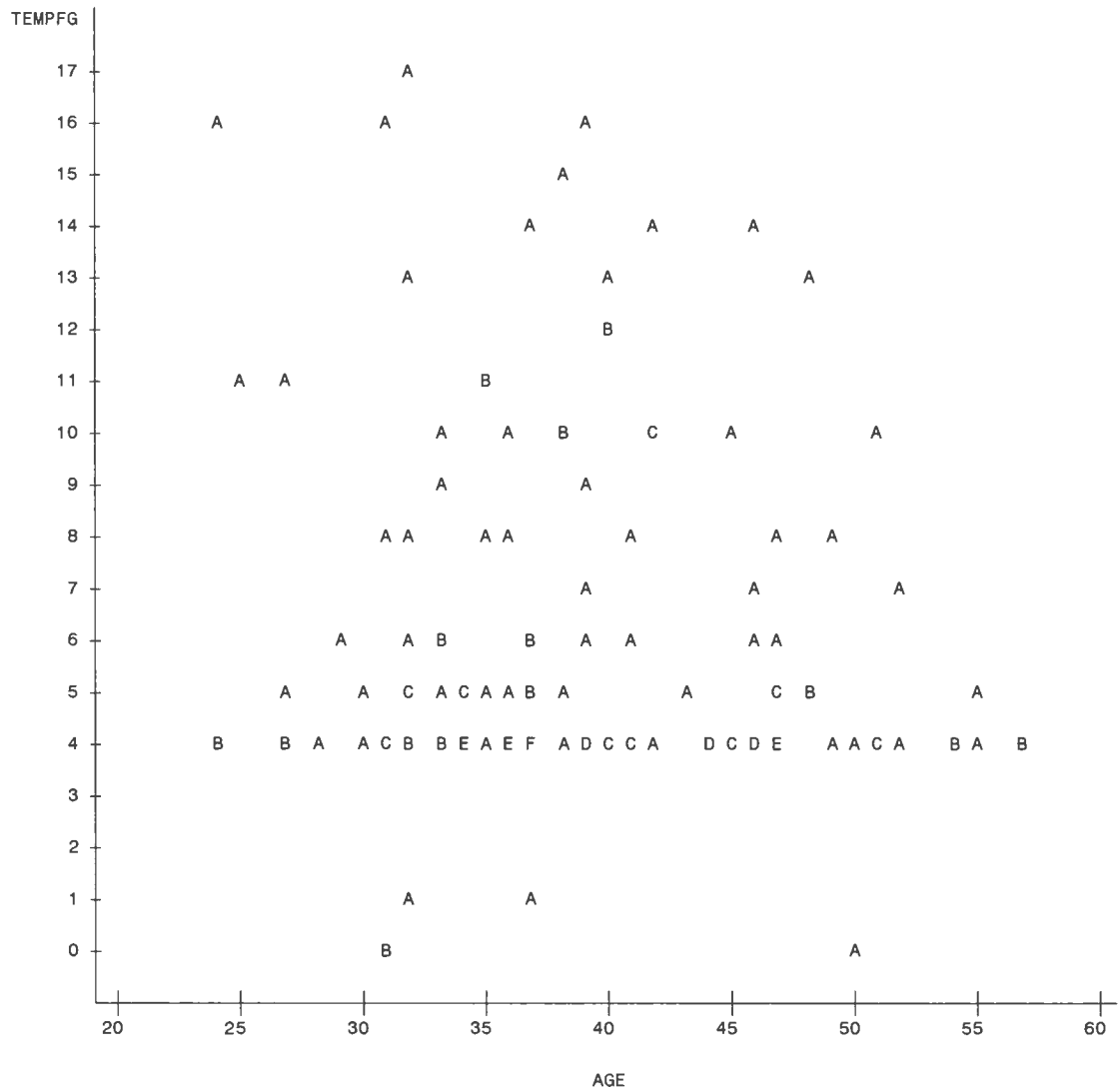
3. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Age

Plot of TEMPLS*QI1. Legend: A = 1 obs, B = 2 obs, etc.

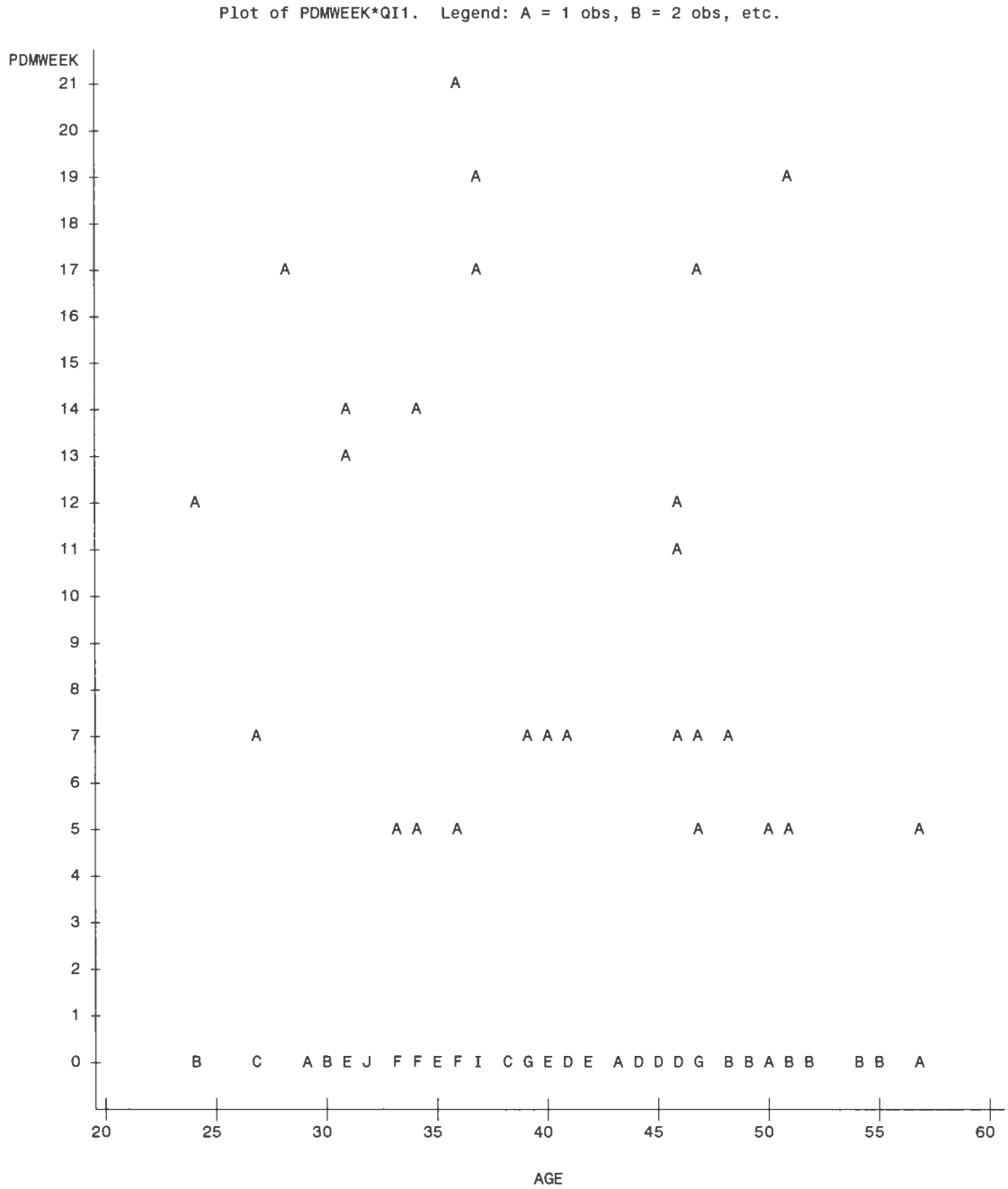


4. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Age

Plot of TEMPFG*QI1. Legend: A = 1 obs, B = 2 obs, etc.



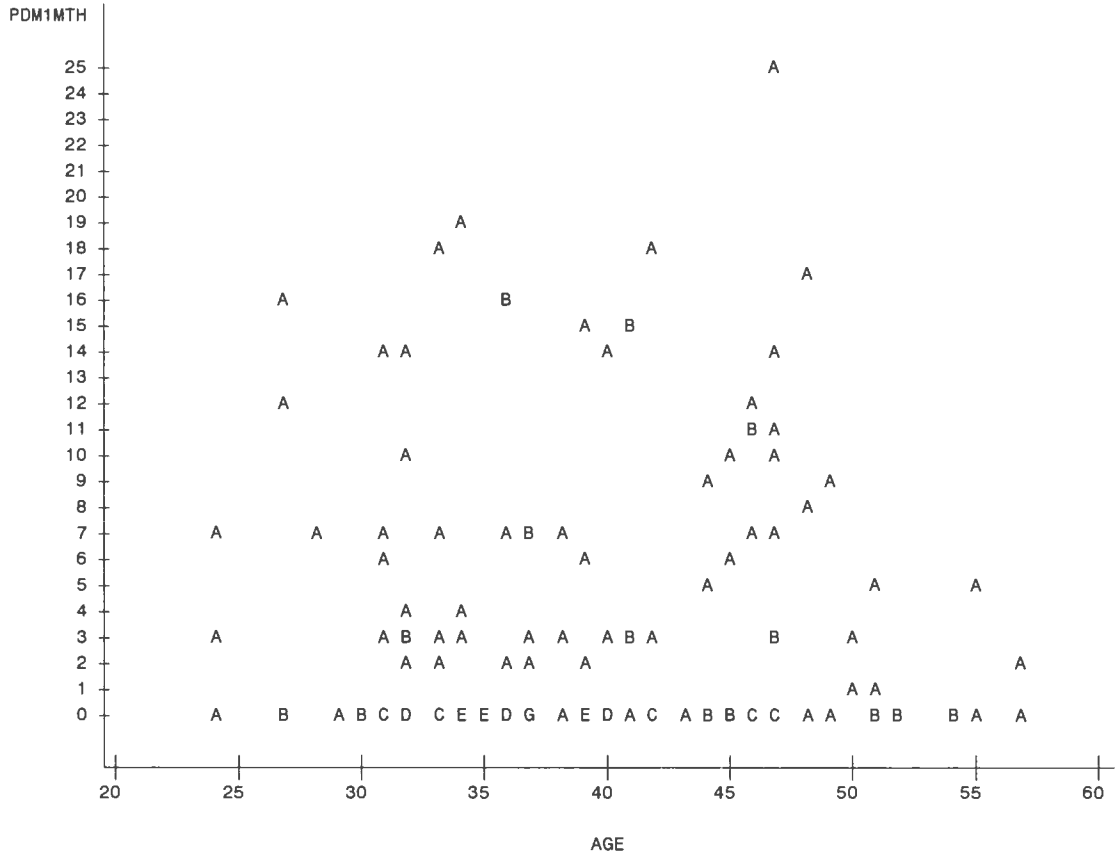
5. Plot of Percent of Doses Missed in the past Week vs Age



NOTE: 4 obs had missing values.

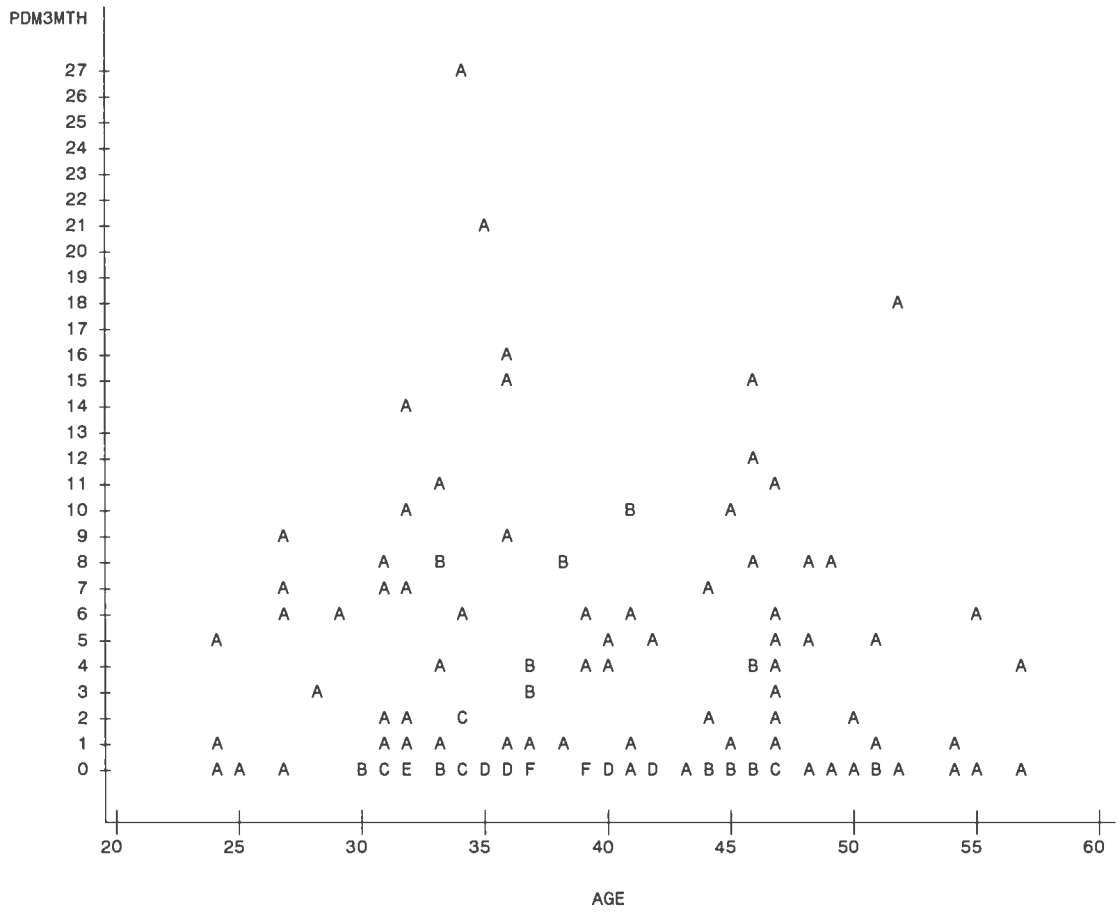
6. Plot of Percent of Doses Missed in the past Month vs Age

Plot of PDM1MTH*QI1. Legend: A = 1 obs, B = 2 obs, etc.



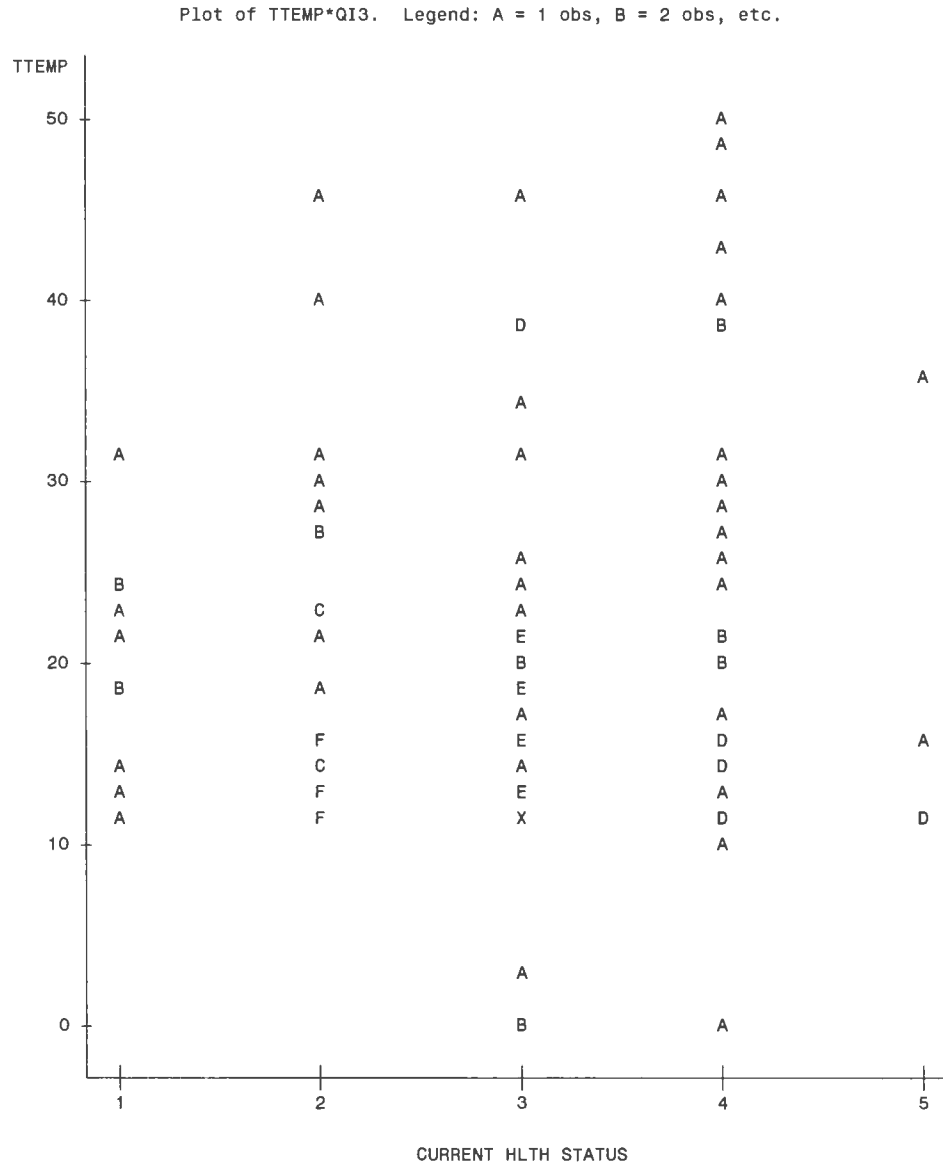
7. Plot of Percent of Doses Missed in past Three Months vs Age

Plot of PDM3MTH*QI1. Legend: A = 1 obs, B = 2 obs, etc.



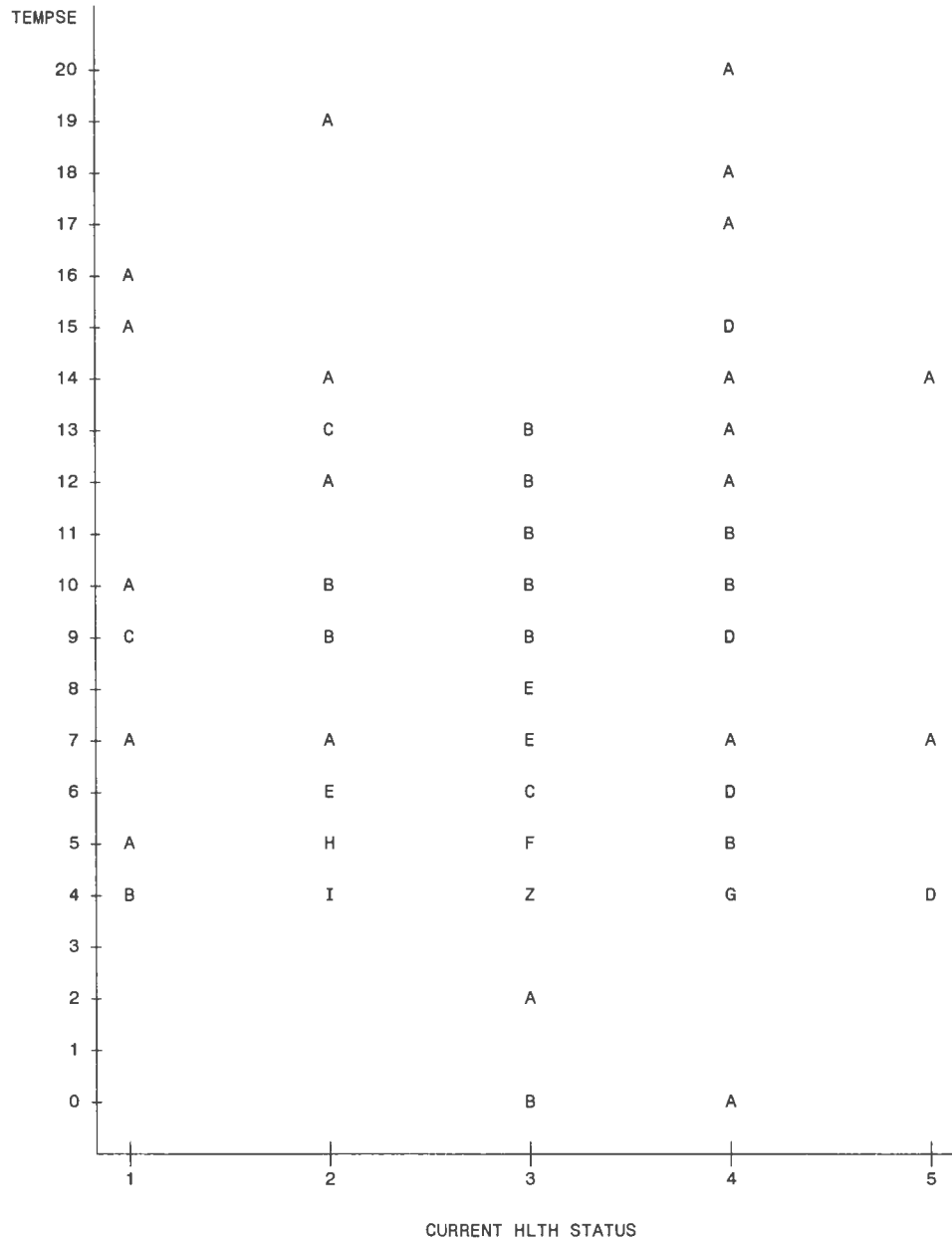
NOTE: 3 obs had missing values.

8. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Current Health Status



9. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Current Health Status

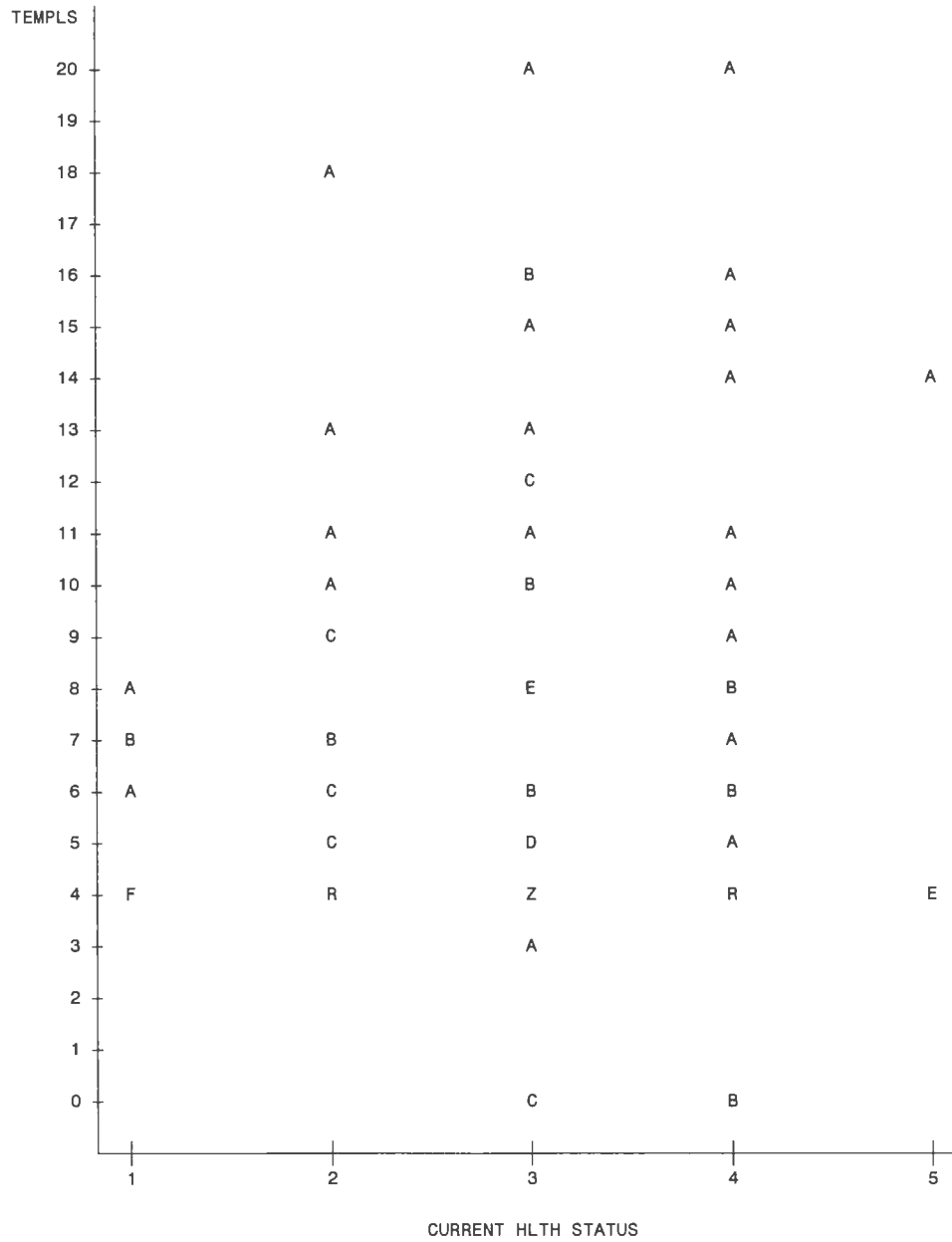
Plot of TEMPSE*QI3. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 3 obs hidden.

10. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Current Health Status

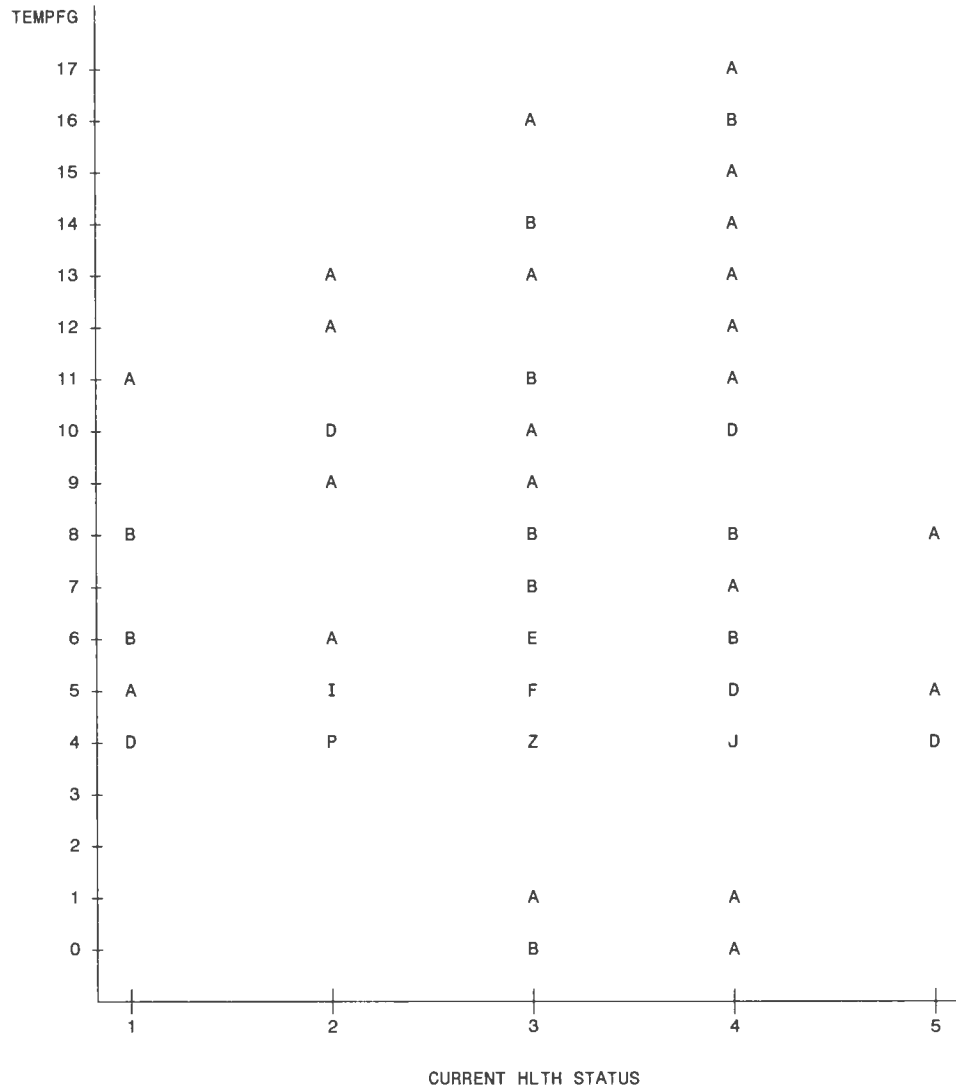
Plot of TEMPLS*QI3. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 9 obs hidden.

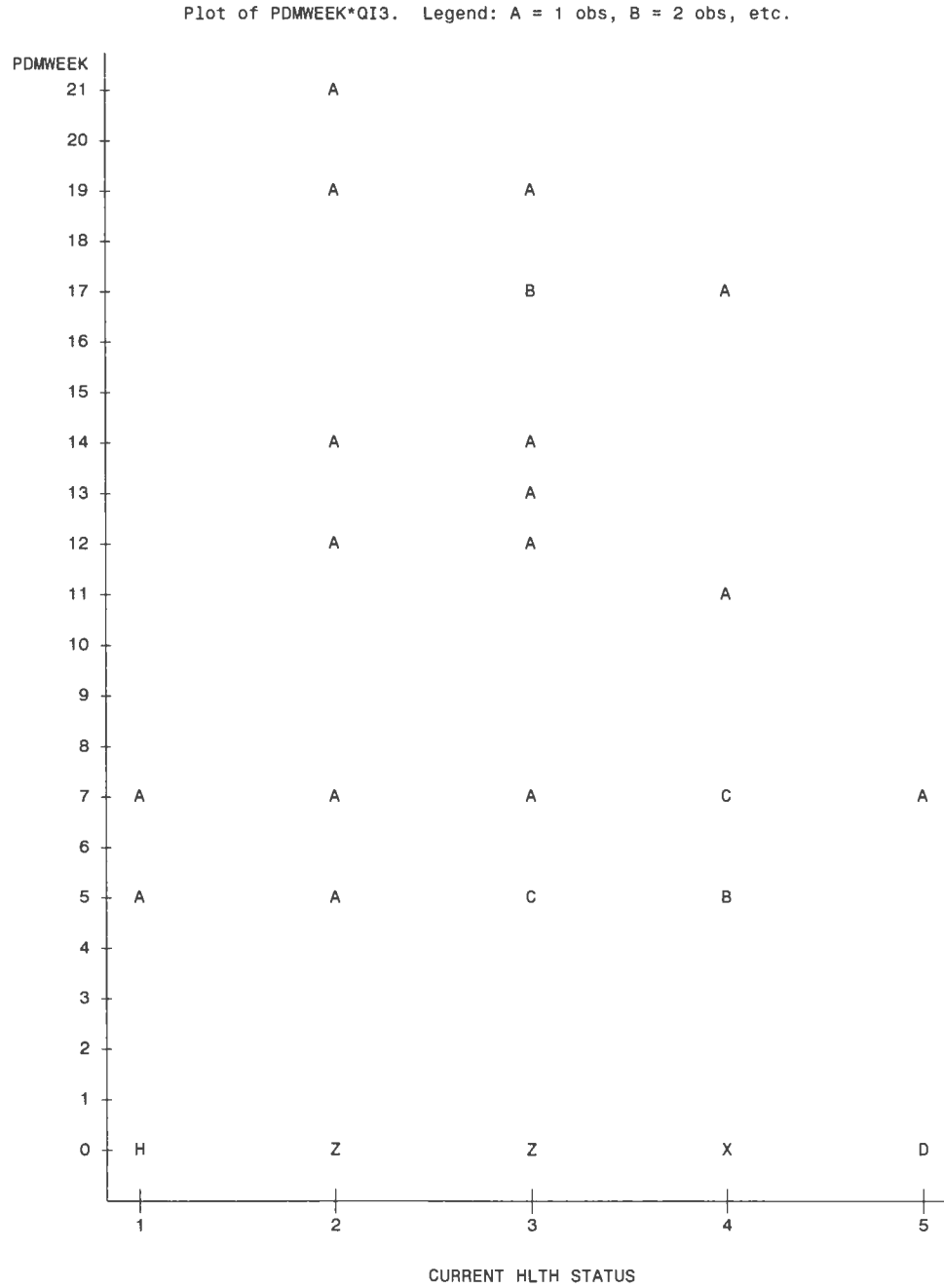
11. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Current Health Status

Plot of TEMPPFG*Q13. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 9 obs hidden.

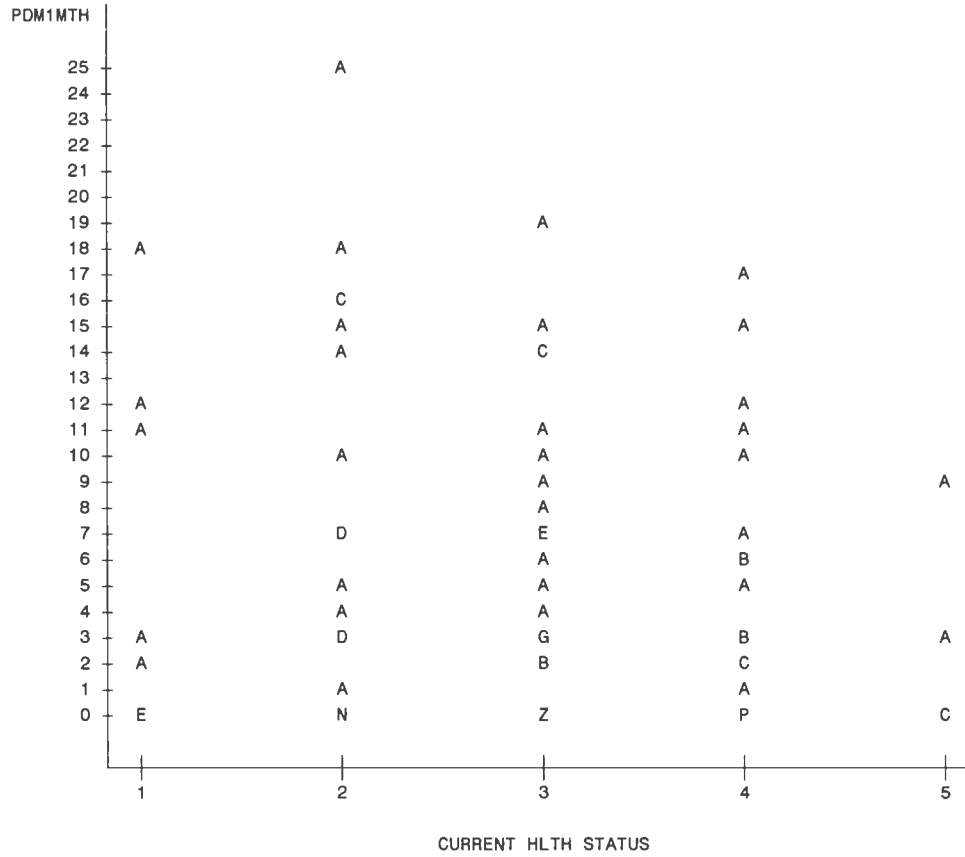
12. Plot of Percent of Doses Missed in the past Week vs Current Health Status



NOTE: 4 obs had missing values. 25 obs hidden.

13. Plot of Percent of Doses Missed in the past Month vs Current Health Status

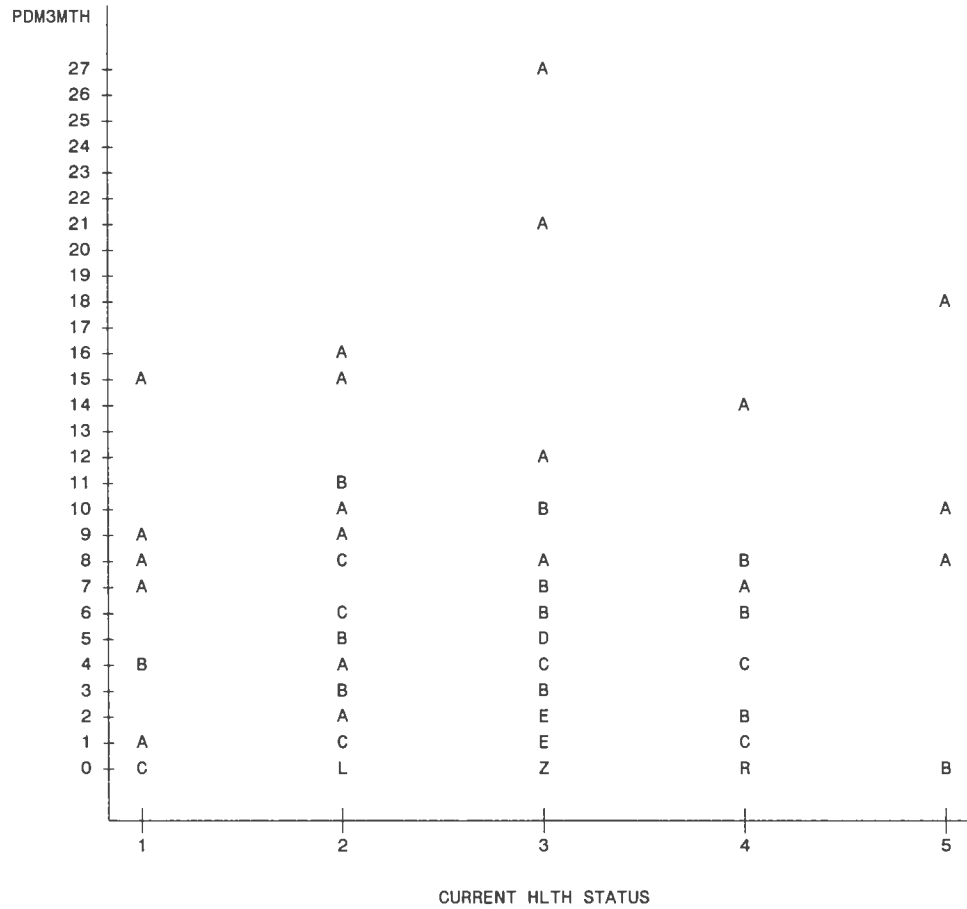
Plot of PDM1MTH*QI3. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 8 obs hidden.

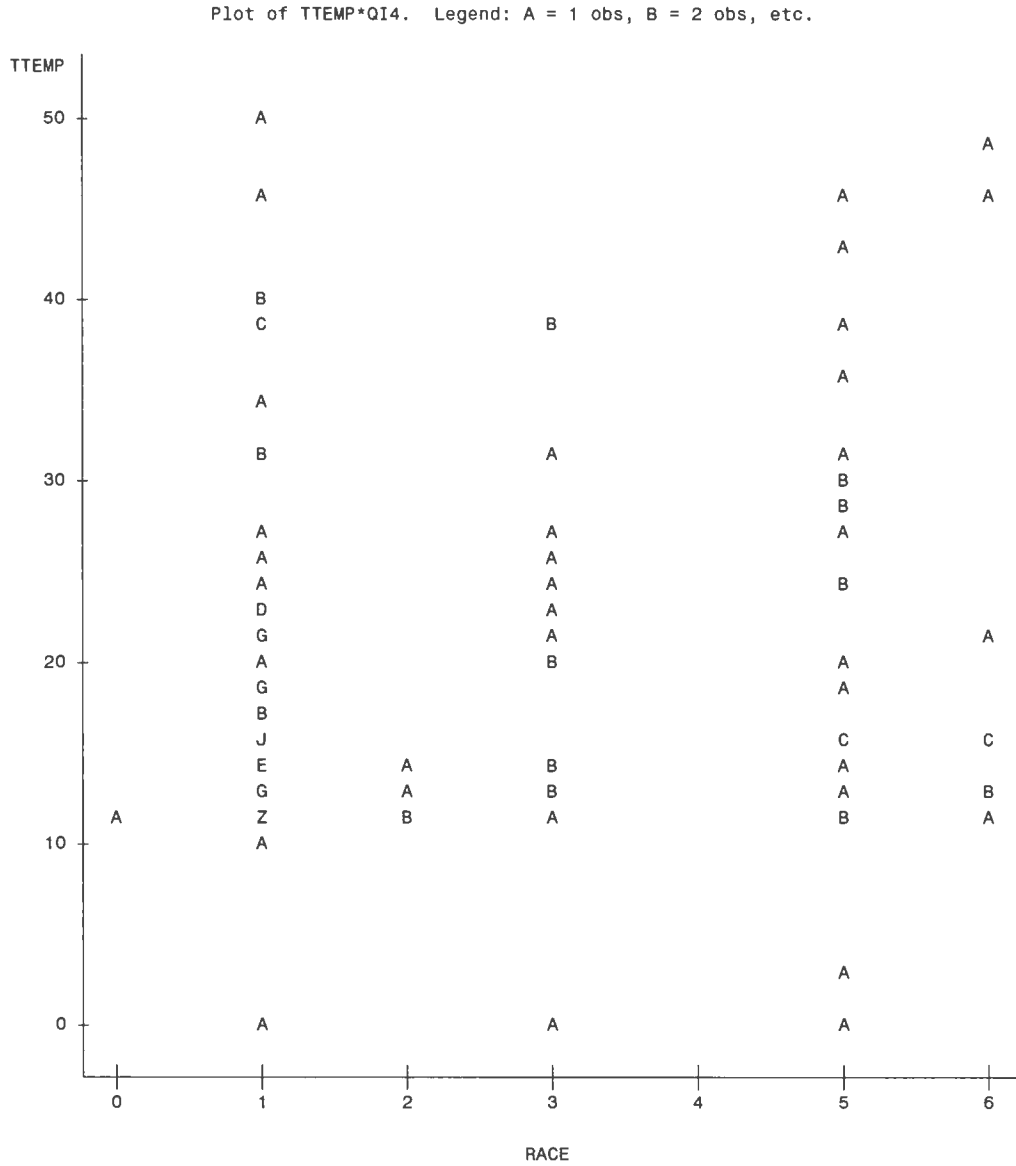
14. Plot of Percent of Doses Missed in the past Three Months vs Current Health Status

Plot of PDM3MTH*QI3. Legend: A = 1 obs, B = 2 obs, etc.



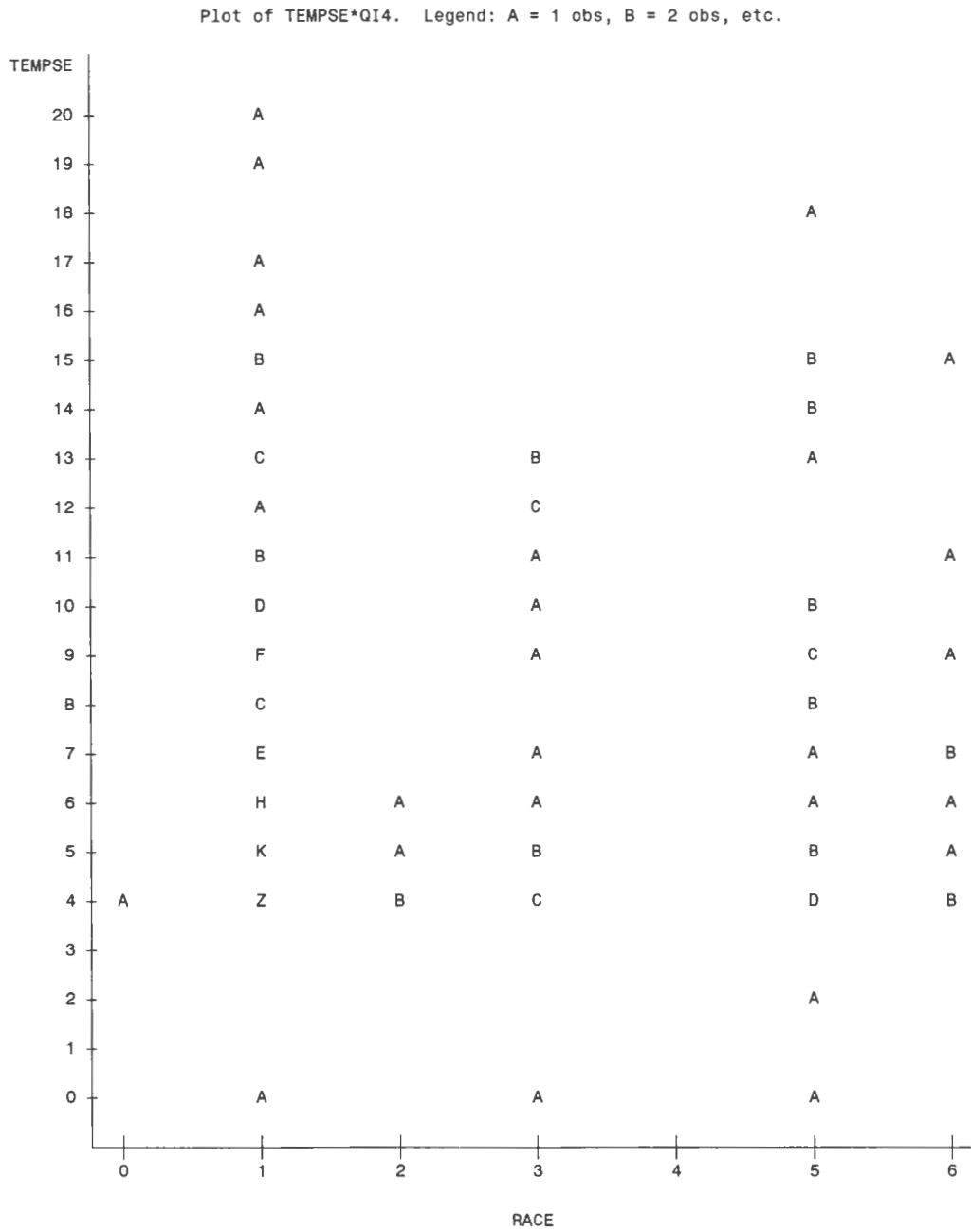
NOTE: 3 obs had missing values. 5 obs hidden.

15. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Race



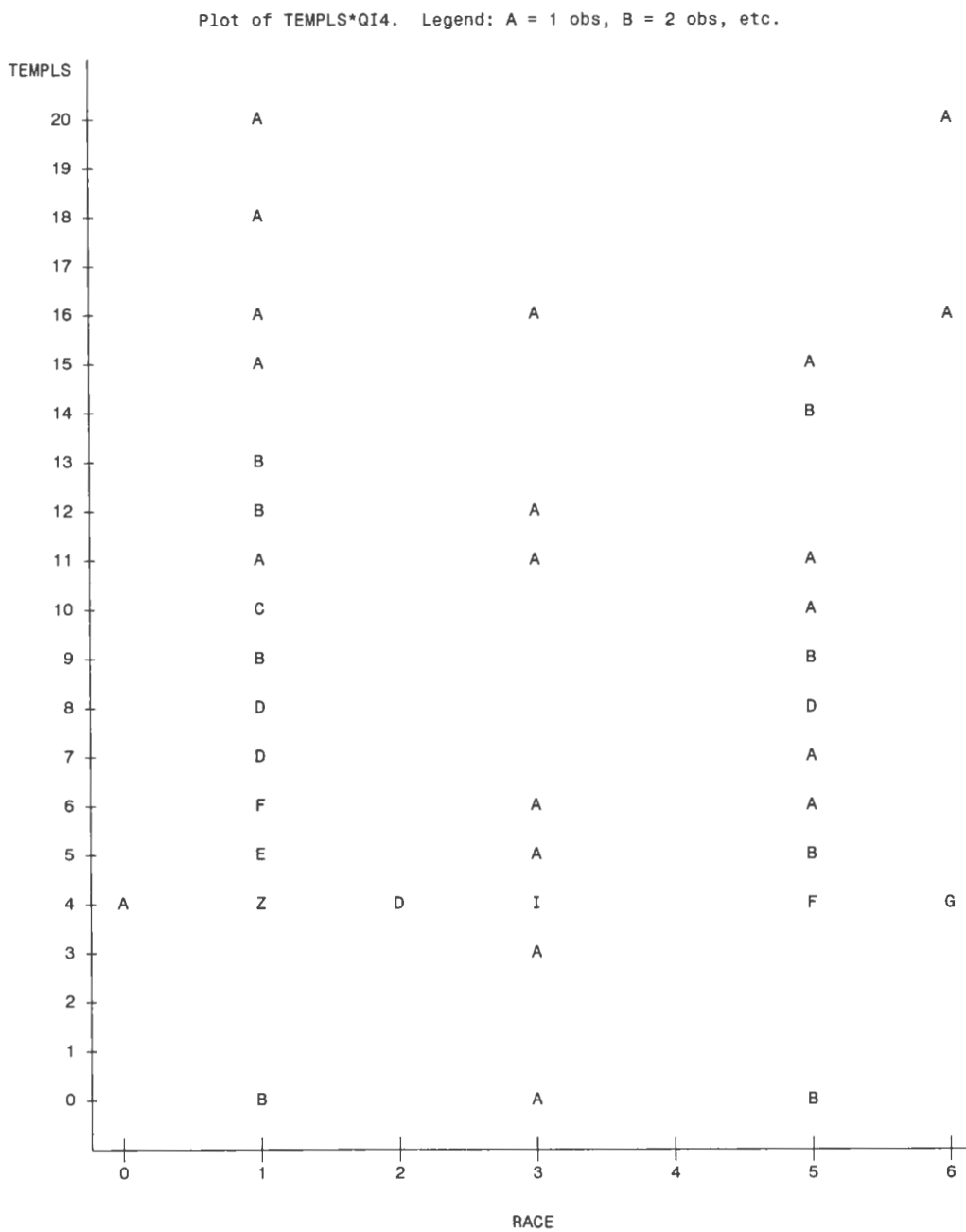
NOTE: 6 obs hidden.

16. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Race



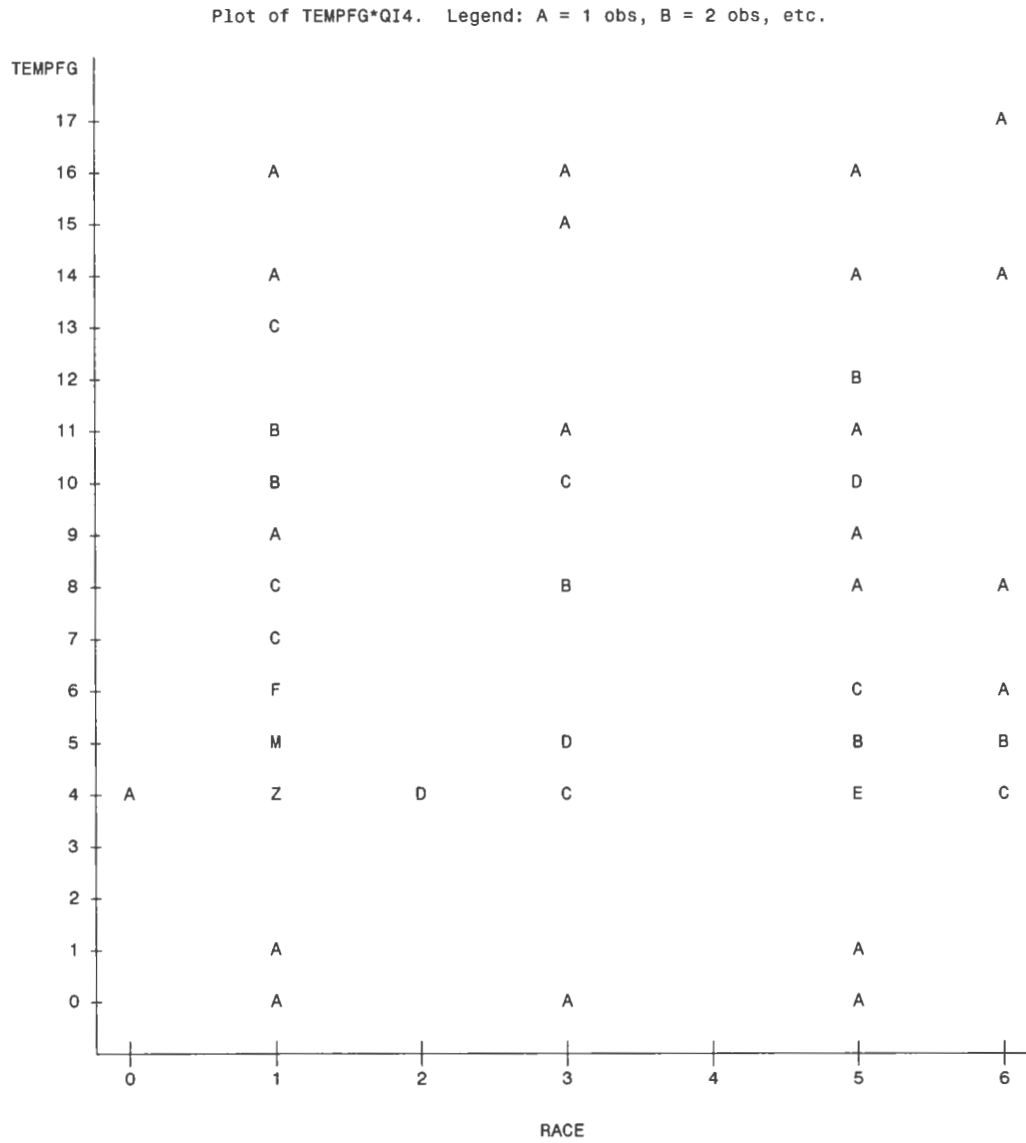
NOTE: 13 obs hidden.

17. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Race



NOTE: 29 obs hidden.

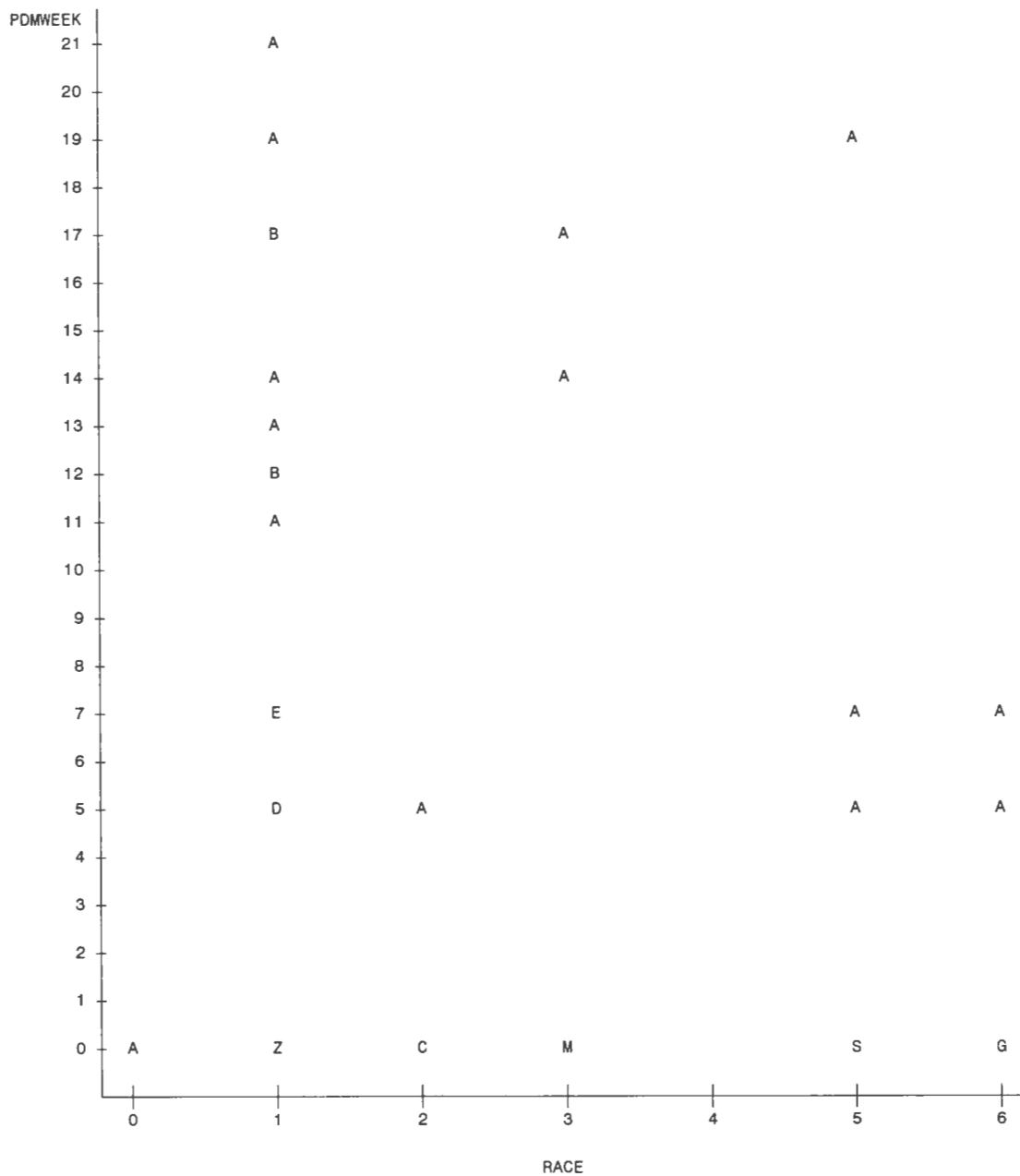
18. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Race



NOTE: 27 obs hidden.

19. Plot of Percent of Doses Missed in the past Week vs Race

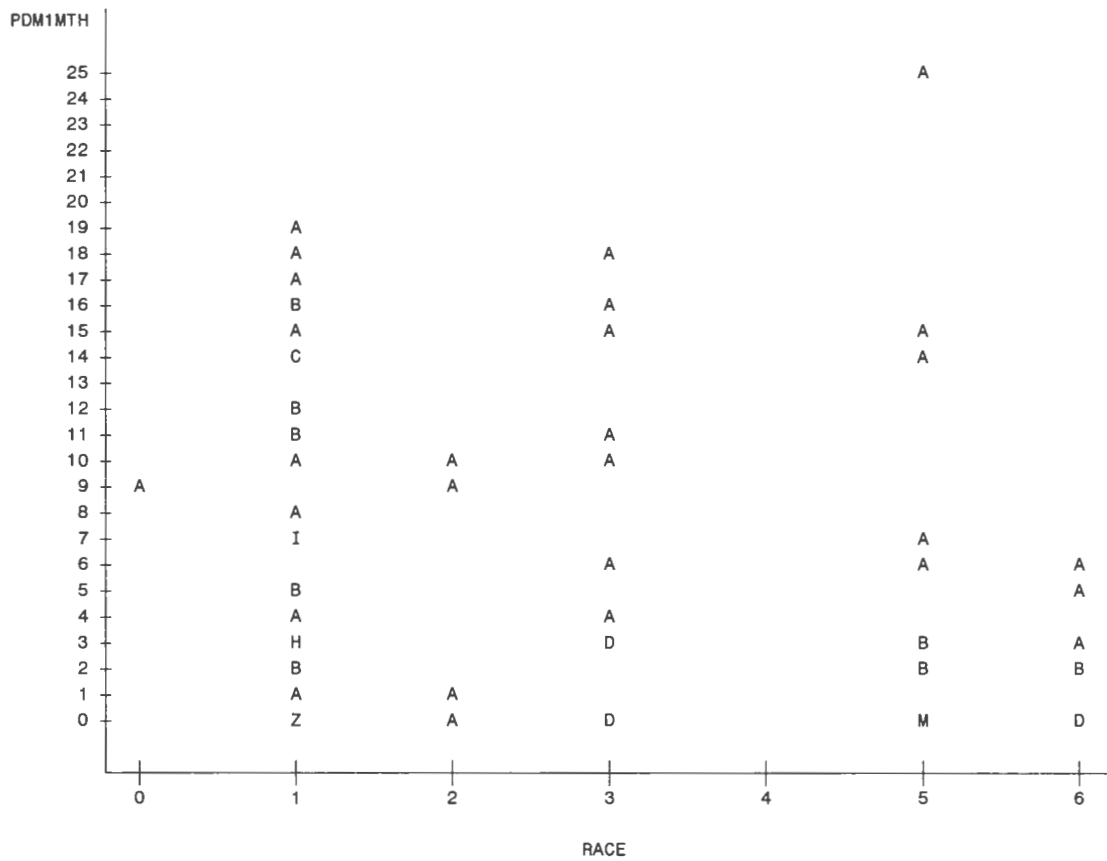
Plot of PDMWEEK*QI4. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 44 obs hidden.

20. Plot of Percent of Doses Missed in the past Month vs Race

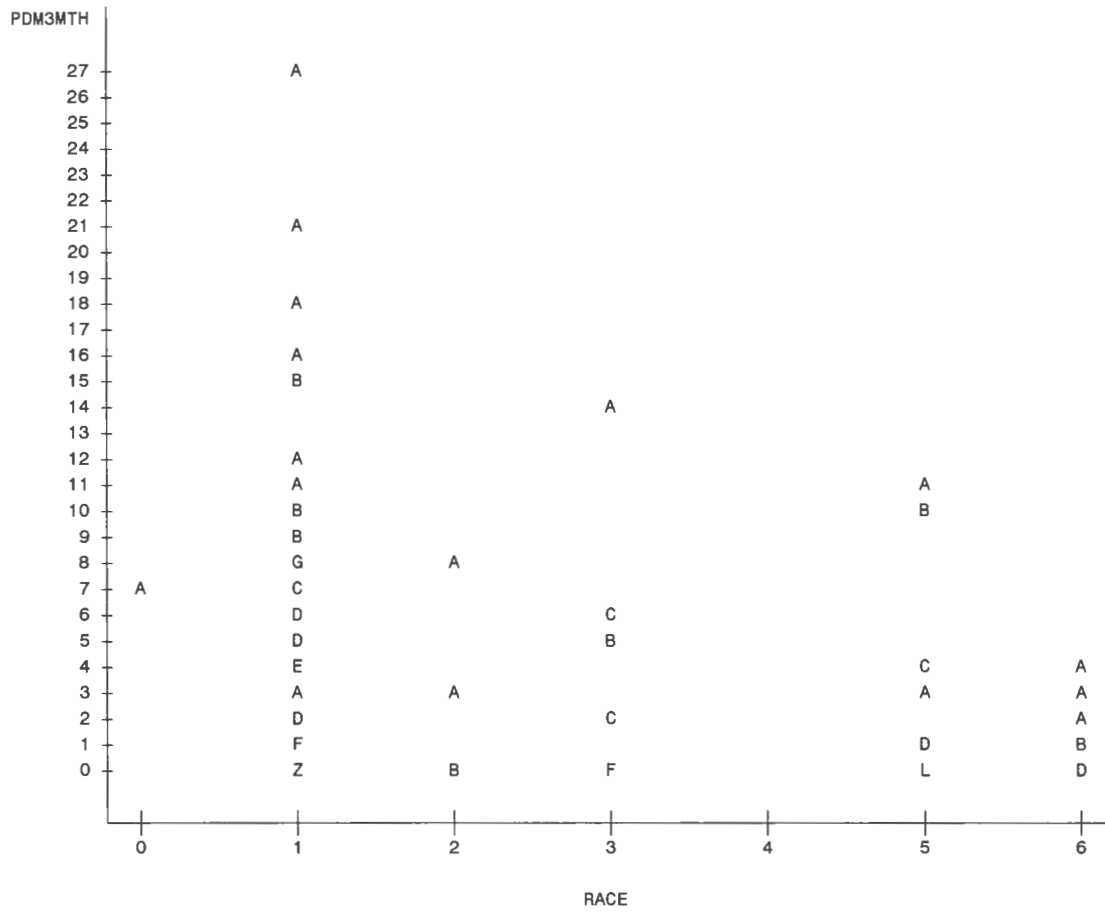
Plot of PDM1MTH*QI4. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 24 obs hidden.

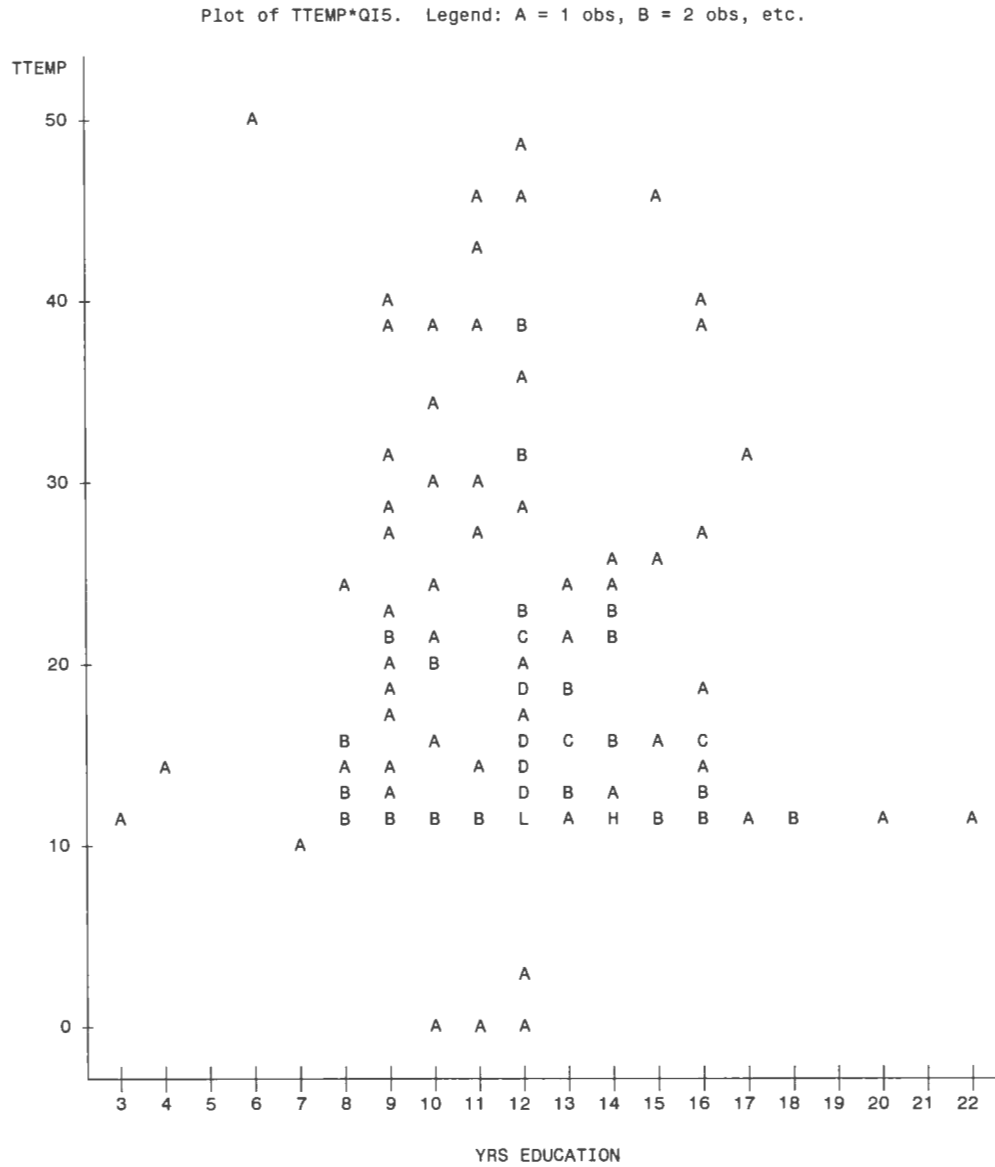
21. Plot of Percent of Doses Missed in the past Three Months vs Race

Plot of PDM3MTH*QI4. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 3 obs had missing values. 16 obs hidden.

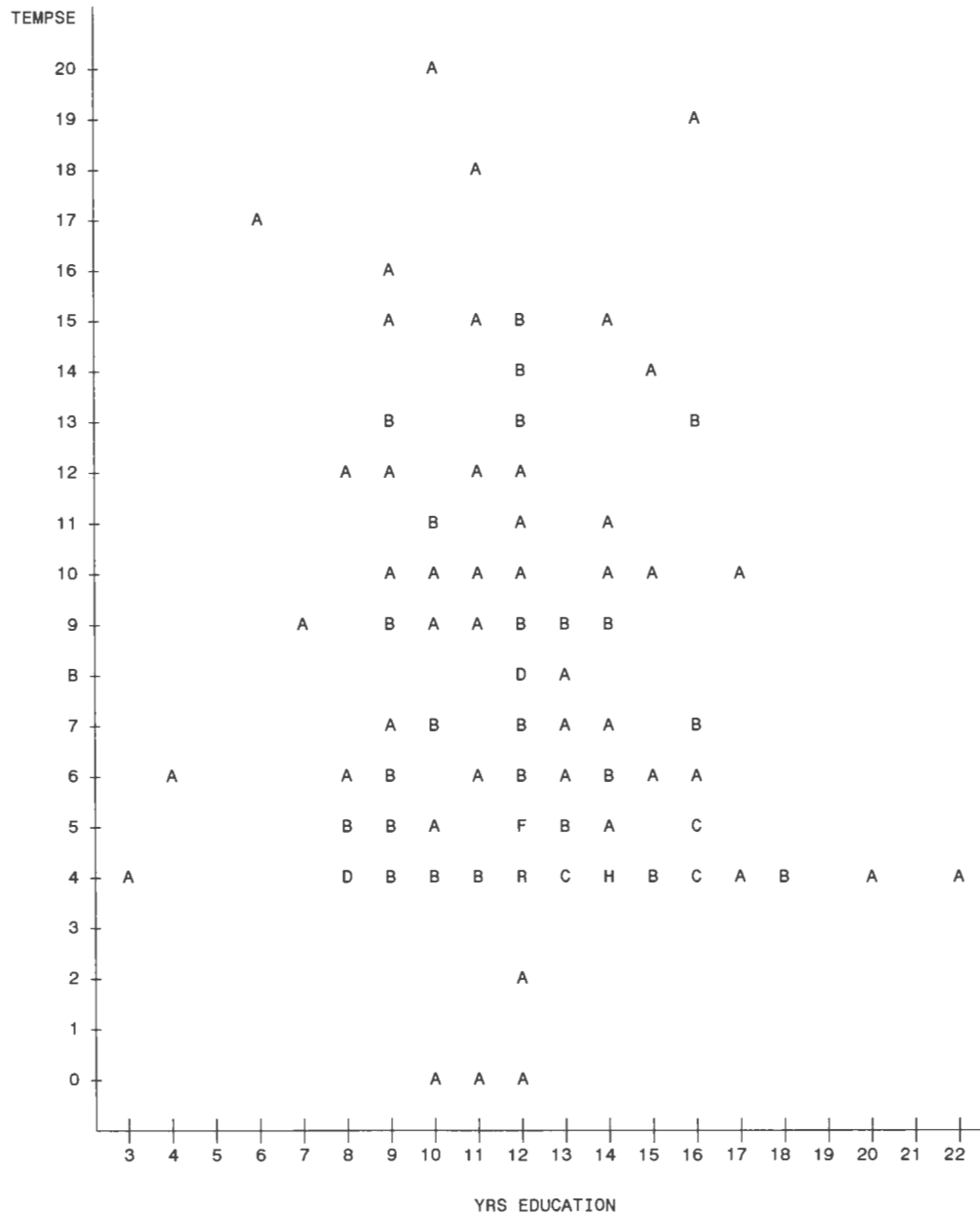
22. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Years of Education



NOTE: 1 obs had missing values.

23. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Years of Education

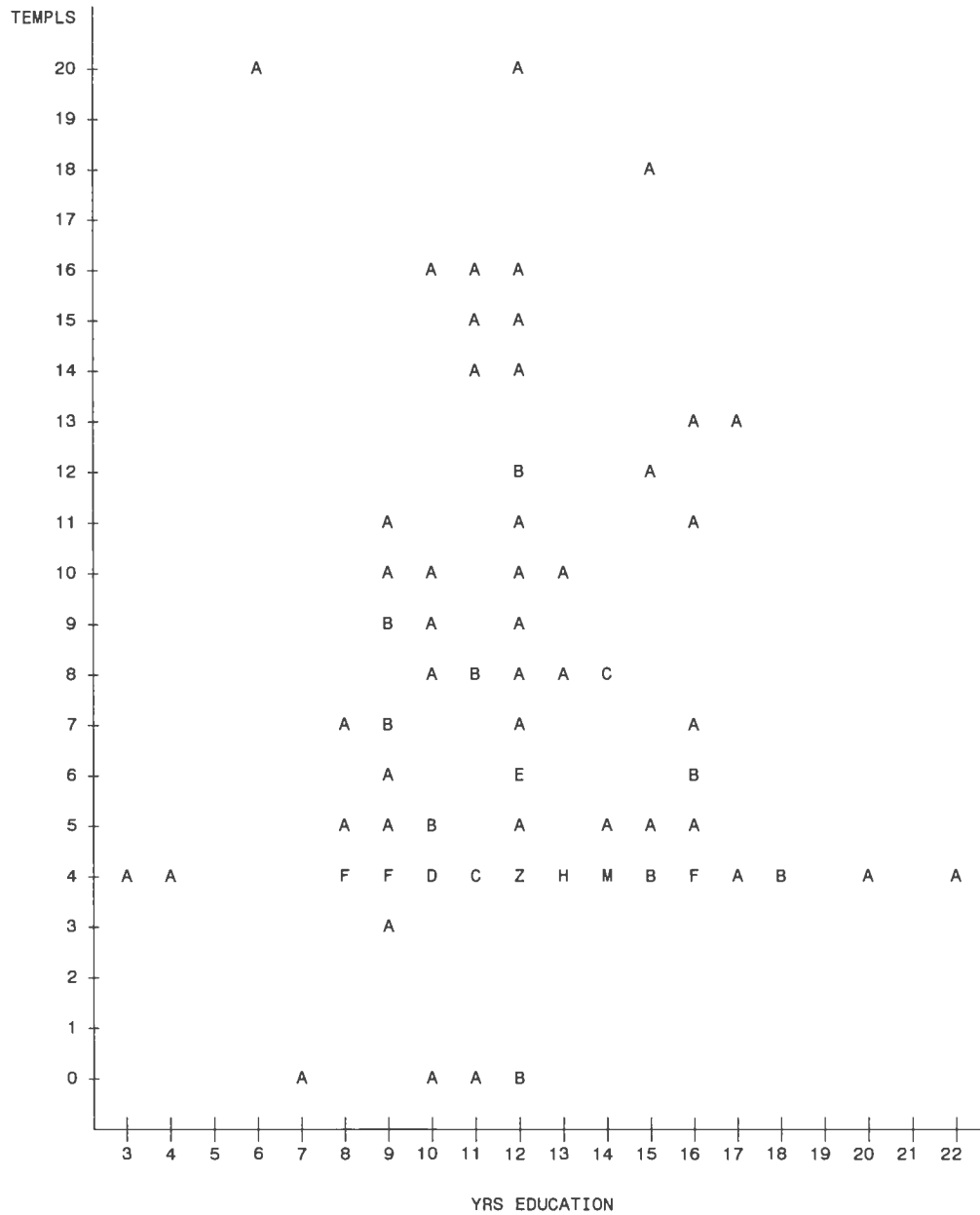
Plot of TEMPSE*QI5. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 1 obs had missing values.

24. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Years of Education

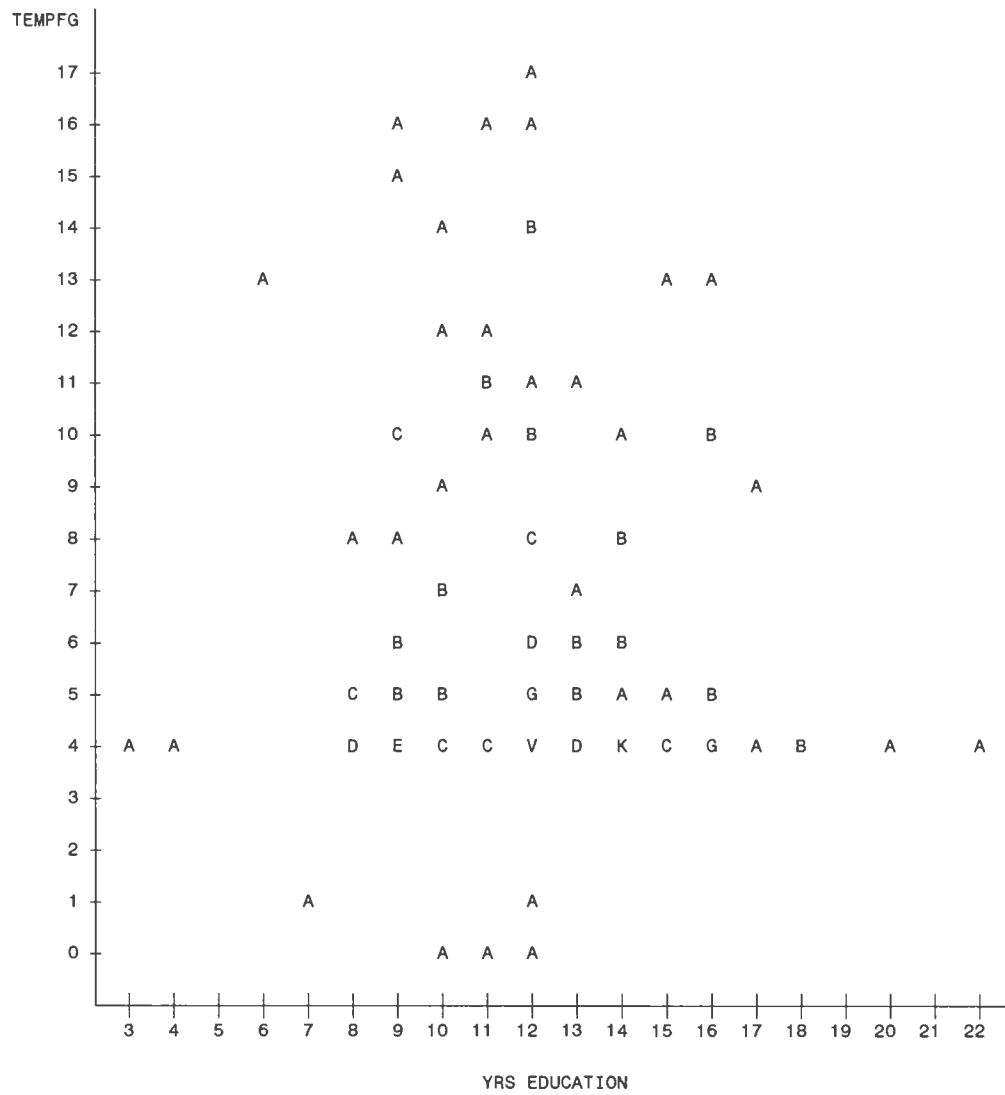
Plot of TEMPLS*QI15. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 1 obs had missing values.

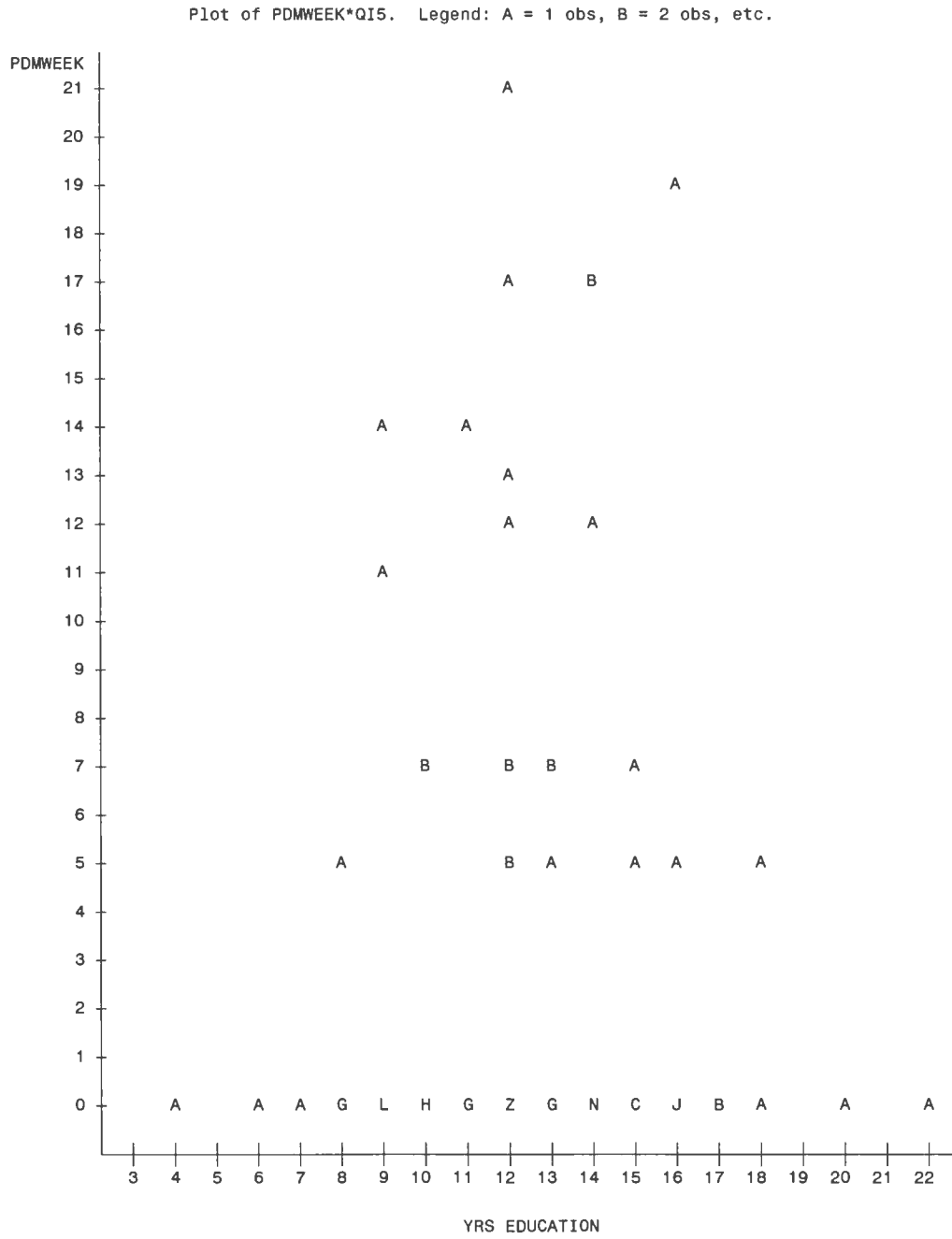
25. Plot of Temptation to Skip Antiretroviral Medication on the Feeling good Scale vs Years of Education

Plot of TEMPPFG*Q15. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 1 obs had missing values.

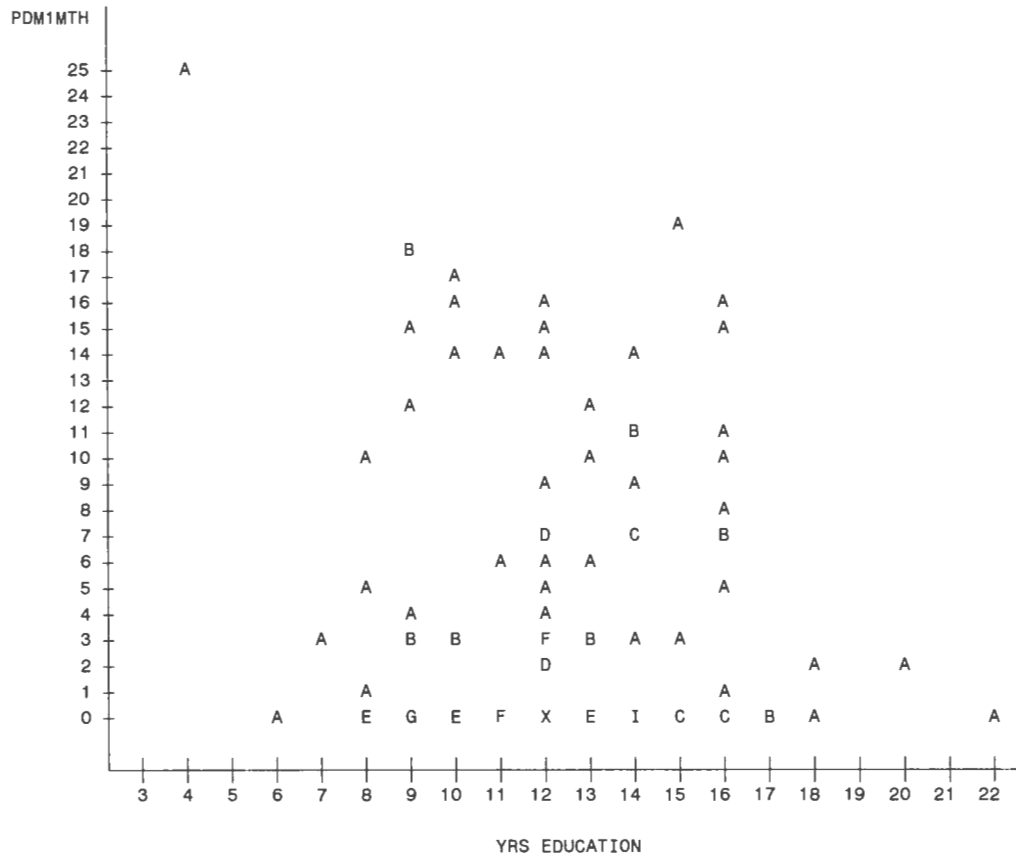
26. Plot of Percent of Doses Missed in the past Week vs Years of Education



NOTE: 5 obs had missing values. 11 obs hidden.

27. Plot of Percent of Doses Missed in the past Month vs Years of Education

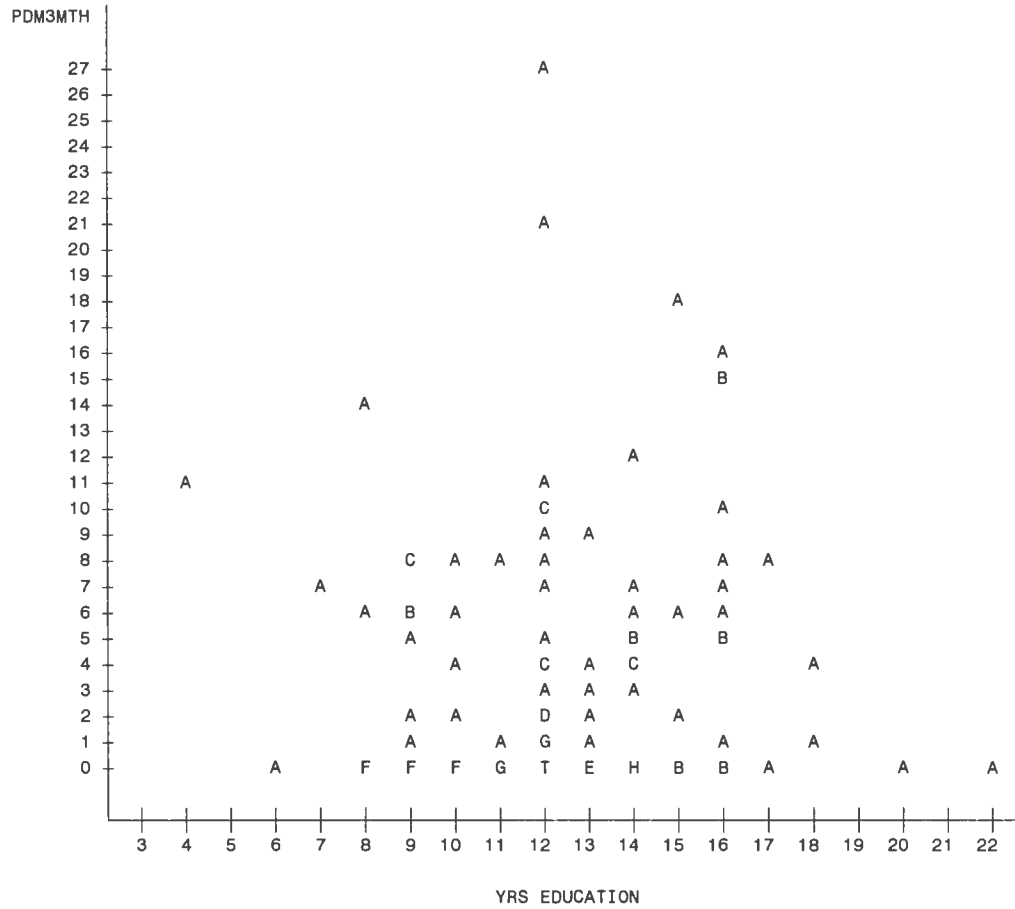
Plot of PDM1MTH*QI5. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 5 obs had missing values.

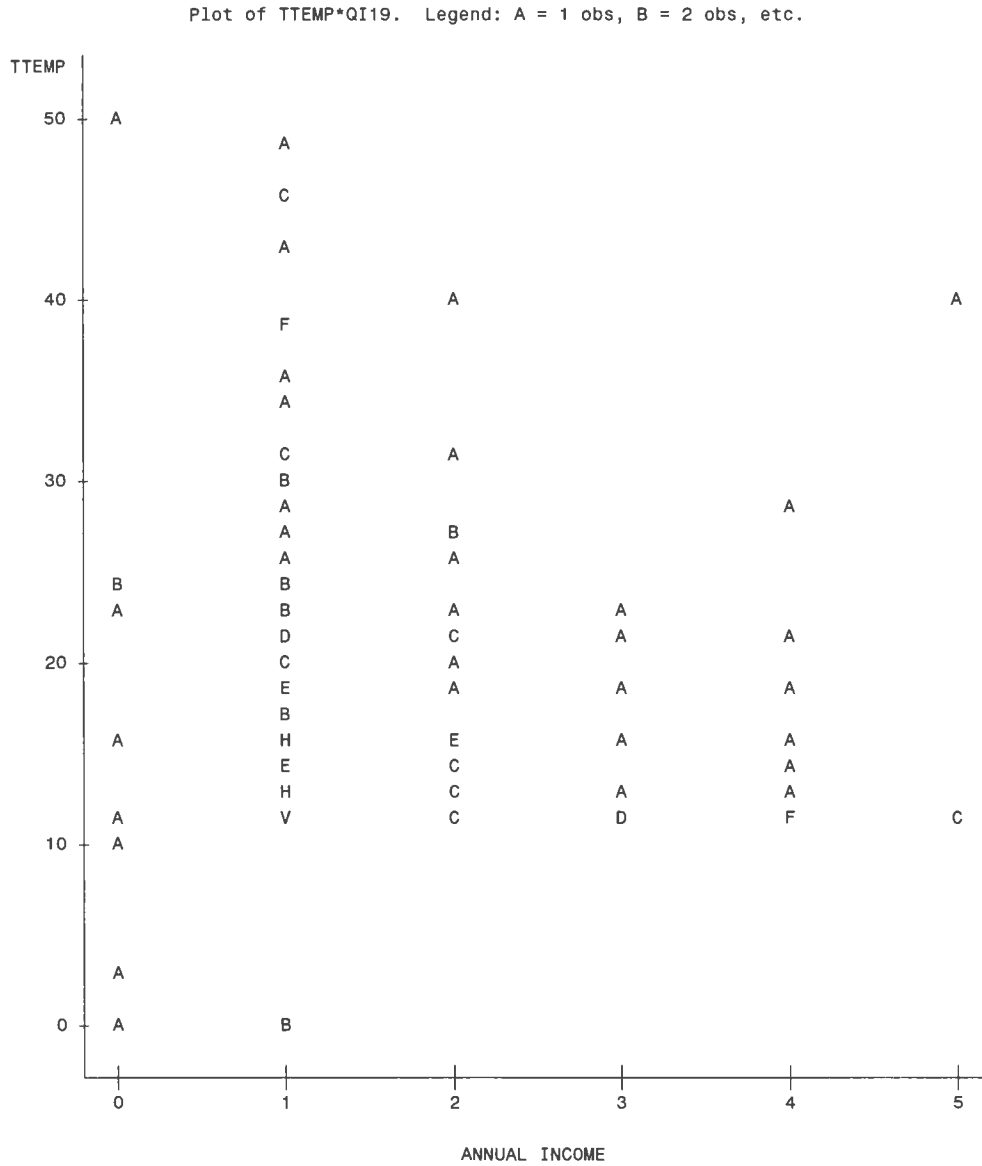
28. Plot of Percent of Doses Missed in past Three Months vs Years of Education

Plot of PDM3MTH*QI5. Legend: A = 1 obs, B = 2 obs, etc.



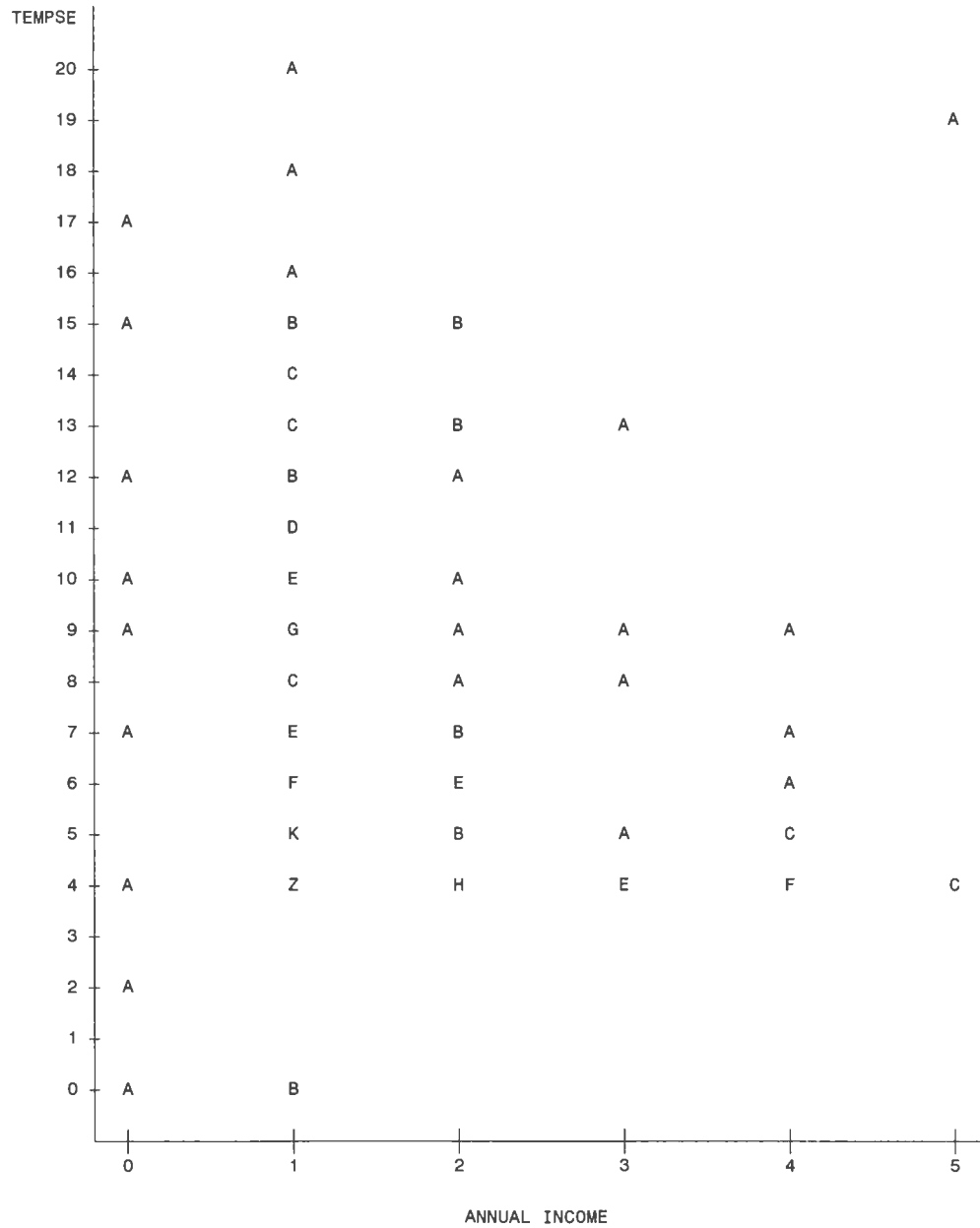
NOTE: 4 obs had missing values.

29. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Annual Income



30. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Annual Income

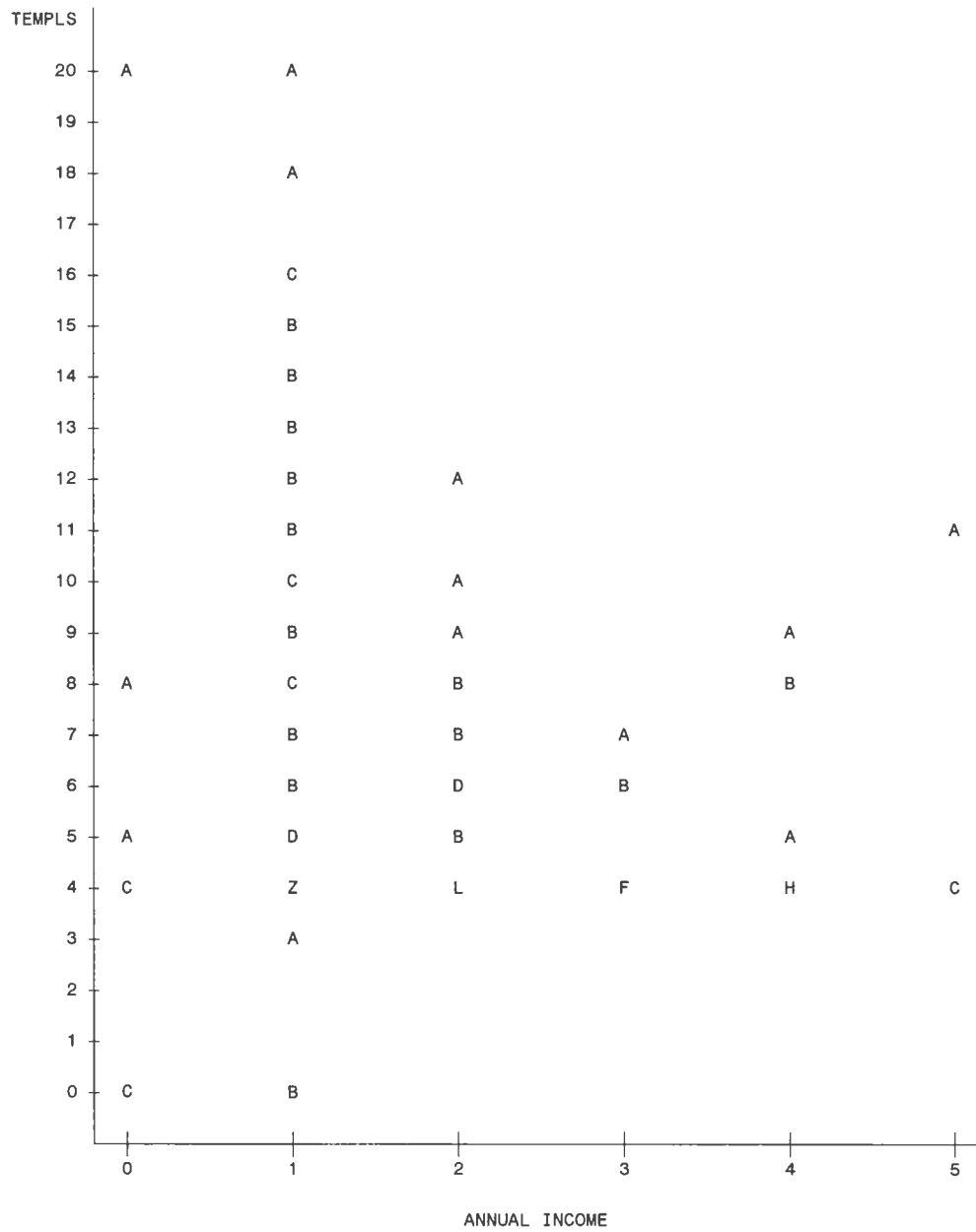
Plot of TEMPSE*QI19. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 2 obs hidden.

31. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Annual Income

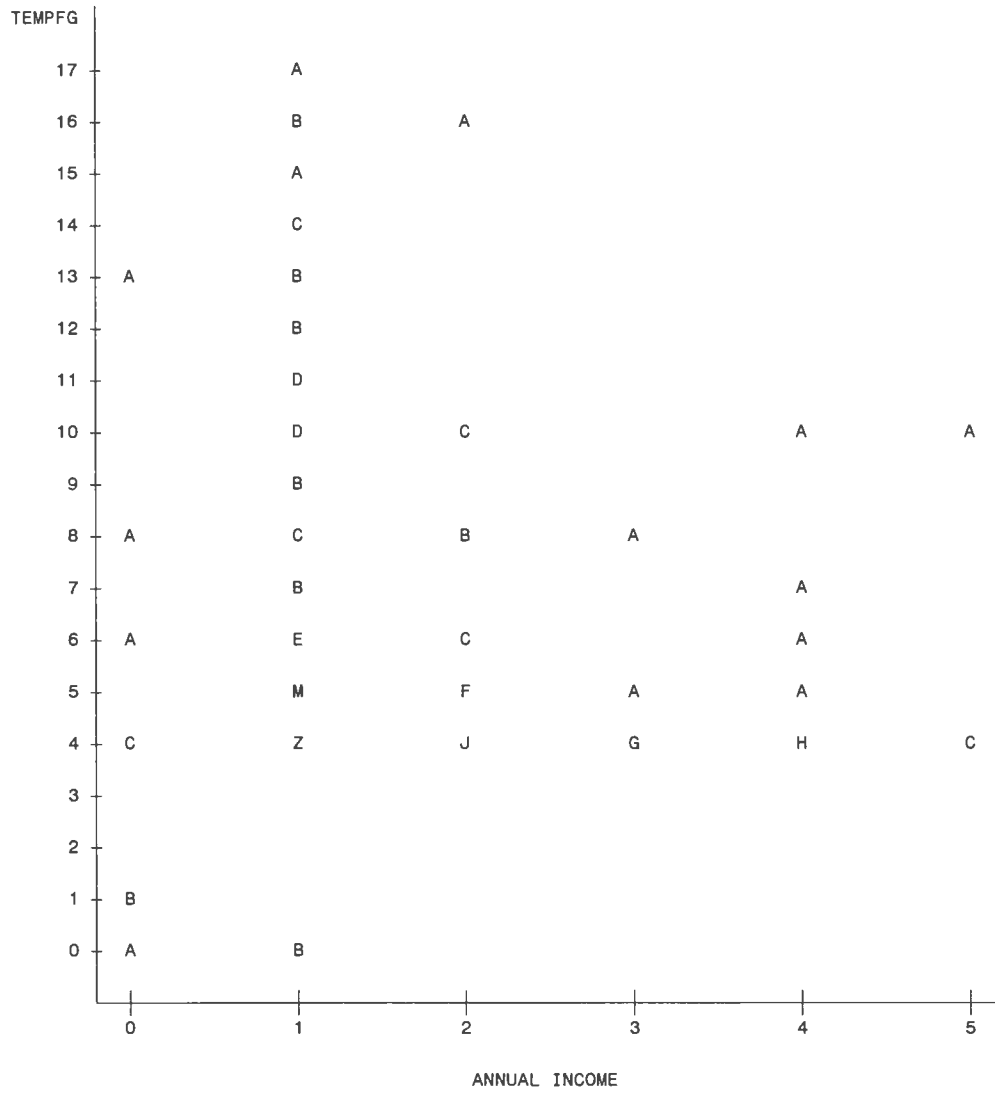
Plot of TEMPLS*QI19. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 24 obs hidden.

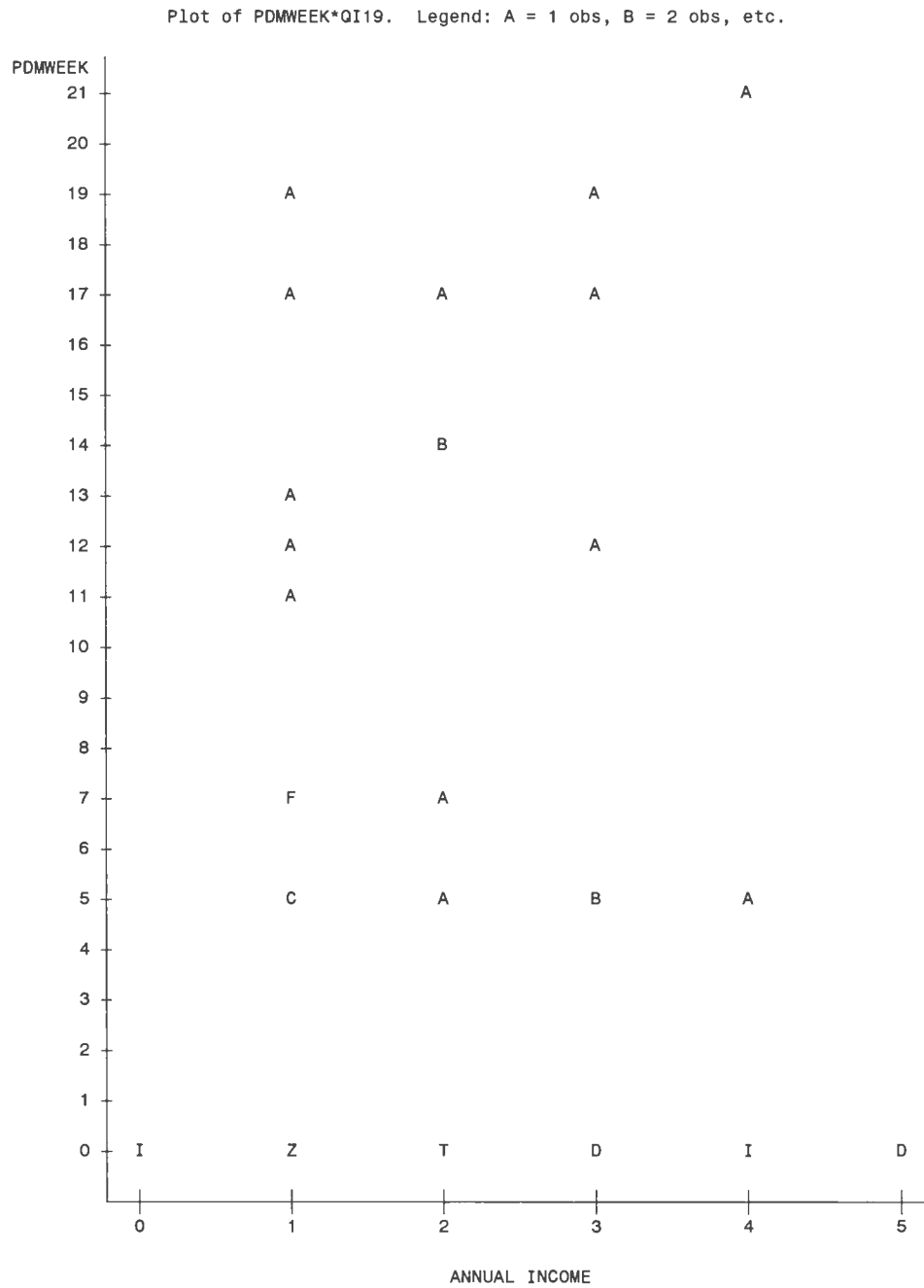
32. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Annual Income

Plot of TEMPFG*QI19. Legend: A = 1 obs, B = 2 obs, etc.



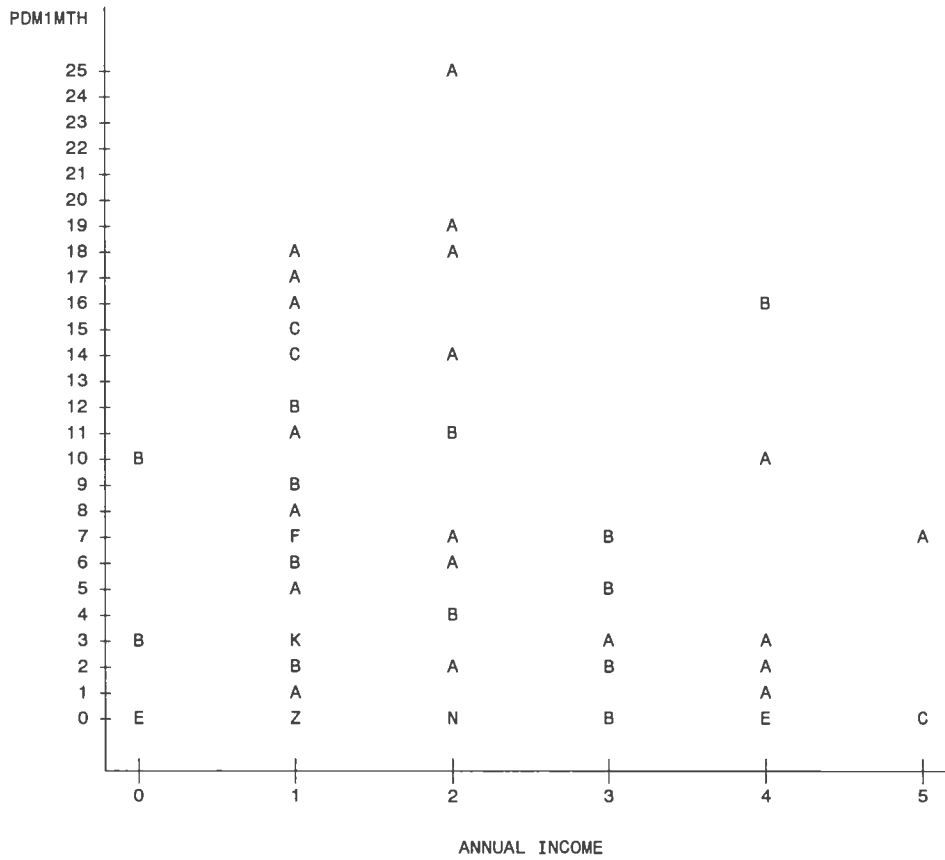
NOTE: 12 obs hidden.

33. Plot of Percent of Doses Missed in the past Week vs Annual Income



34. Plot of Percent of Doses Missed in the past Month vs Annual Income

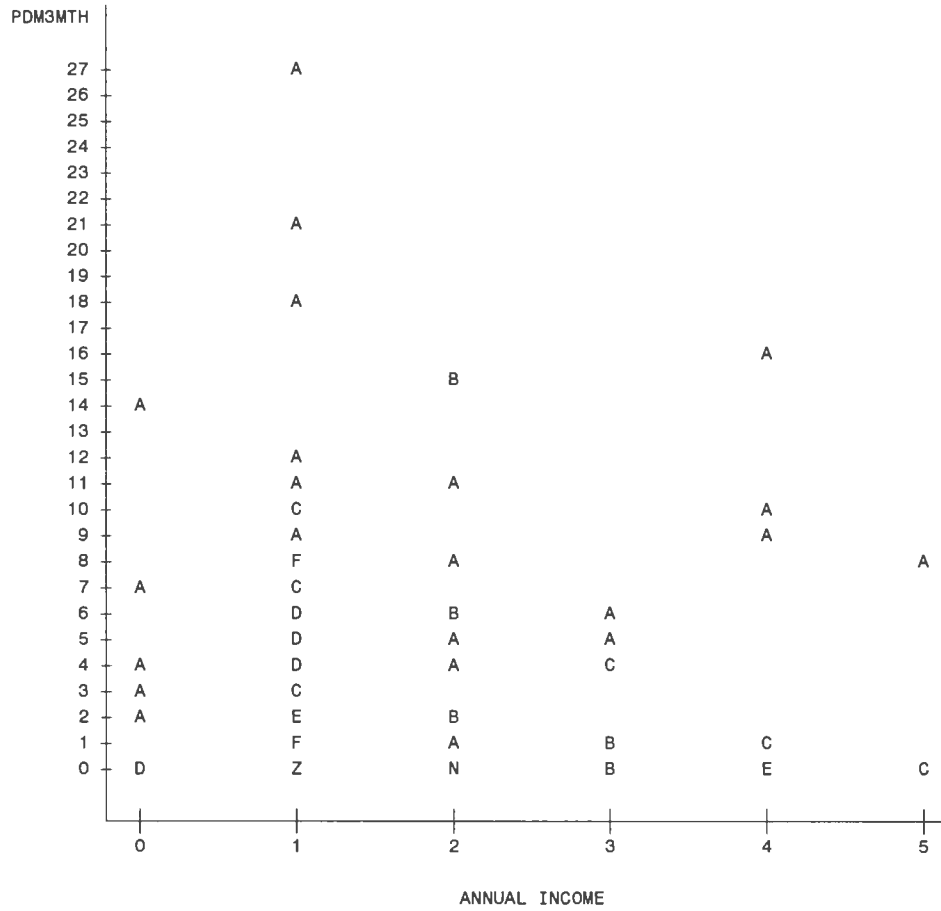
Plot of PDM1MTH*QI19. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 17 obs hidden.

35. Plot of Percent of Doses Missed in past Three Months vs Annual Income

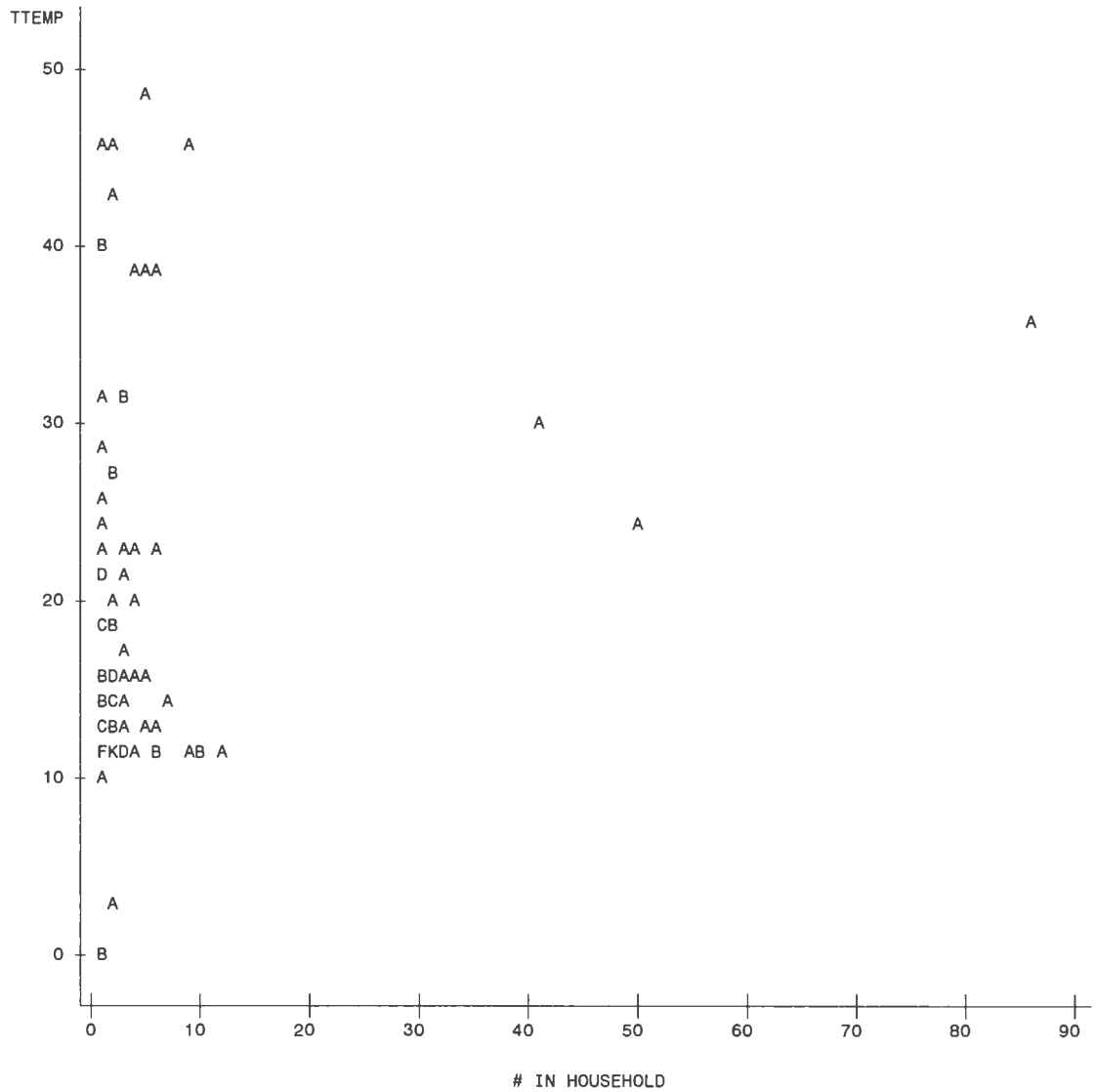
Plot of PDM3MTH*QI19. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 3 obs had missing values. 12 obs hidden.

36. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Persons in Household

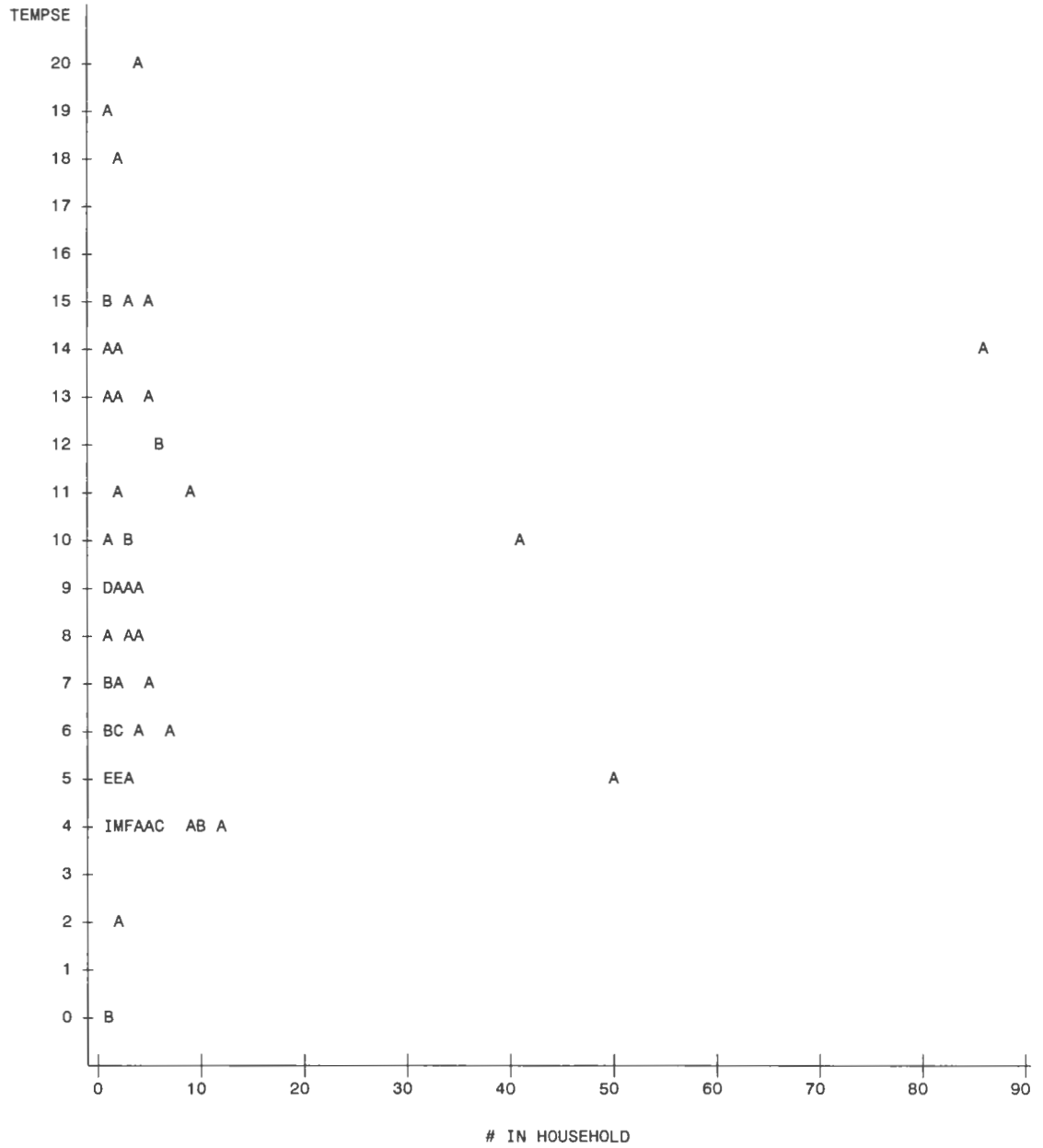
Plot of TTEMP*QI8. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 49 obs had missing values.

37. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Persons in Household

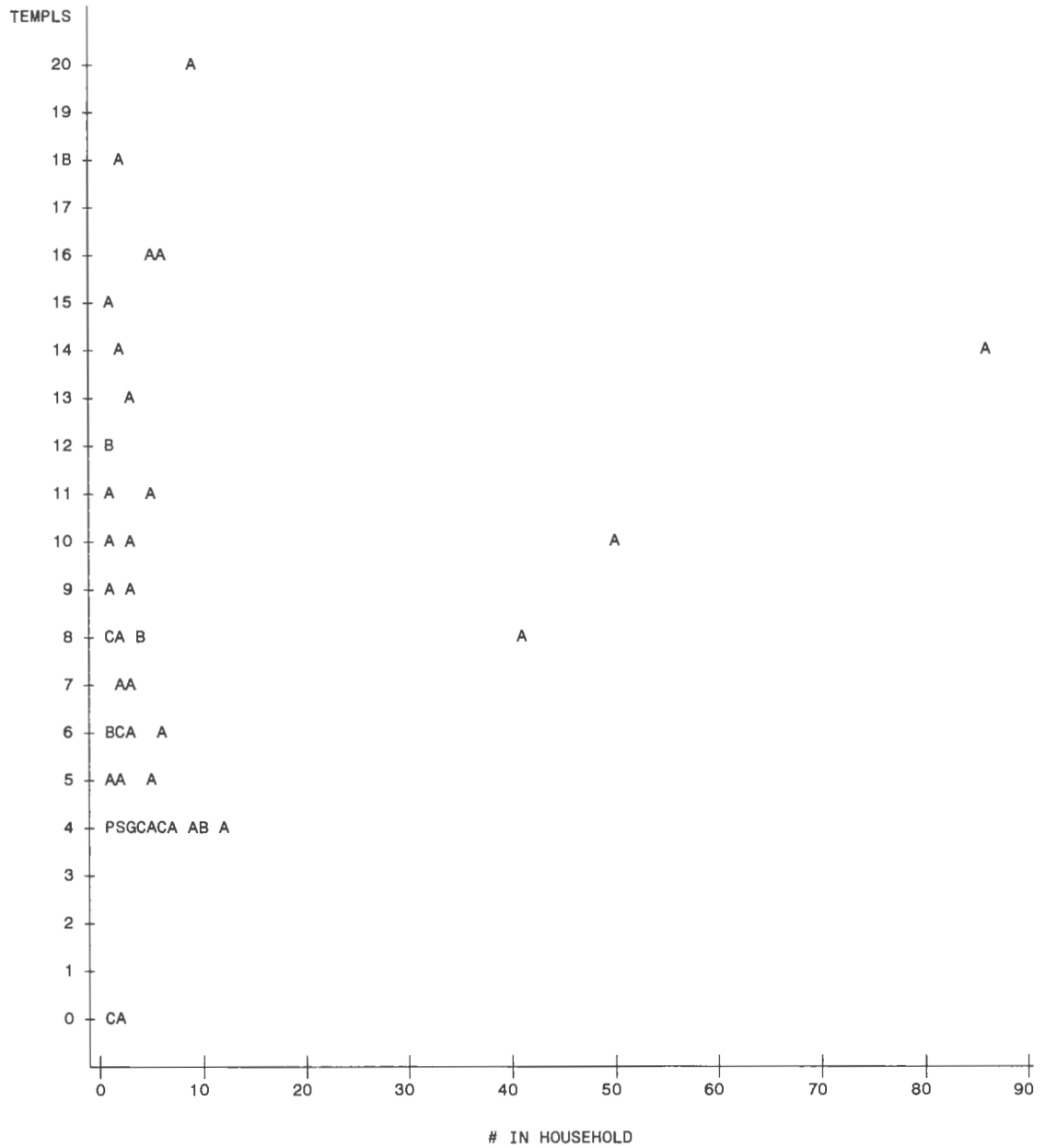
Plot of TEMPSE*QI8. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 49 obs had missing values.

38. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Persons in Household

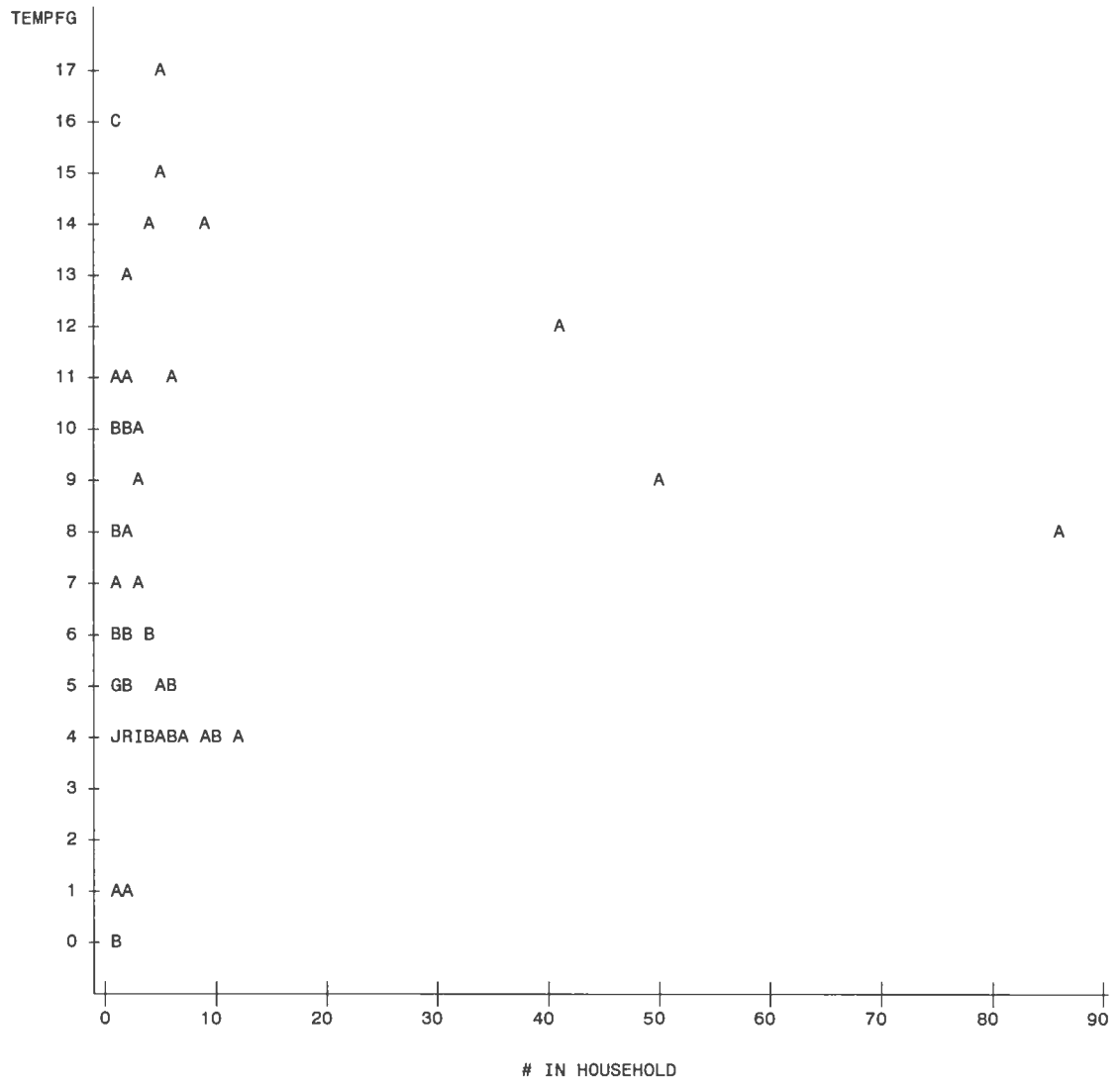
Plot of TEMPLS*QI8. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 49 obs had missing values.

39. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Persons in Household

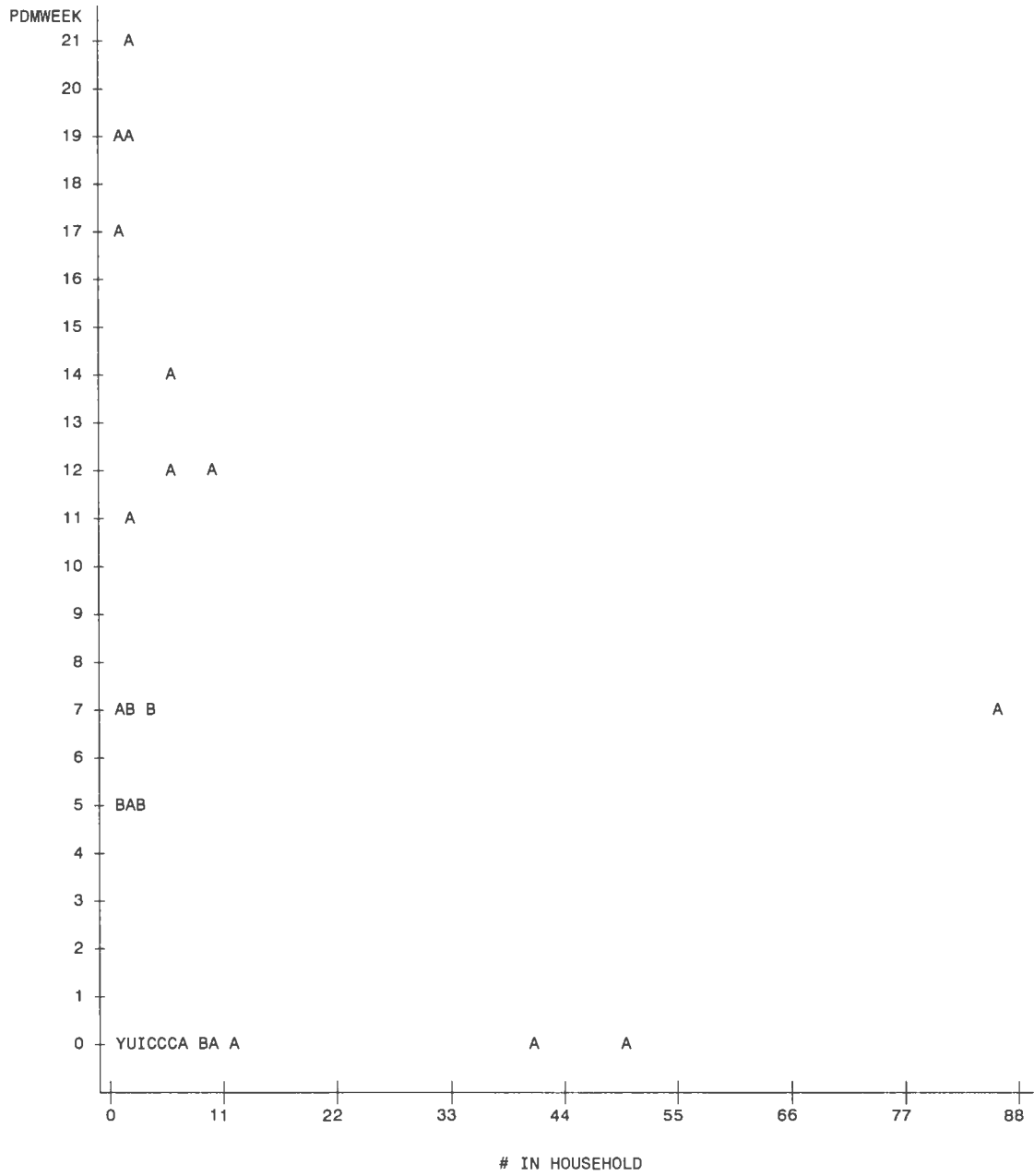
Plot of TEMPFG*QI8. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 49 obs had missing values.

40. Plot of Percent of Doses Missed in the past Week vs Persons in Household

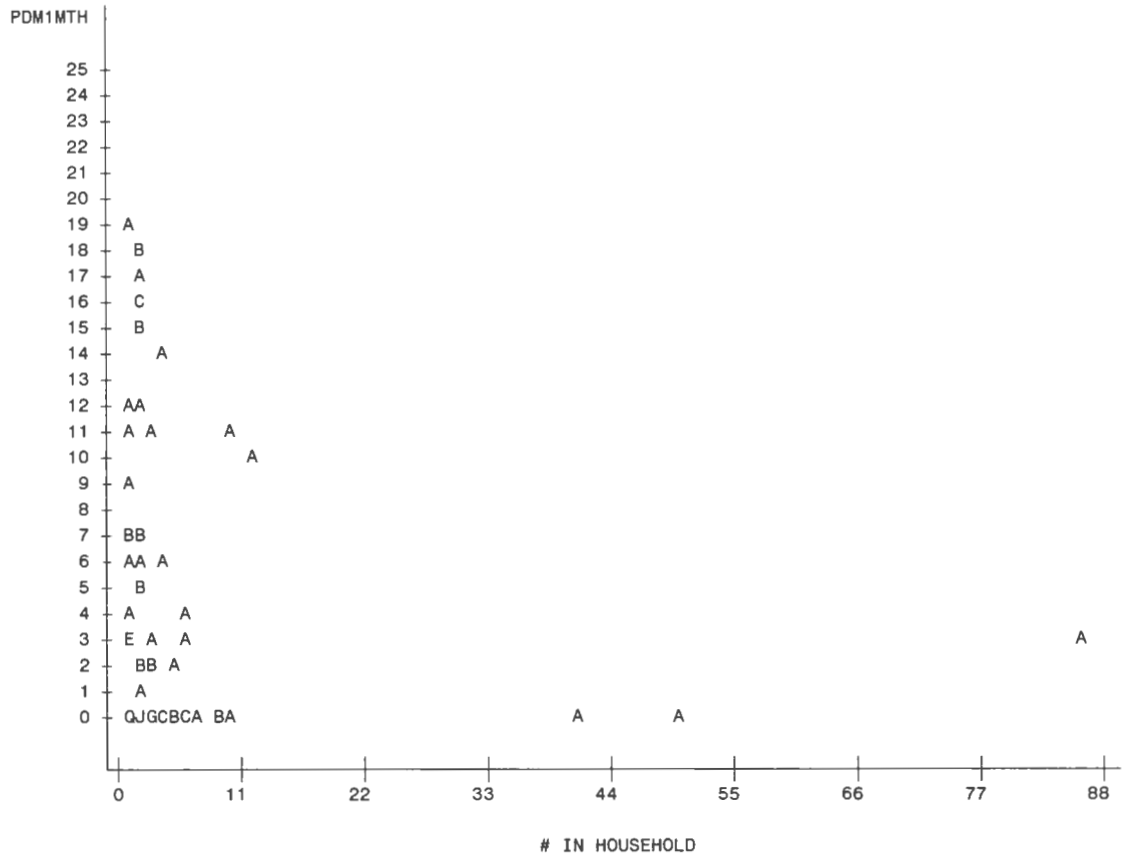
Plot of PDMWEEK*QI8. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 53 obs had missing values.

41. Plot of Percent of Doses Missed in the past Month vs Persons in Household

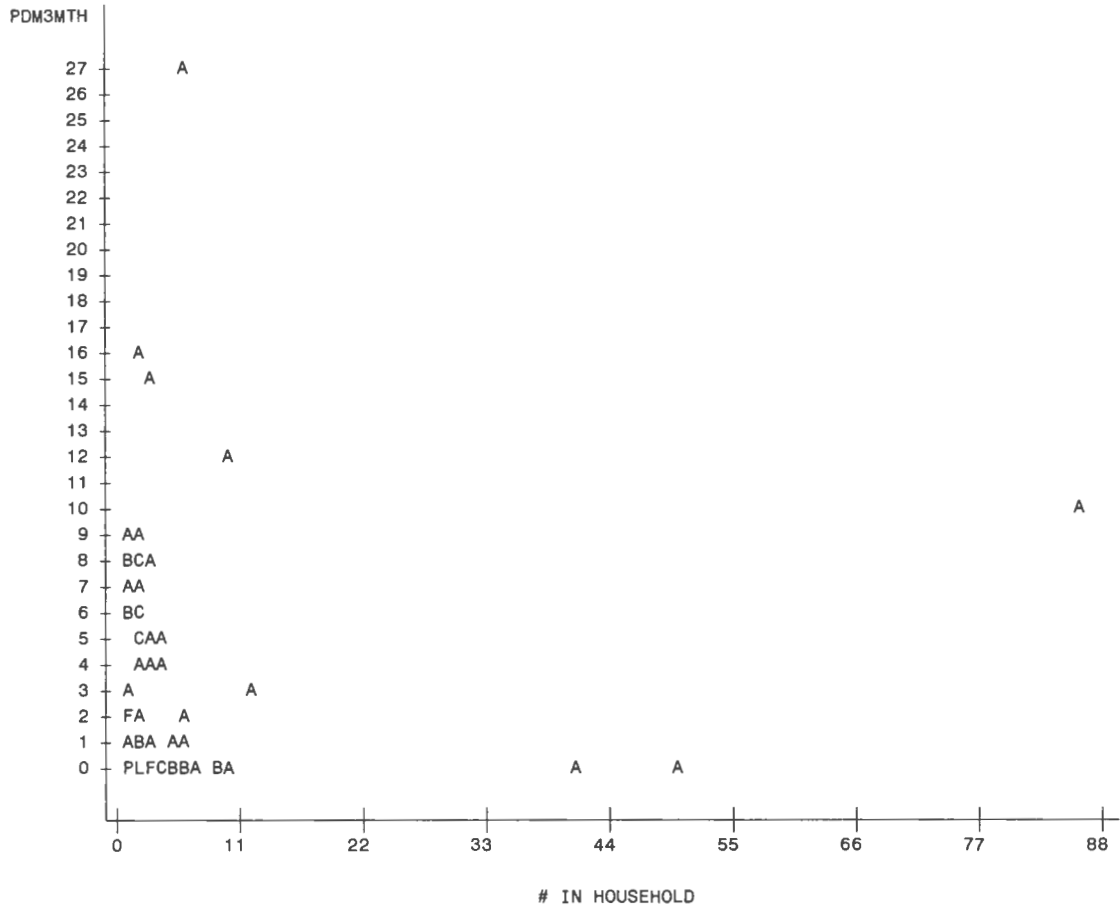
Plot of PDM1MTH*Q18. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 53 obs had missing values.

42. Plot of Percent of Doses Missed in past Three Months vs Persons in Household

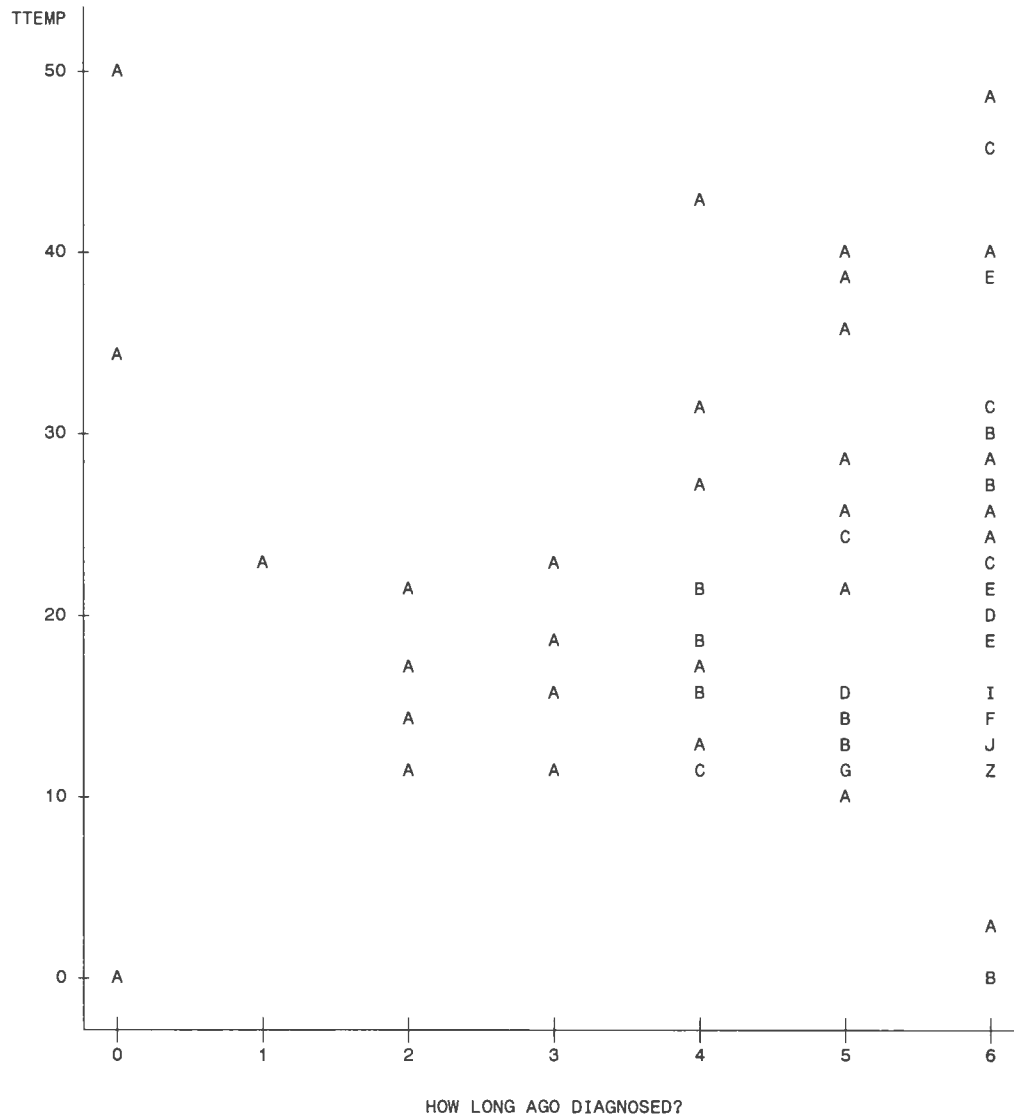
Plot of PDM3MTH*QI8. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 52 obs had missing values.

43. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Duration since HIV Positive

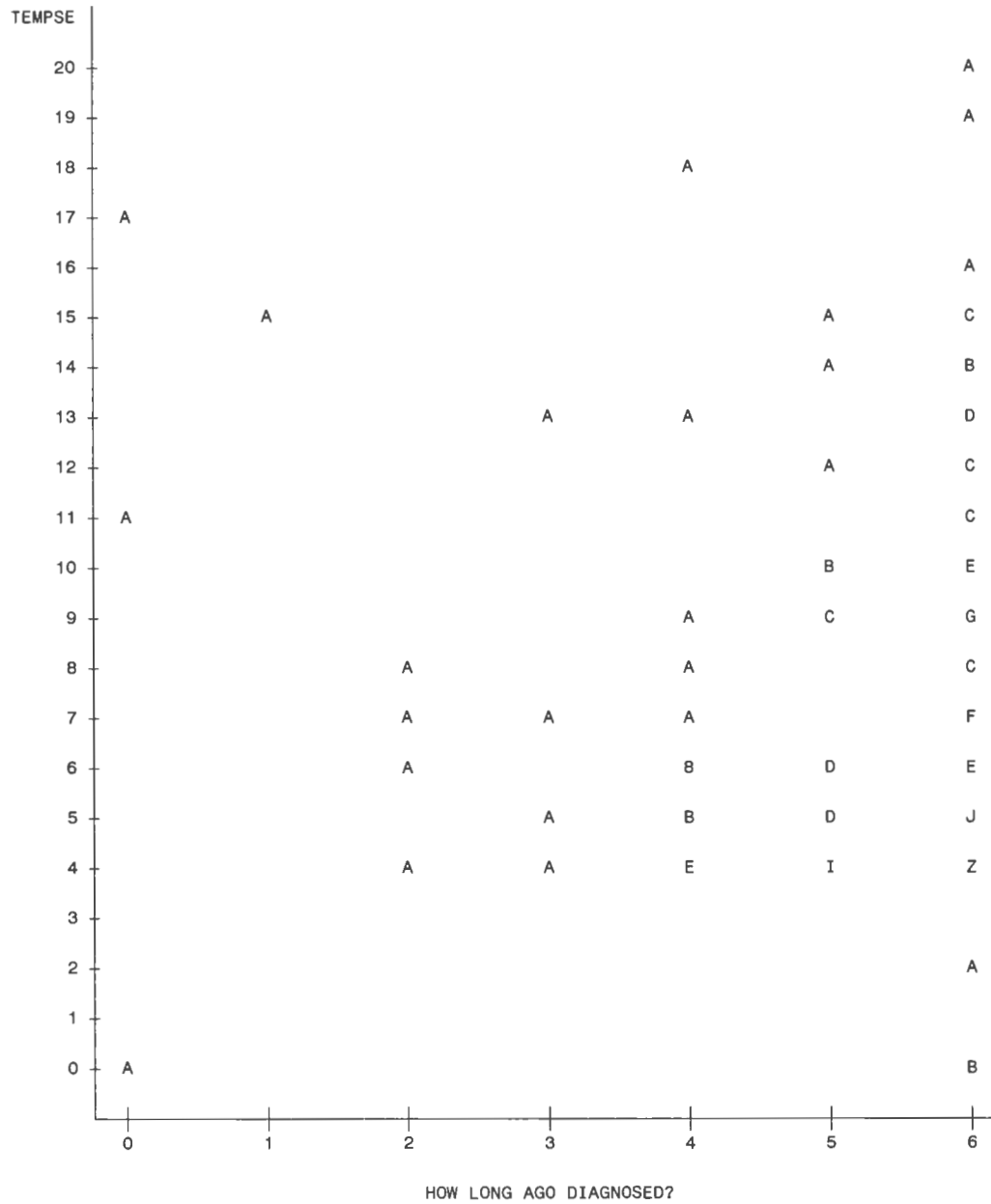
Plot of TTEMP*QI29. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 1 obs hidden.

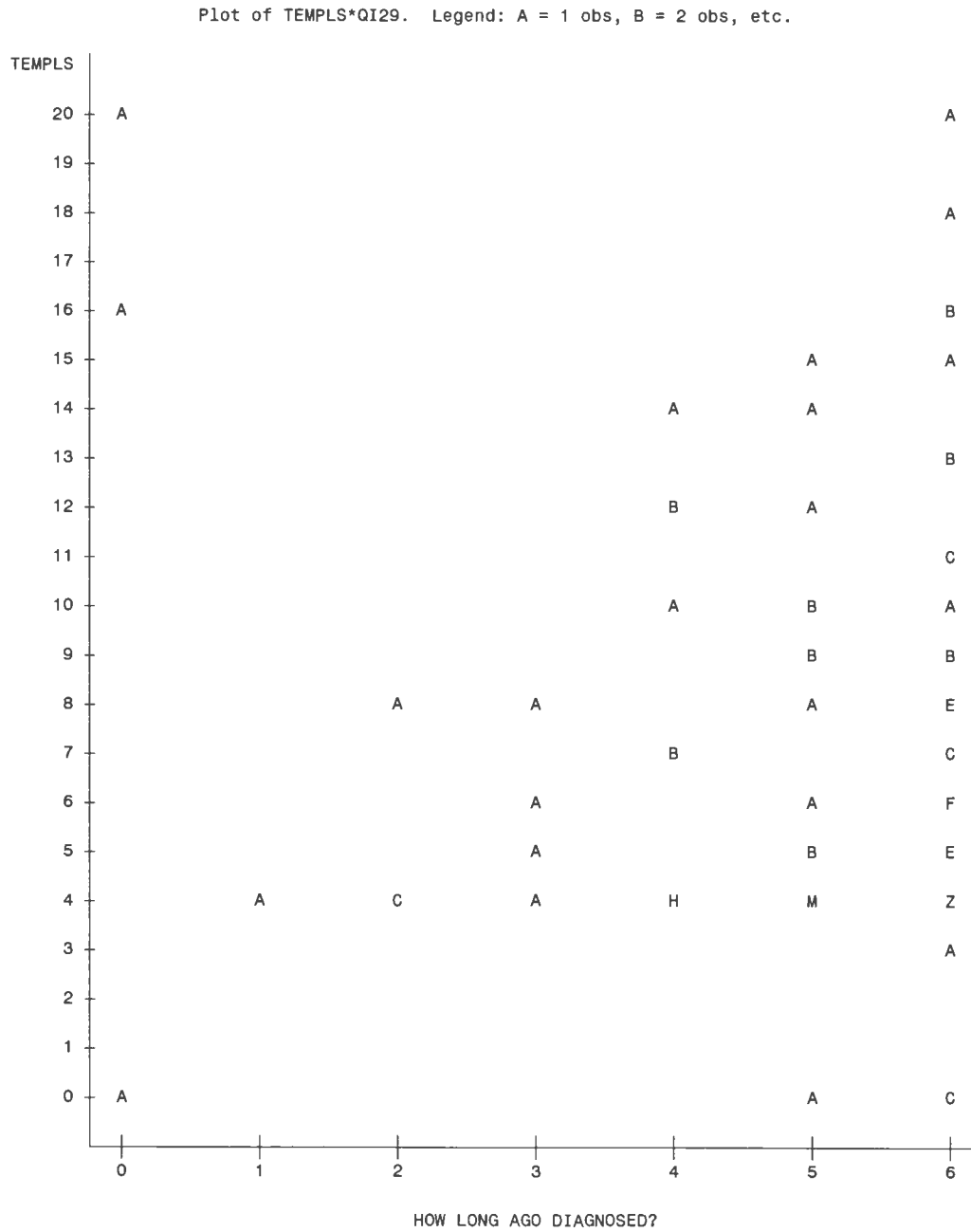
44. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Duration since HIV Positive

Plot of TEMPSE*QI29. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 9 obs hidden.

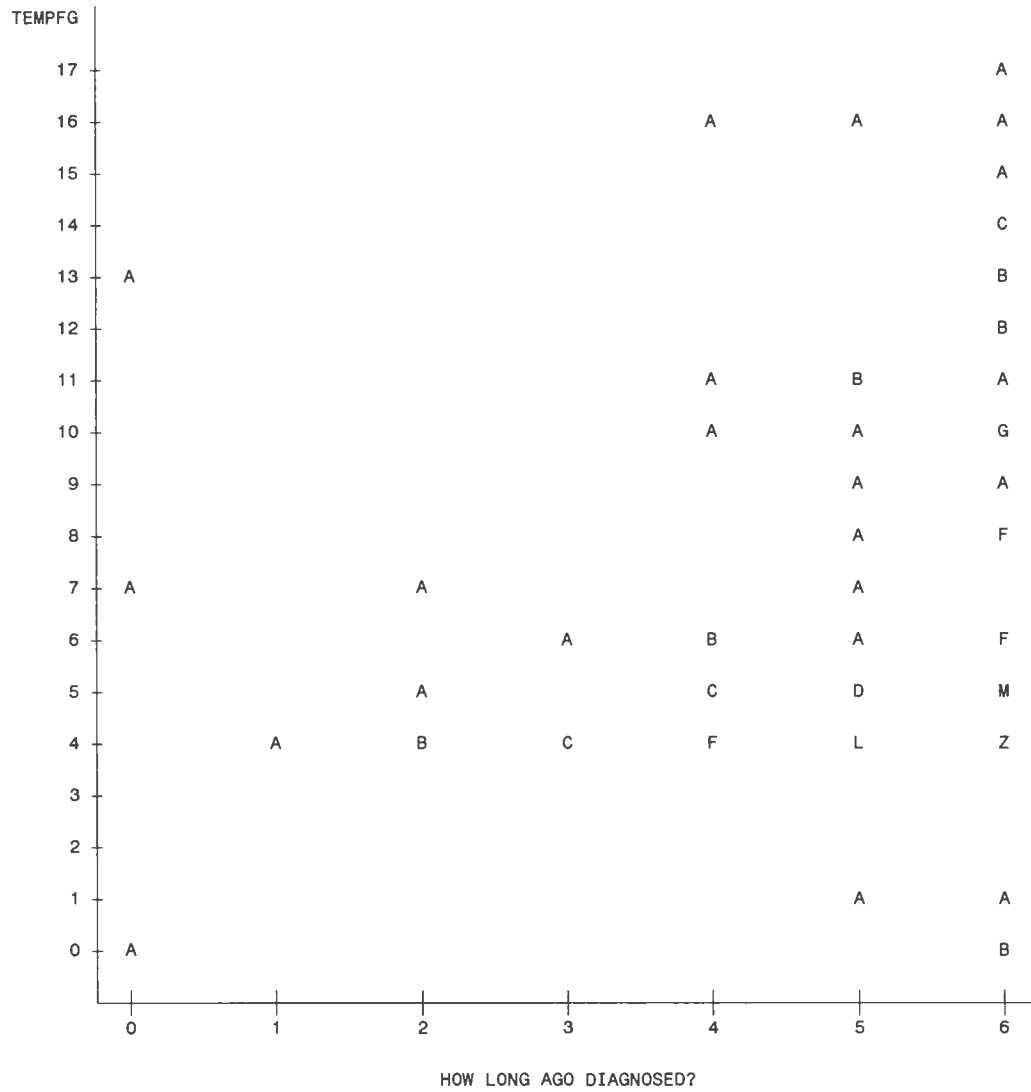
45. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Duration since HIV Positive



NOTE: 30 obs hidden.

46. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Duration since HIV Positive

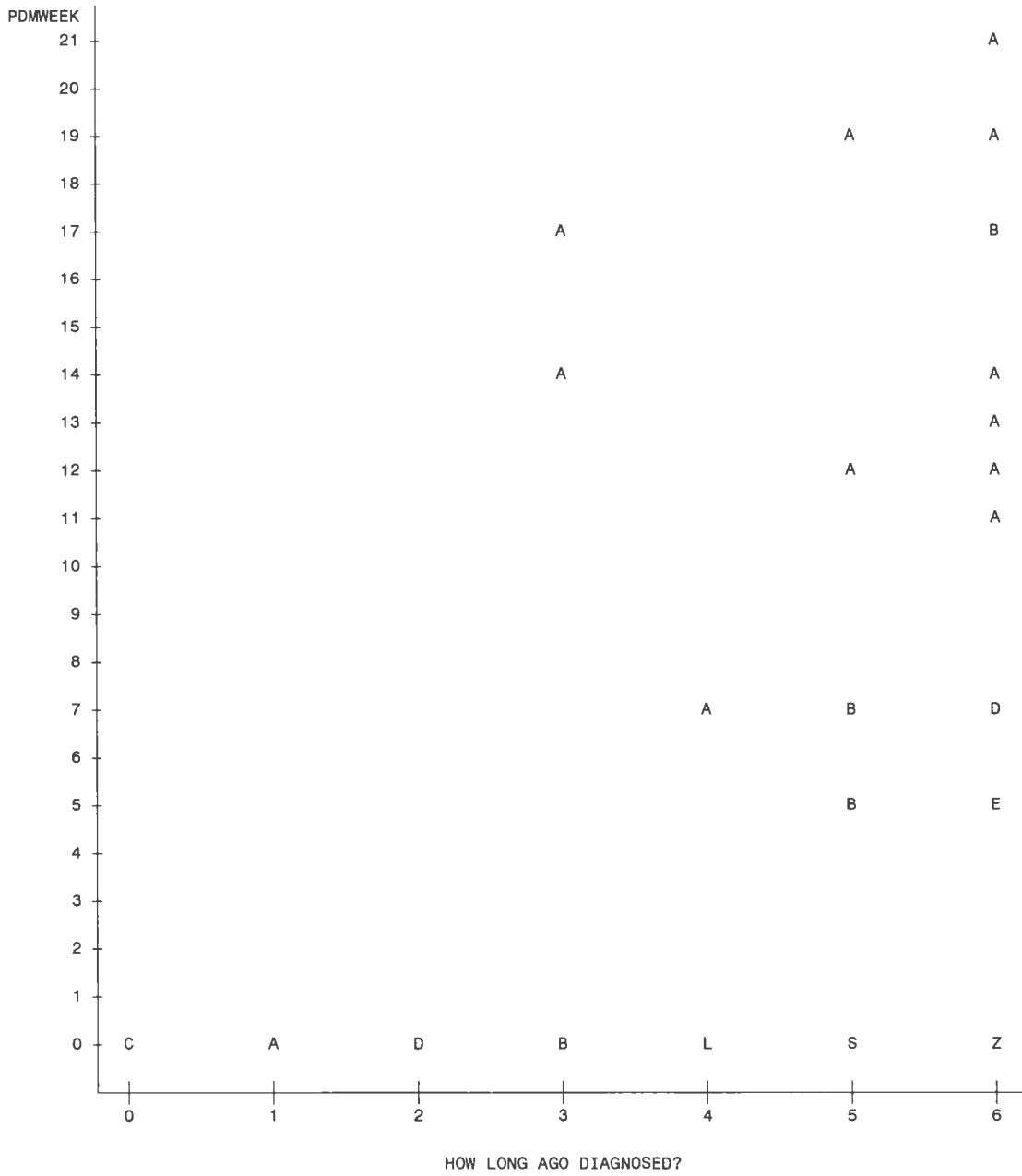
Plot of TEMPFG*QI29. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 19 obs hidden.

47. Plot of Percent of Doses Missed in the past Week vs Duration since HIV Positive

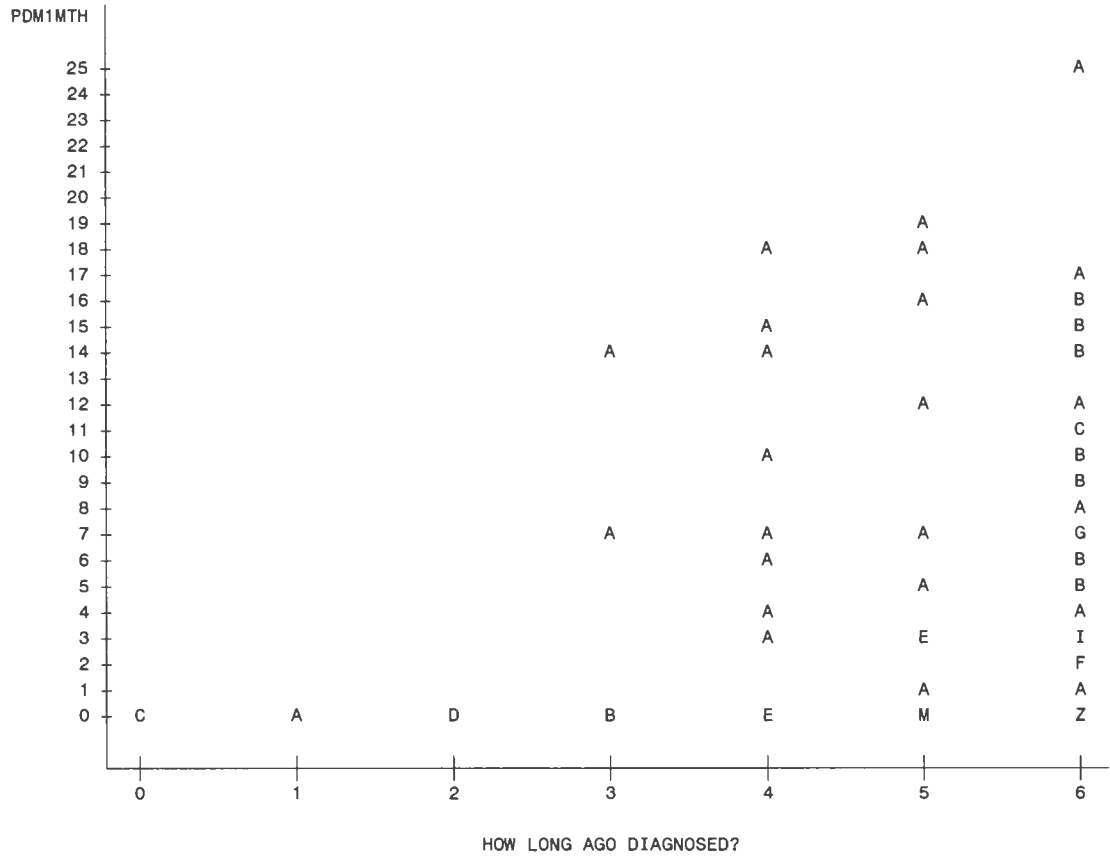
Plot of PDMWEEK*QI29. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 46 obs hidden.

48. Plot of Percent of Doses Missed in the past Month vs Duration since HIV Positive

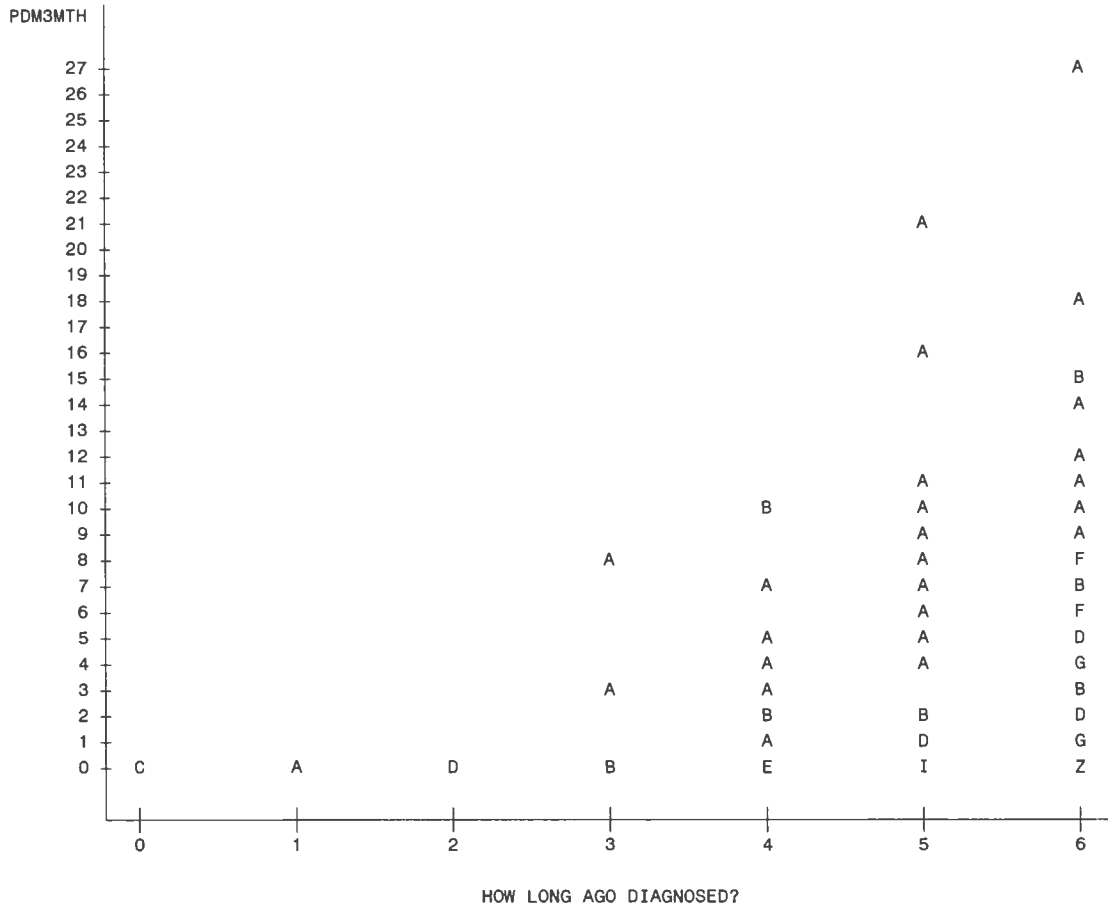
Plot of PDM1MTH*QI29. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 18 obs hidden.

49. Plot of Percent of Doses Missed in the past Three Months vs Duration since HIV Positive

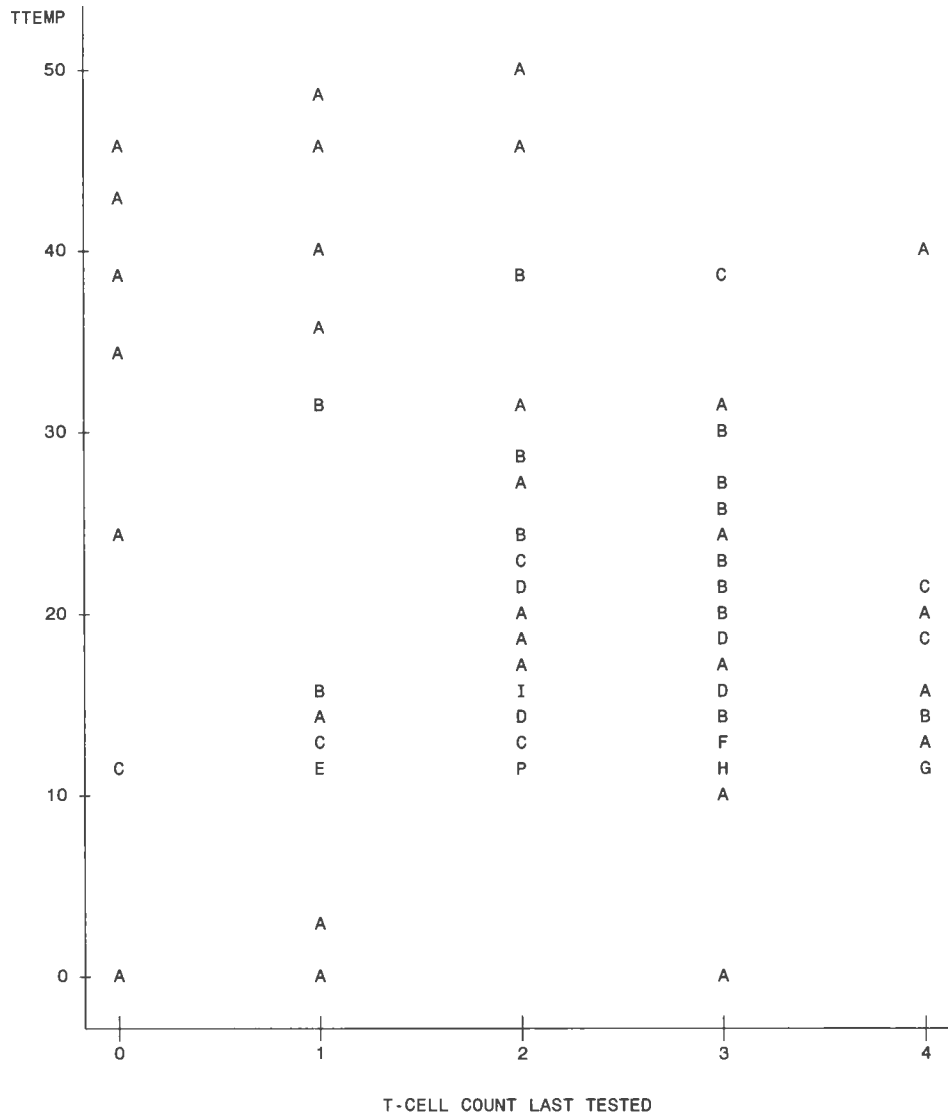
Plot of PDM3MTH*QI29. Legend: A = 1 obs, B = 2 obs, etc.



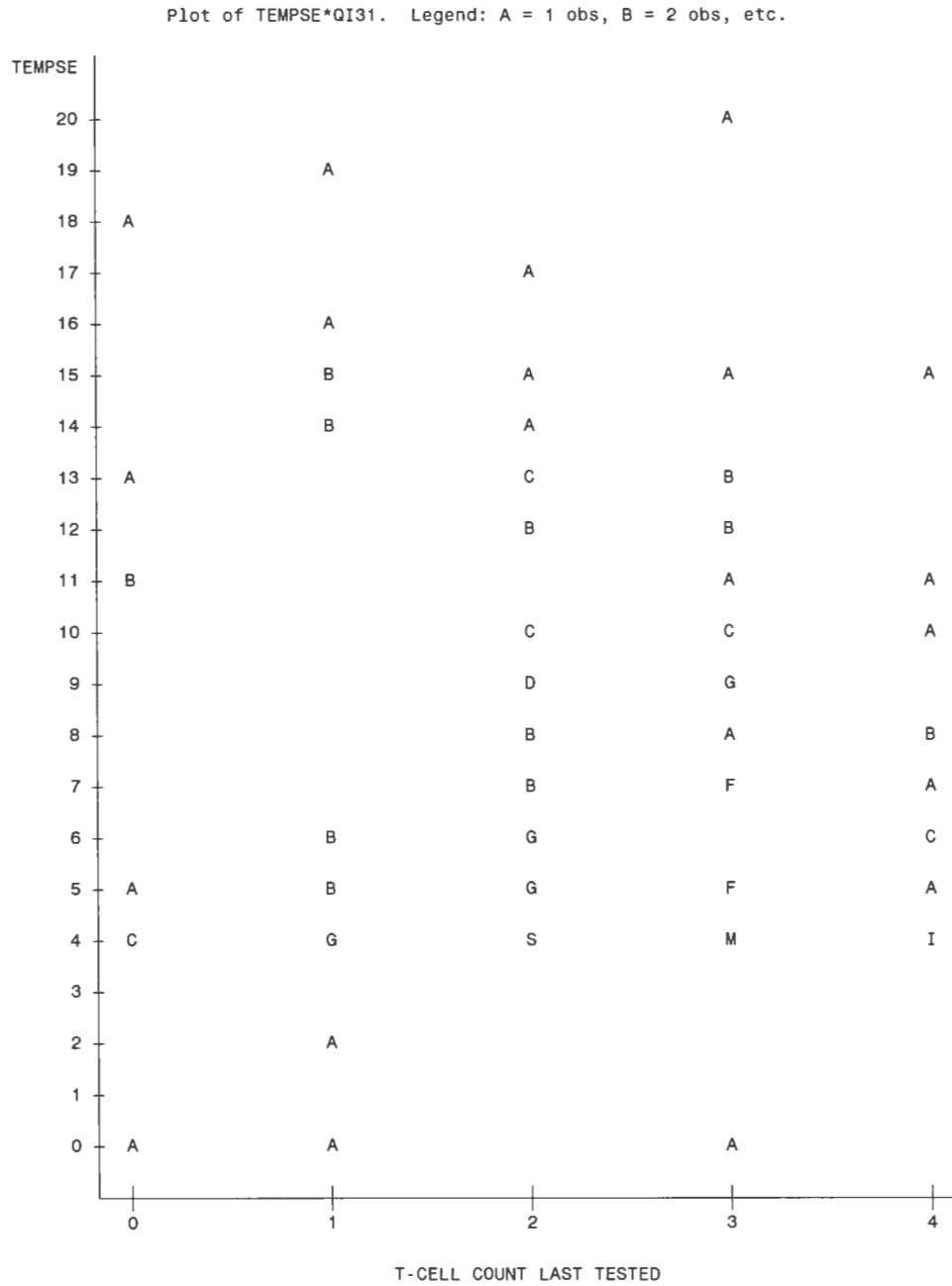
NOTE: 3 obs had missing values. 16 obs hidden.

50. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs T-Cell Count

Plot of TTEMP*QI31. Legend: A = 1 obs, B = 2 obs, etc.

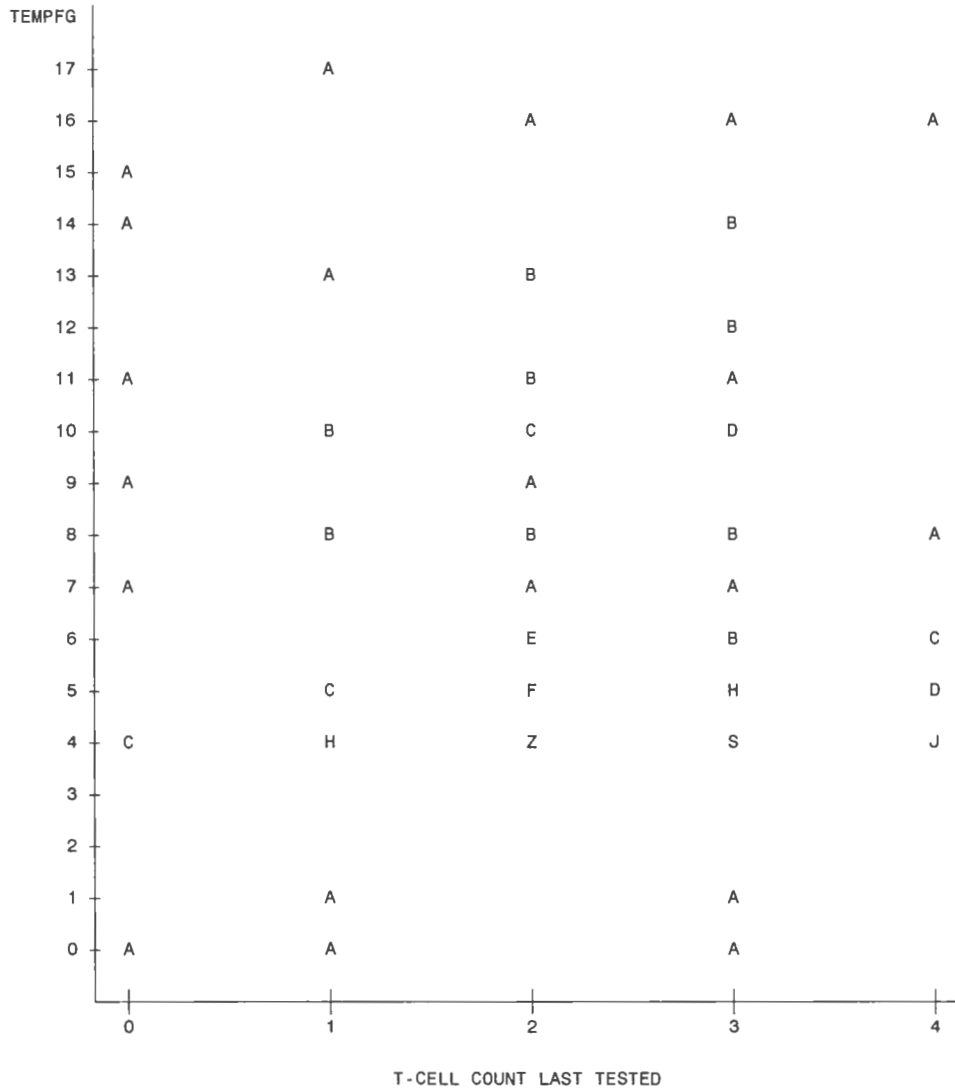


51. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs T-Cell Count



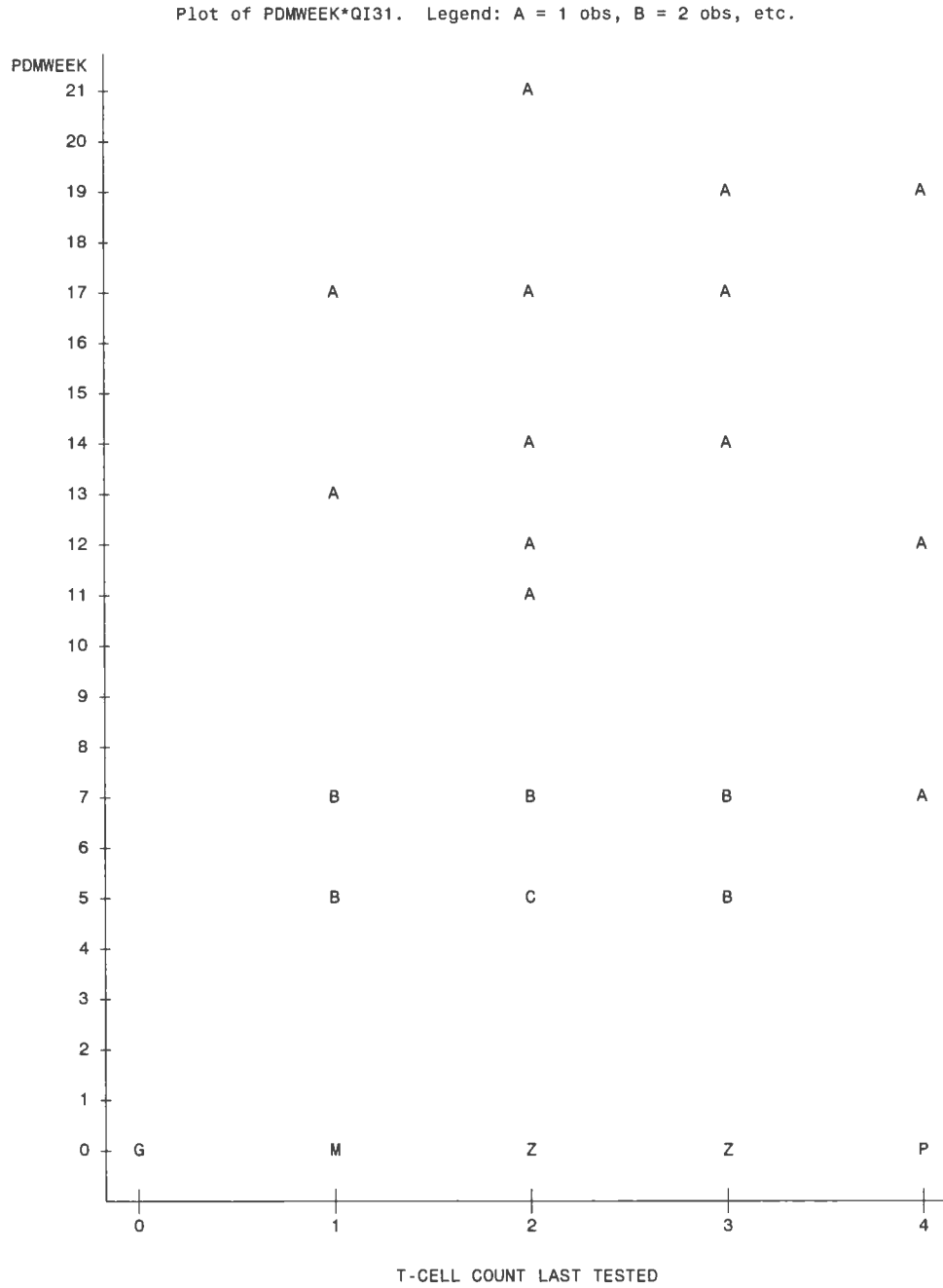
53. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs T-Cell Count

Plot of TEMPFG*QI31. Legend: A = 1 obs, B = 2 obs, etc.



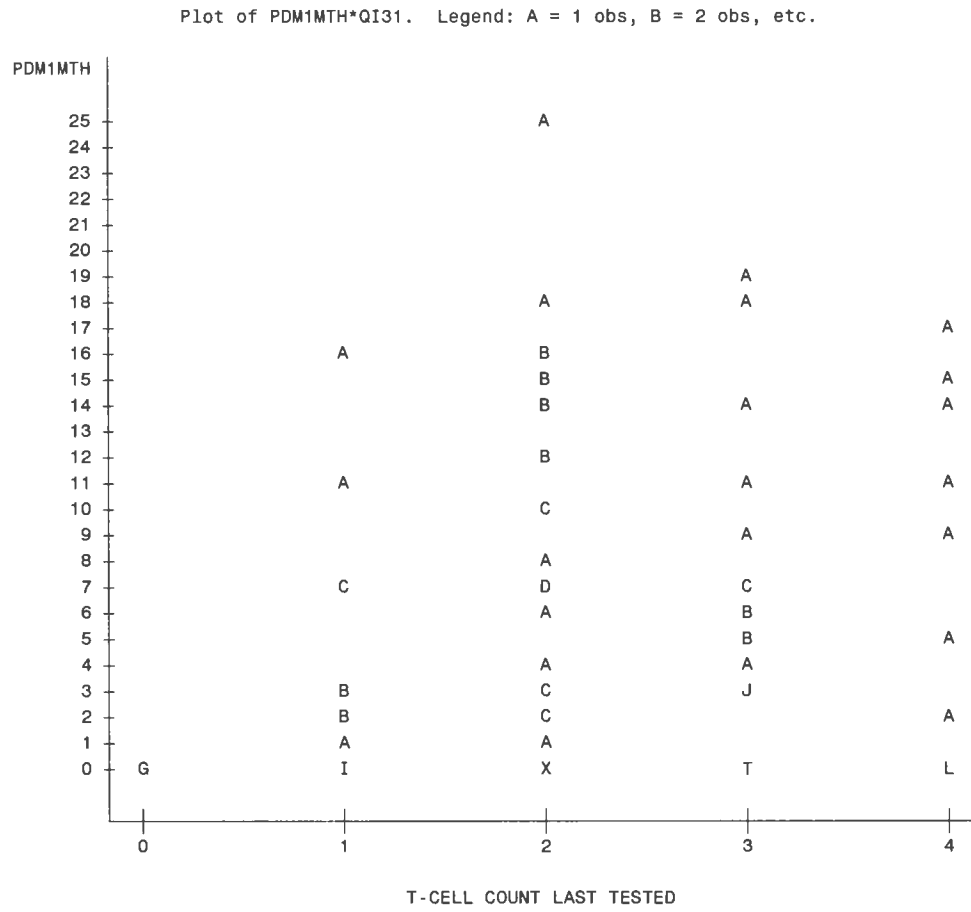
NOTE: 3 obs hidden.

54. Plot of Percent of Doses Missed in the past Week vs T-Cell Count



NOTE: 4 obs had missing values. 25 obs hidden.

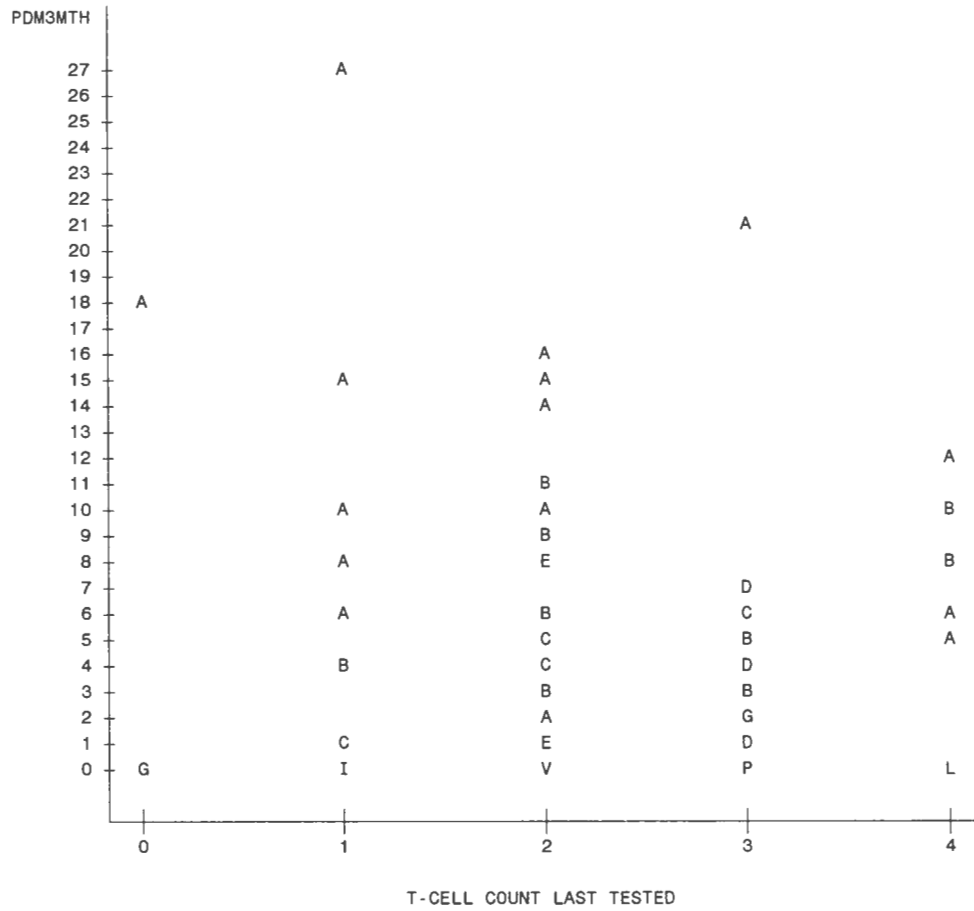
55. Plot of Percent of Doses Missed in the past Month vs T-Cell Count



NOTE: 4 obs had missing values.

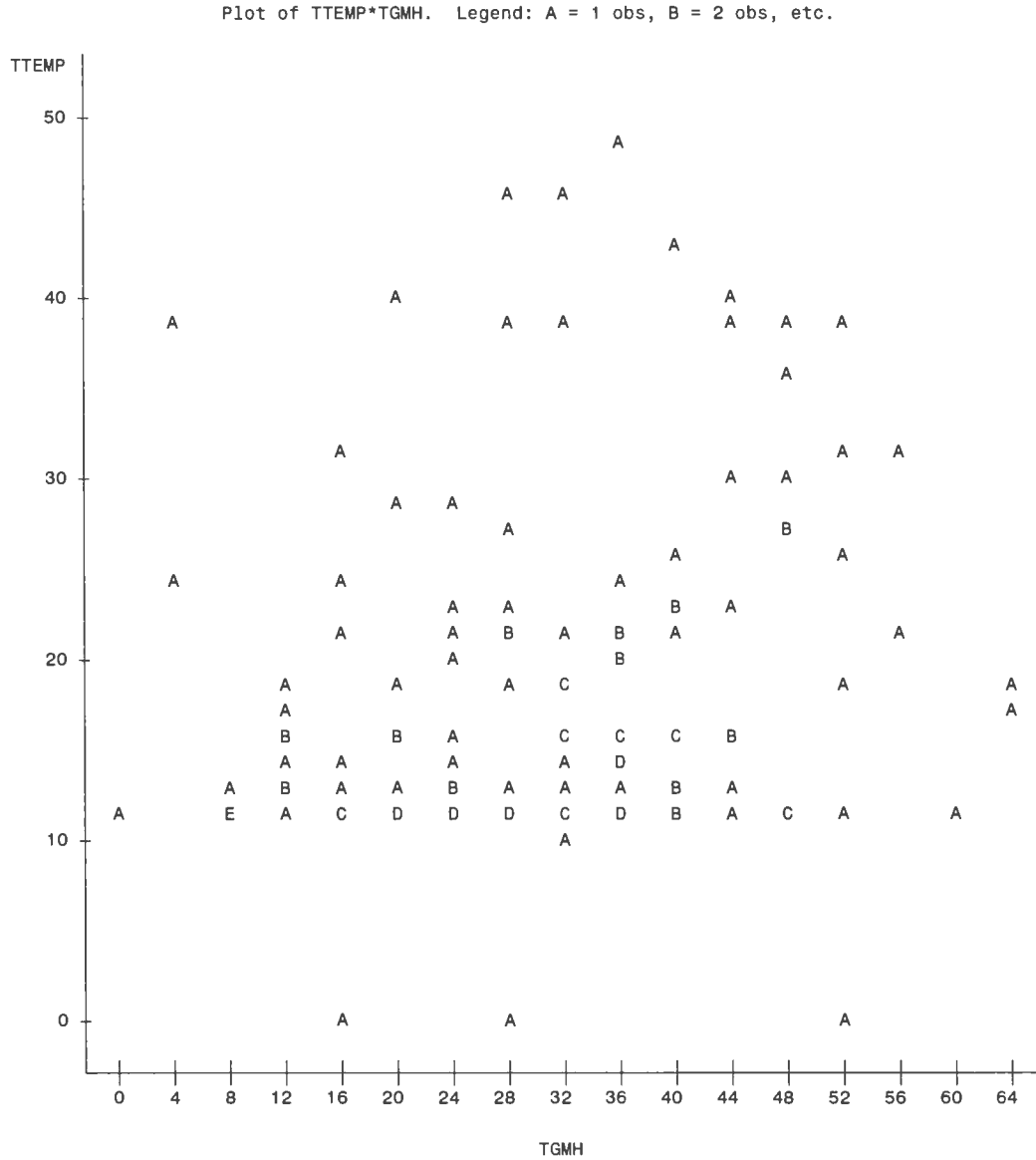
56. Plot of Percent of Doses Missed in the past Three Months vs T-Cell Count

Plot of PDM3MTH*QI31. Legend: A = 1 obs, B = 2 obs, etc.



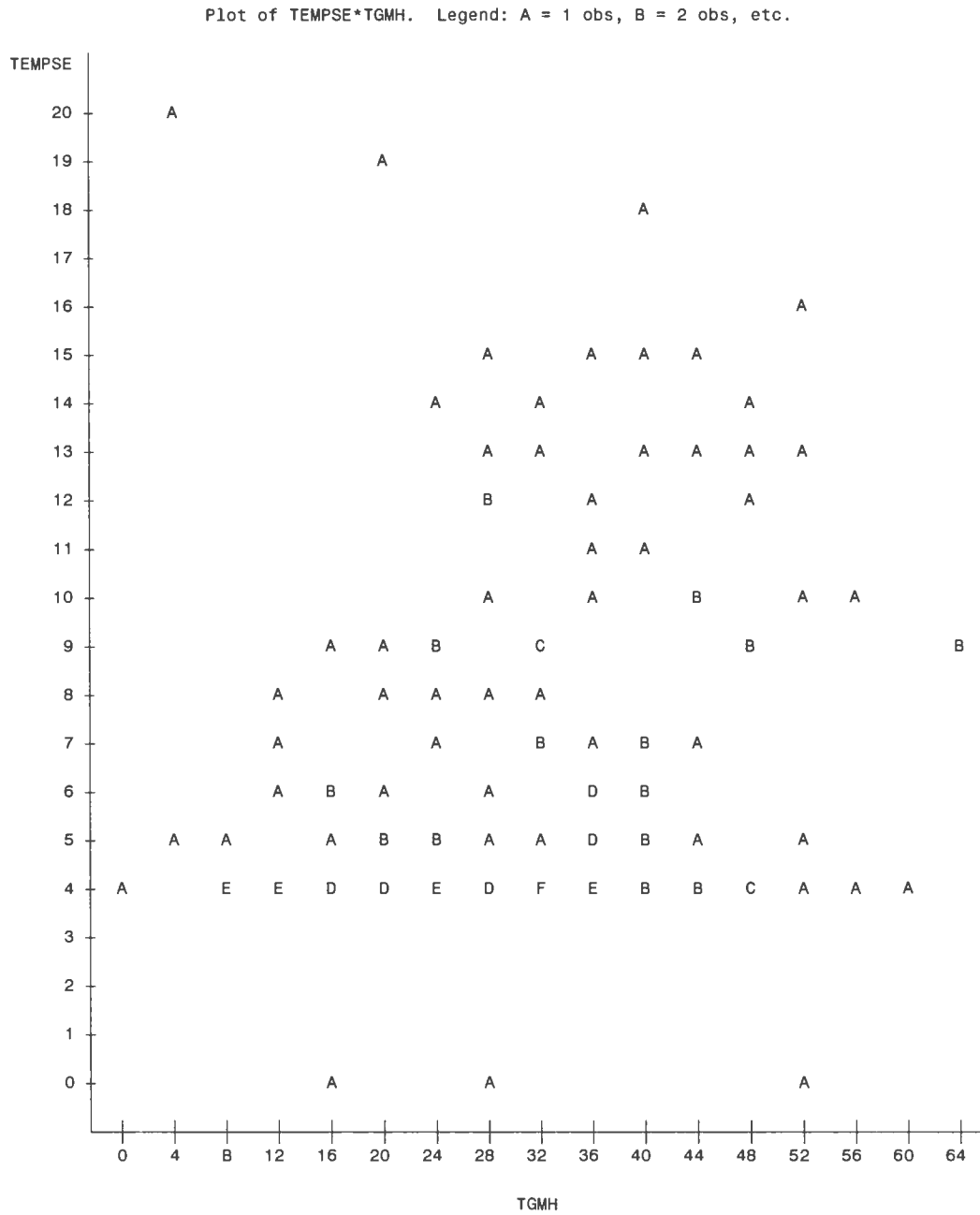
NOTE: 3 obs had missing values.

57. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs General Mental Health



NOTE: 10 obs had missing values.

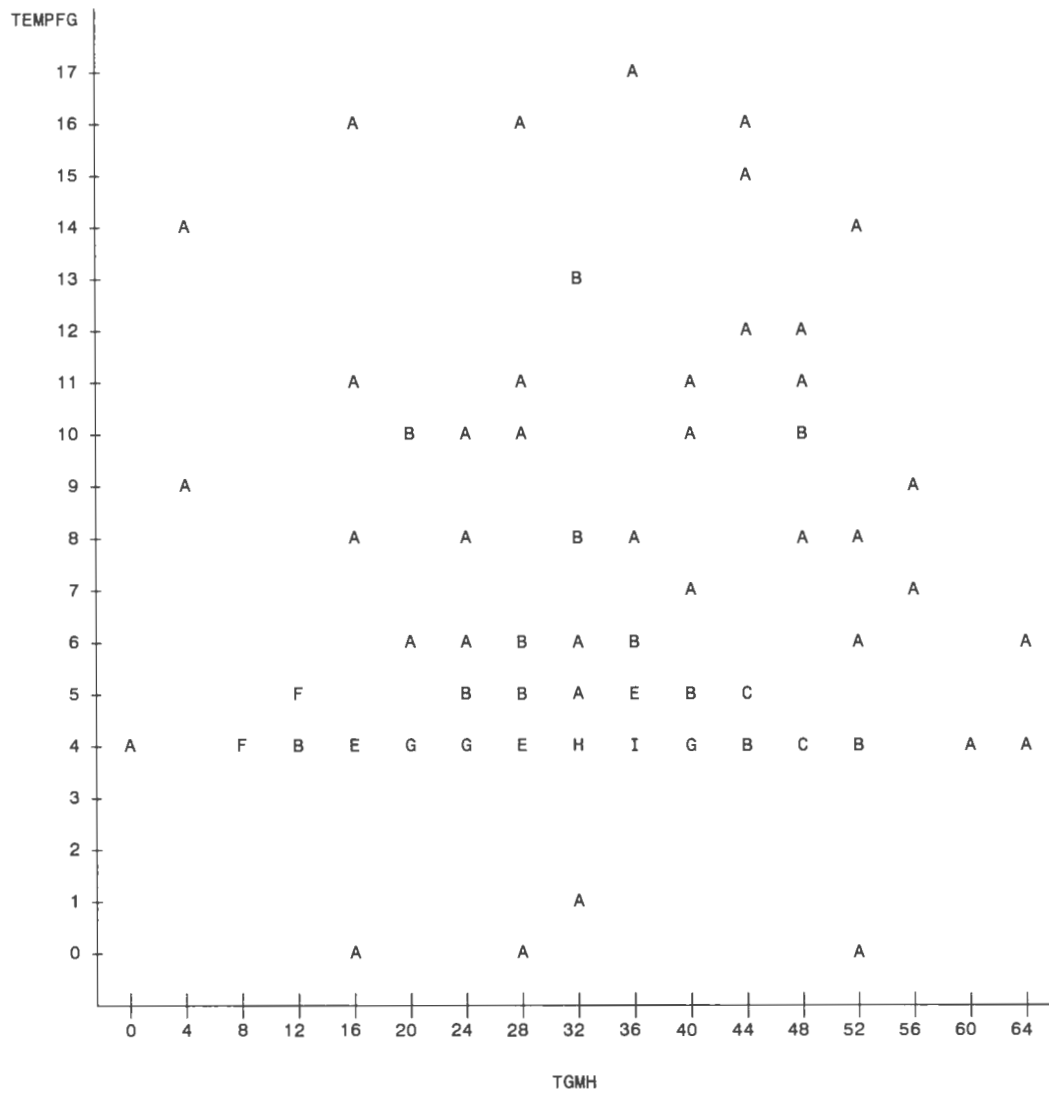
58. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs General Mental Health



NOTE: 10 obs had missing values.

60. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs General Mental Health

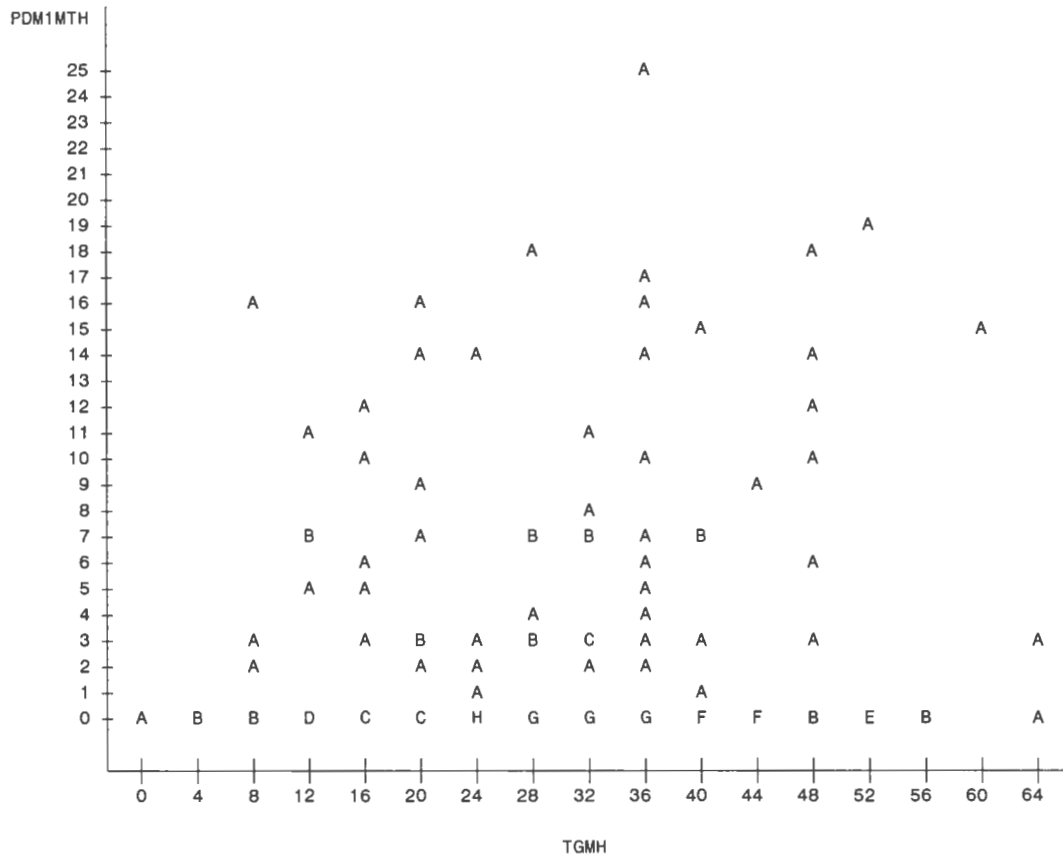
Plot of TEMPFG*TGMH. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 10 obs had missing values.

62. Plot of Percent of Doses Missed in the past Month vs General Mental Health

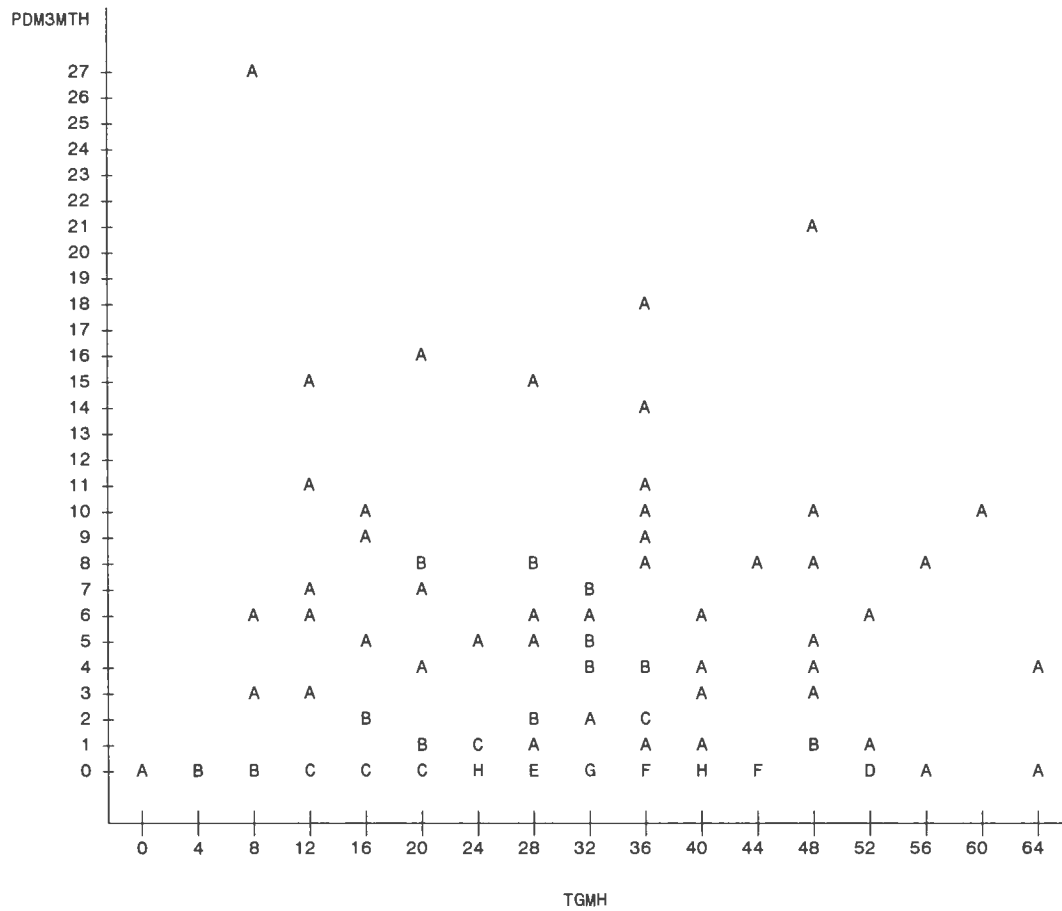
Plot of PDM1MTH*TGMH. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 14 obs had missing values.

63. Plot of Percent of Doses Missed in the past Three Months vs
General Mental Health

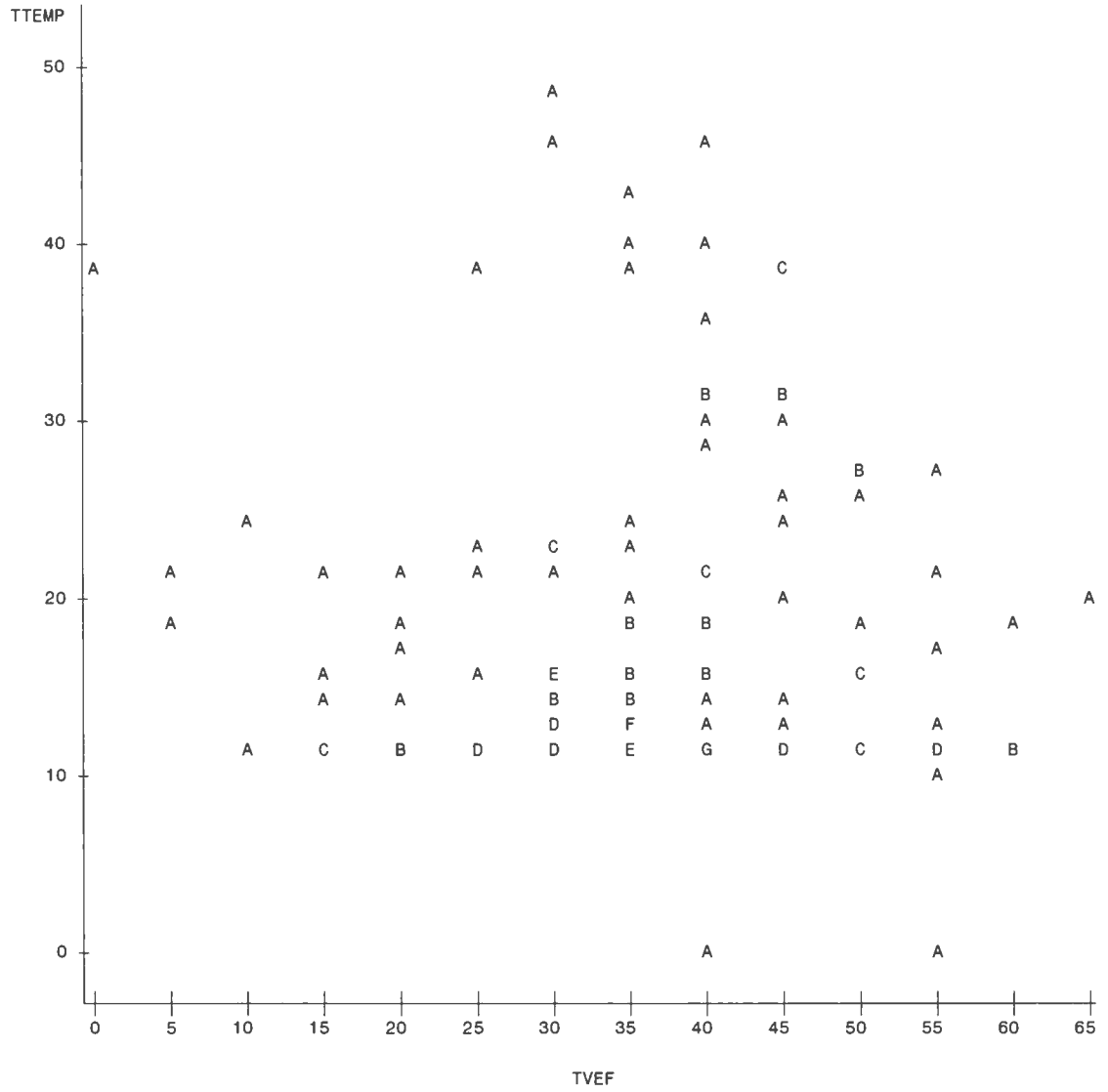
Plot of PDM3MTH*TGMH. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 13 obs had missing values.

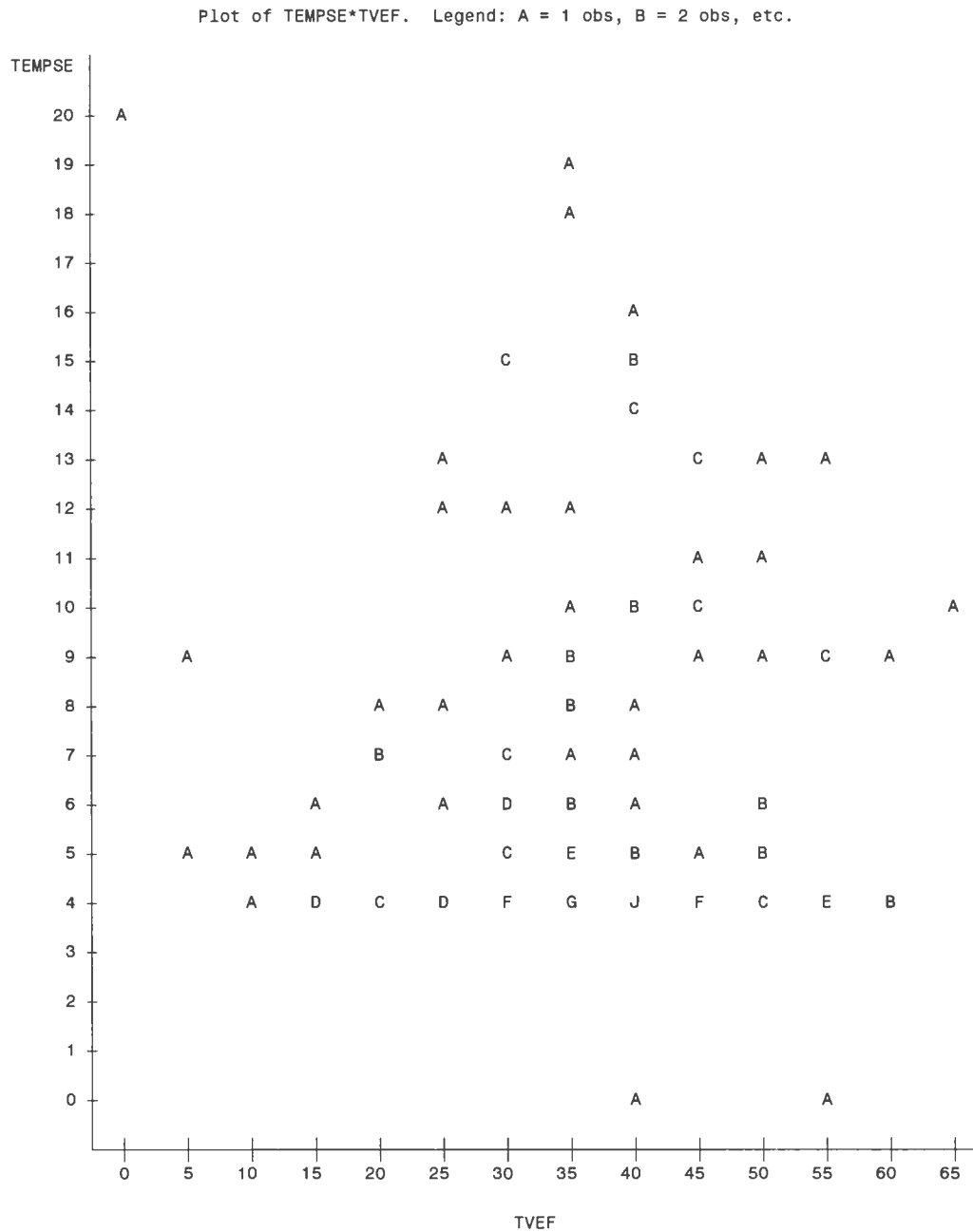
64. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Vitality, Energy or Fatigue

Plot of TTEMP*TVEF. Legend: A = 1 obs, B = 2 obs, etc.



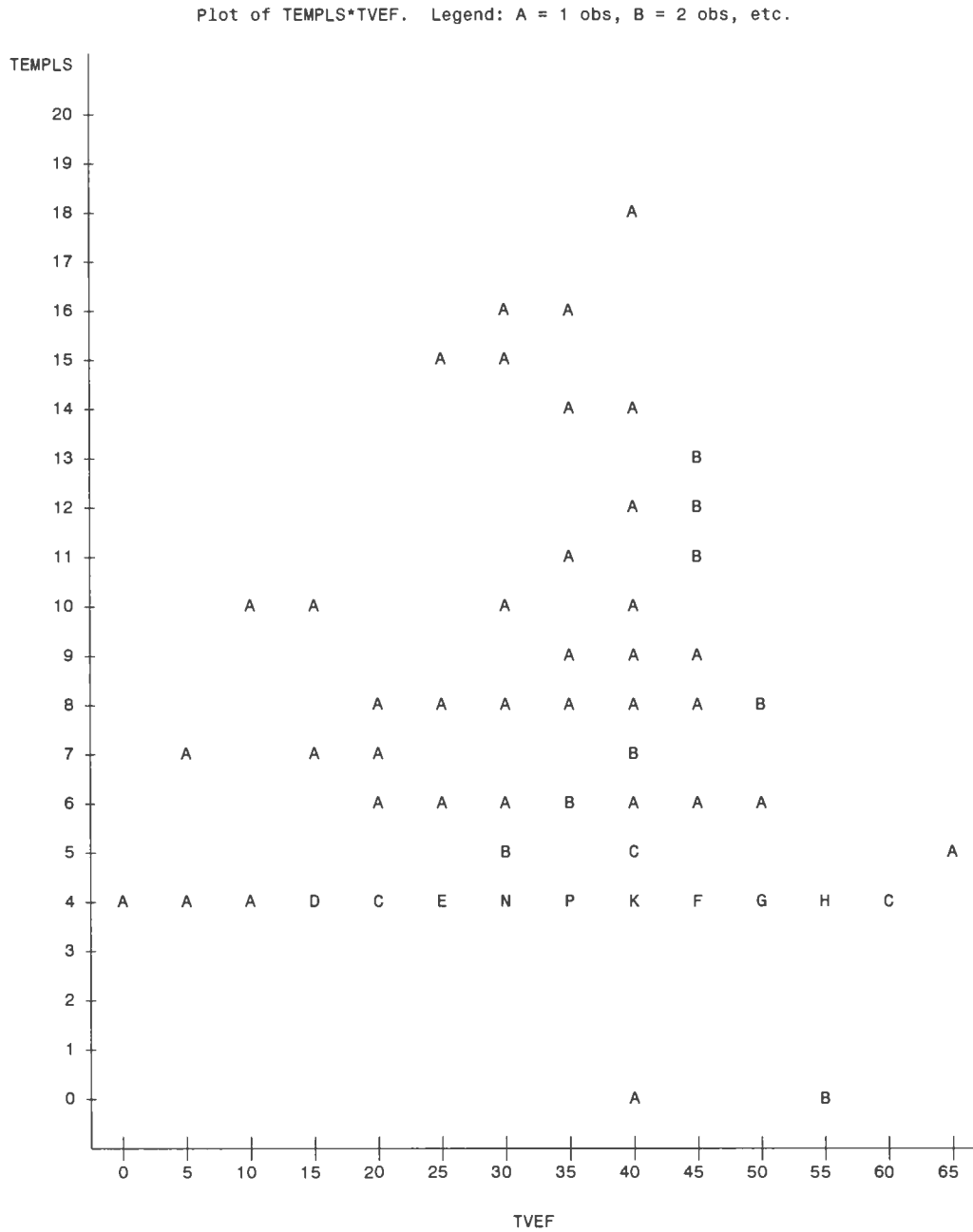
NOTE: 11 obs had missing values.

65. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Vitality, Energy or Fatigue



NOTE: 11 obs had missing values.

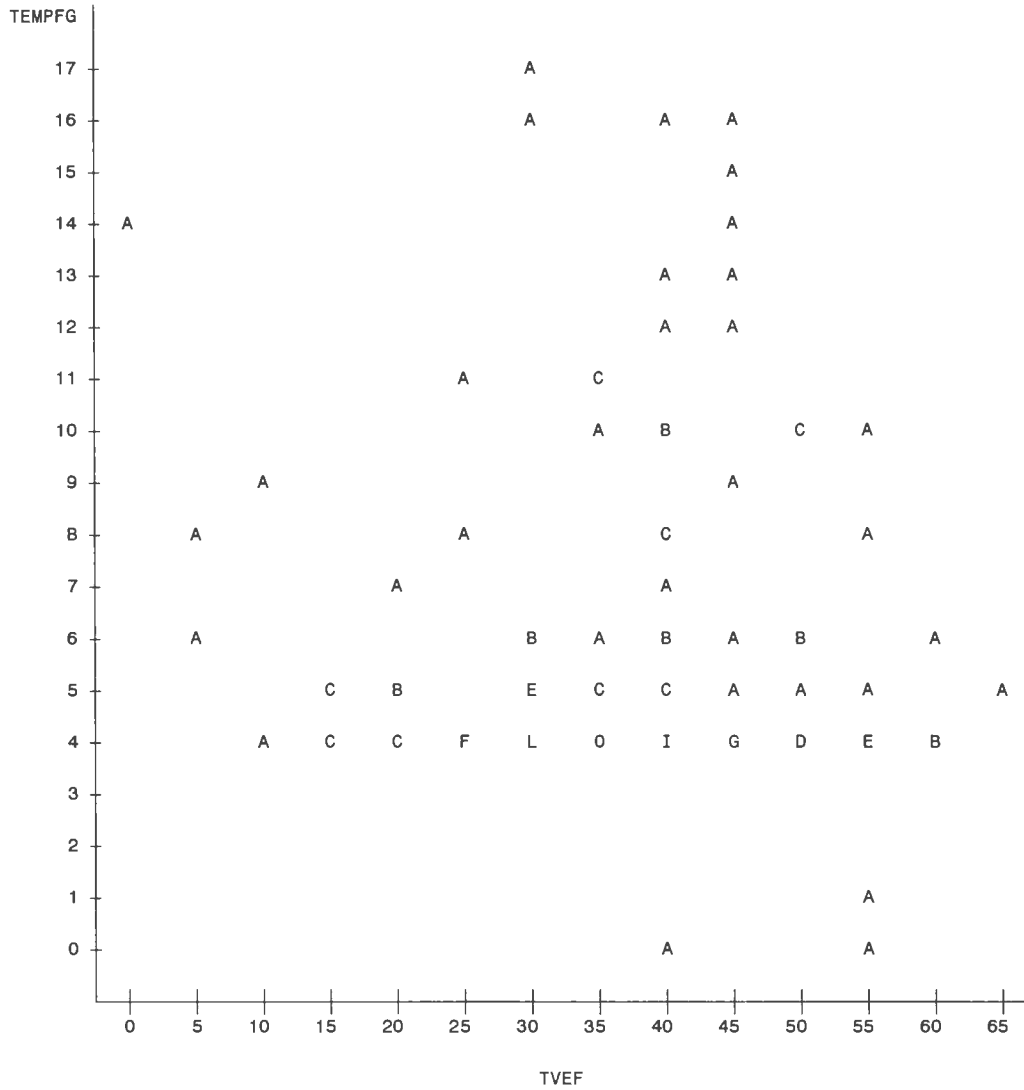
66. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Vitality, Energy or Fatigue



NOTE: 11 obs had missing values.

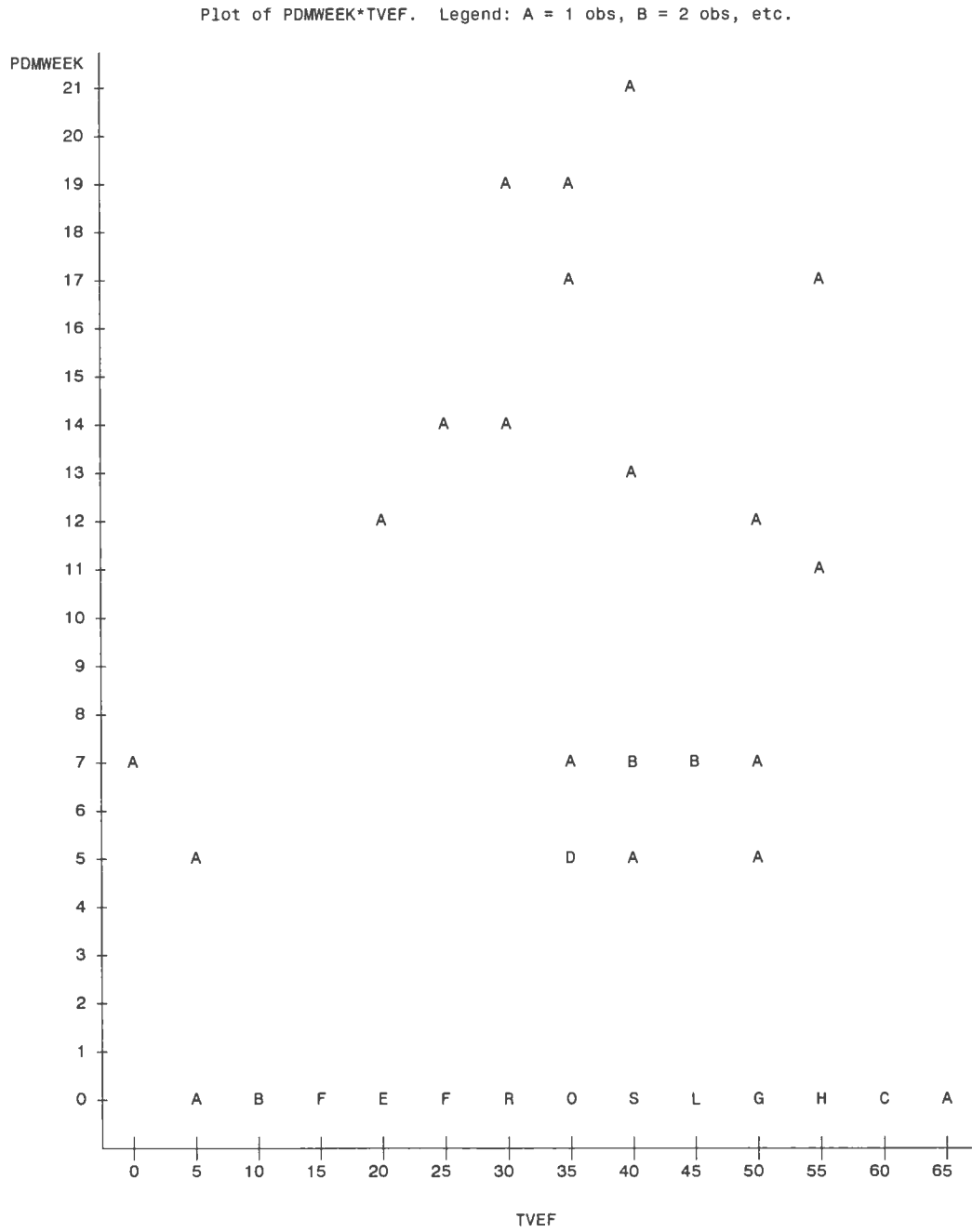
67. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Vitality, Energy or Fatigue

Plot of TEMPFG*TVEF. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 11 obs had missing values.

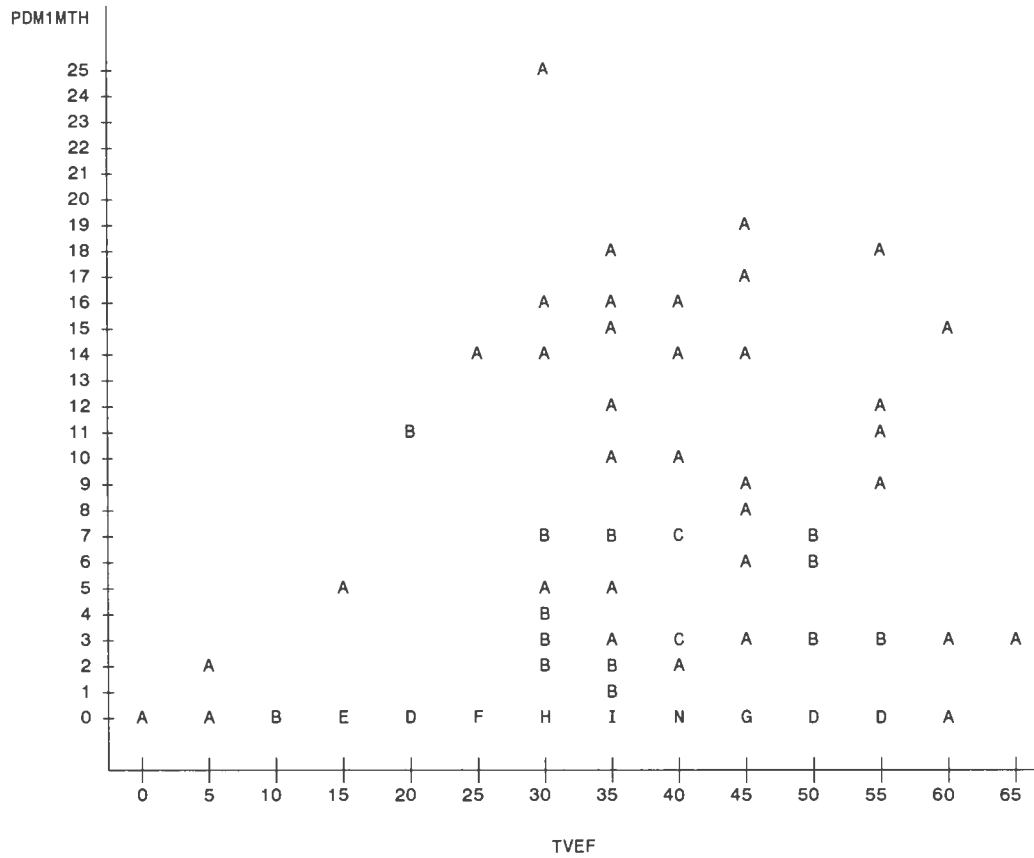
68. Plot of Percent of Doses Missed in the past Week vs Vitality, Energy or Fatigue



NOTE: 15 obs had missing values.

69. Plot of Percent of Doses Missed in the past Month vs Vitality, Energy or Fatigue

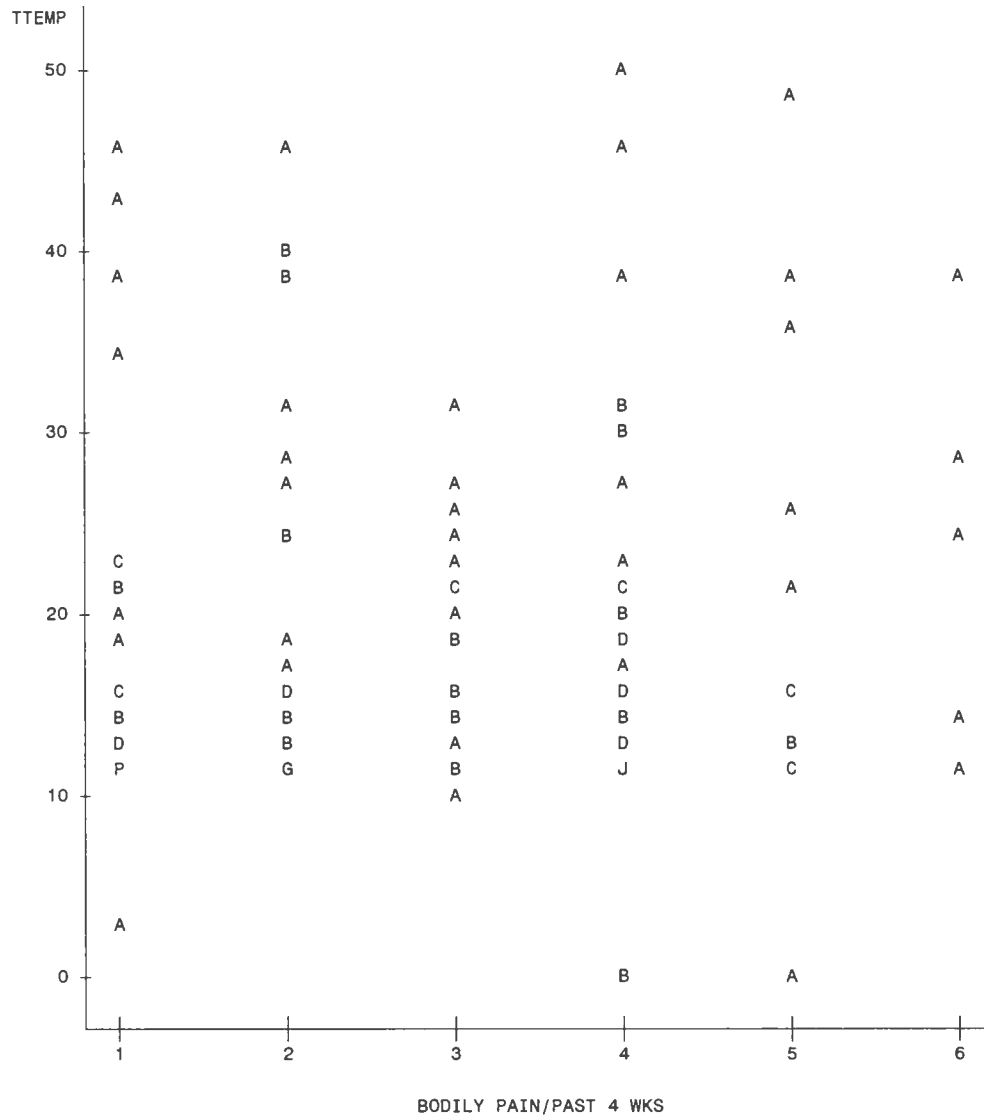
Plot of PDM1MTH*TVEF. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 15 obs had missing values.

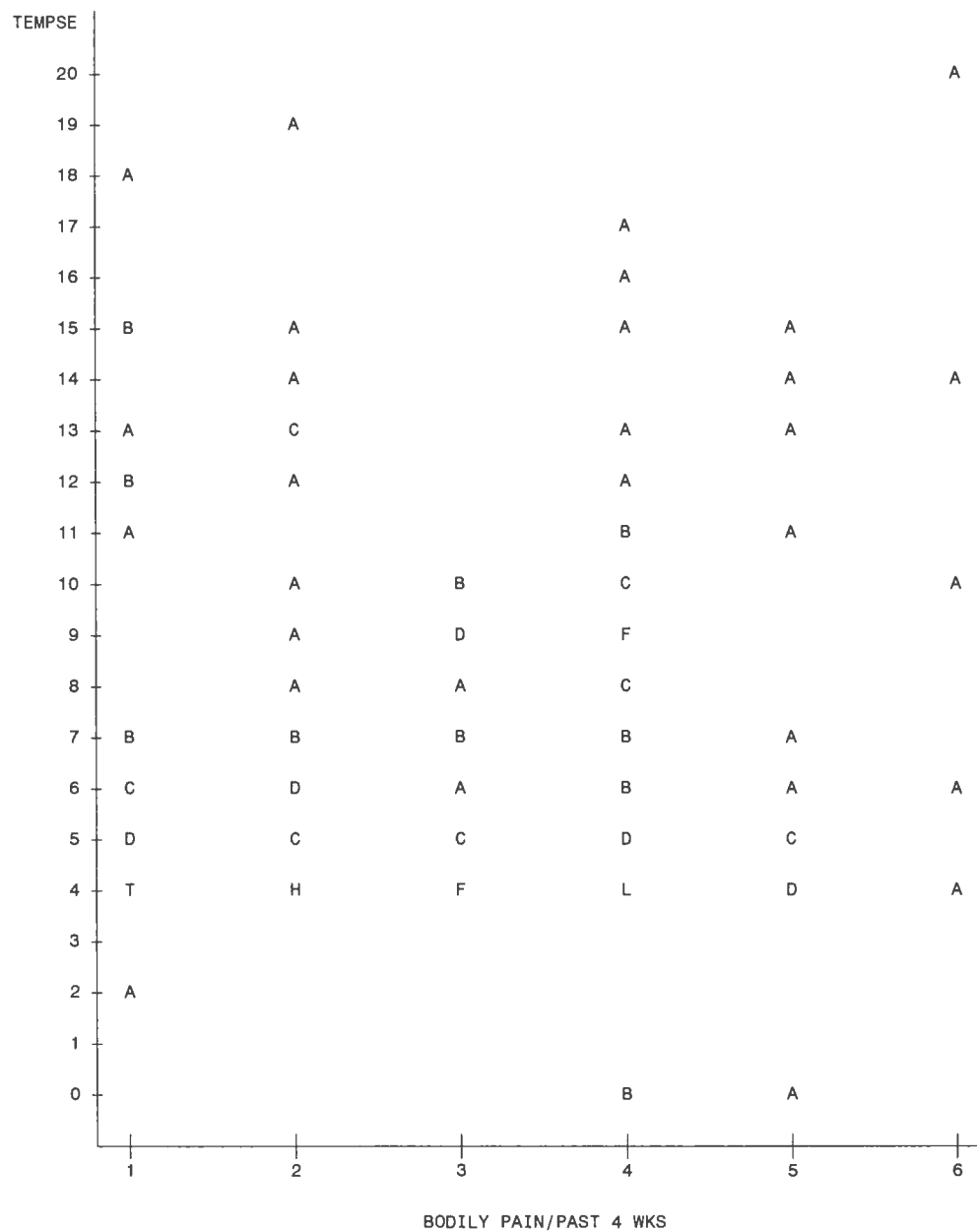
71. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Severity of Bodily Pain

Plot of TTEMP*QI24. Legend: A = 1 obs, B = 2 obs, etc.

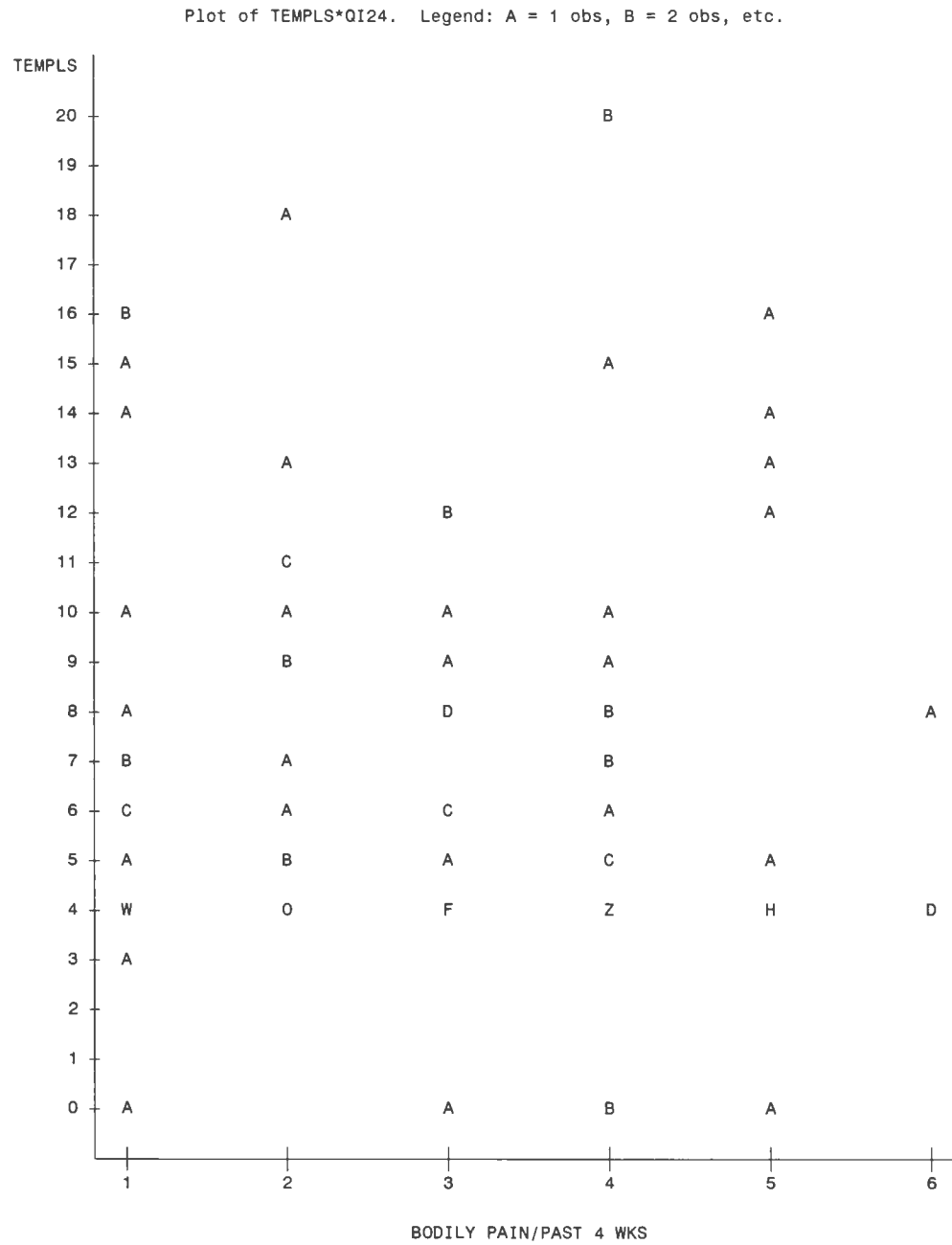


72. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Severity of Bodily Pain

Plot of TEMPSE*QI24. Legend: A = 1 obs, B = 2 obs, etc.

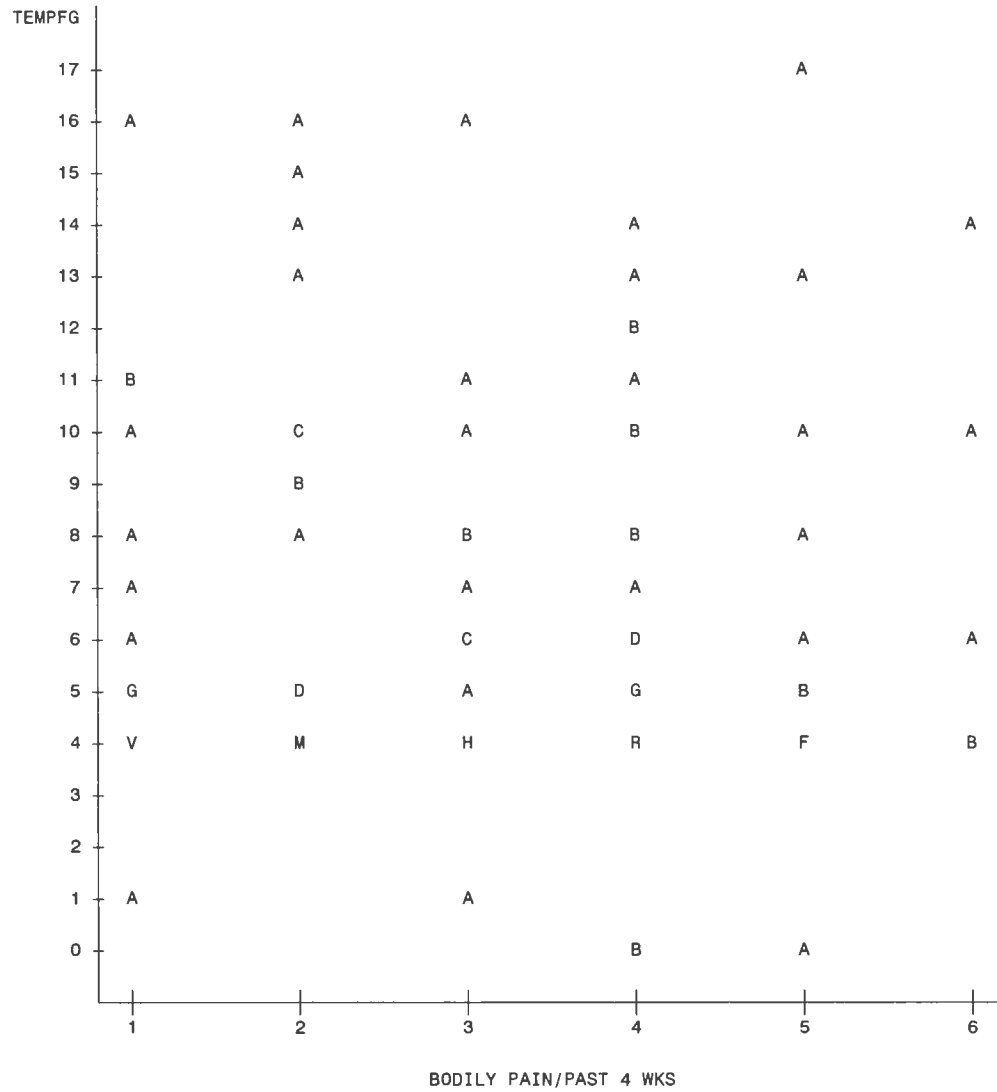


73. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Severity of Bodily Pain

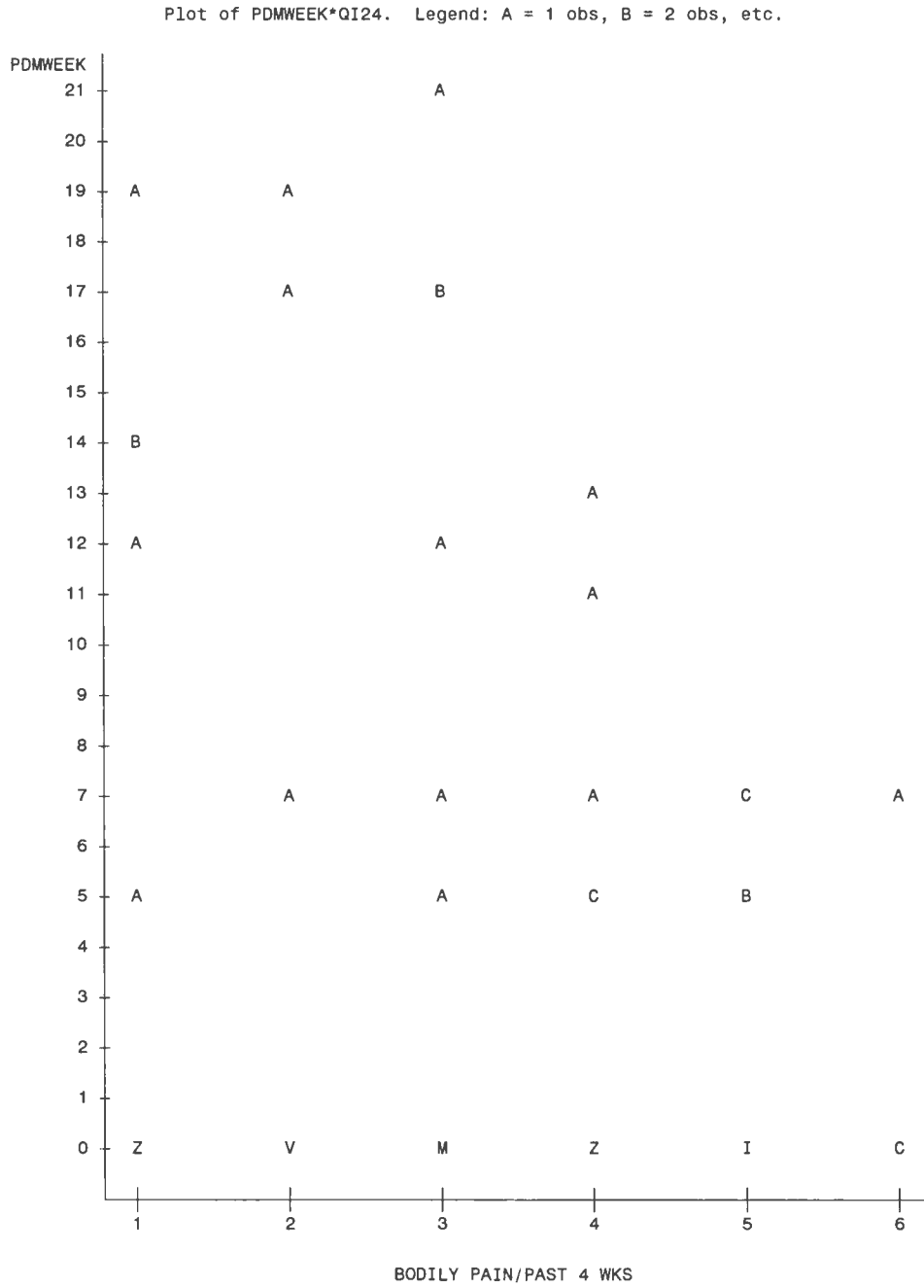


74. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Severity of Bodily Pain

Plot of TEMPPFG*QI24. Legend: A = 1 obs, B = 2 obs, etc.



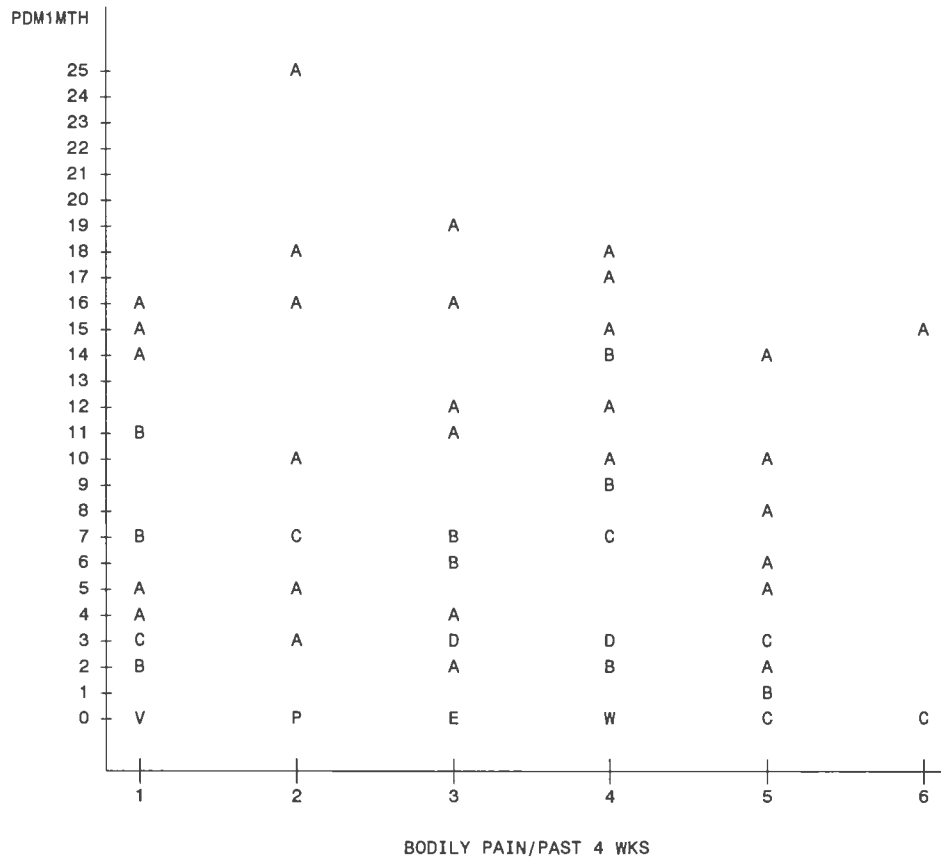
75. Plot of Percent of Doses Missed in the past Week vs Severity of Bodily Pain



NOTE: 4 obs had missing values. 14 obs hidden.

76. Plot of Percent of Doses Missed in the past Month vs Severity of Bodily Pain

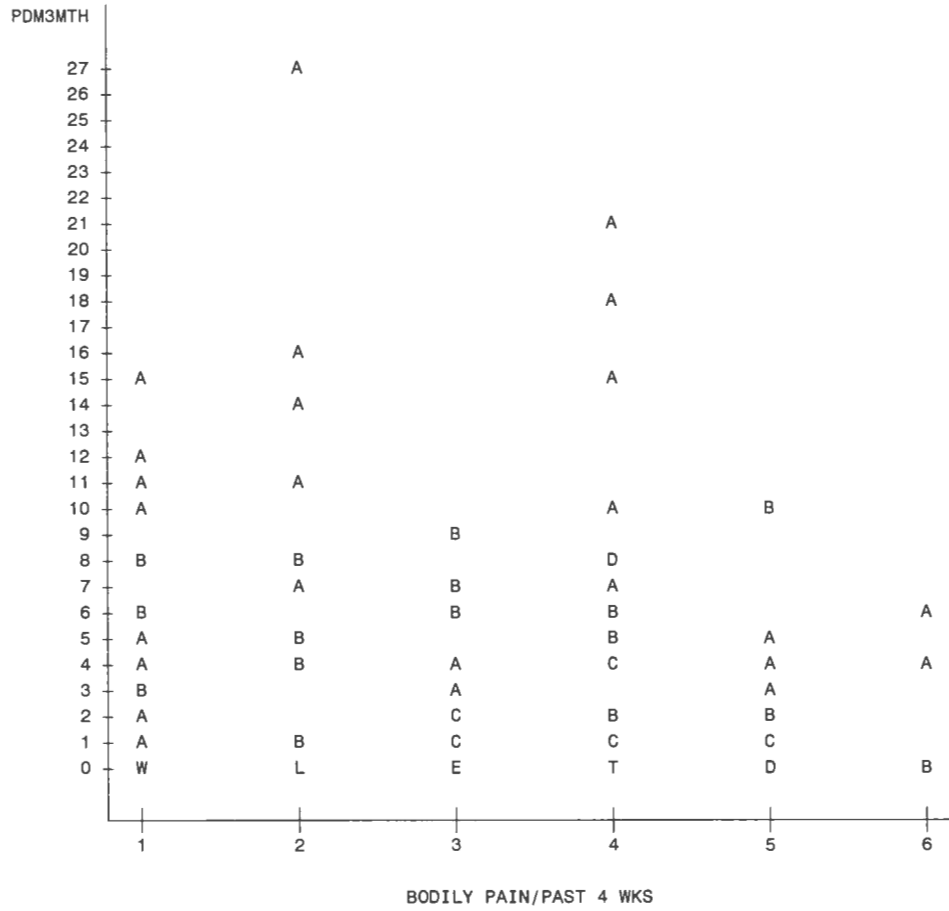
Plot of PDM1MTH*QI24. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values.

77. Plot of Percent of Doses Missed in the past Three Months vs Severity of Bodily Pain

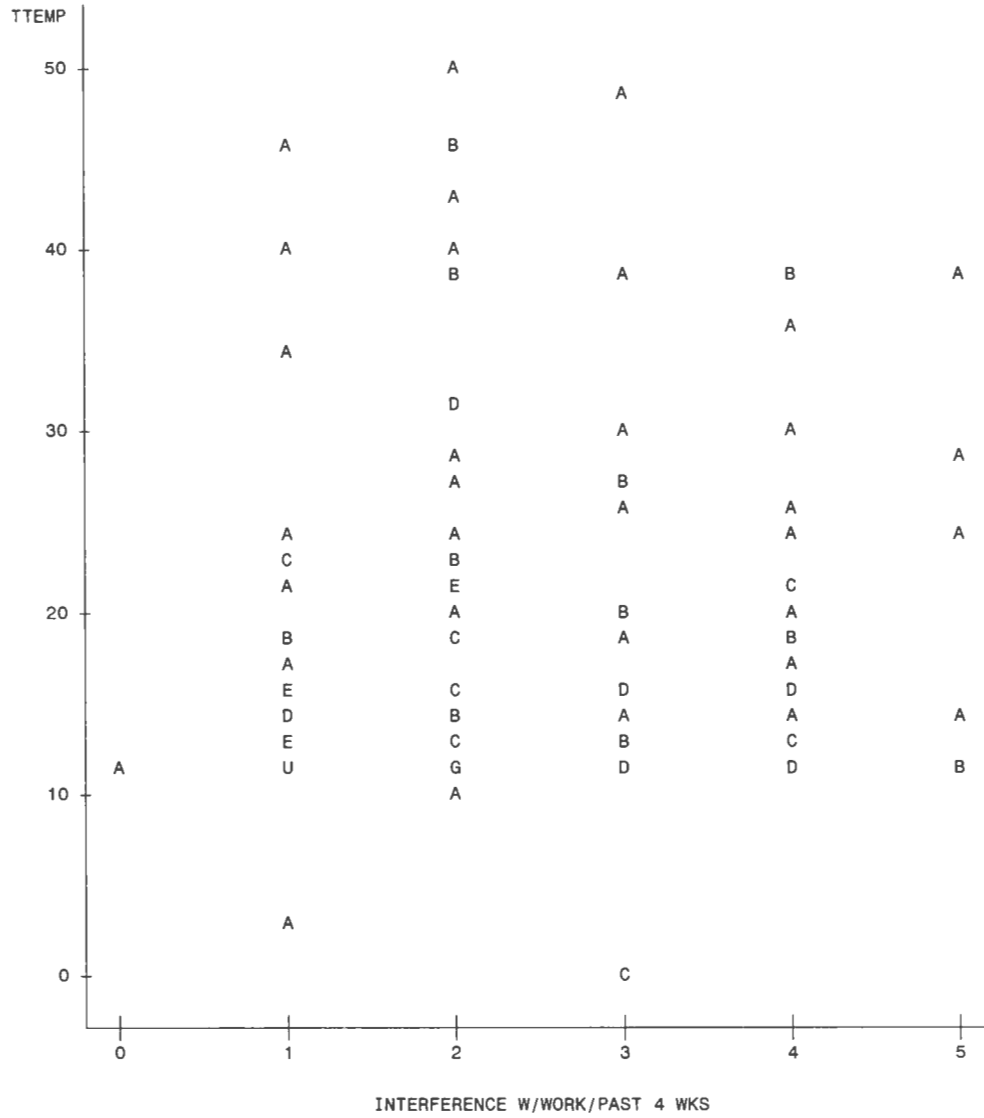
Plot of PDM3MTH*QI24. Legend: A = 1 obs, B = 2 obs, etc.



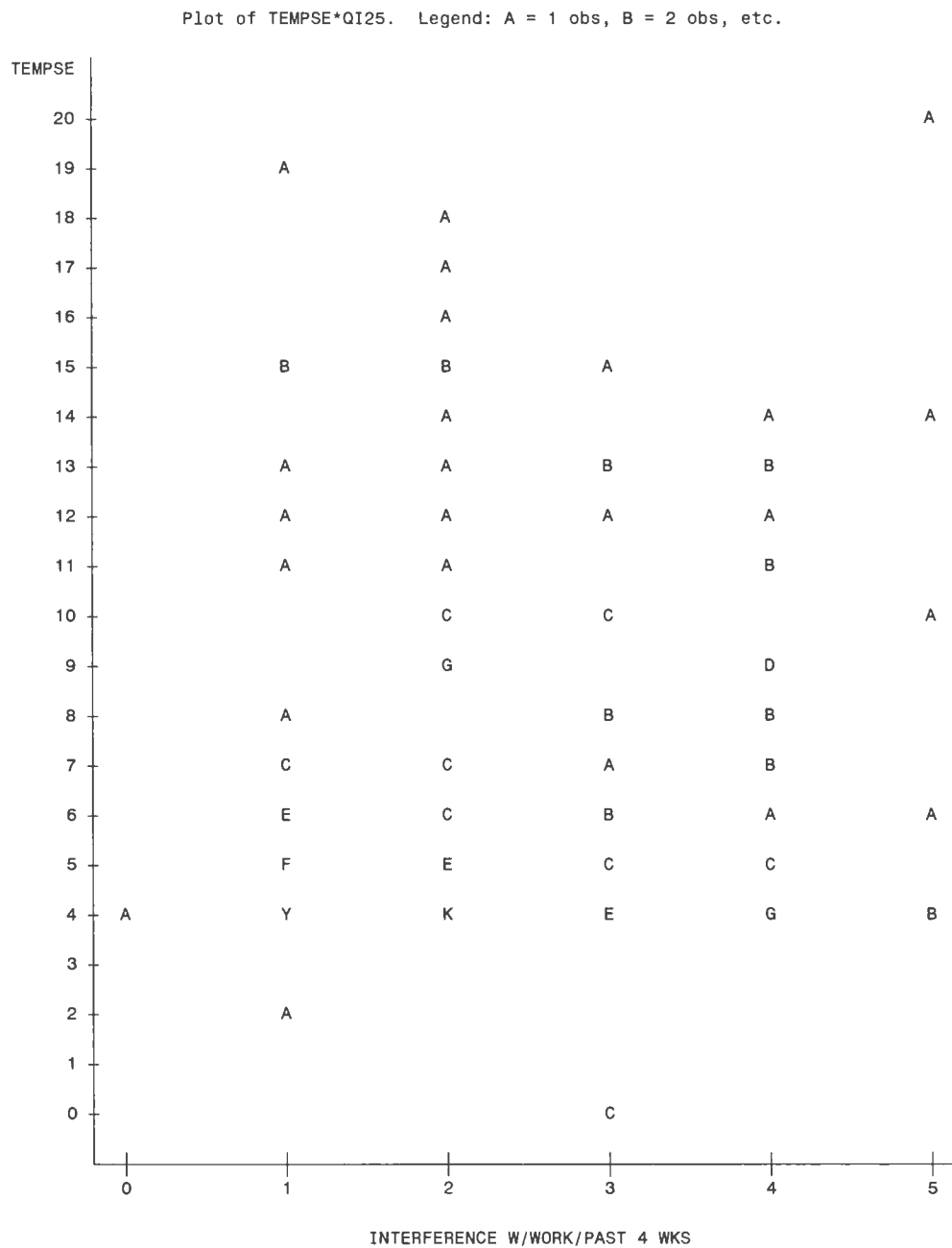
NOTE: 3 obs had missing values.

78. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Interference of Pain with Normal Work

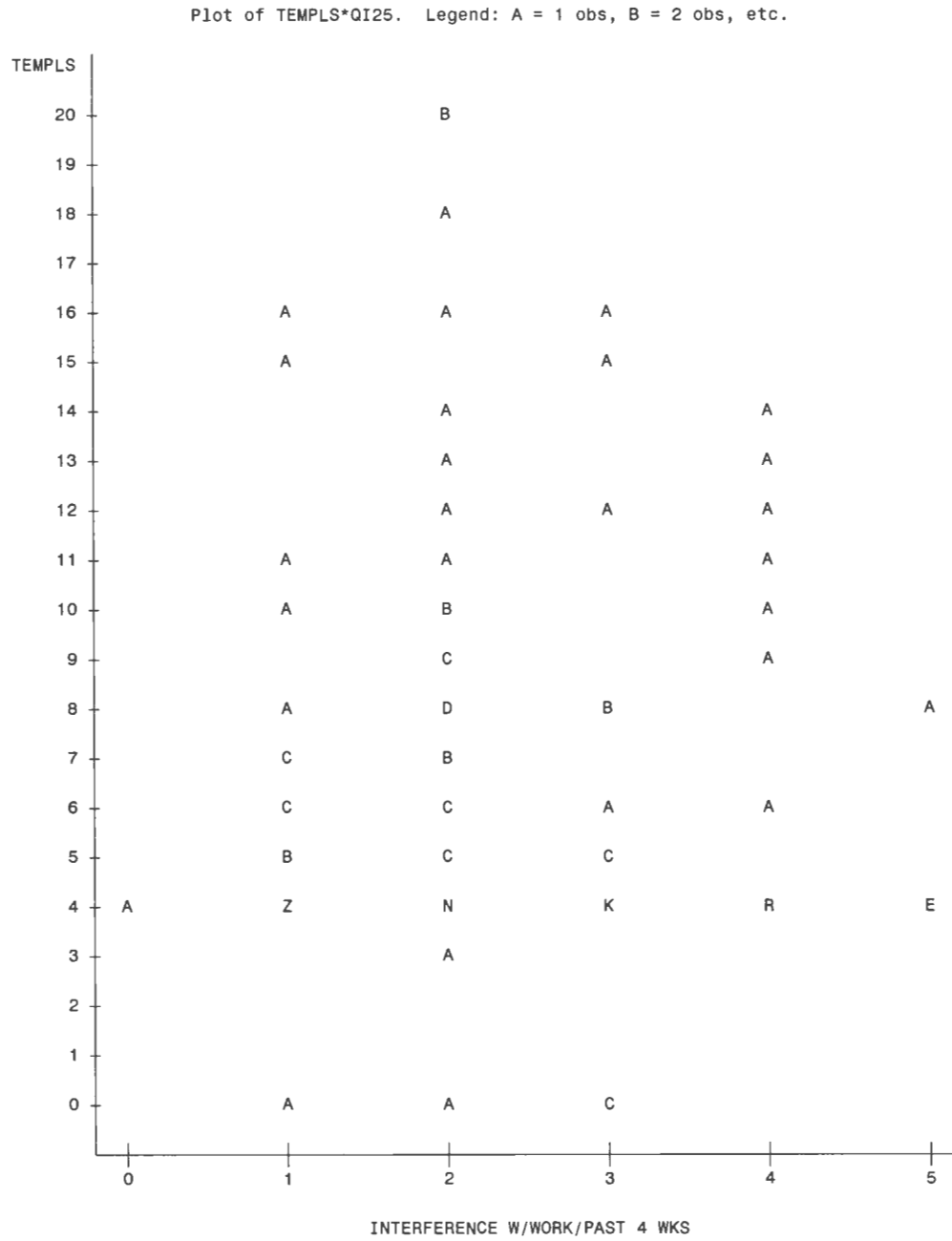
Plot of TTEMP*QI25. Legend: A = 1 obs, B = 2 obs, etc.



79. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Interference of Pain with Normal Work

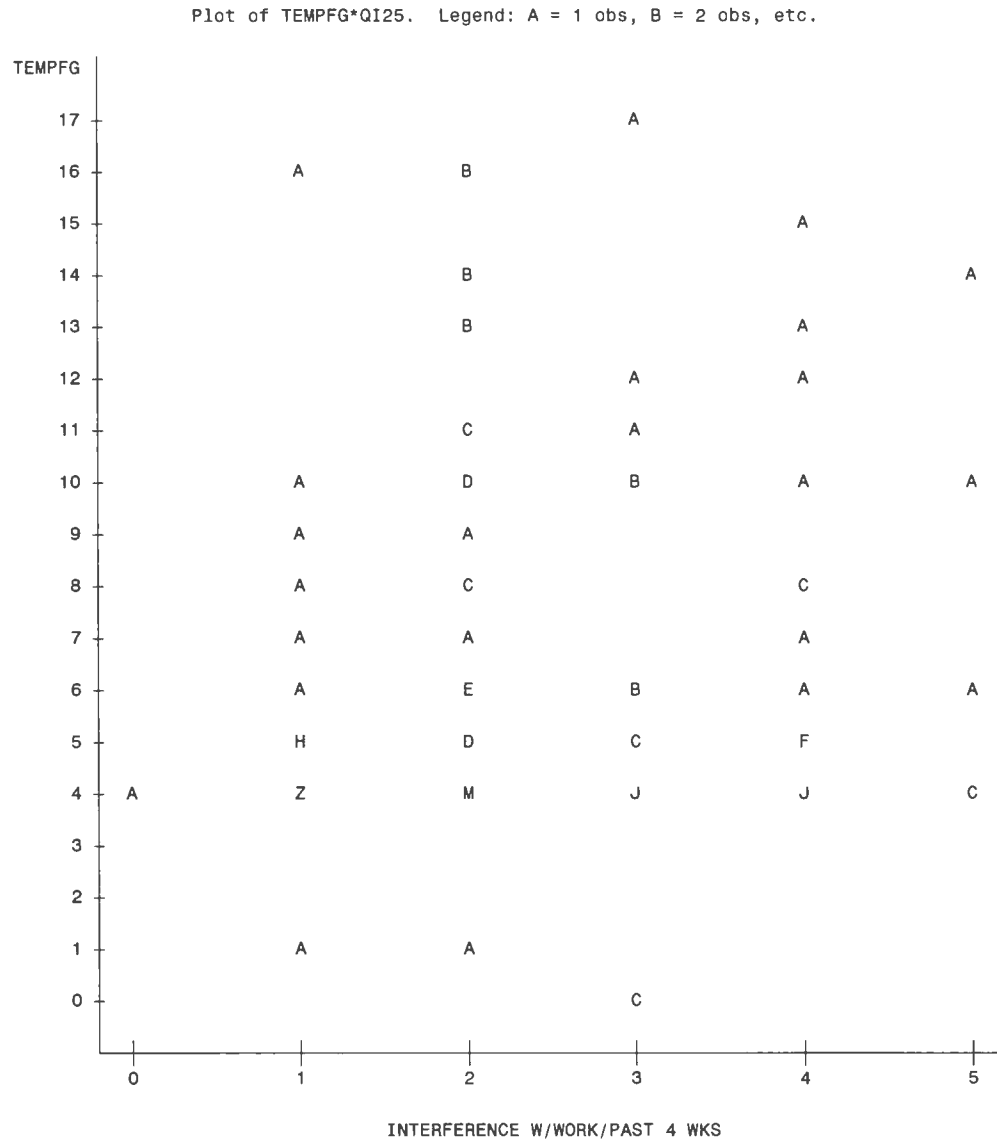


80. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Interference of Pain with Normal Work



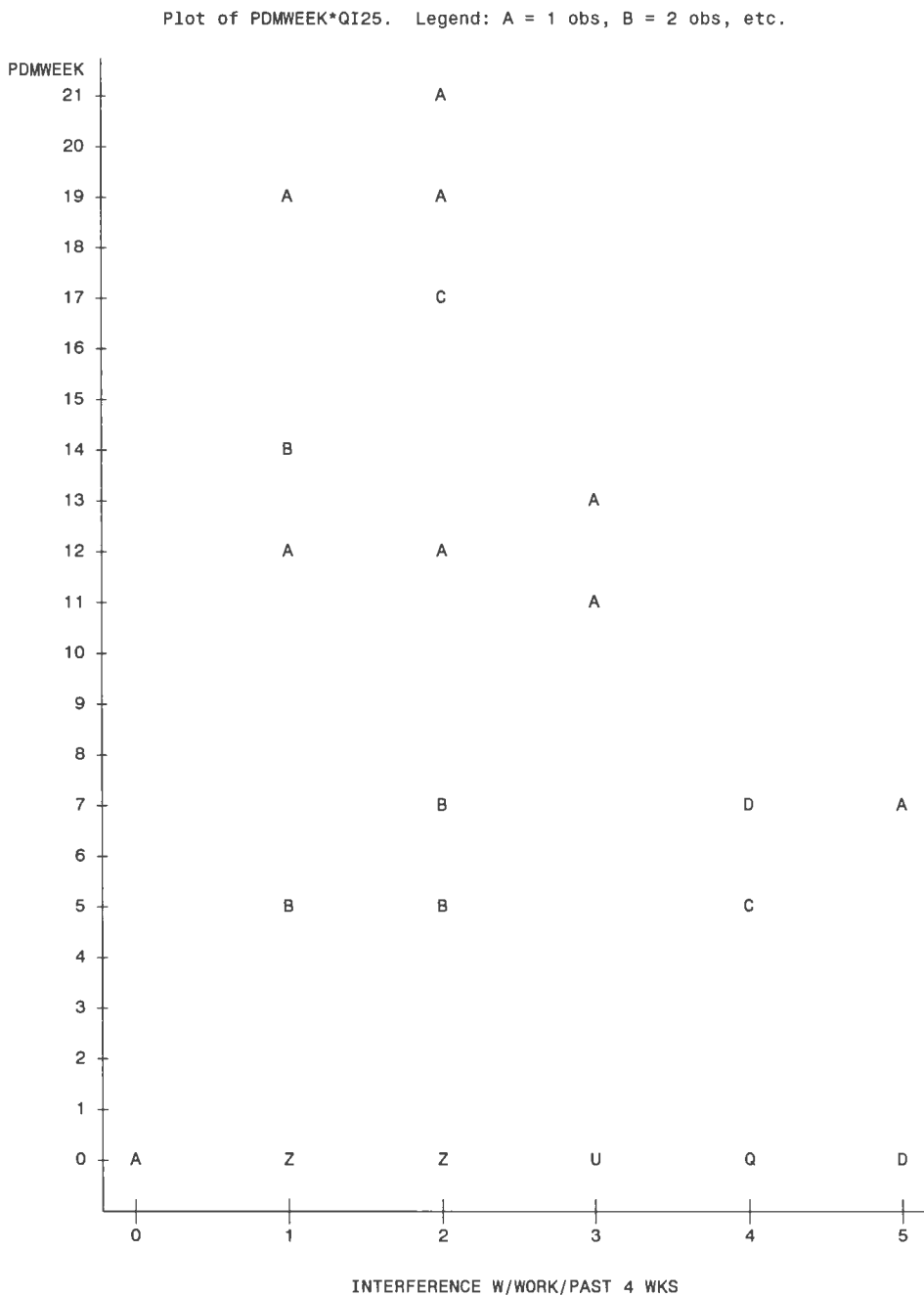
NOTE: 7 obs hidden.

81. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Interference of Pain with Normal Work



NOTE: 6 obs hidden.

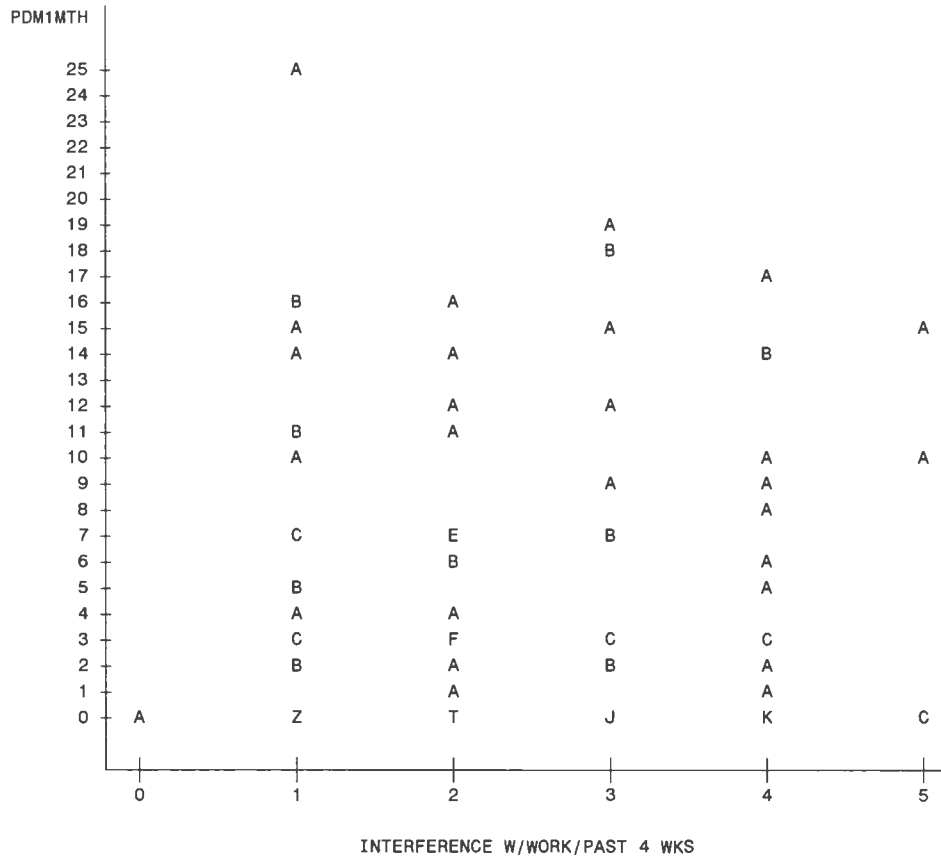
82. Plot of Percent of Doses Missed in the past Week vs Interference of Pain with Normal Work



NOTE: 4 obs had missing values. 18 obs hidden.

83. Plot of Percent of Doses Missed in the past Month vs Interference of Pain with Normal Work

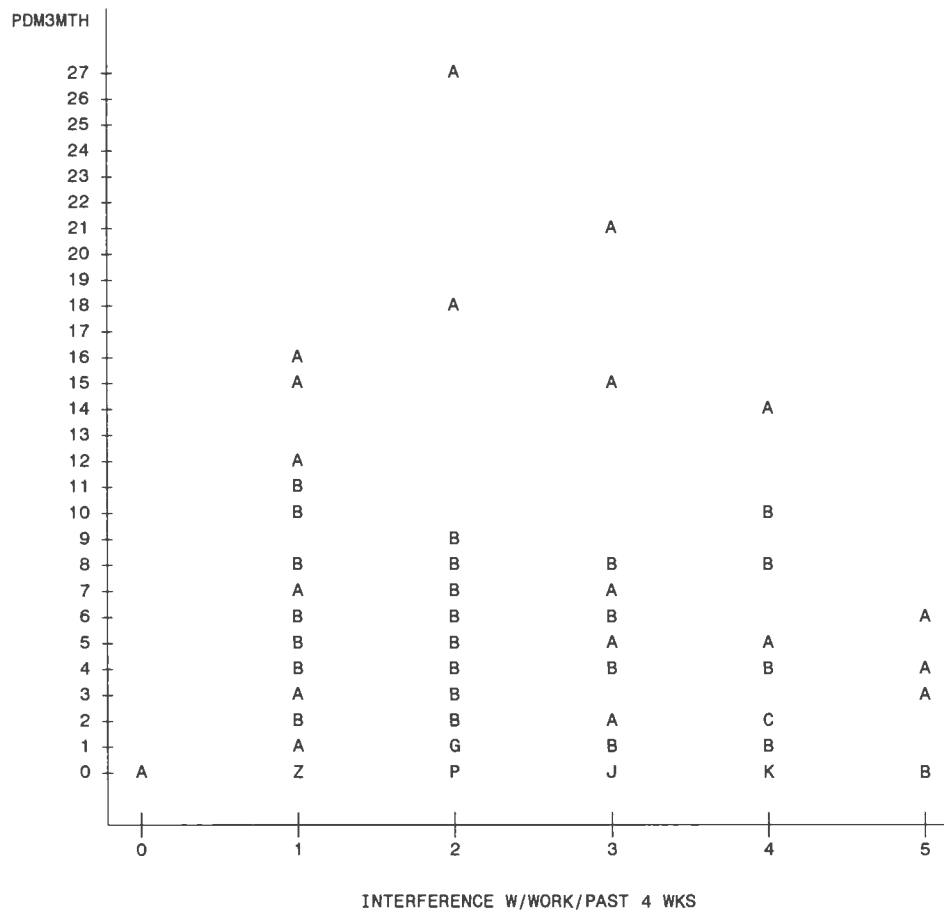
Plot of PDM1MTH*QI25. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 1 obs hidden.

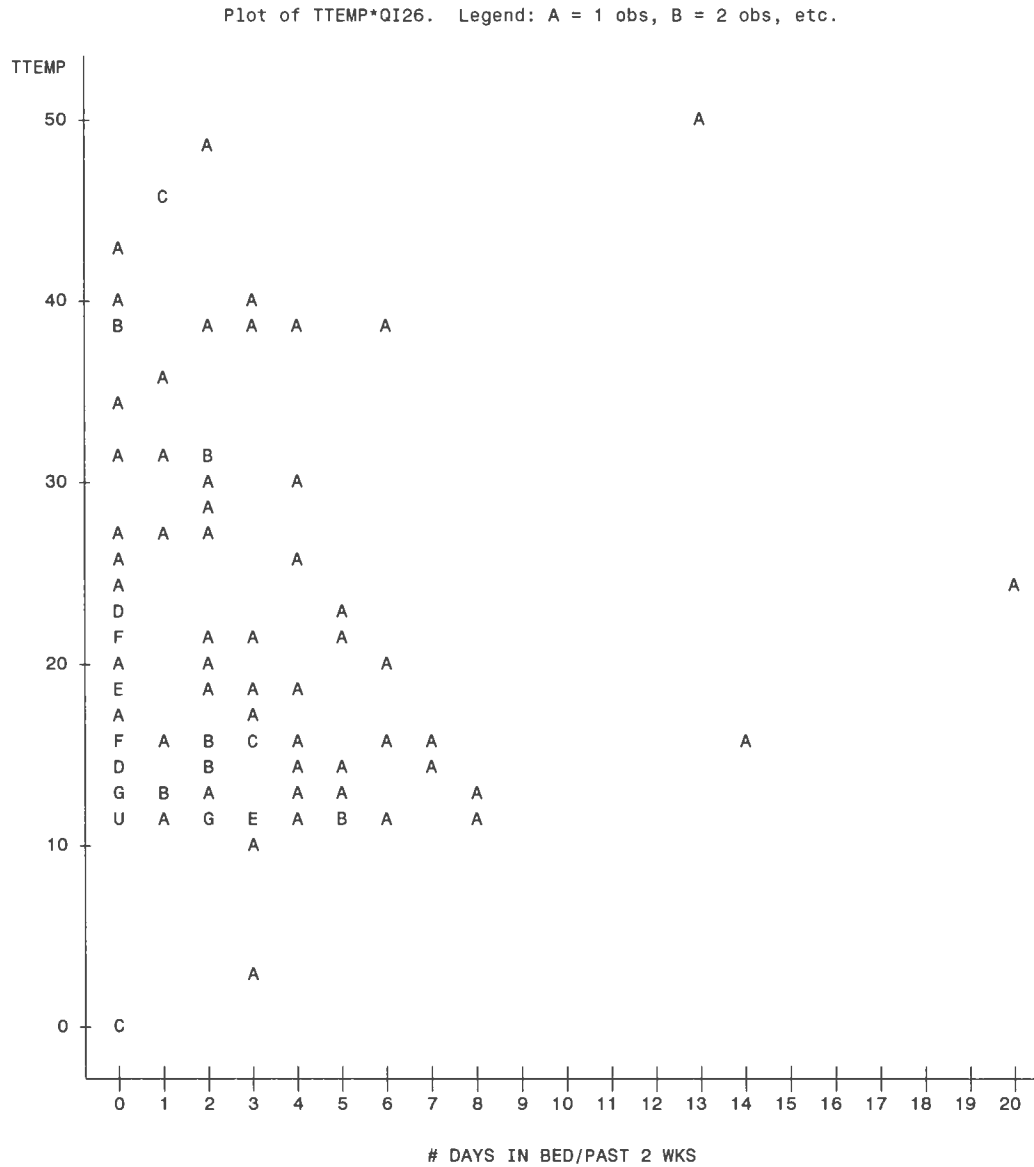
84. Plot of Percent of Doses Missed in the past Three Months vs Interference of Pain with Normal Work

Plot of PDM3MTH*QI25. Legend: A = 1 obs, B = 2 obs, etc.



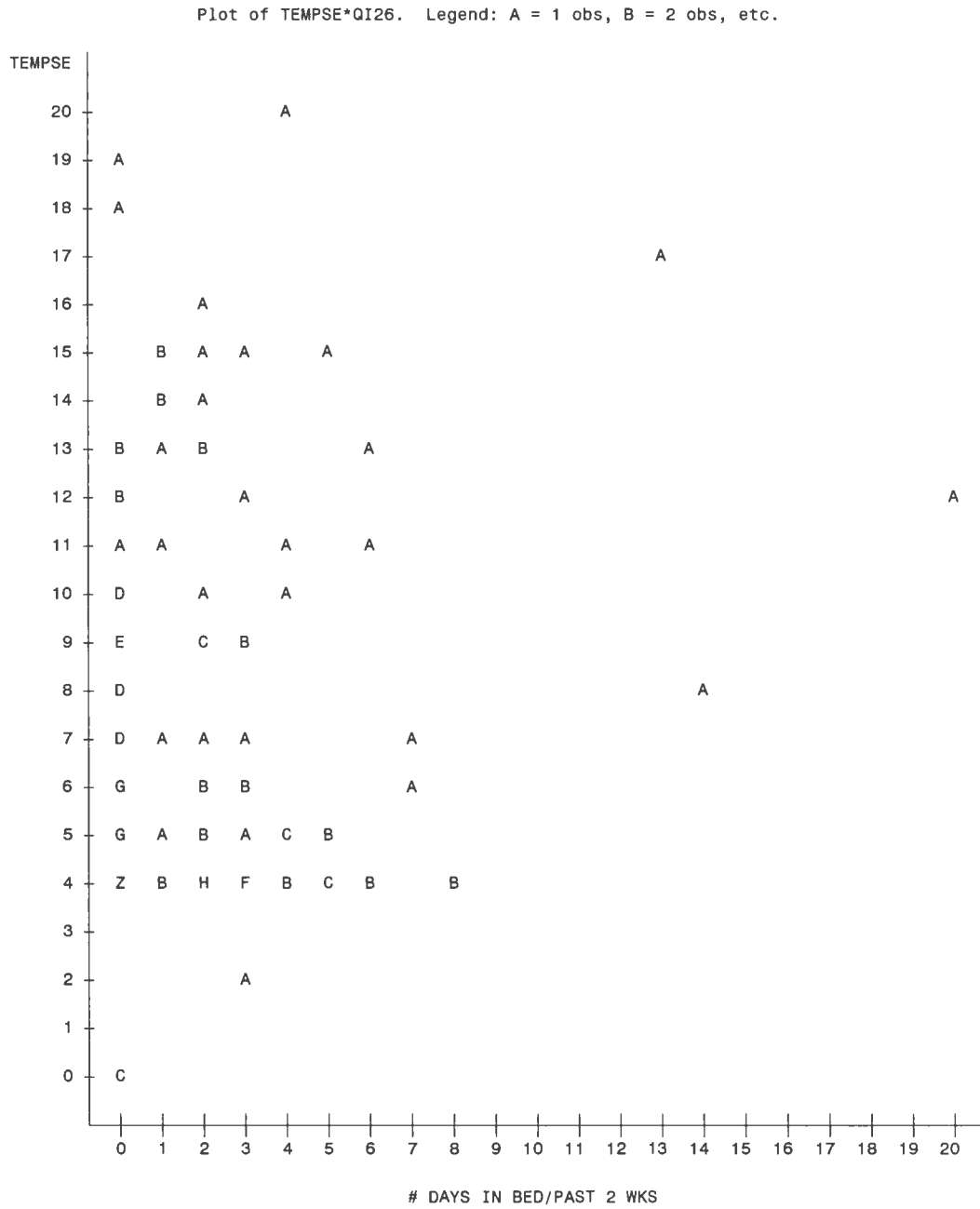
NOTE: 3 obs had missing values.

85. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Days in Bed



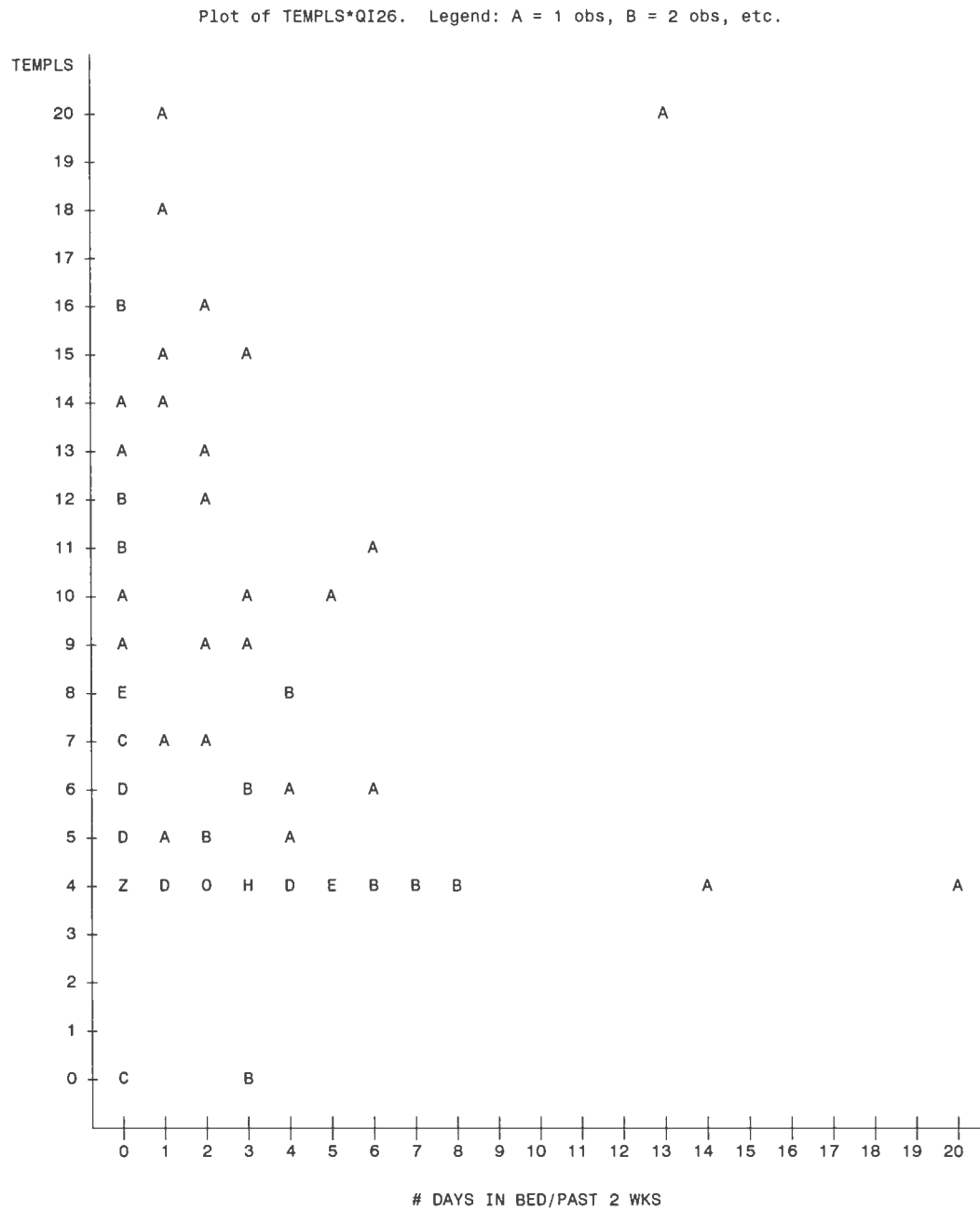
NOTE: 4 obs had missing values.

86. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Days in Bed



NOTE: 4 obs had missing values.

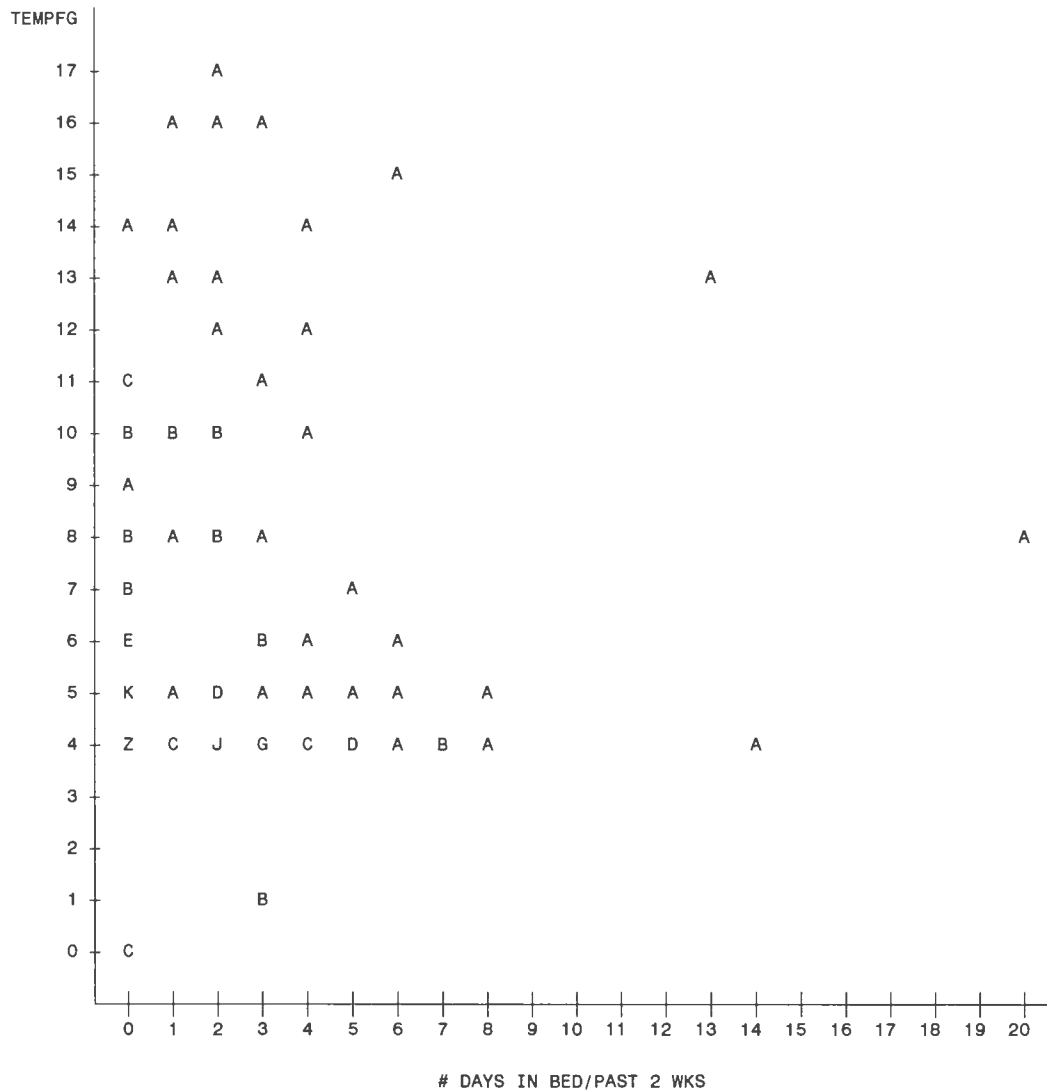
87. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Days in Bed



NOTE: 4 obs had missing values. 12 obs hidden.

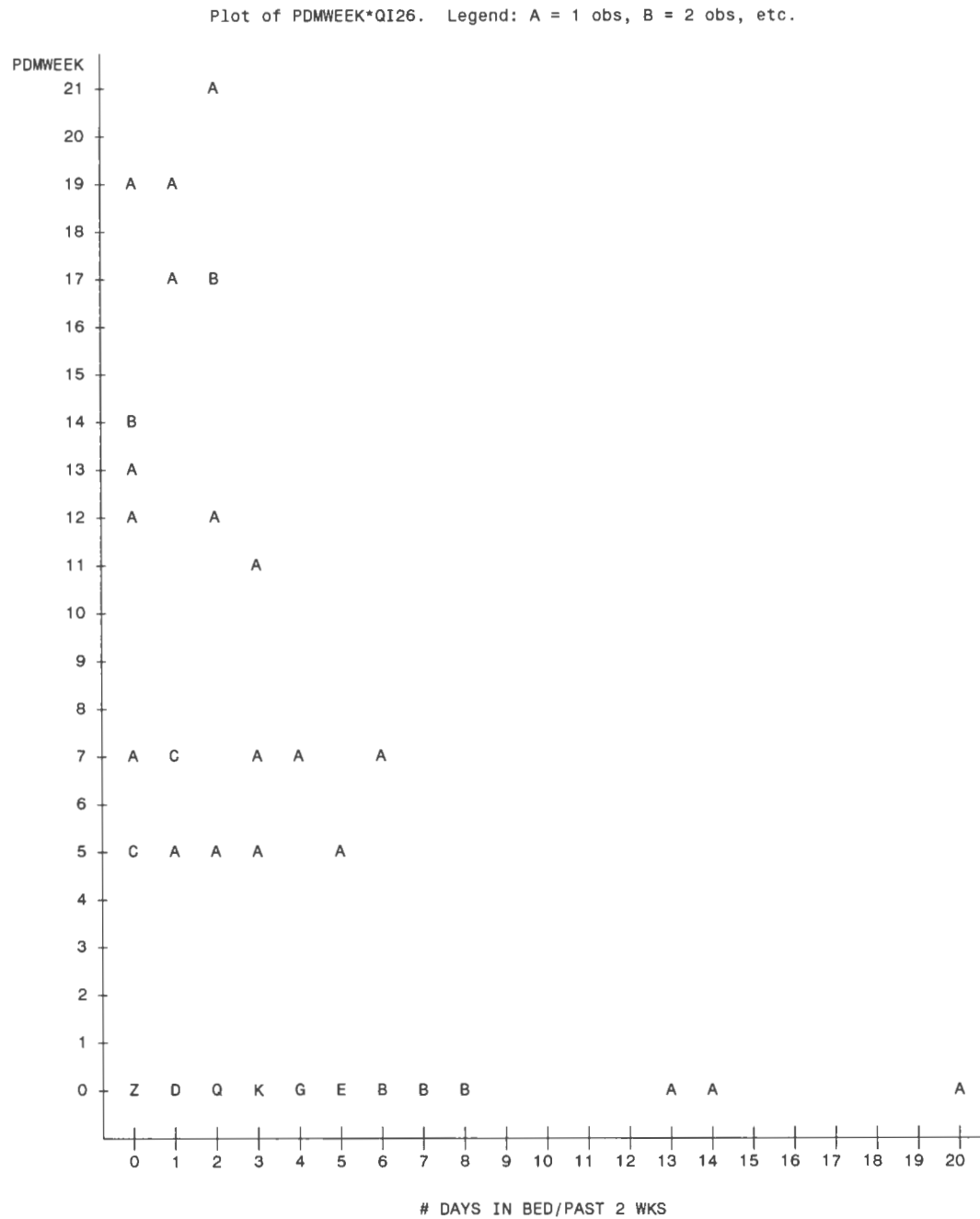
88. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Days in Bed

Plot of TEMPFG*QI26. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 4 obs had missing values. 11 obs hidden.

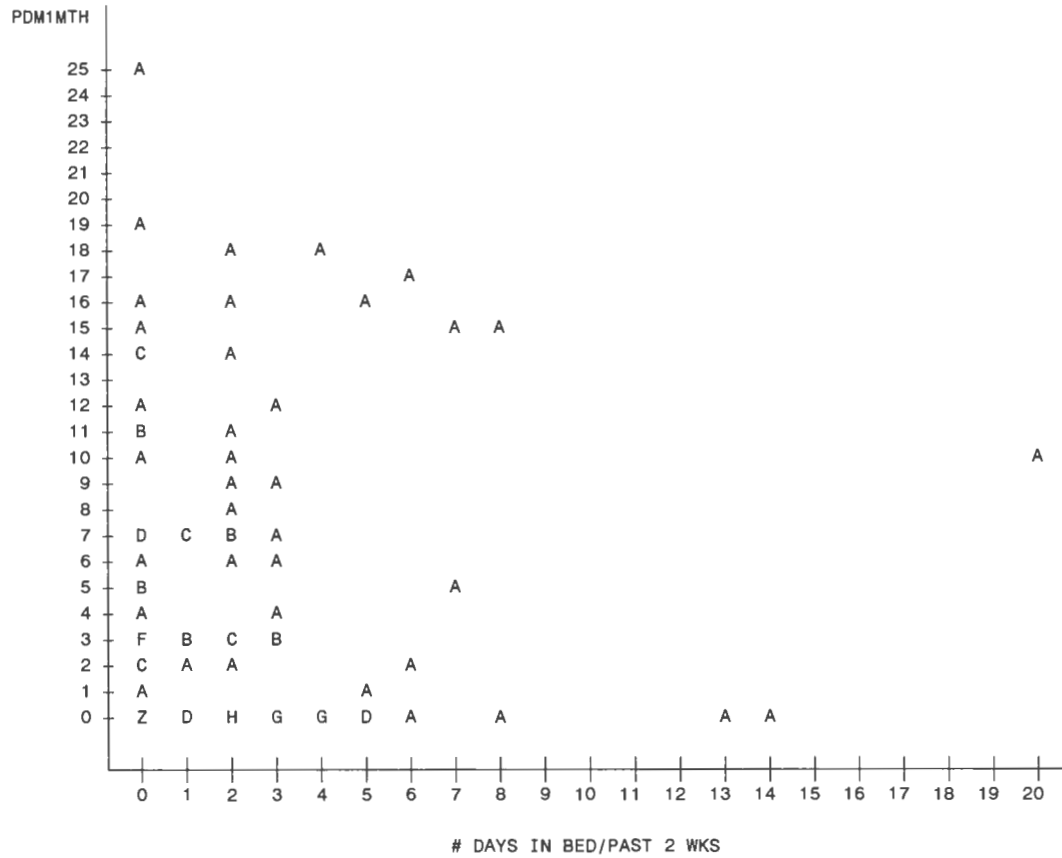
89. Plot of Percent of Doses Missed in the past Week vs Days in Bed



NOTE: 8 obs had missing values. 30 obs hidden.

90. Plot of Percent of Doses Missed in the past Month vs Days in Bed

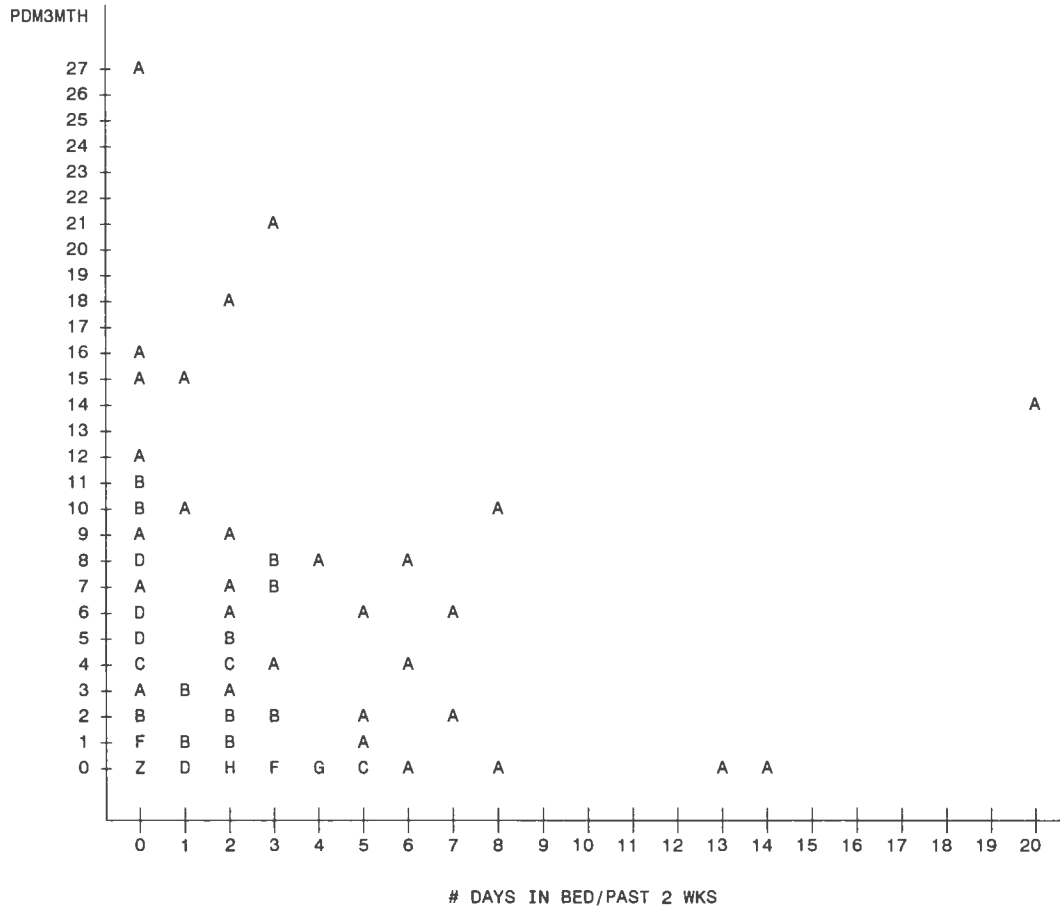
Plot of PDM1MTH*QI26. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 8 obs had missing values. 10 obs hidden.

91. Plot of Percent of Doses Missed in the past Three Months vs Days in Bed

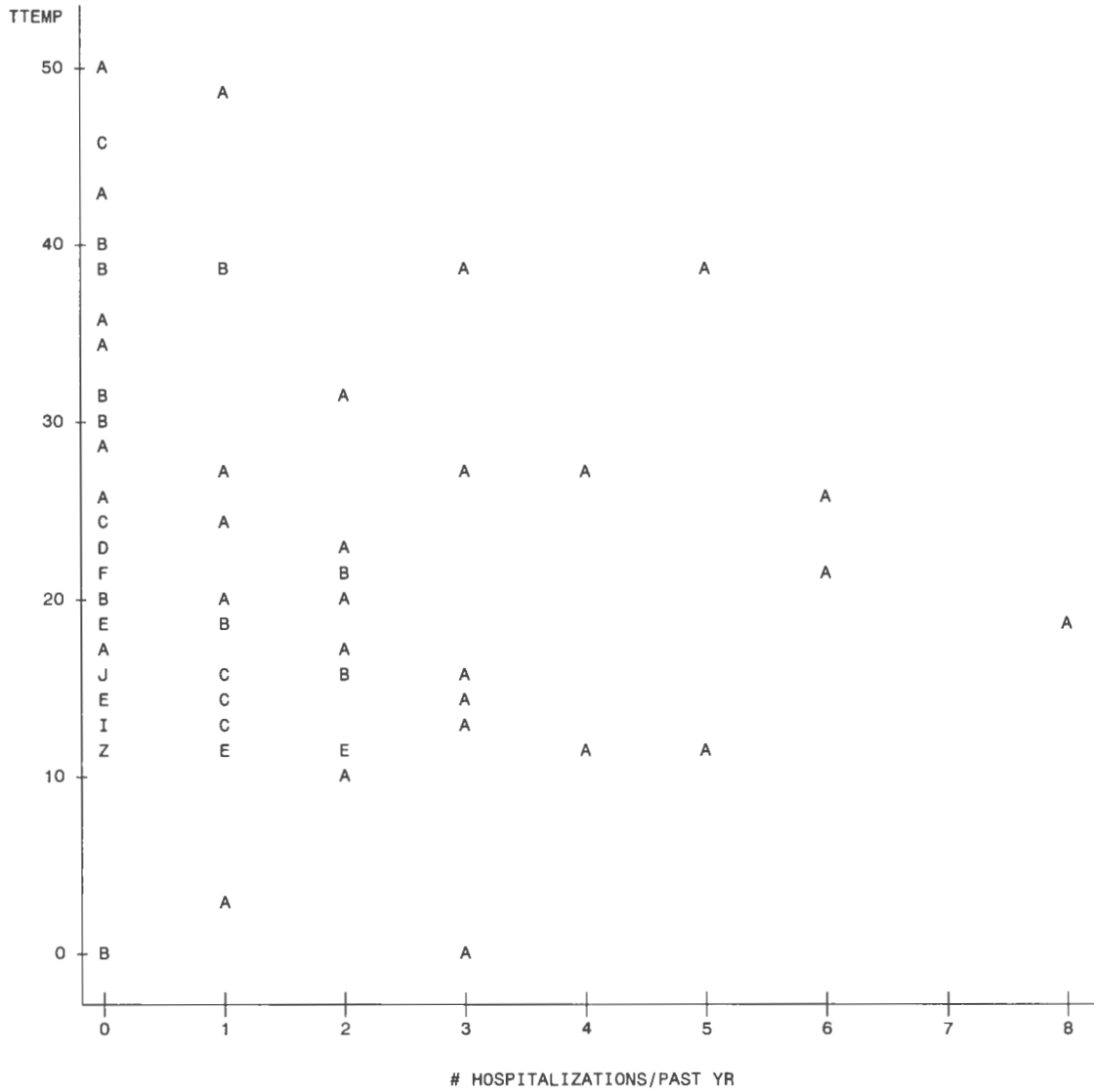
Plot of PDM3MTH*QI26. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 7 obs had missing values. 6 obs hidden.

92. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Hospitalizations

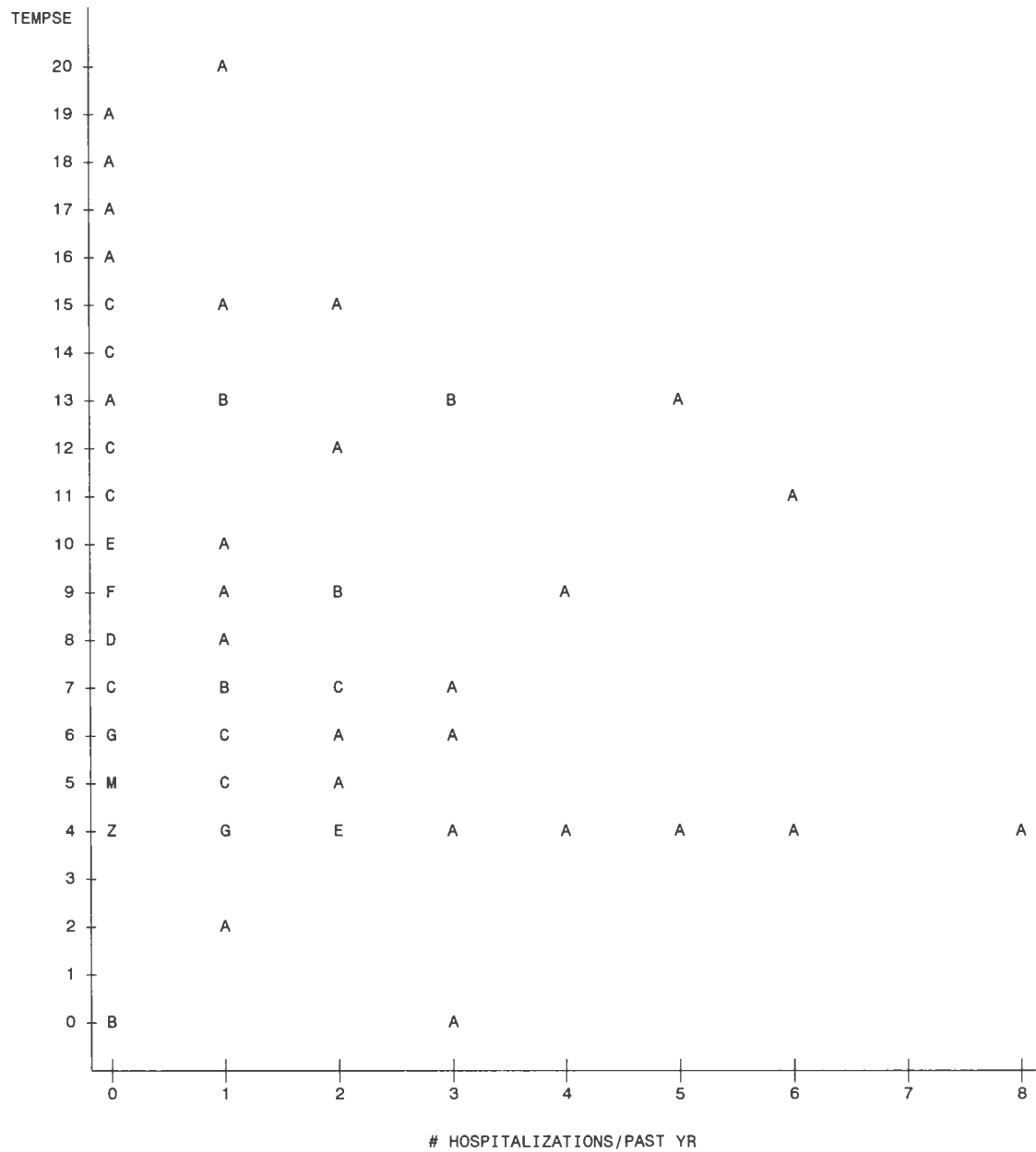
Plot of TTEMP*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 2 obs had missing values. 1 obs hidden.

93. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Hospitalizations

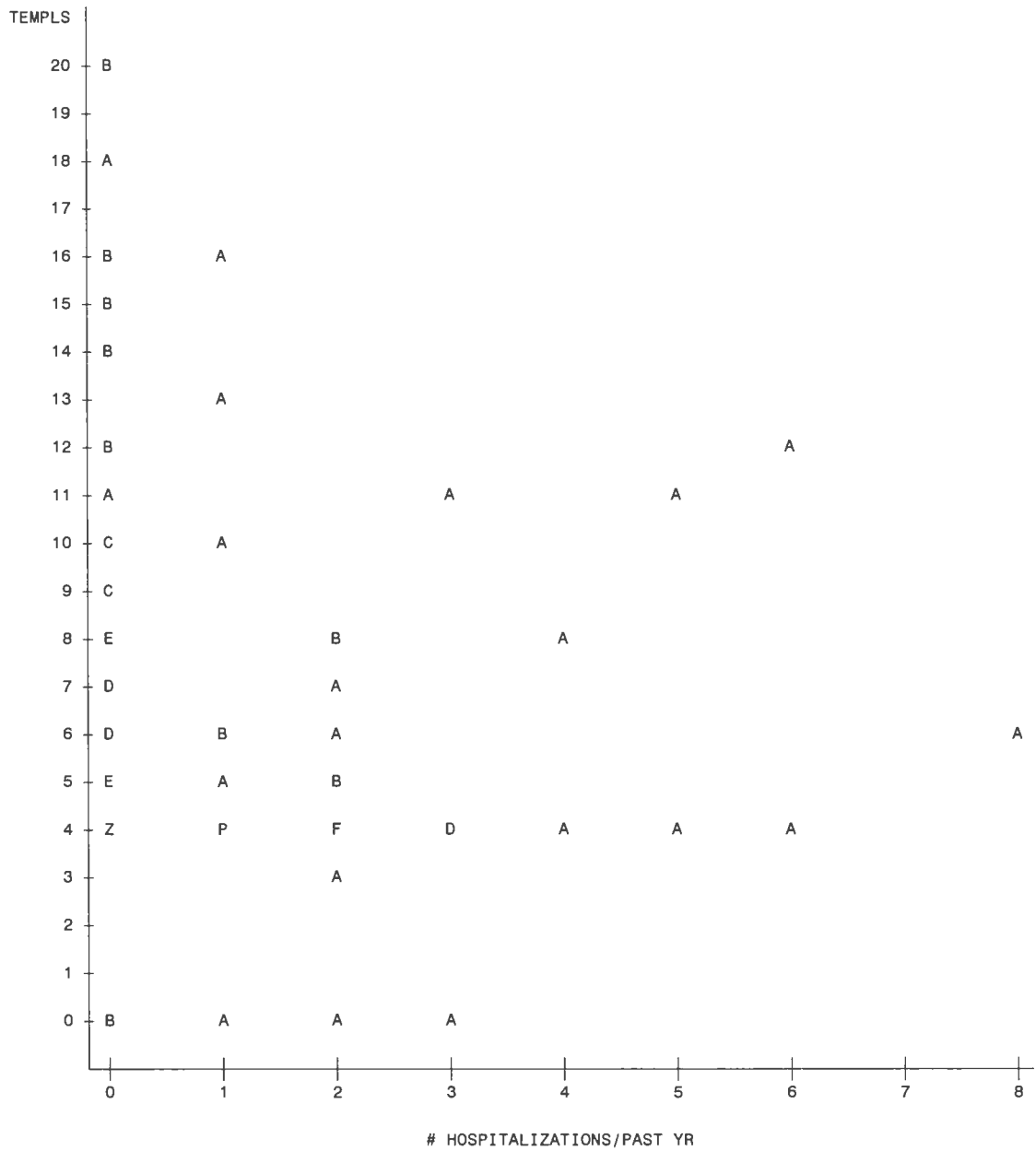
Plot of TEMPSE*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 2 obs had missing values. 8 obs hidden.

94. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Hospitalizations

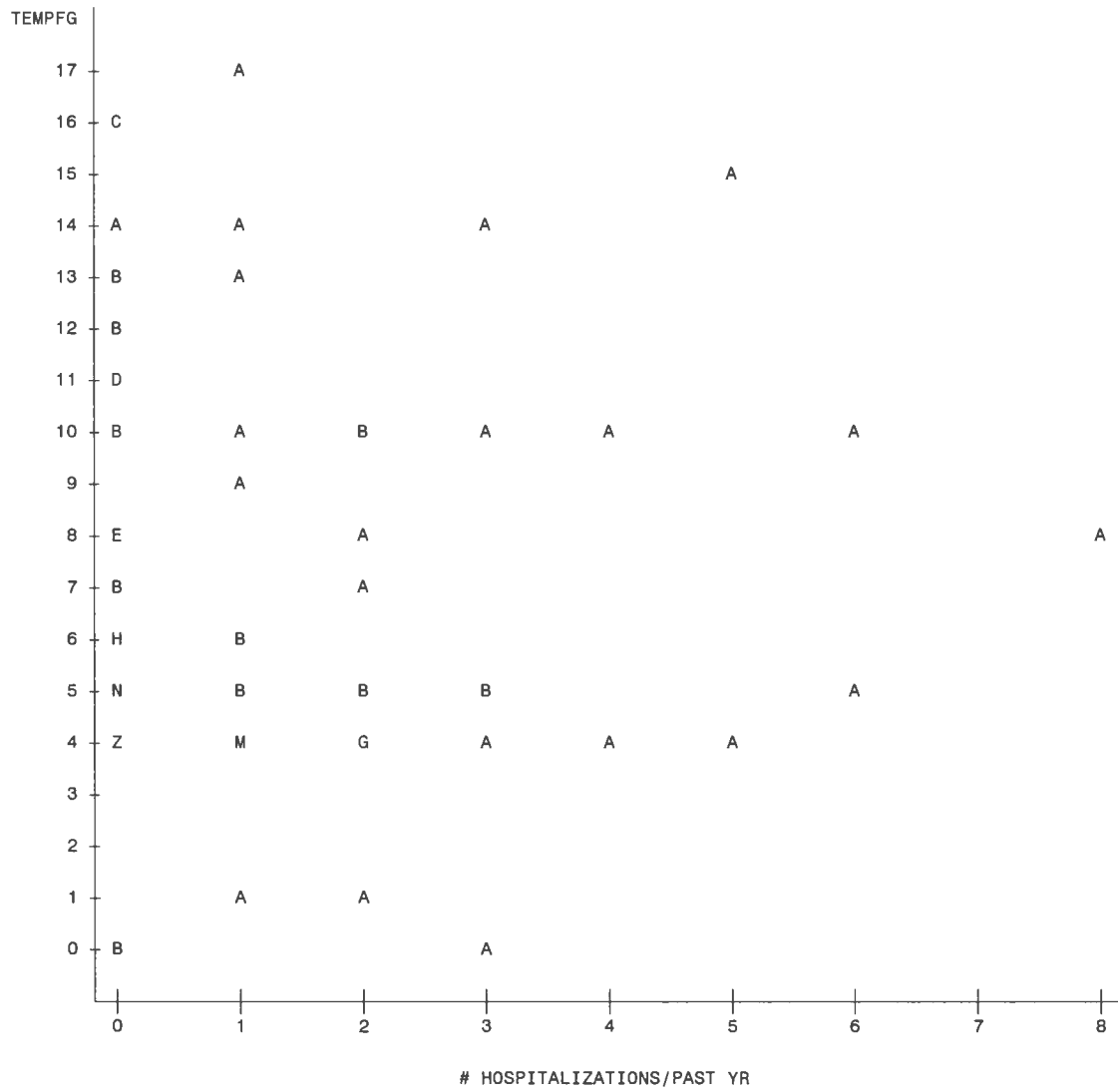
Plot of TEMPLS*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 2 obs had missing values. 27 obs hidden.

95. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Hospitalizations

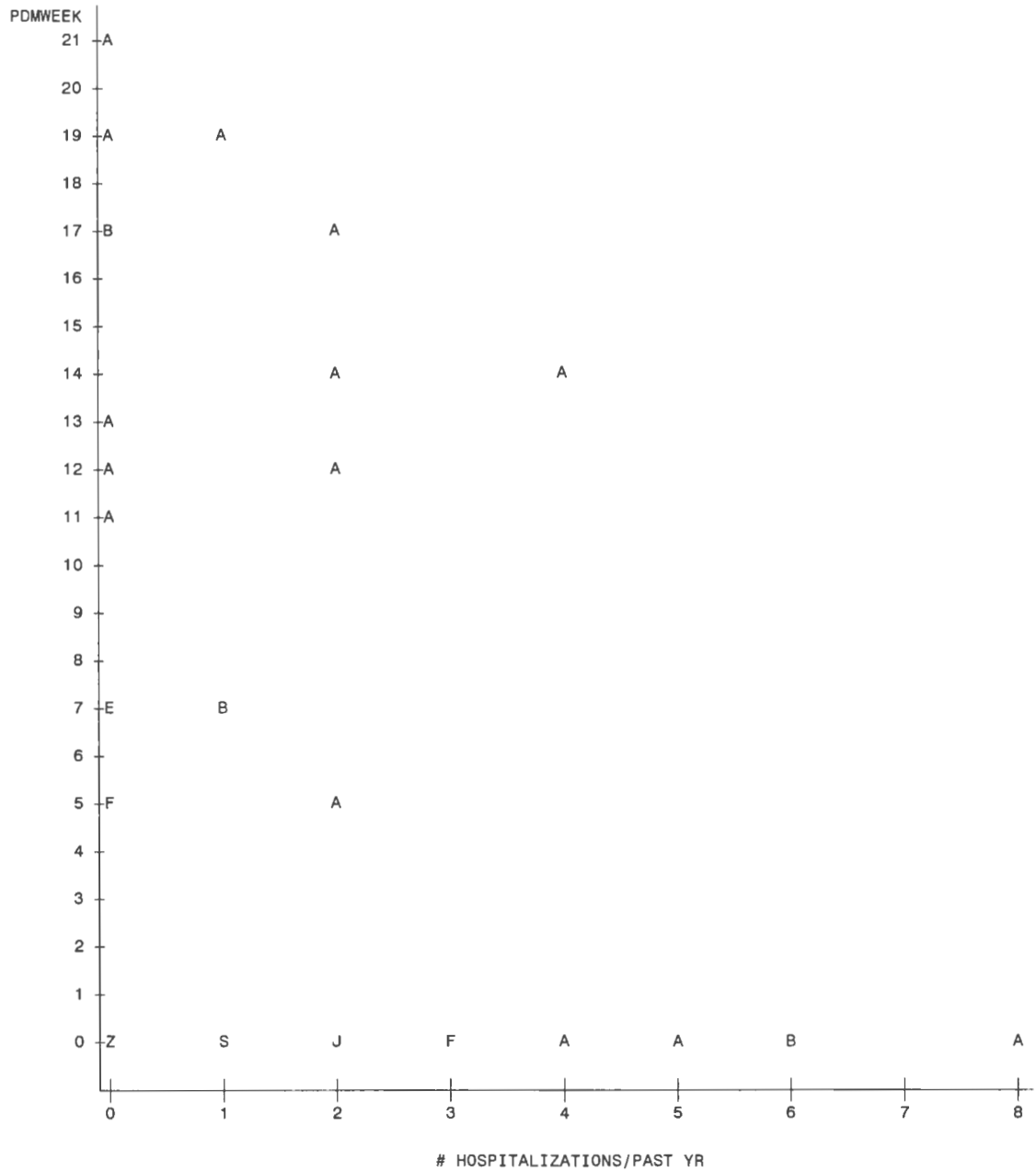
Plot of TEMPFG*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 2 obs had missing values. 20 obs hidden.

96. Plot of Percent of Doses Missed in the past Week vs Hospitalizations

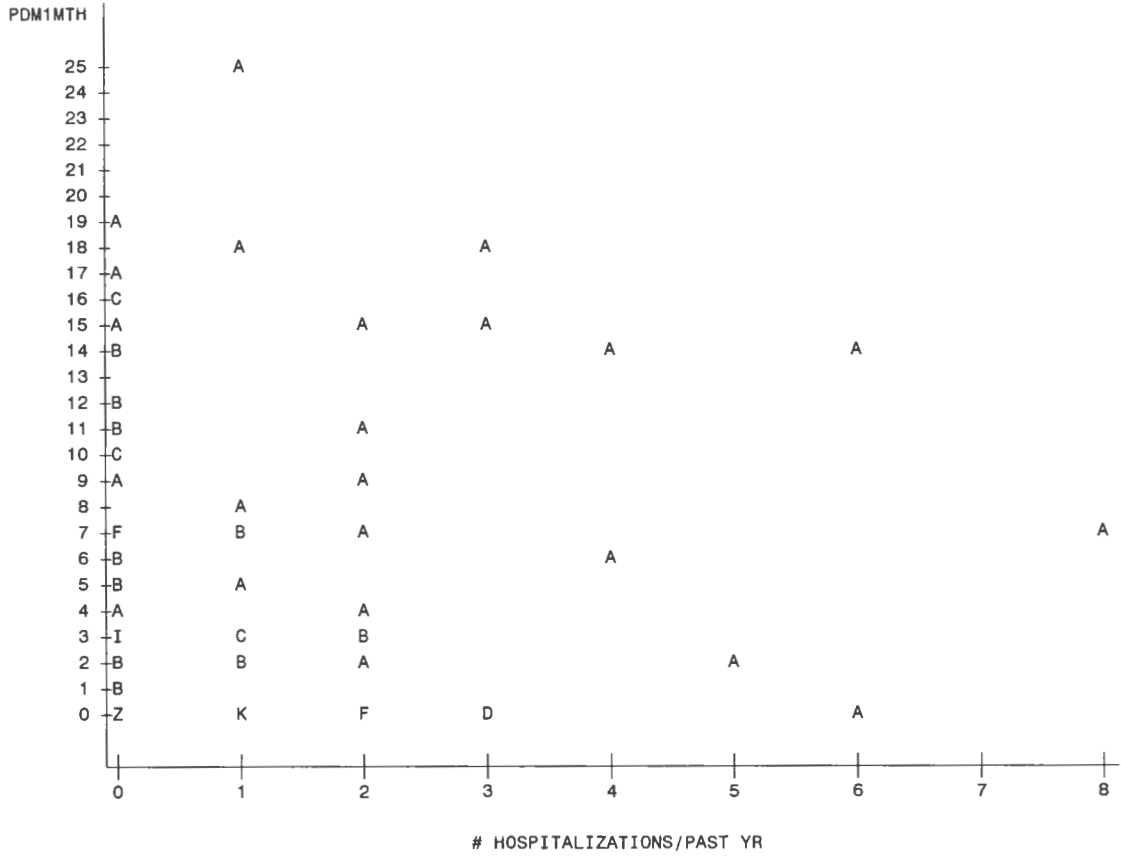
Plot of PDMWEEK*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 6 obs had missing values. 45 obs hidden.

97. Plot of Percent of Doses Missed in the past Month vs Hospitalizations

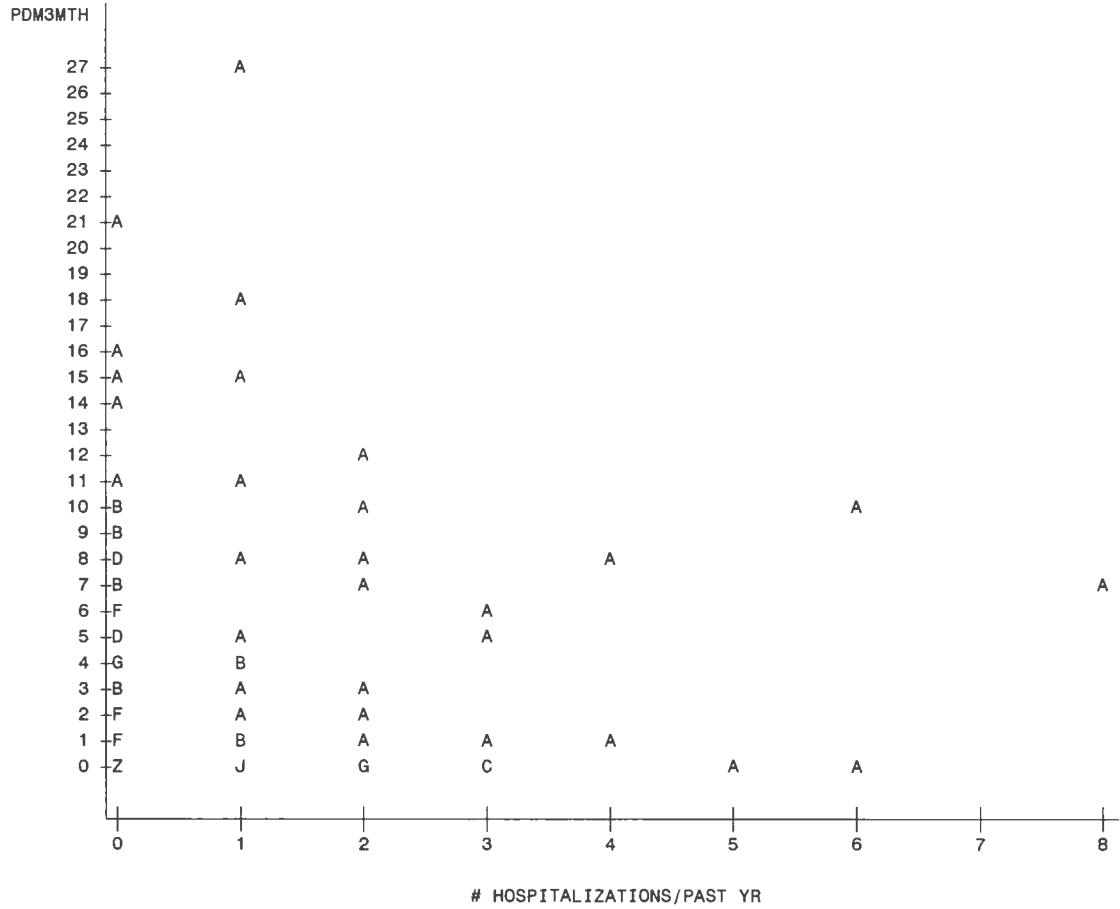
Plot of PDM1MTH*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 6 obs had missing values. 23 obs hidden.

98. Plot of Percent of Doses Missed in the past Three Months vs Hospitalizations

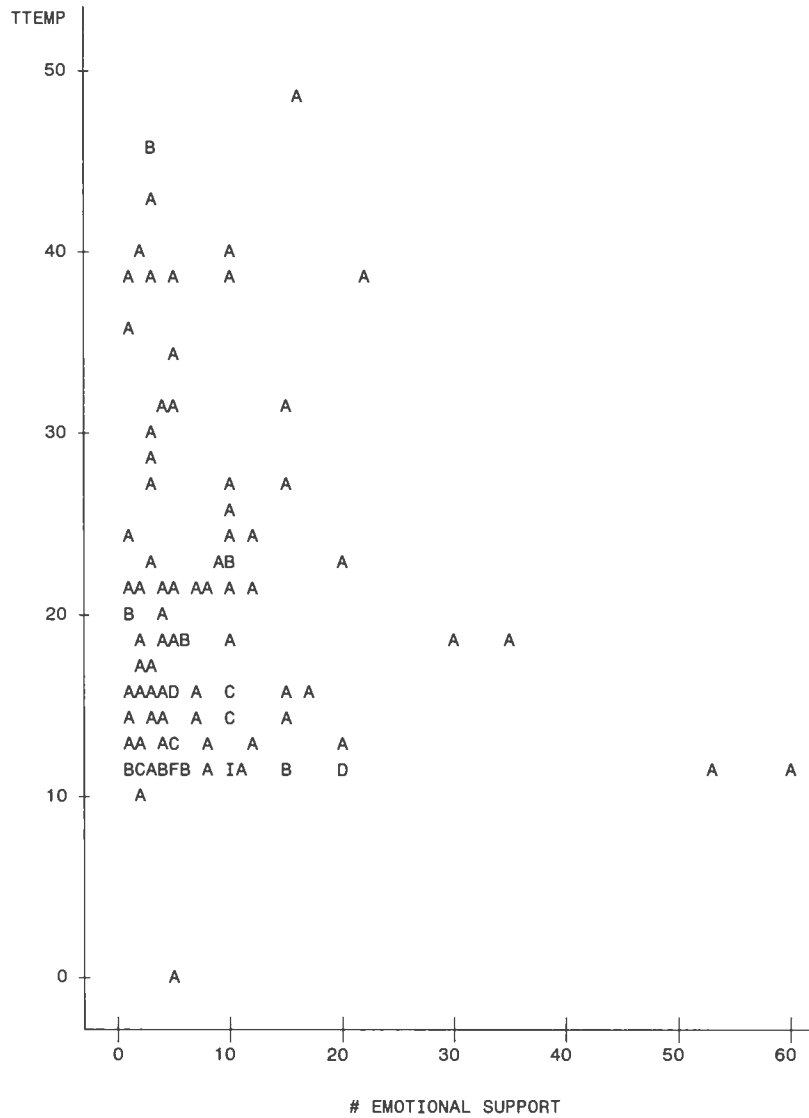
Plot of PDM3MTH*QI27. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 5 obs had missing values. 18 obs hidden.

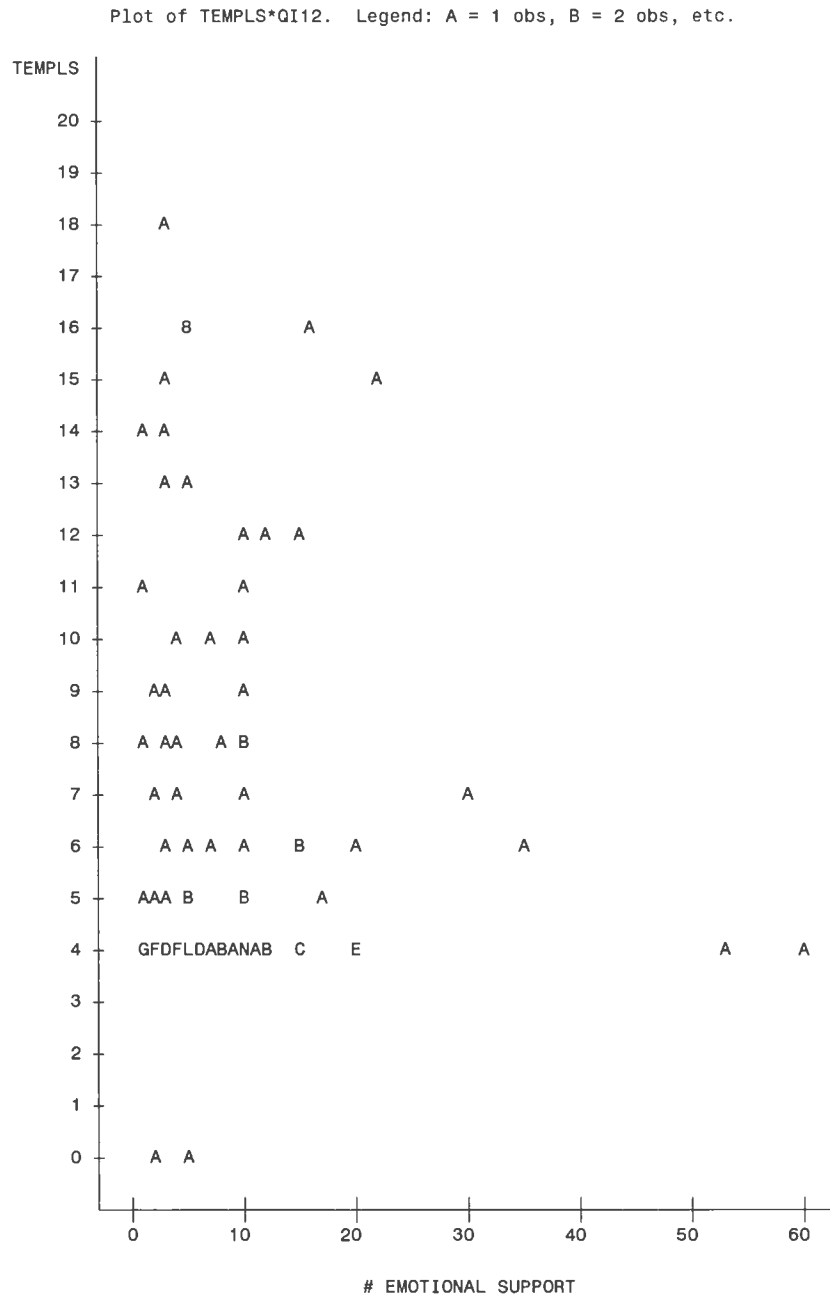
99. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Persons giving Emotional Support

Plot of TTEMP*QI12. Legend: A = 1 obs, B = 2 obs, etc.



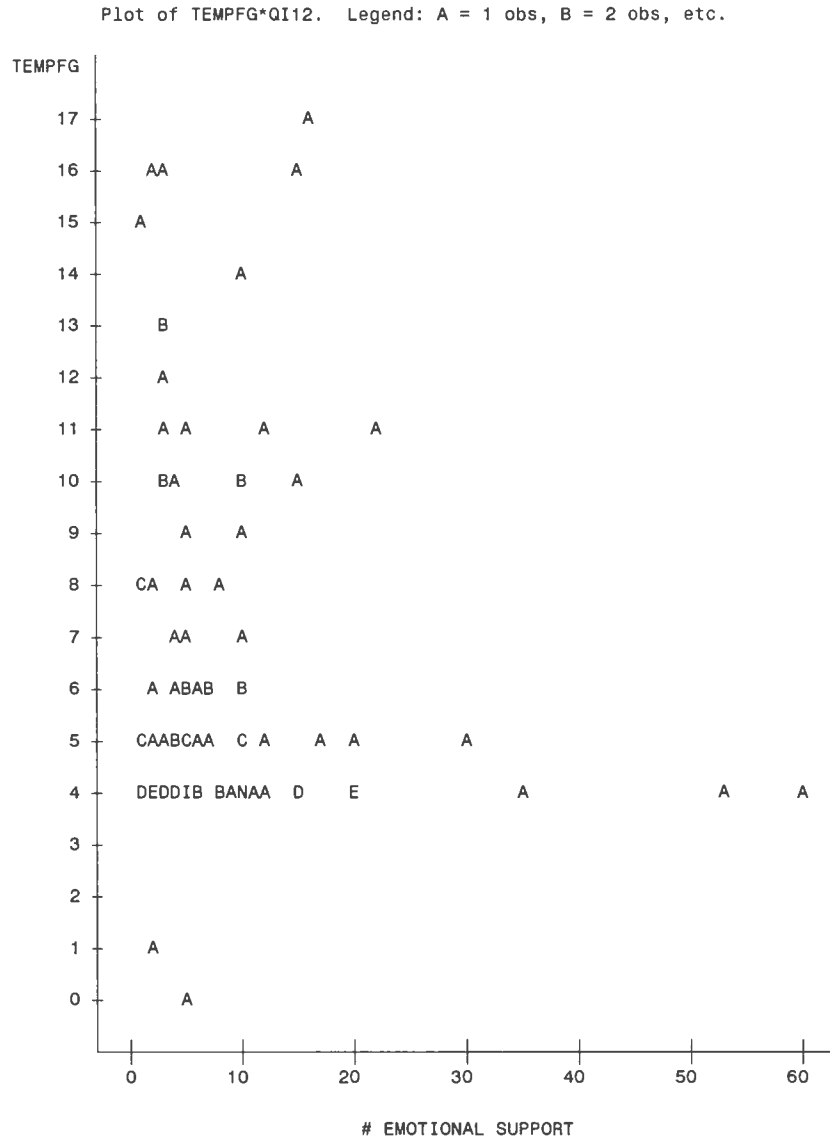
NOTE: 24 obs had missing values.

101. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Persons giving Emotional Support



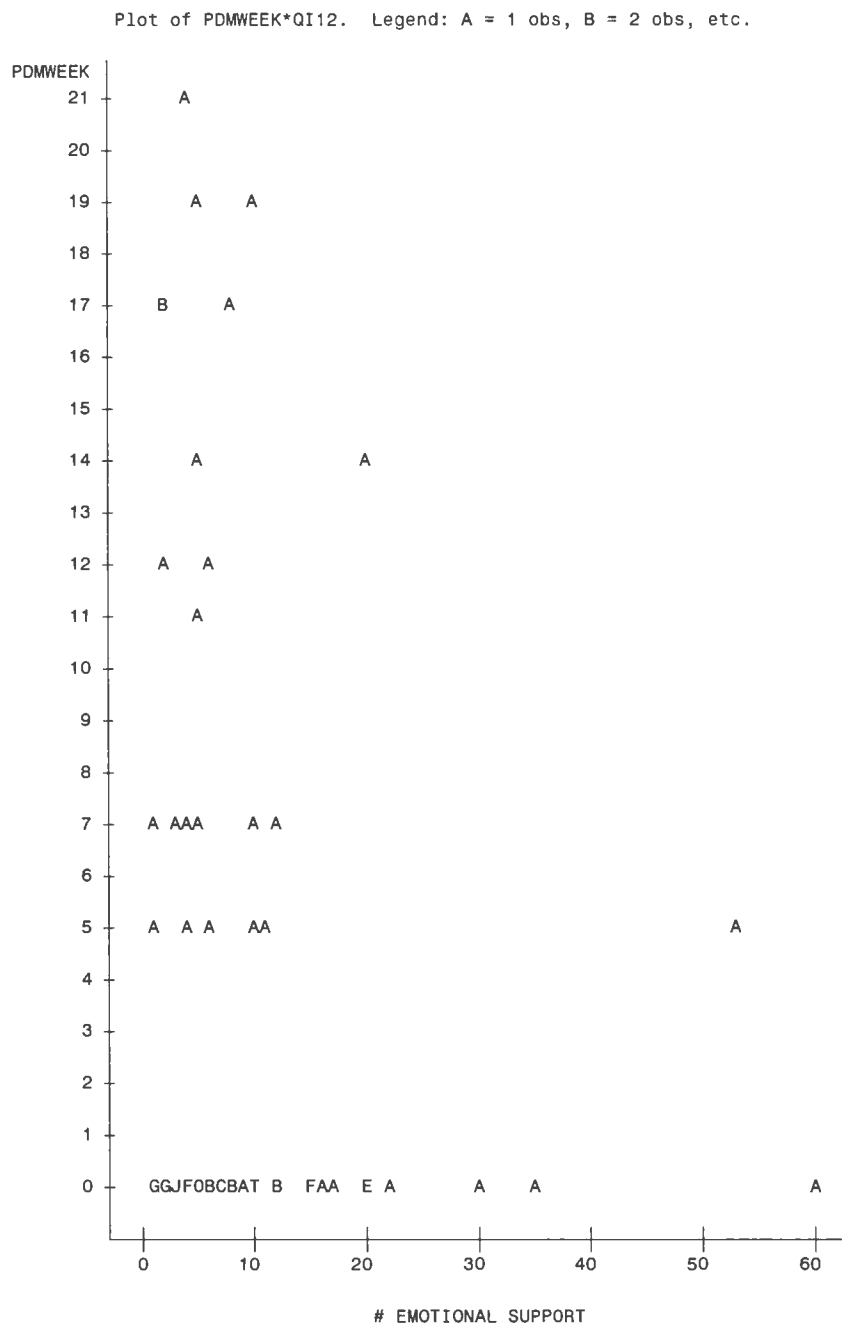
NOTE: 24 obs had missing values.

102. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Persons giving Emotional Support



NOTE: 24 obs had missing values.

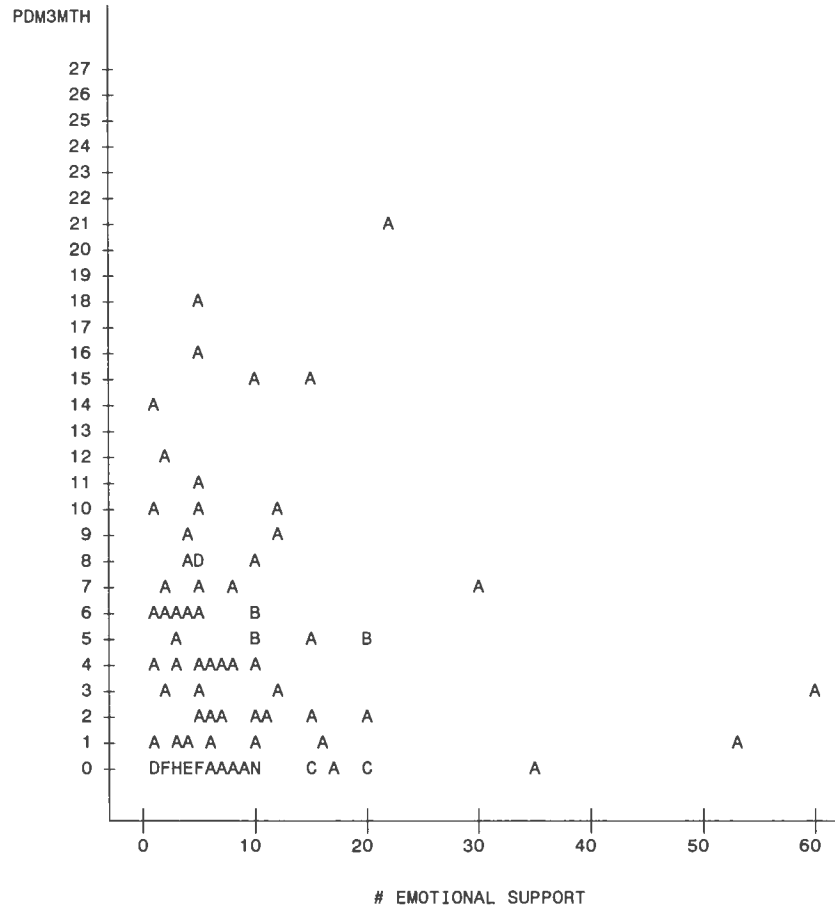
103. Plot of Percent of Doses Missed in the past Week vs Persons giving Emotional Support



NOTE: 28 obs had missing values.

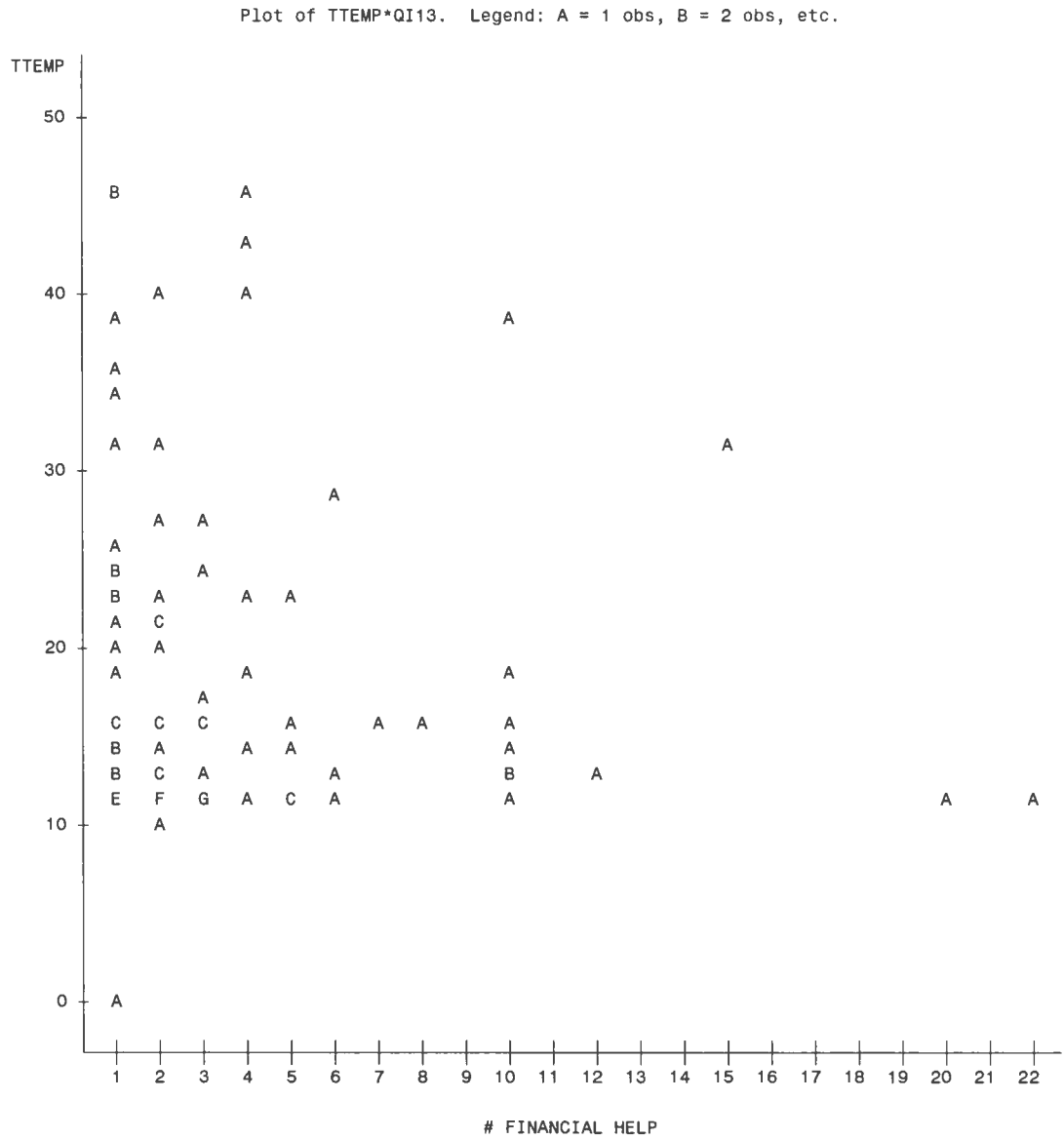
105. Plot of Percent of Doses Missed in the past Three Months vs
Persons giving Emotional Support

Plot of PDM3MTH*QI12. Legend: A = 1 obs, B = 2 obs, etc.



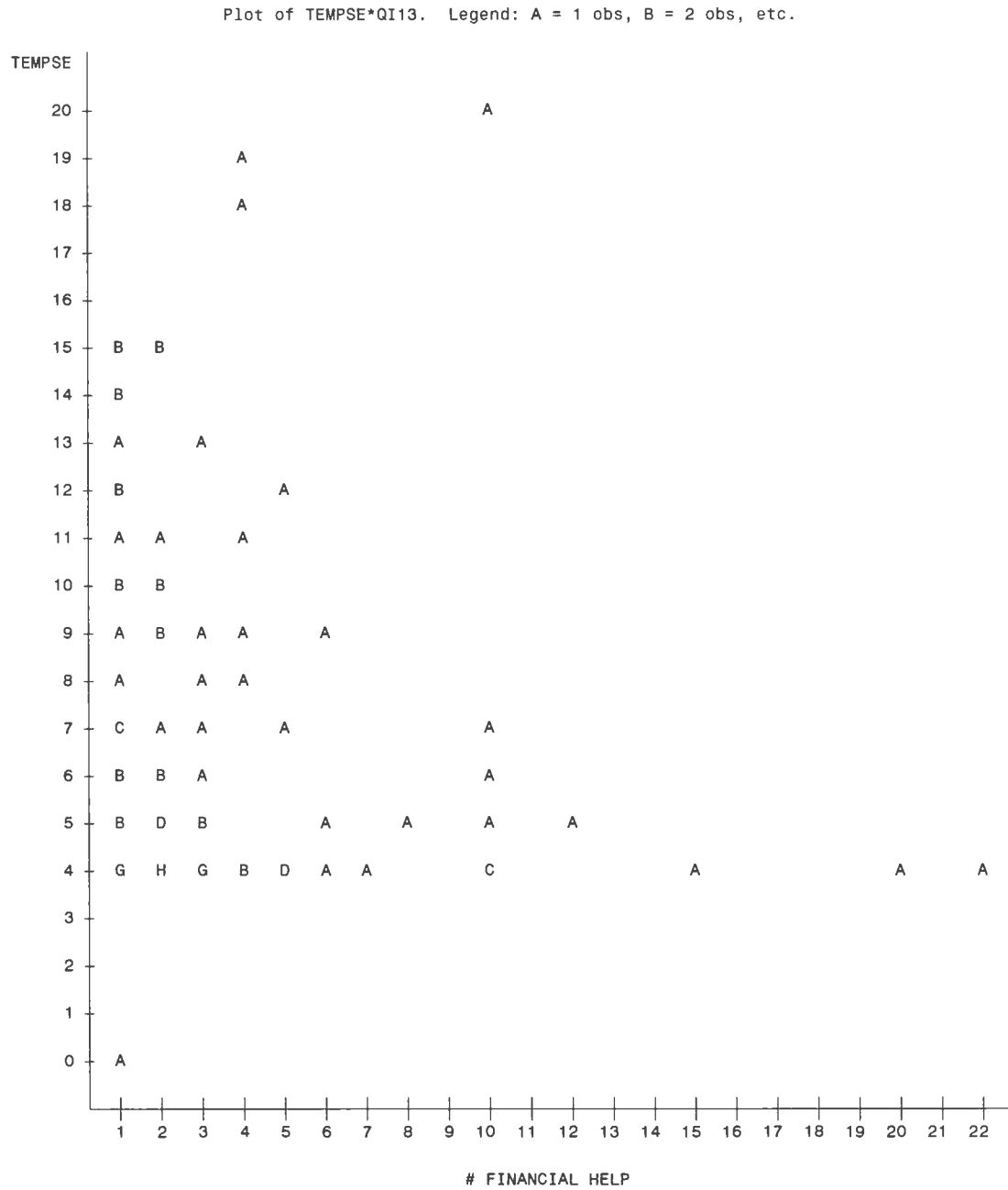
NOTE: 27 obs had missing values.

106. Plot of Temptation to Skip Antiretroviral Medication on the Total Scale vs Persons giving Financial Support



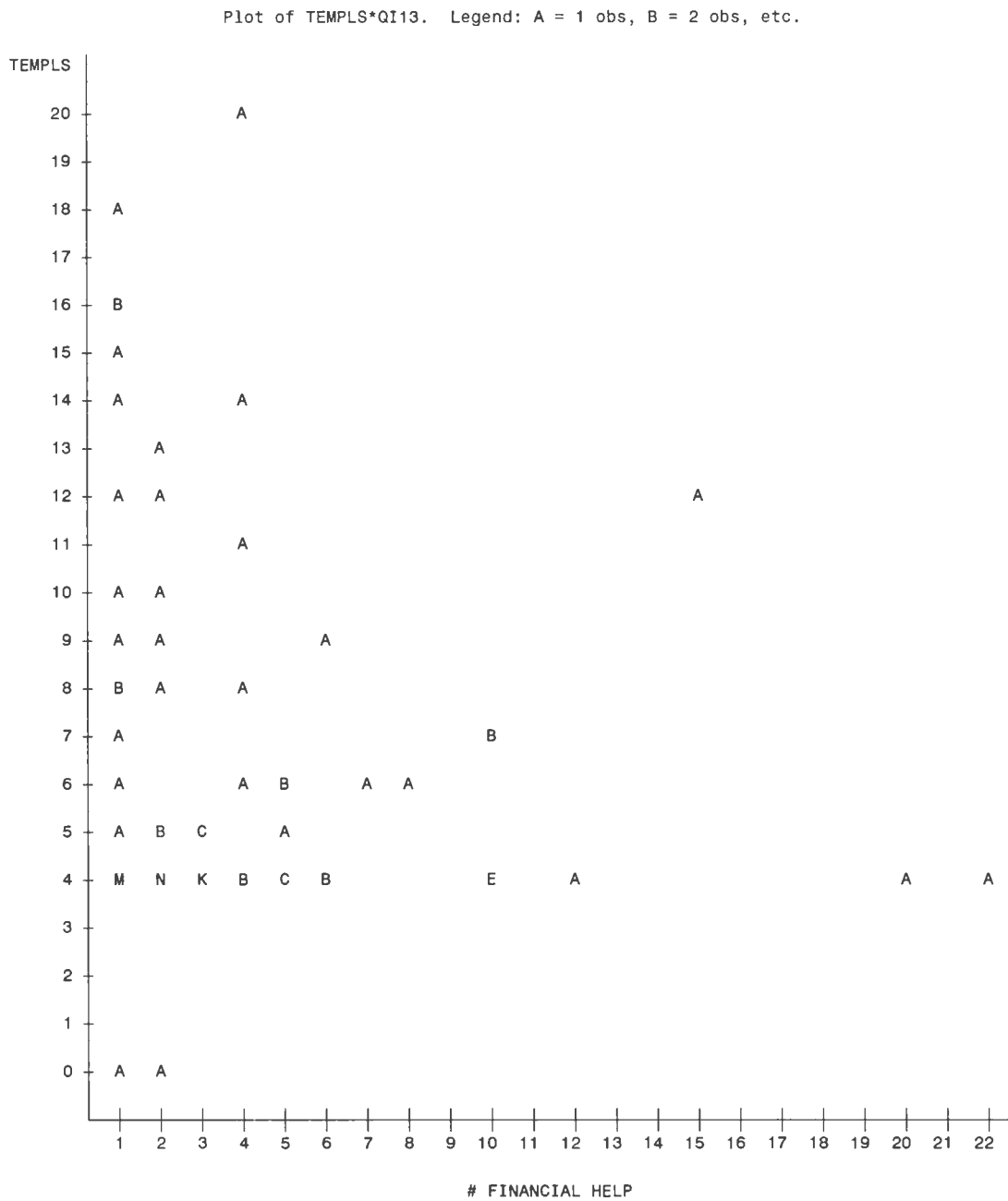
NOTE: 51 obs had missing values.

107. Plot of Temptation to Skip Antiretroviral Medication on the Side Effects Scale vs Persons giving Emotional Support



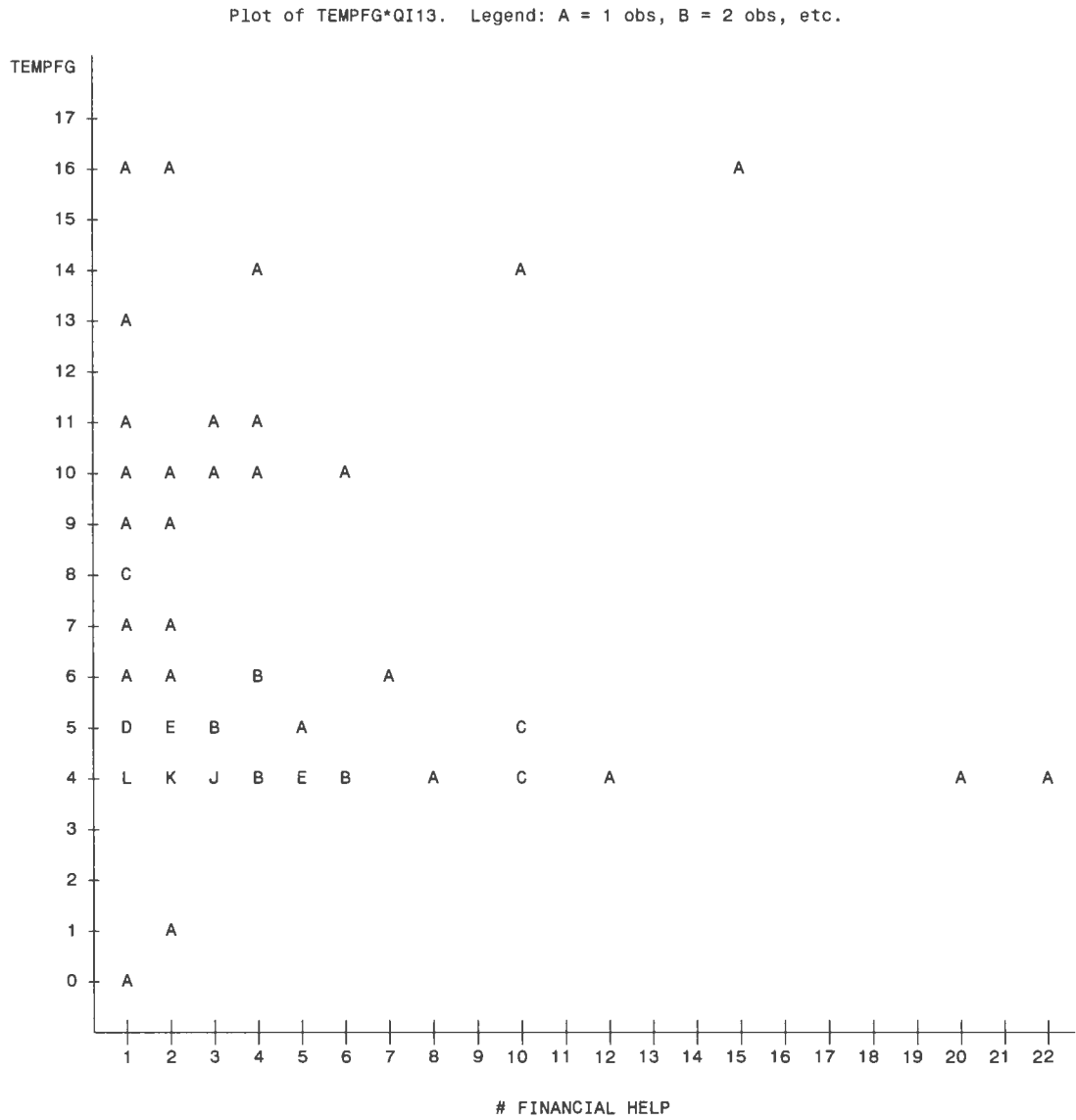
NOTE: 51 obs had missing values.

108. Plot of Temptation to Skip Antiretroviral Medication on the Lack of Support Scale vs Persons giving Emotional Support



NOTE: 51 obs had missing values.

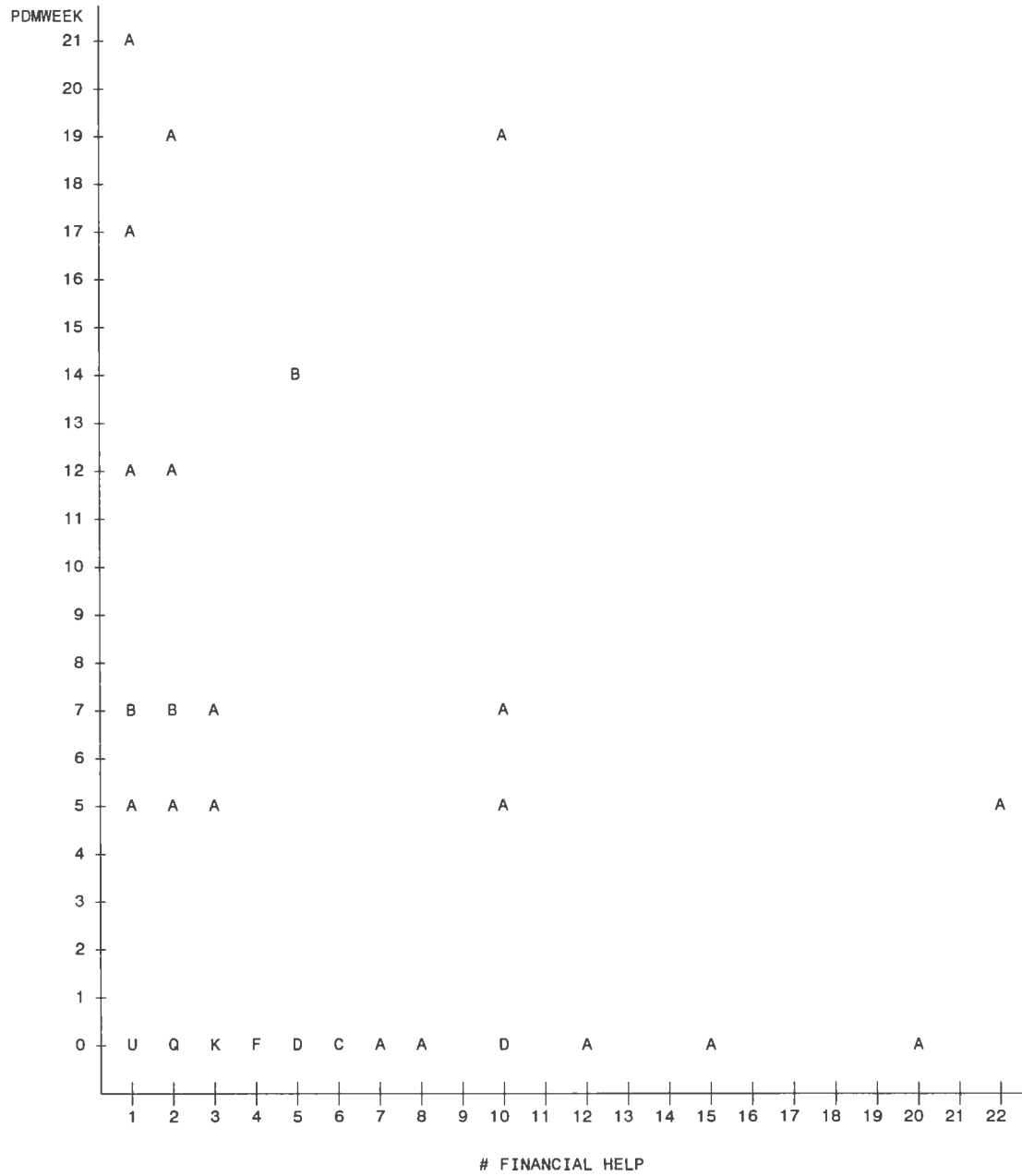
109. Plot of Temptation to Skip Antiretroviral Medication on the Feeling Good Scale vs Persons giving Financial Support



NOTE: 51 obs had missing values.

110. Plot of Percent of Doses Missed in the past Week vs Persons giving Financial Support

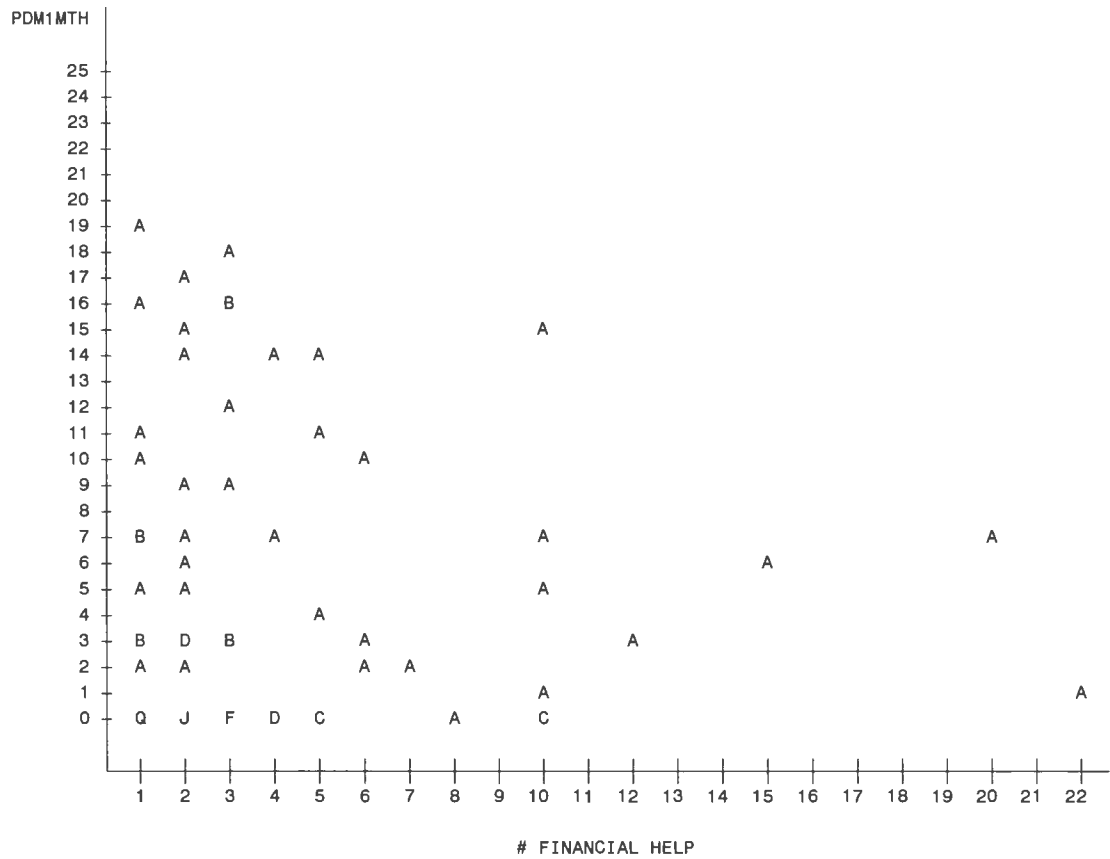
Plot of PDMWEEK*QI13. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 53 obs had missing values.

111. Plot of Percent of Doses Missed in the past Month vs Persons giving Financial Support

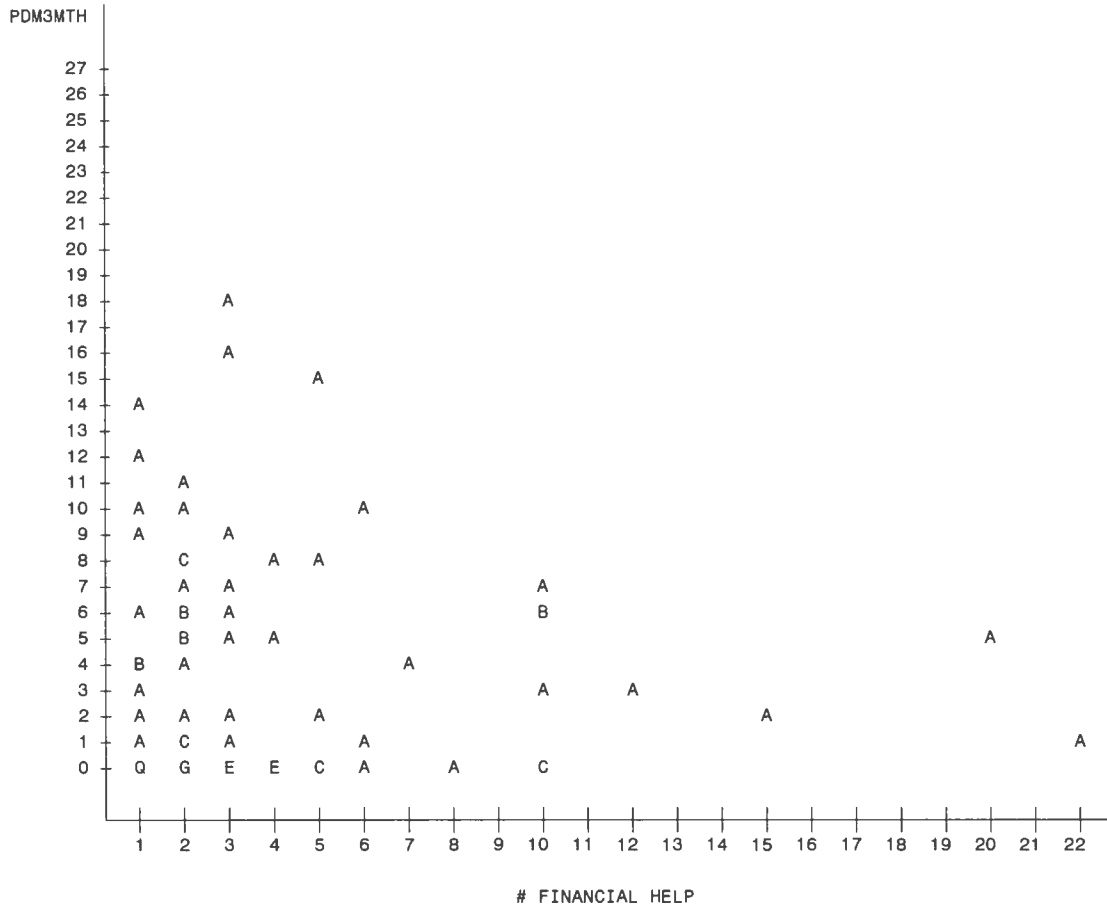
Plot of PDM1MTH*QI13. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 53 obs had missing values.

112. Plot of Percent of Doses Missed in the past Three Months vs
Persons giving Financial Support

Plot of PDM3MTH*QI13. Legend: A = 1 obs, B = 2 obs, etc.



NOTE: 52 obs had missing values.

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