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# Ace Your Course Challenge Survey Instruments

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## Ace Your Course Challenge Survey 1. Survey items for the first survey.

- 1. Which strategy are you going to try?
  - a. Ask why, how and what if questions (Bloom's Taxonomy)
  - b. Implement the study cycle: preview, attend, review, study, and check
  - c. Spend time on your course every day
  - d. Complete homework like a test
  - e. Do more problems
  - f. Practice teaching the material
  - g. Other...
- 2. Describe how you used one or more learning strategies yesterday and today.
- 3. Describe how you will use one or more learning strategies today and tomorrow.
- 4. How do you feel about the learning strategy or strategies you are testing right now?
- 5. How much more effort was required to use this strategy or strategies compared to your prior approach?
  - a. No additional effort
  - b. Some additional effort
  - c. Significant additional effort
- 6. How much time have you used the strategy or strategies yesterday and today?
  - a. 10-30 minutes
  - b. 30-59 minutes
  - c. 1-3 hours
  - d. More than 3 hours
- 7. Based on your own judgment, describe any improvement in your learning.
- 8. Any additional comments/thoughts?

Ace Your Course Challenge Surveys 2 and 3. Survey items for the second and third surveys.

- 1. Which strategy are you going to try?
  - a. Ask why, how and what if questions (Bloom's Taxonomy)
  - b. Implement the study cycle: preview, attend, review, study, and check
  - c. Spend time on your course every day
  - d. Complete homework like a test
  - e. Do more problems
  - f. Practice teaching the material
  - g. Other...
- 2. Describe how you used one or more learning strategies yesterday and today.
- 3. Describe how you will use one or more learning strategies today and tomorrow.
- 4. How do you feel about the learning strategy or strategies you are testing right now?
- 5. How much more effort was required to use this strategy or strategies compared to your prior approach?
  - a. No additional effort
  - b. Some additional effort
  - c. Significant additional effort
- 6. How much time have you used the strategy or strategies yesterday and today?
  - a. 10-30 minutes
  - b. 30-59 minutes
  - c. 1-3 hours
  - d. More than 3 hours
- 7. Based on your own judgment, describe any improvement in your learning.
- 8. Considering feedback from your instructors (grades, comments conversations, etc), do you notice any changes in your learning and academic performance?
- 9. Any additional comments/thoughts?

## Ace Your Course Challenge Survey 4. Survey items for the final survey.

- 1. Which strategy are you going to try?
  - a. Ask why, how and what if questions (Bloom's Taxonomy)
  - b. Implement the study cycle: preview, attend, review, study, and check
  - c. Spend time on your course every day
  - d. Complete homework like a test
  - e. Do more problems
  - f. Practice teaching the material
  - g. Other...
- 2. Based on your own judgment, describe any improvement in your learning.
- 3. Considering feedback from your instructors (grades, comments conversations, etc), do you notice any changes in your learning and academic performance?
- 4. How much has using one or more of the metacognitive learning strategies changed your confidence in your ability to learn the material in a challenging course?
  - a. Significantly increased
  - b. Increased
  - c. No change
  - d. Decreased
  - e. Significantly decreased
- 5. How much have your grades changed in relevant courses after adopting one or more of the metacognitive learning strategies?
  - a. Significantly increased
  - b. Increased
  - c. No change
  - d. Decreased
  - e. Significantly decreased
- 6. After experimenting with these learning strategies, what would you advise a new student arriving on campus next year?
- 7. How might the university convince more students to try these strategies? What is the best way to reach students like you and persuade them to try one or more of these strategies?
- 8. Dr. McGuire would like to hear from you. Do you have any thoughts, suggestions, or messages you would like to send her? Please write directly to her and we will share these messages with her without your name (unless you include it in the message).
- 9. Any additional comments/thoughts?