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EFFECT OF CRYSTALLINE TO AMORPHOUS CONVERSIONS ON SOLUBILITY OF CEFUROXIME AXETIL

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**EFFECT OF CRYSTALLINE TO AMORPHOUS CONVERSIONS ON
SOLUBILITY OF CEFUROXIME AXETIL**

BY

TOOBA MURSHEDKAR

**A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE
REQUIREMENTS FOR THE DEGREE OF
MASTER OF SCIENCE
IN
PHARMACEUTICS**

UNIVERSITY OF RHODE ISLAND

2002

MASTER OF SCIENCE THESIS

OF

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UNIVERSITY OF RHODE ISLAND

2002

ABSTRACT

This study investigates a new method of converting a crystalline drug to its amorphous form and studying the effect this conversion has on the solubility of the drug. The physical form of the drug is of great importance in the process of taking a drug molecule from its discovery to its formulation into an acceptable dosage form. For oral solid dosage forms, the physical state of the drug molecule influences various important parameters including bioavailability and stability. Bioavailability in turn is governed by factors like dissolution and solubility, which can be altered to give desired results. A review of the various methods involved in solid state modifications is provided to enable the reader to comprehend the importance and extensive applications of these techniques in the field of preformulation and pharmaceutical dosage form development. This study uses a poorly water-soluble drug, cefuroxime axetil, and determines the effects the treatment processes have on its solubility. The processes differ in that one renders the drug totally amorphous while the other disrupts the crystalline structure to an extent where it is in a partially crystalline state. The varied purposes of polymers used in this study have also been investigated. Polymers have been used to enhance solubility, act as impurities in the crystal structure, and in solution as crystallization inhibitors. The results of this study show that appropriate process-polymer combinations can yield significant results for solubility enhancements.

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SECTION I

Introduction

1.1 Solid States

The existence of drugs and excipients in multiple physical forms (e.g. polymorphs, isomers) provides pharmaceutical scientists with an opportunity to select the preferred form(s) of the materials to be used in a formulation. This is very useful since critical properties, such as particle morphology and solubility, frequently vary between the different physical forms of a given active pharmaceutical ingredient (API)¹. The amorphous form of pharmacologically active materials has received considerable attention because, in theory, this form represents the most energetic solid state of a material, and thus it should provide the biggest advantage in terms of solubility and bioavailability². Differences in the physical properties of various solid forms have an important effect on the processing of API's into drug products³, while differences in solubility may have implications on the absorption of the active drug from its dosage form⁴, by affecting dissolution rate and possibly the mass transport of the molecules.

The most significant physical property of the solid state is the high degree of order in which substances (e.g. metals, minerals) usually exist. The structure may be crystalline and lattice-like or non-crystalline, such as in plastic, glass or gels, which are not lattice-like or only partly so. These latter materials do have, however, much more order than liquids and gases. These materials also have, in varying degrees, some plastic and elastic properties wherein some resistance to applied stresses exists, but when the stress reaches certain intensity, either flow or fracture ensues. Although different classifications exist, four major types of

bonds hold solids together; the strong bonds impart higher melting points to drug substances. In order of decreasing strength, the bond types are metallic, ionic (salts), valence (diamond) and molecular (many organic compounds). Thus, in some solids, the atoms or molecules or ions may be arranged in a regularly repeating pattern (crystalline state), whereas other solids are considered non-crystalline or amorphous if they do not have this characteristic of regularity⁵.

1.2 Characteristics and Significance of the Crystalline and Amorphous States

During the final stage of developing a new drug entity, a great deal of emphasis is placed on obtaining material of high purity and reproducibility in terms of its physical, chemical, and biological properties. Every effort is made to ensure a high degree of crystallinity, wherein the molecules have regular and well-defined molecular packing, and emphasis is also placed on whether or not the compound can exist in polymorphic or solvated crystal forms⁶. These forms can have different thermodynamic properties (e.g., melting temperature, vapor pressure, solubility), and knowledge of their existence is required to anticipate spontaneous changes in the properties of the solid during storage and/or handling of the material. It is also possible that upon isolation the material will be obtained in a fully or partially amorphous state⁷.

Many compounds, especially complex organic molecules, will naturally occur or are capable of being manipulated to exist in more than one form as solids. Some of these forms are crystalline phases while others are meta-stable states where the compound is in a noncrystalline or molecularly dispersed form. Pharmaceutical

scientists have been making use of the differences in the physical chemical properties that exist between these various solid states to optimize drug delivery⁸.

1.2.1 Crystalline Solids

The crystalline state is thermodynamically favored for solids. It is characterized by the three-dimensional order of the molecules within its crystal lattice. The molecules are arranged in a pattern that minimizes the total energy of the crystal, both kinetic and potential. This usually results in a minimum amount of void space between the molecules, as there is a maximization of intermolecular contact (bonding). The packing arrangement for a compound will be a function of both its molecular shape and the chemical groups in the molecule involved in directional intermolecular bonding, e.g., hydrogen bonding, charge transfer interaction, and dipole–dipole interactions⁸. The structural units of crystalline solids, such as ice, sodium chloride, and menthol, are arranged in fixed geometric patterns or lattices. Crystalline solids, unlike liquids and gases, have definite shapes and an orderly arrangement of units. Gases are easily compressed, whereas solids, like liquids, are practically incompressible. Crystalline solids show definite melting points, passing rather sharply from the solid to the liquid state. The units that constitute the crystal structure can be atoms, molecules, or ions. The sodium chloride crystal consists of a cubic lattice of sodium ions interpenetrated by a lattice of chloride ions, the binding force of the crystal being the electrostatic attraction of the oppositely charged ions. In diamond and graphite, the lattice units consist of atoms held together by covalent bonds. Solid

carbon dioxide, and naphthalene form crystals composed of molecules as the building units. In organic compounds, the molecules are held together by Van der Waals forces, consisting of Keesam and London forces, which account for the various melting points of these crystals. Ionic and atomic crystals in general are hard and brittle and have high melting points⁹.

1.2.2 Amorphous Solids

The three-dimensional long-range order that normally exists in a crystalline material does not exist in the amorphous state, and the position of molecules relative to one another is more random as in the liquid state². These materials are referred to as glasses, noncrystalline, amorphous, and vitreous solids. Typically amorphous solids exhibit short-range order over a few molecular dimensions and have physical properties quite different from those of their corresponding crystalline states. The noncrystalline state is thermodynamically unstable and there will be a tendency to entropically drive these solids to a stable crystalline state. However, since the diffusional process is slow in the solid state, it is in many instances possible to isolate and make use of these materials in dosage forms. The free energy of these noncrystalline solids is much higher than that of their corresponding crystalline forms. As a result of its higher internal energy, the amorphous state should have enhanced thermodynamic properties relative to the crystalline state (e.g., solubility, vapor pressure) and greater molecular motion. The high internal energy and specific volume can lead to enhanced dissolution and bioavailability¹⁰, but can also create the possibility that during processing or

storage the amorphous state may spontaneously convert back to the crystalline state¹¹.

Amorphous solids may be considered as supercooled liquids in which the molecules are arranged in a random manner similar to the liquid state. They differ from crystalline solids in that they tend to flow when subjected to sufficient pressure over a period of time, and they do not have definite melting points. An amorphous solid can also be defined with reference to a crystalline solid: similar to a crystalline solid, an amorphous solid may have short-range molecular order (i.e. in relationship to neighboring molecules); but unlike a crystalline solid, an amorphous solid has no long-range order of molecular packing or well-defined molecular conformation if the constituent molecules are conformationally flexible. Amorphous solids exist in many industrially important products, such as polymers, ceramics, metals, optical materials (glasses and fibers), foods and pharmaceuticals. In the case of pharmaceutical materials, the importance of amorphous solids stems from¹²:

1. Useful properties. Amorphous solids have higher solubility, higher dissolution rate, and sometimes better compression characteristics than corresponding crystals.
2. Instability. Amorphous solids are generally less stable physically and chemically than corresponding crystals.
3. Common occurrence. Amorphous solids can be produced by standard pharmaceutical processes and are the common form of certain materials (e.g. proteins, peptides, some sugars and polymers).

Amorphous solids may co-exist with and have the potential to convert to crystalline solids. The amorphous substances, however, cannot achieve their maximum theoretical solubility under practical experimental conditions because of the strong driving force for crystallization in the presence of the dissolution media¹. Studies have been done where this problem has been avoided by adding crystallization inhibitors to the dissolution media^{13, 14}, however, the use of such crystallization poisons is likely to alter the equilibrium solubility of the crystallized and/or amorphous forms. Amorphous solids exist widely in and impart special properties to pharmaceutical products. Given their instability, general strategies for stabilizing amorphous solids against crystallization and structural relaxation would be desirable¹².

Research aimed at stabilizing amorphous solids is multi-faceted, including: (i) the stabilization of labile biomolecules (e.g. proteins and peptides) through additives^{15, 16, 17, 18}, (ii) the prevention of crystallization of excipients that must remain amorphous for their intended functions^{19, 20, 21}, (iii) the specification of appropriate storage temperatures to achieve acceptable shelf-life^{2, 11, 22}, and (iv) the prevention of chemical degradation and microbial growth through anti-oxidant, pH buffer, preservatives, etc.

1.3 Solubilization by Solid-State Modification

The solubility behavior of drugs remains one of the most challenging aspects in formulation development. With the advent of combinatorial chemistry and high

throughput screening, the number of poorly water-soluble compounds has dramatically increased and the formulation of poorly soluble compounds for oral delivery now presents one of the most frequent and greatest challenges to formulation scientists in the pharmaceutical industry²³.

Together with permeability, the solubility behavior of a drug is a key determinant of its oral bioavailability. Consideration of the modified Noyes–Whitney equation²⁴ provides some hints as to how the dissolution rate of even very poorly soluble compounds might be improved so that the limitations to oral availability can be minimized:

$$\frac{dC}{dt} \equiv \frac{AD(C_s - C)}{h}$$

where, dC/dt is the rate of dissolution, A is the surface area available for dissolution, D is the diffusion coefficient of the compound, C_s is the solubility of the compound in the dissolution medium, C is the concentration of the drug in the medium at time t and h is the thickness of the diffusion boundary layer adjacent to the surface of the dissolving compound. The main possibilities for improving dissolution according to this analysis are to increase the surface area available for dissolution by decreasing the particle size of the solid compound and/or by optimizing the wetting characteristics of the compound surface, to decrease the boundary layer thickness, to ensure sink conditions for dissolution and last but not the least, to improve the apparent solubility of the drug under physiologically relevant conditions. Of these possibilities, the most attractive option for

increasing the release rate is the improvement of the solubility through formulation approaches. Table 1 summarizes the various formulation and chemical approaches that can be taken to improve the solubility or to increase the available surface area for dissolution.

Of the physical approaches, the use of polymorphs²⁵, the amorphous form of the drug², and complexation^{26, 27} have been widely reviewed. Decreasing the particle size of the compound by milling the drug powder theoretically results in an increase in the available area for dissolution, but in some cases the micronized powder tends to agglomerate, thereby at least partly negating the milling procedure. Presenting the compound as a molecular dispersion, on the other hand, combines the benefits of a local increase in the solubility and maximizing the surface area of the compound that comes in contact with the dissolution medium as the carrier dissolves.

1.3.1 Crystal Defects

The crystal lattice is generally regarded as a highly ordered structure that repeats itself in three dimensions. Guest molecules (impurities or additives), together with some crystallization solvent, are often incorporated into the host crystals during crystallization from solution. The guest molecules may be incorporated either in solid solution or in liquid inclusions, or by both mechanisms²⁸. Upon crystallization of crystals (the host) from the solution, impurities or additives (the guest molecules) in the crystallization medium are often found in the crystals at

I. Physical modifications

Particle size

 Micronization

 Nanosuspensions

Modifications of the crystal habit

Polymorphs

Pseudopolymorphs (including solvates)

Complexation/solubilization

 Use of surfactants

 Use of acceptable cyclodextrins

Drug dispersion in carriers

 Eutectic mixtures

 Solid dispersions (non-molecular)

 Solid solutions

II. Chemical modifications

Soluble prodrugs

Salts

Table 1: Approaches to improve the solubility or to increase the available surface area for dissolution

various levels. The location of the guest molecule depends on the nature of the system, the treatment of the crystals upon harvesting, and the crystallization conditions, including concentrations of both the host and the guest in the crystallization medium, supersaturation of the host, and the degree of agitation^{29, 30, 31, 32}. This phenomenon may be termed 'doping' of the 'host' crystals by the 'guest' molecules. Structurally, the guest may be closely related to the host, e.g. synthetic impurities^{29, 33} or chiral isomers^{34, 35, 36}, or may significantly differ from the host, e.g. a macromolecular surfactant³⁷ or the solvent itself^{38, 39}. However, even the most carefully prepared and grown crystals, such as those of many drug substances, inevitably contain defects, i.e. imperfections and residual impurities⁴⁰. Crystal defects can broadly be classified into point and lattice defects (see Figure 1). Point defects are localized imperfections and are, in general, thermodynamically stable. They include vacancies (vacant sites in the crystal lattice caused by absence of atoms) and extra atoms (foreign or of same species) occupying interstitial or substitutional positions in the crystal lattice. Lattice defects include line defects or dislocations and grain boundaries, which are arrays of dislocations⁴¹. Dislocations are regions within the solid where the regularly repeating lattice array shows a discontinuity or distortion from the ideal alignment of units within the crystal. The atoms in this region are therefore not properly surrounded by neighbors. Since the imperfection is contained within a few atomic diameters of a line, it is called a line defect or dislocation⁴². The nature and concentration of crystal defects are altered as a result of the stress prevailing during many pharmaceutical processing operations, such as drying, milling and

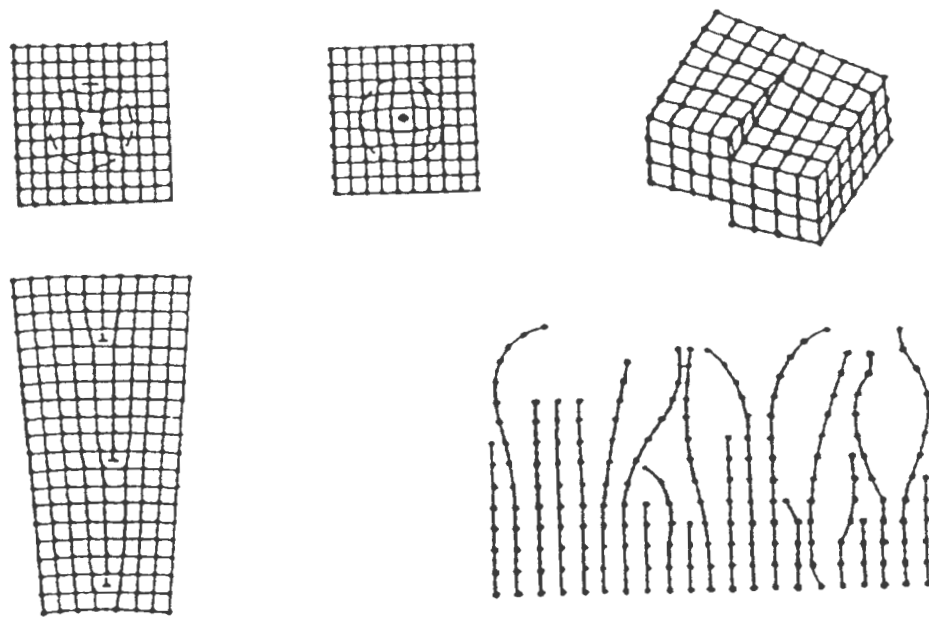


Figure 1: Crystalline defects of various dimensionalities

compression⁴³. The imperfections may develop, wander, change their nature and/or disappear in the crystal lattice during processing^{10, 44}. Virtually all crystalline drug substances contain impurities which are incorporated into the crystal lattice during crystallization, or which are taken up by the crystal from the vapor phase, e.g. water. The impurity, a guest molecule, by the virtue of its different shape and electronic structure, interacts with the neighboring host molecules in a way, which is different from the interaction between a host molecule and the surrounding host molecules. Thus, the host molecules surrounding a guest molecule possess energies and occupy positions which are different from those of the host molecules surrounding another host molecule in a normal host lattice, to extents which depend on the difference between the shape and electronic structure of the impurity molecule and the host molecule⁴⁰. Thus, the incorporation of the impurity leads to a decrease in the overall symmetry of the crystal⁴⁵ which has been demonstrated in organic solids by Weissinger – Lewin et al⁴⁶.

Even in a crystal of 99.9% purity, one molecule in ten in any given direction is likely to be an impurity molecule⁴⁰, perturbing the crystalline order of the lattice and increasing the lattice strain. As a result of the incorporation of an impurity, the increase in enthalpy of the solid itself due to the increased lattice strain may be partially offset by an increase in entropy, corresponding to the accompanying disorder, so that the corresponding increase in Gibbs free energy may not be large. However, because equilibrium properties such as solubility and solid

reaction rates are exponential functions of Gibbs free energy, and because crystal disruption can arise relatively easily from the incorporation of impurity molecules and from the development of crystal imperfections, major effects on the physicochemical properties of solids may result⁴³.

Crystals are always imperfect in some sense and these imperfections or defects can confer some important chemical and mechanical properties on crystalline materials⁴¹. Crystal lattice imperfections, e.g. point defects and dislocations, develop during crystallization⁴⁷ and have been found to exert major effects in pharmaceutical formulation and processing¹⁰. Crystal imperfections have also been shown to influence chemical reactivity^{6, 48} and dissolution rate⁴¹. Consequently the bioavailability of a solid may be significantly increased by the presence of a high density of lattice imperfections. The process-induced changes in the solid-state properties often result in the batch-to-batch or lot-to-lot variations in the performance of pharmaceutical solid dosage forms, such as tablets and capsules. Digoxin represents a classical example of a drug whose dissolution rate and bioavailability can vary between wide limits if its crystal properties are not controlled^{49, 50, 51}.

1.3.2 Solid Dispersions and Solid Solutions

In 1961, a unique approach of solid dispersion to reduce the particle size and increase rates of dissolution and absorption was first demonstrated by Sekiguchi and Obi⁵². They proposed the formation of a eutectic mixture of a poorly soluble drug with a physiologically inert, easily soluble carrier. The eutectic mixture was

prepared by melting the physical mixture of the drug and the carrier, followed by a rapid solidification process. Upon exposure to aqueous fluids, the active drug was expected to be released into the fluids as fine, dispersed particles because of the fine dispersion of the drug in the solid eutectic mixture and rapid dissolution of the soluble matrix. The advantage of solid dispersion, compared with conventional capsule and tablet formulations, is shown schematically in Figure 2⁵³.

The term 'solid dispersion' can be defined as a dispersion of one or more active ingredients in an inert carrier or matrix at solid state, prepared by the melting (fusion), solvent or melting-solvent method. The dispersion of a drug or drugs in a solid diluent or diluents by traditional mechanical mixing is not included in this category. The solid dispersions may also be called solid-state dispersions⁵⁴. Since the dissolution rate of a component from a surface is affected by the second component in a multiple component mixture, the selection of the carrier has an ultimate influence on the dissolution characteristics of the dispersed drug. Therefore, a water-soluble carrier results in a fast release of the drug from the matrix, and a poorly soluble or insoluble carrier leads to a slower release of the drug from the matrix. A simple 'eutectic mixture' consists of two compounds which are completely miscible in the liquid state but only to a very limited extent in the solid state (see Figure 3). When a mixture of A and B of composition E is cooled, A and B crystallize out simultaneously, whereas when other compositions are cooled, one of the components starts to crystallize out before the other. Solid

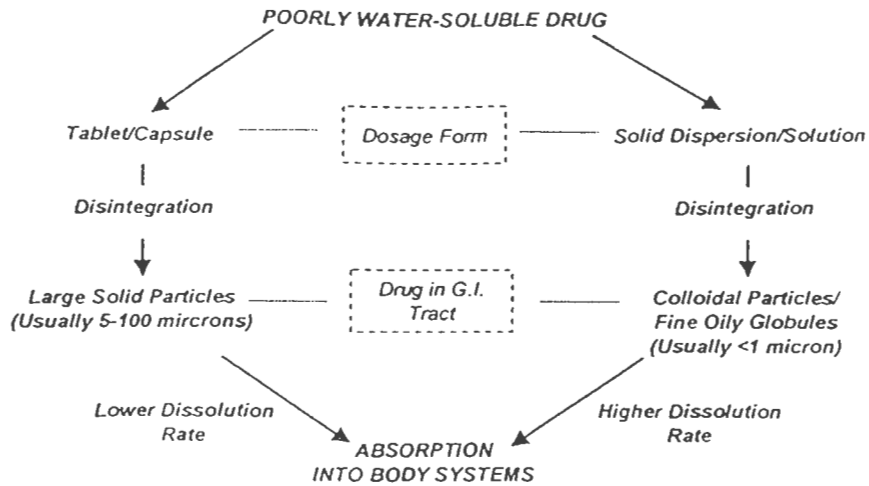


Figure 2: A schematic representation of the bioavailability enhancement of a poorly water-soluble drug by solid dispersion compared with conventional tablet or capsule

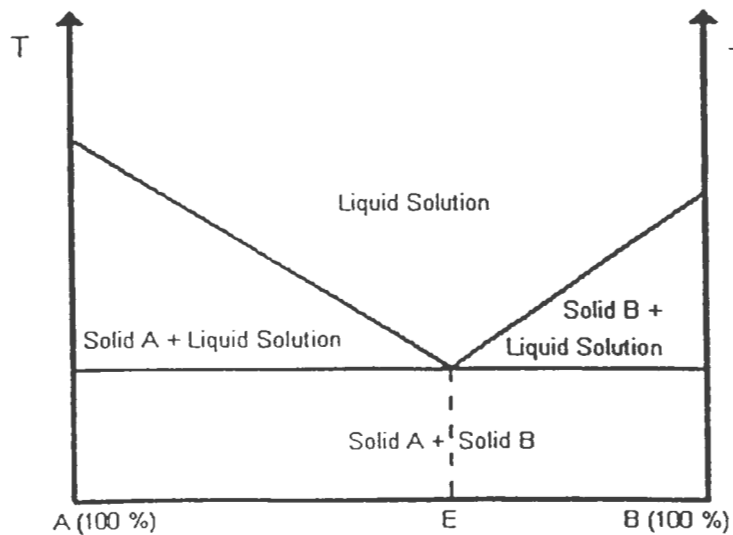


Figure 3: Phase diagram for a eutectic system

eutectic mixtures are usually prepared by rapid cooling of a melt of the two compounds in order to obtain a physical mixture of very fine crystals of the two components. When a mixture of composition E, consisting of a slightly soluble drug and an inert, highly water-soluble carrier, is dissolved in an aqueous medium, the carrier will dissolve rapidly, releasing very fine crystals of the drug⁵².⁵⁵. The large surface area of the resulting suspension should result in an enhanced dissolution rate and thereby improved bioavailability²³.

‘Solid solutions’ are comparable to liquid solutions, consisting of just one phase irrespective of the number of components, and are made up of a solid solute dissolved in a solid solvent. It is often called a mixed crystal because the two components crystallize together in a homogenous one-phase system⁵⁶. Solid solutions containing a poorly water soluble drug dissolved in a carrier with relatively good aqueous solubility achieve a faster dissolution rate than a eutectic mixture because the particle size of the drug in the solid solution is reduced to a minimum state, i.e., its molecular size, and the dissolution rate is determined by the dissolution rate of the carrier⁵⁷. By judicious selection of a carrier, the dissolution rate of the drug can be increased by up to several orders of magnitude. In addition to the reduction of the crystalline size, the following factors may contribute to the faster dissolution rate of a drug dispersed in these systems⁵⁴,

- a) An increase in drug solubility may occur if the majority of its solid crystallites are extremely small⁹.

- b) A solubilization effect by the carrier may operate in the microenvironment (diffusion layer) immediately surrounding the drug particle in the early stages of dissolution since the carrier completely dissolves in a short time. This was demonstrated by the faster dissolution rate of acetaminophen from its physical mixture with urea than that of the pure compound with comparable particle size⁵⁸.
- c) The absence of aggregation and agglomeration between fine crystallites of the pure hydrophobic drug may play a far more important role in increasing rates of dissolution and absorption than is presently recognized. Serious drawbacks of aggregation and agglomeration and lumping in the dissolution medium between pure drug particles are, however, rarely present in most solid dispersion systems because the individually dispersed particles are surrounded in a matrix of carrier particles. It must be emphasized that the aggregation and agglomeration of the solid dispersion powders may not significantly affect the dissolution of the drug, which can still disintegrate quickly due to the more rapid dissolution of the soluble carrier. This advantage of solid dispersion systems was demonstrated in the *in vivo* absorption⁵⁹ of griseofulvin when dispersed in polyethylene glycol 6000 (10% w/w) and compressed into a hard tablet. The dissolution rate of the dispersed drug was found to be 25 times that of the pure drug.
- d) Excellent wettability and dispersibility of a drug from these systems, prepared with a water-soluble matrix result in an increased dissolution rate

of the drug in aqueous media. This is due to the fact that each single crystallite of the drug is very intimately encircled by the soluble carrier which can readily dissolve and cause the water to contact and wet the drug particle. As a consequence, a fine homogenous suspension of a drug can be easily obtained with minimum stirring⁵².

The methods that have been used to characterize solid dispersions are summarized in Table 2. Among these, the most important methods are thermoanalytical, X-ray diffraction, infrared spectroscopy and measurement of the release rate of the drug. In addition to characterizing the solid dispersion, these methods can be used to differentiate between solid solutions (molecularly dispersed drug), solid dispersions in which the drug is only partly molecularly dispersed and physical mixtures of the drug and carrier²³.

1.3.3 Polymorphic Transformations

Many drug substances can exist in more than one crystalline form with different space lattice arrangements. This property is known as polymorphism. The different crystal forms are called polymorphs. Crystalline polymorphs have the same chemical composition but different internal crystal structures and, therefore, possess different physicochemical properties. The different crystal structures in polymorphs arise when the drug substance crystallizes in different crystal packing arrangements and/or different conformations. The occurrence of polymorphism is quite common among organic molecules, and a large number of polymorphic drug

Dissolution testing
Thermoanalytical methods: differential thermoanalysis and hot stage
microscopy
Calorimetric analysis of the solution or melting enthalpy for calculation
of entropy change
X-Ray diffraction
Spectroscopic methods, e.g. IR spectroscopy
Microscopic methods including polarization microscopy and scanning
electron microscopy

Table 2: Methods for the characterization of solid dispersions

compounds have been noted and catalogued^{60, 61, 62, 63}. Occasionally, a solid crystallizes, entrapping solvent molecules in a specific lattice position and in a fixed stoichiometry, resulting in a solvate or pseudopolymorph. If the incorporated solvent is water, the solvate is termed as a hydrate. Many solids may be prepared in a particular polymorphic form via appropriate manipulation of conditions of crystallization. These conditions include nature of the solvent, temperature, rate of cooling, and other factors. Because different crystalline polymorphs and solvates differ in crystal packing, and/or molecular conformation as well as in lattice energy and entropy, there are usually significant differences in their physical properties, such as density, hardness, tableability, refractive index, melting point, enthalpy of fusion, vapor pressure, solubility, dissolution rate, other thermodynamic and kinetic properties and even color⁶⁴. The physical stability of any crystalline polymorph is dictated by its free energy. The most stable form under a given set of conditions is the form with the lowest free energy. All other solid-state modifications would in time transform to that particular crystalline phase⁸. The transformation rate of one polymorph to another, however, depends on the mobility of the molecules in the solid, the type of structural change that takes place, and environmental factors. If the transformation involves only a small degree of alteration in the intermolecular bonding, one could find a rapid conversion of a metastable form to the stable form. On the other hand, when a substantial difference in the packing arrangement exists between the two forms, the transformation can be extremely slow⁶⁵. Polymorphism has achieved significance in recent years owing to the fact that different polymorphs exhibit

different solubilities. In the case of slightly soluble drugs, this may affect the rate of dissolution. As a result, one polymorph may be more active therapeutically than another polymorph of the same drug. The polymorphic state of chloramphenicol palmitate has been shown to have a significant effect on the biological availability of the drug. It is essential, therefore to define and monitor the solid state of a drug substance. Occasionally, it may be necessary to search for a different polymorphic form to overcome stability, bioavailability, or processing problems. Differences in the dissolution rates and solubilities of different polymorphic forms of a given drug are used when absorption of the drug is dissolution rate limited⁶⁶. In such cases, a more soluble and faster dissolving form may be utilized to improve the rate and extent of bioavailability.

1.4 Solid-State Characterization

Many methods are available that can contribute information regarding the nature of a solid system. In many instances, a combination of two or more methods is required to study its complete picture. The analytical techniques used in this study will be discussed briefly in the following section.

1.4.1 X-Ray Diffraction

In 1912, Max Von Laue pointed out that if the wavelength of electromagnetic radiation became as small as the distance between atoms in the crystals, a diffraction pattern should result. Later it was found that the X-ray region has the right wavelength and a definite diffraction pattern was obtained for copper sulfate

crystals. In essence, the crystal diffracts X-rays similar to a diffraction grating, whose plane diffracts ordinary light. The three-dimensional crystal functions like a series of plane gratings stacked one above the other⁵. For a single crystal the diffracted X-rays consist of a few lines; with powder, due to a random distribution of crystals, the diffraction pattern consists of a series of concentric cones with a common apex on the sample. The atoms in a crystal possess the power of diffracting the X-ray beam. Each substance scatters the beam in a particular diffracting pattern, producing a fingerprint for each atomic crystal or molecule. Powder X-ray diffraction analysis is employed for characterization of crystalline structure. It has been used to determine the existence of polymorphic forms of many substances. It is a very important and efficient tool in studying the physical nature of solids.

1.4.2 Differential Scanning Calorimetry (DSC)

Thermal analysis is a technique in which a physical property of a substance is monitored as a function of controlled temperature increase. Modern thermal analytical methods can measure weight loss on heating, melting points, heat and energy of transitions and changes in form, in dimensions or in the viscoelastic properties of the substance. They find wide application in material characterization, purity of medicinal substances, study of relative heat stabilities and dynamic properties of new compounds, as well as in crystallography, chemical kinetics and generation of phase diagrams⁵. Most thermodynamic events are accompanied by a loss of heat or require addition of heat from an

external source in order to proceed. Each of these occurrences can be followed thermodynamically by noting either change of temperature of the sample under study or energy changes of the sample with respect to time. Thermal analyses include thermogravimetry (thermogravimetric analysis, TGA), differential thermal analysis (DTA) and differential scanning calorimetry (DSC). DSC is very closely related to TGA, but differs only in that the sample and reference containers are not contiguous, but are heated separately by individual coils that are heated (or cooled) at the same rate. Platinum resistance thermometers monitor the temperature of the sample and reference holders and electronically maintain the temperature of the two holders constant. If a thermodynamic event occurs which is either endothermic or exothermic, the power requirements for the coils maintaining a constant temperature will differ. This power difference is plotted as a function of the temperature recorded by the programming device. Unlike DTA, in DSC the amount of heat put into the system is exactly equivalent to the amount of heat absorbed or liberated during a specific transition (transition energy).

1.4.3 Optical Microscopy

The past decade has witnessed an enormous growth in the application of optical microscopy for micron and sub-micron level investigations in a wide variety of disciplines. Microscopy

has been used quite often to study the morphology of solids, alone, in mixtures or dispersions, and in polymorphism. The properties of the particles in a powder can influence profoundly the pharmaceutical performance of the solid, such as the

processing, compaction, stability, and/or release rate of the active constituent. Optical microscopy can be used to study the crystal habit (shape and roughness) of crystalline substances.

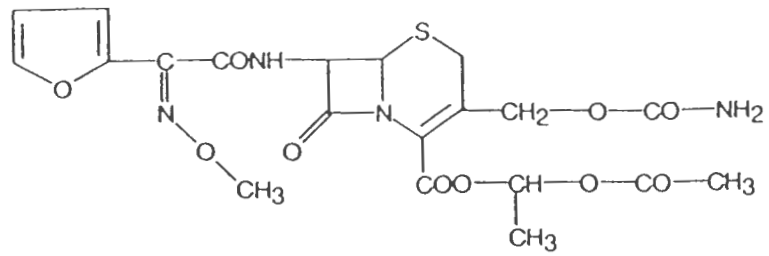
The physical characterization of amorphous solids utilizes a wide range of techniques and offers several types of information¹²:

1. Structure. Amorphous solids are not random at the molecular level, but may possess short-range order, residual crystallinity, polymorphic states and regions of different density.
2. Thermodynamics. Amorphous solids have higher energy, entropy and free energy than the corresponding crystals. The excess properties are parameters in some theoretical models of crystallization and structural relaxation.
3. Changes. Amorphous solids can crystallize or undergo structural relaxation owing to the instability with respect to the corresponding crystals and “equilibrium” glasses.
4. Multi-component systems. Many pharmaceutical formulations are multi-component, with water being a ubiquitous ingredient. It is desirable to predict properties of multi-component systems from those of individual components.

1.5 Cefuroxime Axetil

Cefuroxime axetil (CA), an acetoxymethyl ester prodrug of cefuroxime, was the first oral cephalosporin of the second generation to be commercially available as tablets in 1989⁶⁷. Cefuroxime has a broad spectrum of in vitro antibacterial activity which encompasses methicillin-sensitive staphylococci and the common respiratory pathogens *Streptococcus pneumoniae*, *Haemophilus influenzae*, *Moraxella (Branhamella) catarrhalis* and group A β -hemolytic streptococci⁶⁸. It has broad spectrum activity against the β -lactamase positive respiratory pathogens *H. influenzae* and *M. catarrhalis*; it shows activity against penicillin-susceptible and -intermediate strains of *S. pneumoniae*. Cefuroxime axetil is indicated for the treatment of patients with mild to moderate infections caused by susceptible strains of the designated microorganisms in the following conditions – pharyngitis / tonsillitis (caused by *Streptococcus pyogenes*), acute bacterial otitis media (caused by *S. pneumoniae*, *H. influenzae*, *M. catarrhalis* or *S. pyogenes*), acute bacterial maxillary sinusitis (caused by *S. pneumoniae* or *H. influenzae*), acute bacterial exacerbations of chronic bronchitis and secondary bacterial infections of acute bronchitis (caused by *S. pneumoniae*, *H. influenzae*, or *H. parainfluenzae*), uncomplicated skin and skin structure infections (caused by *Staphylococcus aureus* or *S. pyogenes*), uncomplicated urinary tract infections (caused by *Escherichia coli* or *Klebsiella pneumoniae*), uncomplicated gonorrhoea (caused by *Neisseria gonorrhoeae*), and early Lyme disease (caused by *Borrelia burgdorferi*). Since cefuroxime is not absorbed orally, its use for outpatient treatment of community acquired infections is limited. Cefuroxime axetil, the

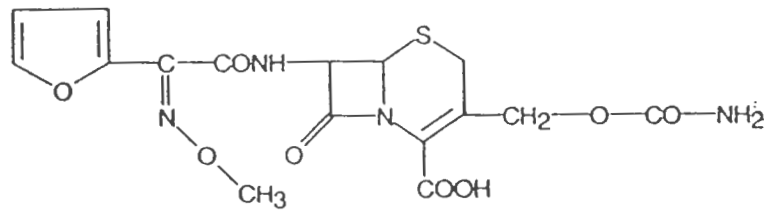
orally absorbed prodrug, is formed by esterification of the parent cefuroxime molecule. The 1-(acetyloxy) ethyl ester group enhances lipid solubility and gastric stability and facilitates oral absorption⁶⁹. It exists as a 50:50 mixture of diastereomers A and B. After oral administration, CA is absorbed from the GIT and rapidly hydrolyzed (within 3-4 minutes) by non-specific esterases in the intestinal mucosa and blood to yield the active parent compound, cefuroxime (see Figure 4), which is subsequently distributed throughout the extracellular fluids. The in vivo bactericidal activity of cefuroxime axetil is due to cefuroxime's binding to essential target proteins and the resultant inhibition of cell-wall synthesis⁷⁰. Peak plasma cefuroxime concentrations of approximately 4.1 to 4.8 mg/L are attained 2 to 2.5 hours after a single oral dose of cefuroxime axetil 250 mg (tablet formulation). The absorption of cefuroxime axetil is significantly increased by the presence of food. In one study, the bioavailability of cefuroxime increased from 36% in fasted individuals to 52% when the drug was administered with food. The volume of distribution of cefuroxime is 0.25 to 0.3 L/kg and the drug is approximately 33% plasma protein bound. Distribution of cefuroxime into body tissues and fluids is variable, but the drug penetrates well (35 to 90%) into tonsil tissue, sinus tissue and bronchial mucosa; mean tissue concentrations of cefuroxime ranged from 1.4 to 3.8 mg/kg. After administration of single doses of cefuroxime axetil (250 to 1000mg), the plasma elimination half-life of the drug ranged from 1.1 to 1.5 hours in healthy volunteers with normal renal function, but was significantly increased by moderate to severe renal impairment. Cefuroxime is not significantly metabolized and is eliminated by the kidneys as unchanged



Cefuroxime axetil



*Hydrolysis by
esterases*



Cefuroxime

Figure 4: Structural formulae of cefuroxime axetil and cefuroxime

drug, resulting in high urinary concentrations of cefuroxime. Cefuroxime axetil is associated with a low incidence of adverse events, with gastrointestinal disturbances being the most frequently observed. Thus it is an effective and convenient treatment for a wide range of infections, and may be considered a therapeutic option when empirical treatment of community-acquired infections is required.

1.6 Objectives of the Study

The crystalline nature of a drug has a direct effect on its solubility, and may be a limiting factor for its dissolution and bioavailability. A reduction in the crystallinity of the drug or its conversion to the zero – crystalline (amorphous) state, would be a means of enhancing the bioavailability of the drug. However, the unstable nature of the amorphous state, accelerated by external factors (e.g. moisture), limits its wider and more frequent application.

This study primarily investigates the effect of crystal modification on the solubility of CA and its individual isomers. Techniques used have been employed with the aim of altering the crystal structure. A comparative study between the processes has also been used to determine the varied effect on the solid-state of the drug. Polymers have also been used, in conjunction with the processes; to investigate any positive effect on the ability of the drug to retain its modified state (of improved solubility). Use of polymers has been considered as they not only assist in improving solubility; but can also act as impurity (in small quantities), to destabilize the rigid crystal structure. Since the drug exists as a mixture of

diastereoisomers, we can expect a difference in the effects of the processes and polymers on the individual isomers. Diastereoisomers have different solubilities and melting points, and hence will show differences in the degree of conversion from crystalline to partially crystalline to amorphous states.

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SECTION II: EXPERIMENTAL

The solid state of a drug affects its solubility, and in turn its dissolution and bioavailability from the dosage form. The existence of the drug in the crystalline or amorphous form needs to be adequately characterized. Crystalline to partially crystalline or amorphous conversions have been studied in this project. The primary aim of this study was to determine the effect of processes and polymers on the crystalline to amorphous conversions and their effect on the aqueous solubility of the drug. Solubility is one of the parameters used to monitor these conversions. In addition, analytical techniques like DSC (Differential Scanning Calorimetry), XRD (X-Ray Diffraction), and optical microscopy were used to characterize these conversions.

2.1 Assay for Cefuroxime Axetil (CA)

2.1.1 Equipments / Reagents:

Equipments

Mettler AE 240 Weighing balance

Ultrasonifier (Fisher Scientific)

HPLC System consisting of:

Automated Gradient Controller (Waters®)

HPLC Pumps (Waters® Model 515)

Auto Sampler (Waters® Model 717 plus)

LC Spectrophotometer (Waters® Model 480)

Data Module (Waters® Model 746)

L-13 column (YMC®)

Column Temperature Controller (Fiatron Systems Inc, Model TC-50)

Reagents

Cefuroxime Axetil (Hanmi Pharmaceuticals, Batch # CFA – L99003)

Cefuroxime Axetil (USP Reference Standard)

Ammonium Phosphate Monobasic (HPLC Grade, Fisher Scientific)

Methanol (HPLC Grade, Fisher Scientific)

Deionized water.

2.1.2 Standard Procedure:

- 1) Mobile phase used in this study is a mixture of 0.2 M monobasic ammonium phosphate and methanol (620:380).
- 2) Stock solution (1 mg/ml) of cefuroxime axetil in methanol is used for the preparation of the standard solutions.
- 3) Standards are made by serial dilutions of the stock solution with the mobile phase, to give concentrations of 10 µg/ml, 20 µg/ml, 40 µg/ml, 60 µg/ml, 80 µg/ml, 100 µg/ml and 200 µg/ml.
- 4) The HPLC system was prepared by setting the following parameters,
 - a) The column thermostat temperature should be set to 32 °C.
 - b) The absorbance of the spectrophotometer should be set to 278 nm.
 - c) The flow rate should be set to 1 ml/minute.
 - d) The run time should be set to 15 minutes.
 - e) Injection volume should be set to 10 µl.
 - f) Number of injections from each vial should be set to 2.

- 5) The assay for the USP reference standard and the sample of cefuroxime axetil were identical, performed using the standard procedure above.
- 6) The calibration curve is constructed by plotting the area under the curve (AUC) against their concentrations.
- 7) Since the drug exists as a mixture of diastereoisomers, the total concentration is given by the sum total of the concentration of the individual isomers.
- 8) Separate calibration curves for the individual isomers as well as the total drug have been constructed, which can be used to determine the unknown concentration of the samples.
- 9) Validation of the assay for cefuroxime axetil was performed over five days to ensure reproducibility.

The drug exists as a mixture of diastereoisomers A and B that elute separately. Isomer B (~10.5 min) elutes first followed by isomer A (~11.5 min) with a difference of approximately 1 minute between them (see Figure 5).

Table 3 shows the data for the calibration curve of the USP reference standard. From the tables we see that the ratio of the isomers, B (0.48) to A (0.52), lie within the USP limits of 0.48 to 0.55. Figures 6 and 7 illustrate the complete as well as linear portion of the calibration curve of the USP reference standard and its individual isomers, respectively.

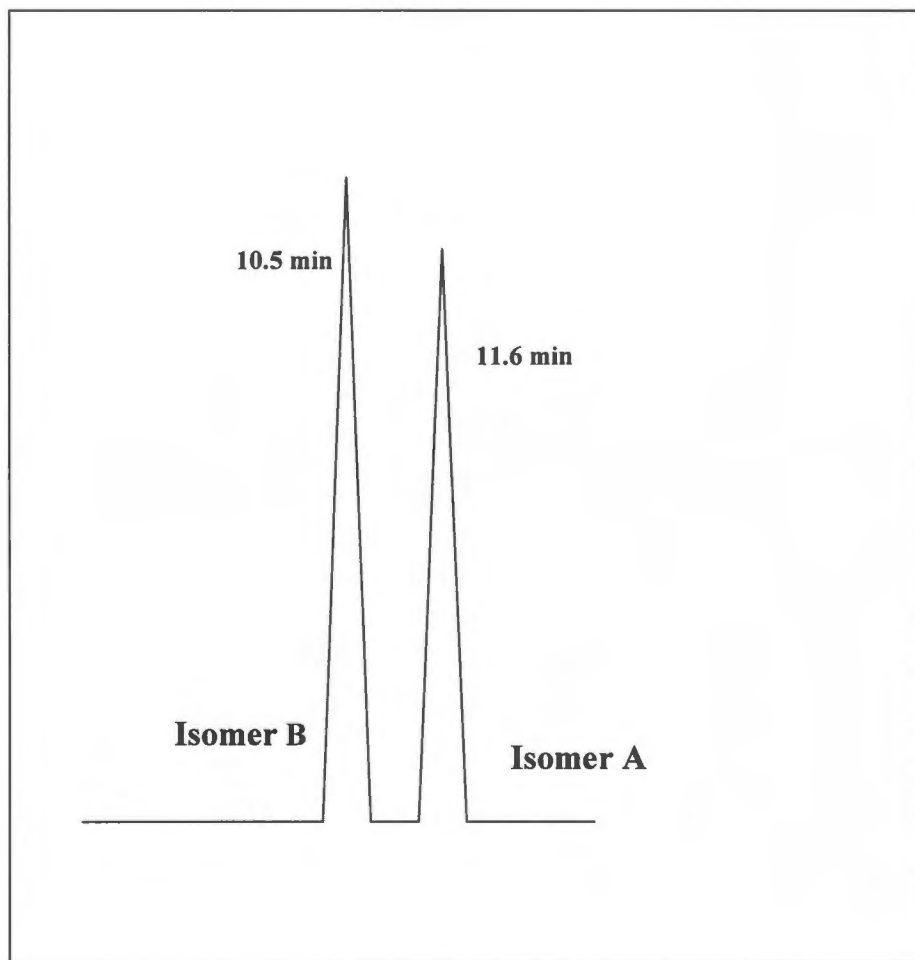


Figure 5: Chromatogram showing the peaks of isomers B and A, eluting at 10.5 min and 11.6 min

Concentration (ug/ml)	AUC Isomer B	AUC Isomer A	Total AUC	Conc. (Isomer B) (µg/ml)	Conc. (Isomer A) (µg/ml)	Isomer B (%)	Isomer A (%)
0	0	0	0	0	0	0	0
10.08	139424	149775	289199	4.86	5.22	48.21	51.79
20.16	302160	323067	625227	9.75	10.42	48.33	51.67
40.32	625688	669151	1294839	19.48	20.84	48.32	51.68
60.48	950409	1007543	1957952	29.36	31.12	48.54	51.46
80.64	1328578	1411506	2740084	39.09	41.54	48.49	51.51
100.8	1609064	1697853	3306917	49.05	51.75	48.66	51.34
201.6	3182848	3368529	6551377	97.94	103.66	48.58	51.42

Table 3: Data for calibration curve of cefuroxime axetil

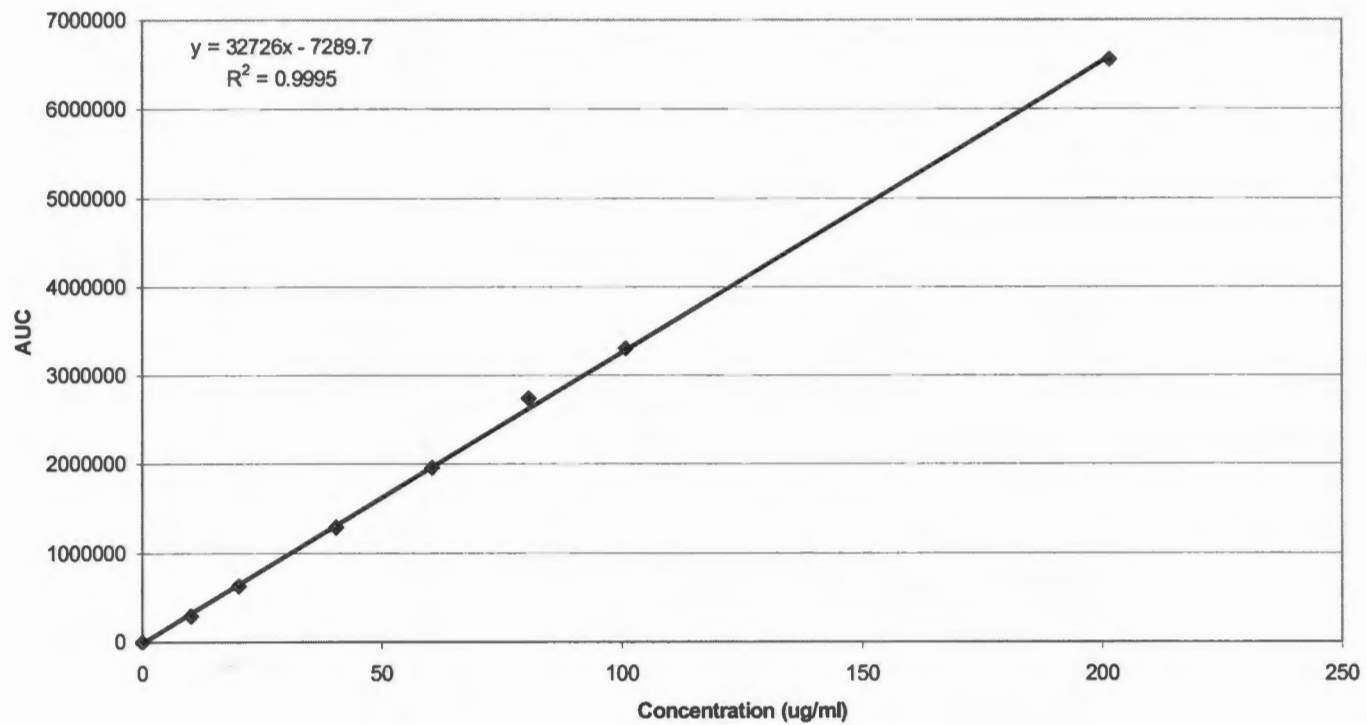


Figure 6: Representative calibration curve for cefuroxime axetil

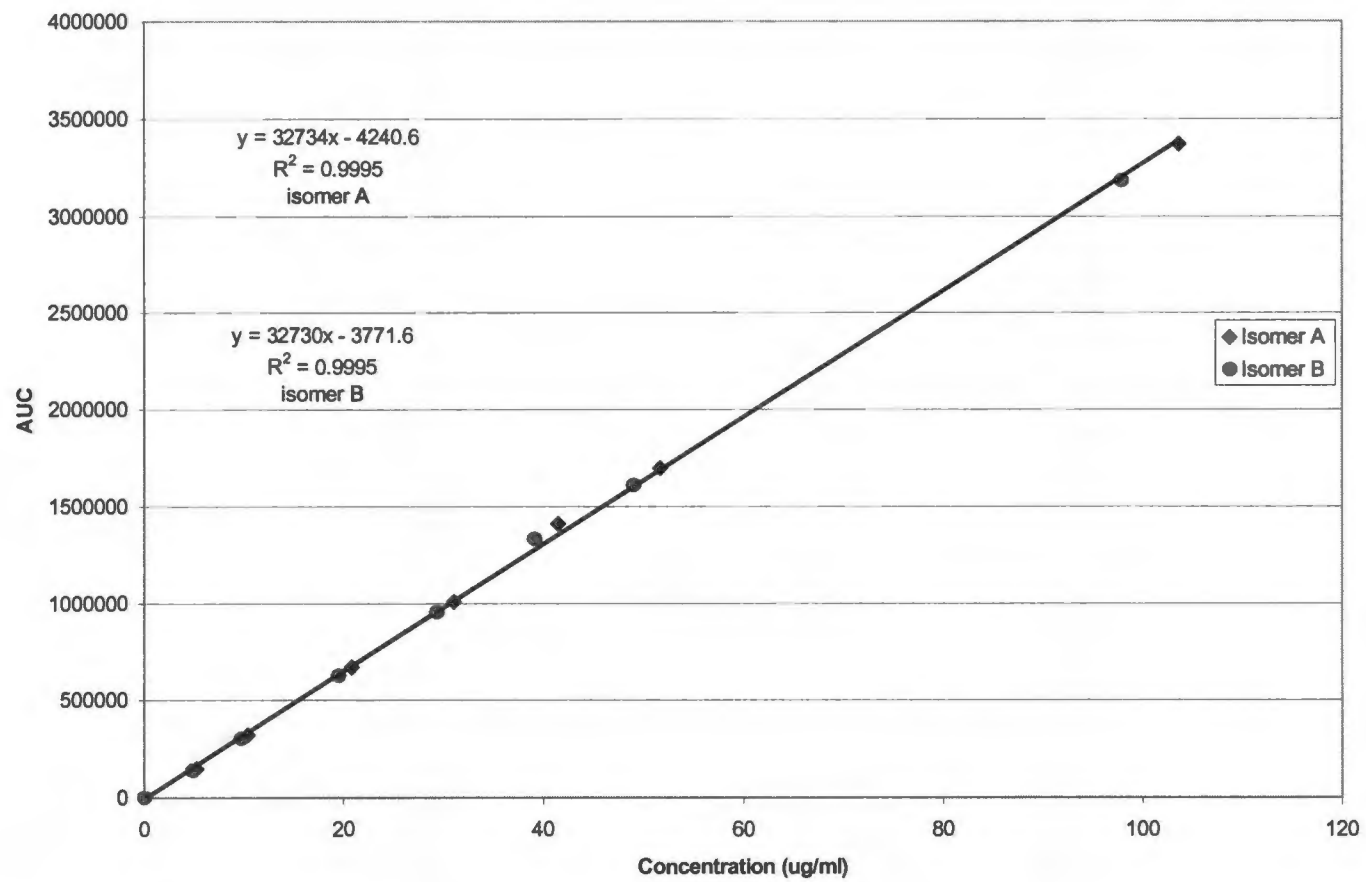


Figure 7: Representative calibration curves for the isomers A and B of cefuroxime axetil

Table 4 shows the data for the calibration curve of cefuroxime axetil. Tables 5 and 6 show the data in terms of the individual isomers A and B. Table 7 shows the percentage of isomers A and B in the cefuroxime axetil sample, and it can be seen that the ratio of the isomers lie within the USP limits. Figures 8 and 9 illustrate the linear portion of the calibration curve for the sample and its individual isomers, respectively. The correlation coefficient was found to be 0.9995 and 1.0 for cefuroxime axetil (USP) and the cefuroxime axetil sample respectively.

Table 8 shows the mean values of the data generated out of five days of replication studies for seven separate and distinct samples for series of cefuroxime axetil concentrations ranging from 10 to 200 $\mu\text{g/ml}$.

The purity of the sample of cefuroxime axetil was determined as shown in Table 9. The average percentage purity was found to be 103.85% with a standard deviation of 4.462, when compared to the USP reference standard.

2.2 Solubility Studies of Cefuroxime Axetil

Solubility studies of the drug were carried out in water and 0.07 N HCl, for a period of 24 hours with samples withdrawn and analyzed at seven time intervals. The 24-hour time duration was selected to allow the drug to reach its equilibrium solubility. The USP dissolution test for cefuroxime axetil tablets uses 0.07 N HCl as the dissolution medium in order to simulate gastric conditions; hence it has been selected as one of the media for solubility studies.

Concentration ($\mu\text{g/ml}$)	Av. AUC [1]	Av. AUC [2]	Av. AUC [3]	Av. AUC [4]	Av. AUC [5]	Av. AUC	Std. Dev.
10	312426	314608	332367	319419	331576	322079	8391.76
20	643677	637731	631992	685701	675389	654898	21512.76
40	1286830	1277833	1297919	1392295	1391674	1329310	51567.87
60	1918719	1911772	1938960	2171403	2167442	2021659	120984.89
80	2594779	2545924	2556001	2803400	2792579	2658536	115076.64
100	3229755	3197528	3188288	3485069	3491175	3318363	139303.25
200	6464686	6347863	6411309	7092098	7013097	6665810	318948.92

Table 4: Data for calibration curve of total concentration of cefuroxime axetil

Concentration ($\mu\text{g/ml}$)	Av. AUC [1]	Av. AUC [2]	Av. AUC [3]	Av. AUC [4]	Av. AUC [5]	Av. AUC	Std. Dev.
10	160575	162050	170916	163362	168946	165170	4034.41
20	331119	327530	323917	351588	345187	335868	10666.32
40	660897	652037	664676	712155	711938	680340	26210.80
60	982291	975823	992157	1113526	1114671	1035693	64229.22
80	1328460	1297967	1306663	1431649	1433550	1359657	60382.51
100	1656111	1645014	1635584	1786412	1794267	1703477	71262.75
200	3328511	3258313	3294722	3651349	3601925	3426964	165277.89

Table 5: Data for calibration curve of isomer A of the drug

Concentration ($\mu\text{g/ml}$)	Av. AUC [1]	Av. AUC [2]	Av. AUC [3]	Av. AUC [4]	Av. AUC [5]	Av. AUC	Std. Dev.
10	151850	152557	161451	156056	162630	156909	4440.95
20	312558	310201	308075	334113	330202	319030	10882.69
40	625933	625795	633243	680140	679736	648969	25429.3
60	936428	935949	946803	1057877	1052771	985965	56786.6
80	1266319	1247956	1249338	1371751	1359029	1298879	54837.97
100	1573644	1552513	1552704	1698657	1696908	1614885	68122.07
200	3136174	3089549	3116586	3440749	3411172	3238846	153778.6

Table 6: Data for calibration curve of isomer B of the drug

Concentration ($\mu\text{g/ml}$)	Av. AUC (total)	Av. AUC (isomer A)	Av. AUC (isomer B)	Concentration (isomer A) ($\mu\text{g/ml}$)	Concentration (isomer B) ($\mu\text{g/ml}$)	% isomer A	% isomer B
10	322079	165170	156909	5.13	4.87	51.28	48.72
20	654898	335868	319030	10.26	9.74	51.29	48.71
40	1329310	680340	648969	20.47	19.53	51.18	48.82
60	2021659	1035694	985965	30.74	29.26	51.23	48.77
80	2658536	1359658	1298879	40.92	39.09	51.14	48.86
100	3318363	1703478	1614885	51.33	48.67	51.34	48.67
200	6665810	3426964	3238846	102.82	97.18	51.411	48.59

Table 7: Percentage of isomers A and B determined from the calibration data of total drug and the individual isomers

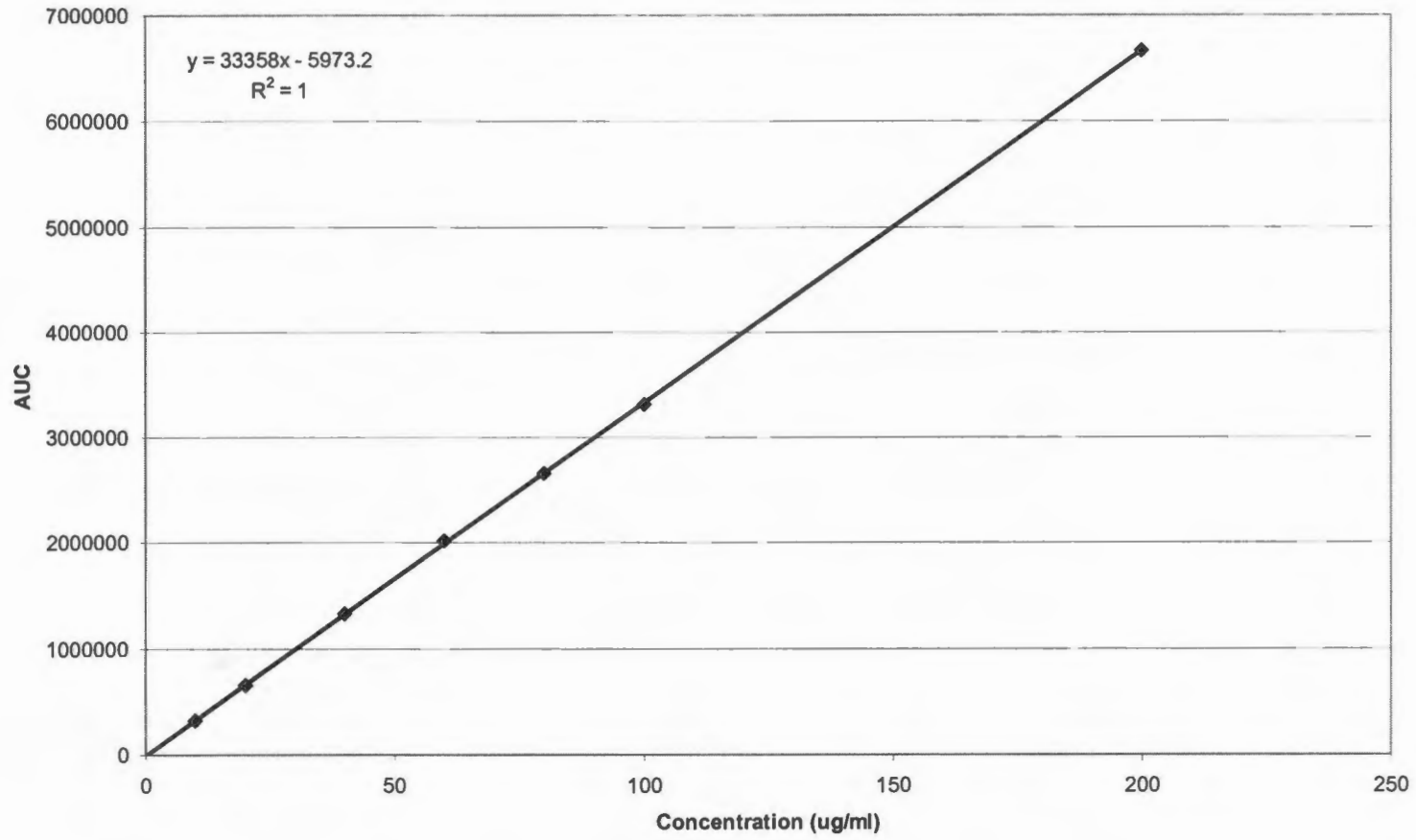


Figure 8: Representative calibration curve from the replication study for cefuroxime axetil

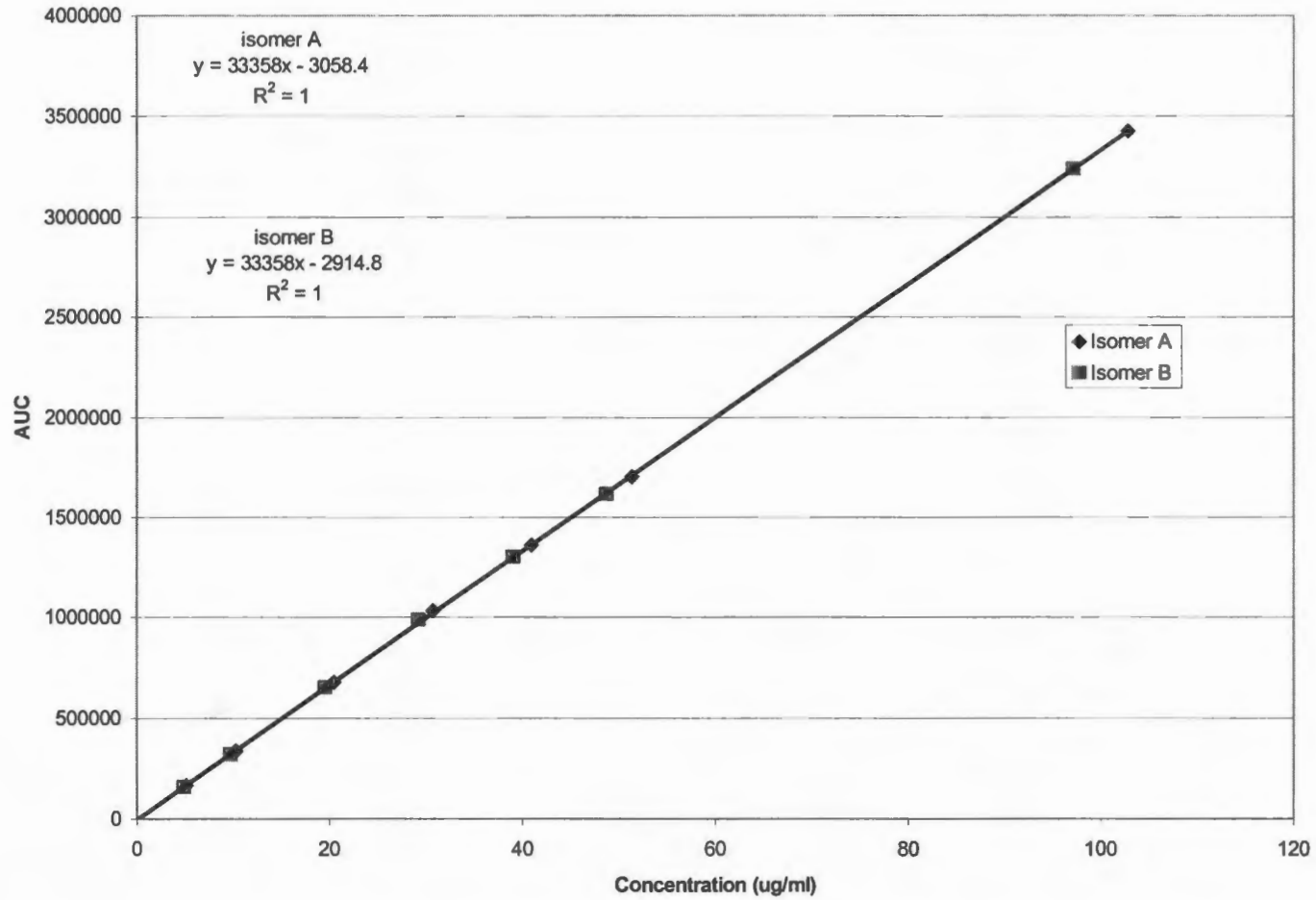


Figure 9: Representative calibration curve for isomers A and B from the replication study for cefuroxime axetil

Concentration (ug/ml)	Isomer A			Isomer B			Total		
	Av. AUC	Std. Dev.	% CV	Av. AUC	Std. Dev.	% CV	Av. AUC	Std. Dev.	% CV
10	165170	4034.41	2.44	156909	4440.95	2.83	322079	8391.75	2.61
20	335868	10666.32	3.17	319030	10882.69	3.41	654898	21512.75	3.28
40	680341	26210.8	3.85	648970	25429.3	3.92	1329310	51567.86	3.87
60	1035694	64229.22	6.2	985966	56786.59	5.76	2021660	120984.89	5.98
80	1359658	60382.51	4.44	1298879	54837.97	4.22	2658537	115076.63	4.32
100	1703478	71262.75	4.18	1614886	68122.07	4.21	3318363	139303.25	4.19
200	3426964	165277.89	4.82	3238846	153778.63	4.75	6665811	318948.91	4.78

Table 8: Reproducibility of cefuroxime axetil from standard solutions over 5 days of replication studies

Cefuroxime Axetil (USP Std.)		Cefuroxime Axetil (sample)			
Concentration ($\mu\text{g/ml}$)	Total AUC	Theoretical Concentration ($\mu\text{g/ml}$)	Total AUC	Experimental Concentration ($\mu\text{g/ml}$)	% Purity
10.08	289199	10	322079.2	11.23	112.26
20.16	625227	20	654898.3	21.12	105.58
40.32	1294839	40	1329310.4	41.39	103.48
60.48	1957952	60	2021659.6	62.45	104.08
80.64	2740084	80	2658536.9	78.24	97.80
100.8	3306917	100	3318363.4	101.15	101.15
201.6	6551377	200	6665810.7	205.12	102.56
				Average Std. Dev.	103.85 4.46

Table 9: Determination of the percentage purity of the cefuroxime axetil sample based on the USP reference standard

As observed from the solubility profile of the drug (Figure 10), CA reaches its equilibrium solubility by 4 hours and remains at equilibrium for over 10 hours. An excess amount of the drug in the medium ensured equilibrium and also accounted for any degradation that may have taken place during the 24 hour time period. The studies were conducted at room temperature (25 °C). Previous studies have shown that CA undergoes hydrolytic degradation in solution¹. The first-order hydrolysis kinetics of CA was investigated as a function of pH, temperature, buffers, and ionic strength. Chromatographically identified hydrolysis products were cefuroxime, Δ^2 -cefuroxime axetil, and α , β -sulfoxides.

Experimental Design: For these studies, excess amount of the sample (~30-40 mg) was weighed and transferred to a glass vial. After addition of 4 ml of the medium, the vials were allowed to equilibrate on a rotary mixer for 24 hours. Samples were withdrawn at intervals of 10 min, 30 min, 45 min, 1 hr, 2 hr, 4 hr, 8 hr and 24 hr. The solution was filtered, diluted with mobile phase and analyzed by HPLC. The solubility determination of each sample was done in triplicate. The concentration of the drug in solution was determined using the standard curves.

The solubility of the USP reference standard was determined in water and 0.07 N HCl (see Figure 11). The untreated cefuroxime axetil sample was first tested to determine its solubility profile. The drug was then treated with a combination of processes and polymers. The solubility of these processed mixtures was then determined by the above procedure. The purity of the drug after treatment (with

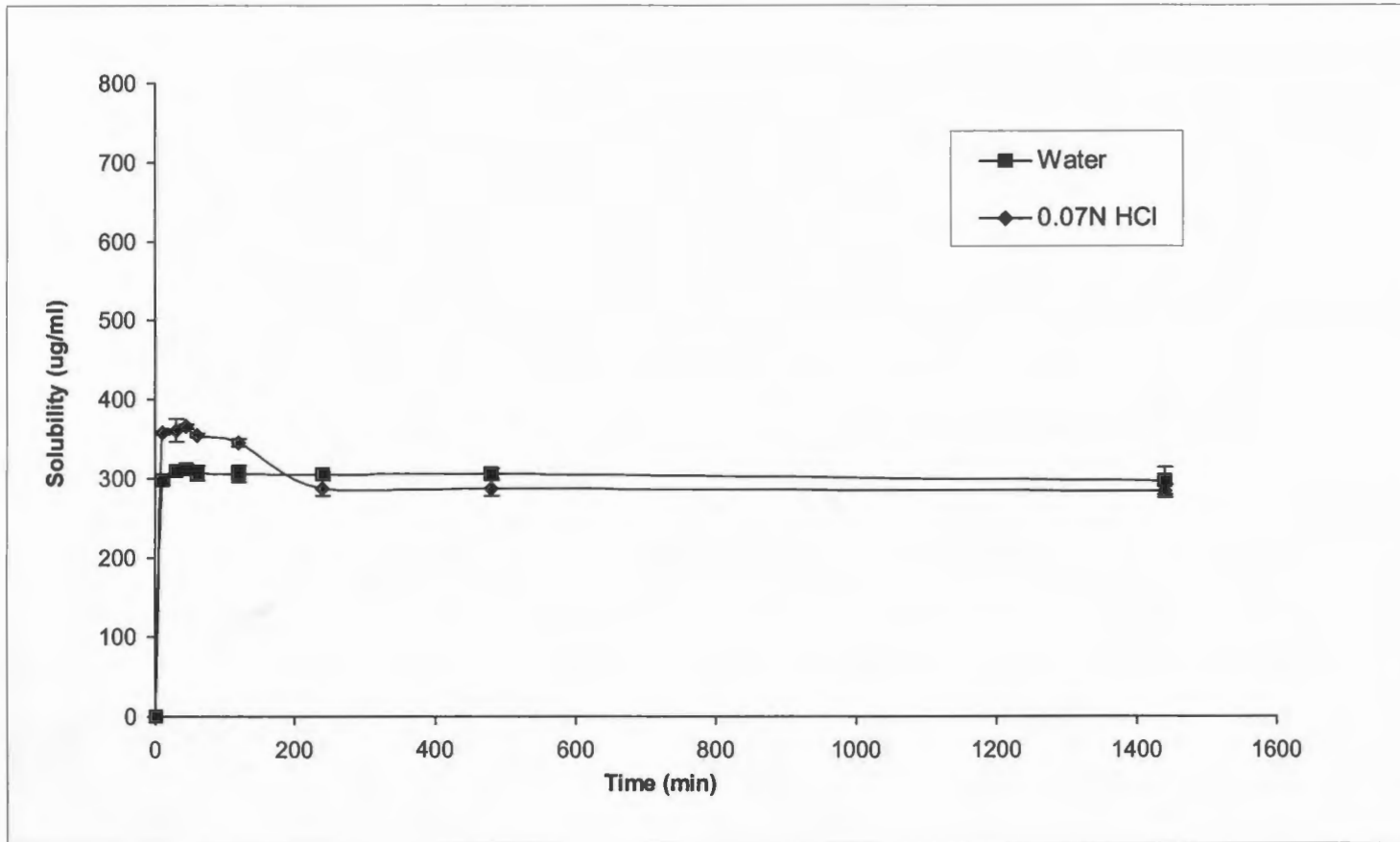


Figure 10: Solubility profile of untreated cefuroxime axetil in water and 0.07 N HCl (average of $n = 3$, \pm S.D.)

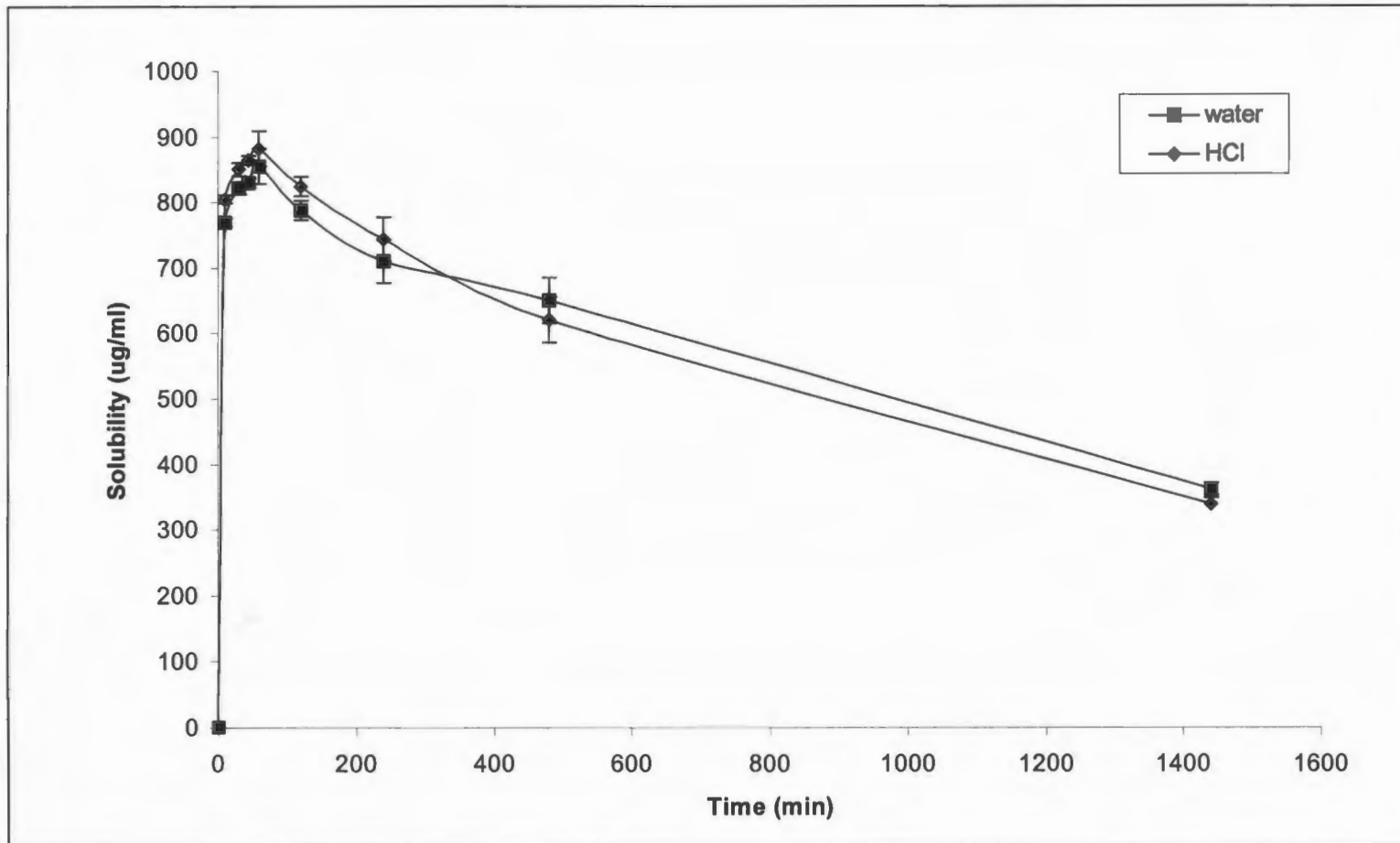


Figure 11: Solubility profile of cefuroxime axetil in water and 0.07 N HCl (average of $n = 3$, \pm S.D.)

process and/or polymer), was also determined to rule out any interactions /loss /degradation of the drug.

2.3 Modification of Physical State

This section deals with the various processes and polymers that were employed to bring about a modification in the solid state of the drug. Each factor is dealt with individually in a separate sub-section.

2.3.1 Selection of Polymers

The use of a polymer serves three purposes; enhances solubility, acts as an impurity to destabilize the rigid crystal structure^{2, 3, 4}, and in the amorphous state, assists in preventing the re-conversion of the unstable amorphous state to its stable crystalline state⁵. This approach was adopted as the unstable nature of the amorphous state was recognized and known to limit its wider application. Amorphous substances cannot achieve their maximum theoretical solubility under practical experimental conditions because of the strong driving force for crystallization in the presence of the dissolution media⁶. Several previous workers have tried to avoid this problem by adding crystallization inhibitors to their dissolution media⁷.

The polymers selected were Eudragit EPO, Eudragit RD 100 and Polyvinylpyrrolidone (PVP C15).

Eudragit® EPO supplied by Rohm America, in the powder form and is a cationic polymer with a dimethyl-aminoethyl ammonium functional group. It is a pH dependent polymer and is soluble in gastric fluid up to pH 5.0, and swellable and permeable above pH 5.0. It has taste masking and odor masking properties⁸.

Eudragit® RD 100 supplied by Rohm America, as powder and is based on Eudragit RL 100 (copolymer of acrylate and methacrylates with quaternary ammonium group as a functional group) and Na-CMC. It forms rapidly disintegrating films that are independent of pH⁸.

Both the Eudragits are used for immediate release coatings.

PVP C15 provided by ISP Technologies Inc., in the powder form and is a synthetic water-soluble polymer. It has a K-value of 16-18, a molecular weight of 8,000 and a typical viscosity of 1.5 mPa.s. The K-value is calculated from the kinematic viscosity of a 1% aqueous solution and hence is related to the average molecular weight of the polymer. It is also soluble in a wide range of organic solvents enabling its use in water sensitive pharmaceutical dosage forms. The viscosity of PVP in aqueous solution is unaffected by pH and salt concentration⁹.

2.3.2 Selection of Processes

In this study, the process of microfluidization has been used to assist in converting the drug from its crystalline to amorphous form. Microfluidization is a widely used technique for the homogenization of emulsions and dispersions, liposomes and cell disruption. The M-110S Microfluidizer® Processor (Microfluidics Corporation, Newton, MA) shown in Figure 12, contains an air-powered intensifier pump designed to supply the desired pressure at a constant level to the product stream¹⁰. As the pump travels through its pressure stroke, it drives the product at a constant pressure through precisely defined fixed-geometry microchannels within the interaction chamber (Figure 13). As a result, the product stream accelerates to high velocities, creating shear rates within the product streams that are orders of magnitude greater than any other conventional means. All of the product experiences identical processing conditions, producing the desired results, including uniform particle size, and droplet size reduction (often submicron), deagglomeration, and high yield cell disruption. This study uses an existing technique for a new application, the modification of the crystal structure. A solution of the drug and/or polymer in an appropriate solvent system was prepared, and then passed through the microfluidizer under a defined set of conditions. The solvents were removed, and the treated drug characterized by solubility, DSC, XRD and microscopy. A system of drug/polymer in similar solvents was also prepared by solvent evaporation to study effects of solvent, if any. A physical mixture of the drug and polymer was also studied to determine any effects of polymer in the absence



Figure 12: Picture of the M-110S Microfluidizer processor, Microfluidics Corp.

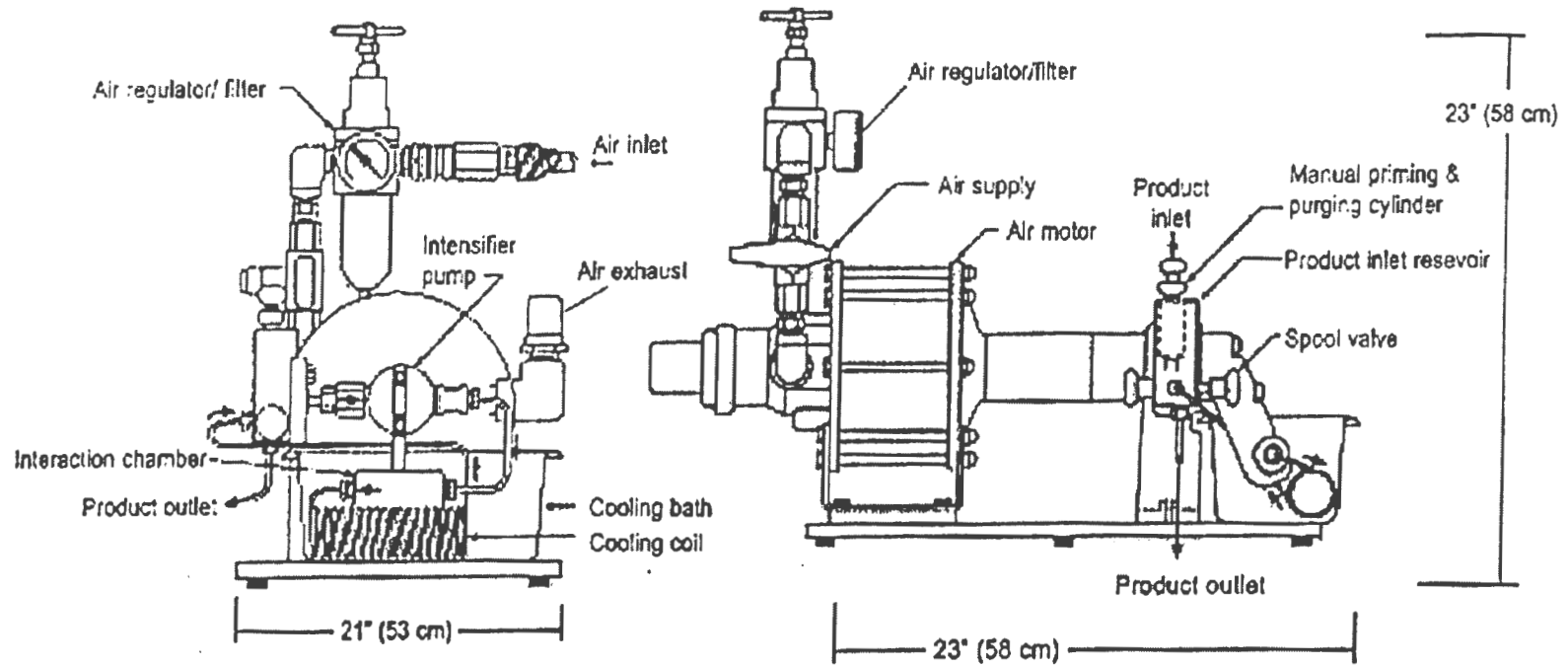


Figure 13: Diagram showing the parts and dimensions of the M-110S Microfluidizer, Microfluidics Corp.

of the processes. The ratio of polymer in the drug-polymer mixture has been kept at a minimum. Throughout the studies the ratio of drug:polymer has been kept constant at 9:1. Low amounts of polymer can act as impurities in the destabilization of the crystal structure.

Experimental Design I: The drug and/or polymer were weighed out (900 mg drug + 100 mg polymer) and dissolved by sonication in 20 ml of a 1:1:2 mixture of acetone, methanol and ethanol. The pressure gauge of the microfluidizer was set at 40 psi. The solution was then passed through the equipment for 10 strokes of the pump and collected from the outlet. The solution was decolorized with charcoal to adsorb any impurities and to ensure a product with an acceptable color (white to pale yellow), and filtered under vacuum. The filtered solution was transferred to a glass evaporating dish that was placed under the vacuum hood, and the solvents were allowed to evaporate at room temperature. After the complete evaporation of the solvents, the sample was dried under vacuum in a desiccator for 24 hours or until no further loss in weight was observed. The sample was collected, percent yield determined and then stored in glass vials in a desiccator placed in a refrigerator, for further use.

Experimental Design II: The drug and/or polymer were weighed out (900 mg drug + 100 mg polymer) and dissolved by sonication in 10 ml of a 1:1 mixture of acetone and methanol. The solution was decolorized with charcoal, filtered under vacuum and then transferred to an evaporating dish. The solvents were allowed to evaporate at room temperature under the vacuum hood, and then the

samples were transferred to a dessicator in which they were further dried for 24 hours or until no further loss in weight occurred. The samples obtained were weighed to determine the percent yield and were henceforth stored under vacuum in a refrigerator.

Experimental Design III: The drug and/or polymer were weighed out (900 mg drug + 100 mg polymer) and transferred to a glass vial. The vial was placed on the rotary mixer for 10 min to ensure proper mixing of the drug and the polymer. This physical mixture of the drug and polymer was then used for solubility determinations and other characterizations.

Table 10 lists all the drug-polymer-process combinations that have been studied in this project.

2.3.3 DSC Studies

DSC analysis was carried out using Perkin Elmer DSC7 (Perkin Elmer, Wellesley, MA). Samples were weighed (approximately 10 mg), sealed in aluminum pans and loaded into the pan holder. An empty pan was used as blank. The scanning rate was set to 10 °C/min. Three separate samples were tested for the drug and each of the processed mixtures.

2.4 Results and Discussion

The solubility profiles of the USP reference standard (Figure 11) and the sample (Figure 10) were determined. The USP reference standard was found to be in the amorphous form, as confirmed by the XRD data which showed an absence

No.	Drug	Polymer	Process
1	CA	-	-
2	CA	-	Microfluidization
3	CA	-	Solvent Evaporation
4	CA	PVP	-
5	CA	Eud EPO	-
6	CA	Eud RD 100	-
7	CA	PVP	Microfluidization
8	CA	Eud EPO	Microfluidization
9	CA	Eud RD 100	Microfluidization
10	CA	PVP	Solvent Evaporation
11	CA	Eud EPO	Solvent Evaporation
12	CA	Eud RD 100	Solvent Evaporation

Table 10: The combinations of drug-polymer-process that have been studied

of peaks (see Figure 14). Over the duration of the solubility experiments, the amorphous starting material begins converting to its stable crystalline form, as evident from the solubility profile of the USP reference standard (Figure 11). The commercial sample exhibited multiple peaks in the XRD (Figure 15) indicating the presence of the crystalline form. The DSC data for the commercial sample (Figure 16) shows the presence of two melting endotherms, at 123 °C and at 173 °C, for the two isomers B and A, respectively. The drug degrades (at ~175 °C) after the melting of the second isomer, as observed from the loss of the straight nature of the baseline. Also, visual examination shows browning and charring of the drug after ~176 °C when examined on the melting point apparatus. The drug in the solid form exists as a 1:1 mixture of the two isomers, A and B. However, in solution, isomer B is in greater concentration than isomer A due to its significantly greater solubility. In aqueous solution, the ratio of the solubilized isomers is 9:1 (B:A) (see Figure 17). This is also true for the solubility determinations made in 0.07 N HCl. The solubility of isomer B is ~5 times the solubility of isomer A (Figure 18).

Solubility determinations, using excess amounts of drug, follow a zero-order kinetics, in which the concentration in solution depends on the drug's solubility. Excess drug replaces any drug lost due to degradation in solution, whereby more drug is released from the suspended particles so that the amount of dissolved drug remains constant. This concentration is the drug's equilibrium solubility in a particular solvent at a particular temperature¹¹. It is important to note that the amount of drug in solution remains constant despite its decomposition with time.

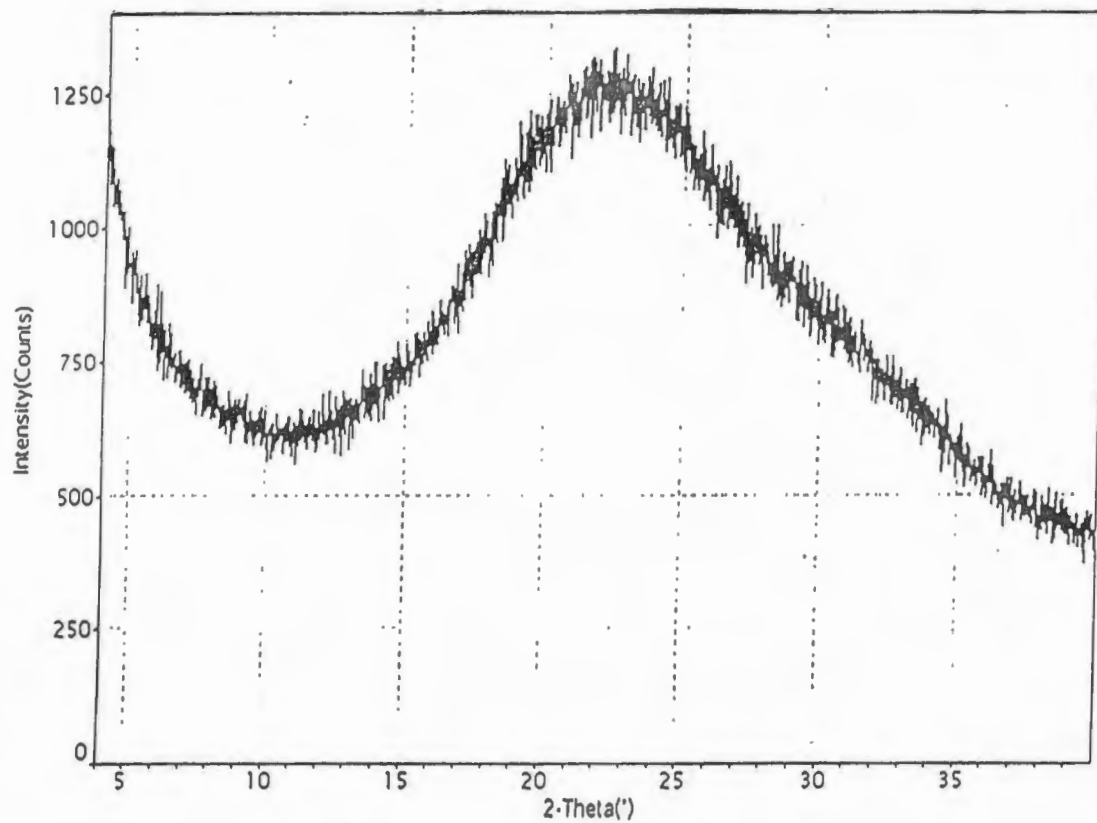


Figure 14: XRD scan of the USP reference standard of cefuroxime axetil

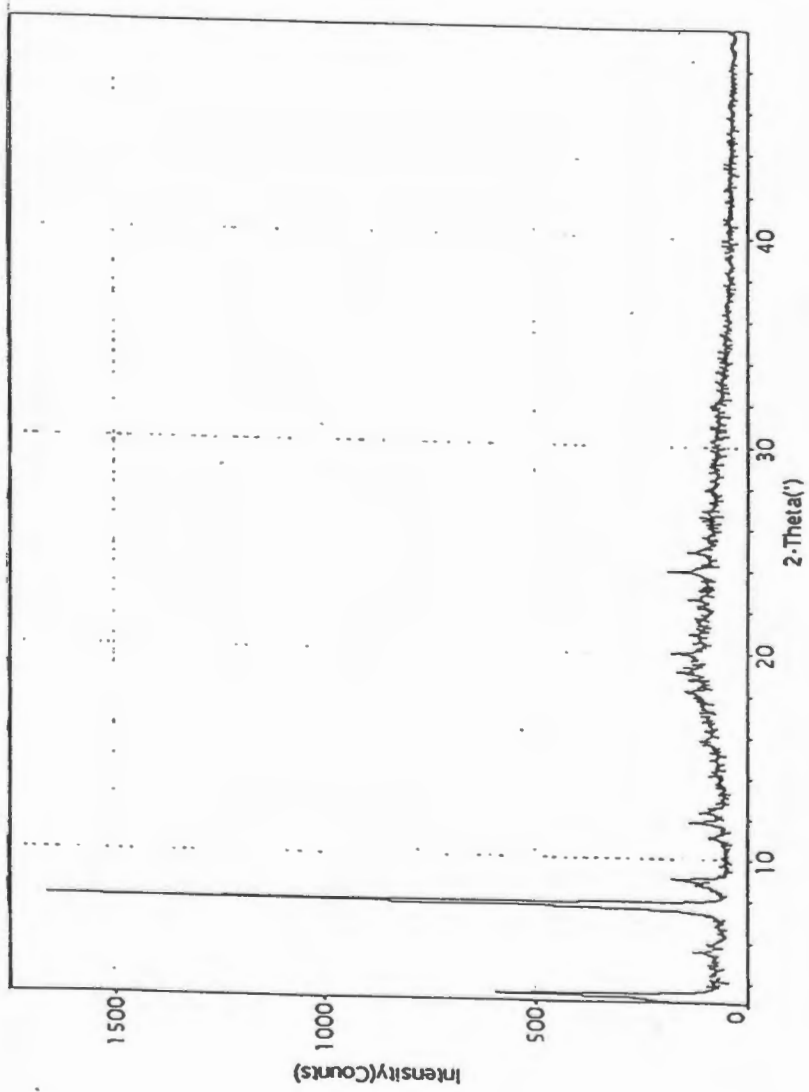


Figure 15: XRD scan of the sample of cefuroxime axetil

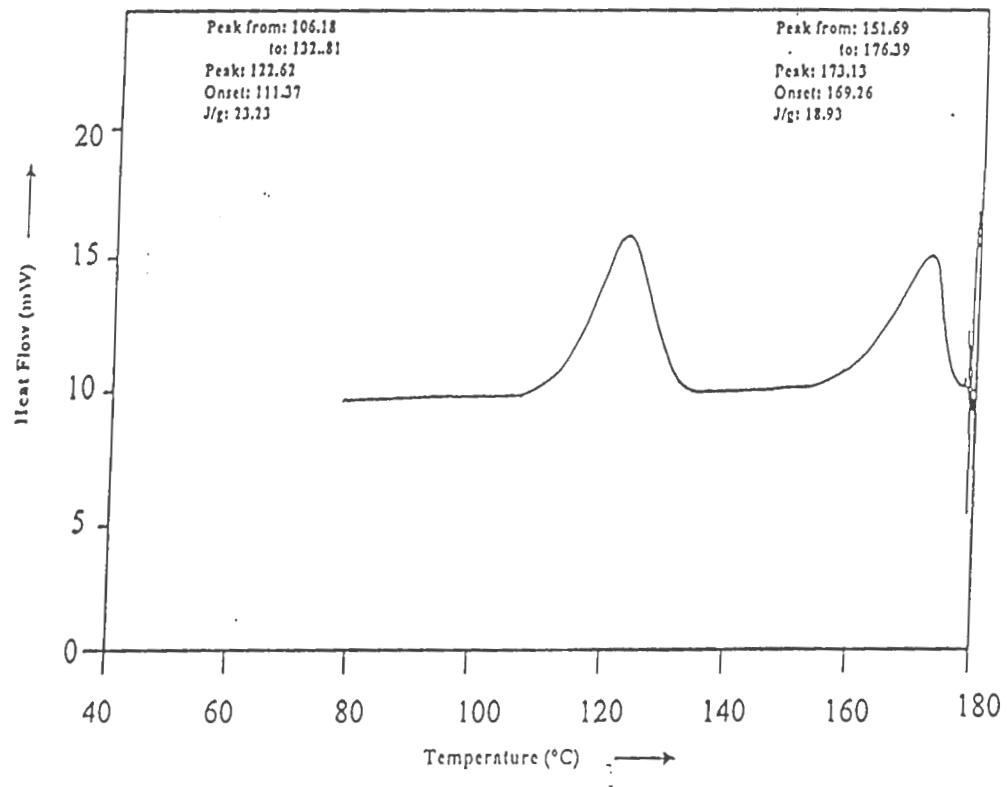


Figure 16: DSC thermogram for the commercial sample showing the presence of the two melting endotherms at 124 °C and 173 °C (weight of sample = 10 mg, scanning rate = 10 °C/min)

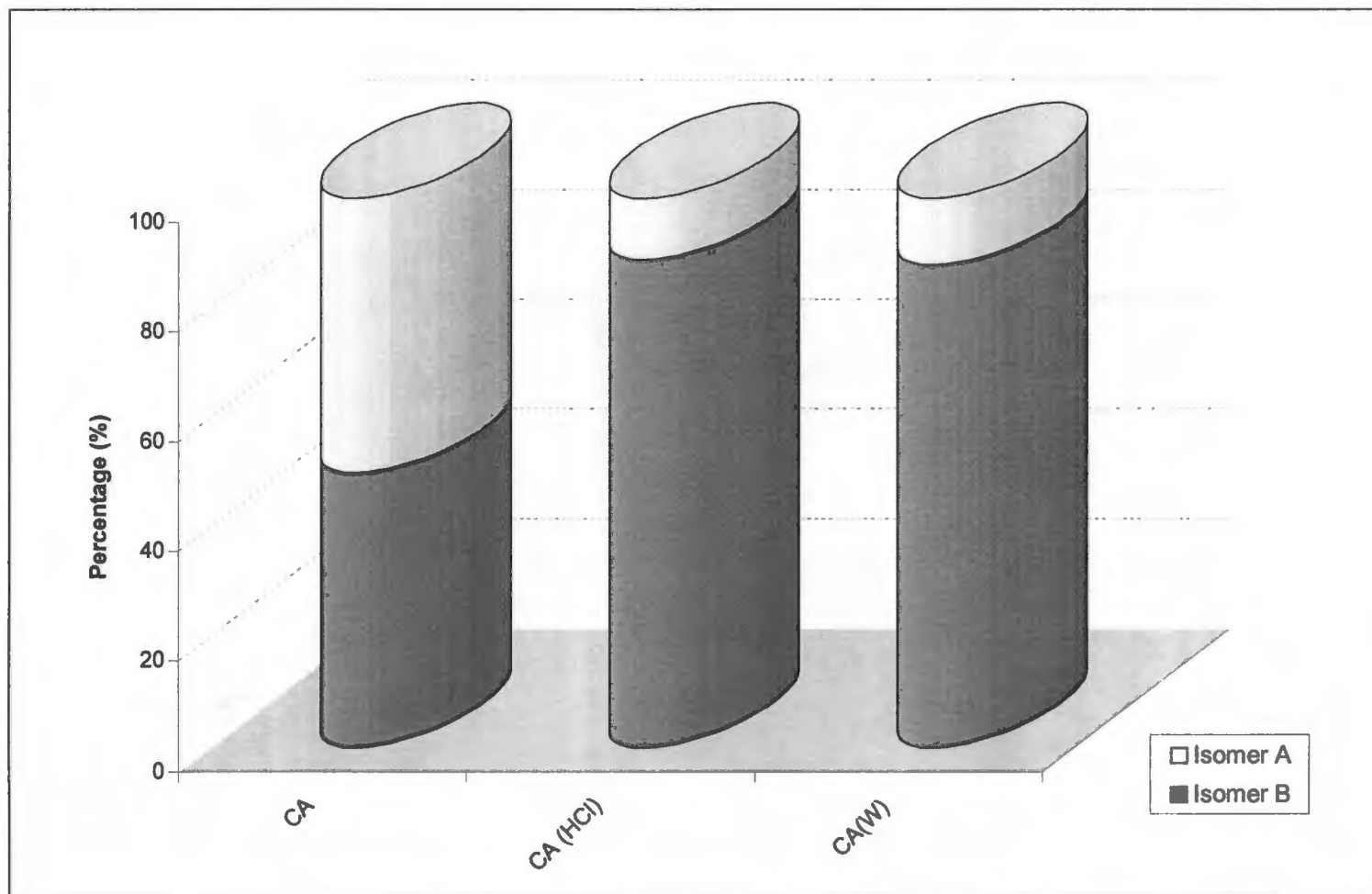


Figure 17: The percentage of isomers A and B, of the solid drug (cefuroxime axetil) and the drug in solution [in 0.07 N HCl (HCl) and water (W)]

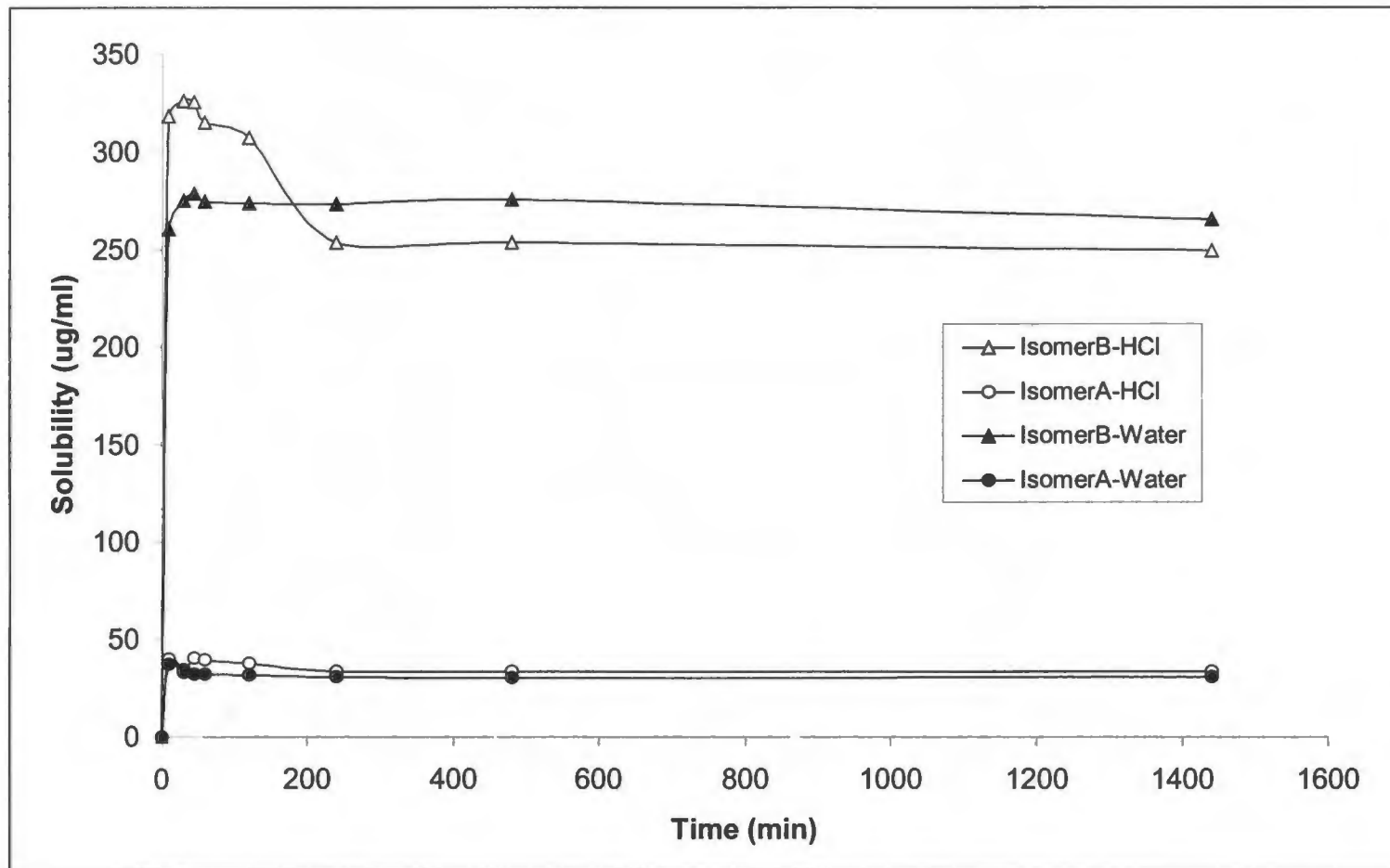


Figure 18: The solubility profile of isomers A and B in water and 0.07 N HCl

Degradation of CA was observed from the appearance of multiple peaks on the chromatograms in addition to the isomer peaks. The initial rate of solubilization of the drug varies hyperbolically with time. During the initial time period, the drug goes into solution continuously, increasing the concentration of the drug linearly. This approximates first-order kinetics in that the rate of dissolution is proportional to time. As the time increases, more and more drug goes into solution, until the solution is saturated with the drug, and zero-order or saturation kinetics is observed.

In the following section, the effect on solubility of the drug has been compared in the absence and in the presence of the selected polymers.

2.4.1 Effect of crystalline to amorphous conversion on solubility of the drug in the absence of polymers

The solubility profiles of the untreated drug, its microfluidized form and its recrystallized form were examined. As seen in Figure 19 both the processes bring about an increase in the solubility of CA. However, the recrystallized drug shows a dramatic decrease in solubility after the first two hours, reducing the amount of drug dissolved to the solubility of untreated CA after 24 hours. This indicates conversion of the amorphous (high solubility) form to its crystalline (low solubility) form. Similar observations of amorphous to crystalline conversion during solubility studies have been made for drugs like indomethacin and griseofulvin⁶. The microfluidized drug shows a very gradual decrease in solubility and would eventually reach the equilibrium solubility of

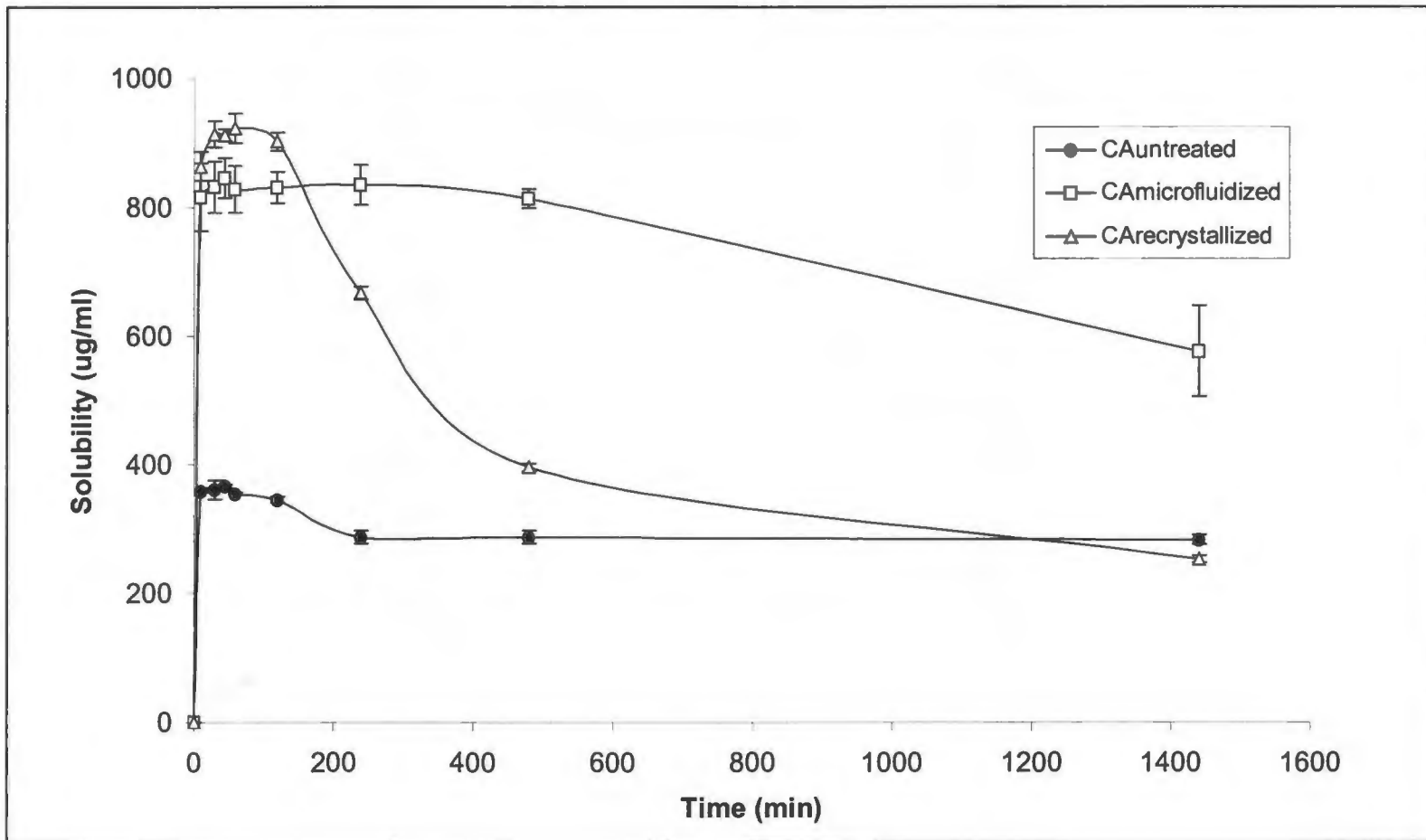


Figure 19: Solubility profile of untreated, microfluidized and recrystallized cefuroxime axetil in 0.07 N HCl (average of $n = 3$, \pm S.D.)

untreated CA. However, the solubility after 24 hours is still twice the solubility of the untreated and recrystallized CA.

Further examination of the solubility profile, in terms of the individual isomers of the drug, provides a better understanding of the effect of the treatment processes. The untreated solid drug is a 1:1 mixture of the two isomers, however, in solution, the composition of the mixture is 1:9 (A:B). The microfluidized sample, on the other hand, shows a change in this composition from 1:9 to 2:3, and more or less maintains that composition for the entire 24 hours over which the sample was tested (see Figure 20). As for the recrystallized sample, the composition changes gradually over the period of time. During the initial 2 hours the composition of the isomers in solution is 3:7 (A:B) which changes to 2:3 at the end of the 24 hours; while the total solubility of the drug falls from ~3 times the original, at 2 hours, to the original, at the end of the 24 hours. Thermal analysis of CA shows the presence of two melting endotherms. Isomer B melts at 123 °C while isomer A melts at a higher temperature of 173 °C (Figure 16). The lower melting isomer shows a greater solubility. The DSC scans for the recrystallized mixture show the presence of the melting endotherm at 173 °C which indicates the presence of isomer A, while the endotherm for isomer B is not present. However, the heat of fusion of the recrystallized isomer A is lower than that of the pure isomer A (Table 11). Thus isomer A retains its crystalline form, albeit with defects to the crystal structure, indicated by a lower heat of fusion. The microfluidized CA shows an absence of both the endotherms. Thus, the microfluidized CA is in the

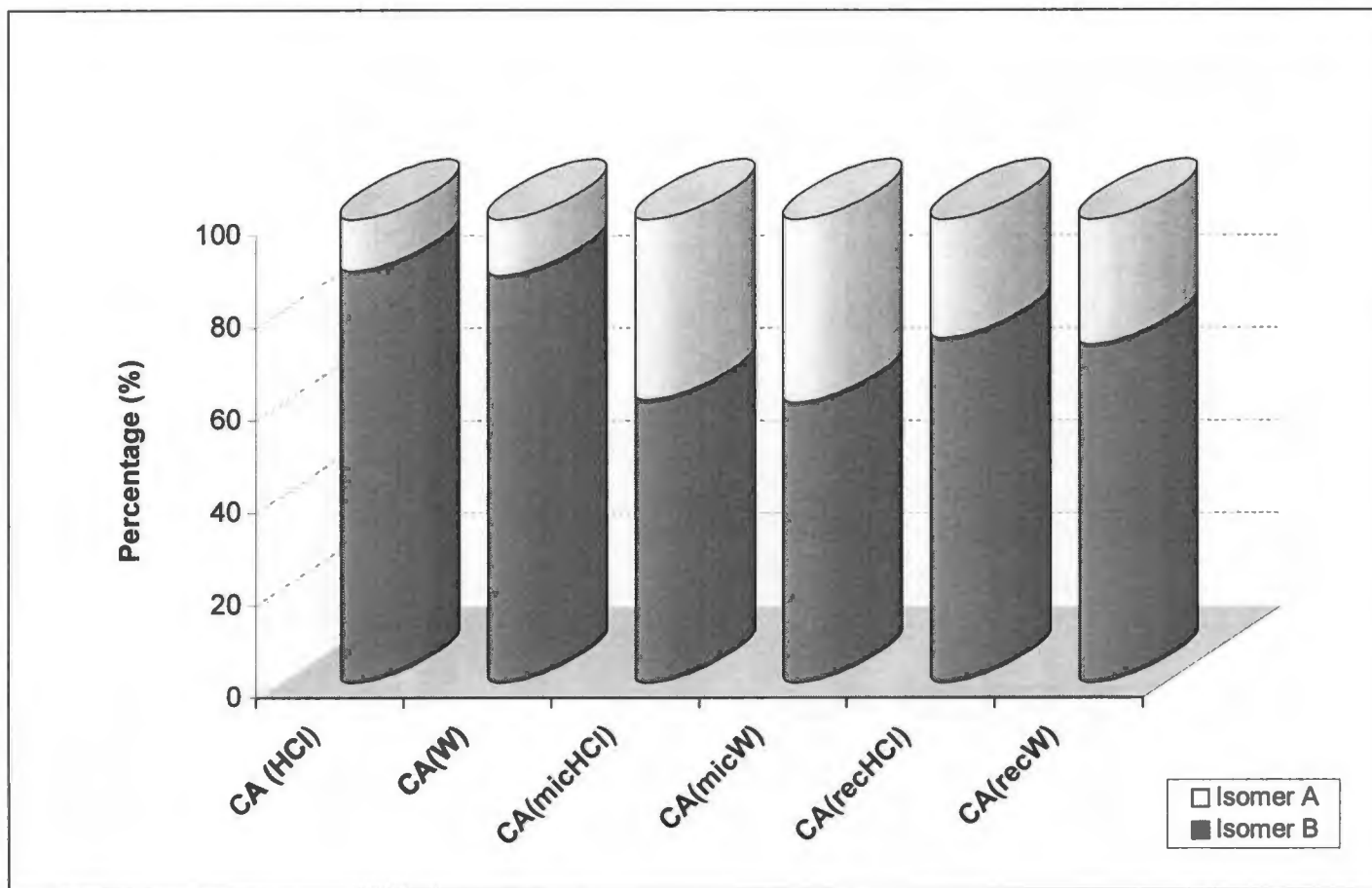


Figure 20: Percentage of cefuroxime axetil isomers A and B in solution (at 2 hours) for untreated, microfluidized and recrystallized drug (W: water, HCl: 0.07 N HCl)

Isomer A	Heat of Fusion (J/g)
CA (untreated)	18.93
CA (recrystallized)	11.55
CA + PVP (recrystallized)	8.67
CA + Eudragit RD100 (recrystallized)	10.78

Table 11: Heat of fusion (J/g) of isomer A for the different process-polymer combinations (the remaining process-polymer combinations convert the isomers to its amorphous form)

amorphous form while the recrystallized drug is in a partially crystalline state. This is also confirmed by the comparison of the XRD data shown in Figure 21. The solubility and DSC data indicate that the higher solubility, lower melting isomer (B) is affected by both the processes and is converted to its amorphous form. In the case of the recrystallized sample, isomer (B) loses its amorphous form on prolonged exposure to the medium, as indicated by the downward slope of the solubility curve (Figure 19). However, the microfluidized drug shows only a gradual decrease in the solubility indicating a greater resistance to conversion to its original form. The use of microfluidization for these conversions has not been studied previously and is a new phenomenon. The drug is subjected to high pressure and velocities causing complete disruption of the crystal structure. Pharmaceutical solids, as we know them, rarely exist as 100% crystalline or 100% amorphous phases¹². The presence of domains of one phase in another can act as a focal point for spontaneous phase transitions such as crystallization^{13, 14, 15}. The process of microfluidization is likely to have reduced drastically the number of such domains, thereby decreasing initiation sites for crystallization and preventing rapid reversion to the crystalline form. Microscopic analysis shows CA to be in a crystalline state with needle shaped crystals. The microfluidized and recrystallized samples show a loss of the needle shaped structure to give a more irregular appearance (Figures 22 and 23).

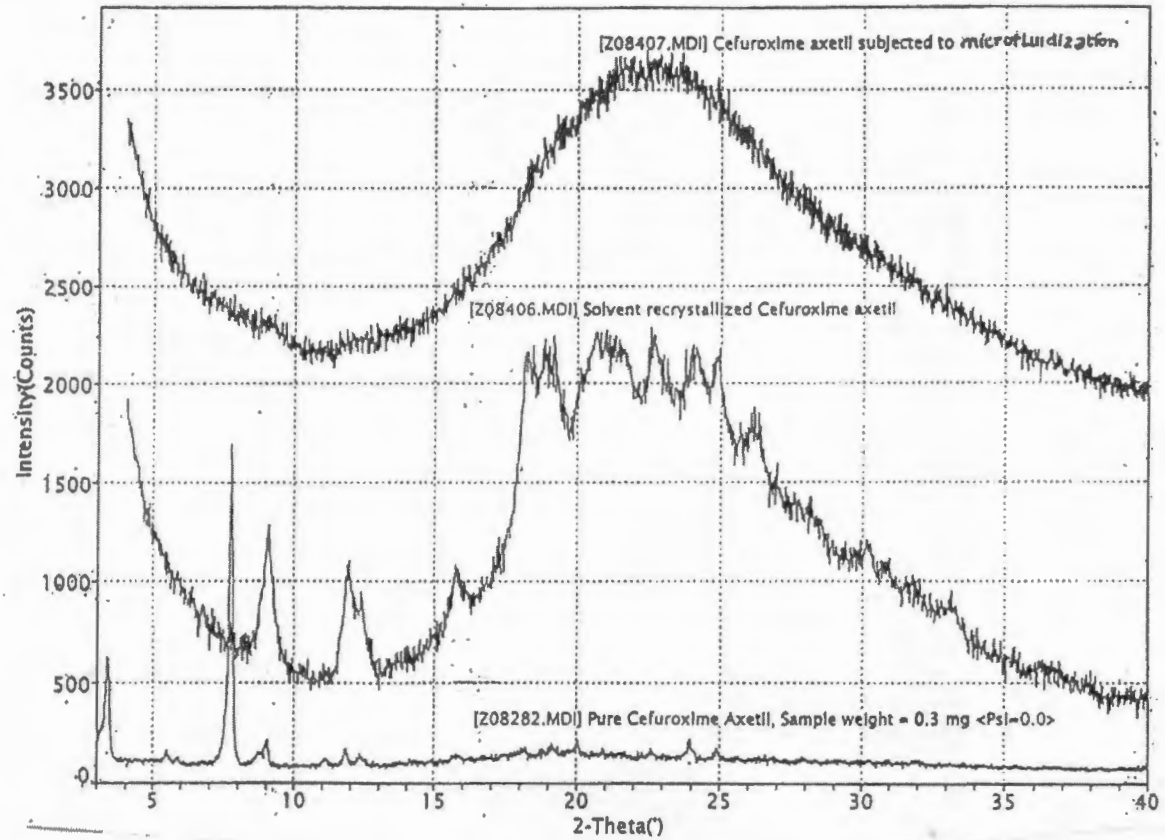


Figure 21: XRD scan of the untreated, microfluidized and recrystallized cefuroxime axetil (without polymers)

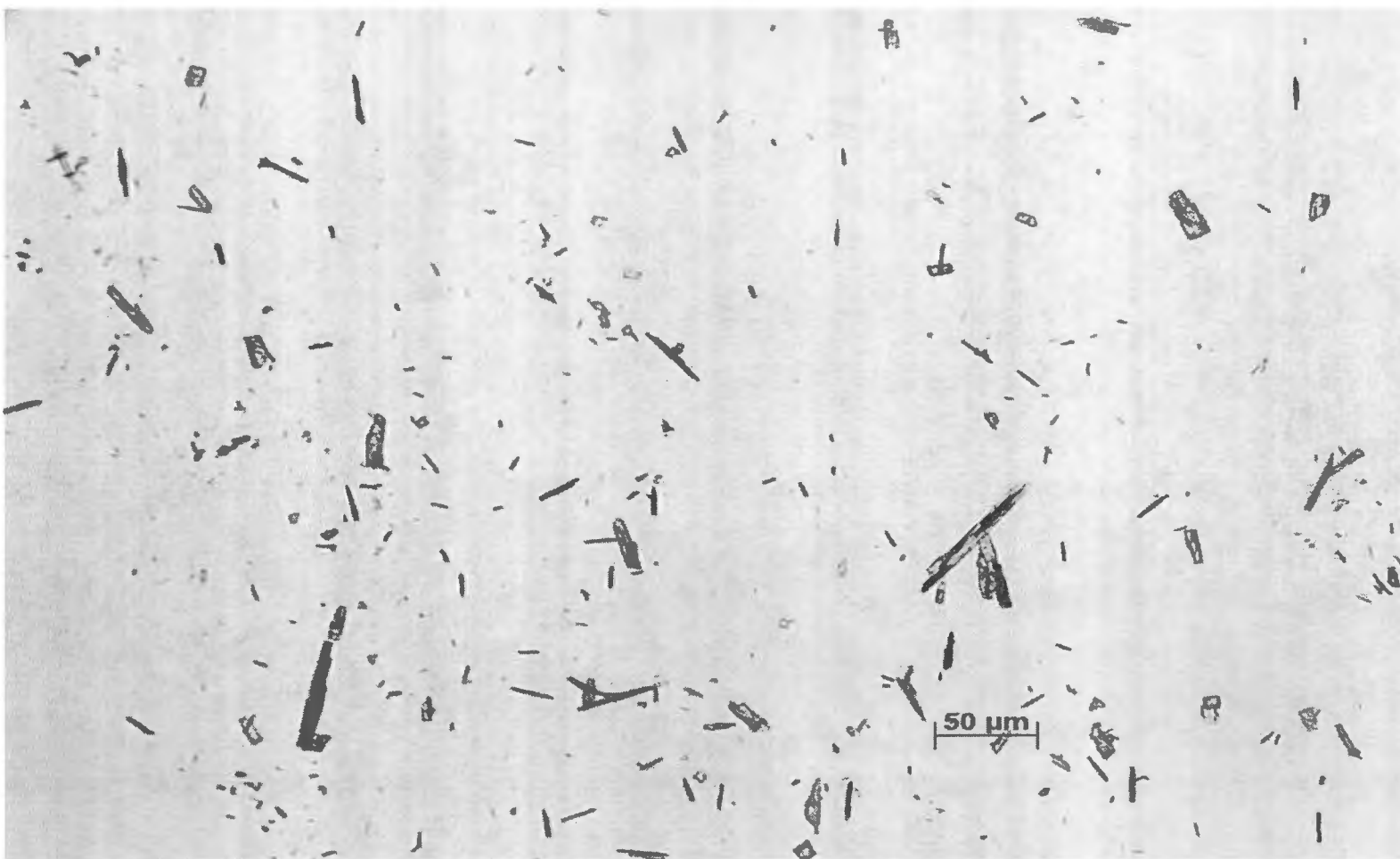


Figure 22: Optical microscopic image of cefuroxime axetil showing needle shaped crystals



Figure 23: Optical microscopic image of treated cefuroxime axetil showing loss of needle shaped crystals

2.4.2 Effect of crystalline to amorphous conversion on solubility of the drug in the presence of polymers

The crystalline to amorphous conversion of the drug was also examined in the presence of several selected polymers. The physical mixtures of the drug and the three polymers were tested to rule out any positive effect on the solubility of the drug in the absence of the processes. The following section compares only the nine mixtures that involve the three polymers (Table 10 - Nos. 4-12).

Figures 24 and 25 show the solubility profile of the drug and its physical mixtures with PVP, Eudragit EPO and Eudragit RD100, determined in 0.07 N HCl and water, respectively. A look at the solubility profiles shows a 10-50 µg/ml increase in solubility for all the physical mixtures at any given time point. The physical mixtures of all the three polymers show no significant increase in solubility and hence can be considered equivalent to the untreated drug for all practical purposes. The XRD (Figure 26) data does not show the presence of any additional peaks and is comparable to the XRD pattern of the untreated drug. The DSC data of the physical mixtures also does not show any changes in the melting endotherms of the isomers, from that of the untreated drug. Table 12 shows the purity of the physical mixtures that were found to be very close to or equal to (between 99-101%) the pure drug. Thus, we can safely conclude that there is no form of chemical interaction between the drug and any of the three polymers in their physical mixtures. When the drug and polymer combinations are subjected to the process of microfluidization and recrystallization, solubility profiles are as shown in Figures 27 and 28. It is evident that PVP when

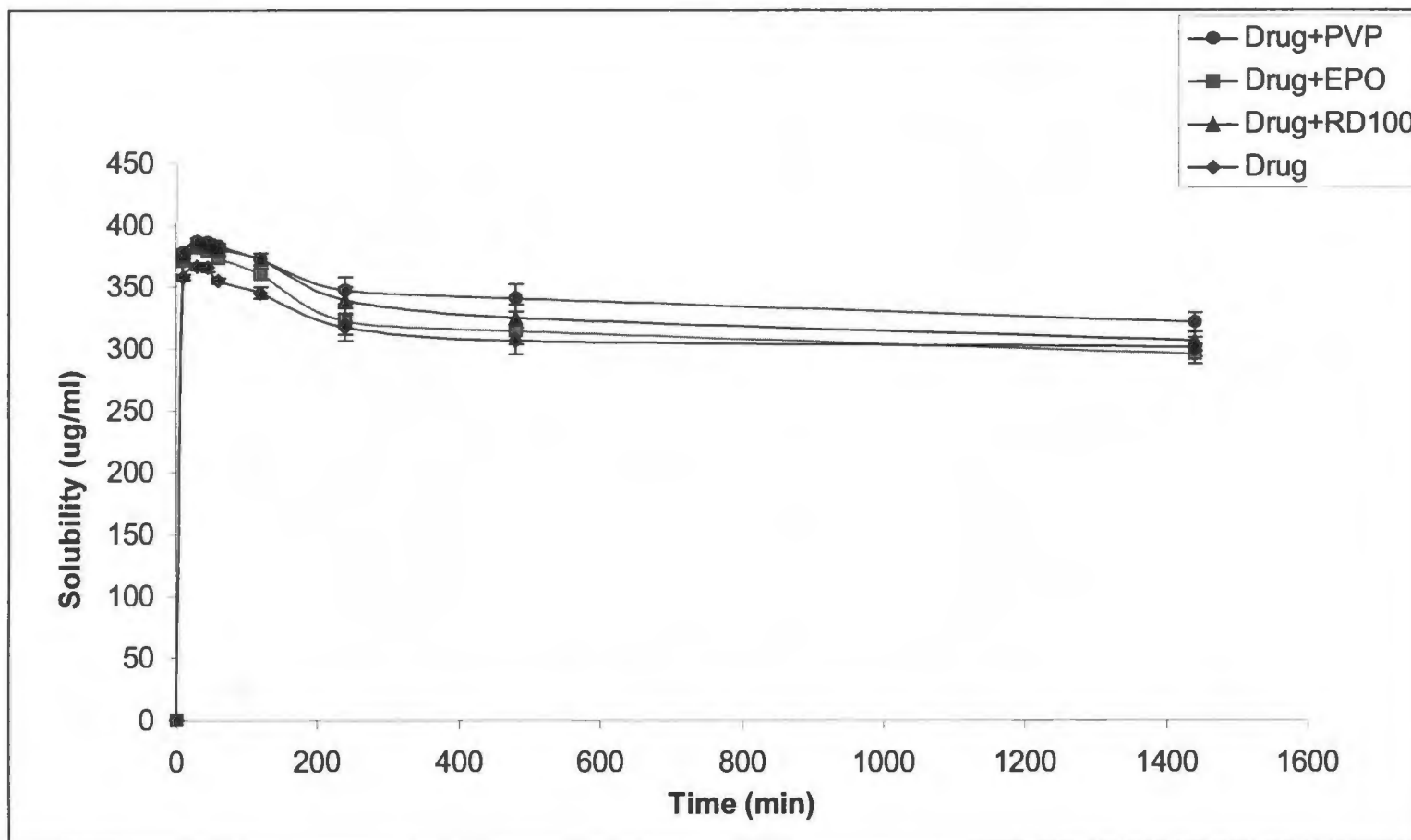


Figure 24: Solubility profile of cefuroxime axetil and its physical mixtures with PVP, Eudragit EPO and Eudragit RD100, in 0.07 N HCl

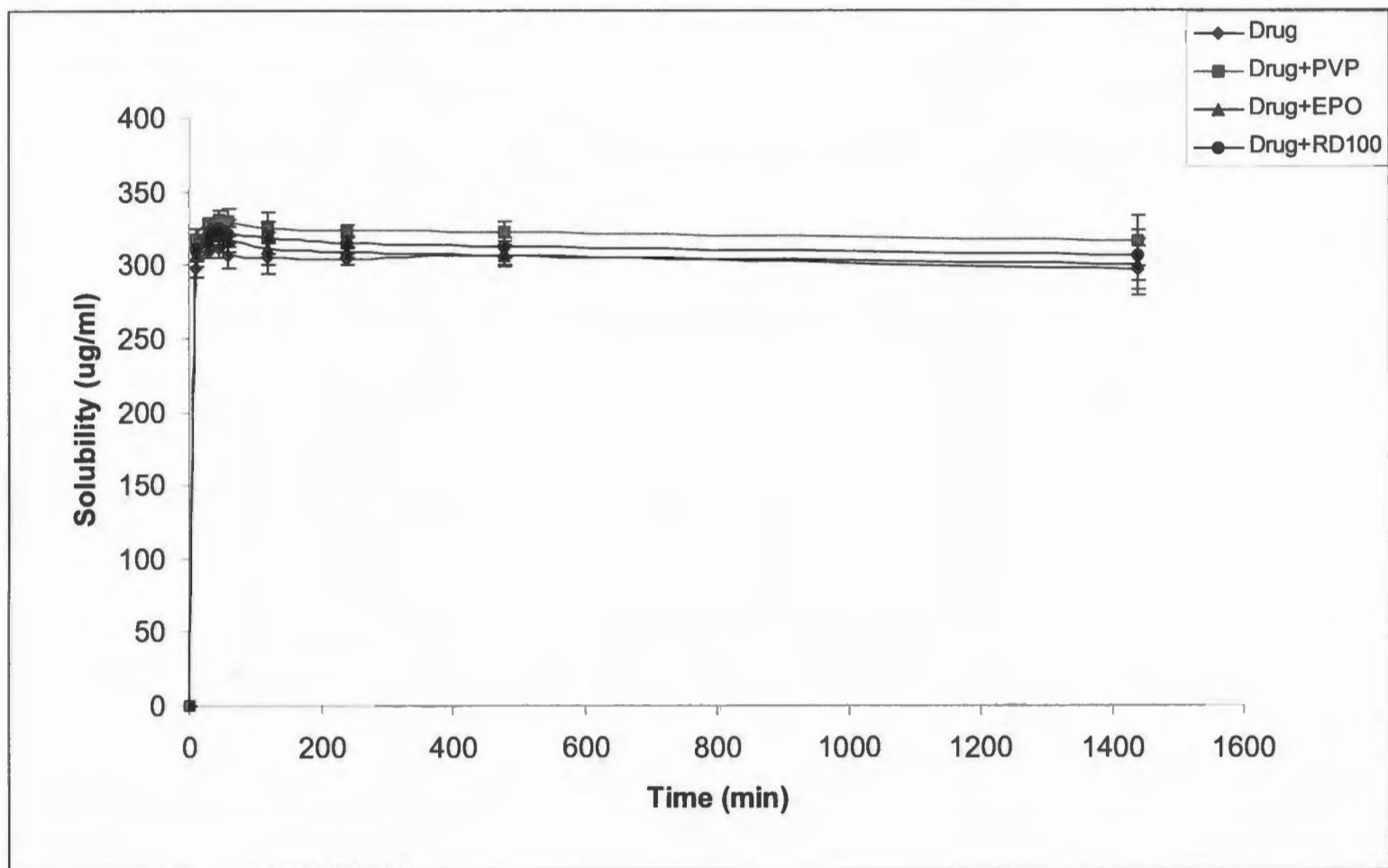


Figure 25: Solubility profile of cefuroxime axetil and its physical mixtures with PVP, Eudragit EPO and Eudragit RD100, in water

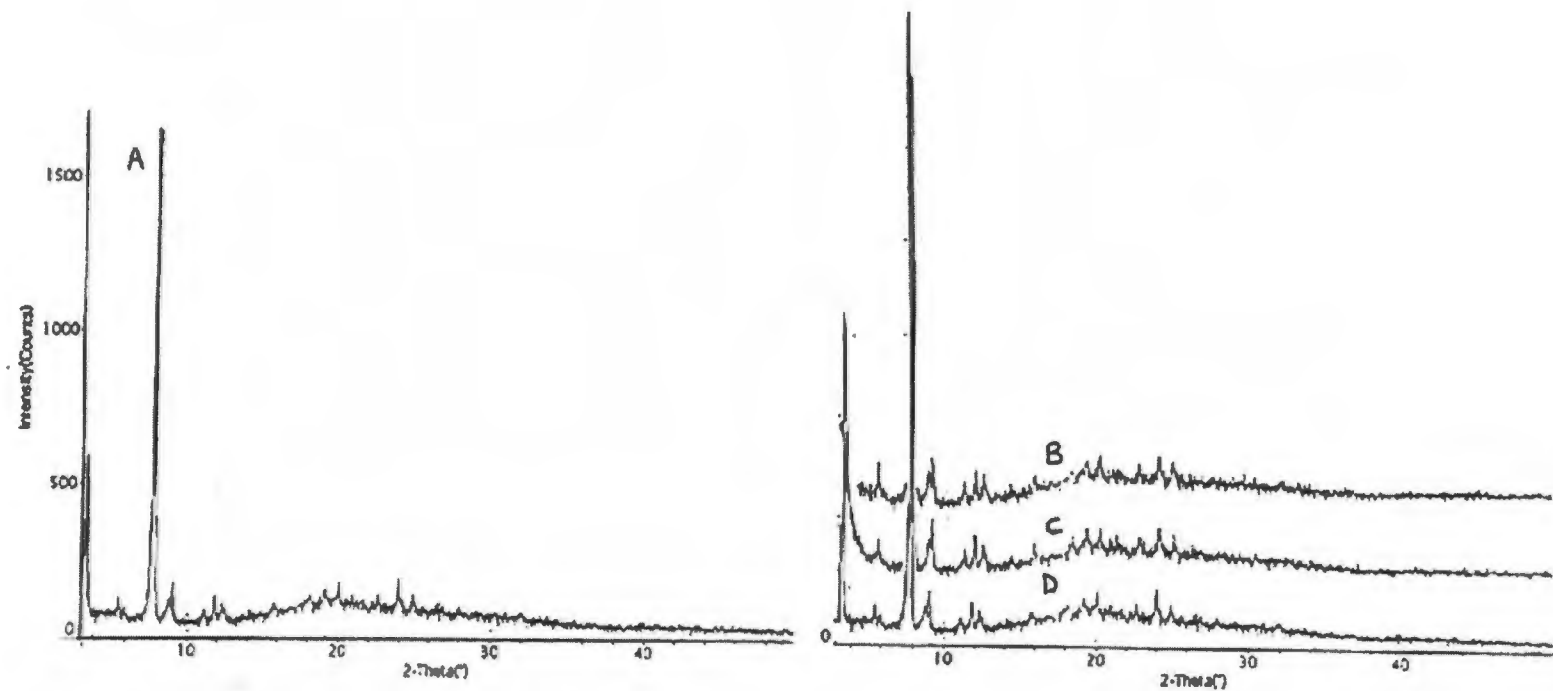


Figure 26: XRD scan of the untreated drug and physical mixtures of the drug with polymers (A: untreated, B: CA + PVP, C: CA + Eudragit RD100, D: CA + Eudragit EPO)

Cefuroxime Axetil		Physical Mixtures of CA and Polymers				
Concentration ($\mu\text{g/ml}$)	Total AUC	Experimental Concentration ($\mu\text{g/ml}$)	Total AUC	Theoretical Concentration ($\mu\text{g/ml}$)	% Purity	Average
20 60 100	654898 2021660 3318363	CA + PVP				
		20	649876	19.85	99.23	99.74
		60	2034544	60.38	100.6	
		100	3296875	99.35	99.35	
		CA + Eudragit RD 100				
		20	651984	19.91	99.55	99.54
		60	2010431	59.67	99.44	
		100	3305816	99.62	99.62	
		CA + Eudragit EPO				
		20	660124	20.16	100.8	100.54
		60	2031254	60.29	100.5	
		100	3330125	100.35	100.4	

Table 12: Purity data of physical mixtures of cefuroxime axetil with polymers – PVP, Eudragit RD100 and Eudragit EPO

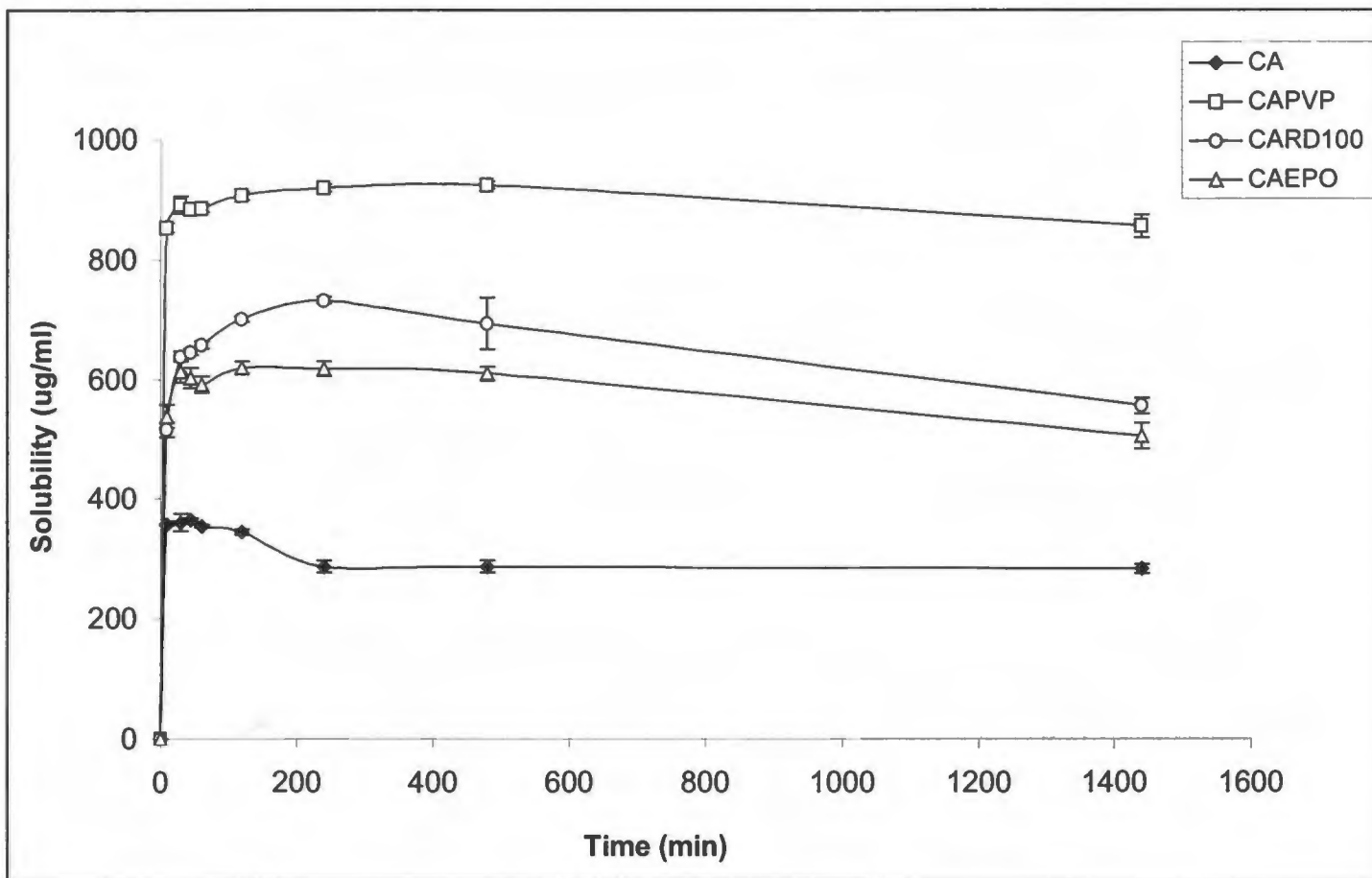


Figure 27: Solubility profile of untreated and microfluidized cefuroxime axetil – with PVP, Eudragit EPO and Eudragit RD100 (average of $n = 3$, \pm S.D.)

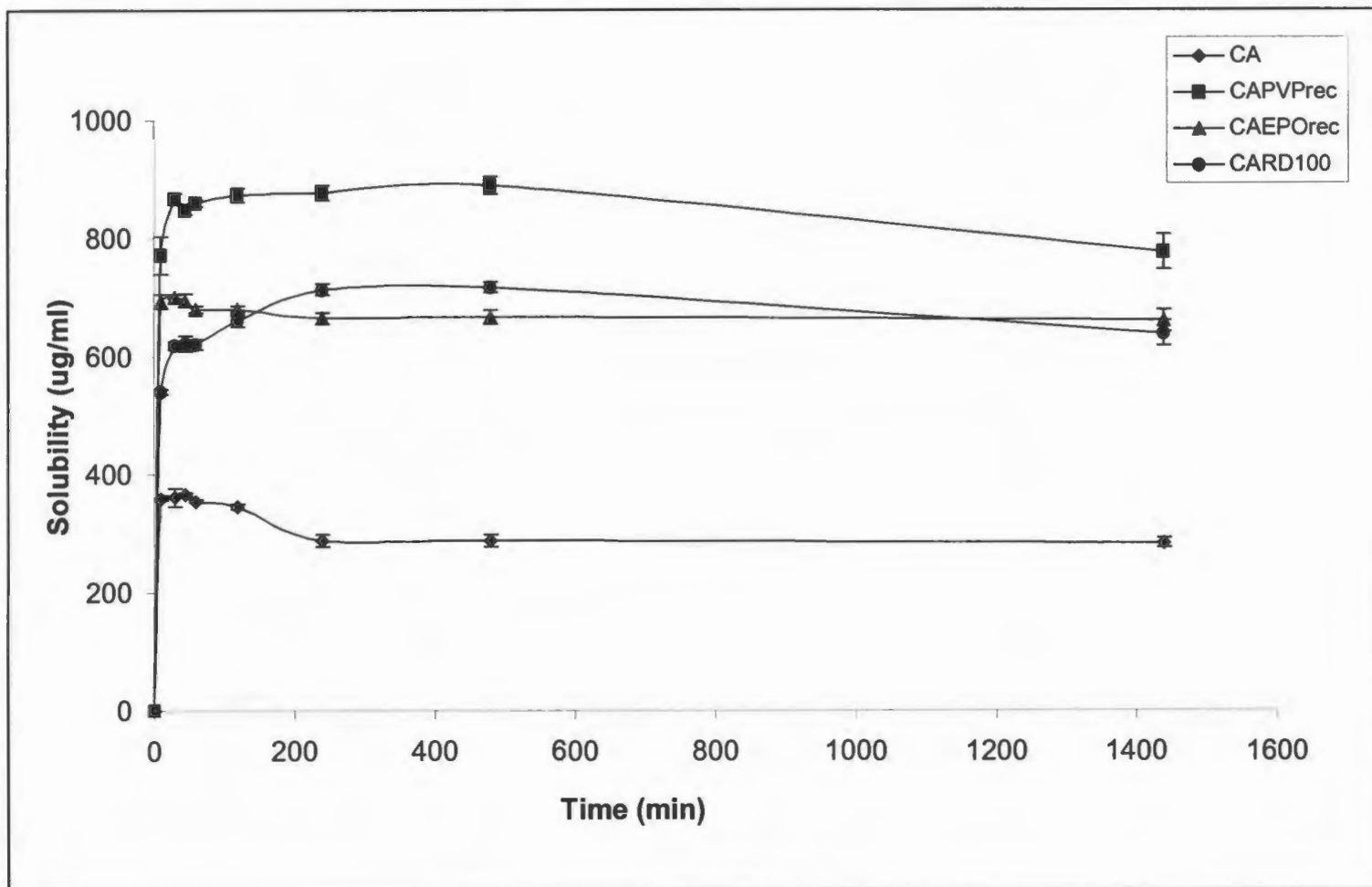


Figure 28: solubility profile of untreated and recrystallized cefuroxime axetil - with PVP, Eudragit EPO and Eudragit RD100 (average of $n = 3$, \pm S.D.)

subjected to the two aforementioned processes shows a greater increase in solubility as compared to that caused by the other two polymers. There is an approximate 3-fold increase in solubility with the use of PVP, and only a 2-fold increase with the use of the Eudragits. Both the Eudragits show an increase in solubility to approximately the same extent, with Eudragit RD100 showing a slightly greater increase. The purity of these samples was determined and the data has been tabulated in Table 13. The purity of drug in the presence of Eudragit EPO, after treatment with either of the processes, was found to be very low (76.3% and 80.6% for the microfluidized and recrystallized drug respectively). The low purity of the drug can be attributed to the formation of a complex between the cationic polymer and the anionic drug. This complex is detected on the chromatogram (shown in Figure 29) as a third peak eluting at 12.5 min after those of the two isomers A and B. When the solubilities of the microfluidized and recrystallized samples of drug are compared with respect to the individual polymers (Figures 30, 31, 32), it was noticed that there is not much difference between the microfluidized and recrystallized samples. The differences in solubility range from 20-100 $\mu\text{g/ml}$ with the greatest difference seen for the samples using Eudragit EPO. The microfluidized and recrystallized samples show an almost equivalent increase in solubility as seen in Figures 30, 31, 32.

The X-ray diffraction data for the recrystallized – PVP, Eudragit EPO, and Eudragit RD100 samples are shown in Figure 33. The sample containing Eudragit EPO is totally amorphous, while those containing PVP and Eudragit

Cefuroxime Axetil		Microfluidized Samples of CA and Polymers					Recrystallized Samples of CA and Polymers				
Conc. (µg/ml)	Total AUC	Experimental Conc. (µg/ml)	Total AUC	Theoretical Conc. (µg/ml)	Purity (%)	Average	Experimental Conc. (µg/ml)	Total AUC	Theoretical Conc. (µg/ml)	Purity (%)	Average
20 60 100	654898 2021660 3318363	CA + PVP					CA + PVP				
		20	645149	19.70	98.51	96.93	20	652168	19.92	99.58	99.55
		60	1945851	57.75	96.25		60	2014763	59.79	99.66	
		100	3186489	96.03	96.03		100	3298689	99.41	99.41	
		CA + Eudragit RD 100					CA + Eudragit RD 100				
		20	635965	19.42	97.11	95.08	20	642781	19.63	98.15	97.77
		60	1915728	56.86	94.76		60	1986573	58.96	98.26	
		100	3098787	93.38	93.38		100	3214893	96.88	96.88	
		CA + Eudragit EPO					CA + Eudragit EPO				
		20	498967	15.24	76.19	76.34	20	541789	16.55	82.73	80.61
		60	1567546	46.523	77.54		60	1603494	47.59	79.32	
		100	2498723	75.299	75.3		100	2647239	79.78	79.78	

Table 13: Purity data of the microfluidized and recrystallized drug with the polymers – PVP, Eudragit EPO and Eudragit RD 100

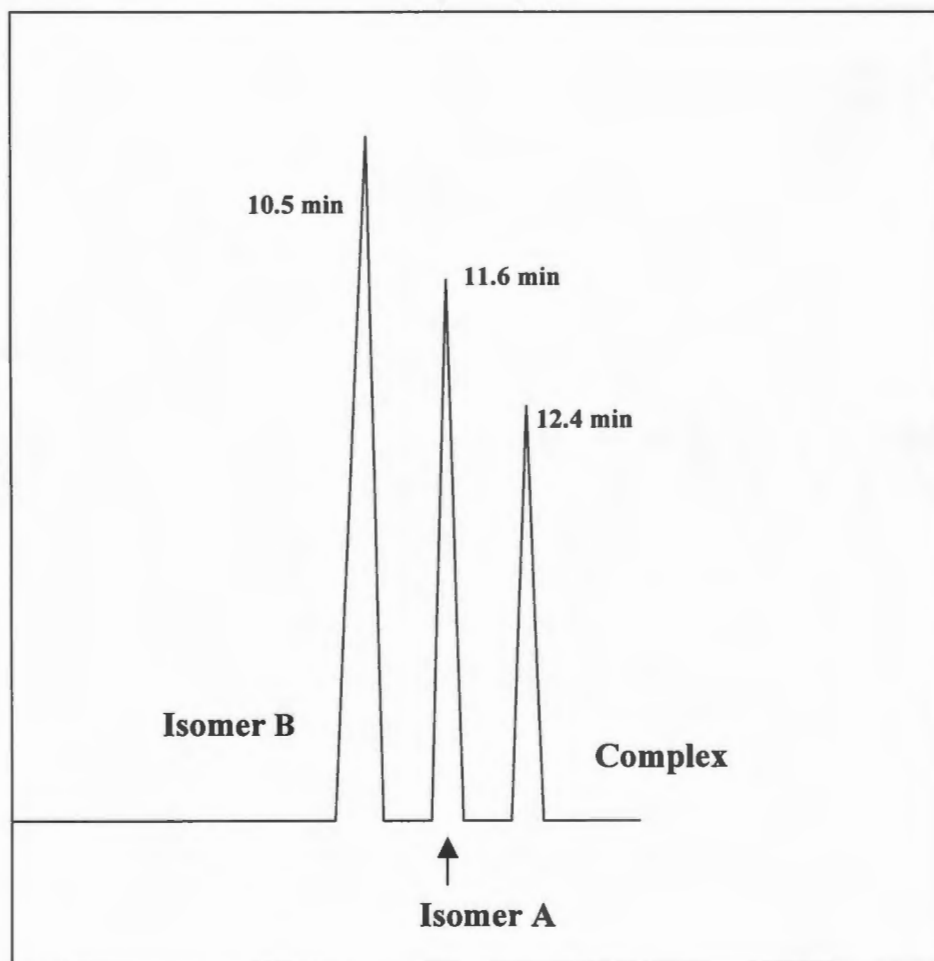


Figure 29: Chromatogram showing the peaks of isomers B and A, eluting at 10.5 min and 11.6 min and the complex at 12.4 min

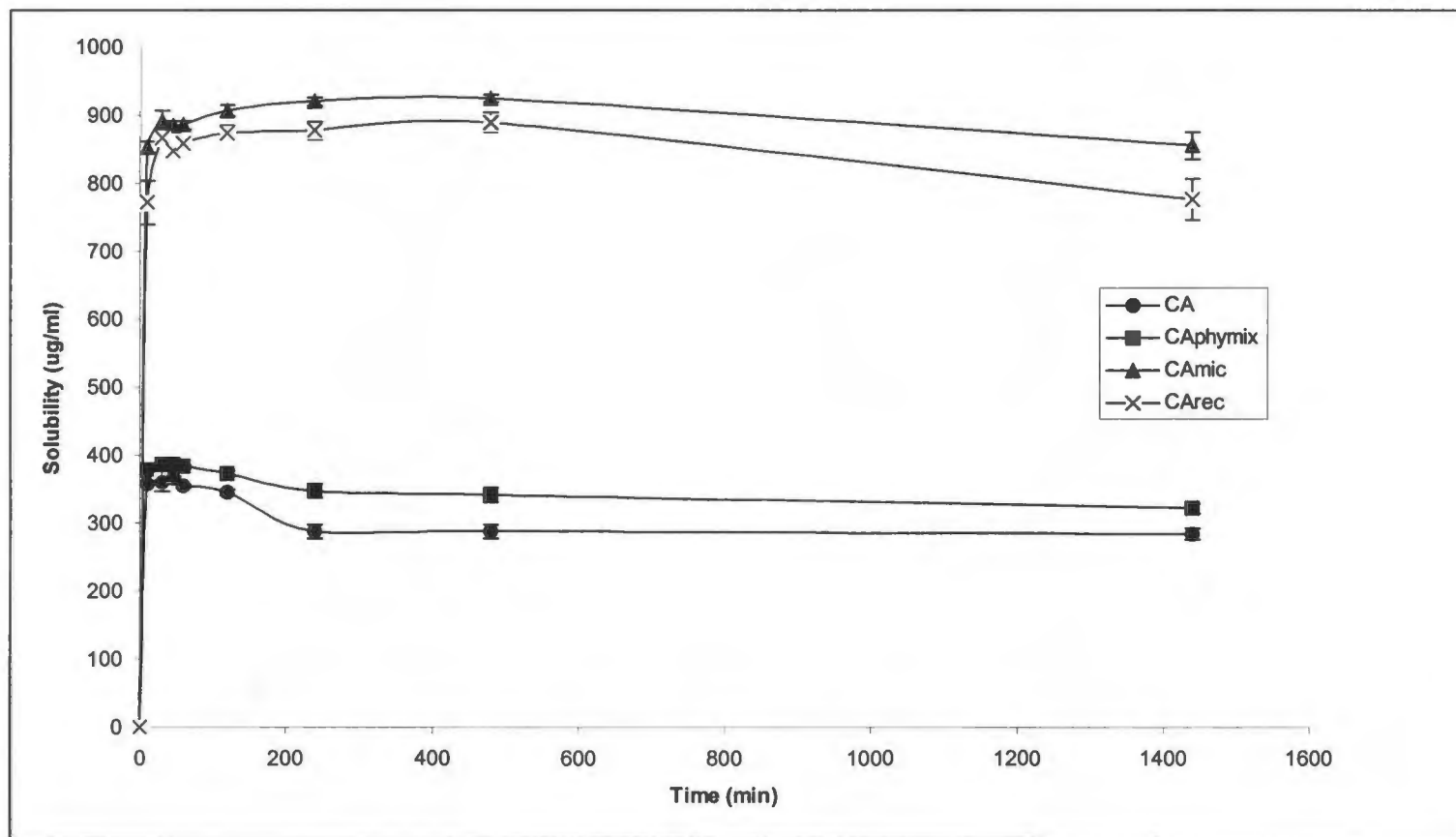


Figure 30: Solubility profile of the untreated drug and the physical mixture, microfluidized and recrystallized drug with PVP

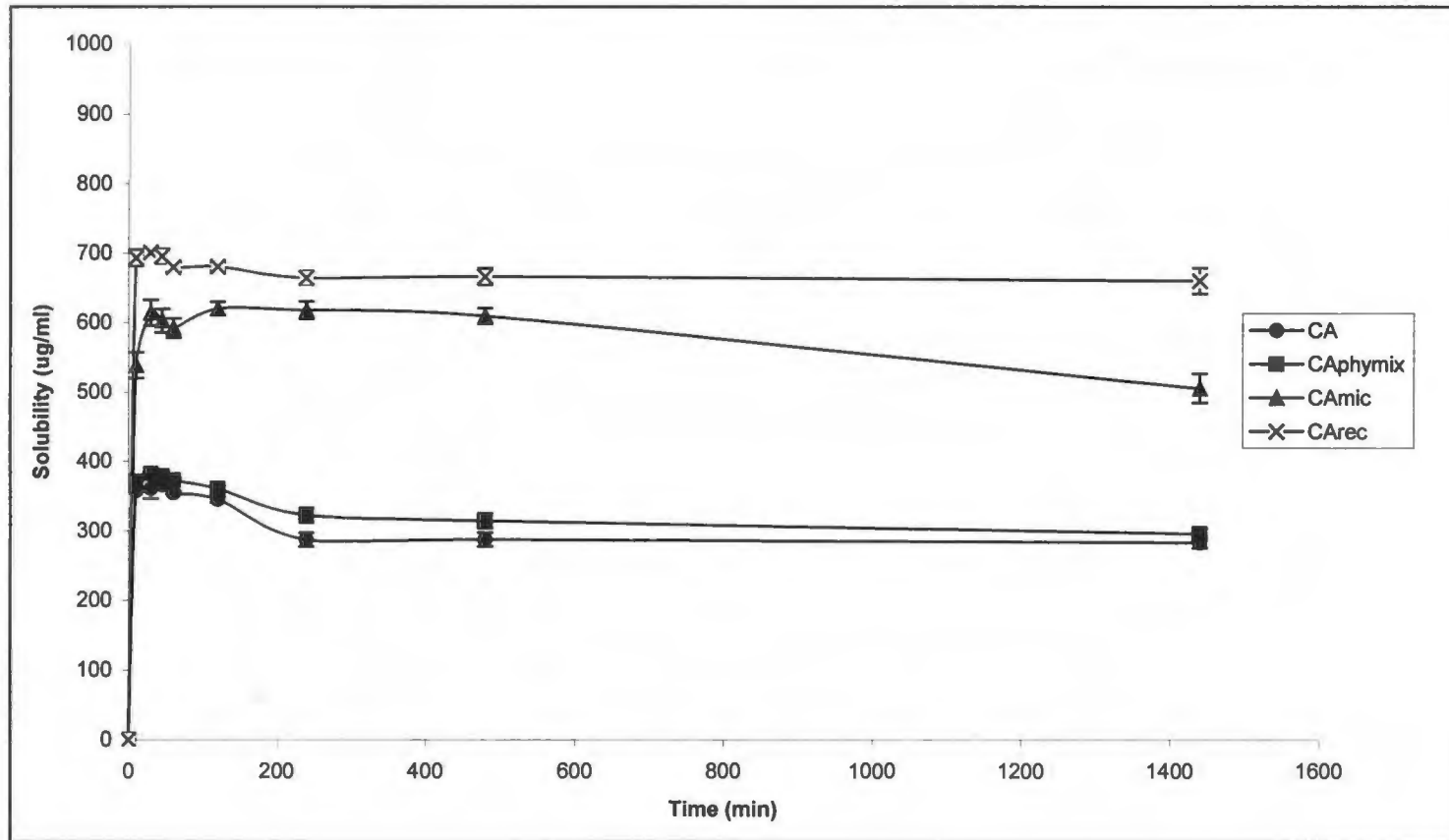


Figure 31: Solubility profile of the untreated drug and the physical mixture, microfluidized and recrystallized drug with Eudragit EPO

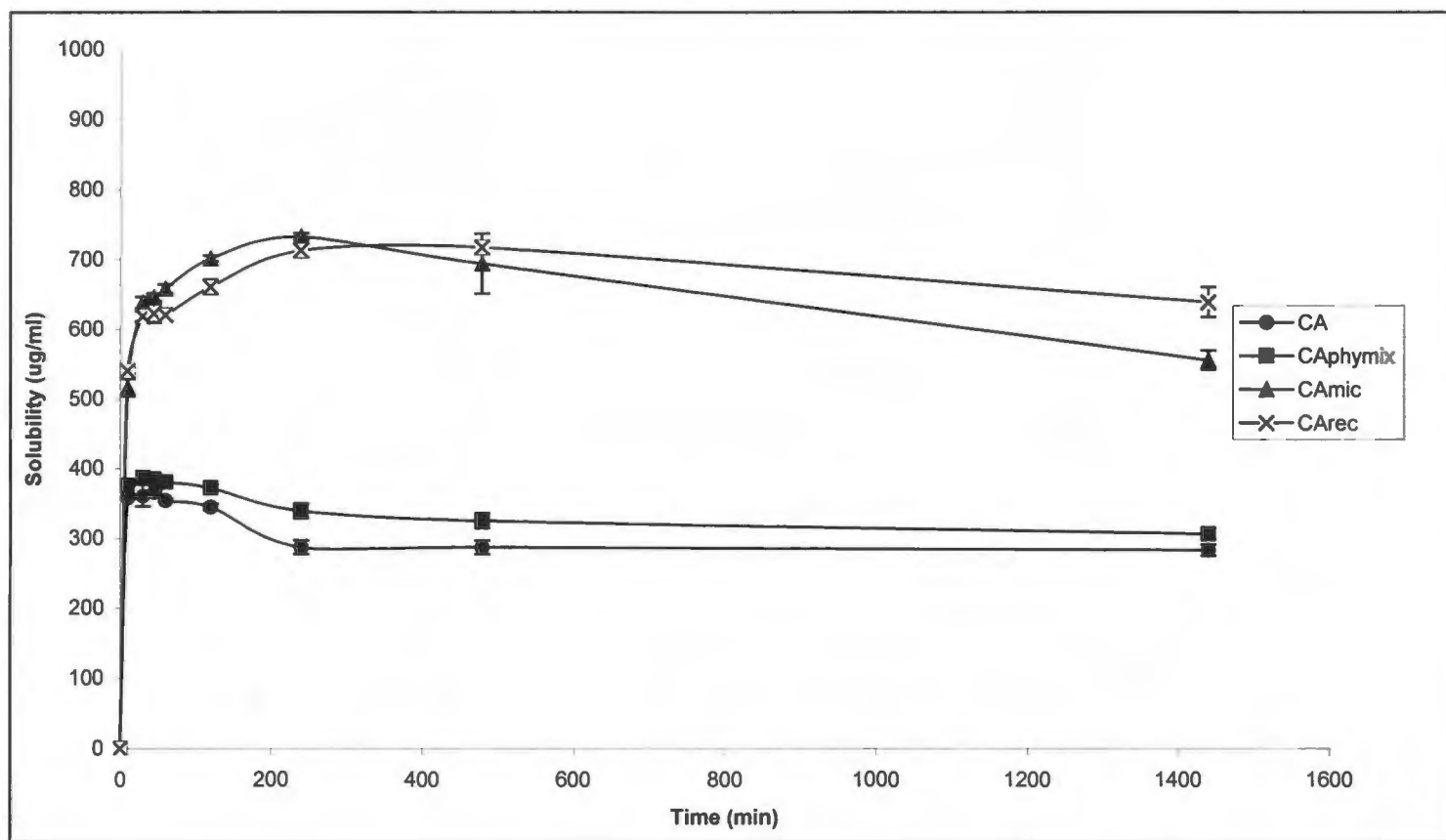


Figure 32: Solubility profile of the untreated drug and the physical mixture, microfluidized and recrystallized drug with Eudragit RD100

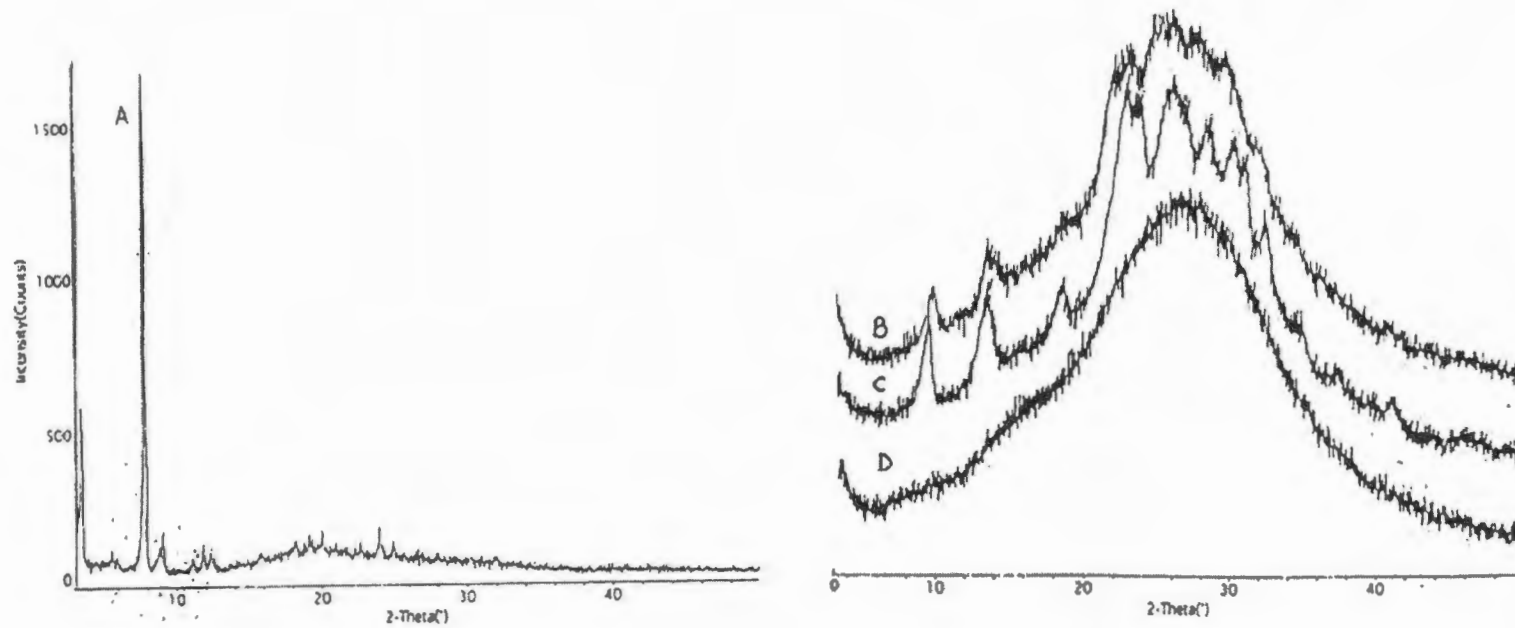


Figure 33: XRD scan of the untreated and recrystallized cefuroxime axetil with the polymers (A: untreated, B: CA + PVP, C: CA + Eudragit RD 100, D: CA + Eudragit EPO)

RD100 are partially amorphous with varying degrees of crystallinity. The DSC scans show an absence of the endotherm at 123 °C in all the samples, while the endotherm at 173 °C is absent in the sample containing Eudragit EPO. The other two samples show the presence of the higher melting endotherm but the heat of fusion is lower than that of the pure sample indicating disruption of the crystal structure of isomer A (Table 11). Heat of fusion ($\Delta S^f = \Delta H^f / T_m$) has been used as an indication of disruption or disorder induced by additives or impurities¹⁶. The X-ray diffraction data for the microfluidized – PVP, Eudragit EPO, and Eudragit RD100 samples are shown in Figure 34. All the samples subjected to microfluidization are converted to the totally amorphous form as seen from the XRD scans and confirmed from the DSC data, indicating the absence of both the melting endotherms.

The samples prepared with Eudragit EPO show the lowest solubility, which could be attributed to the formation of the complex between the cationic polymer and the anionic drug, detected on the chromatogram as a third peak (at ~12.5 min). The recrystallization process and polymer combinations involving PVP and Eudragit RD100 do not render the drug amorphous, but a high degree of crystal disruption may be the cause of the enhanced solubility. We do notice, however, that one of the isomers is converted to the amorphous form while the other is in a partially crystalline state. The heat of fusion of the partially crystalline isomer (A) is also reduced, as seen in Table 11.

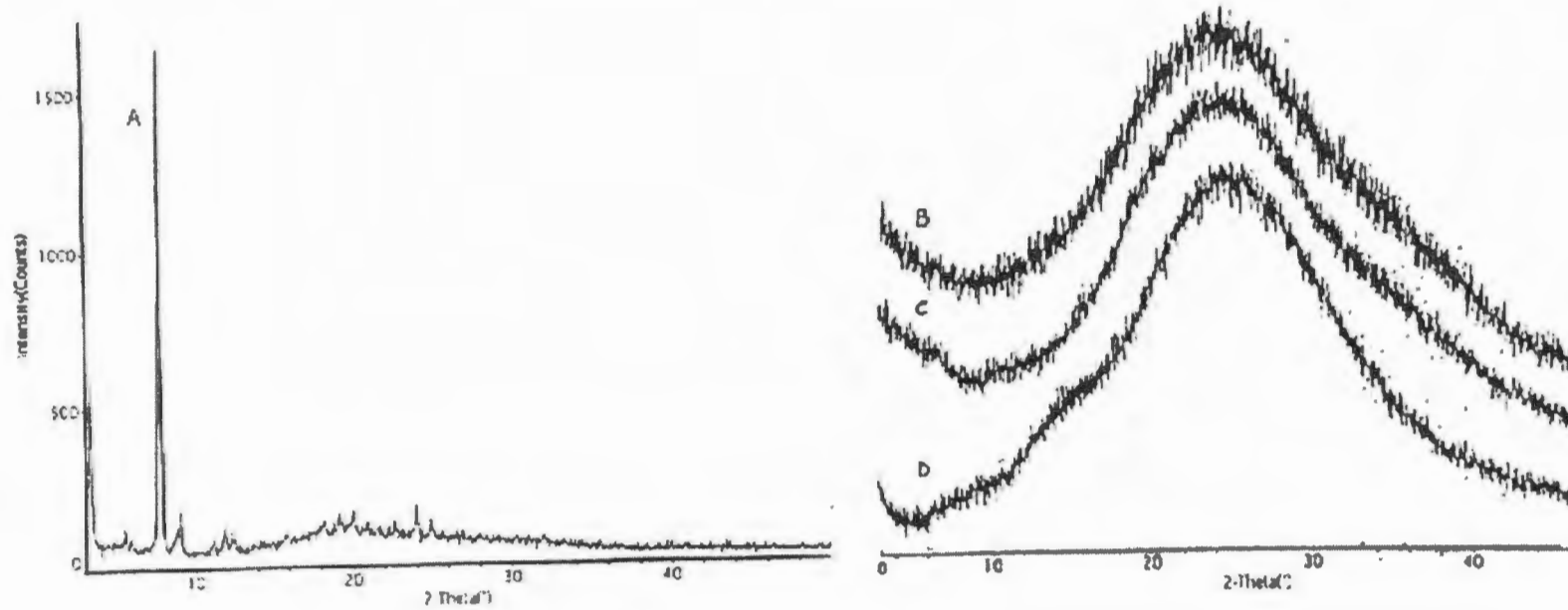


Figure 34: XRD scan of the untreated and microfluidized cefuroxime axetil with the polymers (A: untreated, B: CA + PVP, C: CA + Eudragit RD100, D: CA + Eudragit EPO)

A microscopic analysis of all the processed mixtures shows a loss of the needle shaped crystalline structure of the samples, similar to the ones shown before (Figures 22 and 23).

Table 14 lists the yields for the two processes along with the polymers. It was noticed that the process of microfluidization yielded very low quantities of the sample (~ 70%), whereas the recrystallization process gave significantly higher yields. Based on the statistical analysis along with the process yields, the recrystallized CA-PVP combination was selected for the preparation of the tablets.

2.5 Statistical Analysis

A two-factor factorial design is used to study the effect of the different processes and polymers on the solubility of the drug. In this study, we have a 3 x 4 factorial design, that is, we have 2 factors, one with 3 levels and the other with 4 levels. The two factors are polymer (C_1) and process (C_2), with 4 and 3 levels, respectively. The two independent variables, their levels and their values are summarized in Table 15. Therefore the number of treatment groups we have is $3 \times 4 = 12$ groups (Table 16). Data for each representative group was generated in triplicates, hence we have 36 observations, as listed in Table 17. Solubility was the response parameter. All the statistical and regression analysis procedures on the response parameters were performed using Minitab® software package. Statistical analysis carried out included analysis of variance (ANOVA) to determine the significance of each independent variable (process,

Method	Yield (mg)	% Yield
Recrystallization		
CA - without polymer	850 / 900	94.44
CA - with PVP	962 / 1000	96.2
CA - with Eudragit EPO	938 / 1000	93.8
CA - with Eudragit RD100	944 / 1000	94.4
Microfluidization		
CA - without polymer	674 / 900	74.8
CA - with PVP	703 / 1000	70.3
CA - with Eudragit EPO	673 / 1000	67.3
CA - with Eudragit RD100	695 / 1000	69.5

Table 14: Yields for the different process-polymer combinations are shown (reported values are the average of three replicates)

Factor	Type	Levels	Values
Polymer	Fixed	4	1 2 3 4
Process	Fixed	3	1 2 3

Polymer

- 1 No polymer
- 2 PVP
- 3 Eudragit EPO
- 4 Eudragit RD 100

Process

- 1 No process
- 2 Microfluidization
- 3 Recrystallization

Table 15: List of factors and levels used in ANOVA analysis of effects on solubility

No.	C1 Polymer	C2 Process
1	1	1
2	1	2
3	1	3
4	2	1
5	2	2
6	2	3
7	3	1
8	3	2
9	3	3
10	4	1
11	4	2
12	4	3

Table 16: 3 x 4 (2-factor) full factorial design

C ₁ Polymer	C ₂ Process	C ₃ Solubility (ug/ml)
1	1	353.97
1	1	352.91
1	1	357.02
1	2	882.26
1	2	859.85
1	2	843.40
1	3	900.14
1	3	949.69
1	3	918.86
2	1	402.03
2	1	398.57
2	1	395.14
2	2	887.52
2	2	891.77
2	2	877.80
2	3	859.48
2	3	858.90
2	3	860.15
3	1	380.15
3	1	365.41
3	1	373.81
3	2	641.89
3	2	632.44
3	2	654.62
3	3	672.85
3	3	685.17
3	3	681.95
4	1	391.08
4	1	359.43
4	1	374.91
4	2	652.35
4	2	657.13
4	2	664.86
4	3	627.90
4	3	620.82
4	3	623.54

Polymer

1 – No polymer

2 – PVP

3 – Eudragit EPO

4 – Eudragit RD 100

Process

1 – No process

2 - Microfluidization

3 - Recrystallization

Table 17: Data for each representative group of factors and response

polymer), two-way interactions (process-polymer), main effect plots and interaction plots¹⁷. The general linear model used for the experimental design was:

$$Y = \beta_0 + \beta_1C_1 + \beta_2C_2 + \beta_3C_1C_2$$

The ANOVA table (Table 18) summarizes the statistical analyses conducted. From the table we can see that the P-values for the polymer, process, and the polymer-process interactions are lower than the α -value (0.05). Hence we can conclude that these three factors have a significant effect on the solubility of the drug. The main effects plot for process shown in Figure 35 indicates that both the processes (microfluidization or recrystallization) show an almost equivalent increase in solubility as seen from points 2 and 3 in the graph. From the interactions plot, Figure 36, it is observed that the combination of PVP with either of the processes (represented as line $\bullet - - - - \bullet$) would be a good choice for improving solubility. As seen from the graph, process 2 (microfluidization) and 3 (recrystallization) show a significantly higher solubility, thus making them a good choice for use in the preparation of tablets. The normal probability plot (Figure 37) follows an almost straight line, and hence the distribution is normal and the model used is adequate.

General Linear Model: Solubility versus Polymer, Process

Factor	Type	Levels	Values
Polymer	fixed	4	1 2 3 4
Process	fixed	3	1 2 3

Analysis of Variance for Solubility, using Adjusted SS for Tests

Source	DF	Seq SS	Adj SS	Adj MS	F	P
Polymer	3	216859	216859	72286	543.12	0.000
Process	2	1226825	1226825	613412	4608.85	0.000
Polymer*Process	6	119052	119052	19842	149.08	0.000
Error	24	3194	3194	133		
Total	35	1565930				

Polymer: 4 levels

1 - no polymer

2 - PVP

3 - Eud EPO

4 - Eud RD100

Process: 3 levels

1 - no process

2 - microfluidization

3 - recrystallization

Table 18: ANOVA table summarizing the statistical analyses

Main Effects Plot - LS Means for Solubility

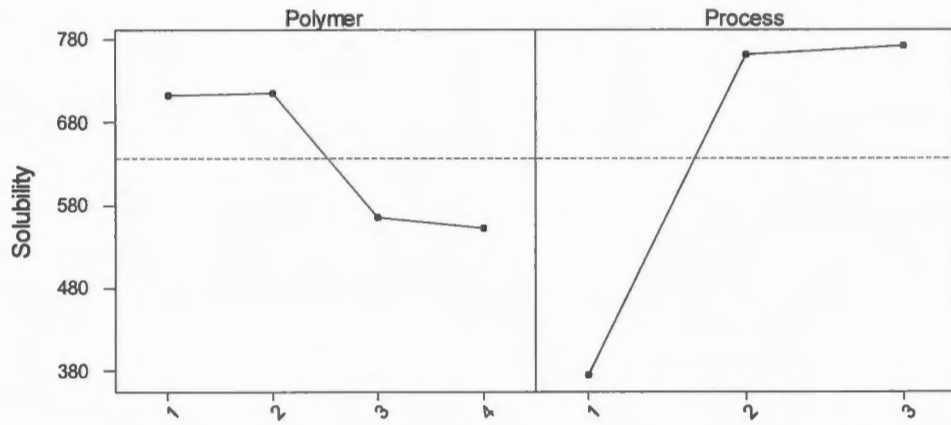


Figure 35: Main effects plot for polymer and process

Interaction Plot - LS Means for Solubility

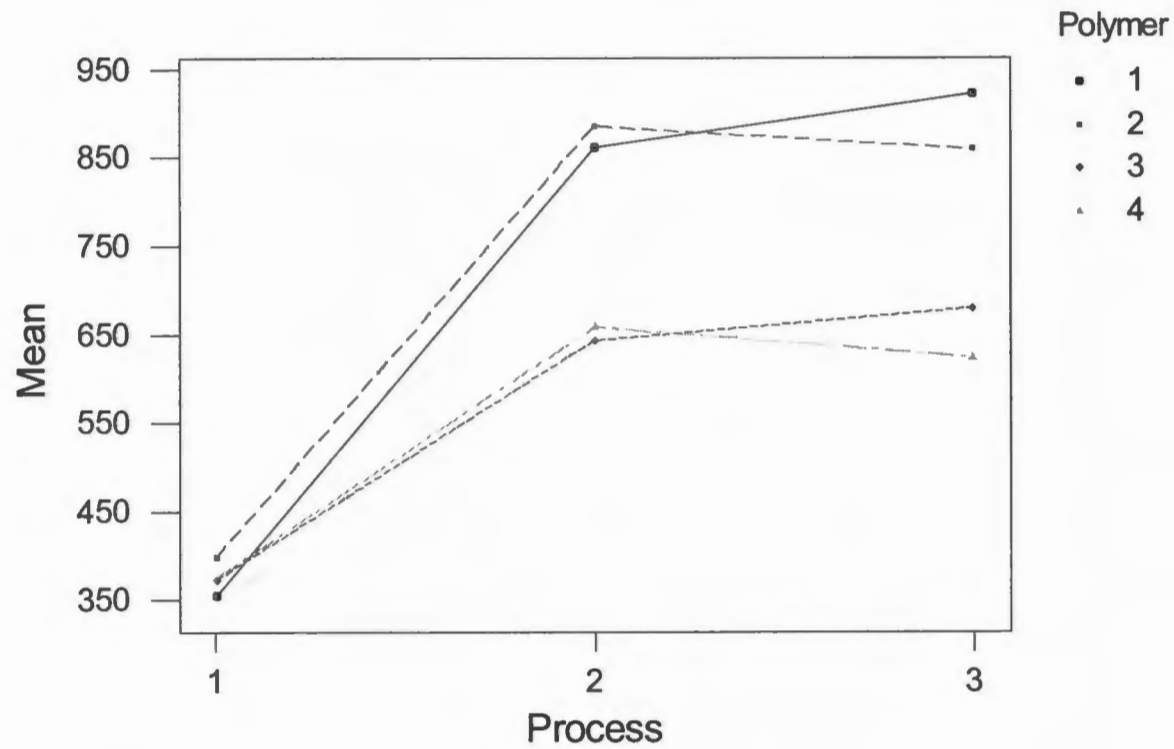


Figure 36: Interaction plot showing effect of various process-polymer combinations on solubility (polymer: 1-no polymer, 2-PVP, 3-Eudragit EPO, 4-Eudragit RD100)

Normal Probability Plot of the Residuals
(response is solubility)

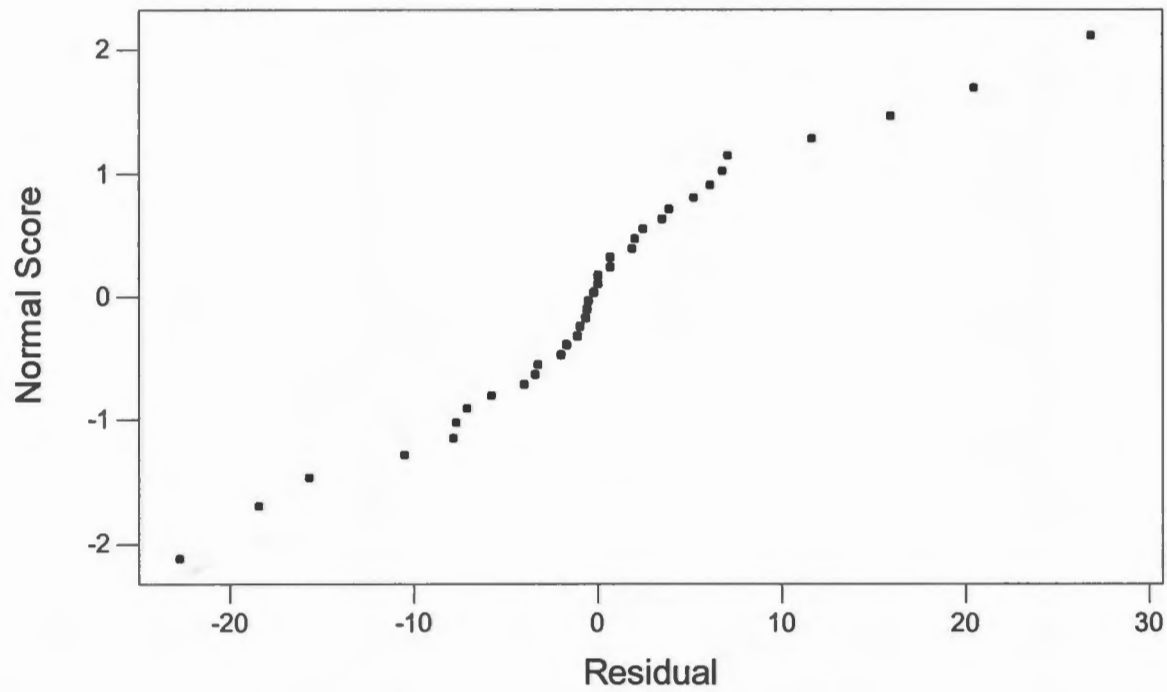


Figure 37: Normal probability plot following an almost normal or linear distribution

2.6 Tablet Preparation and Dissolution Studies

Drug absorption from a solid dosage form after oral administration depends on the release of the drug substance from the drug product, the dissolution or solubilization of the drug under physiological conditions, and the permeability of the gastrointestinal tract. Because of the critical nature of the first two of these steps, in vitro dissolution may be relevant in the prediction of in vivo performance¹⁸. Based on the statistical analysis of the data obtained from the solubility studies of the microfluidized and recrystallized drug-polymer combinations, it was noticed that the drug in combination with PVP and either of the processes rendered the drug more soluble. However, due to the low yield of the microfluidization process, the recrystallized drug-PVP combination has been used in preparation of the tablets (or compacts) for dissolution studies. The dissolution studies have been performed to ensure that the dissolution profile of the treated drug, in its dosage form, follows USP requirements. The recrystallized drug-PVP combination is also a good choice for the tablet formulation as it not in a totally amorphous form and the stability issues related to the amorphous drug are minimized, when the drug used is in a partially crystalline state. Also the presence of a small amount of polymer acts as crystallization inhibitor, preventing the reversion of the amorphous form of the drug to its crystalline form. This is evident from the solubility profiles of the treated drug in the absence and presence of polymers, as seen earlier. As the solubility profiles indicated, the stability of this form in the solution state is very high; and the drug would be expected to maintain a high level of solubility over

the duration of the study. Tablets prepared with the untreated drug serve as a blank. The marketed formulation of cefuroxime axetil, Ceftin Tablets®, manufactured by GlaxoSmithKline, was used as a reference for comparison purposes. The tablets prepared with the drug and the drug-PVP combinations contain similar excipients as the marketed formulation.

2.6.1 Preparation of Tablets (or compacts):

Tablets of cefuroxime axetil were prepared containing an equivalent of 250 mg of cefuroxime. The total weight of the tablet was fixed at 470 mg (based on the marketed formulation). In addition to the drug, the tablets contained the inactive ingredients colloidal silicon dioxide, croscarmellose sodium (Ac-Di-Sol), microcrystalline cellulose (Avicel), hydroxypropyl methylcellulose, and sodium lauryl sulfate. Tablets were prepared with the untreated drug as well as the recrystallized drug-PVP mixture. In the latter formulation HPMC was omitted due to the presence of PVP. All the powders were sieved through a sieve of mesh size 40. The components of the formulation were mixed according to the formulation (Table 19) for 15 minutes on the rotary shaker. Tablets were prepared by direct compaction on the Carver press at a compression pressure of 1000 lbs. A batch of 20 tablets was prepared for each of the formulations.

2.6.2 Dissolution studies:

USP apparatus 2 was used. The apparatus was set to 55 rpm. The temperature of the water bath was set to 37 ± 0.5 °C. Dissolution medium used was 0.07 N HCl. For the dissolution studies, 900 ml of the dissolution medium was filled in the dissolution flasks and the system was allowed to equilibrate for 30 minutes.

Formulation	Ingredients	Composition (%)	Composition (mg/tablet)	Batch of 20 tablets (gm)
A (untreated CA)	Cefuroxime axetil	64.255	302	6.04
	HPMC	0.25	1.175	0.0235
	MCC	20	94	1.88
	Croscarmellose sodium	8.995	42.275	0.8455
	SLS	6	28.2	0.564
	Colloidal silica	0.5	2.35	0.047
B (CA + PVP)	Cefuroxime axetil + PVP	72.341	340	6.8
	MCC	13.617	64	1.28
	Croscarmellose sodium	8.569	40.275	0.8055
	SLS	5.149	24.2	0.484
	Colloidal silica	0.5	2.35	0.047

Table 19: Formulations A and B for tablet preparation

Six tablets weighing approximately 470 mg were selected and placed in each of the six dissolution flasks. Sampling was performed at predetermined time points, namely 5, 15, 30, 45, 60, 90 and 120 minutes. At each time interval, 1 ml of the sample was withdrawn from the dissolution flask and replaced by equivalent amount of fresh dissolution medium at the same temperature. The samples were filtered by centrifugation, 0.5 ml of the filtrate was diluted with 0.5 ml of the mobile phase and the samples were analyzed by HPLC.

2.7 Results and Discussion:

The tablets prepared were tested for their drug content and their dissolution profiles were determined based on the above method. The USP limits for content uniformity are as follows, "Cefuroxime axetil tablets should contain the equivalent of not less than 90.0 percent and not more 110.0 percent of the labeled amount of cefuroxime". Six (6) tablets were used to determine the amount of drug present in the tablets. The results for the drug content in the tablets are tabulated in Table 20. As the results indicate, Formulation A contains an average of 97% and Formulation B contains an average of 99% of cefuroxime. Hence, both the formulations lie within the USP limits for drug content. The limits for the USP content uniformity have been used as a basis for determining the amount of drug in both the formulations. The dissolution profiles of the tablets prepared from the untreated drug and the drug-PVP mixture are shown in Figure 38. For dissolution, the USP limits state that "not less than 60% of the labeled amount of cefuroxime is dissolved in 15 minutes,

Formulation	AUC Isomer B	AUC Isomer A	Cefuroxime Axetil			Cefuroxime	
			Concentration Isomer B (mg/ml)	Concentration Isomer A (mg/ml)	Concentration Total (mg/ml) X	Concentration Total (mg/ml) X*0.83 = Y	Percent (%) (Y/250)*100
Formulation A (untreated CA)	3162192	599854	237.21	45.19	282.39	234.37	93.75
	3016117	767811	226.26	57.77	284.03	235.75	94.29
	3063252	1020631	229.79	76.72	306.51	254.41	101.76
	3128591	651743	234.69	48.17	282.86	234.78	93.91
	3045763	857881	228.48	64.52	293.01	243.19	97.28
	3089162	1015047	231.74	76.30	308.04	255.67	102.27
						Average	97.21
Formulation B (CA + PVP)	2369873	1519100	177.83	114.08	291.91	242.28	96.91
	2675032	1447847	200.69	108.74	309.44	256.83	102.73
	2442159	1529541	183.25	114.86	298.11	247.43	98.97
	2514097	1607521	188.64	120.71	309.34	256.76	102.70
	2489156	1439513	186.77	108.11	294.88	244.75	97.89
	2513965	1481834	188.63	111.29	299.92	248.93	99.57
						Average	99.79

Table 20: Data for the drug content of the tablets for formulations A and B

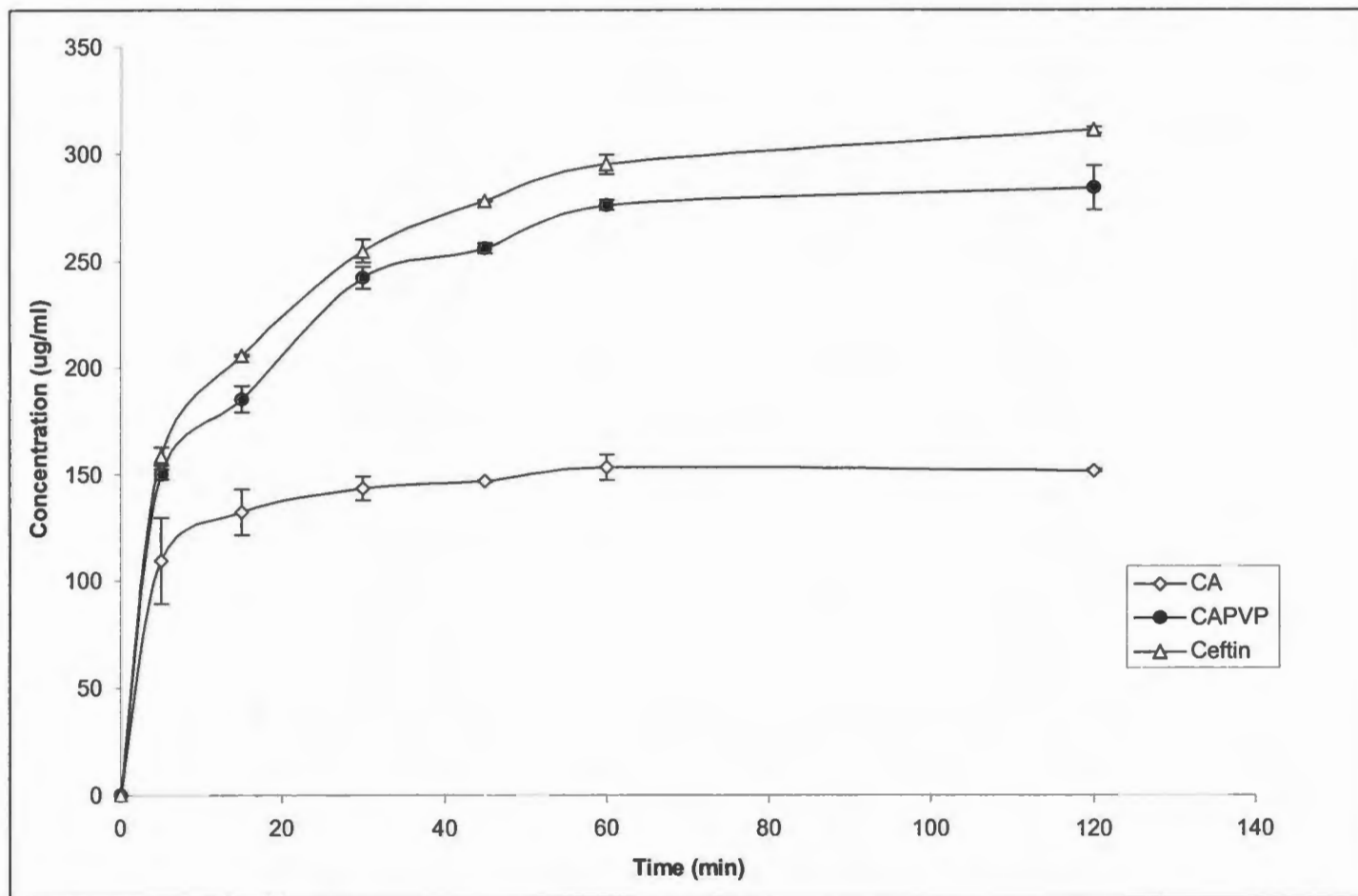


Figure 38: Dissolution profiles (in terms of concentration of cefuroxime axetil) of the tablets prepared from untreated drug (formulation A), drug-PVP mixture (formulation B) and the marketed formulation (Cefitin®)

and not less than 75% is dissolved in 45 minutes”. The tablets prepared from the drug-PVP mixture show a dissolution profile comparable to that of the marketed formulation (Figure 38). The dissolution profiles in Figure 38 are shown in terms of the concentration of cefuroxime axetil determined over time, whereas in Figure 39, the dissolution profiles are expressed in terms of the percent cefuroxime dissolved over time. The data for the dissolution profiles of the two formulations (untreated drug and drug-PVP combination) are shown in Table 21. As seen from this data, tablets of formulation A show substantially lower concentrations of cefuroxime at 15 minutes (109.619 $\mu\text{g/ml}$) and 45 minutes (121.876 $\mu\text{g/ml}$). These concentrations correspond to 43.847% (at 15 minutes) and 48.75% (at 45 minutes), and are well below the USP requirements stated above. The tablets prepared from the drug-PVP mixture, on the other hand, show a remarkable increase in concentration at the 15 minute (153.746 $\mu\text{g/ml}$) and 45 minute (212.582 $\mu\text{g/ml}$) time points. These tablets conform to the USP dissolution requirements, in that, 61% dissolves in 15 minutes and 85% in 45 minutes.

2.8 Summary:

The modification of a crystalline drug to its amorphous or partially crystalline form has a significant effect on the solubility of the drug, as evident from this study. The new application of microfluidization, as a means of modifying the crystal structure, has been successfully evaluated. However, studies with other

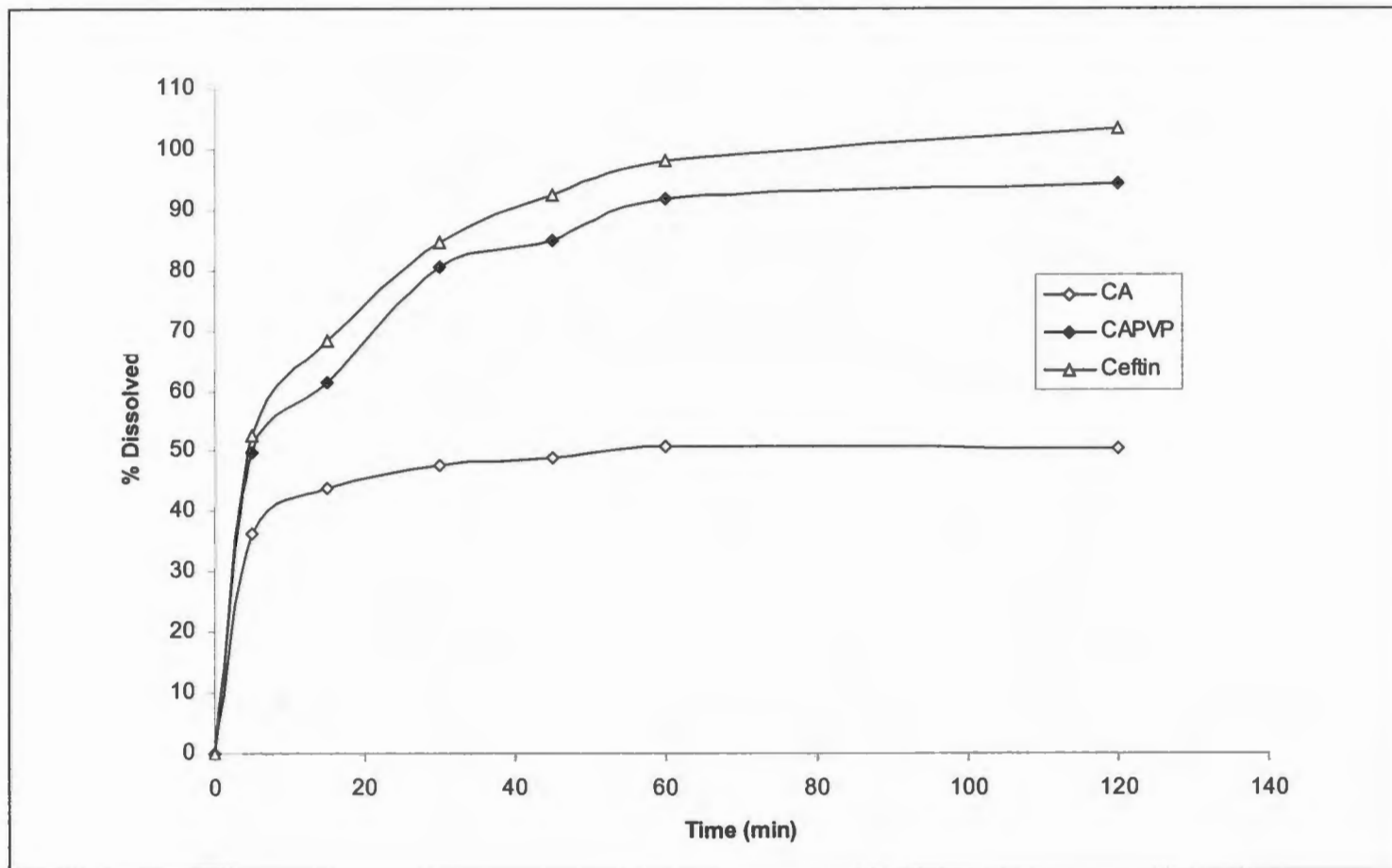


Figure 39: Dissolution profiles (in terms of % dissolved of cefuroxime) of the tablets prepared from untreated drug (formulation A), drug-PVP mixture (formulation B) and the marketed formulation (Cefin®)

Formulation	Time (min)	Concentration (Cefuroxime axetil) X (ug/ml)	Concentration (Cefuroxime) $X*0.83 = Y$ (ug/ml)	Percent (Cefuroxime) $(Y/250)*100$ (%)
Formulation A (untreated CA)	0	0	0	0
	5	109.53	90.91	36.37
	15	132.07	109.62	43.85
	30	143.43	119.04	47.62
	45	146.84	121.88	48.75
	60	153.35	127.28	50.91
	120	151.72	125.93	50.37
Formulation B CA + PVP)	0	0	0	0
	5	150.07	124.56	49.82
	15	185.24	153.75	61.49
	30	242.19	201.02	80.41
	45	256.12	212.58	85.03
	60	276.31	229.34	91.74
	120	284.38	236.04	94.41

Table 21: Data for the dissolution of tablets for formulations A and B

drugs need to be carried out to substantiate the results of this investigation and to emphasize the importance of this approach towards the development of a more stable amorphous form.

The results of this investigation can be summarized as follows:

1. Microfluidization can be effectively used as a means of converting a crystalline drug to its amorphous form.
2. Polymers used in this study efficiently serve the purposes they were employed for, namely, assisting in improving the solubility of the drug, acting as impurities to destabilize the rigid crystal structure, and as crystallization inhibitors, preventing reconversion of the amorphous drug to its crystalline form.
3. Different process-polymer combinations show different effects on the individual isomers of the drug.
4. PVP was the better polymer among the three polymers used in this study.
5. Tablets/compacts prepared from the drug-polymer mixture exhibit dissolution profiles in accordance to the USP limits.

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