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Regulatory T cell epitopes (Tregitopes) in IgG induce tolerance in vivo and lack immunogenicity per se

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Abstract

Tregitopes are a set of epitopes, derived from IgG, that bind to MHCII, activate nTregs, and promote tolerance. We have now confirmed that coadministration of Tregitopes with a range of proteins (autoantigens and nominal antigens, such as OVA) in vivo and in vitro leads to suppression of T cell and antibody responses to the test antigens. In this study, we demonstrate that Tregitopes are not immunogenic in vivo even when emulsified with strong adjuvants, such as IFA or CFA. Moreover, in vivo administration of Tregitopes with IFA or CFA does not induce Th1 or Th2 cytokine expression under restimulation conditions in vitro. We investigated tolerance induction by codelivering Tregitopes with OVA using B cells. When B cells were pulsed with OVA plus Tregitopes and transferred into naïve mice, we found that cellular and humoral immune responses to the OVA were suppressed. As a result of their ability to induce Tregs and the absence of immunogenicity in the context of strong adjuvants, Tregitopes might be considered a novel immunomodulatory approach for the suppression of immune responses to protein therapeutics (such as FVIII and mAb), as well as for treatment of autoimmune diseases. J. Leukoc. Biol. 94: 377–383; 2013.

Introduction

Antigen-specific immunotherapies for tolerance induction are desirable for autoimmune diseases, transplantation, and allergy, as well as for protein therapeutics that have been associated with clinical immunogenicity. Tolerance to self-antigens is controlled through multiple central and peripheral mechanisms. Among them, Tregs play an essential role in controlling peripheral tolerance [1]. CD4⁺CD25⁺FoxP3⁺ nTregs, once activated through the TCR, suppress effector T cells through contact-dependent and -independent mechanisms [2]. Accumulating evidence suggests that nTreg-deficient patients and animals exhibit severe immune deficiencies and sometimes lethal inflammatory conditions [3–5]. Therefore, induction or activation of nTregs may be an ideal approach for therapy of autoimmune diseases. One aspect of nTreg immune responses that remains unresolved is whether their effects are antigen-specific. Much effort has been made to induce or expand antigen-specific nTregs for the purpose of immunotherapy. However, because of the lack of knowledge about the epitopes recognized by nTregs, no effective strategy has been identified to date.

Several lines of evidence suggest that epitopes for nTregs exist in IgG. First, high-dose therapeutic IVlg has been widely used in the clinic to treat multiple autoimmune diseases [6–8]. Whereas several non-Treg-related mechanisms of action of IVlg have been proposed—such as autoantibody neutralization, modulation of expression and function of FcRs, interference with activation of complement and the cytokine network, and modulation of DC maturation and function [9]—additional studies suggest that IVlg also works through Tregs. For example, in an animal model for multiple sclerosis (EAE), prophylactic infusion of IVlg expanded Tregs and prevented disease development in a Treg-dependent manner [10]. Secondly, IgG Fc-containing fusion proteins have been used to induce tolerance in animal models for T1D, EAE, and hemophilia A, via protein or gene therapy [11–14]. In gene therapy animal models of hemophilia A and T1D, we have shown that IgG fusion-induced tolerance depends on nTregs [15, 16].

Tregitopes were first identified when mAb was screened for T cell epitope content. The modulation of the anti-self immune response to antibody hypervariable regions (CDRs) has been the subject of intensive study. To shed light on this phenomenon, we scanned human and murine IgG sequences for

Abbreviations: Δcpm=change in cpm, Ct=comparative threshold, EAE=experimental autoimmune encephalomyelitis, FVIII=Factor VIII, FoxP3=forkhead box P3, hTregitope167/289=human regulatory T cell epitope 167/289, IgG=immunoglobulin G, mTregitope167/289=mouse regulatory T cell epitope 167/289, nTreg=natural regulatory T cell, RORγt=retinoic acid-related orphan receptor γt, T1D=type 1 diabetes, T-bet=T-box transcription factor, Treg=regulatory T cell, Tregitope=regulatory T cell epitope

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T cell epitopes using the EpiMatrix and ClustiMer software algorithms [17]. Several highly conserved, promiscuous T helper epitopes were identified in the Fc and Fab regions of IgG. These were defined as Tregitopes, based on their ability to suppress T cell responses in vitro [17]. hTregitope167 and hTregitope289 contain multiple HLA class II-binding motifs and have been shown to bind to murine and human MHC [17, 18]. In vitro studies demonstrated that these two Tregitopes could activate nTregs and expand inducible Tregs [17]. We have also demonstrated that mTregitope167 and mTregitope289 induced expansion of Foxp3^+ Tregs in a transgenic (DO11.10) mouse model and suppressed the antigen-specific response [19, 20]. More importantly, when diabetes-prone NOD mice were treated with mTregitope167 and mTregitope289 at the onset of diabetes, hyperglycemia was reversed. These results suggest that Tregitopes have excellent immunosuppressive properties that are possibly a result of their ability to activate Tregs [20]. Overall, our data indicate that Tregitopes comprise an excellent candidate for immunomodulation in the context of autoimmunity and/or transplantation.

In this study, we investigated the immunogenicity of Tregitopes, focusing on mTregitope167 (stronger H-2^b^-binding affinity) and mTregitope289 (stronger H-2^d^-binding affinity). These peptides exhibited limited or no immunogenicity in vivo, even when emulsified with CFA or IFA. We also showed that Tregitopes are capable of suppressing immune-responsiveness to OVA when co-delivered with the antigen via B cells. Our results indicate that as an immune-suppression reagent, Tregitopes have very weak immunogenicity that allows for the observed immunomodulatory effect and for their therapeutic potential.

**MATERIALS AND METHODS**

**Mice**

C57BL/6 and BALB/c mice were purchased from The Jackson Laboratory (Bar Harbor, ME, USA). All recipient animals were used at 5–6 weeks of age and housed in pathogen-free microisolation cages in our animal facility.

**Peptides and antibodies**

mTregitope167, mTregitope289, and OVA_{323–339} peptides were synthesized by New England Peptide (Gardner, MA, USA). Anti-IFN-γ capture and detection antibodies were purchased from BD Biosciences (San Jose, CA, USA).

**B cell purification, Tregitope pulsing, and tolerance induction**

B cells were purified from spleens to ~95% homogeneity with anti-T cell antibody cocktails (anti-Thy1, anti-CD4, and anti-CD8), followed by complement (Low-Tox-M; Cedarlane, Burlington, Ontario, Canada). Purified B cells were cultured with RPMI-1640 medium (Gibco; Invitrogen, Carlsbad, CA, USA), supplemented with 5% FBS, 2 mM L-glutamine, and 2-ME. B cells were prestimulated with 5 μg/ml bacterial LPS (Escherichia coli 055:B5; Sigma, St. Louis, MO, USA) overnight. LPS-stimulated B cells were incubated with 100 μg/ml mTregitope167 and mTregitope289, 1 mg/ml OVA protein, or 100 μg/ml mTregitope167 and mTregitope289 plus 1 mg/ml OVA protein for 2 h at 37°C. Cells were washed three times with PBS before transfer of 10^5 cells/mouse into syngeneic mice i.p. Seven to 10 days following injection, animals were immunized in a hind footpad and base of the tail with 25 μg OVA_{323–339} peptide emulsified in CFA. Two weeks later, mice were euthanized, sera were collected, and draining inguinal and popliteal LNs were removed. Cellular and humoral responses were examined by Elispot and ELISA, respectively. Elispot plates were coated with 1 μg/ml anti-IFN-γ capture antibody overnight. LN cells were seeded at 5 × 10^5/well in a 96-well plate in the presence of the indicated concentration of OVA_{323–339} peptide. After 48 h, Elispot plates were developed using biotinylated anti-IFN-γ antibody, followed by HRP-conjugated anti-rat IgG. Elispot plates were read on an ImmunoSpot Elispot counter (Cellular Technologies, Shaker Heights, OH, USA). Antibody titers were determined by the endpoint dilution method. Serial 3-fold dilutions were made in PBS + 2% BSA. The endpoint titer represents the highest dilution of sample with an OD450 reading greater than twofold of blank control.

**Measurement of immune response**

Tregitopes (mixture of mTregitope289 and mTregitope167) were emulsified with IFA or CFA and injected into C57BL/6 or BALB/c mice in one footpad. Each mouse was injected with 12.5 μg mTregitope167 and mTregitope289, with the same amount of OVA_{323–339} peptide (known binder for MHC IA^b^ and IA^a^) used as a control. Two weeks later, draining popliteal and inguinal LNs were removed and assayed for cell proliferation by [3H] thymidine incorporation. LN cells were seeded at 5 × 10^5/well in a 96-well plate in the presence of the indicated concentration of antigen. After 48 h, cultures were pulsed with 1 μCi/well [3H] thymidine and incubated for an additional 16–20 h. Cells were then harvested on glass fiber filters, and incorporated [3H] thymidine was detected via liquid scintillation counting in a Microbeta2 Plate reader (Perkin Elmer, Boston, MA, USA). Data are expressed as Δcpm (by subtraction of the background without antigen). Before pulsing cell cultures with [3H] thymidine, supernatants from a 2-μg/ml antigen culture were collected for a cytokine assay. Production of IL-2, IL-4, IL-5, IL-6, IL-10, IL-12p40, and IFN-γ was determined by ELISA in the Cytokine Core Laboratory at the University of Maryland (Baltimore, MD, USA).

**Real-time PCR**

C57BL/6 mice were immunized with a mixture of mTregitope167 and mTregitope289, OVA_{323–339}, or PBS in IFA in a footpad. Two weeks later, draining LNs were isolated, and cells were treated in vitro with mTregitope167 and mTregitope289 or OVA_{323–339} peptide at 2 μg/ml. Forty-eight hours later, total RNA samples were extracted with a PureLink RNA Mini Kit (Ambion; Life Technologies, Carlsbad, CA, USA), followed by DNase treatment (Turbo DNA-free; Ambion; Invitrogen, Life Technologies, Carlsbad, CA, USA) and transcription into cDNA using the SuperScript VILO cDNA Synthesis Kit (Life Technologies). FAM probes for detecting the expression of T-bet, GATA3, RORγt, and Foxp3 were ordered from Life Technologies (TaqMan Gene Expression assays), and quantitative RT-PCR (10 min at 95°C and 45 cycles of 10 s at 95°C, 30 s at 60°C, and 1 s at 72°C) was performed in the LightCycler 480 system (Roche, Basel, Switzerland). Amplification was done in a total volume of 20 μl using TaqMan Gene Expression Master Mix (Applied Biosystems; Life Technologies). For each sample, mRNA expression was normalized to the detected Ct value of GAPDH. The experiment was performed at the Biomedical Instrumentation Center of the Uniformed Services University of the Health Sciences.

**Statistics**

Paired or unpaired Student’s t-test statistics were applied where indicated.

**RESULTS**

mTregitope167 and mTregitope289 delivered by B cells suppress immune response to OVA protein in vivo

We showed previously that Tregitopes induce Treg expansion in a TCR transgenic mouse model and suppress disease progression in a T1D model [20]. In the latter model, we treated
NOD mice with Tregitopes emulsified in IFA when the mice became hyperglycemic and found that Tregitope treatment could reverse new onset diabetes in the majority of the mice. As IFA is not an ideal adjuvant for the clinic, in this study, we first asked whether Tregitopes could be delivered by other routes for immune suppression. We have used a protocol for tolerance induction that uses B cells as APCs [21, 22]. This method of inducing tolerance by retrovirally transduced B cells with IgG-antigen fusions has been used in a variety of disease models, such as hemophilia A [15], T1D [16, 23], EAE [23–25], and experimental autoimmune uveoretinitis [26]. Thus, we hypothesized that antigen-pulsed B cells might also deliver Tregitopes to effectively induce tolerance in vivo. Splenic B cells were activated overnight with the TLR agonist LPS and pulsed with Tregitopes (mTregitope167 and mTregitope289), OVA protein, or Tregitopes plus OVA protein the following day. These B cells were then adoptively transferred into naïve, syngeneic C57BL/6 mice. One week later, recipients were immunized with OVA323–339 peptide in CFA in the footpad. Two weeks later, T cells from draining popliteal and inguinal LNs were cultured with OVA323–339 peptide for evaluation of cellular response by IFN-γ Elispot. In parallel, serum samples were assayed for anti-OVA IgG titer by ELISA. As shown in Fig. 1A compared with OVA protein-pulsed B cells, treating mice with Tregitope-pulsed B cells led to a significant reduction in IFN-γ production in the ex vivo restimulation assay. T cells from mice treated with Tregitopes and OVA protein-pulsed B cells responded with lower levels of IFN-γ production than T cells from mice treated with Tregitope-pulsed B cells alone, suggesting that coadministration of Tregitopes with the target antigen promotes antigen-specific hyporesponsiveness. The antibody responses showed the same trend; lower antibody responses were observed in mice treated with Tregitopes plus OVA protein (Fig. 1B) compared with mice treated with Tregitopes alone. Collectively, these data indicate that Tregitope peptides, delivered by B cells, with and without target antigen, are capable of inducing hyporesponsiveness.

mTregitope167 and mTregitope289 have no immunogenicity in vivo

One of the major hurdles preventing some therapeutic proteins from being used in the clinic is their immunogenicity. For example, recombinant clotting FVIII is used routinely as replacement therapy in hemophilia A patients. However, up to 30% of patients develop anti-FVIII inhibitory antibodies [27]. The conventional treatment of patients with inhibitory antibodies is high-dose and frequent administration of FVIII, a costly and inconvenient procedure. Thus, before applying Tregitopes in future clinical studies, we wished to evaluate their immunogenicity. We emulsified a mixture of mTregitope167 and mTregitope289 with IFA or CFA and immunized C57BL/6 mice. After 2 weeks, draining inguinal and popliteal LNs were removed and assayed for T cell responses to individual Tregitopes. OVA323–339 peptide was used as a positive, MHC-binding control. In vitro T cell proliferation against individual peptides (mTregitope167, mTregitope289, and OVA323–339) is summarized in Fig. 2. As shown, mice immunized with Tregitopes in IFA or CFA did not respond to mTregitope167, mTregitope289, or OVA323–339 peptide in vitro. In contrast, OVA323–339 peptide-immunized mice exhibited a robust response to only OVA323–339 peptide in vitro after immunization with either adjuvant. These data indicate that Tregitopes have low or no immunogenicity in vivo, even when coadministered with the strong adjuvant CFA. These findings were also validated in BALB/c mice; similar results were obtained (Fig. 3).

To further study the immunogenicity of Tregitopes, culture supernatants from the above experiments were collected and assayed for cytokine production, including IL-2, IL-4, IL-5, IL-6, IL-10, IL-12, and IFN-γ. We observed similar levels of IL-2 production (1 pg/ml) in samples cultured with mTregitope289 (Fig. 4A, middle panel). Samples from Tregitopes/IFA- or Tregitopes/CFA-immunized mice did not show higher IL-2 production than OVA/IFA or
OVA/CFA controls. When cultured with mTregitope167 in vitro, samples from Tregitopes/IFA- and Tregitopes/CFA-immunized mice exhibited a twofold increase in IL-2 production compared with the OVA/IFA or OVA/CFA controls exposed to mTregitope167, respectively (Fig. 4A, left panel). This was not unexpected, as we used C57BL/6 mice as recipients, whose H-2b MHC background better matches the binding restriction of mTregitope167. On the other hand, when cultured with OVA323-339 peptide, Tregitopes/IFA and Tregitopes/CFA produced much less IL-2 than the OVA/IFA and OVA/CFA controls, suggesting that the observed IL-2 production in vitro was antigen-specific (Fig. 4A, right panel).

When cultured in the presence of OVA323-339 peptide, lymphocytes from OVA/IFA- and OVA/CFA-immunized mice secreted IFN-\(\gamma\) at 25 and 600 pg/ml, respectively. In contrast, neither the Tregitopes/IFA nor Tregitopes/CFA groups produced IFN-\(\gamma\) under these conditions (Fig. 4B, right panel). When cultured with mTregitope167, cells from Tregitopes/IFA-immunized mice did not produce IFN-\(\gamma\), and even samples from mice immunized with Tregitopes/CFA only produced IFN-\(\gamma\) at \(<10\) pg/ml (Fig. 4B, left panel), suggesting that Tregitopes are weak antigens and do not induce a Th1 response in vivo. None of the samples produced IFN-\(\gamma\) when cultured in vitro in the presence of mTregitope289 (Fig. 4B, right panel). As shown in Fig. 4C, neither Tregitopes/IFA nor Tregitopes/CFA treatment induced IL-10 production under in vitro culture conditions, suggesting that no Th2 response was present. In addition, no IL-4, IL-5, IL-6, or IL-12p40 was detected from supernatants in any groups (data not shown).

Finally, we validated the immunogenicity of Tregitopes at the transcription factor level. C57BL/6 mice were immunized with a mixture of mTregitope167 and mTregitope289 or OVA323-339 in IFA; PBS/IFA-immunized mice were used as a normalization control. Two weeks later, lymphocytes from the draining LNs were cultured with a mixture of mTregitope167...
and mTregitope289 or OVA323–339, respectively. After 48 h, 
cells were collected, and RNA samples were extracted for assay 
by real-time PCR. We evaluated the expression of T-bet, 
GATA3, RORγt, and Foxp3, representing Th1, Th2, and Th17 
cells and Tregs, respectively. As shown in Fig. 5, lymphocytes 
from mice immunized with Tregitopes only exhibited a mod-
est increase in expression of T-bet when in vitro-stimulated 
with Tregitopes, compared with those stimulated with OVA323–339 
peptide. In contrast, cells from OVA323–339 peptide-immunized mice exhibited a robust up-regulation of T-bet expression un-
der the condition of OVA323–339 stimulation. These results are 
consistent with the IL-2 and IFN-γ production and the cell 
proliferation data. We also detected an up-regulated expression 
of Foxp3 in LN cells from Tregitope-treated mice when 
cultured in vitro with Tregitopes compared with the OVA323–339 
condition (P=0.06). No difference has been found in the 
expression of GATA3 and RORγt under our experimental condi-
tions. Together, these data confirmed that Tregitopes have 
limited, if any, immunogenicity.

DISCUSSION

Here, we have demonstrated that Tregitopes, which have 
promising potential as immune-regulatory therapeutics, have 
little or no immunogenicity in vivo. We also studied the ad-
ministration route of Tregitopes and found that B cell delivery 
of Tregitopes very effectively suppressed the immune response 
to the accompanying antigen in vivo. This study suggests that 
effective antigen presentation by professional APCs, such as B 
cells (or DCs), in the presence of immune-activating adjuvants, 
such as IFA or CFA, may be an effective means of delivering 
Tregitopes in future research applications. As neither IFA nor 
CFA is approved for human therapeutic use, and peptide ther-
apieties are notoriously difficult to formulate, other means of 
delivering the Tregitopes to APCs will be necessary to acceler-
ate their path to the clinic.

A wide range of strategies that reduce the activity of autore-
active effector CD4⁺ T cells and increase Tregs in number or 
potency have been examined. Some have been applied as ther-
apeutics and are undergoing clinical trials [28]. As Tregs play 
an essential role in immune regulation, induction or expan-
sion of antigen-specific Tregs is one of the major directions 
under consideration for establishing antigen-specific tolerance. 
However, because of the lack of knowledge regarding the 
epitope specificity of Tregs, no effective means of achieving 
this goal has been developed thus far.

We reported previously that several Tregitopes, which are 
promiscuous MHCI/II epitopes for T cells, were able to activate

Figure 4. Tregitopes elicit low or no Th1 and Th2 cytokine 
production. Mice were treated as described in Fig. 2. Supernatants 
were collected from 2 μg/ml antigen-treated cells after 48 h cell 
culture. Samples were examined for the production of IL-2 (A), IFN-γ 
(B), and IL-10 (C) and IL-4, IL-5, IL-6, IL-12p40, and TGF-β (data not 
shown). Data represent mean concentration ± se for four animals. 
This is a representative of two similar experiments.

![Figure 4](image1)

Figure 5. Tregitopes have a modest effect on the 
expression of T-bet mRNA. C57BL/6 mice were 
immunized with Tregitopes (mixture of mTregi-
tope167 and mTregitope289; n=5), OVA323–339 
peptide (n=4), or PBS (n=1) in IFA. Two weeks 
later, draining popliteal and inguinal LNs were re-
moved, and cells were cultured with a mixture of 
Tregitopes or OVA323–339 peptide. Forty-eight hours 
later, RNA samples were extracted for detecting the 
expression of T-bet, GATA3, RORγt, and Foxp3. 
Individual samples were normalized to the detected 
Ct values of control gene GADPH, and data were 
presented as the relative expression to the PBS/IFA 
control. Data represent mean ± se. This is a repre-
sentative of two similar experiments (**P<0.01).

![Figure 5](image2)
CD4+FoxP3+ nTregs in human PBMCs in vitro and in vivo [17, 20]. Since that time, the potential applications of Tregitopes have been investigated in most of the animal models for allergy and autoimmune diseases. In a T1D model, we demonstrated that when NOD female mice were treated s.c. with Tregitopes in IFA at disease onset, Tregitope treatment reversed the hyperglycemia significantly [20]. Elyaman and colleagues [29] found that Tregitopes suppress EAE in a mouse model. In an allergy model, coadministration of OVA protein with Tregitopes reduced the allergic response to OVA and induced Tregs [Mazer and Massoud, personal communication, June, 2011]. Other collaborators have found that Tregitopes suppressed CD8+ T cell responses or reduced clinical scores in hemophilia B gene therapy [Mingozzi et al. (unpublished results)] and were effective in a model for Crohn’s disease [30].

Based on these preliminary studies, which have been summarized recently [19], we believe that Tregitopes have significant potential to translate into clinical use as an immuno-regulatory therapeutic.

The immunogenicity of protein therapeutics, including humanized mAb, reduces their efficacy in clinical applications [31]. Some of these protein therapeutics are immune-activating; thus, we were curious as to whether Tregitopes would be immunogenic under inflammatory circumstances. Several intrinsic and extrinsic factors determine the immunogenicity of a protein therapeutic, including its origin (self vs. nonself), T cell epitope content, formulation, aggregation, post-translational modification, route of delivery, and patient HLA [31]. As Tregitopes are short peptides, the intrinsic factors (such as post-translational modification) that contribute to immunogenicity are less likely to be influential. Two common delivery routes of therapeutics in patients are i.v. and i.m. injection. The former favors tolerance, and the latter is prone to inducing immune responses. Therefore, we immunized mice with Tregitopes s.c. in the presence of CFA or IFA as a stringent test for immunogenicity, as both are well-known adjuvants for inducing immune responses in mice. However, even under such conditions, Tregitopes elicited little to no T cell response. In addition, we did not find significant Th1 and Th2 cytokine production, with the exception of Tregitopes/CFA-immunized mice, in which T cells produced minimal IFN-γ.

To our surprise, we did not find any IL-10 production from T cells isolated from Tregitope-treated animals, as opposed to OVA peptide-immunized mice. We could not exclude the role of IL-10 played in Tregitope-induced immune suppression, as Tregitopes might stimulate the IL-10 production by APCs, such as B cells. However, our current data suggest that production of Th2 cytokines by T cells may not be a major mechanism by which Tregitopes function under this protocol. Indeed, we did not find any increase in GATA3 expression as a result of Tregitope treatment. Whether Tregitopes treatment increases the IL-10 production by APCs requires further verification, as it has been established that gene therapy with IgG fusion proteins requires host IL-10 production [32].

Our goals are to deliver Tregitopes effectively and to induce Tregs specifically. To achieve them, we have tested different protocols, including IFA emulsification, liposome delivery, multiple injections, different sites of injection, and coadministra-
where the Tregitope technology intellectual property is held. They both acknowledge the inherent conflict of interest and attest that this manuscript is free of bias to the best of their knowledge.

REFERENCES


KEY WORDS: Treg • IVIg • immunomodulation