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# COMPARING VISUAL AND STATISTICAL ANALYSIS

## IN SINGLE-SUBJECT STUDIES

BY

MAGDALENA A. HARRINGTON

## A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE

# REQUIREMENTS FOR THE DEGREE OF

## DOCTOR OF PHILOSOPHY

IN

# PSYCHOLOGY

UNIVERSITY OF RHODE ISLAND

# DOCTOR OF PHILOSOPHY DISSERTATION

OF

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### ABSTRACT

**Objective.** There has been an ongoing scientific debate regarding the most reliable and valid method of single-subject data evaluation in the applied behavior analysis area among the advocates of the visual analysis and proponents of the interrupted time-series analysis (ITSA). To address this debate, a head-to-head comparison of both methods was performed, as well as an overview of serial dependency, effect sizes and sample sizes.

**Method.** The comparison of both methods was conducted in two independent studies. In the first study, conclusions drawn from visual analysis of the graphs published in the Journal of Applied Behavior Analysis (2010) were compared with the findings based on the ITSA of the same data; in the second study, conclusions drawn from visual analysis of the graphs obtained from the textbook by Alan E. Kazdin (2011) were used. These comparisons were made possible by the development of software, called UnGraph<sup>®</sup> which permits the recovery of the raw data from the graphs, allowing the application of ITSA.

**Results.** In both studies, ITSA was successfully applied to over 90% of the examined time-series data with numbers of observations ranging from 8 to 136. Over 60% of the data had moderate to high level first order autocorrelations (> .40). A large effects size ( $\geq$  .80) was found for over 70% of eligible studies. Comparison of the conclusions drawn from visual analysis and ITSA revealed an overall low level of agreement (Kappa = .14) in the first study and moderate level of agreement (Kappa = .44) in the second study.

**Conclusions.** These findings show that ITSA can be broadly implemented in applied behavior analysis research and can facilitate evaluation of the intervention effect, particularly when specific characteristics of single-subject data limit the reliability and validity of visual analysis. Comparison of the two methods revealed low to moderate agreement between visual analysis and ITSA. Overall, the two methods should be viewed as complimentary and used concurrently.

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# **DEDICATION**

To Alexander

### PREFACE

This dissertation addresses the scientific debate regarding the most reliable and valid method of single-subject data evaluation in the applied behavior analysis research field. The primary emphasis is placed on the head-to-head comparison of the conclusions based on visual analysis and interrupted-times series analysis (ITSA) of the same single-subject data.

This dissertation consists of two independent studies, each presented in the manuscript format prepared for submission for publication in a peer reviewed journal.

The first chapter of the dissertation provides an introduction and overview of the topic.

The second chapter presents the first study that compares the visual analysis of graphical data and ITSA published in the Journal of Applied Behavior Analysis (2010).

The third chapter presents the second study that compares the visual analysis of the graphical data and ITSA obtained from the book titled "*Single-Case research designs: Methods for clinical and applied settings*" by Alan E. Kazdin (2011).

The fourth chapter provides the comparison of findings obtained from each study and final conclusions.

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## **CHAPTER 1**

### **INTRODUCTION**

Currently, there are two widely used methods for evaluating intervention effects based on single-subject research designs. Visual analysis of graphs presenting experimental data is a commonly used approach in applied behavior analysis research, while interrupted time-series analysis (ITSA) is a statistical method used in research fields, such as electrical engineering, economics, business, and other areas of psychology, to name just a few. The use of visual analysis preceded the development of quantitative methods like time series analysis which required high speed computers to implement.

There has been an ongoing scientific debate regarding the most reliable and valid method of single-subject data evaluation in the applied behavior analysis area among the advocates of visual analysis and the proponents of interrupted time-series analysis (ITSA).

Visual analysis, although guided by a set of criteria, is mostly driven by a subjective evaluation of intervention effects. Advocates of this approach state that large intervention effects are evident and provide unequivocal conclusions easily observed by independent judges. It is argued that the rationale for using visual analysis is to highlight large (i.e. easily observable) intervention effects and disregard small (i.e. not easily observable) effects, concluding that visually undetected intervention effects have insignificant clinical impact. Proponents of visual analysis state that the conservative approach to evaluating intervention effects guarantees highly accurate and consistent conclusions across independent judges, as well as reduces unknown probability of Type I error rate and consequently increases the probability of Type II error rate.

Several studies examined agreement rates among judges and showed that visual analysis led to inconsistent conclusions about intervention effects across different raters and that the inter-rater agreement among judges who reviewed the same graphs was relatively poor, suggesting that visual analysis is not a reliable method for assessing intervention effects of single-subject data. Factors such as high complexity of the data and experimental design, high variability of the data, changes in slope, and serial dependency of the single-subject data were associated with lower agreement rates among judges and increased Type I error rates.

On the other hand, advocates of the visual analysis call attention to some drawbacks of ITSA, such as difficulty to accurately estimate ARIMA model, requirement of a large number of observations, and inability to apply this statistical method to complex single-subject experimental designs.

To address this debate, a head-to-head comparison of both methods was performed in two independent studies.

The first study used the graphical data based on the single-subject studies published in the Journal of Applied Behavior Analysis (2010). The journal was selected because it is a leading journal on the topic used by applied researcher and it strongly promotes the use of visual analysis rather than statistical methods.

In the second study, graphical data was obtained from the book titled "*Single-Case research designs: Methods for clinical and applied settings*" by Alan E. Kazdin (2011), who is currently the leading advocate of visual analysis of single-subject studies. The book is a widely used textbook within applied psychology area and provides numerous examples of graphs presenting single-subject experimental data with corresponding evaluations of intervention effects based on visual analysis.

# **CHAPTER 2**

Comparing Visual and Statistical Analysis in Single-Subject Studies: Results for

Journal of Applied Behavior Analysis Examples

Manuscript submitted to Psychological Methods, March 2013

### Abstract

**Objective.** There has been an ongoing scientific debate regarding the most reliable and valid method of single-subject data evaluation in the applied behavior analysis area among the advocates of the visual analysis and proponents of the interrupted time-series analysis (ITSA). To address this debate, a head-to-head comparison of both methods was performed, as well as an overview of serial dependency, effect sizes and sample sizes.

**Method.** Conclusions drawn from visual analysis of the graphs published in the Journal of Applied Behavior Analysis (2010) were compared with the findings based on the ITSA of the same data. This comparison was made possible by the development of software, called UnGraph<sup>®</sup> which permits the recovery of the raw data from the graphs, allowing application of ITSA.

**Results.** ITSA was successfully applied to 94% of the examined time-series data with number of observations ranging from 8 to 136. Over 60% of the data had moderate to high level first order autocorrelations (> .40). A large effect size ( $\geq$  .80) was found for 73% of eligible studies. Comparison of the conclusions drawn from visual analysis and ITSA revealed an overall low level of agreement (Kappa = .14).

**Conclusions.** These findings show that ITSA can be broadly implemented in applied behavior analysis research and can facilitate evaluation of intervention effects, particularly when specific characteristics of single-subject data limit the reliability and validity of visual analysis. These two methods should be viewed as complimentary and used concurrently.

Keywords: Applied Behavior Analysis, Single-subject Studies, Visual Analysis, Interrupted Time-series Analysis, Effect Size, Serial Dependency

# Comparing Visual and Statistical Analysis in Single-Subject Studies: Results for Journal of Applied Behavior Analysis Examples

Group-level and single-subject research designs are two methodological models employed for analyzing longitudinal research. The first model is based on data obtained from a large number of individuals and provides average estimates of longitudinal trajectories of behavior change based on group-level data, emphasizing between-subject variability. A significant limitation of group-level designs, also known as nomothetic designs, is the inability to capture high levels of variability and heterogeneity within the studied populations (Molenaar, 2004). Further, group-level designs emphasize central tendencies of the population and consequently obscure natural patterns of behavior change, their multidimensionality and unique variability within each individual (Molenaar & Campbell, 2009).

The second methodological approach employed in longitudinal research is based on data obtained from one individual or unit (n = 1) through intensive data collection over time. Single-subject designs, also known as idiographic designs, examine individual-level data, that allows for highly accurate estimates of within-subject variability and longitudinal trajectories of each individual's behavior. Idiographic methodology characterizes highly heterogeneous processes, which consequently allow for more accurate inferences about the nature of behavior change specific to an individual (Velicer & Molenaar, 2013). Single-subject designs address the limitations of group-level designs and present several advantages. They allow for a highly accurate assessment of the impact of the intervention for each individual while group-

level designs provide information about the effectiveness of the intervention for an "average" person, rather than any person in particular (Velicer & Molenaar, 2013).

In addition, single-subject research allows studying longitudinal processes of change with much better precision than group-level designs, due to a higher number of data points and better controlled variability of the data. Also, it can be applied to populations that are otherwise difficult to recruit in numbers large enough to allow for a group-level design (Barlow, Nock, & Hersen, 2009; Kazdin, 2011).

### Methods of evaluating single-subject studies

Currently, there are two widely used methods for evaluating intervention effects based on single-subject designs. Visual analysis of the graphs presenting experimental data is a commonly used approach in applied behavior analysis research, while interrupted time-series analysis (ITSA) is a statistical method used in research fields, such as electrical engineering, economics, business, and other areas of psychology, to name just a few. The use of visual analysis preceded the development of quantitative methods like time series analysis which required high speed computers to implement. *Visual analysis* 

The most basic experimental model used in single-subject research is an A-B design with a well defined target behavior that is examined before and after the intervention. The first phase (A) of the design consists of multiple baseline observations that assess the pre-intervention characteristics of the behavior. In the second phase (B) of the design, the treatment component of the experiment is introduced and changes in behavior are examined (Barlow et al., 2009; Kazdin, 2011).

The visual analysis of the graph, performed by a judge or a rater, is based on a set of criteria that evaluate and compare the characteristics of phase A and B and examine whether behavior changes in phase B are a result of the intervention. The baseline (A) phase provides information about the descriptive and predictive aspects of the target behavior, such as stability and variability. Stable behavior, characterized by the absence of a trend or slope in the data, indicates that the targeted behavior neither increases nor decreases on average over time during the baseline phase (Kazdin, 2011). Variability of the data is characterized by the changes in the behavior within the range of possible low and high levels (Barlow et al., 2009). Single-subject experiments are evaluated based on magnitude and rate of change between phase A and B. The magnitude of change is based on variability in level and slope of the data. Changes in level refer to average changes in the frequency of target behavior, whereas changes in slope refer to shifts in direction of the behavior across different phases. The mean is the average for all data in a particular phase. If the series is stable, the level will equal the slope. Changes in level and slope are independent from each other. Rate of change is based on changes in trend or slope of the data and latency of change. Trend analysis provides information on systematic increases or decreases in the behavior across phases, whereas latency of change refers to the amount of time between the termination of one phase and changes in behavior (Kazdin, 2011).

Visual analysis, although guided by the set of criteria described above, is not based on any specific decision making rules and it is mostly driven by subjective evaluation of the intervention effects. Advocates of this approach argue that large intervention effects are evident and provide unequivocal conclusions that can be easily

observed by independent judges. Further, it is argued that the subjective evaluation of intervention effects has a minimal impact on reliability and validity of the conclusions drawn from the graphs presenting large and therefore easily observable treatment effects, since only those are considered to have significant clinical implications (Baer, 1977; Kazdin, 2011). This concept is particularly promoted in the field of applied behavior analysis.

Proponents of visual analysis acknowledge that certain characteristics of singlesubject data can significantly impair the ability to accurately evaluate intervention effects. The presence of slope in the baseline phase of the experiment may negatively affect the evaluation of the experiment, especially when the trend of the targeted behavior is moving in the same direction as would be expected due to treatment effects. High variability of the data may also interfere with the validity of the conclusions. For example, accuracy of the evaluation of intervention effects on disruptive behavior can be significantly affected by a pattern of behavior that is decreasing (getting better) over time. Also high variability of the behavior, such as extreme fluctuations from none to high frequency of disruptive behavior can limit the ability to draw valid conclusions about intervention effects (Kazdin, 2011). However, it is argued that the rationale for using visual analysis is to highlight large (i.e. easily observable) intervention effects and disregard small (i.e. not easily observable) effects. It is concluded that visually undetected intervention effects have insignificant clinical impact. Proponents of visual analysis state that the conservative approach to evaluating intervention effects guarantees highly accurate and consistent conclusions across independent judges, as well as reduces unknown probability of Type I error rate

and consequently increases the probability of Type II error rate (Baer, 1977; Kazdin, 2011).

In the recent literature, some of the visual analysis advocates have discussed the problem of the lack of effect size estimation which results in an inability to perform meta-analytic reviews single-subject experiments. As stated by Kazdin (2011), the single-subject research field would benefit from the ability to integrate a large number of studies in a systematic way that would allow drawing broader conclusions regarding intervention effects that would generalize beyond single experiments. However, to date there is no consensus regarding guidelines for interpreting effect sizes calculated based on supplementing visual analysis methods commonly used among single-case researchers. Brossart, Parker, Olson, and Mahadevan (2006) compared five analytic techniques frequently used in single-subject research applied to the same data and concluded that each analytical approach was strongly influenced by serial dependency, and the obtained results based on each method varied so much that it prohibited the development of any reliable effect-size interpretation guidelines. Inability to estimate effect sizes based on currently used analytical methods leaves meta-analytic approaches out of reach in the field of single-subject research. A noteworthy study by Hedges, Pustejovsky and Shadish (2012) proposed new effect size that is comparable to Cohen's d, frequently used in group-level designs. It is applied across single-subject cases and it can be used in studies with at least three independent cases. This new approach can be applied in meta-analytic research and warrants further examination.

Several studies examined agreement rates among judges and showed that visual analysis led to inconsistent conclusions about the intervention effects across different raters. The inter-rater agreement among judges who reviewed the same graphs was relatively poor, ranging on average from .39 to .61 (Jones, Weinrott, & Vaught, 1978; DeProspero & Cohen, 1979; Ottenbacher, 1990), suggesting that visual analysis is not a reliable method for assessing intervention effects of single-subject data. Higher complexity of the data and experimental design resulted in less consistent conclusions. Factors like high variability of the data, inconsistent patterns of behavior over time, changes in slope, and small changes in level of the data were associated with lower agreement rates across judges (DeProsper & Cohen, 1979; Ottenbacher, 1990).

In addition, Matyas and Greenwood (1990) showed that a positive autocorrelation and high variability in the data tend to increase Type I error rates. These findings suggest that the claimed advantages of visual analysis resulting in reduced Type I error rates are overstated.

Several studies demonstrated that higher levels of serial dependency in singlesubject data lead to higher rates of disagreement between visual and statistical analysis (Bengali & Ottenbacher, 1998; Jones et al., 1978; Matyas & Greenwood, 1990). One study by Jones et al. (1978) showed that the highest level of agreement between the two methods was found when there were non-statistically significant changes in the behavior and the lowest agreement occurred when there were significant effects of the intervention. These findings suggest that statistically significant results may be more often overlooked by visual analysis than non-significant results and that the highest

agreement between these two methods occurs when there is no serial dependency in the data and intervention effects are insignificant.

### Interrupted time-series analysis

Interrupted time-series analysis (ITSA) is a statistical method used to examine intervention effects of single-subject study designs. It is based on chronologically ordered observations obtained from a single subject or unit. An inherent property of time-series data is serial dependency that reflects the impact of previous observations on the current observation and violates the assumption of independence of errors, which can significantly affect the validity of the statistical test. Serial dependency, examined by the magnitude and direction of autocorrelations between observations spaced at different time intervals (lags), directly impacts error term estimation and validity of the statistical test. Negative autocorrelations produce an overestimation of the error variance, which leads to conservative bias and increases Type II error rate, whereas positive autocorrelations lead to underestimation of the error variance, and cause liberal bias and increase Type I error rates (see Velicer & Molenaar, 2013 for an illustration).

The most widely used model for examining serial dependency in the data is the autoregressive integrated moving average (ARIMA) model. It consists of three elements to be evaluated. The autoregressive term (p) estimates the extent to which the current observation is predictable from preceding observations and the number of past observations that impact the current observation. The moving average term (q) estimates the effects of preceding random shocks on current observation. The integrated term (d) refers to the stationarity of the series. Stationarity of time-series

data requires the structure and the parameters of the data, such as mean, variance and the patterns of the autocorrelations to remain the same across time for the series. Nonstationary data requires differencing in order to keep the series at a constant mean level, otherwise reliability of the assessed intervention effects can be compromised (Glass, Willson, & Gottman, 2008).

The ITSA method is able to measure the degree of the serial dependency in the data and statistically remove it from the series, allowing for an unbiased estimate of the changes in level and trend across different phases of the experiment (Glass et al., 2008). In addition, after accounting for serial dependency in the data, ITSA facilitates an estimate of Cohen's *d* effect size (Cohen, 1988), which is the most commonly used measure of intervention effects in behavioral sciences research with widely implemented interpretative guidelines.

### ITSA limitations

Although, the most recommended method for removing serial dependency from single-subject data is implementing an ARIMA model (Glass et al., 2008), some researchers call attention to some drawbacks of ITSA related to accurate ARIMA model estimation and limited utility in applied behavior analysis studies (Ottenbacher, 1992; Kazdin, 2011). Identifying the correct ARIMA model has been shown to be often unreliable, leading to model misidentification (Velicer & Harrop, 1983). However this issue has been addressed through the general transformation method, which uses the ARIMA model for lag-5 autocorrelation (5, 0, 0) that was shown to be simpler and more accurate than other model specification methods (Velicer & McDonald, 1984). For shorter time-series data a simpler model based on lag-1

autocorrelation (1, 0, 0) is sufficient when applied to data that does not require forecasting (Simonton, 1977). Simulation studies have shown that these procedures are very accurate (Harrop & Velicer, 1985; Harrop & Velicer, 1990).

Another disadvantage of the ARIMA procedure has been associated with the requirement of a large number of observations. A minimum of 35-40 observations or even as high as 25 observations per phase were recommended (Glass et al., 2008; Ottenbacher, 1992) in order to correctly identify an ARIMA model. However, application of predetermined ARIMA model allows for reliable evaluation of shorter data series. In addition, proponents of visual analysis argue that ITSA may not be a suitable analytical approach for experimental designs that reach beyond the basic AB model, such as alternating treatment designs or multiple baseline designs (Barlow et al., 2009; Kazdin, 2011).

### Study Aims

This study will perform a head-to-head comparison of the conclusions drawn from visual analysis of graphically presented data with the findings based on interrupted time-series analysis of the same data. The study will use graphical data based on single-subject studies published in the Journal of Applied Behavior Analysis (2010). This journal was selected because it is a leading journal on the topic used by applied researchers and it strongly promotes the use of visual analysis rather than quantitative analysis methods (Shadish & Sullivan, 2011; Smith, 2012). In a related study, all the studies published in a leading textbook (Kazdin, 2011) were evaluated in the same way (Harrington & Velicer, 2013).

The aim of this study is to examine the level of agreement between these two methods, as well as degree of serial dependency in single-subject data, and estimate the effect size for each study. This comparison is made possible by the development of a statistical program called UnGraph<sup>®</sup> software version 5.0 (Biosoft, 2004), which permits the recovery of raw data and the application of interrupted time series analysis.

### Method

### Sample

Graphical data was obtained from the research papers published in the Journal of Applied Behavior Analysis (JABA) in 2010. For a graph to be included in this study, it was required to meet the following inclusion criteria: (1) present actual data (not simulated); (2) present interrupted time-series data; (3) present a minimum of three observations in each phase of the design in order to estimate a full four parameter model; (4) present baseline and treatment phases of an experimental design; (5) include corresponding description of the conclusions drawn from the visual analysis of the graph; and (6) present well defined data points (observations) in the graph. Graphs presenting cumulative data or alternating-treatment designs were not eligible.

## Procedure

Eligible graphs were scanned and electronically imported into UnGraph<sup>®</sup> software version 5.0 (Biosoft, 2004). Next, data presented in each graph was extracted using the UnGraph<sup>®</sup> software's function of coordinate system that defined each

graph's structure and scale. Then, sequentially ordered data recorded into a time-series data format was exported into a Microsoft Excel<sup>®</sup> spreadsheet.

# Validity and reliability of UnGraph<sup>®</sup> software

UnGraph<sup>®</sup> software has been previously examined for its validity and reliability when extracting data from graphs representing single-case designs (Shadish et al., 2009). Results of this study indicated high validity and reliability of the extracted data from graphs, with .96 as an average correlation coefficient between two raters.

## Analysis

Interrupted time-series analyses (ITSA) were used to evaluate intervention effects of each single-subject study based on the data collected using UnGraph<sup>®</sup> software. Identification of the ARIMA model was performed in a series of steps. First, level of autocorrelation in the data was evaluated based on autocorrelation function (ACF) and partial autocorrelation function (PACF). These two functions refer to autoregressive and moving average parameters and estimate whether negative or positive correlation was present in the data series, as well as in how many lags the correlation was present. Also, the stationarity parameter (d) was evaluated, and if required, differencing of the data was performed.

Second, values of each parameter were estimated and the fit of the ARIMA model was evaluated. The best fitting model resulted in uncorrelated residuals. In cases when the residuals were correlated, the model identification process was repeated and a new model was evaluated (Barlow et al., 2009; Glass et al., 2008). Once a correctly identified ARIMA model was applied to single-subject data, parameters such as trend,

change in trend, level, change in level, as well as mean and variability of the series were evaluated. Intervention effects were examined based on changes in slope and level across the experimental phases of the design. In addition, for studies where no significant slope or change in slope was present, Cohen's *d* effect size was calculated to examine the magnitude of the behavior change due to the intervention. Analyses were performed in SAS version 9.2. This study was approved by the University of Rhode Island Institutional Review Board.

Description of the visual analysis of the graphs presented in the publications published in JABA was used to perform a head-to-head comparison of the findings based on each method. These comparisons were based on conclusions made in regards to trend, change in trend, variability of the data and change in level of the data across different experimental phases of the experiment.

### Results

### Sample

A total of 75 research papers were published in the JABA in 2010. After reviewing the content of the publications, 25 papers met eligibility criteria and were included in the study. Excluded publications did not present interrupted time-series data (k = 27), presented less than 3 observations in at least one phase of the design (k = 4), presented cumulative data (k = 3), or alternating-treatment designs (k = 9). One study presented generated, hypothetical data, and one study presented a graph with insufficiently defined observations, which prevented data point extraction. Five studies were ineligible because the presented description of the findings based on the visual analysis of the graph was not possible to verify using ITSA. The eligible publications included one or more graphs. A total of 99 graphs presenting interrupted time-series data with corresponding conclusions based on visual analysis were included in the study. The graphs displayed a diversified range of single-subject designs, such as AB design and its variations (e.g. ABA, ABAB), ABC design and its variations (e.g. ABCA, ABCACA, ABABACBC), and designs that included more than two different interventions (e.g. ABCD, ABCDEFBFEDC) (see Table 1 for details).

Each graph presented one or more interrupted time-series data (e.g., data points presenting two independent behaviors were plotted on one graph). Conclusions based on visual analysis were applied to either the full study design or to one or more sections of the design. ITSA was applied to the data with the corresponding description of the findings formulated in a way that could be validated using statistical methods. A total of 163 ITSA were performed.

### Descriptive statistics

The number of observations in the analyzed experiments ranged from 8 to 136, with minimum of 3 and maximum of 90 observations per phase. For 9 (5.52%) analyzed experiments, the interrupted-time series ARIMA model did not converge. Six of those experiments came from one study that had multiple single-subject data series characterized by low number of observations (< 12) and low variability across observations; two experiments had higher number of observations (43 and 136) but low variability across observations; one experiment had high variability across 22 observations.

For the remaining 154 time-series data, 23 (14.94%) had significant slope, 15 (9.74%) had significant change in slope due to experimental design, 18 (11.69%) had significant slope and change in slope. The nonlinearity of the slopes was not examined.

Over 50% of the examined time-series data (k = 79) had significant changes in level due to examined study design phase change.

The general transformation method (Velicer & McDonald, 1984), which uses the ARIMA (5, 0, 0) model for lag-5 autocorrelation was successfully applied to 32 experiments (20.78%), all of which had 30 or more observations. A simpler ARIMA model based on lag-1 autocorrelations (1, 0, 0) (Simonton, 1977) was applied to 120 experiments (77.92%). ARIMA models (3, 0, 0) and (2, 0, 0) were applied to two experiments.

Small lag 1 autocorrelations ranging from .00 to .20 were found for 15 time-series data, small-medium lag 1 autocorrelations ranging from .21 to .40 were found for 34 time-series data, medium lag 1 autocorrelations ranging from .41 to .60 were found for 61 time-series data, and large lag 1 autocorrelations .61 or larger were found for 40 time-series data. Lag 1 autocorrelation less than .00 were found for 13 time-series data and ranged from -.32 to -.05. Lag 1 autocorrelations were significant for 93 time-series data, 28 of those time-series data also had significant lag 2 autocorrelations. The autocorrelations were not corrected for small sample bias (Shadish & Sullivan, 2011). Figure 1 presents the distribution of the lag-1 autocorrelations for the eligible studies and details are presented in Table 1.

Cohen's *d* effect size was estimated for all experiments that did not have significant slope or change in slope, a total of 98 (63.64%). The effect sizes ranged from 0.00 to 22.74. Figure 2 presents the distribution of the effect size estimates for the eligible studies. Based on Cohen's (1988) classification, small effect sizes, ranging from .20 to .49 were found for 8 time-series data, medium effect sizes, ranging from .50 to .79 were found for 8 time-series data, and large effect sizes of .80 or greater were found for 72 time-series data (73.47%). Details are provided in Table 1.

## ITSA and visual analysis comparison

Comparison of the findings based on visual analysis and ITSA demonstrated consistent findings for 94 analyzed time-series data. Most of those consistent findings (k = 79) referred to significant changes between different phases of the experiment, while 15 referred to non-significant changes such as reversal to baseline. For the remaining 60 experiments (38.96%), the findings based on statistical analysis did not confirm the conclusions based on visual analysis (bolded data in Table 1). For 52 of those experiments, visual analysis indicated significant changes between different phases of the study design, when statistical analysis did not reveal significant differences. For 8 experiments, non-significant findings based on visual analysis were not confirmed by statistical analysis. See Figure 3 for a summary of the agreement and disagreement between the two methods. The overall level of agreement was low (Cohen's Kappa = .14) (Cohen, 1960). Among the experiments that led to inconsistent findings between the two methods, 30% had significant slope, change in slope or both, and 53% had lag-1 autoregressive term greater than .40.

To illustrate the application of the ITSA method in the analysis of single-subject studies and comparison with the conclusions drawn on visual analysis, three examples were selected from the experiments presented in Table 1.

## Example 1

The first example is based on a study that examined the effects of providing praise and preferred edible items based on variable-time schedule in order to reduce problem behavior. In addition, effects of variable-time schedule on compliance were also evaluated. The study was based on a reversal design (ABAB) and included three participants (Lomas, Fisher, & Kelly, 2010). In the current example, data for one of the participants is provided. Sam was 8 years old boy diagnosed with Asperger syndrome and attention deficit hyperactivity disorder. Data displaying frequency of problem behavior and percentage of compliance in each phase of the design is presented in Figure 4 and Figure 5, respectively. Conclusions based on visual analysis of the data suggested that the variable-time schedule reduced problem behavior, but did not increase compliance for Sam. Lomas et al. (2010) stated that " levels of compliance were only slightly higher during treatment with VT food and praise for Sam ... " and that "variable-time delivery of food and praise superimposed on a demand baseline (in which problem behavior continued to produce escape) greatly reduced problem behavior . . ." (p. 431).

ITSA was implemented to evaluate the effect of variable-time delivery on problem behavior and compliance. The ARIMA (1, 0, 0) was applied to both behaviors to estimate 4 parameters: level, change in level, slope and change in slope.

For problem behavior, lag 1 autocorrelation was .40. The analysis for slope and change in slope yielded non-significant findings, whereas change in level in the variable-time delivery phase indicated significant decrease in problem behavior (t (18) = -2.39, p < .05) with large effect size (d = 1.85). The findings based on statistical analysis confirm conclusions drawn from visual analysis, indicating decrease in problem behavior due to variable-time delivery of preferred food and praise.

For compliance, lag 1 autocorrelation was .13. The analysis for slope and change in slope yielded non-significant findings, whereas change in level in the variable-time delivery phase indicated significant increase in compliance (t (18) = 2.43, p < .05) with large effect size (d = 1.76). The findings based on statistical analysis did not confirm the conclusions drawn from visual analysis, which indicated only slight increases in compliance, while statistical findings show significant increases with large effect sizes. ITSA details are presented in Table 1.

### Example 2

The second example is based on a study that examined the effectiveness of a device that prevents drivers from changing gears for up to 8 seconds unless the seatbelt is buckled. The study was based on an ABA reversal design and included 101 commercial drivers (Van Houten et al., 2010). Data for one driver is displayed in Figure 6. Based on the visual analysis of the data presented in the top panel, Van Houten et al. (2010) concluded ". . . an increase in seat belt use following the 8-s delay and a decline when the delay was removed" (p. 377).

ITSA was implemented to evaluate the effect of the 8-s gearshift delay on seatbelt use. Two ARIMA (5, 0, 0) models were applied to test increases in seatbelt use

following the 8-s delay (AB) and to test a decline in seatbelt use when the delay was removed (BA). Each model estimated 4 parameters: level, change in level, slope and change in slope. For AB phase of the design, lag 1 autocorrelation was significant (arl = .56). The analysis for slope and change in slope yielded non-significant findings, whereas change in level in the 8-s delay phase indicated significant increase in seatbelt use (t (79) = 8.59, p < .05) with large effect size (d = 2.78). The findings based on statistical analysis confirm conclusions drawn from visual analysis, indicating an increase in seatbelt use due to 8-s gearshift delay. For the BA phase of the design, lag 1 autocorrelation was significant (ar1 = .76). The analysis for slope yielded nonsignificant findings, however change in slope and change in level were significant and indicated a decrease in seatbelt use due to removal of the gearshift delay (t(87) = -2.19, p < .05; t (87) = -8.58, p < .05 for change in slope and change in level respectively). The findings based on statistical analysis confirm conclusions drawn from visual analysis, indicating a decrease in seatbelt use following removal of the 8-s gearshift delay.

## Example 3

The third example is based on a study that performed several experiments, one of which examined the effects of delivery of higher quality reinforcement following appropriate behavior and lower quality reinforcement following problem behavior on changes in behavior (Athens & Vollmer, 2010). The study participant reported in this example was a 7 year old boy diagnosed with attention deficit hyperactivity disorder, and the experiment was based on ABCAC design. Based on the visual analysis of data presented in Figures 7 and 8, Athens and Vollmer (2010) made several conclusions
such as "in the 1 HQ/ 1 LQ condition, rates of problem behavior decreased, and appropriate behavior increased" (p. 579); "problem behavior decreased, and appropriate behavior increased to high levels during the return to the 3 HQ/ 1 LQ condition" (p. 580); and "in summary, results of the quality analyses indicated that . . . the relative rates of both problem behavior and appropriate behavior were sensitive to the quality of reinforcement available for each alternative" (p. 581).

ITSA was implemented to evaluate the effect of the quality reinforcement on problem behavior and appropriate behavior. Three ARIMA models, estimating 4 parameters (slope, change in slope, level and change in level) were applied to test each of the conclusions made based on visual analysis.

First, an ARIMA (1, 0, 0) was implemented to evaluate the effects of 1 HQ/ 1 LQ on problem behavior and appropriate behavior (AB phase of the experiment). The lag 1 autocorrelations were -.05 and .13, for problem behavior and compliance, respectively. For problem behavior, ITSA revealed non-significant slope, significant change in slope (t (15) = 2.18, p < .05), and non-significant change in level. These findings indicated an increase in problem behavior in the quality reinforcement phase and did not confirm conclusions based on visual analysis that found a decrease in problem behavior. For appropriate behavior, ITSA indicated significant slope (t (15) = -2.22, p < .05), non-significant change in slope and significant change in level (t (15) = 4.24, p < .05). These findings indicated an initial decreasing trend in baseline phase (A) followed by an increase in compliance as an effect of 1 HQ/ 1 LQ quality reinforcement. The statistical results are consistent with visual analysis conclusions. Second, an ARIMA (1, 0, 0) was applied to examine the effect of the return to 3 HQ/ 1 LQ phase on problem and appropriate behavior (AC phase of the experiment). The lag 1 autocorrelations were -.29 and .06, for problem behavior and compliance, respectively. For problem behavior, ITSA revealed significant slope (t (12) = -3.46, p < .05), a non-significant change in slope, and significant change in level (t (12) = 2.21, p < .05). These findings indicate an initial decreasing trend in problem behavior, however the change in level indicate an increase in problem behavior during the 3 HQ/ 1 LQ experimental phase. The statistical results are not consistent with visual analysis that concluded a decrease in problem behavior, ITSA revealed non-significant slope change in slope, and change in level. These findings indicate that no significant slope change in compliance occurred as a result of the 3 HQ/ 1 LQ experimental phase. The statistical results are not concluded a high increase in compliance as a result of quality reinforcement phase.

Third, an ARIMA (1, 0, 0) and (5, 0, 0), for problem and appropriate behavior, respectively, was applied to examine the overall effect of the quality reinforcement (ABCAC experimental design). The lag 1 autocorrelations were -.07 for problem behavior and significant .44, for compliance. For problem behavior, ITSA revealed significant slope (t (41) = -2.88, p < .05), a non-significant change in slope, and significant change in level (t (41) = -2.91, p < .05). These findings indicate an initial decreasing trend, as well as decrease in problem behavior during the quality reinforcement phases. These results are consistent with visual analysis. For appropriate behavior, ITSA revealed an initial significant increase in trend (t (41) = -

3.49, p < .05), a non-significant change in slope and change in level, indicating that quality of reinforcement did not have an effect on compliance. These results are not consistent with visual analysis that concluded effectiveness of experimental treatment on increasing appropriate behavior.

### Discussion

This study performed a statistical analysis of the data presented only in graphic form to examine the properties of published single-subject data and to evaluate how findings based on ITSA compare to conclusions drawn from visual analysis. Issues such as serial dependency, measures of effect size, and level of agreement between statistical and visual analysis were addressed.

Evaluated studies covered a wide range of single-subject experiments that included different study designs, such as multiple-baseline, reversal and multiple intervention designs. The experiments also differed in total number of observations in each study as well as within each phase of the design. ITSA was successfully applied to all but nine of the eligible studies, indicating that this statistical method can be applied to a wide range of single-subject experimental designs, frequently occurring in applied behavioral analysis research.

These findings directly refute the inability to apply ARIMA models to data obtained from a wide range of single-subject studies, a limitation that is commonly voiced by proponents of visual analysis.

#### Serial Dependency

Overall findings based on ITSA revealed high lag-1 autocorrelations for most of the evaluated data, including short time-series of less than 20 observations. These

results confirm findings based on earlier studies showing that serial dependency is a common property of single-subject data (Jones, Vaught, & Weinrott, 1977; Jones et al., 1978; Matyas & Greenwood, 1990; Barlow et al., 2009).

The majority of first order autocorrelations (more than 60%) were positive and at the moderate to high level (.41-.60 or >.60). Given the sample size limitations, it is difficult to form more precise conclusions. However, the assumption that autocorrelations can be ignored (Huitema & McKeon, 1998) seems to be indefensible. The effect of a positive autocorrelation is to decrease the apparent degree of variability. This would potentially affect both graphical analysis and any statistical analysis that ignores dependency in the data. Velicer and Molenaar (2013) provide an illustration of the smoothing of the series visually.

The autocorrelations can also help address another important research question, i.e., what is the nature of the generating function for the observed data. The autocorrelations also provide information about the extent to which the ergodic theorems are satisfied, a critical question for combining data across individuals (Molenaar, 2008; Velicer & Molenaar, 2013). In order to draw valid inferences from group level data to the individual level, two ergodic theorem conditions must be met: (1) the individual trajectories must obey the same dynamic laws, and (2) must have equivalent mean levels and serial dependencies (Molenaar, 2008; Velicer, Babbin, & Palumbo, in press). However, the small sample sizes available in the studies reviewed here do not permit these questions to be addressed.

# Effect Size Estimation

The effect size estimates were predominately large (73%) with some very large effect sizes such as d = 22.74, an extremely large effect size for the behavioral sciences. The term 'clinical significance' is largely undefined but can be viewed as analogous to a large effect size. (Statistical significance is typically viewed as a necessary but not sufficient condition for clinical significance.) Based on this interpretation, the effect size estimates observed in this set of studies support the contention that graphical methods focus on clinically significant effect sizes. *Sample Size Issues* 

The sample sizes for a single subject study are the number of observations in each phase rather the number of different individuals. For the set of studies reviewed here, the numbers of observations was generally very small compared to idiographic studies reported in other disciplines or even other areas of behavioral science. The large effect sizes are necessary for any type of significance, given the small sample sizes. However, a power analysis was seldom performed to guide the choice of the number of observations. Given that these studies focus on four parameters (slope, change in slope, level, and change in level), the lack of statistical power produces very poor estimates of the parameters of interest. Increasing the number of observations by even a small amount would greatly improve the quality of the research. There are times when obtaining additional observations is very difficult and expensive, but at other times a larger number of observations were collapsed for the graphical presentation of the data and this practice is not recommended.

The number of observations is also related to the time between observations. Time is a core concept for idiographic studies and we presently have very little information to guide researchers on how frequently observations should be taken. Advances from the information sciences are producing new measures that can greatly improve the quality and number of observations. A review of these methods, often labeled telemetrics is provided by Goodwin, Velicer, and Intille (2008). Indeed, advances in telemetrics may shift the issue from not having many observations to having too many observations.

### Agreement between Visual and Statistical Analysis

Comparison of the conclusions drawn from visual analysis and ITSA revealed an overall low level of agreement (Kappa = .14). When graphical presentation of the intervention effects presents ideal or almost ideal data patterns, such as low variability of the data, no trend in the data, evident effects of the intervention, ITSA was in agreement with visual analysis, even for the studies with small numbers of observations or experimental designs with more than two phases (AB).

However, in 34% of the evaluated studies, the conclusions drawn based on visual analysis were not supported by statistical analysis. This means that the reported significant results from visual analysis could have been due to chance. If we view statistical analysis as a necessary but not sufficient condition for clinical significance, this result is discouraging. Once the data diverge from the ideal pattern, visual analysis and ITSA can lead to contrary findings. Serial dependency in time-series data is one potential explanation. Moderate to high serial dependence was present in most

examples. It is well known that this can impact reliability and validity of the conclusions based on visual analysis.

Another basis for disagreement is the presence of trend. Trend is not easily observable through visual analysis, especially in short series, and therefore may not be accounted for when evaluating changes in level across phases of the experiment. ITSA is able to account for trend in the data when examining intervention effects, as well as evaluate quantitatively trend and change in trend that may occur across different phases of the design.

Although the failure to detect a statistically significant effect occurred at a much smaller rate (5%), these errors have the potential to prematurely terminate the investigation of a potentially effective intervention. Initial studies of an intervention in a real world study typically represent an attempt to detect an effect in a very noisy environment and effect sizes that are initially small can become much more important with additional controls.

### Advantages of Statistical Analysis

In addition, for all single-subject studies, ITSA provided supplementary quantitative information such as degree of the serial dependency, trend, changes in trend and level across phases, and variability of the data, that are not available through visual inspection of the graphs. Evaluation of the serial dependency could provide information about the generating function of the examined behavior, such as the strength of relationships of the observations or cyclic patterns in the behavior that are not observable by visual inspection of the graph. Unbiased statistical evaluation of the graphs facilitates comparison of the intervention effects across different individuals

within the same experiment or across different studies. This information is particularly useful when experiments are executed across multiple subjects or settings, allowing for a better understanding of the unique variability of the behavior across different subjects of settings.

Furthermore, ITSA facilitates an estimate of Cohen's *d* effect size that enables systematic meta-analytic review of single-subject experiments, as well as evaluation of the intervention effects for experiments with small numbers of observations. In this study, we used Cohen's *d* to examine the magnitude of the intervention effects within single-subjects; for the application of Cohen's *d* effect size to between-subjects see work by Hedges et al. (2012). Statistical significance tests are largely dependent on the sample size, therefore for data with limited numbers of observations, the results may be insignificant due to insufficient statistical power. However effect size is independent of sample size, and meta-analysis can provide more accurate estimates of effect size based on multiple replications.

In addition, the development of the new software such as UnGraph (Biosoft, 2004) and new function in R package (Bulté & Onghena, 2012) creates the possibility to extract the values from published graphs and reanalyze available data using ITSA. This opens up a unique opportunity to use historical data based on single-subject studies and perform far-reaching meta-analytical studies.

# Limitations

The findings based on this study have limited representativeness. The graphs presented in the articles published in a single year and in a single journal are not representative of all single-subject studies. Therefore replication of these findings in

other samples of the published studies within the applied behavior analysis field is needed.

# Conclusions

ITSA can be successfully applied to a wide range of single-subject studies. It provides important additional information such as effect size and aids the evaluation of intervention effects, particularly when the experiment lacks striking changes in behavior. Characteristics of single-subject data such as serial dependency, trend, and high variability limit the reliability and validity of visual analysis. At a minimum, the situation should no longer be viewed as involving competition between the two approaches. Both methods should be performed concurrently to assure valid conclusions about treatment effects, particularly in situations when there is limited number of observations available or when characteristics of the time-series data are not optimal.

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Table 1

Summary of visual analysis and interrupted time-series analysis based on eligible studies published in the Journal of Applied Behavior Analysis in 2010

Figure	N BL	N TX	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	Δ Level	d
St. Peter Pipkin, Vollmer, &								-		
Sloman										
Figure 6. Top panel										
(ABCDEFBFEDC)										
First sequence of conditions										
"DRA lost its efficacy when implem	ented at I	ess than 50% in	tegrity wit	h combi	ined omissi	on and con	nmission er	rors" (p. 60)	).	
On task (B (EF))	9	17	(1, 0, 0)	.48*	-11.22	27.58	4.16*	-5.52*	-1.04	-
Off task (B (EF))	9	17	(1, 0, 0)	.51*	102.47*	30.37	-3.55*	5.01*	0.46	-
Second sequence of conditions										
"The condition sequence did not in	Ifluence H	elena's behavio	or strongly of	during t	he integrity	/ failure pha	ases, insofa	r as her beł	navior durir	ng the
replications matched the results of	otained fro	om the initial ex	xposures" (	p. 62).						
On task (B (FE))	5	16	(1, 0, 0)	.29	-28.61	37.38	2.33*	-2.41*	-1.88	-
Off task (B (FE))	5	16	(1, 0, 0)	.31	123.61*	37.23	-2.33*	2.41*	2.01	-
Figure 7. Bottom panel										
(ABABCACBABCACAB)										
"During subsequent DRA phases th	at followe	ed baseline, agg	ression de	creased	to low rate	es , and	appropriate	e behavior i	ncreased to	)
moderate rates" (p. 65).										
Aggression (ABABABAB) <sup>c</sup>	10/5/	22/12/10/4	(5, 0, 0)	.73*	8.87*	3.50	1.08	-1.88	-1.38	0.83
	13/8	6								
Appropriate behavior	10/5/	22/12/10/4	(5, 0, 0)	.78*	0.39	1.28	0.66	1.84	-1.13	0.86
(ABABABAB) <sup>d</sup>	13/8	6								
"During the 50% integrity phases t	hat follow	ed DRA, a mixtu	ure of aggre	ession a	nd greeting	gs occurred	, with some	bias towar	d aggressio	on"
(p. 65).										
Aggression (BCBC)	12/10	11/36	(5, 0, 0)	.45*	2.42*	2.24	0.49	-0.24	2.67*	1.14
Appropriate behavior (BCBC) <sup>b</sup>	12/10	11/36	(5, 0, 0)	.38*	5.22*	1.22	0.37	-1.90	-0.03	0.02

Table 1	(continued)
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Figure	N BL	N TX	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	Δ Level	d
"During the integrity failures follow	ing baselir/	e, rates of gre	eetings rema	ained lo	w or near	zero , and	l rates of ag	gression re	mained hig	gh and
stable" (p. 65).										
Appropriate behavior (ACAC) <sup>a</sup>	11/18	8/5	(5, 0, 0)	.70*	3.30*	0.89	-3.13*	0.27	-0.35	-
Aggression (ACAC)	11/18	8/5	(5, 0, 0)	.25	9.97*	2.82	-0.27	-0.28	1.59	1.30
Lee, Yu, Martin, & Martin										
Figure 1. (ABAB)										
"For all stimuli, higher rates of resp	onding we	re observed in	n the reinfor	cement	condition	than in bas	eline" (p. 9	7).		
Lynn										
Goldfish Crackers	3/3	3/3	(1, 0, 0)	.45	2.27	1.75	-0.55	1.24	8.58*	8.77
Pretzel <sup>*</sup>	4/3	4/3	(1, 0, 0)	.57*	1.37	1.41	-1.29	4.61*	5.53*	-
Popcorn Twist	3/8	4/7	(1, 0, 0)	.50*	1.56	2.12	0.51	2.13*	0.48	-
Cereal	3/4	8/3	(1, 0, 0)	.03	1.30	1.71	0.18	-1.28	2.92*	2.01
Jell-O	3/3	3/3	(1, 0, 0)	.50	1.24*	0.60	-0.19	-1.79	2.60*	3.53
James										
Orange Juice	6/3	5/5	(1, 0, 0)	.22	0.34	1.81	0.39	-0.26	3.95*	2.22
Smarties	9/3	3/5	(1, 0, 0)	.24	1.92*	1.08	-1.66	-0.19	3.91*	2.82
Pretzel	3/3	9/4	(1, 0, 0)	.08	1.51*	1.11	-1.14	1.47	0.93	0.62
Mini Cookies	4/3	4/7	(1, 0, 0)	11	1.28*	0.76	-1.12	2.22*	-0.46	-
Apple Sauce	3/7	3/6	(1, 0, 0)	09	1.67*	0.85	-1.14	1.75	-1.04	0.80
Popcorn Twist	3/3	8/3	(1, 0, 0)	16	1.03*	0.42	-1.51	-0.73	2.77*	1.67
Groskreutz, Karsina, Miguel, &										
Groskreutz										
Figure 1. (ABC)										
"Posttest performances indicated of	conditional	relations wer	e evident fo	r all stin	nuli tested	" (p. 134	4).			
Lyle (AC)	4	4	(1, 0, 0)	.54*	-6.91	7.06	8.77*	-5.08*	1.63	-
Derrick (AC)	6	6	(1, 0, 0)	.71*	15.83*	4.89	-2.88*	-0.00	9.15*	-
Roy (AC)	6	6	(1, 0, 0)	.73*	35.60*	8.40	-2.83*	2.66*	9.35*	-
Keith (AC)	6	6	(1, 0, 0)	.62*	5.92	12.46	0.39	-0.55	5.46*	6.74

Table 1 (continued)

Figure	N BL	ΝΤΧ	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	∆ Level	d
Waller & Higbee										
Figure 1. (ABAB)										
"Brent's disruption rapidly decrease	ed when tre	eatment was	introduced	" (p.	152).					
Brent: disruption <sup>a</sup>	12/3	12/30	(5, 0, 0)	.58*	50.99*	14.62	-0.67	0.42	-6.52*	2.68
"David's disruption decreased to lo	w levels	during treat	ment" (p. 1!	52).						
David: disruption <sup>a</sup>	7/3	12/21	(1, 0, 0)	.58*	23.42*	5.55	3.07*	-3.11*	-8.26*	-
David: academic behavior <sup>a</sup>	7/3	12/21	-	.67*		M	odel did no	t converge		
Toussaint & Tiger										
Figure 1. (AC)										
"Correct responding increased a	and was ma	intained afte	er instruction	n for the	AB relatio	on during	g postinstru	uction probe	es" (p. 187	).
Fred: CA set 1	4	7	(1, 0, 0)	.65*	82.52*	7.60	-4.22*	5.99*	4.24*	-
Fred: CA set 2	5	6	-	.69*		M	odel did no	t converge		
Fred: CA set 3	6	5	(1, 0, 0)	.14	52.49*	25.58	-0.70	1.73	0.42	0.47
Fred: CA set 4	7	4	(1, 0, 0)	.28	38.60	24.12	0.60	0.11	0.81	1.13
" correct responding increase	ed to and w	vas maintaine	ed at high lev	vels foll	owing the l	AB instructi	on" (p.	187)		
Fred: AC set 1	4	6	(1, 0, 0)	.51*	11.21	14.60	1.42	-1.60	3.62*	3.62
Fred: AC set	5	5	-	.70*		M	odel did no	t converge		
Fred: AC set 3	6	4	(1, 0, 0)	.65*	7.67	11.43	-0.65	2.09	4.75*	5.74
Fred: AC set 4	7	3	(1, 0, 0)	.62	5.02	8.52	0.75	-0.57	7.24*	11.11
Figure 2. (AC)										
"For the BA relation, mean correct	responding	increase	d followi	ng AB ir	struction	" (p. 187)	).			
Jeremy: BA set 1	3	5	(1, 0, 0)	.70*	60.87*	8.29	-2.63	3.43*	6.37*	-
Jeremy: BA set 2	4	4	-	.42		M	odel did no	t converge		
"For the CA relation, mean correct	responding	increase	d followi	ng AB ti	raining	"(p. 187).				
Jeremy: CA set 1	3	5	-	.43		M	odel did no	t converge		
Jeremy: CA set 2	4	4	-	.45		M	odel did no	t converge		
Figure 3. (AC)										
" correct responding increase	ed to high l	evels afte	er AB instruc	tion" (p	. 190).					
Danielle: BA set 1	3	6	-	.61		M	odel did no	t converge		
Danielle: BA set 2	5	4	(1, 0, 0)	.67*	49.67*	7.18	3.16*	-0.04	0.18	-

Table 1 (c	ontinued)
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Figure	N BL	N TX	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	∆ Level	d
"Mean correct responding for the C	A transitive	e relation inc	reased a	fter inst	ruction" (p	o. 190).				
Danielle: CA set 1	3	6	(1, 0, 0)	.34	16.17	14.23	-0.02	-0.26	5.54*	6.15
Danielle: CA set 2	5	4	(1, 0, 0)	.65*	45.75*	2.99	15.49*	-9.53*	1.92	-
"Correct responding was low in bot	h letter set	s during l	baseline for	the AC r	elation an	d increased	during	postinstruc	tion probe	s″
(p. 190).										
Danielle: AC set 1	3	6	(1, 0, 0)	.27	19.62	15.98	0.02	-0.18	4.46*	5.06
Danielle: AC set 2	5	4	(2, 0, 0)	.50	1.18*	12.36	3.32*	-2.21	2.66	-
Kuhn, Chirighin, & Zelenka										
Figure 2. (ABAB)										
"After the introduction (and reintro	duction) of	f FCT+ EXT, ir	nmediate re	duction	s in proble	m behavior	were obse	rved for Ang	gela and G	reg
." (p. 256).										
Angela	4/6	6/6	(1, 0, 0)	.23	5.12*	2.92	0.54	-0.82	-1.66	1.28
Greg <sup>a</sup>	3/7	7/7	(1, 0, 0)	.01	2.27*	1.20	0.55	-1.23	-2.02	1.20
Figure 4. (ABC)										
"After the introduction of the DFCT	contingen	cy, head ban	ging increase	ed slight	ly for Ang	ela in Pairs :	1 and 2	, whereas p	roblem bel	navior
persisted at low levels for Greg in b	oth Pair 1 a	and Pair 2	" (p. 259).							
Angela: Pair 1 (AB)	6	19	(1, 0, 0)	.18	0.00	1.60	0.08	-0.06	1.12	0.98
Angela: Pair 2 (AB)	12	28	(5, 0, 0)	.25	2.79*	1.56	-2.29*	1.46	4.02*	-
Greg: Pair 1 (AB)	3	21	(1, 0, 0)	23	-0.01	0.73	0.16	0.18	0.69	0.66
Greg: Pair 2 (AB)	10	21	(1, 0, 0)	15	-0.06	1.12	0.19	-0.68	1.67	1.04
"When the therapist provided Ange	ela with nor	ncontingent a	access to pre	eferred t	toys (i.e., b	oumble ball,	massager)	, head bang	ing decreas	sed to
near-zero levels across both pairs .	" (p. 259)									
Angela: Pair 1 (BC)	19	23	(5, 0, 0)	.35*	1.43*	1.14	1.54	-3.05*	-2.91*	-
Angela: Pair 2 (BC)	28	8	(5, 0, 0)	.39*	3.24*	1.49	-3.08*	0.41	-0.40	-
"In addition, as shown in the DFCT w	with obser\	ing behavior/	condition (	Figure 4	, bottom t	wo panels),	rates of pr	oblem beha	vior persis	ted at
near-zero levels for Pair 1 and Pair 2	2 activities	" (p. 259).								
Greg: Pair 1 (BC)	21	12	(5, 0, 0)	07	0.71*	0.62	-0.48	-0.64	-0.25	0.15
Greg: Pair 2 (BC)	21	5	(1, 0, 0)	17	1.30*	1.25	-1.42	-0.10	0.18	0.18

Table 1 (continued)

Figure	N BL	N TX	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	Δ Level	d
Digennaro-Reed, Codding,										
Catania, & Maguire										
Figure 1. (ABC)										
"Percentage correct increased imm	nediately d	uring the IVM	condition for	or all pa	rticipants .	" (p. 295)	).			
Kelly $(AB)^{\dagger}$	3	5	(1, 0, 0)	.52	28.28	16.74	0.83	-0.46	3.67*	3.36
Lauren (AB)	5	7	(1, 0, 0)	.60*	44.83*	8.34	0.65	-0.86	5.49*	4.89
Shannon (AB)	7	6	(1, 0, 0)	.25	29.44	22.56	1.26	-0.89	0.41	0.47
Dolezal & Kurtz										
Figure 1 Bottom panel (AB)										
"During FCT treatment in the dema	and and div	erted- attenti	ion conditio	n, rate d	of problem	behavior d	ecreased	." (p. 312).		
Problem behavior	6	8	(1, 0, 0)	.54*	0.81*	0.17	-2.00	1.88	-2.62*	2.29
Van Houten, Malenfant, Reagan,										
Sifrit, Compton, & Tenenbaum										
Figure 2. (ABA and ABCA)										
"The top panel shows data from a	driver who	demonstrate	d an increas	e in sea	t belt use f	ollowing th	e 8-s delay	and a declin	ne when th	e
delay was removed" (p. 377).										
Top panel (AB) <sup>d</sup>	22	61	(5, 0, 0)	.56*	27.33*	12.74	1.28	-0.89	8.59*	2.78
Top panel (BA) <sup>d</sup>	30	61	(5, 0, 0)	.76*	70.61*	11.54	1.29	-2.19*	-8.58*	-
"The second panel shows the data	from a driv	ver who demo	onstrated an	increas	e following	g the introd	uction of th	ne delay and	l maintena	nce
following its removal" (p. 377).										
Second panel (AB) <sup>d</sup>	22	67	(5, 0, 0)	.68*	35.46*	19.18	-1.08	1.32	4.93*	3.14
Second panel (BA)	23	67	(5, 0, 0)	.37*	74.70*	18.39	1.61	-0.23	-0.20	0.13
" the third panel shows data fro	m a driver	for whom the	ere was no e	ffect wł	nen the del	ay was intro	oduced or i	ncreased fro	om 8 to 16	s."
(p. 377).						-				
Third panel (ABCA) <sup>b</sup>	26/27	60/23	-	.50*		М	odel did no	t converge		
"The bottom panel shows the data	of a partic	ipant who init	tially showe	d an inc	rease in se	at belt use t	following th	ne introduct	ion of the	8-s
delay followed by a gradual decline	e in seat be	lt use. After tl	he 16-s fixed	d delay v	was introd	uced, seat b	elt use imp	proved" (p. 3	377).	
Bottom panel (AB) <sup>d</sup>	26	60	(5, 0, 0)	.74*	35.72*	18.58	0.27	-3.43*	6.85*	-
Bottom panel (BC) <sup>d</sup>	60	23	(5, 0, 0)	.81*	107.92*	16.74	-13.01*	2.94*	8.05*	-

Table 1 (continued)

Figure	N BL	N TX	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	∆ Level	d
Lomas, Fisher, & Kelley										
Figure 2. (ABAB)										
"Variable-time delivery of food and	praise	greatly redu	ced problem	behavio	or for all th	ree childrei	n" (p. 43	31).		
Sam: problem behavior	7/5	5/5	(1, 0, 0)	.40	2.56*	1.11	-1.54	0.94	-2.39*	1.85
Aaron: problem behavior	6/7	4/4	(1, 0, 0)	.19	4.60*	2.37	-0.43	0.18	-2.37*	1.79
Mark: problem behavior	rk: problem behavior 7/4 5/641 Model did not converge									
"Levels of compliance were only slightly higher during treatment with VT food and praise for Sam and Mark" (p. 431).										
Sam: compliance	7/5	5/5	(1, 0, 0)	.13	17.02	23.31	0.63	-1.54	2.43*	1.76
Mark: compliance	7/4	5/6	(1, 0, 0)	.37	37.27*	18.10	0.21	-0.68	1.94	1.93
"Aaron's compliance was maintain	ed at highe	r and more s	table levels (	during V	'T food and	d praise	"(p. 431).			
Aaron: compliance	6/7	4/4	(1, 0, 0)	.23	36.03	31.87	-0.43	0.56	1.02	0.88
Stokes, Luiselli, Reed, & Fleming										
Figure 1. (ABC)										
"Descriptive feedback alone did no	t improve p	ass blocking	" (p. 469).							
Dan (AB) <sup>†</sup>	5	3	(1, 0, 0)	.25	40.38*	12.53	-1.19	2.22	0.85	0.76
Steve (AB)	6	3	(1, 0, 0)	32	49.88*	4.84	-0.92	0.51	0.38	0.67
Logan (AB)	7	5	(1, 0, 0)	.34	38.33*	3.17	5.27*	-7.28*	7.59*	-
Matt (AB)	9	7	(1, 0, 0)	.52*	65.22*	6.05	-2.25*	2.05	3.10*	-
Russ (AB)	12	7	(1, 0, 0)	.18	32.51*	10.23	0.79	-1.02	0.52	0.63
"The descriptive and video feedbac	k conditior	i was demon	strated to be	e effecti	ve in impro	oving correc	t pass bloc	king for all f	ive partici	pants"
(p. 469).										
Dan (AC)	5	6	(1, 0, 0)	.65*	45.97*	6.91	-0.96	2.92*	2.76*	-
Steve (AC)	6	7	(1, 0, 0)	.80*	50.67*	6.73	-0.66	1.96	3.61*	4.50
Logan (AC)	7	4	(1, 0, 0)	.72*	39.27*	5.44	2.09	-0.03	5.63*	6.79
Matt (AC)	9	7	(1, 0, 0)	.73*	64.89*	5.13	-2.63*	2.48*	6.93*	-
Russ (AC)	12	5	(1, 0, 0)	.50*	33.19*	10.42	0.73	0.48	1.21	1.62
"Video feedback combined with de	scriptive fe	edback was	consistently	superio	r to descri	otive feedba	ack alone in	improving	pass block	ing"
(p. 469).			·					-		
Dan (BC)	3	6	(1, 0, 0)	.41*	-54.43	6.57	3.63*	-2.55	-0.14	-
Steve (BC) <sup>†</sup>	3	7	(1, 0, 0)	.76*	50.01*	7.56	0.57	0.28	2.65*	2.65

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Figuro	A/ DI				Loval	Errorg	Slope	A Slope	Aloval	4
Figure	IV BL	// 1 X		ARI	Level	Erroro	Siope			u
Logan (BC)	5	4	(1, 0, 0)	.58*	/2.94*	5.27	-3.61*	2.36	6.30*	-
Matt (BC)	7	7	(1, 0, 0)	.36	67.99*	6.53	0.88	0.04	0.91	0.92
Russ (BC)	7	5	(1, 0, 0)	.59*	46.73	5.99	-1.04	1.58	2.24	3.67
Stokes, Luiselli, & Reed										
Figure 1. (AB)										
"His correct tackling also increased	with inte	rvention (p	. 511).							
Mike <sup>a</sup>	12	10	(1, 0, 0)	.74*	29.01*	7.22	0.08	4.21*	0.68	-
Falcomata, Roane, Feeney,										
& Stephenson										
Figure 1. Top panel (ABAB)										
"Rates of elopement were elevated	d during th	he free-access o	condition	. relativ	ve to rates	during the l	blocking co	ndition" (p.	515).	
Elopement	3/8	5/12	(1, 0, 0)	.31*	1.50*	0.43	-0.65	1.00	-3.66*	2.63
Raiff & Dallery										
Figure 1. (ABA)										
"When the intervention was introd	luced, an i	increase in the	frequency of	of testin	g occurred	" (p. 489).				
Talia (AB)	5	5	(1, 0, 0)	.55	0.80	1.22	1.47	-1.33	3.41*	3.98
Bonita (AB)	5	5	(1, 0, 0)	.30	1.45	1.33	0.65	-0.69	2.61*	2.68
Edward (AB)	5	5	(1, 0, 0)	.27	2.78	0.28	2.23	-1.26	1.12	1.21
Andrea (AB)	5	5	(1.0.0)	.51	1.02	1.30	0.10	1.80	1.78	2.00
"Removing the intervention resulte	ed in a deo	crease in the fro	equency of	testing	" (p. 489	9).				
Talia (BA)	5	5	(1.0.0)	.51	6.88	1.38	-0.20	-0.94	-0.73	1.02
Bonita (BA)	5	5	(1, 0, 0)	05	5.84	1.21	-0.01	-0.39	-1.58	1.67
Edward (BA)	5	5	(1, 0, 0)	.35	3.98*	0.22	0.04	4.15*	-5.44*	_
Andrea (BA)	5	5	(1, 0, 0)	.51	0.35	0.96	2.80*	-2.46	-3,99*	-
Leon, Hausman, Kahng &	Ū.	C C	(_, c, c,		0.00	0.00			0.00	
Becraft										
Figure 1. (ABCD)										
"The implementation of differentia	l reinforce	ement during n	onhusy acti	ivities re	sulted in a	an increase	in annronri	ate resnond	ling during	
nonhusy activities in Pair 1 " (n	527)	chieft during h	ionbusy det				in appropri	ate respond	ing uuning	
Pair 1: Communication <sup>c</sup>	Δ	50/10/21	(3 0 0)	41*	73 84*	20 55	-0.25	0 31	-0 34	0 31
					/ 3.04	20.33	-0.23	0.31	-0.34	0.51

Table 1 (continued)

Figure	N BL	N TX	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	∆ Level	d
Carter										
Figure 1. Middle panel (ABABC)										
" presentation of a high-prefer	ence edible it	em continge	ent on comp	liance ir	ncreased co	ompliance a	nd reduced	d destructiv	e behavior	"
(p. 545).										
Compliance (ABAB)	5/4	8/3	(1, 0, 0)	.54*	33.44*	7.92	-0.61	1.57	5.16*	3.51
Destructive behavior (ABAB)	5/4	8/3	(1, 0, 0)	.47*	52.38*	9.25	0.38	-3.61*	-1.81	-
" the provision of a 30-s break	from the task	s for both c	ompliance a	nd desti	ructive beh	avior produ	iced levels	of respondi	ng similar t	to
those observed during baseline (	p. 545).									
Compliance (AAC)	5/4	6	(1, 0, 0)	.14	33.58*	8.37	-0.61	-2.46*	3.90*	-
Destructive behavior (AAC)	5/4	6	(1, 0, 0)	.46	53.12*	8.01	0.15	-0.06	-1.94	2.24
Grauvogel-Macaleese & Wallace										
Figure 2.										
"When peers implemented differe	ential reinford	cement, off-	task behavic	or imme	diately dec	reased for a	all three pa	rticipants .	" (p. 549)	).
Scott (ABAB)	3/3	7/4	(1, 0, 0)	.45*	63.44*	14.10	2.40*	-1.75	-4.54*	-
Zane (AB)	5	9	(1, 0, 0)	.55*	46.43*	12.55	3.10*	-3.55*	-6.83*	-
Drew (AB)	7	12	(1, 0, 0)	.76*	51.01*	11.15	1.18	-0.99	-5.53*	5.28
Athens & Vollmer										
Figure 3.										
" for both participants, the rela	tive rates of	problem bel	havior and a	ppropria	ate behavio	or were sen	sitive to the	e reinforcen	nent durat	ion
." (p. 578).										
Justin (ABCACA)										
Problem behavior (ACACA) <sup>b</sup>	4/10/14	14/20	(5, 0, 0)	.58*	2.40*	0.80	-3.04*	0.17	-0.96	-
Compliance (ACACA)	4/10/14	14/20	(5, 0, 0)	.30*	0.24	0.64	1.93	0.56	-0.30	0.17
Lana (ABAB)										
Problem behavior (ABAB) <sup>a</sup>	6/9	13/11	(5, 0, 0)	.68*	1.67*	0.68	0.12	-0.58	-0.77	0.74
Mand (ABAB) <sup>b</sup>	6/9	13/11	(5, 0, 0)	.76*	0.11	0.45	1.90	-0.43	0.47	0.51

Table 1 (continued)

Figure	N BL	N TX	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	Δ Level	d
Figure 4.										
Justin (ABCAC)										
"In the 1 HQ/1 LQ condition, rates	of problem	h behavior deci	reased, and	l approp	riate beha	avior increas	ed" (p. 579	9).		
Problem behavior (AB)	5	14	(1, 0, 0)	05	5.31*	1.46	-2.02	2.18*	-0.46	-
Compliance (AB)	5	14	(1, 0, 0)	.13	3.39*	1.21	-2.22*	1.52	4.24*	-
"Problem behavior decreased, and	d appropriat	te behavior inc	reased to h	nigh leve	els during t	the return to	o the 3 HQ/	′1 LQ condit	ion" (p. 58	0).
Problem behavior (AC)	9	7	(1, 0, 0)	29	2.16*	0.70	-3.46*	-0.51	2.21*	-
Compliance (AC)	9	7	(1, 0, 0)	.06	5.23*	1.34	-0.78	1.61	-1.52	1.35
"In summary, results of the quality	/ analyses ir	ndicated that .	the relat	ive rate	s of both p	oroblem beh	navior and a	appropriate	behavior v	vere
sensitive to the quality of reinforce	ement avail	able for each a	alternative"	′ (p. 581	).					
Problem behavior (ABCAC)	5/9	14/10/7	(1, 0, 0)	07	2.92*	1.20	-2.88*	1.41	-2.91*	-
Compliance (ABCAC) <sup>b</sup>	5/9	14/10/7	(5, 0, 0)	.44*	1.00	1.44	3.49*	-1.98	0.70	-
Kenneth (ABABACBC)										
"In the 1 HQ/1 LQ condition, rates	of problem	h behavior deci	reased, and	l approp	riate beha	vior increas	ed" (p. 580	)).		
Problem behavior (AB)	6	15	(1, 0, 0)	.57*	4.54*	1.75	0.21	-0.71	-0.21	0.23
Mand (AB)	6	15	(1, 0, 0)	.54*	-0.05	0.51	0.28	1.45	-2.14*	1.67
" we conducted the 3 HQ/1 LQ	condition, a	and problem b	ehavior deo	creased	to rates lo	wer than ob	oserved in p	previous cor	nditions an	d
appropriate behavior increased to	high rates"	' (p. 580).								
Problem behavior (ABABAC) <sup>a</sup>	6/15/5/	19	(5, 0, 0)	.67*	4.34*	1.41	-2.21*	0.32	-0.97	-
	4/10									
Mand (ABABAC) <sup>c</sup>	6/15/5/	19	(5, 0, 0)	.64*	-0.17	0.62	5.97*	-1.14	-0.53	-
	4/10									
"In summary, results of the quality	/ analyses ir	ndicated that .	the relat	ive rate	s of both p	oroblem beh	navior and a	appropriate	behavior v	vere
sensitive to the quality of reinforce	ement avail	able for each a	alternative"	′ (p. 581	).					
Problem behavior (ABABACBC) <sup>c</sup>	6/5/10	15/4/19/8/	(5, 0, 0)	.58*	4.99*	1.54	-1.35	0.94	-2.19*	1.36
		22								
Mand (ABABACBC) <sup>d</sup>	6/5/10	15/4/19/8/	(5, 0, 0)	.57*	0.17	0.72	1.59	-1.05	1.84	1.14
		22								

Table 1 (continued)

Figure	N BL	N TX	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	∆ Level	d
Figure 5.										
Corey (ABCAC)										
"In summary, results of the delay a	inalysis in	dicate that the r	elative rate	es of pro	blem beh	avior and a	opropriate l	behavior we	ere sensitiv	e to
the delay to reinforcement following	ng each a	lternative" (p. 5	82).							
Problem behavior	23/6	21/17/44	(5, 0, 0)	.27*	3.28*	2.23	-0.14	-0.77	-0.46	0.16
Mand <sup>a</sup>	23/6	21/17/44	(5, 0, 0)	.17	1.60*	1.12	-0.14	-0.09	0.00	0.00
Henry (ABACABAC)										
"In a reversal to 0-s/0-s delay base	line, there	e was a slight ind	crease in pr	oblem b	ehavior fr	rom the pre	vious condi	ition and a d	lecrease in	
appropriate behavior" (p. 582).										
Problem behavior (BA)	6	8	(1, 0, 0)	.22	0.46	0.79	1.55	0.83	-1.60	1.75
Mand (BA)	6	8	(1, 0, 0)	.00	1.87*	0.75	-2.45*	-0.79	2.28*	-
"During the 0-s/60-s delay condition	on, there v	was a decrease i	n problem	behavio	r to zero r	ates and an	increase in	n appropriat	e (p. 58	32).
Problem behavior (AB)	6	11	(1, 0, 0)	.59*	0.48	0.75	2.21*	-3.77*	0.00	-
Mand (AB)	6	11	(1, 0, 0)	.47	1.67*	0.64	-2.25*	2.79*	2.25*	-
"In summary, results of the delay a	inalysis in	dicate that the r	elative rate	es of pro	blem beh	avior and a	opropriate l	behavior we	ere sensitiv	e to
the delay to reinforcement following	ng each al	lternative" (p. 5	82).							
Problem behavior	4/6/	8/11/11/16	(5, 0, 0)	.55*	1.50*	0.80	-0.20	-0.35	0.18	0.13
	12/4									
Mand	4/6/	8/11/11/16	(5, 0, 0)	.38*	0.74	0.82	-0.60	1.14	0.63	0.35
	12/4									
Figure 6.										
George (ABAB)										
"In summary, results of the combir	ned analys	ses indicate that	for these p	participa	ints the re	lative rates	of problem	behavior a	nd appropi	riate
behavior were sensitive to a combi	ination of	the quality, dela	ay, and dur	ation of	reinforce	ment follow	ing each al	ternative" (	p. 584).	
Problem behavior	7/6	7/10	(5, 0, 0)	.45*	3.60*	1.39	-1.89	1.37	-2.63*	1.94
Mand <sup>a</sup>	7/6	7/10	(1, 0, 0)	06	0.03	0.47	1.17	0.19	3.92*	1.55

Table 1 (continued)										
Figure	N BL	N TX	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	Δ Level	d
Clark (ABAB)										
"In summary, results of the combin	ned analyses i	indicate tha	t for these p	participa	nts the re	lative rates	of problem	behavior a	nd appropr	iate
behavior were sensitive to a comb	ination of the	quality, de	lay, and dur	ation of	reinforce	ment follow	ing each alt	ternative" (p	o. 584).	
Problem behavior <sup>a</sup>	6/5	8/10	(1, 0, 0)	.77*	2.91*	0.61	-1.63	1.44	-4.09*	4.07
Mand <sup>a</sup>	6/5	8/10	(1, 0, 0)	.51*	1.13*	0.53	-2.43*	3.79*	0.59	-
Wilder Allicon Nicholson										
Abellon & Saulnier										
Figure 1										
Ricky (ABACABAC)										
"For Bicky compliance improved y	when the guid	ed complia	nce nrocedi	ire was (	conducted	" (n 606)				
	3/3/3/3	6/8		58*	6 91	73 11	-0 77	1 87	3 73*	1 99
lan (ABACABADAD)	5,5,5,5	0/0	(1, 0, 0)	.50	0.51	23.11	0.77	1.07	5.25	1.55
"For lan contingent access to pref	erred edible i	tems initiall	v anneared	to he ef	fective in	increasing c	omnliance	hut compli	ance decre	ased
toward the end of this phase" (n. f	506).		y uppeureu				omphance,	but compil		useu
Compliance (AC)	5	6	(1, 0, 0)	.37	1.85	24.35	-0.14	-1.21	3.71*	3.78
"Therefore, a response-cost comp	onent was ad	ded. which	increased co	ompliand	ce to high	levels" (p. 6	07).			
Compliance (ADAD)	7/3	3/5	(1, 0, 0)	.50*	3.47	18.75	0.38	-0.76	5.70*	5.08
Andv (ABACADABACAD)	<b>y</b> -	-1-	( / - / - /							
" contingent access to preferred	d edible items	s was imme	diately effec	tive in ir	ncreasing	compliance	" (p. 607).			
Compliance (AD)	3	6	, (1, 0, 0)	.66*	4.03	16.49	-0.24	0.43	4.05*	5.03
Figure 2.										
Ricky (ABACABAC)										
"For Ricky, problem behavior occu	rred exclusive	ely during th	ne guided co	mplianc	e conditio	ons, but app	eared to su	bside during	g each	
implementation" (p. 607).		, 0	0	•		, ii		·	5	
Problem behavior (AACAAC)	3/3/3/3	6/8	(1, 0, 0)	.07	-1.58	12.45	0.36	-2.16*	3.94*	-
lan (ABACABADAD)		-	,							
"Ian exhibited most of his problem	ı behavior du	ring rationa	le condition	s" (p. 60	8).					
Problem behavior (ABAB)	5/9	8/5	(1, 0, 0)	.46*	32.75	26.72	-0.28	0.22	-0.07	0.07

Table 1 (continued)

Figure	N BL	N TX	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	Δ Level	d
Figure 3.										
Ed (ABACABAC)										
"For Ed, compliance improved whe	n he receive	ed access to	his preferred	d edible	item conti	ingent on co	ompliance"	(p. 609).		
Compliance (ACAC)	3/4	6/7	(1, 0, 0)	.62*	5.15	22.66	0.49	1.16	1.93	1.71
Carl (ABACABAC)										
"For Carl, contingent access to pret	ferred edible	e items was	also effective	e in incr	easing con	npliance" (p	o. 609).			
Compliance (ACAC)	3/3	3/16	(1, 0, 0)	.57*	1.06	4.31	-0.42	0.53	37.44*	22.74
Sam (ABACABAC)										
"For Sam, contingent access to pre	ferred edibl	e items was	also effectiv	e in inci	reasing cor	npliance" (	o.609).			
Compliance (ACAC)	3/3	3/25	(1, 0, 0)	.42*	18.73	17.54	-0.84	0.60	8.29*	4.85
Carbone, Sweeney-Kerwin,										
Attanasio, & Kasper										
Figure 1. (AB)										
"Tony's mean responding showed	a threefold i	increase in u	nprompted	vocal re	sponding.	" (p. 707)	).			
Tony <sup>b</sup>	10	21	(5, 0, 0)	.66*	9.58*	6.27	0.16	0.76	3.09*	2.30
"Both Ralph's and Nick's manual si	gn mands w	ere accomp	anied by very	y few vo	ocal respon	ses during	baseline, bu	ıt demonstr	rated subst	tantial
increases in unprompted vocalizati	ons during t	treatment" (	p. 707).							
Ralph	17	10	(1, 0, 0)	.67*	1.18	5.51	-0.12	0.87	1.51	1.57
Nick	21	7	(1, 0, 0)	.59*	1.13	1.46	0.11	-0.31	-0.33	0.40
Ulke-Kurkcuoglu & Kircaali-Iftar										
Figure 1. (ABABA)										
"All participants except Yavuz co	nsistently di	splayed high	ner levels of o	on-task	behaviors	during choi	ce conditio	ns than duri	ing baselin	e" (p.
			719	€).						
Utku	4/4/4	4/4	(1, 0, 0)	.47*	62.45*	5.52	4.13*	-2.01	5.91*	-
Alp	4/4/4	4/4	(1, 0, 0)	.53*	65.04*	3.52	6.07*	-0.79	6.34*	-
Selim	4/4/4	4/4	(1, 0, 0)	.57*	70.97*	3.62	3.10*	-0.02	4.64*	-
Yavuz	4/4/4	4/4	(1, 0, 0)	.65*	66.03*	2.51	16.08*	-6.11*	13.31*	-

Table I (continued)
---------------------

Figure	N BL	N TX	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	∆ Level	d
"Yavuz's on-task behavior during th	e last base	line conditio	n was similar	r to his (	on-task beł	navior in the	e choice co	nditions" (p	. 719).	
Yavuz (BBA)	4	4/4	(1, 0, 0)	.23	95.83*	1.60	1.62	0.43	-3.13*	3.85
Roscoe, Kindle, & Pence										
Figure 1. Bottom panel (ABAB)										
"During the first FCT intervention pl	nase [as we	ell as return t	o the FCT in	tervent	ion], she di	d not exhib	it aggressic	on and emit	ted the	
communication response at mostly	short later	ncies and at a	a high freque	ncy"	(p. 726).					
Aggression	3/3	5/9	(1, 0, 0)	.46*	42.94	65.99	-0.73	0.51	5.45*	3.80
Communication	3/3	5/9	(1, 0, 0)	.30	304.88*	95.74	-1.11	0.53	-3.17*	2.20
Travis & Sturmey										
Figure 1. Bottom panel (ABAB)										
"The immediate success of this inte	rvention	"(p. 748).								
Nondelusional statements	4/4	5/4	(1, 0, 0)	.55*	0.61*	0.15	-2.29*	5.02*	6.61*	-
Delusional statements	4/4	5/4	(1, 0, 0)	.58*	1.45*	0.16	-0.07	-1.66	-7.95*	6.38
Wilder, Nicholson, & Allison										
Figure 1.										
Top panel (ABABACAC)										
"Ralph's compliance was generally l	ow during	baseline	. However, v	vhen pł	nysical guid	ance was a	dded, his co	ompliance ir	ncreased a	nd
remained at high levels" (p. 753).										
Compliance (ACAC)	3/6	10/5	(1, 0, 0)	.64*	11.83	31.61	0.29	1.35	-0.21	0.21
Middle panel (ABABACADACAD)										
"During the first advance notice plu	s physical g	guidance pha	ise, compliar	nce rem	ained relat	ively low	." (p. 753).			
Compliance (AC)	4	7	(1, 0, 0)	.37	-1.21	14.99	0.13	-0.21	0.50	0.62
"During the physical guidance only	ohase, com	npliance incre	eased and re	mained	at high lev	els" (p.	753).			
Compliance (AD)	3	11	(1, 0, 0)	.62*	4.21	25.27	-0.24	0.73	-0.07	0.08
Compliance increased again during	the second	l advance no	tice plus phy	sical gu	idance pha	se" (p.7	53).			
Compliance (AC)	3	8	(1, 0, 0)	.41*	48.89	29.74	-1.03	1.05	2.26	2.49
Compliance increased to high, st	table levels	s during the s	econd physi	cal guid	ance phase	e" (p. 75	3).			
Compliance (AD)	9	9	(1, 0, 0)	.04	60.76*	25.15	-2.20*	-0.23	5.27*	-

Table 1 (continued)										
Figure	N BL	ΝΤΧ	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	Δ Level	d
Bottom panel (ABABACACAD)										
"When physical guidance was ac	lded, compliar	nce increased	d" (p. 753	3).						
Compliance (ACAC	) 3/4	8/10	(1, 0, 0)	.52*	12.84	24.74	-0.31	0.69	0.90	0.82
"During the last phase, advance	notice was rer	noved and p	hysical guida	ance alo	ne was im	plemented.	Complianc	e improved	and	
remained at high levels durin	g this phase" (	(p. 753).								
Compliance (AD	) 4	7	(1, 0, 0)	.70*	-3.05	14.24	0.31	3.56*	-2.29*	-
Miller, Lerman, & Fritz										
Figure 1.										
" the percentage of trials with	n reprimands d	lecreased du	iring the first	t extinct	ion phase	Cindy's	responding	, was similar	r to that du	iring
her first extinction phase, althout	gh suppressio	n was less pi	ronounced"	(p. 771).						
Cindy (ABAB	) 3/4	4/8	(1, 0, 0)	.38	71.41*	30.05	1.19	-1.23	-0.55	0.49

*Note.* The following information is included in the first column: authors of the publication, figure label as it is presented in the publication, experimental design presented using capital letters in the parenthesis. Unless otherwise indicated with the superscript (†), each ITSA model was determined based on four parameters: level, slope, change in slope and change in level. *N* BL = number of observations in the baseline or reference phase; *N* TX = number of observations in the treatment phase; ARIMA = autoregressive moving average model; AR 1 = autoregressive term 1; Level = intercept; Error  $\sigma$  = standard error estimate; Slope = *t*-test statistic for linear trend of the time series;  $\Delta$  Slope = *t*-test statistic for change in slope at the interruption point;  $\Delta$  Level = *t*-test statistic for change in level at the interruption point; *d* = Cohen's *d* effect size; Cohen's *d* effect size is not available for time series with significant slope or change in slope.

<sup>a</sup> significant AR 2

<sup>b</sup> significant AR 2 and AR 3

<sup>c</sup> significant AR 2, AR 3, and AR 4

<sup>d</sup> significant AR 2, AR 3, AR 4 and AR 5

<sup>†</sup> ITSA model estimated separately for slope and change in slope due to small number of observation that affected model's stability

\*p < .05



*Figure 1*. Distribution of Lag-1 Autoregressive Coefficients in Eligible Time Series Data (K = 163)



*Figure 2*. Distribution of the Cohen's d Effect Size Estimates for Eligible Time Series Data (k = 98)



Figure 3. Agreement between graphical analysis and statistical analysis



*Figure 4*. Graphical presentation of the data illustrated in the first example of ITSA application.

*Note.* Figure reproduced from the data extracted using UnGraph<sup>®</sup> software from Lomas, Fisher, & Kelly, 2010 (p. 430).



*Figure 5.* Graphical presentation of the data illustrated in the first example of ITSA application.

*Note.* Figure reproduced from the data extracted using UnGraph<sup>®</sup> software from Lomas, Fisher, & Kelly, 2010 (p. 430).


*Figure 6.* Graphical presentation of the data illustrated in the second example of ITSA application.

*Note.* Figure reproduced from the data extracted using UnGraph<sup>®</sup> software from Van Houten et al., (2010) (p. 377).



*Figure 7*. Graphical presentation of the data illustrated in the third example of ITSA application.

*Note*. Figure reproduced from the data extracted using UnGraph<sup>®</sup> software from Athens, & Vollmer (2010) (p. 580).



*Figure 8.* Graphical presentation of the data illustrated in the third example of ITSA application.

*Note.* Figure reproduced from the data extracted using UnGraph<sup>®</sup> software from Athens, & Vollmer (2010) (p. 580).

# **CHAPTER 3**

Comparing Visual and Statistical Analysis in Single-Subject Studies: Results for

Kazdin Textbook Examples

Manuscript will be submitted to Psychological Methods

#### Abstract

**Objective.** There has been an ongoing scientific debate regarding the most reliable and valid method of single-subject data evaluation in the applied behavior analysis area among the advocates of visual analysis and proponents of interrupted time-series analysis (ITSA). To address this debate, a head-to-head comparison of both methods was performed, as well as an overview of serial dependency, effect sizes and sample sizes.

**Method.** Conclusions drawn from visual analysis of graphs obtained from the textbook by Alan E. Kazdin (2011) were compared with findings based on ITSA of the same data. This comparison was made possible by the software, called UnGraph<sup>®</sup> which permits recovery of raw data from graphs and the application of ITSA.

**Results.** ITSA was successfully applied to 97% of examined time-series data with numbers of observations ranging from 10 to 68. Over 65% of the data had moderate to high level first order autocorrelations (> .40). Large effects sizes ( $\geq$  .80) were found for 75% of eligible studies. Comparison of the conclusions drawn from visual analysis and ITSA revealed an overall moderate level of agreement (Kappa = .44).

**Conclusions.** These findings show that ITSA can be broadly implemented in applied behavior analysis research and can facilitate evaluation of intervention effects, particularly when specific characteristics of single-subject data limit the reliability and validity of visual analysis. These two methods should be viewed as complimentary and used concurrently.

Keywords: Applied Behavior Analysis, Single-subject Studies, Visual Analysis, Interrupted Time-series Analysis, Effect Size, Serial Dependency

# Comparing Visual and Statistical Analysis in Single-Subject Studies: Results for Kazdin Textbook Examples

Group-level and single-subject research designs are two methodological models employed for analyzing longitudinal research. The first model is based on data obtained from a large number of individuals and provides average estimates of longitudinal trajectories of behavior change based on group-level data, emphasizing between-subject variability. A significant limitation of group-level designs, also known as nomothetic designs, is the inability to capture high levels of variability and heterogeneity within the studied populations (Molenaar, 2004). Further, group-level designs emphasize central tendencies of the population and consequently obscure natural patterns of behavior change, their multidimensionality and unique variability within each individual (Molenaar & Campbell, 2009).

The second methodological approach employed in longitudinal research is based on data obtained from one individual or unit (n = 1) through intensive data collection over time. Single-subject designs, also known as idiographic designs, examine individual-level data, that allows for highly accurate estimates of within-subject variability and longitudinal trajectories of each individual's behavior. Idiographic methodology characterizes highly heterogeneous processes, which consequently allow for more accurate inferences about the nature of behavior change specific to an individual (Velicer & Molenaar, 2013). Single-subject designs address the limitations of group-level designs and present several advantages. They allow for a highly accurate assessment of the impact of the intervention for each individual while group-

level designs provide information about the effectiveness of the intervention for an "average" person, rather than any person in particular (Velicer & Molenaar, 2013).

In addition, single-subject research allows studying longitudinal processes of change with much better precision than group-level designs, due to a higher number of data points and better controlled variability of the data. Also, it can be applied to populations that are otherwise difficult to recruit in numbers large enough to allow for a group-level design (Barlow, Nock, & Hersen, 2009; Kazdin, 2011).

#### Methods of evaluating single-subject studies

Currently, there are two widely used methods for evaluating intervention effects based on single-subject designs. Visual analysis of the graphs presenting experimental data is a commonly used approach in applied behavior analysis research, while interrupted time-series analysis (ITSA) is a statistical method used in research fields, such as electrical engineering, economics, business, and other areas of psychology, to name just a few. The use of visual analysis preceded the development of quantitative methods like time series analysis which required high speed computers to implement. *Visual analysis* 

The most basic experimental model used in single-subject research is an A-B design with a well defined target behavior that is examined before and after the intervention. The first phase (A) of the design consists of multiple baseline observations that assess the pre-intervention characteristics of the behavior. In the second phase (B) of the design, the treatment component of the experiment is introduced and changes in behavior are examined (Barlow et al., 2009; Kazdin, 2011).

The visual analysis of the graph, performed by a judge or a rater, is based on a set of criteria that evaluate and compare the characteristics of phase A and B and examine whether behavior changes in phase B are a result of the intervention. The baseline (A) phase provides information about the descriptive and predictive aspects of the target behavior, such as stability and variability. Stable behavior, characterized by the absence of a trend or slope in the data, indicates that the targeted behavior neither increases nor decreases on average over time during the baseline phase (Kazdin, 2011). Variability of the data is characterized by the changes in the behavior within the range of possible low and high levels (Barlow et al., 2009). Single-subject experiments are evaluated based on magnitude and rate of change between phase A and B. The magnitude of change is based on variability in level and slope of the data. Changes in level refer to average changes in the frequency of target behavior, whereas changes in slope refer to shifts in direction of the behavior across different phases. The mean is the average for all data in a particular phase. If the series is stable, the level will equal the slope. Changes in level and slope are independent from each other. Rate of change is based on changes in trend or slope of the data and latency of change. Trend analysis provides information on systematic increases or decreases in the behavior across phases, whereas latency of change refers to the amount of time between the termination of one phase and changes in behavior (Kazdin, 2011).

Visual analysis, although guided by the set of criteria described above, is not based on any specific decision making rules and it is mostly driven by subjective evaluation of the intervention effects. Advocates of this approach argue that large intervention effects are evident and provide unequivocal conclusions that can be easily

observed by independent judges. Further, it is argued that the subjective evaluation of intervention effects has a minimal impact on reliability and validity of the conclusions drawn from the graphs presenting large and therefore easily observable treatment effects, since only those are considered to have significant clinical implications (Baer, 1977; Kazdin, 2011). This concept is particularly promoted in the field of applied behavior analysis.

Proponents of visual analysis acknowledge that certain characteristics of singlesubject data can significantly impair the ability to accurately evaluate intervention effects. The presence of slope in the baseline phase of the experiment may negatively affect the evaluation of the experiment, especially when the trend of the targeted behavior is moving in the same direction as would be expected due to treatment effects. High variability of the data may also interfere with the validity of the conclusions. For example, accuracy of the evaluation of intervention effects on disruptive behavior can be significantly affected by a pattern of behavior that is decreasing (getting better) over time. Also high variability of the behavior, such as extreme fluctuations from none to high frequency of disruptive behavior can limit the ability to draw valid conclusions about intervention effects (Kazdin, 2011). However, it is argued that the rationale for using visual analysis is to highlight large (i.e. easily observable) intervention effects and disregard small (i.e. not easily observable) effects. It is concluded that visually undetected intervention effects have insignificant clinical impact. Proponents of visual analysis state that the conservative approach to evaluating intervention effects guarantees highly accurate and consistent conclusions across independent judges, as well as reduces unknown probability of Type I error rate

and consequently increases the probability of Type II error rate (Baer, 1977; Kazdin, 2011).

In the recent literature, some of the visual analysis advocates have discussed the problem of the lack of effect size estimation which results in an inability to perform meta-analytic reviews single-subject experiments. As stated by Kazdin (2011), the single-subject research field would benefit from the ability to integrate a large number of studies in a systematic way that would allow drawing broader conclusions regarding intervention effects that would generalize beyond single experiments. However, to date there is no consensus regarding guidelines for interpreting effect sizes calculated based on supplementing visual analysis methods commonly used among single-case researchers. Brossart, Parker, Olson, and Mahadevan (2006) compared five analytic techniques frequently used in single-subject research applied to the same data and concluded that each analytical approach was strongly influenced by serial dependency, and the obtained results based on each method varied so much that it prohibited the development of any reliable effect-size interpretation guidelines. Inability to estimate effect sizes based on currently used analytical methods leaves meta-analytic approaches out of reach in the field of single-subject research. A noteworthy study by Hedges, Pustejovsky and Shadish (2012) proposed new effect size that is comparable to Cohen's d, frequently used in group-level designs. It is applied across single-subject cases and it can be used in studies with at least three independent cases. This new approach can be applied in meta-analytic research and warrants further examination.

Several studies examined agreement rates among judges and showed that visual analysis led to inconsistent conclusions about the intervention effects across different raters. The inter-rater agreement among judges who reviewed the same graphs was relatively poor, ranging on average from .39 to .61 (Jones, Weinrott, & Vaught, 1978; DeProspero & Cohen, 1979; Ottenbacher, 1990), suggesting that visual analysis is not a reliable method for assessing intervention effects of single-subject data. Higher complexity of the data and experimental design resulted in less consistent conclusions. Factors like high variability of the data, inconsistent patterns of behavior over time, changes in slope, and small changes in level of the data were associated with lower agreement rates across judges (DeProsper & Cohen, 1979; Ottenbacher, 1990).

In addition, Matyas and Greenwood (1990) showed that a positive autocorrelation and high variability in the data tend to increase Type I error rates. These findings suggest that the claimed advantages of visual analysis resulting in a reduced in Type I error rates are highly overstated.

Several studies demonstrated that higher levels of serial dependency in a singlesubject data lead to higher rates of disagreement between visual and statistical analysis (Bengali & Ottenbacher, 1998; Jones et al., 1978; Matyas & Greenwood, 1990). One study by Jones et al. (1978) showed that the highest level of agreement between the two methods was found when there were non-statistically significant changes in the behavior and the lowest agreement occurred when there were significant effects of the intervention. These findings suggest that statistically significant results may be more often overlooked by visual analysis than non-significant results and that the highest

agreement between these two methods occurs when there is no serial dependency in the data and intervention effects are insignificant.

#### Interrupted time-series analysis

Interrupted time-series analysis (ITSA) is a statistical method used to examine intervention effects of single-subject study designs. It is based on chronologically ordered observations obtained from a single subject or unit. An inherent property of time-series data is serial dependency that reflects the impact of previous observations on the current observation and violates the assumption of independence of errors, which can significantly affect the validity of the statistical test. Serial dependency, examined by the magnitude and direction of autocorrelations between observations spaced at different time intervals (lags), directly impacts error term estimation and validity of the statistical test. Negative autocorrelations produce an overestimation of the error variance, which leads to conservative bias and increases Type II error rate, whereas positive autocorrelations lead to underestimation of the error variance, and cause liberal bias and increase Type I error rates (see Velicer & Molenaar, 2013 for an illustration).

The most widely used model for examining serial dependency in the data is the autoregressive integrated moving average (ARIMA) model. It consists of three elements to be evaluated. The autoregressive term (p) estimates the extent to which the current observation is predictable from preceding observations and the number of past observations that impact the current observation. The moving average term (q) estimates the effects of preceding random shocks on current observation. The integrated term (d) refers to the stationarity of the series. Stationarity of time-series

data requires the structure and the parameters of the data, such as mean, variance and the patterns of the autocorrelations to remain the same across time for the series. Nonstationary data requires differencing in order to keep the series at a constant mean level, otherwise reliability of the assessed intervention effects can be compromised (Glass, Willson, & Gottman, 2008).

The ITSA method is able to measure the degree of the serial dependency in the data and statistically remove it from the series, allowing for an unbiased estimate of the changes in level and trend across different phases of the experiment (Glass et al., 2008). In addition, after accounting for serial dependency in the data, ITSA facilitates an estimate of Cohen's *d* effect size (Cohen, 1988), which is the most commonly used measure of intervention effects in behavioral sciences research with widely implemented interpretative guidelines.

#### ITSA limitations

Although, the most recommended method for removing serial dependency from single-subject data is implementing an ARIMA model (Glass et al., 2008), some researchers call attention to some drawbacks of ITSA related to accurate ARIMA model estimation and limited utility in applied behavior analysis studies (Ottenbacher, 1992; Kazdin, 2011). Identifying the correct ARIMA model has been shown to be often unreliable, leading to model misidentification (Velicer & Harrop, 1983). However this issue has been addressed through the general transformation method, which uses the ARIMA model for lag-5 autocorrelation (5, 0, 0) that was shown to be simpler and more accurate than other model specification methods (Velicer & McDonald, 1984). For shorter time-series data a simpler model based on lag-1

autocorrelation (1, 0, 0) is sufficient when applied to data that does not require forecasting (Simonton, 1977). Simulation studies have shown that these procedures are very accurate (Harrop & Velicer, 1985; Harrop & Velicer, 1990).

Another disadvantage of the ARIMA procedure has been associated with the requirement of a large number of observations. A minimum of 35-40 observations or even as high as 25 observations per phase were recommended (Glass et al., 2008; Ottenbacher, 1992) in order to correctly identify an ARIMA model. However, application of predetermined ARIMA model allows for reliable evaluation of shorter data series. In addition, proponents of visual analysis argue that ITSA may not be a suitable analytical approach for experimental designs that reach beyond the basic AB model, such as alternating treatment designs or multiple baseline designs (Barlow et al., 2009; Kazdin, 2011).

# Study Aims

This study will perform a head-to-head comparison of the conclusions drawn from visual analysis of graphically presented data with the findings based on interrupted time-series analysis of the same data. The study will use graphical data based on published single-subject studies included in the textbook by Kazdin (2011). The text was selected because it is a leading text on the topic used by applied researchers and the author strongly promotes the use of visual analysis rather than quantitative analysis methods. In a related study, all the studies published in a leading journal (Journal of Applied Behavior Analysis, 2010) were evaluated in the same way (Harrington & Velicer, 2013).

The aim of this study is to examine the level of agreement between these two methods, as well as degree of serial dependency in single-subject data, and estimate the effect size for each study. This comparison is made possible by the development of a statistical program called UnGraph<sup>®</sup> software version 5.0 (Biosoft, 2004), which permits the recovery of raw data and the application of interrupted time series analysis.

# Method

# Sample

Graphical data was obtained from the book titled "*Single-Case research designs: Methods for clinical and applied settings*" by Alan E. Kazdin (2011), who is currently the leading advocate of visual analysis of single-subject studies. The book is a widely used textbook within the applied psychology area and provides numerous examples of graphs presenting single-subject experimental data with corresponding evaluations of intervention effects based on visual analysis.

For a graph to be included in this study, it was required to meet the following inclusion criteria: (1) present actual data (not simulated); (2) present already published data; (3) present interrupted time-series data; (4) present a minimum of three observations in each phase of the design in order to estimate a full four parameter model; (5) present baseline and treatment phases of an experimental design; (6) include corresponding description of the conclusions drawn from the visual analysis of

the graph; and (7) present well defined data points (observations) in the graph. Graphs presenting cumulative data or alternating-treatment designs were not eligible. *Procedure* 

Eligible graphs were scanned and electronically imported into UnGraph<sup>®</sup> software version 5.0 (Biosoft, 2004). Next, data presented in each graph was extracted using the UnGraph<sup>®</sup> software function of coordinate system that defined each graph's structure and scale. Then, sequentially ordered data recorded in a time-series data format was exported into a Microsoft Excel® spreadsheet.

# Validity and reliability of UnGraph<sup>®</sup> software

UnGraph<sup>®</sup> software has been previously examined for its validity and reliability when extracting data from graphs representing single-case designs (Shadish et al., 2009). Results of this study indicated high validity and reliability of the extracted data from graphs, with .96 as an average correlation coefficient between two raters. *Analysis* 

Interrupted time-series analyses (ITSA) were used to evaluate intervention effects of each single-subject study based on the data collected using UnGraph<sup>®</sup> software. Identification of the ARIMA model was performed in a series of steps. First, level of autocorrelation in the data was evaluated based on autocorrelation function (ACF) and partial autocorrelation function (PACF). These two functions refer to autoregressive and moving average parameters and estimate whether negative or positive correlation was present in the data series, as well as in how many lags the correlation was present.

Also, the stationarity parameter (d) was evaluated, and if required, differencing of the data was performed.

Second, values of each parameter were estimated and the fit of the ARIMA model was evaluated. The best fitting model resulted in uncorrelated residuals. In cases when the residuals were correlated, the model identification process was repeated and a new model was evaluated (Barlow et al., 2009; Glass et al., 2008). Once a correctly identified ARIMA model was applied to single-subject data, parameters such as trend, change in trend, level, change in level, as well as mean and variability of the series were evaluated. Intervention effects were examined based on changes in slope and level across the experimental phases of the design. In addition, for studies where no significant slope or change in slope was present, Cohen's *d* effect size was calculated to examine the magnitude of the behavior change due to the intervention. Analyses were performed in SAS version 9.2. This study was approved by the University of Rhode Island Institutional Review Board.

Description of the visual analysis of graphs presented in the textbook written by Kazdin (2011) was used to perform a head-to-head comparison of the findings based on each method. These comparisons were based on conclusions made in regards to trend, change in trend, variability of the data and change in level of the data across different experimental phases of the experiment.

# Results

# Sample

A total of 134 graphs presenting time-series data based on published studies were reported in the textbook. After reviewing the content of the graphs, 60 met eligibility criteria and were included in this study. Excluded publications presented less than 3 observations in at least one phase of the design (k = 26), presented cumulative data or alternating-treatment designs (k = 17), did not present interrupted time-series data (k = 14), or did not meet one of the other eligibility criteria (e.g. included aggregated or truncated number of observations, data points were not well-defined, not a single-subject study design, visual analysis of the graph was not possible to verify using ITSA ) (k = 17).

Almost all eligible graphs displayed AB single-subject study designs and their variations (e.g. ABA, ABAB, BABA). Only two graphs presented ABCBC and ABC study designs. Each graph presented one or more interrupted time-series data (e.g., data points presenting two independent behaviors were plotted on one graph). Conclusions based on visual analysis were applied to either the full study design or to one or more sections of the design. ITSA was applied to the data with the corresponding description of the findings formulated in a way that could be validated using statistical methods. A total of 75 ITSA were performed (see Table 2 for details). *Descriptive statistics* 

The numbers of observations in the analyzed experiments ranged from 10 to 68, with a minimum of 3 and a maximum of 61 observations per phase. For 2 (2.67%) analyzed experiments, the interrupted-time series ARIMA model did not converge. For the remaining 73 time-series datasets, 6 (8.22%) had significant slope, 12 (16.44%) had significant change in slope due to experimental design, 11 (15.07%) had significant slope and change in slope. The nonlinearity of the slopes was not examined.

Over 60% of the examined time-series datasets (k = 45) had significant changes in level due to examined study design phase change.

The general transformation method (Velicer & McDonald, 1984), which uses the ARIMA (5, 0, 0) model for lag-5 autocorrelation was successfully applied to 12 experiments (16.44%), all of which had more than 30 observations. A simpler ARIMA model based on lag-1 autocorrelations (1, 0, 0) (Simonton, 1977) was applied to 56 experiments (76.71%). Another ARIMA model (2, 0, 0) was applied to five experiments.

Small lag 1 autocorrelations ranging from .00 to .20 were found for 8 time-series data, small-medium lag 1 autocorrelations ranging from .21 to .40 were found for 10 time-series data, medium lag 1 autocorrelations ranging from .41 to .60 were found for 17 time-series data, and large lag 1 autocorrelations .61 or larger were found for 33 time-series data. Lag 1autocorrelation less than .00 were found for 7 time-series data and ranged from -.21 to -.01. Lag 1 autocorrelations were significant for 49 time-series data, 22 of those time-series data also had significant lag 2 autocorrelations. The autocorrelations were not corrected for small sample bias (Shadish & Sullivan, 2011). Figure 9 presents the distribution of lag-1 autocorrelations for eligible studies and details are presented in Table 2.

Cohen's *d* effect size was calculated for all experiments that did not have significant slope or change in slope, a total of 44 (60.27%). The effect sizes ranged from 0.21 to 12.29. Figure 10 presents the distribution of effect sizes for eligible studies. Based on Cohen's (1988) classification, small effect sizes, ranging from .20 to .49 were found for 5 time-series data, medium effect sizes, ranging from .50 to .79

were found for 6 time-series data, and large effect sizes of .80 or greater were found for 33 time-series data (75.00%). Details are provided in Table 2.

#### ITSA and visual analysis comparison

Comparison of the findings based on visual analysis and ITSA demonstrated consistent findings for 58 analyzed time-series datasets. Most of these consistent findings (k = 48) referred to significant changes between different phases of the experiment, while 10 referred to non-significant changes such as reversal to baseline. For the remaining 15 experiments (20.55%), the findings based on statistical analysis did not confirm the conclusions based on visual analysis (bolded data in Table 2). For 8 of those experiments, visual analysis indicated significant changes between different phases of the study design, when statistical analysis did not reveal significant differences. For 7 experiments, non-significant findings based on visual analysis were not confirmed by statistical analysis. See Figure 11 for a summary of the agreement and disagreement between the two methods. The overall level of agreement was moderate (Cohen's Kappa = .44) (Cohen, 1960). Among the experiments that led to inconsistent findings between the two methods, 26.67% had significant slope, change in slope or both, and 33.33% had lag-1 autoregressive terms greater than .40.

To illustrate the application of the ITSA method to the analysis of single-subject studies and comparison with the conclusions drawn based on visual analysis, three examples were selected from the experiments presented in Table 2.

#### Example 1

The first example is based on a study that intended to reduce vocal stereotypy and increase appropriate vocalization among children diagnosed with autism spectrum

disorder. The study was based on ABAB design, and the data for one of the children, a 3-year-old boy, is presented in Figure 12 and Figure 13. Conclusions based on visual analysis of the data suggested that intervention decreased vocal stereotypy and increased appropriate vocalization. Kazdin (2011) stated that "as evident in both graphs, whenever the response interruption and redirection intervention was implemented there was a dramatic reduction in stereotypic statements and an increase in appropriate vocalizations" (p. 133). ITSA was implemented to evaluate the intervention effects on reduction of vocal stereotypy and increase of appropriate vocalization. The model was based on ARIMA (1, 0, 0) and included 4 parameters: level, change in level, slope and change in slope.

Lag 1 autocorrelation coefficient was significant for vocal stereotypy ( $ar_1 = .49$ ) and appropriate vocalization ( $ar_1 = .55$ ). The analysis for trend and change in trend yielded non-significant findings. The analysis for change in level in the intervention phase indicated significant decrease in vocal stereotypy (t (16) = -3.54, p < .05, d = 3.26) and significant increase in appropriate vocalization (t (16) = 4.53, p < .05, d = 2.75), with large effect sizes. Details are presented in Table 2. Comparison of conclusions drawn from visual analysis and ITSA analysis revealed consistent findings.

#### Example 2

The second example is based on a study that examined the intervention effects on the reduction of disruptive behavior during the dental treatment among five children, ages 4 to 7 years. The study was based on AB design, and the data for each child is presented in Figures 14 through 18. Kazdin (2011) provided the following description

of the findings based on visual analysis of the graphs: "as for changes in level (discontinuity at point of intervention for each child), possibly two (Elaine and George) show this effect. As for changes in trend, perhaps all but one (George) show a different slope from baseline through intervention phases" (p. 294).

#### Melissa

For data obtained from Melissa (Figure 14), ITSA model was based on ARIMA (5, 0, 0) and included 4 parameters: level, change in level, slope and change in slope. Lag 1 autocorrelation coefficient was significant ( $ar_1 = .86$ ). The analysis for trend and change in trend yielded non-significant results. The analysis for change in level indicated significant reduction in disruptive behavior with large effect size (t (28) = -2.11, p < .05, d = 2.21). Details are presented in Table 2.

Comparison of the visual analysis and ITSA findings revealed inconsistencies. ITSA did not confirm conclusions based on the visual analysis regarding changes in level and trend. Statistical analysis indicated significant changes in level and nonsignificant changes in trend, whereas visual analysis came to the opposite conclusions.

# Tanya

For data obtained from Tanya (Figure 15), ITSA model was based on ARIMA (1, 0, 0) and included 4 parameters: level, change in level, slope and change in slope. Lag 1 autocorrelation coefficient was significant ( $ar_1 = .58$ ). The analysis for trend yielded non-significant results, whereas analysis for change in trend resulted in significant findings (t (28) = -2.62, p < .05) indicating gradual decrease in disruptive behavior in the intervention phase. The analysis for change in level yielded non-significant results

(t(28) = -1.32, p > .05). Details are presented in Table 2. Comparison of conclusions drawn from visual analysis and ITSA analysis revealed consistent findings.

# Elaine

For data obtained from Elaine (Figure 16), ITSA model was based on ARIMA (5, 0, 0) and included 4 parameters: level, change in level, slope and change in slope. Lag 1 autocorrelation coefficient was significant ( $ar_1 = .77$ ). The analysis for trend yielded significant results (t (55) = 3.96, p < .05) indicating gradual increase in disruptive behavior. The analysis for change in trend indicated significant decrease in disruptive behavior in the intervention phase (t (55) = -3.72, p < .05). The analysis for change in level yielded a significant reduction in disruptive behavior (t (55) = -5.34, p < .01). Details are presented in Table 2. Comparison of conclusions drawn from visual analysis and ITSA analysis revealed consistent findings across the two methods.

# Kevin

For data obtained from Kevin (Figure 17), ITSA model was based on ARIMA (1, 0, 0) and included 4 parameters: level, change in level, slope and change in slope. Lag 1 autocorrelation coefficient was not significant ( $ar_1 = .15$ ). The analysis for trend, change in trend and change in level yielded non-significant results. Details are presented in Table 2. Comparison of the visual analysis and ITSA findings revealed inconsistencies. ITSA did not confirm conclusions based on the visual analysis regarding significant changes in trend.

# George

For data obtained from (Figure 18), ITSA model was based on ARIMA (5, 0, 0) and included 4 parameters: level, change in level, slope and change in slope. Lag 1

autocorrelation coefficient was significant ( $ar_1 = .63$ ). The analysis for trend and change in trend yielded non-significant results. The analysis for change in level indicated non-significant changes in disruptive behavior, although large effect size was found (t (34) = -1.64, p >.05; d = 1.74). Details are presented in Table 2. Comparison of conclusions drawn from visual analysis and ITSA analysis revealed inconsistencies. ITSA did not confirm conclusions based on the visual analysis regarding significant changes in level.

#### Example 3

The third example is based on a multiple-baseline study that intended to reduce depression among five patients with physical illness. The data for participant 1 is shown in Figure 19. Conclusions based on visual analysis of the data suggested that intervention decreased level of depression. Kazdin (2011) stated that "... individual data show the effects of the intervention ..." (p. 395).

ITSA was implemented to evaluate the effects of the intervention on depression. ITSA model was based on ARIMA (1, 0, 0) and included 4 parameters: level, change in level, slope and change in slope. Lag 1 autocorrelation coefficient was not significant ( $ar_1 = .53$ ). The analysis for trend yielded significant results (t (7) = -2.54, p < .05), indicating gradual decrease of depression. The analysis for change in trend and change in level yielded non-significant findings. Details are presented in Table 2.

Comparison of the visual analysis and ITSA findings revealed inconsistencies. ITSA did not confirm conclusions based on the visual analysis regarding changes in level. Statistical analysis indicated non-significant changes in level due to the intervention, whereas visual analysis came to the opposite conclusions.

# Discussion

This study performed a statistical analysis of data presented only in graphic form to examine the properties of published single-subject data presented in the widely used textbook within applied psychology area and to evaluate how findings based on ITSA compare to conclusions drawn from visual analysis. Issues such as serial dependency, measures of effect size, and level of agreement between statistical and visual analysis were addressed.

Evaluated studies were based mostly on the basic single-subject study design (e.g. AB, ABAB), with different number of observations within each study and across different phases of the designs. ITSA was successfully applied to all but two of the eligible studies, indicating that this statistical method can be applied to single-subject experimental designs with a wide range of observations, frequently occurring in applied behavioral analysis research.

These findings directly refute the inability to apply ARIMA models to data obtained from a wide range of single-subject studies, a limitation that is commonly voiced by proponents of visual analysis.

#### Serial Dependency

Overall findings based on ITSA revealed high lag-1 autocorrelations for most of the evaluated data, including short time-series of less than 20 observations. These results confirm findings based on earlier studies showing that serial dependency is a common property of single-subject data (Jones, Vaught, & Weinrott, 1977; Jones et al., 1978; Matyas & Greenwood, 1990; Barlow et al., 2009).

The majority of first order autocorrelations (more than 65%) were positive and at the moderate to high level (.41-.60 or >.60). Given the sample size limitations, it is difficult to form more precise conclusions. However, the assumption that autocorrelations can be ignored (Huitema & McKeon, 1998) seems to be indefensible. The effect of a positive autocorrelation is to decrease the apparent degree of variability. This would potentially affect both graphical analysis and any statistical analysis that ignores dependency in the data. Velicer and Molenaar (2013) provide an illustration of the smoothing of the series visually.

The autocorrelations can also help address another important research question, i.e., what is the nature of the generating function for the observed data. The autocorrelations also provide information about the extent to which the ergodic theorems are satisfied, a critical question for combining data across individuals (Molenaar, 2008; Velicer & Molenaar, 2013). In order to draw valid inferences from a group level data to the individual level, two ergodic theorem conditions must be met: (1) the individual trajectories must obey the same dynamic laws, and (2) must have equivalent mean levels and serial dependencies (Molenaar, 2008; Velicer, Babbin, & Palumbo, in press). However, the small sample sizes available in the studies reviewed here do not permit these questions to be addressed.

#### Effect Size Estimation

The effect size estimates were predominately large (75%) with some very large effect sizes such as d = 12.29, an extremely large effect size for the behavioral sciences. The term 'clinical significance' is largely undefined but can be viewed as analogous to a large effect size. (Statistical significance is typically viewed as a

necessary but not sufficient condition for clinical significance.) Based on this interpretation, the effect size estimates observed in this set of studies support the contention that graphical methods focus on clinically significant effect sizes.

# Sample Size Issues

The sample sizes for a single-subject study are the number of observations in each phase rather the number of different individuals. For the set of studies reviewed here, the numbers of observations was generally very small compared to idiographic studies reported in other disciplines or even other areas of behavioral science. The large effect sizes are necessary for any type of significance, given the small sample sizes. However, a power analysis was seldom performed to guide the choice of the number of observations. Given that these studies focus on four parameters (slope, change in slope, level, and change in level), the lack of statistical power produces very poor estimates of the parameters of interest. Increasing the number of observations by even a small amount would greatly improve the quality of the research. There are times when obtaining additional observations is very difficult and expensive, but at other times a larger number of observations were collapsed for the graphical presentation of the data and this practice is not recommended.

The number of observations is also related to the time between observations. Time is a core concept for idiographic studies and we presently have very little information to guide researchers on how frequently observations should be taken. Advances from the information sciences are producing new measures that can greatly improve the quality and number of observations. A review of these methods, often labeled telemetrics is provided by Goodwin, Velicer, and Intille (2008). Indeed,

advances in telemetrics may shift the issue from not having many observations to having too many observations.

#### Agreement between Visual and Statistical Analysis

Comparison of the conclusions drawn from visual analysis and ITSA revealed an overall moderate level of agreement (Kappa = .44). When graphical presentation of the intervention effects presents ideal or almost ideal data patterns, such as low variability of the data, no trend in the data, evident effects of the intervention, ITSA was in agreement with visual analysis, even for the studies with small numbers of observations. Although, these findings are encouraging, in 10.96% of the evaluated studies, the conclusions drawn based on visual analysis were not supported by statistical analysis. This means that the reported significant results from visual analysis could have been due to chance. Once the data diverge from the ideal pattern, visual analysis and ITSA can lead to contrary findings. Serial dependency of the time-series data is one potential explanation. Moderate to high serial dependence was present in most examples. It is well known that this can impact reliability and validity of the conclusions based on visual analysis.

Another basis for disagreement is the presence of trend. Trend is not easily observable through visual analysis, especially in short series, and therefore may not be accounted for when evaluating changes in level across phases of the experiment. ITSA is able to account for trend in the data when examining intervention effects, as well as evaluate quantitatively trend and change in trend that may occur across different phases of the design.

The failure to detect a statistically significant effect occurred at a similar rate (9.59%). These errors have the potential to prematurely terminate the investigation of a potentially effective intervention. Initial studies of an intervention in a real world study typically represent an attempt to detect an effect in a very noisy environment and effect sizes that are initially small can become much more important with additional controls.

# Advantages of Statistical Analysis

In addition, for all single-subject studies, ITSA provided supplementary quantitative information such as degree of the serial dependency, trend, changes in trend and level across phases, and variability of the data, that are not available through visual inspection of the graphs. Evaluation of the serial dependency could provide information about the generating function of the examined behavior, such as the strength of relationships of the observations or cyclic patterns in the behavior that are not observable by visual inspection of the graph. Unbiased statistical evaluation of the graphs facilitates comparison of the intervention effects across different individuals within the same experiment or across different studies. This information is particularly useful when experiments are executed across multiple subjects or settings, allowing for a better understanding of the unique variability of the behavior across different subjects of settings.

Furthermore, ITSA facilitates an estimate of Cohen's d effect size that enables systematic meta-analytic review of single-subject experiments, as well as evaluation of the intervention effects for experiments with small numbers of observations. In this study, we used Cohen's d to examine the magnitude of the intervention effects within

single-subjects; for the application of Cohen's *d* effect size to between subjects see work by Hedges et al. (2012). Statistical significance tests are largely dependent on the sample size, therefore for data with limited numbers of observations, the results may be insignificant due to insufficient statistical power. However effect size is independent of sample size, and meta-analysis can provide more accurate estimates of effect size based on multiple replications.

In addition, the development of the new software such as UnGraph (Biosoft, 2004) and new function in R package (Bulté & Onghena, 2012) creates the possibility to extract the values from published graphs and reanalyze available data using ITSA. This opens up a unique opportunity to use historical data based on single-subject studies and perform far-reaching meta-analytical studies.

## Limitations

The findings based on this study have limited representativeness. The graphs presented in the textbook (Kazdin, 2011) are not representative of all published singlesubject studies and were selected to serve as instructional examples used in training of visual analysis method. Therefore the presented graphs are largely based on the most basic single-subject study design and show easily observable intervention effects. The replication of these findings in more representative samples of the published studies within the applied behavior analysis field is needed.

# Conclusions

ITSA can be successfully applied to a number of single-subject study designs. It provides important additional information such as effect size and aids the evaluation of intervention effects, particularly when the experiment lacks striking changes in

behavior. Characteristics of single-subject data such as serial dependency, trend, and high variability limit the reliability and validity of visual analysis. At a minimum, the situation should no longer be viewed as involving competition between the two approaches. Both methods should be performed concurrently to assure valid conclusions about treatment effects, particularly in situations when there is limited number of observations available or when characteristics of the time-series data are not optimal.

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## Table 2

Summary of visual analysis and interrupted time-series analysis based on eligible graphs presented in the "Single-Case Research Designs. Methods for Clinical and Applied Settings" by A. E. Kazdin (2011)

Figure	BL N	TX N	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	∆ Level	d
Fig. 6.5. (ABAB)										
"TV viewing had dropped fron	n baselin	e" (p.	131).							
Watching TV <sup>c</sup>	7/14	7 /30	(5 <i>,</i> 0, 0)	.82*	4.47*	0.52	-1.56	1.17	-10.92*	6.29
Fig. 6.6. (ABAB)										
"As evident in both graphs, whenever the response interruption and redirection intervention was implemented there was a dramatic										
reduction in stereotypic statements and an increase in appropriate vocalization" (p. 133).										
Vocal Stereotypy	6/3	5/6	(1, 0, 0)	.49*	38.73*	9.56	0.84	-0.69	-3.54*	3.26
Appropriate Vocalization	6/3	5/6	(1, 0, 0)	.55*	2.52*	1.56	1.80	-0.10	4.53*	2.75
Fig. 6.7. (BABA)										
"Behavior tended to be maint	ained in t	the final re	eversal phas	e" (p.	136).					
Interactions (BA)	5	5	(1, 0, 0)	.22*	9.37*	0.63	3.55*	-3.73*	-2.05	-
Fig. 6.8. (ABCBC)										
"The results convey that the f	unction-k	based inte	rvention wa	s consist	ently assoc	iated with s	harp reduct	tions in beh	avioral pro	blems.
Nonfunction-based intervention	on had lit	tle or no e	effect" (p. 13	37).						
Function-Based (ABB)	7	4/4	(1, 0, 0)	.50	42.78*	10.78	0.79	-1.04	-3.61*	3.54
Nonfunction-Based $(ACC)^{\dagger}$	7	4/3	(1, 0, 0)	.25	49.26*	15.35	1.17	-1.77	-0.65	0.45
Fig. 6.9. (ABAB)										
"The data pattern clearly show	vs the im	pact of th	e interventio	on" (p. 14	41).					
Thumb Sucking <sup>a</sup>	5/5	9/21	(1, 0, 0)	.77*	11.36*	0.94	-1.47	0.89	-16.16*	10.76
Fig. 7.2. (AB)										
"When the items were identif	ied and g	raphed fo	r employees	s (interve	ntion) ther	e was a red	uction in th	eft for each	of the bas	elines"
(p. 147).										
Candy	10	13	(1, 0, 0)	.20	0.74	7.45	2.19*	-1.92	-2.22*	-
Hygiene	8	9	(2, 0, 0)	10	3.91*	2.13	1.33	-1.01	-2.75*	1.60
Jewelry	15	5	(1, 0, 0)	.04	8.65*	5.73	-1.17	0.18	-0.45	0.50

Table 2 (continued)

Figure	BL N	TX N	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	Δ Level	d
Fig. 7.3. (AB)										
" the effects of training we	ere eviden	it when th	e interventi	on (feedl	back, praise	e) was intro	duced for c	orrect respo	onding but	not
before" (p. 149).										
Set 2	6	15	(2, 0, 0)	.78*	.12	0.65	1.20	0.97	-0.81	0.69
Set 3	12	9	(1, 0, 0)	.70*	1.83*	0.62	-1.01	4.60*	0.24	-
Fig.7.4 (AB)										
"The pattern of results provid	les a stror	ng demons	stration that	: it was th	ne interven	tion that led	d to change	" (p. 151).		
Sara	3	21	(1, 0, 0)	.57*	81.57*	4.31	-6.82*	6.95*	16.97*	-
Mike <sup>a</sup>	12	15	(1, 0, 0)	.80*	38.62*	8.88	0.42	0.20	7.66*	5.38
Tanyaª	18	6	(1, 0, 0)	.65*	52.41*	10.97	-0.94	0.47	4.60*	4.41
Fig. 7.5. (AB)										
"Overall, the results convey t	hat behav	ior change	ed when the	interver	ntion was in	ntroduced a	nd not befo	ore" (p. 153)		
Inpatient OR	15	19	(5, 0, 0)	.69*	32.05*	7.08	0.02	-0.34	15.32*	4.44
Outpatient OR	24	10	(1, 0, 0)	.55*	34.01*	13.84	-0.66	0.19	3.68*	3.05
Fig. 7.7. (ABA)										
" the intervention led to cl	hange for	each of th	e three stud	dents	" (p. 157).					
Student 1 (AB)	6	6	(1, 0, 0)	.74*	44.50*	3.72	-1.60	0.55	-6.51*	6.91
Student 2 (AB)	12	6	(2, 0, 0)	.78*	33.97*	2.09	1.41	-0.56	-18.32*	12.29
Student 3 (AB)	18	6	(2, 0, 0)	.73*	33.11*	5.43	0.95	-3.66*	-1.74	-
"In the follow-up (final) phase	e, the pro	gram was	removed co	mpletely	and behav	/ior was mai	ntained" (p	o. 157).		
Student 1 (BA)	6	6	(1, 0, 0)	.31	14.90*	2.85	-1.05	-1.35	2.49*	2.71
Student 2 (BA)	6	6	(1, 0, 0)	03	17.57*	2.36	-0.93	0.02	1.70	2.18
Student 3 (BA)	6	6	(1, 0, 0)	06	96.88	8.83	-2.00	1.83	0.63	0.71
Fig. 8.7. (AB)										
" the reduction and event	ual termin	ation of s	moking are	evident"	(p. 181).					
Cigarettes <sup>d</sup>	7	61	(2, 0, 0)	.92*	33.37*	3.43	1.84	-2.44*	-5.03*	-
Fig. 8.9. (AB)										
"It is also clear that over the	course of	treatment	there was g	great cha	nge" (p. 18	35).				
Self-feeding <sup>d</sup>	4	58	-	.95*		Ν	/lodel did n	ot converge	1	

Table 2 (continued)

Figure	BL N	TX N	ARIMA	AR 1	Level	Error $\sigma$	Slope	∆ Slope	Δ Level	d	
"The results indicated that Ma	ax was mo	ore attent	ive when he	was woi	rking for re	wards for th	ne entire cla	iss rather th	an just for	himself"	
(p. 201).											
Fig. 9.3. (ABC)											
Class (AB)	9	8	(1, 0, 0)	.78*	55.18*	5.72	-1.28	2.74*	6.02*	-	
Self (AB)	9	6	(1, 0, 0)	.30	49.94*	5.98	0.11	-1.00	4.73*	3.96	
Fig.10.1 (ABAB)											
"Temporarily withdrawing the intervention resulted in immediate losses of the desired behaviors" (p. 229).											
Walks (BA)	6	17	(1, 0, 0)	.57*	1.56*	0.54	3.34*	-5.45*	1.28	-	
Juice (BA) <sup>a</sup>	7	12	(1, 0, 0)	.49*	1.09*	0.56	5.05*	-5.15*	-2.41*	-	
Pills (BA)	7	7	(1, 0, 0)	.54*	8.01*	1.56	0.53	-2.32*	-0.64	-	
Fig. 10.2. (ABAB)											
"Problematic behaviors were	reduced b	by the pro	mpting and	praise pi	rocedures"	(p. 231).					
Problematic Behavior - PM	7/3	3/3	(1, 0, 0)	.35	9.31*	1.54	6.51*	-5.27*	-5.36*	-	
Problematic Behavior - AM	5/3	3/3	(1, 0, 0)	.35	10.54*	2.55	2.07	-0.96	-3.63*	5.02	
Fig. 10.3. (ABAB) and (AB)											
"A multiple-baseline design ac	cross two	individua	ls illustrates	the effe	cts of the ir	ntervention	" (p. 231	L).			
Subject 1 (ABAB)	3/3	12/6	(1, 0, 0)	.57*	10.39*	0.75	-4.90*	5.92*	-11.67*	-	
Subject 2 (AB)	8	12	(1, 0, 0)	.69*	8.47*	1.37	1.96	-0.48	-8.64*	6.67	
Fig. 10.5.(AB)											
"The multiple-baseline data su	uggest tha	at the inte	ervention wa	is respon	sible for ch	nange" (p. 23	37).				
Bonita Springs School	6	17	(1, 0, 0)	.52*	8.42	8.83	-0.30	0.68	3.88*	3.12	
Riviera School	11	16	(1, 0, 0)	.29	58.63*	11.66	0.86	-1.73	2.86*	1.91	
Meadowlawn School <sup>a</sup>	14	12	(1, 0, 0)	.85*	16.22*	9.93	2.81*	-0.64	4.77*	-	
Fig.10.6. (ABA)											
"The effects are clear in show	ing that t	he antisoc	cial behavior	s decrea	sed when t	he interven	tion was int	troduced an	d not befor	re"	
(p. 240).											
Child 1 (AB)	9	13	(1, 0, 0)	.63*	11.06*	4.32	2.47*	-2.32*	-6.14*	-	
Child 2 (AB)	8	17	(1, 0, 0)	.65*	19.71*	5.20	-2.85*	1.22	-3.37*	-	
Child 3 (AB)	9	16	(1, 0, 0)	.47*	16.01*	5.08	0.33	-0.47	-3.80*	2.58	
Child 4 (AB) <sup>a</sup>	9	13	(1, 0, 0)	.73*	20.78*	6.38	4.38*	4.14*	-9.07*	-	
Child 5 (AB) <sup>a</sup>	11	17	(1, 0, 0)	.79*	30.09*	6.96	0.49	-0.25	-6.22*	4.61	

Table 2	(continued)	

Figure	BL N	TX N	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	Δ Level	d
Child 6 (AB) <sup>a</sup>	11	15	(1, 0, 0)	.72*	25.64*	4.84	0.50	-0.02	-7.95*	5.23
Child 7 (AB) <sup>a</sup>	10	14	(1, 0, 0)	.67*	20.85*	5.58	1.80	-1.40	6.86*	4.87
Child 8 (AB) <sup>a</sup>	11	17	(1, 0, 0)	.55*	12.41*	4.79	2.49*	-2.01	-7.38*	-
"For all but one or two of the children, antisocial behavior was maintained at the low level achieved during treatment" (p. 24									0).	
Child 1 (BA)	5	13	(1, 0, 0)	.63*	1.85	0.86	-1.30	-1.18	4.57*	5.26
Child 2 (BA) <sup>a</sup>	6	17	(1, 0, 0)	.50*	2.08	1.65	-0.01	-2.16*	6.03*	-
Child 3 (BA)	5	16	(1, 0, 0)	21	5.47	3.74	-0.57	0.37	0.44	0.45
Child 4 (BA)	6	13	(1, 0, 0)	.66*	8.85	5.22	-0.44	0.92	1.16	1.36
Child 5 (BA)	6	17	(1, 0, 0)	.11	0.26	2.85	0.91	0.93	-0.21	0.21
Child 6 (BA)	6	15	(1, 0, 0)	.07	0.38	2.51	1.34	0.38	-0.23	.23
Child 7 (BA)	5	14	(1, 0, 0)	15	2.11	2.30	0.80	0.28	-0.51	.57
Child 8 (BA)	6	17	(1, 0, 0)	.32	1.33	1.69	0.29	0.28	-0.31	.38
Fig. 10.9. (AB)										
"The results show that change	e in the u	se of time	-out occurre	ed when t	the interve	ntion was i	ntroduced a	nd not befo	re" (p. 252	).
Experimental	10	6	(1, 0, 0)	.79*	0.24*	.04	-0.51	1.83	3.37*	3.00
Control	10	6	(1, 0, 0)	.13	0.19*	0.04	0.77	1.05	-1.54	1.50
Fig. 11.2. (AB)										
"When the intervention was i	ntroduce	d, pain fea	ar and intens	sity decli	ned and co	ntinued to	show a mar	ked reductio	on by the e	nd of the
intervention phase" (p. 272).										
Fear <sup>c</sup>	7	35	(5, 0, 0)	.94*	9.39*	.36	1.86	-3.22*	-3.20*	-
Pain	7	35	-	.92*			Model did n	ot converge	!	
Fig. 11.3. (AB)										
"When the intervention bega	n, time o	utside the	home sharp	ly increa	sed" (p	. 273).				
Time	10	7	(1, 0, 0)	.47	2.64	23.12	-0.25	2.20*	-0.74	-
Fig. 12.6. (AB)										
"As for changes in level (disco	ntinuity a	at point of	interventio	n for eac	h child), po	ssibly two	(Elaine and (	George) sho	w this effe	ct. As for
changes in trend, perhaps all	but one (	George) sl	how a differe	ent slope	e from base	line throug	gh interventi	on phases"	(p. 294).	
Melissa <sup>b</sup>	6	26	(5, 0, 0)	.86*	60.12*	14.84	1.33	-1.81	-2.11*	2.21
Tanya	13	19	(1, 0, 0)	.58*	59.60*	24.90	1.64	-2.62*	-1.32	-
Elaine <sup>c</sup>	26	33	(5, 0, 0)	.77*	32.90*	19.11	3.96*	-3.72*	-5.34*	-
Kevin	16	8	(1, 0, 0)	.15	57.94*	23.40	-0.90	-0.63	0.61	.59
George <sup>a</sup>	27	11	(5, 0, 0)	.63*	53.13*	22.45	-0.01	-0.27	-1.64	1.74

Table 2 (continued)										
Figure	BL N	TX N	ARIMA	AR 1	Level	Error σ	Slope	∆ Slope	Δ Level	d
Fig. 12.7. (AB)										
" the intervention account	s for the o	hange	." (p. 296).							
Interstate	9	12	(1, 0, 0)	.43*	24.50*	13.58	2.96*	-2.93*	0.73	-
College Town	6	15	(1, 0, 0)	.09	98.47*	12.92	-2.34*	1.33	3.12*	-
Fig. 13.10 (AB)										
"Figure 13.10 shows the effect	ts of the	program"	(p. 337).							
Subject 1 <sup>b</sup>	13	28	(5, 0, 0)	.86*	32.76*	5.09	-1.83	4.46*	5.02*	-
Subject 2 <sup>b</sup>	16	25	(5 <i>,</i> 0, 0)	.87*	58.67*	6.17	-0.99	2.01	5.36*	4.91
Subject 3 <sup>b</sup>	19	22	(5 <i>,</i> 0, 0)	.82*	44.44*	6.78	-0.26	2.46*	1.82	-
Fig. 13.11. (AB)										
" intervention effects are r	not very st	trong. Cha	inges in leve	l or trend	d are not a	oparent from	m baseline t	to intervent	ion phases	"
(p. 337 and p. 339).										
Play A	23	40	(5 <i>,</i> 0, 0)	01	60.68*	17.49	0.25	-0.57	2.22*	0.91
Play B <sup>a</sup>	25	30	(5, 0, 0)	.28*	53.22*	18.15	0.38	-0.43	3.93*	1.33
Play C	36	19	(5, 0, 0)	03	62.87*	21.51	-1.42	2.24*	1.40	-
" individual data show the	effects of	the inter	vention"	(p. 395).						
Participant 1	4	7	(1, 0, 0)	.53	12.03*	1.11	-2.54*	1.02	0.63	-
Participant 2	5	7	(1,0, 0)	.09	5.27	2.75	0.61	-0.68	-1.33	1.39
Participant 4	7	7	(1, 0, 0)	.32	5.15*	1.10	-1.10	-1.63	0.63	0.56
Participant 5	9	7	(1, 0, 0)	.61*	3.96	3.72	2.67*	-4.08*	-0.42	-

*Note.* Figures' titles are from Kazdin's textbook and refer to the chapter and figure number. Experimental design is presented using capital letters in the parenthesis. Unless otherwise indicated with the superscript (†), each ITSA model was determined based on four parameters: level, slope, change in slope and change in level. *N* BL = number of observations in the baseline or reference phase; *N* TX = number of observations in the treatment phase; ARIMA = autoregressive moving average model; AR 1 = autoregressive term 1; Level = intercept; Error  $\sigma$  = standard error estimate; Slope = *t*-test statistic for linear trend of the time series;  $\Delta$  Slope = *t*-test statistic for change in slope at the interruption point;  $\Delta$  Level = *t*-test statistic for change in level at the interruption point; *d* = Cohen's *d* effect size; Cohen's *d* effect size is not available for time series with significant slope or change in slope.

<sup>a</sup> significant AR 2

<sup>b</sup> significant AR 2 and AR 3

<sup>c</sup> significant AR 2, AR 3, and AR 4

<sup>d</sup> significant AR 2, AR 3, AR 4 and AR 5 <sup>†</sup> ITSA model estimated separately for slope and change in slope due to small number of observation that affected model's stability

\*p < .05



*Figure 9.* Distribution of Lag-1 Autoregressive Coefficients in Eligible Time Series Data (K = 75)



*Figure 10.* Distribution of the Cohen's d Effect Size Estimates for Eligible Time Series Data (k = 44)



Figure 11. Agreement between graphical analysis and statistical analysis



*Figure 12.* Graphical presentation of the data illustrated in the first example of ITSA application.



*Figure 13.* Graphical presentation of the data illustrated in the first example of ITSA application.



*Figure 14*. Graphical presentation of the data illustrated in the second example of ITSA application.







*Figure 16.* Graphical presentation of the data illustrated in the second example of ITSA application.



*Figure 17*. Graphical presentation of the data illustrated in the second example of ITSA application.



*Figure 18.* Graphical presentation of the data illustrated in the second example of ITSA application.



*Figure 19.* Graphical presentation of the data illustrated in the third example of ITSA application.

## **CHAPTER 4**

## CONCLUSIONS

The goal of this dissertation was to address the scientific debate regarding the most reliable and valid method of single-subject data evaluation in the applied behavior analysis research field. This research conducted a head-to-head comparison of the conclusions based on visual analysis and interrupted-times series analysis (ITSA) using the same single-subject data.

Two independent studies were conducted, to examine the level of agreement between visual analysis and ITSA. The first study was based on the graphical data published in the Journal of Applied Behavior Analysis (2010). The second study was based on graphical data obtained from the book titled "*Single-Case research designs: Methods for clinical and applied settings*" by Alan E. Kazdin (2011).

In addition to a comparison of the conclusions based on visual and statistical method, serial dependency of the data was also evaluated, as well as additional statistical characteristics of single-subject experimental designs such as effect size and sample size.

Overall findings for both studies show that ITSA can be successfully applied to at least 95% of single-subject experiments with different sample sizes ranging from 8 to 136 observations and highly diverse study designs, ranging from the most basic AB designs to designs with multiple phases and two or more types of interventions (e.g. ABACABAC, ABCDEFBFEDC). Evaluation of serial dependency revealed high lag-1 autocorrelations for most of the evaluated data in both studies, including short time-series of less than 20 observations. These results confirm findings based on earlier studies showing that serial dependency is a common property of single-subject data. The majority of first order autocorrelations (62% and 67%, for study 1 and study 2 respectively) were positive and at the moderate to high level (.41-.60 or >.60). The effect size estimates were predominately large, with Cohen's  $d \ge 0.80$  for 73% of time-series data in study 1 and 75% in study 2. The term 'clinical significance' can be viewed as analogous to a large effect size. Statistical significance is typically viewed as a necessary but not sufficient condition for clinical significance. Based on this interpretation, the effect size estimates observed in this set of studies supports to the contention that graphical methods focus mostly on clinically significant effect sizes.

Comparison of the conclusions drawn from visual analysis and ITSA revealed an overall low level of agreement (Kappa = .14) in study 1 and moderate level of agreement (Kappa = .44) in study 2.

The difference in the levels of agreement between the two studies could be driven by the type of single-subject experimental designs presented in each source. It can be expected that the Journal of Applied Behavior Analysis (2010) presents a more representative sample of all single-subject studies recently conducted in the field of applied behavior analysis. However, the graphical data presented in the textbook by Kazdin (2011) is based on a non-representative sample of published single-subject studies that were selected as instructional examples used for teaching visual analysis methods. Therefore, the chosen single-subject experimental designs are largely based on the most basic single-subject study designs with easily observable intervention effects. Consequently, data based on intervention effects that present ideal or almost ideal data patterns, such as with low variability, no trend in the data, and evident intervention effects, ITSA was more likely to be in an agreement with visual analysis, even for studies with small numbers of observations or experimental designs with more than two phases (AB).

In conclusion, these findings show that ITSA can be broadly implemented in 95% of applied behavior analysis research and can facilitate the evaluation of intervention effects and additional statistical characteristics of the data, particularly when specific characteristics of the single-subject data (e.g., slope, change in slope, etc.) limit the reliability and validity of visual analysis. Overall, the two methods can be viewed as complimentary and can be used concurrently, while retaining the benefits of both methods, to advance the field and accumulate an evidence base over time.