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**¹ Eddy heat flux across the Antarctic Circumpolar
² Current estimated from sea surface height standard
³ deviation**

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Key Points.

- SSH standard deviation, a proxy for eddy heat flux, characterizes and quantifies the spatial structure of EHF in the ACC
- EHF converges throughout the ACC: 1.06 PW enters from the north and 0.02 PW exits to the south
- Significant strengthening downgradient fluxes are seen at three of eight EHF hot spots between 1993 and 2014

Abstract.

Eddy heat flux (EHF) is a predominant mechanism for heat transport across the zonally unbounded mean flow of the Antarctic Circumpolar Current (ACC). Observations of dynamically relevant, divergent, four-year mean EHF in Drake Passage from the cDrake project, as well as previous studies of atmospheric and oceanic storm tracks, motivates the use of sea surface height (SSH) standard deviation, H^* , as a proxy for depth-integrated, downgradient, time-mean EHF ($[\overline{EHF}]$) in the ACC. Statistics from the Southern Ocean State Estimate corroborate this choice and validate throughout the ACC the spatial agreement between H^* and $[\overline{EHF}]$ seen locally in Drake Passage. Eight regions of elevated $[\overline{EHF}]$ are identified from nearly 23.5 years of satellite altimetry data. Elevated cross-front exchange usually does not span the full latitudinal width of the ACC in each region, implying a hand-off of heat between ACC fronts and frontal zones as they encounter the different $[\overline{EHF}]$ hot spots along their circumpolar path. Integrated along circumpolar streamlines, defined by mean SSH contours, there is a convergence of $\oint[\overline{EHF}]$ in the ACC: 1.06 PW enters from the north and 0.02 PW exits to the south.

21 Temporal trends in low-frequency [EHF] are calculated in a running-mean
22 sense using H^* from overlapping 4-year subsets of SSH. Significant increases
23 in downgradient [EHF] magnitude have occurred since 1993 at Kerguelen Plateau,
24 Southeast Indian Ridge, and the Brazil-Malvinas Confluence, whereas the
25 other five $[\overline{EHF}]$ hot spots have insignificant trends of varying sign.

1. Introduction

26 Oceanic and atmospheric circulations transport heat poleward to balance the excess
27 radiative heat experienced at the equator. In the southern hemisphere, the nearly zonal
28 geostrophic flow of the Antarctic Circumpolar Current (ACC) acts as a barrier to direct
29 poleward heat transport by the mean flow towards Antarctica and the southern seas.
30 *de Szoeke and Levine* [1981] propose eddy heat flux (EHF) across the ACC as the main
31 mechanism for balancing the northward ageostrophic Ekman flux and air-sea flux of heat
32 out of the Southern Ocean, thus balancing the heat budget. Satellite altimetry and model
33 studies reveal the eddy field of the ACC to be patchy, with hot spots of eddy activity found
34 in the lee of major bathymetric features [e.g. *Thompson and Sallée*, 2012]. Understanding
35 and quantifying EHF across the ACC, its relative contribution to the total heat flux across
36 the ACC, and how it might be changing over time are essential for modeling and predicting
37 how the Southern Ocean may modulate our future global climate.

38 Observations of the ACC are challenging to acquire and the lack thereof limits our
39 ability to accurately quantify the relative contributions of eddy and mean heat flux to the
40 total across the ACC. A mean heat flux due to the non-equivalent barotropic component
41 of the mean velocity is small at any given point in the ACC, but an accumulation of these
42 immeasurably small fluxes over a large area can lead to a significant, non-negligible heat
43 flux across mean streamlines in a numerical model simulation [*Peña-Molino et al.*, 2014].
44 Quantifying the mean heat flux with observations is particularly difficult due to the large
45 area and the high resolution and accuracy of velocity and temperature measurements
46 required for a meaningful estimate of the flux. The variability of EHF in the ACC in

47 both time and space, with episodic pulses of EHF occurring on timescales of several days
48 [*Watts et al.*, 2016] and with localized regions of eddy activity [*Thompson and Sallée*,
49 2012], makes quantifying the total circumpolar integral of EHF through observations also
50 a daunting task. Direct measurements of EHF in the ACC are limited to a handful of
51 studies [*Watts et al.*, 2016; *Ferrari et al.*, 2014; *Sekma et al.*, 2013; *Phillips and Rintoul*,
52 2000], and the non-uniformity of the ACC eddy field complicates extrapolation from point
53 measurements. Until the ACC and its eddy field are properly resolved with observations
54 and the air-sea flux of heat is better constrained, closing the Southern Ocean heat budget
55 will remain a matter of proxy measurements and bulk formula estimates. In this study,
56 we use a high resolution numerical model and existing satellite altimetry to quantify EHF
57 throughout the ACC.

58 *Watts et al.* [2016] demonstrate with direct observations in Drake Passage that baroclinic
59 instability is the driving mechanism for large EHF events. These events release mean
60 available potential energy (APE) from the system, reduce the slope of isopycnal surfaces
61 by transporting heat down the mean temperature gradient, and produce eddy potential
62 energy (EPE) [*Pedlosky*, 1987]. The simplest theory of baroclinic instability has meanders
63 growing into eddies over time, yet spatial growth of eddies is also possible. In the ACC,
64 meanders are forced by the local bathymetric configuration and mean flow, supporting
65 the link between large bathymetric features and localized hot spots of eddy activity, that
66 are sometimes referred to as oceanic storm tracks.

67 Sea surface height (SSH) data are readily available throughout the ACC from satellite
68 altimetry, and we use the temporal standard deviation of SSH, H^* , as a proxy for time-
69 mean EHF. *Holloway* [1986] uses SSH height variability, scaled by gravity and a local

70 Coriolis parameter, as a proxy for eddy diffusivity and estimates EHF via the mean
71 temperature gradient. *Kushner and Held* [1998] apply that method analogously to two
72 pressure levels in the atmosphere to reproduce maps of the divergent component of the
73 EHF with some success. Furthermore, as the dynamics in the zonally unbounded ACC
74 are similar to those in the atmosphere, albeit with different scales, those authors suggest
75 a straightforward extension to oceanic storm tracks. This method of estimating eddy
76 diffusivity has been applied to SSH variability in the Southern Ocean [e.g. *Keffer and*
77 *Holloway*, 1988; *Karsten and Marshall*, 2002]. *Marshall et al.* [2006] and *Ferrari and*
78 *Nikurashin* [2010] use other techniques for estimating eddy diffusivity from altimetric
79 data, but again rely on a diffusive closure scheme to draw conclusions about eddy mixing.
80 In this study, instead of seeking an eddy diffusivity or mixing coefficient to predict a
81 downgradient flux, we use H^* directly as a proxy for the depth-integrated, divergent EHF
82 in the ACC.

83 The eddy field of the ACC is likely to respond to the observed increase in circumpolar
84 wind stress over the Southern Ocean [*Marshall*, 2003]. While direct observations are ideal
85 for studying the ACC's response to the increasing winds, a large scale monitoring system
86 is not yet in place and would be costly to implement. A proxy estimate of low-frequency,
87 running-mean EHF via satellite H^* allows for investigation of trends in the circumpolar
88 eddy field from January 1993 through December 2014. *Hogg et al.* [2014] diagnose the
89 eddy kinetic energy (EKE) field in several sectors of the ACC and find variable trends over
90 the 20 years of satellite data. However, recent model simulations by *Treguier et al.* [2010]
91 have shown that trends in EKE do not necessarily reflect trends in EHF, and therefore
92 EKE may not be the best metric for studying changes in the EHF field. Moreover, *Ferrari*

93 *and Nikurashin* [2010] find, through estimating eddy diffusivity, suppressed mixing in the
94 core of the ACC where there is enhanced EKE, again suggesting that EKE is not the best
95 metric for EHF.

96 The following section presents motivating observations from the cDrake project [*Chere-*
97 *skin et al.*, 2012] in Drake Passage: elevated EHF and H^* are concentrated immediately
98 downstream of the major bathymetric ridge, while the peak in mean surface EKE is off-
99 set further downstream (Section 2.1). This local relationship is confirmed throughout the
100 circumpolar band of the ACC and a statistical relationship between EHF and H^* is devel-
101 oped using data from an eddy-permitting numerical model (Section 2.2). A power-law fit
102 is applied to about 23.5 years of satellite data (Section 2.3). Circumpolar path-integrated
103 values of EHF, its spatial pattern throughout the ACC, and long-term temporal trends
104 in EHF at several “hot spots” are presented in Section 3. Section 4 provides a discussion
105 of H^* as a proxy for EHF in the context of oceanic storm tracks, a comparison with the
106 few other observations of EHF in the ACC, plus a discussion of the along- and cross-ACC
107 structure of EHF and long-term trends. Section 5 summarizes the study.

2. Relating EHF to SSH variability

2.1. Observations in Drake Passage

108 An array of bottom-moored current- and pressure-recording inverted echo sounders
109 (CPIES) was deployed in Drake Passage from November 2007 to November 2011 as part
110 of the cDrake project (Figure 1a). Time series of hourly acoustic travel-time records mea-
111 sured by the IES and hourly near-bottom velocities measured by the current meter 50 m
112 above the seafloor are three-day low-pass filtered and resampled every 12 hours, result-
113 ing in four-year records of τ and \mathbf{u}_{ref} , respectively, at each CPIES site. (The bold text

114 indicates a horizontal vector quantity.) *Tracey et al.* [2013] describes the data collection
 115 and processing procedures in detail. A gravest empirical mode analysis based on regional
 116 hydrography provides a profile of temperature for every value of τ [*Chidichimo et al.*,
 117 2014]. The near-bottom \mathbf{u}_{ref} is assumed to be geostrophic and depth-independent, such
 118 that the total geostrophic velocity is the sum of the bottom-referenced baroclinic velocity
 119 profile and the reference velocity: $\mathbf{u}_{tot}(x, y, z, t) = \mathbf{u}_{bcb}(x, y, z, t) + \mathbf{u}_{ref}(x, y, t)$. A local
 120 dynamics array of CPIES was placed in the interfrontal zone between the mean position
 121 of the Subantarctic Front (SAF) and Polar Front (PF) in Drake Passage in a region of
 122 elevated eddy activity downstream of the Shackleton Fracture Zone (SFZ; Figure 1). The
 123 design of the local dynamics array, with 40 km spacing between sites, allows for three-
 124 dimensional optimal-interpolation mapping of twice-daily total geostrophic velocity and
 125 temperature fields [*Firing et al.*, 2014].

The dynamic importance lies in the divergent component of EHF, whereas the rotational component of EHF that circulates around contours of mean temperature variance is irrelevant dynamically [*Marshall and Shutts*, 1981]. That is, only the divergent EHF influences the dynamics of eddy-mean flow interactions. Measurements by CPIES naturally separate the large purely rotational EHF ($\mathbf{u}'_{bcb}T'$) from the $\mathbf{u}'_{ref}T'$, such that the latter contains all the divergent EHF, albeit with the possibility of a small residual rotational component [*Bishop et al.*, 2013; *Watts et al.*, 2016]. The prime denotes any deviation from the time mean, e.g. $T'(x, y, z, t) = T(x, y, z, t) - \bar{T}(x, y, z)$, where the overbar denotes the time-mean value. Time-mean, depth-integrated EHF is calculated, as in *Watts et al.* [2016], as:

$$[\mathbf{EHF}] = \rho c_p \int_z \overline{\mathbf{u}'_{ref} \cdot T'} dz, \quad (1)$$

126 where square brackets denote a depth-integrated value and again the bold text indicates
 127 a horizontal vector quantity. Multiplication by a nominal density ($\rho = 1035 \text{ kg m}^{-3}$) and
 128 specific heat of seawater ($c_p = 4000 \text{ J kg}^{-1} \text{ }^\circ\text{C}^{-1}$) expresses the units as a proper heat
 129 flux.

130 Figure 1b shows $[\overline{\mathbf{EHF}}]_{cDrake}$, where the subscript denotes the dataset. Here, the
 131 vertical integration is from the surface to a common depth of 3500 m. We limit our
 132 analysis to the time-mean, depth-integrated $[\overline{\mathbf{EHF}}]_{cDrake}$ and present the results in units
 133 of MW m^{-1} . More details on EHF calculated from the cDrake CPIES, including the
 134 vertical structure and time series, can be found in *Watts et al.* [2016].

135 Figure 2 reinforces the claim made above, i.e. that $\mathbf{u}'_{bc}T'$ is purely rotational and
 136 that $\mathbf{u}'_{ref}T'$ contains all of the divergence with a small rotational component remaining.
 137 The curl and the divergence of the total EHF ($\rho c_p \overline{\mathbf{u}'_{tot}T'}$) is compared with that of the
 138 baroclinic EHF ($\rho c_p \overline{\mathbf{u}'_{bc}T'}$) and reference EHF ($\rho c_p \overline{\mathbf{u}'_{ref}T'}$). Here, for simplicity, the fluxes
 139 have been calculated at 400 m depth rather than depth-integrated, but the result is
 140 consistent. Figure 2 shows that, within the scatter due to mapping error, the divergence
 141 of the total $\overline{\mathbf{EHF}}$ is completely contained in the reference $\overline{\mathbf{EHF}}$. Likewise, the curl of
 142 the total $\overline{\mathbf{EHF}}$ is dominated by the curl of the baroclinic $\overline{\mathbf{EHF}}$. We also note that
 143 *Firing et al.* [2014] found good agreement between the mooring-based and CPIES-based
 144 velocities (R^2 between 0.67 and 0.85 in the upper 1000 m), temperatures (R^2 between
 145 0.85 and 0.9), and *Watts et al.* [2016] found good agreement for the same comparison
 146 of velocity-temperature covariances (R^2 between 0.72 and 0.89). We are thus confident
 147 that the method for calculating the $[\overline{\mathbf{EHF}}]$ using the near-bottom reference velocities in

Equation 1 greatly reduces the amount of rotational flux while retaining the divergent
flux.

CPIES measurements also allow for calculation of total SSH, SSH_{cDrake} , as the sum of a reference SSH from directly-measured bottom pressure and bottom-referenced baroclinic SSH, as described by *Donohue et al.* [2016]. Figure 1c shows the standard deviation of the twice-daily SSH_{cDrake} , H_{cDrake}^* calculated with the CPIES data as:

$$H^* = \sqrt{\frac{1}{N-1} \sum_{i=1}^N (SSH_i - \overline{SSH})^2}, \quad (2)$$

where the subscript i represents the time index, and the overbar again denotes the time-mean value. We find that H_{cDrake}^* has a similar spatial pattern to $[\overline{EHF}]_{cDrake}$: elevated values occur along the western edge of the local dynamics array immediately downstream of the SFZ (Figure 1b,c). While the spatial pattern of $[\overline{EHF}]_{cDrake}$ has some interannual variability, depending on time period of averaging, the maximum $[\overline{EHF}]_{cDrake}$ for any multiyear subset of the data is consistently on the western side of the CPIES array (see Figure 6 in *Watts et al.* [2016]). Moreover, the general agreement with the pattern of H_{cDrake}^* is also consistent for any multiyear subset of four-year record (not shown).

Figure 1d shows the mean surface EKE calculated from the cDrake CPIES data, \overline{EKE}_{cDrake} , as:

$$\overline{EKE} = \frac{1}{2}(\overline{u'^2 + v'^2}), \quad (3)$$

where $(u, v) = (u_{tot}, v_{tot})$ are the zonal and meridional geostrophic velocities at the sea surface. There are two peaks in \overline{EKE}_{cDrake} , with the highest value in the central longitudes of the local dynamics array, farther east than the peaks in $[\overline{EHF}]_{cDrake}$ and H_{cDrake}^* (Figure 1b,c,d). Again, interannual variability in the spatial pattern of \overline{EKE}_{cDrake} exists,

162 but does not change its misalignment with $[\overline{EHF}]_{cDrake}$ averaged over the same multiyear
 163 subset (not shown).

164 In Drake Passage, $[\overline{EHF}]_{cDrake}$ and H_{cDrake}^* are concentrated in a relatively broad
 165 region immediately downstream of the SFZ, whereas $\overline{EK\overline{E}}_{cDrake}$ exhibits smaller spatial
 166 scales. The peaks are separated by 1–2° of longitude. These observed spatial patterns
 167 from the cDrake project motivate our use of H^* as a proxy for $[\overline{EHF}]$ throughout the
 168 entire ACC.

2.2. Circumpolar validation around the ACC

169 The Southern Ocean State Estimate (SOSE) validates that the spatial relationship be-
 170 tween H_{cDrake}^* and $[\overline{EHF}]_{cDrake}$ observed in Drake Passage holds for the entire ACC (Fig-
 171 ure 3). SOSE is an eddy-permitting general circulation model based on the MITgcm for all
 172 longitudes and latitudes south of 25°S [Mazloff *et al.*, 2010]. At 1/6° horizontal resolution
 173 and with 42 vertical levels, SOSE uses an iterative adjoint method to match the model’s
 174 ocean state estimate to a suite of observational data sources — Argo floats, CRIES, satel-
 175 lite altimetry, etc — without introducing non-physical nudging terms into the equations
 176 of motion. Partial cells, rather than step functions, represent sloping bathymetry and give
 177 SOSE a better chance at capturing realistic near-bottom dynamics, making it well suited
 178 for this study. Several studies have shown that SOSE is an apt model for the investigation
 179 of ACC dynamics: *Peña-Molino et al.* [2014] examined the along- and across-stream com-
 180 ponents of the total geostrophic velocity and their respective mean heat fluxes, *Masich*
 181 *et al.* [2015] investigated topographic form stress, and *Abernathey et al.* [2016] considered
 182 water-mass transformation in the upper branch of the overturning circulation. We employ
 183 the most up-to-date output, Iteration 100, that contains six years of data from January

1, 2005 to December 31, 2010. Daily sea surface height, $SSH_{SOSE}(x, y, t)$, is available
 online (<http://sose.uscd.edu>) and its standard deviation, H_{SOSE}^* , given by Equation 2, is
 shown in Figure 3a.

The EHF calculation using SOSE output is analogous to the CPIES methodology to
 retain all of the dynamically-relevant divergent component of the flux (albeit with the pos-
 sibility of a small residual rotational flux). Daily hydrostatic pressure potential anomaly
 and temperature throughout the water column were obtained directly from M. Mazloff
 (personal communication, March 2016). Geostrophic velocity is calculated at every point
 in SOSE from the surrounding pressure potential anomalies, avoiding partial cells. Ref-
 erence velocities, $\mathbf{u}_{SOSE}(x, y, t)$, are the deepest of these geostrophic velocities at every
 location in the SOSE grid and are considered independent of depth, i.e. constant through-
 out the water column. The mean (median) height above the bottom of \mathbf{u}_{SOSE} is 550 m
 (375 m) and the largest differences are found along steep sloping topography (not shown);
 the deepest layers of the model are 250 m thick.

Time-mean, depth-integrated $[\overline{EHF}]_{SOSE}$ is then calculated with Equation 1, using
 SOSE reference velocity and temperature anomalies and the same nominal seawater den-
 sity and specific heat as before (Figure 3b). An integration depth of 2046 m was chosen
 to capture the majority of the signal and for consistent calculations throughout the ACC.
 Only locations within the circumpolar band of mean streamlines ($\overline{SSH}_{SOSE} = -0.8$ to
 0.2 m) and where the reference depth is as deep as or deeper than the integration depth
 are considered in the subsequent analysis. Finally, the horizontal flux vectors are pro-
 jected across \overline{SSH}_{SOSE} contours within the ACC band to give cross-frontal $[\overline{EHF}]_{SOSE}$

206 as a scalar quantity, such that the negative values in Figure 3b indicate downgradient
 207 fluxes (i.e. towards the southern seas and Antarctica).

208 In linear instability theory [*Pedlosky, 1987*], baroclinic instability acts to transport heat
 209 down the mean temperature gradient (or $\nabla\overline{SSH}$), yet about 20% of the $[\overline{EHF}]_{SOSE}$
 210 values are up the mean gradient of \overline{SSH}_{SOSE} (Figure 4a). In general, these upgradient
 211 values have smaller magnitudes and are associated with lower values of H_{SOSE}^* than the
 212 downgradient $[\overline{EHF}]_{SOSE}$ values. Figure 4b shows that, when averaged within $2.5 \times$
 213 10^{-3} m wide H_{SOSE}^* bins and excluding bins with less than 30 points, the magnitudes
 214 of positive values of $[\overline{EHF}]_{SOSE}$ are significantly smaller than those that are negative,
 215 especially as H_{SOSE}^* increases. We investigated whether the small upgradient $[\overline{EHF}]_{SOSE}$
 216 occurred near or south of the Polar Front, where the existence of a subsurface temperature
 217 inversion might cause eddy buoyancy fluxes to differ systematically in sign from heat
 218 fluxes. We found no preferred distribution for the relatively weak upgradient $[\overline{EHF}]_{SOSE}$.
 219 The sum of all downgradient $[\overline{EHF}]_{SOSE}$ points is an order of magnitude greater than
 220 the sum of upgradient points. For the rest of this study, we only consider downgradient
 221 fluxes.

There is a spatial alignment between downgradient $[\overline{EHF}]_{SOSE}$ and H_{SOSE}^* in the ACC:
 regions of elevated H_{SOSE}^* align with regions of elevated $[\overline{EHF}]_{SOSE}$ (Figure 3). A sta-
 tistically significant power law exists between downgradient $[\overline{EHF}]_{SOSE}$ and H_{SOSE}^* , i.e.
 the variables are linearly related in log-log space (Figure 4b,c). The distribution is skewed
 such that there are many more points with low values of H_{SOSE}^* and $[\overline{EHF}]_{SOSE}$ (Fig-
 ure 4a), as expected from the handful of regions with elevated values of $[\overline{EHF}]_{SOSE}$ and
 H_{SOSE}^* in Figure 3. For example, within 2.5×10^{-3} m wide H_{SOSE}^* bins, there are 60

times more points of downgradient $[\overline{EHF}]_{SOSE}$ with H_{SOSE}^* between 0.1 m and 0.15 m than there are with H_{SOSE}^* between 0.2 m and 0.25 m (Figure 4a). To avoid biasing the fit with lower values of H_{SOSE}^* , $[\overline{EHF}]_{SOSE}$ values are averaged within H_{SOSE}^* bins prior to calculating the power-law fit (Figure 4b,c). Outliers, shown as light gray points in Figure 4c, are excluded by only using $[\overline{EHF}]_{SOSE}$ values found between the 5th and 95th percentile in each bin and by excluding H_{SOSE}^* bins that have fewer than 30 points. The bin-averaged power law is

$$[\overline{EHF}] = A \cdot H^{*B}, \quad (4)$$

222 where $[\overline{EHF}] = [\overline{EHF}]_{SOSE-fit}$ is the scalar quantity of downgradient, depth-integrated
 223 flux in units of MW m^{-1} and $H^* = H_{SOSE}^*$ is in meters. The best-fit coefficients, $A =$
 224 $-(1.85 \pm 0.17) \times 10^4$ and $B = 3.95 \pm 0.12$, give a bin-averaged R^2 value of 0.93. The
 225 negative value of A guarantees downgradient values everywhere. In log-log space, B is
 226 the slope of the line and $|A| = 10^\alpha$, where α is the y-intercept.

227 The observed $[\overline{EHF}]_{cDrake}$ values (described in Section 2.1) fall within the scatter of the
 228 circumpolar SOSE values (Figure 4c, red squares). Here, we present $[\overline{EHF}]_{cDrake}$ values
 229 that have been projected across the mean satellite SSH field (described in Section 2.3)
 230 averaged over the four years of the cDrake experiment. The data are from all CPIES sites
 231 with downgradient values of $[\overline{EHF}]_{cDrake}$, including those along the full-passage transect
 232 shown in Figure 1a. Additionally, the vertical integration is from the surface to 2000 m,
 233 rather than to 3500 m as in Figure 1b, for an appropriate comparison with $[\overline{EHF}]_{SOSE}$.
 234 On average, surface-to-3500 m integral values of $[\overline{EHF}]_{cDrake}$ are 1.3 times greater than
 235 surface-to-2000 m integral values.

236 A noticeable feature of Figure 4c is the apparent truncation of H_{SOSE}^* near 0.09 m,
 237 whereas H_{cDrake}^* and other observations extend to lower values. The lowest value observed
 238 at the southern CRIES sites ($H_{cDrake}^* = 0.0697$ m) is about 80% of the lowest value of
 239 H_{SOSE}^* ($= 0.0875$ m). This elevated floor of H_{SOSE}^* is mainly due to high frequency, rapidly
 240 propagating waves within the model, but not in the cDrake observations (not shown).
 241 Arguably, the dynamics in SOSE capture the baroclinic instability process driving the
 242 $[\overline{EHF}]_{SOSE}$ signal with or without the presence of these high frequency waves. Moreover,
 243 low-pass filtering the SSH_{SOSE} data does not improve the power-law fit in terms of mean
 244 square error or R^2 value, so H_{SOSE}^* is calculated from the unfiltered daily SSH_{SOSE} fields.
 245 Additionally, the higher values of H_{SOSE}^* have similar magnitudes as H_{cDrake}^* , and it is in
 246 these regions of greatest SSH variability where the strongest $[\overline{EHF}]$ occurs.

247 Comparison of $[\overline{EHF}]$ calculated directly in SOSE with that estimated from H_{SOSE}^* us-
 248 ing Equation 4 provides further confidence in the H^* proxy. Integrated along circumpolar
 249 contours of \overline{SSH}_{SOSE} , the estimated $\oint[\overline{EHF}]_{SOSE-fit}$ values agree well with the directly
 250 calculated $\oint[\overline{EHF}]_{SOSE}$ values, where $\oint(\cdot)$ denotes a circumpolar path-integrated value
 251 (Figure 5a). For orientation within the ACC mean flow field, the mean geostrophic speed
 252 in the uppermost vertical layer (5 m depth) along each \overline{SSH}_{SOSE} contour is shown in Fig-
 253 ure 5b. A nominal streamline for the SAF is $\overline{SSH}_{SOSE} = 0.0$ m contour, with along-stream
 254 speeds of about 0.2 m s^{-1} . The estimated $\oint[\overline{EHF}]_{SOSE-fit}$ is slightly weaker than its di-
 255 rectly calculated counterpart across some streamlines and slightly stronger across others,
 256 with a root-mean-square difference of 0.02 PW (Figure 5a). The largest differences be-
 257 tween path-integrated values are near the SAF, where the magnitude of $\oint[\overline{EHF}]_{SOSE-fit}$
 258 is 0.06 PW stronger than that of $\oint[\overline{EHF}]_{SOSE}$ and remains less than 10% of the mean

259 absolute value of -0.7 PW. Both $\oint[\overline{EHF}]_{SOSE}$ and $\oint[\overline{EHF}]_{SOSE-fit}$ are weakest along
 260 the southern edge of the ACC where the path-integrated heat flux is about -0.2 PW. The
 261 magnitudes of $\oint[\overline{EHF}]_{SOSE-fit}$ and $\oint[\overline{EHF}]_{SOSE}$ increase by more than a factor of 3 as
 262 \overline{SSH}_{SOSE} increases across the southern and central streamlines, and decrease slightly on
 263 the northern flank of the ACC (north of the SAF). This pattern of $\oint[\overline{EHF}]$ is indicative
 264 of a convergence of heat in streamlines south of the SAF and a divergence north of the
 265 SAF.

2.3. Application to satellite data

266 The power-law fit given by Equation 4 is now applied to satellite SSH data to estimate
 267 time-mean, depth-integrated EHF, $[\overline{EHF}]_{sat}$, in the ACC. Again, the direction of the
 268 flux is treated as downgradient (as ensured by the negative coefficient in Equation 4).
 269 Here, $SSH_{sat}(x, y, t)$ is the addition of the CNES-CLS13 mean dynamic topography to
 270 the Ssalto/Duacs gridded daily mean sea level anomaly (with a consistent reference period
 271 from 1993-2012). The mean dynamic topography was produced by CLS Space Oceanogra-
 272 phy Division and the sea level anomalies are produced and distributed by the Copernicus
 273 Marine and Environment Monitoring Service (as of May 2015); both are available online
 274 through AVISO at <http://www.aviso.altimetry.fr>. For this study, we use the two-satellite
 275 ‘ref’ product of mean sea level anomaly to additionally investigate long-term temporal
 276 trends in the record. The resulting SSH_{sat} record is almost 23.5 years of data from
 277 January 1993 to May 2016 at $1/4^\circ$ horizontal resolution.

278 This analysis uses the SSH_{sat} field to calculate several variables: H_{sat}^* , $[\overline{EHF}]_{sat}$,
 279 $\oint[\overline{EHF}]_{sat}$, $[EHF]_{sat}$, and surface \overline{EKE}_{sat} . Standard deviation, H_{sat}^* , is calculated by
 280 applying Equation 2 to the full-length SSH_{sat} record. For consistency with analysis in

281 SOSE, the power law is only applied to points within the circumpolar ACC band, defined
 282 as $\overline{SSH}_{sat} = -1.0$ to 0.3 m. The circumpolar band is chosen such that the \overline{SSH}_{sat} con-
 283 tours are continuous throughout the Southern Ocean and pass through Drake Passage.
 284 Downgradient $[\overline{EHF}]_{sat}$ is estimated throughout the ACC from the H_{sat}^* field using the
 285 power law (Equation 4). $[\overline{EHF}]_{sat}$ and its path-integrated counterpart, $\oint[\overline{EHF}]_{sat}$, rep-
 286 resent the nearly 23.5-year mean divergent eddy flux of heat, depth-integrated to 2000 m,
 287 and directed across mean \overline{SSH}_{sat} contours towards Antarctica and the southern seas.
 288 Additionally, time series of low-frequency, running-mean $[\overline{EHF}]_{sat}$ is estimated with the
 289 same equation, using a time series of H_{sat}^* calculated from 4-year subsets of \overline{SSH}_{sat} over-
 290 lapped by 2 years from 1993 through 2014. Finally, \overline{EKE}_{sat} is calculated with Equation 3
 291 using \overline{SSH}_{sat} -derived geostrophic velocities, and is discussed in a few regions of elevated
 292 eddy activity in the context of oceanic storm tracks (Section 4.1).

3. Cross-ACC eddy heat flux

3.1. Circumpolar path-integrated $\oint[\overline{EHF}]_{sat}$

293 Integrated along circumpolar contours of \overline{SSH}_{sat} , the maximum magnitude of down-
 294 gradient $\oint[\overline{EHF}]_{sat}$ of 1.06 PW occurs on the northern edge of the ACC (Figure 6a).
 295 Figure 6b shows the mean surface geostrophic speed, calculated from the \overline{SSH}_{sat} fields,
 296 as well as labels for nominal ACC fronts determined from the mean along-stream sur-
 297 face geostrophic speed (\overline{SSH}_{sat} of SAF=-0.1 m; PF=-0.4 m; SACCF =-0.7 m). The
 298 overall pattern of decreasing $\oint[\overline{EHF}]_{sat}$ magnitude with decreasing \overline{SSH}_{sat} indicates a
 299 lateral convergence of heat due to eddies into the ACC (Figure 6a). The steeper slope on
 300 the northern side of the SAF, compared to the nearly constant slope south of the SAF,
 301 represents a stronger convergence of $\oint[\overline{EHF}]_{sat}$ in the northern flank of the ACC.

302 An uncertainty in $\oint[\overline{EHF}]_{sat}$ of 0.02 PW is taken as the root-mean-square difference
 303 between $\oint[\overline{EHF}]_{SOSE}$ and $\oint[\overline{EHF}]_{SOSE-fit}$ (Figure 5a). For simplicity, this uncertainty
 304 is assumed to be independent of the circumpolar path of integration, i.e. independent
 305 of \overline{SSH}_{sat} contour. Therefore, the $\oint[\overline{EHF}]_{sat}$ values on the southern edge of the ACC
 306 are statistically indistinguishable from zero (Figure 6a). Point-wise uncertainties in the
 307 $[\overline{EHF}]_{sat}$ estimates are not discussed, as most interest lies in the qualitative spatial
 308 distribution and quantitative circumpolar integrations. However, it can be noted that
 309 the rms difference between the bin-mean values of $[\overline{EHF}]_{SOSE}$ and the power-law fit is
 310 10.5 MW m⁻¹ (Figure 4b).

3.2. Spatial distribution of $[\overline{EHF}]_{sat}$

311 There are eight regions of relatively large values, i.e. hot spots, of $[\overline{EHF}]_{sat}$ around
 312 the ACC, shown by the red colored dots in Figure 7a. We define these hot spots as
 313 broad regions where $[\overline{EHF}]_{sat} \leq -10$ MW m⁻¹ (approximately equivalent to $H_{sat}^* \geq$
 314 0.15 m), more than double the ACC average of -5.1 MW m⁻¹. Six of these regions are
 315 associated with interactions between the ACC and major bathymetric features and two
 316 regions are associated with interactions with western boundary currents of subtropical
 317 gyres. Eastward from 0°E, the hot spots associated with major bathymetric features
 318 occur at the Southwest Indian Ridge (SWIR; 20–40°E), Kerguelen Plateau (KP; 81–
 319 96°E), Southeast Indian Ridge (SEIR; 115–160°E), Macquarie Ridge (MR; 160–180°E),
 320 Pacific Antarctic Rise (PAR; 205–230°E), and Drake Passage (DP; 285–315°E, south of
 321 52°S); the hot spots associated with western boundary currents are the Agulhas Return
 322 Current (ARC; 10–83.5°E, northern flank of ACC) and the Brazil-Malvinas Confluence
 323 (BMC; 300–335°E, north of DP where they overlap longitudes). The longitudinal limits of

324 the $[\overline{EHF}]_{sat}$ hot spots are denoted by horizontal bars in Figure 7b; latitudinal limits only
 325 exist for regions that overlap in longitude. It can be noted that there is little interaction
 326 between the ACC and the Eastern Australian Current, the western boundary current of
 327 the subtropical South Pacific gyre, as the circumpolar band of \overline{SSH}_{sat} excludes almost
 328 all of it from this study. Here, DP spans the Phoenix Antarctic Ridge, the Shackleton
 329 Fracture Zone, and the Scotia Arc (including Shag Rocks); the BMC region includes the
 330 entire Zappiola Anticyclone; MR region also includes the area south of Campbell Plateau;
 331 and the PAR includes both the Udintsev and Eltanin Fracture Zones.

332 Along circumpolar streamlines, the relative contribution of each hot spot to the total
 333 $\oint[\overline{EHF}]_{sat}$ varies (Table 1; Figure 7). Few regions of elevated $[\overline{EHF}]_{sat}$ influence all
 334 ACC streamlines. The main pulses of $[\overline{EHF}]_{sat}$ along the northern edge of the ACC are
 335 strongly tied to its interactions with the subtropical western boundary currents. That
 336 is, 89% of the total $\oint[\overline{EHF}]_{sat}$ crosses the $\overline{SSH}_{sat} = 0.3$ m contour at the ARC and
 337 BMC. It is not surprising that the ARC and BMC become increasingly less influential for
 338 more southern ACC streamlines. Across the SAF ($\overline{SSH}_{sat} = -0.1$ m), the two western
 339 boundary currents account for less than half (41%) of the total $\oint[\overline{EHF}]_{sat}$, and more
 340 occurs at the SAF's interaction with the SEIR (16%) than the ARC. $\oint[\overline{EHF}]_{sat}$ across
 341 a nominal PF ($\overline{SSH}_{sat} = -0.4$ m) accumulates from its interaction with all eight hot
 342 spots, with DP accounting for nearly a quarter of the total (23%). The SWIR and KP
 343 play a more prominent role in the $\oint[\overline{EHF}]_{sat}$ across the more southern streamlines of
 344 the ACC, with each accounting for between 21 and 26% of the total crossing the SACCF
 345 ($\overline{SSH}_{sat} = -0.8$ m) and exiting the southern edge of the ACC ($\overline{SSH}_{sat} = -1.0$ m). That

346 different streamlines have different hot spots of $[\overline{EHF}]_{sat}$ suggests there is a hand-off of
 347 heat from one front or frontal zone to another along the circumpolar path of the ACC.

348 The DP and BMC regions require a more detailed view, as the northern streamlines
 349 of the ACC turn sharply northward upon exiting the east side of DP before meeting
 350 the southward flowing Brazil Current and turning eastward again. Figure 7c shows an
 351 expanded view of the cumulative $[\overline{EHF}]_{sat}$ as a percent of the total $\oint[\overline{EHF}]_{sat}$ along
 352 mean ACC streamlines in the DP and BMC regions as a function of along-stream distance
 353 (rather than as a function of longitude, as in Figure 7b). The contours are drawn from
 354 360°E back to 275°E , i.e. ending at the black dots in Figure 7a, such that 0 km is
 355 equivalent to 360°E . The DP region is designated by a thin gray and white dashed line
 356 and the BMC region by the thin black line within the colored lines; 52°S divides the two
 357 regions where their longitudinal ranges overlap. As noted previously, interactions with
 358 subtropical western boundary currents, i.e. BMC, are predominant sources of $[\overline{EHF}]_{sat}$
 359 along the northern streamlines of the ACC and become less influential for more southern
 360 streamlines. The PF and the SACCF have a greater percentage of their respective total
 361 $\oint[\overline{EHF}]_{sat}$ occurring in DP than compared to the BMC (see also Table 1). The total
 362 $\oint[\overline{EHF}]_{sat}$ exiting the southern edge of the ACC has a 11% contribution from the BMC
 363 region, at the southeastern edge of the Zappiola Anticyclone, but recall the total path-
 364 integrated value on this contour is not significantly different from zero.

365 A small fraction of the total $\oint[\overline{EHF}]_{sat}$ along each \overline{SSH}_{sat} contour is produced within
 366 regions outside of the hot spots. At the northern edge, 95% of the total $\oint[\overline{EHF}]_{sat}$ occurs
 367 within the hot spots; thus a mere 5% occurs outside these eight regions (Table 1. In

368 contrast, at the southern edge, 16% of the total $\oint [\overline{EHF}]_{sat}$ is produced in regions outside
 369 the $[\overline{EHF}]_{sat}$ hot spots.

3.3. Low-frequency $[EHF]_{sat}$ time series

370 There is much interest in how the ACC eddy field responds to changes in zonal wind
 371 stress associated with the increasing wind stress noted by *Marshall* [2003]. To investigate
 372 long-term trends in $[EHF]_{sat}$, each of the eight regions of enhanced fluxes is considered
 373 individually (boxes in Figure 8a). A time series of running-mean $[EHF]_{sat}$ and its linear
 374 trend are calculated at every point with enhanced $[\overline{EHF}]_{sat}$ (≥ 10 MW m⁻¹; orange and
 375 red colors in Figure 8a). The time series and temporal trends are then averaged within
 376 each $[\overline{EHF}]_{sat}$ hot spot, resulting in eight regional-mean time series of low-frequency
 377 $[EHF]_{sat}$ and a respective trend (Figure 8b). Note that the trends are calculated using
 378 complete 4-year subsets of time and therefore only include data through the end of 2014.
 379 The trends are listed in the legend as a percentage of the regional-mean $[\overline{EHF}]_{sat}$ per
 380 year.

381 Figure 8b shows the low-frequency $[EHF]_{sat}$ anomaly time series for each hot spot. We
 382 include the most recent four years of data in the time series as an unfilled symbol connected
 383 by a dashed line to indicate that it was not used in the trend calculation, as it overlaps the
 384 preceding 4 year interval by more than 2 years (as labelled). The inter-annual variability
 385 in the time series makes the trends particularly dependent on the choice of endpoints for
 386 the linear regression, and only three of the $[\overline{EHF}]_{sat}$ hot spots have statistically significant
 387 trends: KP, SEIR, and BMC. Of these trends, KP has the highest R² value of 0.76, while
 388 SIER and BMC have R² values of 0.46 and 0.39, respectively. Additionally, there is a

389 suggestion of a low-frequency signal with a period of 6–12 years in most of the records,
 390 especially that of the ARC (Figure 8b).

391 Regions without large trends are grouped in the upper panel and regions with large
 392 trends are grouped in the lower panel. (Here, large means the magnitude of the trend
 393 is greater than $0.25 \text{ MW m}^{-1} \text{ yr}^{-1}$ or greater than 1.0% of the regional mean per year.)
 394 Large negative trends in running-mean $[EHF]_{sat}$, i.e. increasing $[EHF]_{sat}$ magnitudes
 395 over time, are seen at KP, SEIR, and MR. These bathymetric features are found between
 396 60°E and 180°E in the Indian sector and entering the Pacific sector of the ACC.

397 The SWIR experiences a large, but insignificant, decrease in $[EHF]_{sat}$ magnitude of
 398 -1.2% of the regional mean per year over the 22 years of SSH_{sat} data (Figure 8b). It can
 399 be noted that including the last 4 years of SSH_{sat} data, from May 2012 to May 2016, with
 400 an adjusted period of overlap, results in a decrease in magnitude of the trend at the SWIR
 401 but does not change its sign. That is, even with the most recent data, the magnitude
 402 of $[EHF]_{sat}$ at the SWIR is decreasing (i.e. there is a positive trend in Figure 8b). DP
 403 and ARC also exhibit decreases in $[EHF]_{sat}$ magnitude, albeit smaller than that at the
 404 SWIR.

4. Discussion

4.1. H^* as a proxy for $[EHF]$

405 The spatial distribution of time-mean, depth-integrated, downgradient, divergent EHF
 406 in the ACC is patchy, with enhanced fluxes in the lee of major bathymetric features
 407 and in regions where the ACC interacts with western boundary currents of subtropical
 408 gyres. That there are eddy activity hot spots is not new [e.g. *Thompson and Sallée*, 2012;
 409 *Thompson and Naveira-Garabato*, 2014]), but here the fluxes have been quantified by

410 using satellite altimetry, specifically H_{sat}^* , as a proxy for $[\overline{EHF}]_{sat}$ using the power law in
 411 Equation 4.

412 Previous studies have used SSH variability, scaled by g/f , as a proxy for eddy diffu-
 413 sivity and have estimated EHF via the mean temperature gradient [e.g *Holloway*, 1986;
 414 *Keffer and Holloway*, 1988]. *Kushner and Held* [1998] successfully reproduce maps of the
 415 divergent component of the EHF by applying that method analogously to the atmosphere.
 416 Applied to the Southern Ocean, this method estimates about 0.5 PW of poleward EHF
 417 at 60°S [*Keffer and Holloway*, 1988]. *Karsten and Marshall* [2002] estimate surface diffu-
 418 sivities in the Southern Ocean directly from the scaled SSH variability, and a constant of
 419 proportionality. We find that scaling H_{SOSE}^* by g/f did not improve the statistics of the
 420 bin-averaged power law and choose to quantify depth-integrated, time-mean, divergent
 421 $[\overline{EHF}]_{sat}$ directly from H_{sat}^* (Equation 4). Moreover, we estimate $[\overline{EHF}]_{sat}$ directly from
 422 an empirical relationship with H_{sat}^* rather than through a diffusive closure argument, thus
 423 bypassing the need to estimate an eddy diffusivity.

424 *Abernathey and Cessi* [2014] show that cross-stream eddy diffusivity is directly related
 425 to the downgradient $[\overline{EHF}]$ and cross-stream $[\nabla\bar{T}]$. Even with the advent of Argo floats,
 426 maps of subsurface temperature gradient at high resolution are not readily available for
 427 this calculation. Moreover, the use of depth-integrated quantities erases any vertical
 428 structure in the diffusivity. It has been shown in SOSE that there is a subsurface eddy
 429 diffusivity maximum associated with ‘steering levels’ where the mean flow matches the
 430 eddy propagation speed [*Abernathey et al.*, 2010]. Therefore, we focus on $[\overline{EHF}]$ and
 431 simply note that, with some care taken in estimating $[\nabla\bar{T}]$, the spatial pattern of depth-
 432 integrated eddy diffusivity could later be quantified. Here, we can look at the qualitative

433 pattern of path-integrated eddy diffusivity by assuming that $[\nabla\bar{T}]$ is proportional to the
 434 mean surface speed along each \overline{SSH}_{sat} contour in Figure 6b. The patterns in Figure 6
 435 imply larger eddy diffusivities north of the SAF and weaker diffusivities in the rest of
 436 the ACC. This qualitative result is in accordance with recent work showing eddy mixing
 437 suppression at the core of the ACC and enhanced mixing on the equatorward flank [e.g.
 438 *Marshall et al., 2006; Ferrari and Nikurashin, 2010*].

439 Idealized model studies find that baroclinic conversion, and thus \overline{EHF} , occurs in the
 440 region of highest baroclinicity, and that there is a spatial offset between this region and
 441 the region of highest eddy activity and \overline{EKE} [e.g. *Chang and Orlanski, 1993; Chapman*
 442 *et al., 2015*]. Baroclinic instability converts mean APE to EPE through a flux of heat
 443 across the mean temperature (or \overline{SSH}) gradient [*Pedlosky, 1987*]. SSH_{cDrake} variance,
 444 i.e. H_{cDrake}^{*2} , is dominated by the bottom-referenced baroclinic (or buoyancy) term rather
 445 than the bottom pressure term (comparison of Figure 3d and 3e in *Donohue et al. [2016]*).
 446 Consequently, H_{cDrake}^{*2} corresponds mainly to the surface expression of \overline{EPE} ($=\overline{b'b'}/\bar{b}_z$,
 447 where b is buoyancy). Therefore, enhanced H_{cDrake}^* immediately downstream of SFZ seen
 448 in Figure 1c is interpreted as the production of EPE through conversion from mean APE
 449 due to baroclinic instability. This suggests why H^* is observed to be a good indicator of
 450 $[\overline{EHF}]$, because of growth by baroclinic instability in the most unstable regions.

451 Contours of $[\overline{EHF}]_{cDrake}$ and H_{cDrake}^* generally trend north-south (roughly parallel
 452 to the bathymetry of the SFZ) and are enhanced immediately downstream of the SFZ,
 453 while peak values of \overline{EKE}_{cDrake} are found farther downstream, i.e. farther east in the
 454 CRIES array (Figure 1). This is in accordance with work on oceanic storm tracks by
 455 *Chapman et al. [2015]*. Those authors show, using wave activity flux vectors calculated in

456 a primitive equation model, that \overline{EHF} (diagnosed as the vertical component of the wave
 457 activity vector) is highest directly downstream of an idealized ridge. In this region of
 458 enhanced baroclinic instability, meanders actively grow into eddies, EHF converts mean
 459 APE into EPE, and EKE is increasing in the along-stream direction. We posit that the
 460 growth and persistence of baroclinic eddies, in both time and space, results in a spatial
 461 offset between peaks of $[\overline{EHF}]$ (as well as \overline{EPE} and H^*) and \overline{EKE} .

462 While baroclinic instability, $[\overline{EHF}]$, and \overline{EPE} characteristically concentrate leading
 463 into the produced meander, the location of highest \overline{EKE} is more variable. That is, the
 464 location where \overline{EKE} is highest depends on additional factors (bathymetric configuration,
 465 eddy-mean flow interactions, etc.) that can advance or retard eddy growth downstream.
 466 Figure 9 provides observational evidence at additional locations of the spatial offset be-
 467 tween H_{sat}^* (and thus $[\overline{EHF}]_{sat}$) and \overline{EKE}_{sat} in oceanic storm tracks from a zoomed-in
 468 subsection of three $[\overline{EHF}]_{sat}$ hot spots: SWIR, SEIR, and MR. We present H_{sat}^{*2} (top
 469 row), rather than H_{sat}^* , as it is analogous to EPE and therefore a parallel quantity to
 470 \overline{EKE}_{sat} (bottom row).

471 Figure 9 shows the offset between peaks of H_{sat}^{*2} and \overline{EKE}_{sat} at the SWIR and MR to
 472 be less than one degree of longitude, or about 50–100 km. This is about the same as, or
 473 slightly shorter than, the offset observed in DP from the cDrake CPIES data (Figure 1).
 474 The SEIR region is a bit more complicated, with the suggestion of both a northern and
 475 southern storm track. Figure 9e shows peaks of \overline{EKE}_{sat} (plotted here as $2 \cdot \overline{EKE}_{sat}$ to use
 476 consistent limits for the colorbar) along both the $\overline{SSH}_{sat} = 0.2$ m and $\overline{SSH}_{sat} = -0.2$ m
 477 contours. Along the northern contour, there is a small peak in \overline{EKE}_{sat} near 125°E and
 478 another elongated peak near 128°E that extends to 131°E. The offset between H_{sat}^{*2} and

479 the first \overline{EKE}_{sat} peak along this northern contour is similar to that seen in the other
 480 regions. The offset between H_{sat}^{*2} and the second \overline{EKE}_{sat} peak along this contour is about
 481 4° of longitude, closer to the suggested offset of about 350 km in the modeling work of
 482 *Chapman et al.* [2015]. The pattern of heightened H_{sat}^{*2} followed by heightened \overline{EKE}_{sat}
 483 is not clear in all eight hot spots, but we note that the ACC is much more complicated
 484 than an idealized model and that we do not expect to see the characteristic pattern of
 485 storm tracks everywhere, especially in regions of complicated bathymetry. Nevertheless,
 486 in the three regions of enhanced $[\overline{EHF}]_{sat}$ in Figure 9, as well as in DP observations, the
 487 peaks in H^{*2} (or H^* and thus $[\overline{EHF}]$) generally occur where \overline{EKE} is increasing in the
 488 along-stream direction.

4.2. Comparison with observations

489 Observations of EHF in the Southern Ocean are sparse, and contamination by the
 490 dynamically irrelevant rotational EHF can confound interpretation. A large rotational
 491 component can be removed from the full EHF in CPIES measurements by using the
 492 depth-independent, near-bottom, reference velocities (the technique used by *Watts et al.*
 493 [2016] and described in Section 2.1) or from current-meter data by projecting the data into
 494 a low-passed shear-coordinate system (used by *Sekma et al.* [2013], *Phillips and Rintoul*
 495 [2000], and *Ferrari et al.* [2014]). When significant depth-mean values are converted
 496 to surface-to-2000 m depth-integrated values, the latter two studies find downgradient
 497 $[\overline{EHF}]$ from south of Tasmania and Drake Passage (respectively) ranging from 17 to
 498 26 MW m⁻¹. *Sekma et al.* [2013] find insignificant depth-mean downgradient values of
 499 EHF in the narrow constraints of Fawn Trough (with a depth-integrated equivalent of
 500 1 MW m⁻¹ or less, depending on the reference frame). The significant values are plotted

501 in Figure 4c (gray and blue triangles) on a log-log scale as a function of H_{sat}^* , where
 502 the standard deviation is taken over the sampling period corresponding to the respective
 503 studies. These values, as well as those from cDrake (red squares), fall within the upper
 504 limits of the scatter of all ACC locations in SOSE (Figure 4c).

505 If the rotational component is accurately known at every grid point and well enough
 506 resolved, its contribution to the circumpolar path-integrated EHF is exactly zero, by
 507 definition. The spatial distribution of EHF along contours may still be contaminated
 508 by the rotational component, but the total path-integrated value is purely divergent.
 509 However, if the measurements are noisy or not well resolved around the circumpolar path,
 510 the path-integrated rotational EHF may produce a large false contribution. Our results
 511 of circumpolar path-integrated $[\overline{EHF}]_{sat}$ magnitude decreasing from about 1.06 PW to
 512 0.02 PW in the upper 2000 m of the ACC agree well with the results of *Gille [2003]* from
 513 ALACE floats (0.9 PW decreasing to 0.3 PW across the ACC) and *Zhiwei et al. [2014]*
 514 from ARGO floats (0.38 PW in the ACC band of streamlines). It can be noted that the
 515 alternating poleward-equatorward EHF found in ARGO float data by *Zhiwei et al. [2014]*
 516 may be due to contamination of the signal locally by a large rotational component, and
 517 may not be dynamically relevant.

4.3. Across-stream structure of $\oint [\overline{EHF}]_{sat}$

518 4.3.1. Implications for Southern Ocean heat budget

519 In a balanced world, the amount of heat crossing a streamline’s vertical-circumpolar
 520 surface is equal to the total air-sea heat flux out of the sea surface encompassed south
 521 that closed streamline. In this case, the circumpolar and vertical integral of total heat
 522 flux across streamlines of \overline{SSH}_{sat} must balance the air-sea flux of heat out of the ocean

523 to its south (neglecting a nominal mean geothermal heating from the seafloor of less than
 524 50 mW m^{-2} [Adcroft *et al.*, 2001]). Estimates of air-sea flux come with uncertainties of up
 525 to 70% [Large and Nurser, 2001], yet the general consensus between models [e.g. Volkov
 526 *et al.*, 2010; Meijers *et al.*, 2007] and bulk formulae estimates [Large and Nurser, 2001] is
 527 on the order of tenths of petawatts out of the Southern Ocean. Several recent studies have
 528 used 0.4 PW as a typical value [e.g. Watts *et al.*, 2016; Sekma *et al.*, 2013]. Historically,
 529 60°S has been chosen as the latitude of integration because the ocean is unblocked by
 530 land at all longitudes there. However, around the globe the ACC spans a wide range of
 531 latitudes and it makes more sense conceptually to integrate along a circumpolar streamline
 532 instead.

533 The total heat flux across mean ACC streamlines is a combination of eddy and mean
 534 heat fluxes. While *de Szoeke and Levine* [1981] show that the mean heat flux is dominated
 535 by the ageostrophic Ekman heat flux (\overline{EkHF}), *Peña-Molino et al.* [2014] show that there is
 536 also a non-negligible contribution from the non-equivalent barotropic veering of the mean
 537 baroclinic velocity field ($\overline{nonEBHF}$). *Levitus* [1987] use monthly climatological wind and
 538 sea surface temperature to estimate global Ekman heat flux. Integrating along latitudes,
 539 those authors find $\overline{EkHF} = 0.38 \text{ PW}$ at 50.5°S (i.e. northward heat flux) that decreases
 540 to 0.00 PW at 61.5°S . More recently, *Abernathey and Cessi* [2014] calculate a northward
 541 \overline{EkHF} to be 0.3 PW at the PF in SOSE, agreeing with the climatology-based estimate
 542 of *Levitus* [1987]. Additionally, *Peña-Molino et al.* [2014] show that the non-equivalent
 543 barotropic component of the mean geostrophic velocity contributes -0.2 PW entering the
 544 northern edge of the ACC and 0.0 PW exiting the southern edge, i.e. downgradient
 545 $\overline{nonEBHF}$. Thus, we consider the mean heat flux across the PF to be a combination

546 of 0.3 PW of \overline{EkHF} and -0.1 PW of $\overline{nonEBHF}$, to give a total of 0.2 PW in the
 547 northward/upgradient direction.

548 Our estimates of $\oint[\overline{EHF}]_{sat}$ find -0.24 ± 0.02 PW crossing the PF (Figure 6a; Table 1).
 549 When $\oint[\overline{EHF}]_{sat}$ is scaled up to “full-depth” ACC using the factor of 1.3 from the mean
 550 ratio of $[\overline{EHF}]_{cDrake}$ integrated from the surface to 3500 m to that integrated to 2000 m
 551 depth (see Section 2.2), we find -0.31 PW crosses PF (Figure 6a). Total heat flux across
 552 the PF, the combination of 0.2 PW (northward/upgradient) mean heat flux and -0.3 PW
 553 due to eddies, is -0.1 PW. Thus, ocean processes transport 0.1 PW across the PF towards
 554 Antarctica and the southern seas. The air-sea flux required to balance the total heat flux
 555 across the PF estimated here, i.e. an ocean loss of 0.1 PW to the atmosphere south of the
 556 PF, is well below the 0.4 PW cited above. We note that it falls just outside of the 70%
 557 uncertainty associated with the current estimate of air-sea flux. While the estimates given
 558 here have uncertainties of their own, as the sum of small terms where the sign seems well
 559 established, the uncertainties are less than the 0.3 PW difference from 0.4 PW of air-sea
 560 heat flux. We suggest that 0.4 PW is an overestimate of the air-sea heat flux south of
 561 the PF. Direct observations of the air-sea heat flux over the Southern Ocean are needed
 562 to better constrain the Southern Hemisphere heat budget, as its magnitude is estimated
 563 here as a residual.

564 4.3.2. Inferences from lateral heat convergence

565 The shape of $\oint[\overline{EHF}]_{sat}$ as a function of \overline{SSH}_{sat} in Figure 6a implies a convergence of
 566 heat by eddies across all the streamlines of the ACC. On the southern edge of the ACC,
 567 $\oint[\overline{EHF}]_{sat}$ approaches zero. This is in agreement with the modeling work of *Volkov et al.*
 568 [2010] where path-integrated \overline{EHF} is negligible south of 65°S. Interestingly, the shape of

569 the $\oint[\overline{EHF}]$ curve north of the SAF where the flux is dominated by interactions with the
 570 subtropical western boundary currents differs greatly between SOSE and satellite data.
 571 Comparison of Figure 5a and 6a reveals an enhanced convergence of $\oint[\overline{EHF}]_{sat}$ north of
 572 the SAF that is not apparent in $\oint[\overline{EHF}]_{SOSE}$ or $\oint[\overline{EHF}]_{SOSE-fit}$. Volkov *et al.* [2010]
 573 also show enhanced latitudinally integrated \overline{EHF} convergence around 60°S. SOSE, on the
 574 other hand, has a divergence of $\oint[\overline{EHF}]_{SOSE}$ and $\oint[\overline{EHF}]_{SOSE-fit}$ north of the SAF. Close
 575 inspection of H_{SOSE}^* and H_{sat}^* (via $[\overline{EHF}]_{sat}$) reveals a different pattern and magnitude of
 576 the SSH variability, especially at the BMC (Figure 3a and 7a). The complex bathymetry
 577 of the Argentine Basin, the Zappiolo Anticyclone, and the exact location of the fronts have
 578 a large impact on the $[\overline{EHF}]$ in the region. Further observations and higher resolution
 579 modeling studies are needed to determine processes controlling the pattern and strength
 580 of $[\overline{EHF}]$, especially in this particular region.

581 The convergence of $\oint[\overline{EHF}]_{sat}$ throughout the ACC implies an along-stream tempera-
 582 ture change at the $[\overline{EHF}]_{sat}$ hot spots. Assuming there are no sources or sinks of heat at
 583 mid-depth in the ACC and a steady-state long-term mean in stream-wise temperature, the
 584 temperature equation reduces to a balance between along-stream temperature advection
 585 and cross-stream (or downgradient) \overline{EHF} convergence, i.e. $U(\partial T/\partial s) = -(\partial/\partial n)\overline{V'T'}$.
 586 Here, U and V are the down- and cross-stream components of the velocity at, say, 500 m
 587 depth. Note that in simplifying this equation, we assume divergence of along-stream $\overline{U'T'}$
 588 is small and there is no mean cross-stream velocity. This can be rearranged to estimate
 589 the scale of downstream temperature changes, $\Delta T = -(\overline{EHF}/U)(L_s/L_n)$, where L_s and
 590 L_n are down- and cross-stream length scales. We use scales based on the observed mean
 591 structure of the PF and EHF in Drake Passage. The mean width of the PF is on the order

592 of 100 km and has a mean downstream bottom-referenced U_{bcb} of 0.4 m s^{-1} at 500 m depth
 593 (taken from Figure 4 of *Foppert et al.* [2016]). A typical value of $\overline{V'T'}$ near the PF is about
 594 $0.01 \text{ m s}^{-1} \text{ }^\circ\text{C}$ at 500 m depth (taken from Figure 10 of *Watts et al.* [2016]). This implies
 595 an increase in temperature on the order of 0.1°C along a 400 km path downstream of a
 596 major bathymetric ridge. This magnitude of temperature change may be observable with
 597 available hydrographic data (e.g. with Argo floats). Interestingly, *Foppert et al.* [2016]
 598 found, for relatively stable time periods, a depth-mean temperature difference of 0.3°C
 599 between a composite-mean PF upstream and downstream of the SFZ, some of which may
 600 be due to a convergence of \overline{EHF} in the downstream jet.

601 The above posited increases in temperature at each of the $[\overline{EHF}]_{sat}$ hot spots are
 602 analogous to the deep changes in buoyancy found in the OFES model by *Thompson*
 603 *and Naveira-Garabato* [2014]. This increased temperature (or buoyancy) associated with
 604 lateral $[\overline{EHF}]_{sat}$ convergence is not able to interact with the atmosphere directly through
 605 air-sea flux, as it occurs throughout the water column. It must, therefore, be incorporated
 606 into the mean circulation of the ACC and leave the ACC laterally through mean heat
 607 flux associated with the overturning circulation (sometimes referred to as the Deacon
 608 cell). This is a topic of immediate interest, to both confirm the estimate of along-stream
 609 ΔT done here and to gain understanding of the relative importance of each hot spot of
 610 $[\overline{EHF}]_{sat}$.

4.4. Along-stream structure of $[\overline{EHF}]_{sat}$

611 In a broad sense, the locations of elevated $[\overline{EHF}]_{sat}$ correspond with where the \overline{SSH}_{sat}
 612 contours pinch together (Figure 7a). This is especially apparent at the PAR where the
 613 latitudinal width between the SAF and the southern edge of the ACC reduces to less than

614 half its upstream width before expanding again downstream, i.e. from more than 10° wide
 615 at 192°E to 4° wide at 215°E back to 10° wide by 232°E . *Thompson and Naveira-Garabato*
 616 [2014] find a similar pinching together and widening of mean streamlines associated with
 617 standing meanders set by steep bathymetry in the OFES model. The nearly flat sections
 618 of lines in Figure 7b, like that found in the Bellingshausen Basin ($220 - 290^\circ\text{E}$), have a
 619 nearly inconsequential effect on the total $\oint[\overline{EHF}]_{sat}$. These are regions where *Thompson*
 620 *and Naveira-Garabato* [2014] showed a gradual steepening of buoyancy surfaces along the
 621 path of the ACC. These stretches of minimal $[\overline{EHF}]_{sat}$ accumulation can occur across
 622 the entire ACC, e.g. in the Bellingshausen Basin, or across a subset of \overline{SSH}_{sat} contours.
 623 While $\oint[\overline{EHF}]_{sat}$ has nearly constant convergence south of the SAF (implied by the nearly
 624 constant slope in Figure 6a), when neighboring \overline{SSH}_{sat} contours have different strengths of
 625 $[\overline{EHF}]_{sat}$, the convergence of heat between the streamlines is locally enhanced or reduced.

626 The relative contribution of heat to the total $\oint[\overline{EHF}]_{sat}$ at each hot spot depends on the
 627 \overline{SSH}_{sat} contour, or path, chosen for integration. Western boundary current interactions
 628 are the prominent mechanism of $[\overline{EHF}]_{sat}$ across the northern streamlines of the ACC,
 629 whereas interactions with bathymetric features become increasingly important for the
 630 central and the southern streamlines. Figure 7b and Table 1 show the percentage of total
 631 $\oint[\overline{EHF}]_{sat}$ at each hot spot. The different relative contributions of each hot spot to the
 632 total $\oint[\overline{EHF}]_{sat}$ confounds extrapolation from local observations. Prior knowledge of the
 633 number of hot spots around the ACC band alone is not enough; it is also necessary to
 634 know the relative contribution of each. Additionally, some of the more influential hot
 635 spots have been relatively under studied or under observed. In particular, much focus has
 636 been on fluxes across the ACC in DP [e.g. *Watts et al.*, 2016; *Ferrari et al.*, 2014; *Bryden,*

1979], when, in fact, the BMC contributes a greater percentage of the total $\oint [\overline{EHF}]_{sat}$ across the northern flank of the ACC and the SAF, and contributes a greater absolute value of $[\overline{EHF}]_{sat}$ to the Southern Ocean heat budget than DP (Figure 7; Table 1).

That the percent of total $\oint [\overline{EHF}]_{sat}$ at each $[\overline{EHF}]_{sat}$ hot spot depends on the chosen \overline{SSH}_{sat} implies a hand-off of heat between mean streamlines of the ACC (Figure 7b and Table 1). In other words, heat that enters the ACC through $[\overline{EHF}]_{sat}$ in the BMC or ARC is able to cross the next front when it encounters a subsequent $[\overline{EHF}]_{sat}$ hot spot downstream. Eventually, it can exit the ACC southward at, most likely, either the SWIR or KP. To the extent that $[\overline{EHF}]_{sat}$ is driven by baroclinic instability events that act to transport heat across strong upper water column fronts, the heat may cross the more quiescent regions of the ACC through another process, e.g. the mean heat flux due to the non-equivalent barotropic component of the velocity described by *Peña-Molino et al.* [2014].

Each region of elevated $[\overline{EHF}]_{sat}$ found in this study has its own unique properties of background mean flow and bathymetry that together set the amplitude of the standing meander. For example, the strongest $[\overline{EHF}]_{cDrake}$ found in *Watts et al.* [2016] is in the Polar Frontal Zone, an inter-frontal zone between the SAF and PF, where there are warm-core rings pinching off the SAF and cold-core rings pinching off the PF. *Chapman et al.* [2015] show that the amount of \overline{EKE} produced and the amount of \overline{EHF} (characterized by vertical wave activity flux) decrease with a decreasing amplitude of the standing meander. That is, the amount of \overline{EHF} and \overline{EKE} depends on the amplitude of the standing meander, forced by the unique configuration of bathymetry and mean flow, that triggers the baroclinic instability process. The extension to biological productivity is unclear, yet

660 there have been observations that warm and cold core rings have different implications
 661 for chlorophyll distributions and primary production at the SWIR [Ansonge *et al.*, 2010].
 662 Thus, it is crucial to have a good understanding of the background mean flow in order
 663 to quantify, and perhaps predict, the amount of $[\overline{EHF}]$ crossing the ACC locally at each
 664 hot spot and the implications thereof.

4.5. Temporal trends of $[EHF]_{sat}$

665 There has been discussion in recent literature about the ACC eddy field's response to in-
 666 creasing and poleward-shifting winds in the Southern Ocean [e.g. Meredith and Hogg, 2006;
 667 Hogg *et al.*, 2014; Meredith, 2016]. In this study, the long-term trend in low-frequency
 668 $[EHF]_{sat}$ in each hot spot is diagnosed in a running-mean sense using 4-year subsets of
 669 H_{sat}^* overlapped by 2 years (Figure 8). This reduces any variability occurring on time
 670 scales shorter than a few years, while retaining enough data to appropriately calculate
 671 trends. We find that the long-term trends from 1993 through 2014 vary in both sign and
 672 magnitude depending on location in the ACC, with only three of the eight $[\overline{EHF}]_{sat}$ hot
 673 spots showing significant trends of increasing poleward heat fluxes.

674 Hogg *et al.* [2014] find positive long-term linear trends in EKE from 1993 through 2012
 675 in the Indian and Pacific sectors of the Southern Ocean, and no trend in the Atlantic,
 676 associated with intensifying circumpolar winds. Those authors define an Indian sector
 677 that includes the KP and part of SEIR, two regions where we find significant increases in
 678 $[\overline{EHF}]_{sat}$ magnitude (Figure 8b). The BMC, the other hot spot with a significant trend of
 679 increasing $[\overline{EHF}]_{sat}$ magnitude, is not included in the Atlantic sector defined by Hogg *et al.*
 680 [2014]. It is important to note that the trends in EKE represent trends in oceanic storm
 681 track intensity, and do not necessarily represent trends in EHF [Treguier *et al.*, 2010].

682 In other words, the eddies may persist longer with enhanced EKE, but the amount of
 683 baroclinic growth and EHF could remain the same or even decrease. *de Souza et al.* [2013]
 684 find an increase in southward heat flux, based on an eddy diffusivity parameterization from
 685 sea level anomaly and mean temperature gradient, equivalent to $0.78\% \text{ yr}^{-1}$ of the total
 686 across the circumpolar PF. While that trend was calculated over a 4-year record from
 687 2006 through 2009, the magnitude of the trend as a percentage of the mean falls within
 688 the range of values from the $[\overline{EHF}]_{sat}$ hot spots presented in the legend of Figure 8b.

689 Table 1 shows that 47% of the total $\oint[\overline{EHF}]_{sat}$ that crosses the southern edge of the
 690 ACC occurs in the Indian sector of the Southern Ocean (i.e. at SWIR and KP). Recent
 691 findings have pointed out several source locations for Antarctic Bottom Water with up to
 692 40% produced in the Indian Sector [e.g. *Jacobs, 2004; Meredith, 2013*]. The $[\overline{EHF}]_{sat}$ at
 693 SWIR and KP may act as direct sources of heat to the shelf and slope waters by baroclinic
 694 eddies. Both regions show large trends of $[EHF]_{sat}$ over the satellite record, respectively,
 695 of 0.26 MW m^{-1} and -0.27 MW m^{-1} (Figure 8). Note that the signs of these trends are
 696 opposite, with increasing $[EHF]_{sat}$ magnitude at KP and decreasing $[EHF]_{sat}$ magnitude
 697 at the SWIR. These changes in $[EHF]_{sat}$ could have consequences on amount of Antarctic
 698 Bottom Water formed in the Indian sector of the Southern Ocean.

5. Conclusion

699 SSH standard deviation (H^*) and time-mean, depth-integrated, divergent, downgra-
 700 dient eddy heat flux ($[\overline{EHF}]$) are related through a power law that is quantified using
 701 SOSE. The pattern of $[\overline{EHF}]_{sat}$ in the Southern Ocean estimated from satellite altimetry
 702 is strongly tied to large local bathymetric features and interactions with western bound-
 703 ary currents of the subtropical gyres. Heat enters the northern ACC from the subtropical

gyres, mainly through interactions at the BMC and ARC, and appears to take a cir-
 cuitous path before exiting the southern edge of the ACC. Pulses of $[\overline{EHF}]_{sat}$ occur at
 different locations along different \overline{SSH}_{sat} contours. Integrated along circumpolar stream-
 lines within the ACC band, $\oint[\overline{EHF}]_{sat}$ has a maximum value of 1.06 PW and a minimum
 of 0.02 PW, with an estimated uncertainty of 0.02 PW. This implies a convergence of heat
 due to eddies between circumpolar streamlines of the ACC, particularly for those north
 of the SAF. The values of $\oint[\overline{EHF}]_{sat}$ found here fall within the values of estimated from
 circumpolar extrapolation from local observations [e.g. *Watts et al., 2016; Phillips and*
Rintoul, 2000], found in model simulations [e.g. *Meijers et al., 2007; Volkov et al., 2010*],
 and calculated from float data [e.g. *Gille, 2003; Zhiwei et al., 2014*].

Each region of elevated $[\overline{EHF}]_{sat}$ tied to ACC interactions with bathymetry has its
 own unique configuration of mean flow and bathymetry that sets the size of the standing
 meander and the strength of EHF. Significant long-term increases in $[EHF]_{sat}$ magnitude
 occurring at KP and SEIR may be related to the intensifying westerly winds over the
 ACC. On the other hand, the significant increases in $[EHF]_{sat}$ magnitude at the BMC
 and small insignificant trend of the opposite sign at the ARC are likely related to changes
 in the strength of the subtropical gyres and/or changes in water mass properties more
 so than to changes in circumpolar wind stress over the Southern Ocean. It could be
 suggested that if the major fronts of the ACC shift southward due to changes in the
 winds, the locations of direct sources of heat out of the ACC towards the Antarctic slope
 and shelf could change. That is, the shifted jets may have to negotiate different parts of
 the ridge systems with concomitant changes regarding where $[\overline{EHF}]_{sat}$ hot spots occur in
 the ACC and how much heat crosses the southern edge of the ACC due to eddies.

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Table 1. $[\overline{EHF}]_{sat}$ at hot spots of eddy activity along 5 \overline{SSH}_{sat} contours^a

Label	\overline{SSH}_{sat} [m]	ARC	BMC	SWIR	KP	SEIR	MR	PAR	DP	total [PW]
N-Edge	0.3	42	47	–	–	5	–	1	–	-1.06
SAF	-0.1	14	27	1	6	16	14	4	12	-0.33
PF	-0.4	1	13	15	6	15	12	6	23	-0.24
SACCF	-0.8	–	7	22	21	15	3	6	15	-0.08
S-Edge	-1.0	–	11	26	21	7	3	9	7	-0.02

^a Hot spot values presented as a percent of the total circumpolar path-integrated values (last column). Hot spots with less than 0.5% of the total $\oint[\overline{EHF}]_{sat}$ are left empty. All regions are defined by their longitudinal limits shown in Figure 7b. The SWIR, ARC and KP have additional latitudinal limits, as do DP and BMC, so that there is no overlap between regions. See text for abbreviations (Section 3.2).

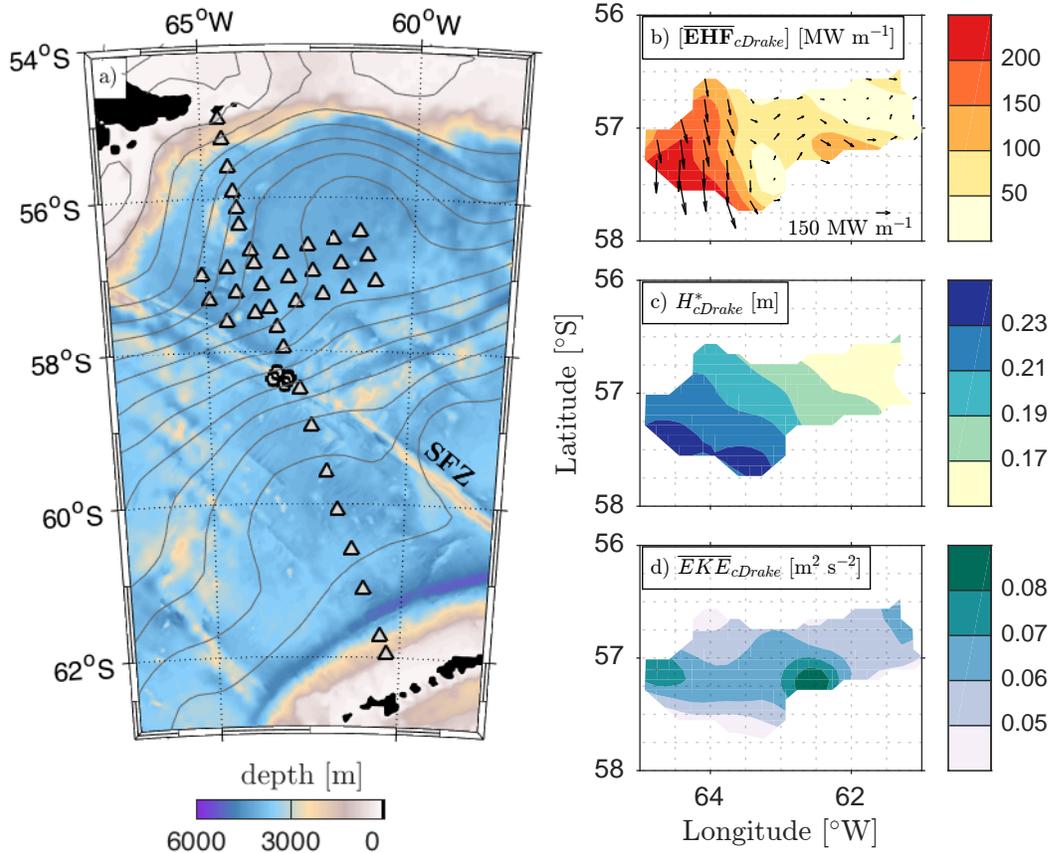


Figure 1. cDrake results. (a) Map of bathymetry [m] from *Smith and Sandwell [1997]* merged with multi-beam data (filled color contours) and the cDrake array of CPIES (triangles) in Drake Passage. The submarine ridge spanning Drake Passage, the Shackleton Fracture Zone (SFZ) is labelled in the southern passage. The circles represent the subset of CPIES deployed in the final year of the experiment. The nearly 23.5-year mean SSH field (described in Section 2.3) is shown as gray lines with a contour interval of 0.1 m. (b) $[\overline{EHF}]_{cDrake}$ [MW m^{-1}]: 4-year mean depth-integrated (surface to 3500 m) eddy heat flux magnitude from the mapped CPIES variables with a contour interval of 50 MW m^{-1} . The arrows indicate the direction of $[\overline{EHF}]_{cDrake}$ at every other point on the mapped grid. (c) H_{cDrake}^* [m]: SSH_{cDrake} standard deviation over the 4 years, from 2007 through 2011, with a contour interval of 0.02 m. (d) \overline{EKE}_{cDrake} [$\text{m}^2 \text{s}^{-2}$]: 4-year mean surface eddy kinetic energy with contour interval of 0.01 $\text{m}^2 \text{s}^{-2}$.

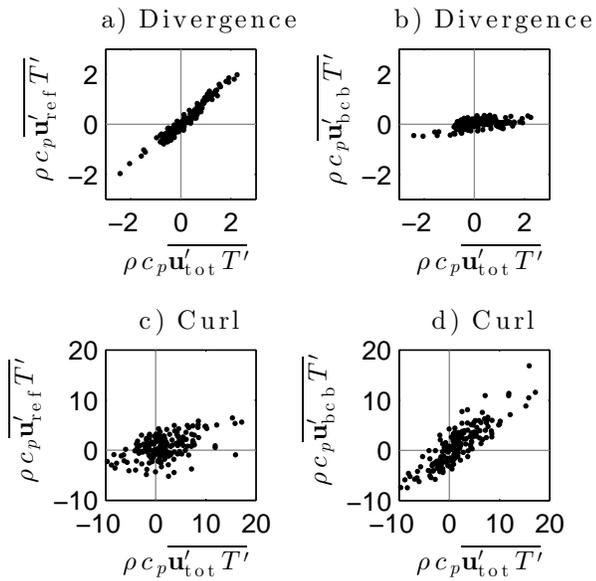


Figure 2. Divergence (a,b) and curl (c,d) of total EHF ($\rho c_p \overline{\mathbf{u}'_{tot} T'}$) compared to the reference EHF ($\rho c_p \overline{\mathbf{u}'_{ref} T'}$) and baroclinic EHF ($\rho c_p \overline{\mathbf{u}'_{bc} T'}$) at 400 m depth within the local dynamics array of CPIES in Drake Passage in units of W m^{-3} . The total EHF on the x-axis is plotted against the reference EHF (a,c) and baroclinic EHF (b,d) on the y-axis.

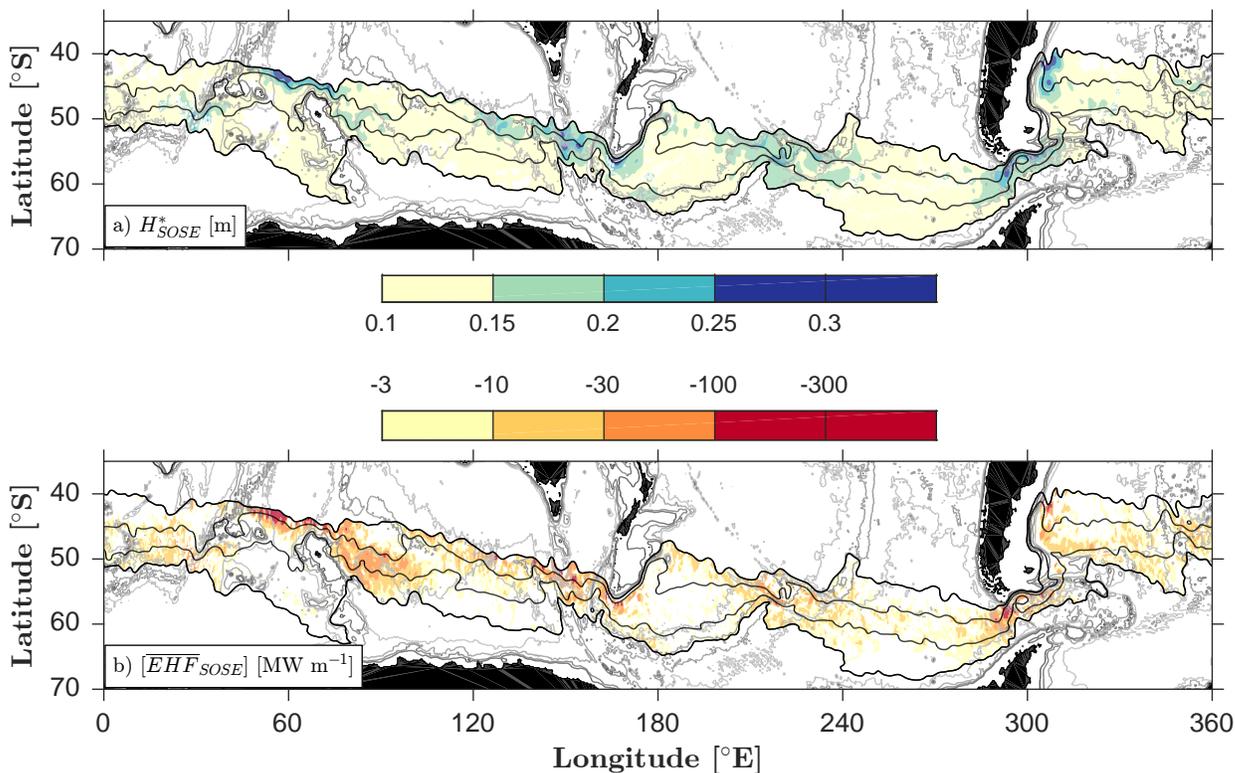


Figure 3. SOSE maps of the Southern Ocean with model depth contoured every 1000 m in gray and mean circumpolar streamlines defining outer edges of the ACC band ($\overline{SSH}_{SOSE} = -0.8$ to 0.2 m) and two more central contours ($\overline{SSH}_{SOSE} = -0.5$ and -0.1 m) in black. (a) H_{SOSE}^* [m]: daily SSH_{SOSE} standard deviation over the 6 years of SOSE Iteration 100, from 2005 through 2010. Values less than 0.1 m are left unshaded and those greater than 0.25 m are dark blue. Note that all values greater than 0.3 m are only found in the Agulhas Return Current and Brazil-Malvinas Confluence regions. (b) $[\overline{EHF}]_{SOSE}$ [$MW\ m^{-1}$]: time-mean depth-integrated (surface to 2000 m) cross-frontal eddy heat flux calculated in SOSE. Only negative (i.e. down gradient) values are plotted. Values with a magnitude less than 3 $MW\ m^{-1}$ are left unshaded and those greater than 100 $MW\ m^{-1}$ are dark red. Note that all values greater than 300 $MW\ m^{-1}$ are only found in the Agulhas Return Current and Brazil-Malvinas Confluence regions.

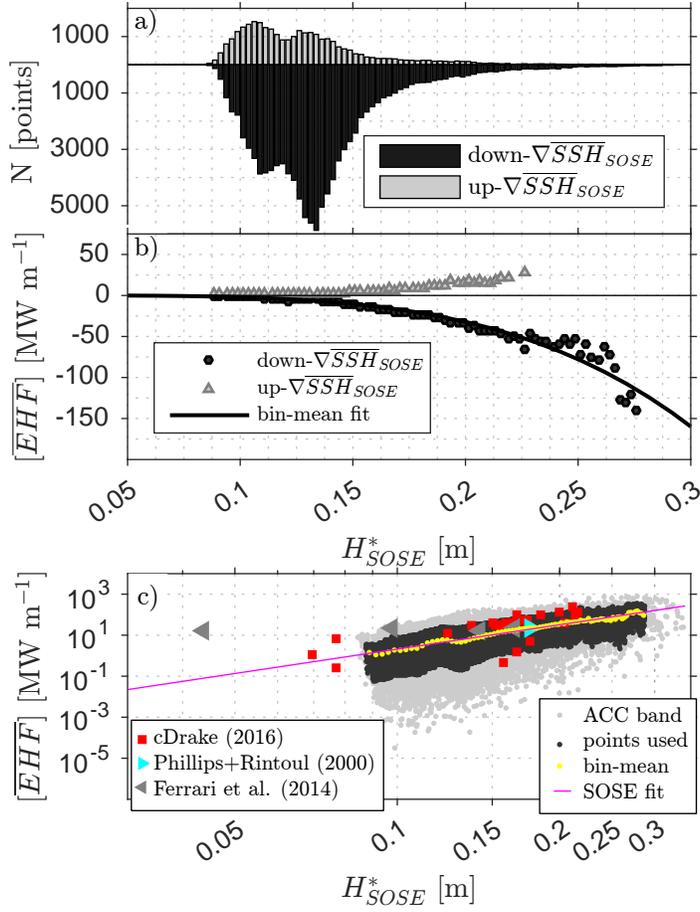


Figure 4. (a) Cross-frontal eddy heat flux calculated in SOSE, $[\overline{EHF}]_{SOSE}$, as a function of \overline{SSH}_{SOSE} standard deviation, H_{SOSE}^* [m], within the ACC band of mean streamlines ($\overline{SSH}_{SOSE} = -0.8$ to 0.2 m). Gray/black bars indicate a heat flux up/down the \overline{SSH}_{SOSE} gradient. (b) $[\overline{EHF}]_{SOSE}$ [MW m $^{-1}$] averaged within 0.025 m-wide H_{SOSE}^* bins. Upgradient (gray triangles) and downgradient (black circles) $[\overline{EHF}]_{SOSE}$ are averaged independently and only bins containing greater than 30 points are considered. The black line represents the bin-averaged power-law fit used in this study. (c) Downgradient $[\overline{EHF}]$ values as a function of H^* from several sources are plotted on a log-log scale. Points from SOSE within the ACC used for the bin-averaged fit (black dots), points considered outliers (light gray dots), and bin-averaged points (yellow dots) are all shown. The magenta line represents the bin-mean power-law fit (Equation 4). cDrake points (red squares) and other significant observations of $[\overline{EHF}]$ in the

ACC (triangles) are plotted as a function of H_{sat}^* over their respective time periods.

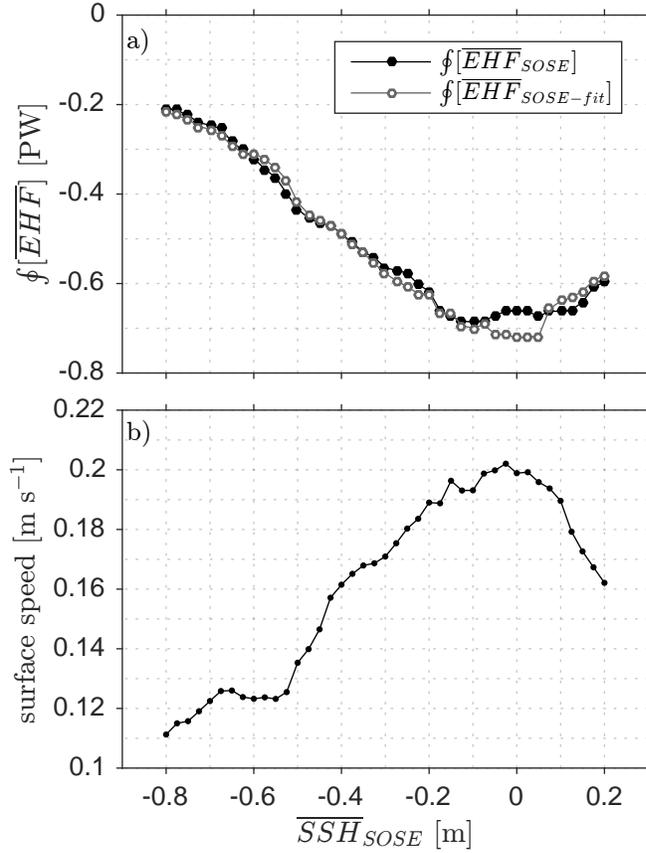


Figure 5. (a) Circumpolar path-integrated $\oint [EHF]$ [PW= 10^{15} W] calculated directly in SOSE ($\oint [EHF]_{SOSE}$; black filled circles) and estimated from the bin-averaged power law fit to H_{SOSE}^* ($\oint [EHF]_{SOSE-fit}$; gray open circles). Negative values indicate a flux in the downgradient direction, i.e. towards Antarctica and the southern seas. (b) Mean geostrophic speed [m s⁻¹] at 5 m depth along circumpolar \overline{SSH}_{SOSE} contours.

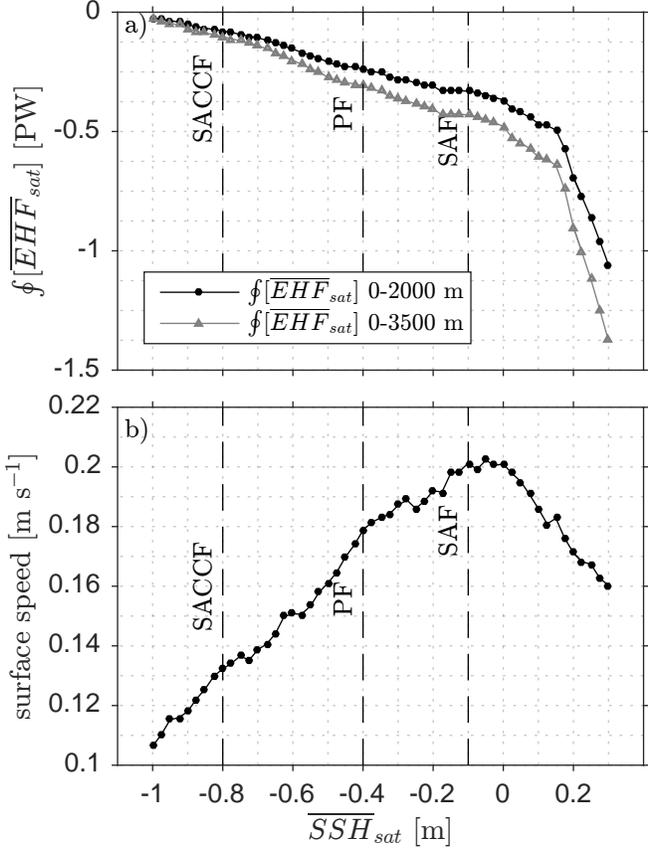


Figure 6. (a) $\oint [\overline{EHF}]_{sat}$ [PW] estimated from H_{sat}^* over the full-length (nearly 23.5 years) record of SSH_{sat} using the Southern Ocean power law in Equation 4 (black circles). The estimate is scaled up using the average ratio of surface-to-2000 m to surface-to-3500 m $[\overline{EHF}]_{cDrake}$ of 1.3 to a full-depth, i.e. surface to 3500 m, integration (gray triangles). (b) Mean surface geostrophic speed [m s^{-1}] along circumpolar \overline{SSH}_{sat} contours. Nominal positions of the major fronts of the ACC are labelled.

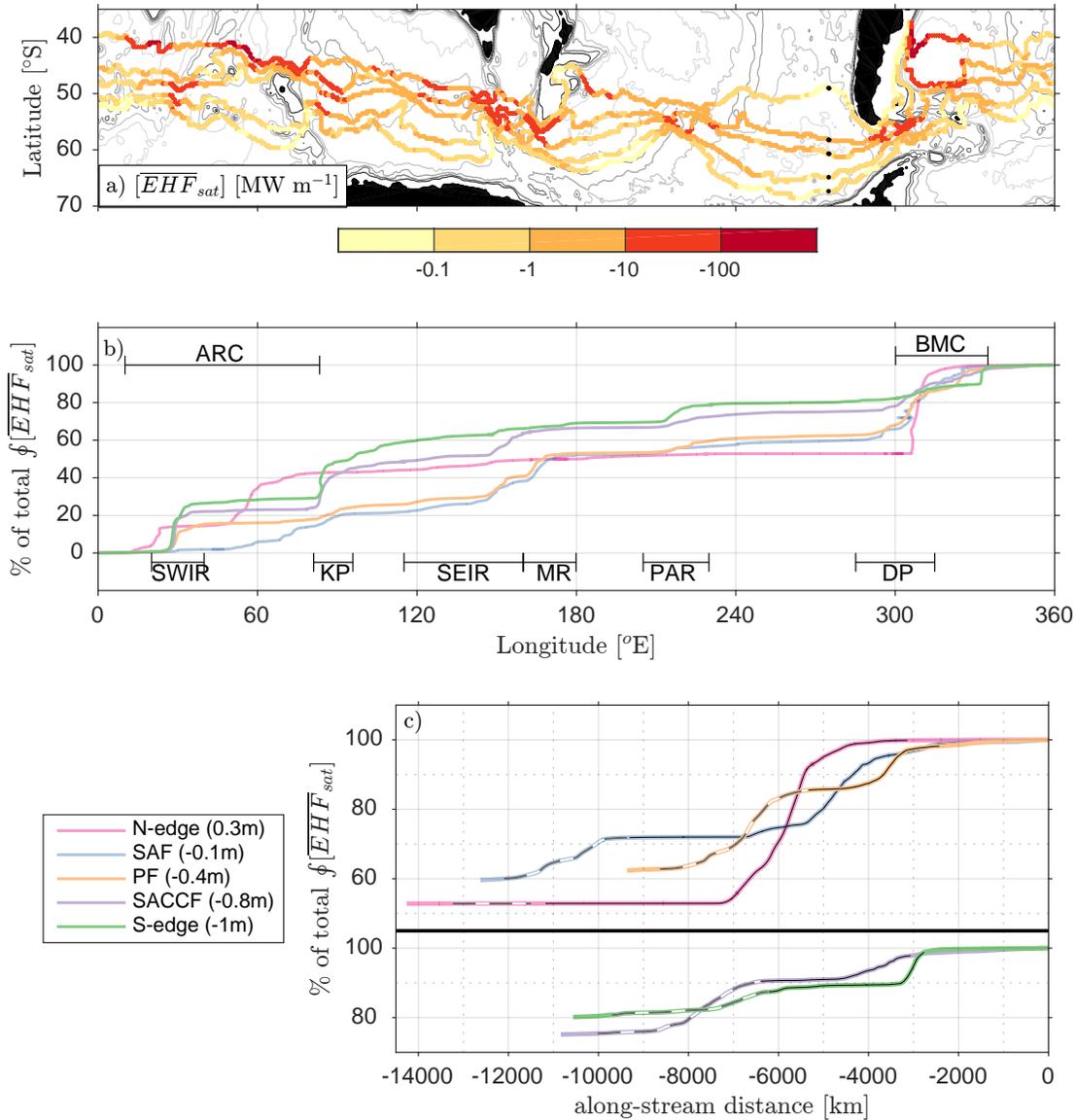


Figure 7. (a) $[EHF]_{sat}$ $[\text{MW m}^{-1}]$ along circumpolar streamlines. (b) Cumulative percent of total $f[EHF]_{sat}$ along the five \overline{SSH}_{sat} contours in panel (a) as a function of longitude. Longitudinal ranges of the eight $[EHF]_{sat}$ hot spots are denoted by the horizontal bars and labelled. (c) An alternative view of the DP and BMC regions: cumulative percent of total $f[EHF]_{sat}$ along the \overline{SSH}_{sat} contours in panel (a), with the three northern streamlines in upper panel and the two southern streamlines in lower panel, as a function of along-stream distance east of 275°E (black dots in (a)), such that 0 km is 360°E . Within the colored lines, the DP region is designated by the thin white and gray dashed line and the BMC region is designated by the thin solid black line.

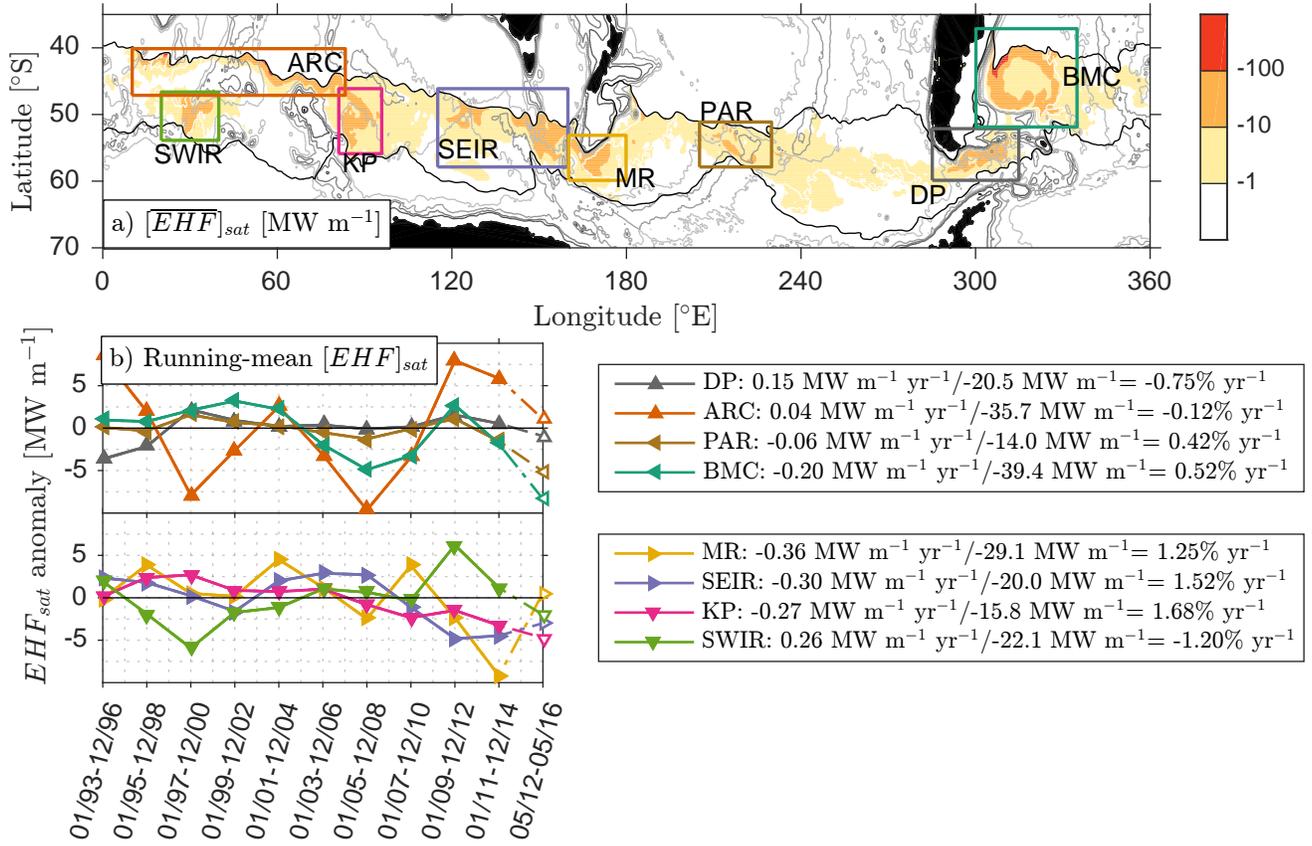


Figure 8. (a) Map of $[\overline{EHF}]_{sat}$ [MW m⁻²]. The eight hot spots of $[\overline{EHF}]_{sat}$ are designated by the colored boxes and labelled. (b) Time series of running-mean $[EHF]_{sat}$ anomaly averaged over points within each box where $[\overline{EHF}]_{sat} \leq -10$ MW m⁻². Each colored line represents a particular $[\overline{EHF}]_{sat}$ hot spot and the colors are consistent with the colored boxes identifying the different regions in panel (a). The legends list the slope of the linear regression divided by the regional mean (using points where $[\overline{EHF}]_{sat} \leq -10$ MW m⁻²) to express each as a percent per year for each hot spot. KP, SEIR, and BMC are the regions with statistically significant trends.

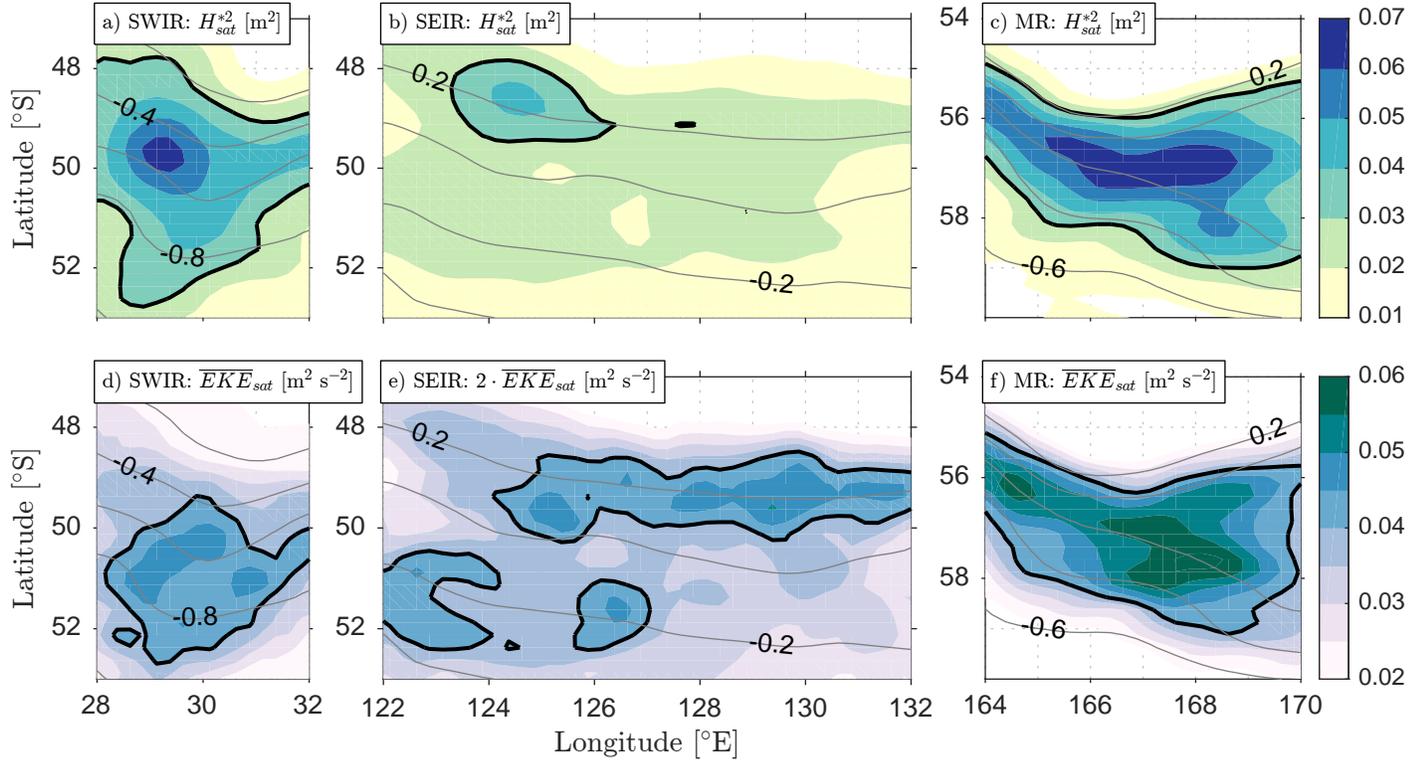


Figure 9. Observations of oceanic storm tracks highlighting the spatial offset between H_{sat}^{*2} [m²] (a-c) and \overline{EKE}_{sat} [m² s⁻²] (d-f) in a subsection of three $[\overline{EHF}]_{sat}$ hotspots: Southwest Indian Ridge, Southeast Indian Ridge, and Macquarie Ridge (SWIR, SEIR, and MR). Note that H_{sat}^{*2} is presented here because it is more similar unit-wise to EPE than H_{sat}^* , and thus more analogous to \overline{EKE} . The contour interval for H_{sat}^{*2} is 0.01 m² and the $H_{sat}^{*2} = 0.03$ m² contour in black. The contour interval for \overline{EKE}_{sat} is 0.005 m² s⁻¹, with $\overline{EKE}_{sat} = 0.04$ m² s⁻² in black. Note also that we present $2 \cdot \overline{EKE}_{sat}$ in the region within the SEIR (panel e), so that we can use consistent colorbar limits. Therefore, the black line represents $\overline{EKE}_{sat} = 0.02$ m² s⁻² in the SEIR region. The gray contour lines overlaid in each panel represent \overline{SSH}_{sat} with a contour interval of 0.2 m and values are given by the numeric label.